

**Results for All Competitors in finish order.**

Place	Time	Name	Team	Age Category	Age Grading	Race No	Race Place
1	0:33:24	CRAMPTON, Ian	Durham City Harriers	M48	88.54%	164	1
2	0:33:47	JOHNSTON, Liam	Jarrow & Hebburn AC	M18	79.84%	61	2
3	0:33:55	HAND, Rob	Durham City Harriers	M48	87.19%	45	3
4	0:34:00	ADAMS, Luke	South Shields Harriers & AC	M22	79.33%	177	4
5	0:34:09	LIKEMAN, Mark	Heaton Harriers	M31	78.98%	171	5
6	0:34:50	DUFFY, Patrick	Crook & District AC	M35	77.44%	192	6
7	0:35:02	HENDERSON, Ash	Blyth	M35	76.99%	222	7
8	0:35:12	ALLISON, Jason	Crook	M39	78.62%	4	8
9	0:35:20	TOMLINSON, Matty	Chester le Street	M39	78.32%	195	9
10	0:35:32	STEPHENS, John	Low Fell	M52	85.93%	122	10
11	0:35:38	SMITH, Les	Heaton Harriers	M39	77.66%	119	11
12	0:35:46	ROBINSON, Ian	Heaton Harriers	M24	75.41%	112	12
13	0:36:00	BARRAS, Shaun	Jarrow & Hebburn AC	M16	74.93%	153	13
14	0:36:01	HALL, George	Morpeth	M48	82.11%	43	14
15	0:36:16	DEACON, Craig	Jarrow & Hebburn AC	M22	74.38%	217	15
16	0:36:25	DUFFY, Steven	Sunderland Harriers	M22	74.07%	31	16
17	0:36:30	ARTHUR, George	South Shields Harriers & AC	M48	81.02%	172	17
18	0:36:56	BAINBRIDGE, Paul	South Shields Harriers & AC	M34	73.03%	6	18
19	0:37:02	JONES, Michael	South Shields Harriers & AC	M47	79.24%	64	19
20	0:37:04	ATKINSON, Nick	South Shields Harriers & AC	M33	72.77%	5	20
21	0:37:13	MCGRATH, Ian	Crook & District AC	M37	73.33%	207	21
22	0:37:17	MCDONALD, Chris	South Shields Harriers & AC	M42	75.83%	227	22
23	0:37:40	SIMPSON, Claire	Chester le Street	F33	79.42%	117	23
24	0:37:58	FOX, Aiveen	Morpeth	F25	78.80%	38	24
25	0:38:05	GALBRAITH, Keith	Burn Road	M50	78.87%	41	25
26	0:38:18	ELLIOT, Keith	Sunderland Harriers	M59	84.73%	32	26
27	0:38:26	HUBBARD, James	Sunderland Strollers	M29	70.18%	209	27
28	0:38:36	YARE, Graham	Jarrow & Hebburn AC	M34	69.88%	184	28
29	0:38:38	BAINBRIDGE, George	South Shields Harriers & AC	M40	72.14%	7	29
30	0:38:48	MORLEY, Sonia	Tynedale Harriers	F44	83.17%	89	30
31	0:39:27	ROBERTO,	Claremont Road Runners	M28	68.37%	200	31
32	0:39:45	JENKINS, Archie	Morpeth	M57	80.17%	60	32
33	0:39:54	LISTER, Sarah	Blackhill Bounders	F33	74.98%	188	33
34	0:40:08	REED, Hayley	Sunderland Harriers	F26	74.54%	168	34
35	0:40:22	BUNN, Michael	Jarrow & Hebburn AC	M51	75.02%	152	35
36	0:40:31	ZOPPI, Jo	Heaton Harriers	F32	73.84%	147	36
37	0:40:45	LISTER, Kevin	N.E.V.A.C	M37	66.97%	74	37
38	0:40:52	AYRE, Kevin	South Shields Harriers & AC	M46	71.26%	219	38
39	0:40:55	HEARN, Peter	Tynedale Harriers	M46	71.18%	50	39
40	0:40:59	HAMMONDS, Roy	Unattached	M45	70.52%	206	40
41	0:41:00	HOPE, Ingrid	Sunderland Harriers	F49	82.24%	56	41
42	0:41:16	LEE, Joanne	Tynedale Harriers	F36	73.26%	71	42
43	0:41:40	JAGO, Graham	Unattached	M26	64.74%	59	43
44	0:41:48	RICHARDSON, Peter	Sunderland Harriers	M58	76.93%	110	44
45	0:41:53	HARKNETT, Steve	Claremont Harriers	M38	65.61%	47	45
46	0:42:00	STAINES, Keith	Unattached	M47	69.87%	120	46
47	0:42:14	TWEDDLE, Lisa	Chester le Street	F23	70.84%	223	47
48	0:42:20	NEWTON, Ivan	Unattached	M42	66.78%	92	48
49	0:42:21	JONES, Katie	North Shields Poly	F44	76.19%	63	49
50	0:42:23	CARROLL, Brian	Sunderland Strollers	M46	68.71%	20	50
51	0:42:28	WALKER, Mike	Gosforth Harriers	M65	81.08%	132	51
52	0:42:32	JUDSON, Fred	Sunderland Harriers	M51	71.20%	211	52
53	0:42:37	O'GARA, Terry	Wallsend	M68	83.55%	100	53
54	0:42:54	SINGER, Ian	Blyth	M39	64.51%	118	54
55	0:42:56	WHITEHEAD, Chris	North Shields Poly	M37	63.56%	141	55
56	0:43:04	COOK, Andrew	Unattached	M31	62.63%	228	56
57	0:43:07	OATES, Elizabeth	Crook	F30	69.39%	98	57

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58	0:43:14	RICHARDSON, M	Sunderland Strollers	M35	62.39%	109	58
59	0:43:21	HERWORTH, Mandy	Claremont Harriers	F42	73.20%	53	59
60	0:43:27	CHRISTOPHER, Len	Sunderland Harriers	M63	77.65%	23	60
61	0:43:29	OATES, Sarah	Crook	F30	68.80%	99	61
62	0:43:31	HARLAND, Harry	South Shields Harriers & AC	M17	61.98%	48	62
63	0:43:36	BITTLESTONE, W	Sunderland Harriers	M62	76.61%	14	63
64	0:43:41	WALKER, Peter	South Shields Harriers & AC	M57	72.95%	133	64
65	0:43:58	LODGE, S	Unattached	M50	68.32%	75	65
66	0:44:01	BATY, Edward	Heaton Harriers	M58	73.06%	9	66
67	0:44:06	WALTON, Emma	Wallsend	F36	68.55%	134	67
68	0:44:08	WILKINSON, Paul	Sunderland Strollers	M28	61.12%	143	68
69	0:44:13	HENDERSON, Jeff	N.E.V.A.C	M42	63.94%	52	69
70	0:44:20	SMITH, Darren	Unattached	M28	60.84%	169	70
71	0:44:23	BARNES, Nigel	Tynedale Harriers	M42	63.70%	166	71
72	0:44:26	HUNT, Susanne	Blyth	F43	72.02%	178	72
73	0:44:27	STRACHAN, Paul	Unattached	M36	60.97%	167	73
74	0:44:31	LEES, John	Billingham	M51	68.03%	72	74
75	0:44:43	WARNOCK, Chris	South Shields Harriers & AC	M25	60.32%	136	75
76	0:44:48	WALTON, Michael	Unattached	M29	60.21%	135	76
77	0:45:07	FOY, Darren	Unattached	M39	61.34%	39	77
78	0:45:21	THOMPSON, Davey	Unattached	M37	60.18%	154	78
79	0:45:26	THOMPSON, Vicki	Jarrow & Hebburn AC	F38	67.60%	129	79
80	0:45:28	WALLACE, J	Sedgefield Harriers	M39	60.87%	216	80
81	0:45:32	HOGG, Ian	Unattached	M42	62.09%	55	81
82	0:45:47	HEARN, William	Unattached	M34	58.92%	210	82
83	0:45:50	CAMERON, Nina	Heaton Harriers	F40	68.10%	19	83
84	0:45:56	FINN, Samantha	Allen Valley	F31	65.13%	37	84
85	0:45:59	NICHOL, Craig	Unattached	M32	58.66%	93	85
86	0:46:14	BENTLY, Kelly	Houghton AC	F45	70.40%	215	86
87	0:46:19	HINES, Tim	Unattached	M33	58.24%	208	87
88	0:46:20	MCCOY, Stephen	Unattached	M42	61.02%	83	88
89	0:46:22	HALL, Louise	North Shields Poly	F34	64.52%	44	89
90	0:46:26	PURVIS, Alan	Unattached	M41	60.45%	107	90
91	0:46:45	KISZON, Stephen	Sunderland Strollers	M35	57.70%	187	91
92	0:46:59	MARTIN, Neil	Unattached	M37	58.08%	80	92
93	0:47:02	VALE, Brian	Saltwell Harriers	M30	57.35%	131	93
94	0:47:07	MARR, Lynne	Tynedale Harriers	F48	70.93%	78	94
95	0:47:09	SHOTTON, Michael	Sunderland Strollers	M19	57.21%	116	95
96	0:47:11	ARMSTRONG, S	Burn Road	M57	67.54%	193	96
97	0:47:25	WOULLET, James	Morpeth Harriers	M16	56.89%	230	97
98	0:47:28	VALENTINE, Lyne	Sunderland Strollers	F55	75.20%	213	98
99	0:47:34	LAPPING, Jennifer	Tynedale Harriers	F34	62.89%	185	99
100	0:47:40	THORBURN, Natalie	North Shields Poly	F35	62.93%	158	100
101	0:48:06	STEPHENSON, John P	Crook	M68	74.03%	124	101
102	0:48:09	SCORER, Jamie	South Shields Harriers & AC	M37	56.68%	157	102
103	0:48:11	FRIEND, Jenny	Heaton Harriers	F48	69.36%	40	103
104	0:48:25	FORD, David	Tynedale Harriers	M60	67.64%	160	104
105	0:48:47	MCALINDEN, Gary	South Shields Harriers & AC	M39	56.73%	81	105
106	0:48:53	CHAMPION, Joy	Sunderland Strollers	F45	66.58%	149	106
107	0:48:56	EVANS, Barrie	Elvet Striders	M63	68.95%	179	107
108	0:49:01	PARR, Sharon	Chester le Street	F56	73.57%	102	108
109	0:49:13	ROBSON, Dave	Elvet Striders	M58	65.34%	159	109
110	0:49:17	LEWINS, Paul	Sunderland Strollers	M39	56.15%	73	110
111	0:49:17	PAYNE, D	North Shields Poly	F42	64.39%	225	111
112	0:49:44	SAUL, Jane	Tynedale Harriers	F46	66.02%	197	112
113	0:49:49	PASCOE, Barry	Jarrow & Hebburn AC	M64	68.42%	103	113
114	0:49:57	YORSTON, Neil	South Shields Harriers & AC	M31	54.00%	145	114
115	0:50:03	HALL, Richard	Unattached	M51	60.51%	186	115
116	0:50:07	BONE, Linda	South Shields Harriers & AC	F35	59.85%	15	116
117	0:50:11	JENNINGS, David	Unattached	M41	55.93%	221	117

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118	0:50:13	SCOTT, David	Unattached	M49	59.35%	174	118
119	0:50:15	STEPHENSON, John	Road Runners Club	M55	62.30%	123	119
120	0:50:29	MILBOURNE, Bill	Claremont Harriers	M62	66.17%	88	120
121	0:50:31	STENHOUSE, Paul	Unattached	M44	56.79%	121	121
122	0:50:40	TAYLOR, Jason	Derwentside	M39	54.62%	127	122
123	0:50:45	HARTLEY, Michelle	Jarrow & Hebburn AC	F35	59.10%	49	123
124	0:50:55	CORDERS, Bernie	Morpeth Harriers	M74	75.37%	189	124
125	0:51:00	NICHOLSON, George	Elvet Striders	M61	64.85%	94	125
126	0:51:17	WARNOCK, David	South Shields Harriers & AC	M48	57.67%	137	126
127	0:51:26	MULLIS, Allen	Heaton Harriers	M52	59.36%	91	127
128	0:51:29	LONG, David	N.E.V.A.C	M60	63.61%	76	128
129	0:51:32	GILMOUR, Graham	Unattached	M32	52.34%	190	129
130	0:51:37	LONSDALE, Adelle	Blyth	F42	61.48%	194	130
131	0:51:52	DICKINSON, Hilary	Tynedale Harriers	F56	69.53%	29	131
132	0:51:53	LOWDALE, Davina	Blyth	F44	62.19%	191	132
133	0:51:57	BROOKS, Peter	Elvet Striders	M40	53.64%	224	133
134	0:52:02	AVERY, Ron	Sunderland Strollers	M59	62.37%	198	134
135	0:52:03	KILGOUR, Janette	Claremont Harriers	F59	71.50%	66	135
136	0:52:14	HOULSBY, Ted	Unattached	M62	63.95%	57	136
137	0:52:16	WHITMORE, Dave	South Shields Harriers & AC	M72	71.52%	142	137
138	0:52:19	DORANS, Deborah	Unattached	F40	59.66%	30	138
139	0:52:20	WAUGH, Brian	Unattached	M65	65.79%	138	139
140	0:52:27	CLUGHEN, Susan	Sunderland Harriers	F56	68.75%	25	140
141	0:52:30	LOUGH, Darren	Unattached	M41	53.46%	77	141
142	0:52:43	CHALKELEY, Karen	Elvet Striders	F48	63.39%	21	142
143	0:52:51	LEE, Sean	Unattached	M39	52.36%	70	143
144	0:52:53	SHOTTON, Judith	Sunderland Strollers	F46	62.08%	115	144
145	0:52:57	ERRINGTON, Craig	South Shields Harriers & AC	M37	51.54%	36	145
146	0:53:27	PINKNEY, Bob	South Shields Harriers & AC	M72	69.93%	105	146
147	0:53:27	MURPHY, Donna	Heaton Harriers	F27	55.97%	170	147
148	0:53:30	ELLIOT, Mike	Elvet Striders	M63	63.06%	34	148
149	0:53:31	STEPHENSON, Philip	Unattached	M22	50.40%	212	149
150	0:53:32	PORTER, Joanne	Elvet Striders	F39	57.83%	151	150
151	0:53:33	CHECKLEY, Reg	Heaton Harriers	M73	70.73%	22	151
152	0:53:45	POTTER, Arthur	N.E.V.A.C	M66	64.77%	106	152
153	0:53:58	MCCLUSKY, Phil	South Shields Harriers & AC	M44	53.16%	229	153
154	0:54:05	FOSTER, Lesley	Sunderland Strollers	F41	58.19%	226	154
155	0:54:50	AITKEN, Nicola	Sunderland Strollers	F19	54.56%	2	155
156	0:54:50	AITKEN, John	Sunderland Strollers	M53	56.14%	1	156
157	0:54:55	COATES, Lloyd	Unattached	M42	51.48%	26	157
158	0:54:59	RILEY, Emma	Unattached	F35	54.55%	161	158
159	0:55:01	PENNINGTON, Adam	Unattached	M38	49.95%	104	159
160	0:55:13	ELLIOT, Elaine	South Shields Harriers & AC	F35	54.32%	33	160
161	0:55:14	BENTLEY, Rachel	Unattached	F17	54.16%	214	161
162	0:55:17	SYGROVE, Kathryn	Unattached	F44	58.37%	126	162
163	0:55:27	GOLIGHTLY, Gail	Unattached	F47	59.74%	220	163
164	0:55:31	HISCOCK, Clare	Unattached	F33	53.89%	54	164
165	0:55:40	HARKER,	Durham City Harriers	M71	66.30%	176	165
166	0:56:20	ROBERTSON, Jill	Stocksfield Striders	F29	53.11%	111	166
167	0:56:24	MCDONALD, Ken	South Shields Harriers & AC	M67	62.42%	84	167
168	0:56:49	JONES, Greta	Elvet Striders	F44	56.79%	62	168
169	0:58:31	CORRIGAN, Victoria	Jarrow & Hebburn AC	F30	51.13%	27	169
170	0:58:35	BEARD, Chris	Unattached	M42	48.26%	11	170
171	0:59:12	O'NEIL, Margo	Saltwell Park Running Club	F25	50.53%	181	171
172	0:59:20	ALLEN, Stephen	Sunderland Strollers	M27	45.46%	3	172
173	0:59:22	PREST, Alan	Quakers RC	M65	58.00%	175	173
174	0:59:40	MCNEIL, Bill	Durham City Harriers	M80	70.43%	87	174
175	1:00:07	KELLY, Patrick	Birtley Harriers	M44	47.72%	65	175
176	1:00:41	FRAZER, Christine	Claremont Road Runners	F28	49.30%	199	176
177	1:00:45	BARNES, Sue	Jarrow & Hebburn AC	F56	59.36%	8	177

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178	1:00:53	MOORE, Lisa	Unattached	F40	51.26%	163	178
179	1:00:53	MOORE, Robin	Unattached	M43	46.78%	162	179
180	1:01:29	WITHERINGTON, Jackie	Unattached	F40	50.76%	182	180
181	1:01:36	HARRISON, Colin	Unattached	M41	45.57%	183	181
182	1:01:55	DEATCHON, Emma	Durham City Harriers	F29	48.32%	150	182
183	1:02:26	WHITE, Patricia	Unattached	F56	57.76%	140	183
184	1:03:20	SCOTT, Tracey	Unattached	F39	48.88%	114	184
185	1:03:28	EMMERSON, Barrie	Billingham	M78	64.15%	35	185
186	1:03:32	PURVIS, Alan	Elvet Striders	M72	58.84%	108	186
187	1:04:26	DE AHUMADA, Raquel	Claremont Harriers	F47	51.41%	28	187
188	1:04:55	CLARK, Jill	Running4Women	F41	48.48%	24	188
189	1:04:58	NIXON, Frances	Unattached	F27	46.05%	95	189
190	1:04:58	NIXON, Helen	Unattached	F23	46.05%	96	190
191	1:05:06	LANSER, Shelley	Claremont Harriers	F53	53.78%	69	191
192	1:05:50	BUTLER, Nicky	Unattached	F55	54.22%	148	192
193	1:07:58	SALAZAR, Adriana	Unattached	F40	45.92%	156	193
194	1:07:58	CURTIS, Malcolm	Unattached	M49	43.85%	155	194
195	1:09:45	WOOD, Beth	South Shields Harriers & AC	F36	43.34%	144	195
196	1:18:03	GALLOF, Jenny	Saltwell Park Running Club	F23	38.33%	180	196
197	1:20:33	TAIT, David	Saltwell Harriers	M61	41.06%	173	197

There were 197 finishers in the All Competitors category.