

311	Andrew Wilson	V40 53	Unattached	28:49	360	Bridget Dillon	L50 15	Winston Runners	33:08
312	Hilary Rogerson	L40 14	Unattached	28:50	361	Dean Harrison		Unattached	33:08
313	Ian Richardson		Unattached	28:51	362	Julie Holland	L 107	Unattached	33:14
314	Rachel Fillhart	L 77	Unattached	28:56	363	Jason Gallimore		Unattached	33:19
315	Beth Dum	L 78	Unattached	28:58	364	Mark Dawson	V40 58	Unattached	33:23
316	Karen Gagon	L 79	Sale Harriers Manchester	28:59	365	Francesca Smith	L 108	Unattached	33:54
317	Marianne Rawles	L 80	Unattached	29:00	366	Margaret Carleton	L 109	Winston Runners	34:19
318	Shazia Kazam	L 81	Unattached	29:03	367	Sue Ogden	L40 19	Hyde Village Striders Rc	34:20
319	Geoff Howarth	V70 4	Northern Veterans Ac	29:12	368	Lynne Potts	L40 20	Unattached	34:20
320	Christopher Jones	V40 54	Hyde Village Striders Rc	29:16	369	Alison Lawrence	L 112	Hyde Village Striders Rc	34:24
321	Jock Plommer	V60 14	Northern Veterans Ac	29:17	370	Carmen Donaghy	L 113	Winston Runners	34:25
322	Jean Bayley	L50 12	Manchester Harriers & Ac	29:25	371	Ria Bright	V40 59	Saddleworth Runners Club	34:30
323	Peter Burton	V40 55	Unattached	29:26	372	Laura McCourt	L 114	Unattached	34:35
324	Kathleen Tyms	L 83	Winston Runners	29:26	373	Lynda Watkinson	L40 21	Unattached	34:36
325	Mary Burton	L40 15	Unattached	29:27	374	Dawn Jones	L 116	Unattached	34:36
326	Lisa Hart	L 85	Swinton Running Club	29:35	375	Sally Gubbins	L 117	Hyde Village Striders Rc	34:42
327	Paul Williams		Unattached	29:42	376	Don Bramwell		Manchester Harriers & Ac	34:55
328	Allison Resan	L 86	Unattached	29:50	377	Cath Brown	L 118	Unattached	35:05
329	Caroline Sorriento	L50 13	Hyde Village Striders Rc	29:53	378	Jo Austin	L 119	Manchester Harriers & Ac	35:31
330	Andrew Hughes		Unattached	29:56	379	Lisa Ashton	L 120	Manchester Harriers & Ac	35:31
331	Nicola Johnson	L 88	Unattached	30:01	380	Glyn Barrett		Unattached	35:50
332	Phillip Hollows	V40 56	Unattached	30:03	381	Ivan Macintyre	V50 31	Sale Harriers Manchester	36:05
333	Craig Huy		Unattached	30:03	382	Rosalind Paito	L40 22	Chorton Runners	36:06
334	Glyn Hathaway		Unattached	30:08	383	Emma Green	L 122	Unattached	36:25
335	Keiron Morley		Unattached	30:14	384	Mimi Veheary	L40 23	Unattached	36:55
336	Pam Bebbington	L 89	Manchester Harriers & Ac	30:21	385	Audrey Simpson	L40 24	Unattached	37:02
337	Kenneth Bullock	V60 15	Unattached	30:30	386	Liz Murphy	L 125	Unattached	38:34
338	Curtis Manley		Unattached	30:45	387	Simon Devine		Unattached	38:44
339	Sue Redmond	L 90	Unattached	30:48	388	Michael Hitchen	V50 32	Unattached	38:45
340	Jordan Tyms		Winston Runners	30:59	389	Mary Griffiths	L 126	Winston Runners	38:56
341	Ian Clarke	V40 57	Unattached	31:00	390	Marie Griffiths	L50 16	Winston Runners	39:07
342	Christopher		Dragons Running Club (sale)	31:02	391	Gill Jones	L40 25	Unattached	40:03
343	Peter Bedford		Dragons Running Club (sale)	31:02	392	M Ashworth March	L 129	Unattached	41:04
344	Sheryl Barber	L 91	Unattached	31:06	393	Nicholas Athorn		Unattached	42:17
345	Karen Jenkins	L40 16	Unattached	31:16	394	Barbara Sneade	L50 17	Unattached	45:18
346	Elizabeth Wilson	L 93	Unattached	31:17	395	Julia Murphy	L 131	Unattached	45:18
347	Catherine Prickett	L 94	Unattached	31:21	396	Anthony Mansfield		Unattached	47:48
348	Holly Rae	L 95	Unattached	31:22	397	Brian Corrin	V40 60	Unattached	47:48
349	Rebecca Forest	L 96	Unattached	31:24	398	Kath Belshaw	L40 26	Unattached	51:25
350	Katy Sewell	L 97	Unattached	31:25	399	Anne Smith	L50 18	Unattached	51:25
351	Rachel Armon	L 98	Unattached	31:25	400	Neil Berry		Unattached	51:28
352	???	???	???	31:30	401	Stu Amos	V60 16	Unattached	51:28
353	Jean Skitt	L60 3	Manchester Harriers & Ac	31:42	402	Pauline McCall	L60 5	Unattached	51:51
354	Jill Clark	L40 17	Hyde Village Striders Rc	31:43	403	Karen Harris	L50 19	Unattached	51:51
355	Jackie Jones	L40 18	Hyde Village Striders Rc	31:45	404	Deborah Michaels	L40 27	Unattached	54:59
356	Lynne Fox	L50 14	Unattached	32:30	405	Maureen Whitelaw	L60 6	Unattached	54:59
357	Terrie Blammom	L 103	Unattached	32:50	406	Chloe Dunn	L 138	Unattached	54:59
358	Helen Morris	L 104	Winston Runners	32:50	407	Susan Draczuk	L50 20	Unattached	54:59
359	Mavis Gregory	L60 4	Manchester Harriers & Ac	33:01	408	Dave Attwell	V70 5	Altrincham & District Ac	55:00

The Manchester 5k Sizzler at Wythenshawe Park on Thursday 15th July 2010

Manchester 5k — PROVISIONAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Simon Horsfield		E Cheshire H & Tameside Ac	14:49	76	Bill Fox	V50 7	Sale Harriers Manchester	19:09
2	Chris Livesey		Preston Harriers & Ac	14:59	77	Steve Smith	V40 19	Wilmslow Running Club	19:10
3	Joe Bailey		Salford Harriers	15:02	78	John Parrott	V50 8	Stockport Harriers & Ac	19:12
4	Benjamin Riddell		Salford Harriers	15:12	79	Duncan Drasdo	V40 20	Trafford Athletic Club	19:14
5	Damian Nicholls		Wilmslow Running Club	15:23	80	Joanne Lowery	L 3	Sale Harriers Manchester	19:16
6	Richard Burney		Penny Lane Striders	15:30	81	Matt Atkinson		Wilmslow Running Club	19:18
7	Gavin Hill		E Cheshire H & Tameside Ac	15:50	82	Stephen McNicholas	V40 21	Penny Lane Striders	19:20
8	Gareth Booth		Horwich R M I Harriers	16:02	83	Ronan McGonigle		Trafford Athletic Club	19:20
9	Simon Bruton		Salford Harriers	16:02	84	Louise Rudd	L35 1	Wilmslow Running Club	19:21
10	Jason Dunkerley		E Cheshire H & Tameside Ac	16:05	85	Gary Coxon		E Cheshire H & Tameside Ac	19:25
11	Andy Lamont		Macclesfield Harriers & Ac	16:09	86	Ian Redpath		Unattached	19:27
12	David Lockett	V40 1	Salford Harriers	16:12	87	Mick Fairs	V60 1	Wilmslow Running Club	19:31
13	Chris Fell		Rossendale Harriers & Ac	16:14	88	Keith Anderson		Unattached	19:40
14	James Williams		Salford Harriers	16:16	89	Timothy Rainey	V40 22	Sale Harriers Manchester	19:43
15	Andrew Kay		Salford Harriers	16:25	90	?Peter Wood	V50 9	Unattached	19:44
16	Jim Pendrill		Wilmslow Running Club	16:31	91	Richard Ousey		Unattached	19:45
17	Simon Grundy	V40 2	E Cheshire H & Tameside Ac	16:32	92	Stuart Adamson		Astley & Tyldesley Road Runner	19:47
18	Dan McGrath		Unattached	16:39	93	Duncan Wilson		Unattached	19:48
19	David Hudson		Salford Harriers	16:42	94	Gary Evans	V40 23	Sale Harriers Manchester	19:48
20	Mike Shaw		Stockport Harriers & Ac	16:48	95	Tristan Pocock		Dragons Running Club (sale)	19:49
21	Ed Fazakerley	V40 3	Manchester Harriers & Ac	16:49	96	Paul Watson		Altrincham & District Ac	19:50
22	Rob Downs	V40 4	Wilmslow Running Club	16:55	97	David O'Loughlin	V50 10	RAF Cosford	19:51
23	James Corden		Stockport Harriers & Ac	16:56	98	Tony Hulme	V60 2	Wilmslow Running Club	19:53
24	Kevin Jowett		E Cheshire H & Tameside Ac	16:56	99	Jim Lambe	V40 24	Sale Harriers Manchester	19:56
25	Gary Rowlinson	V40 5	Sale Harriers Manchester	16:58	100	Maz Khoueiry		Holmfirth Harriers Ac	19:57
26	Neil Walker		Altrincham & District Ac	17:02	101	Jeremy Mirams		Spreckley Kristianrs Sheffield	20:04
27	William Hardman		Unattached	17:11	102	Paul Home	V40 25	Unattached	20:05
28	Ian Bamber	V40 6	Spectrum Striders	17:12	103	Paul Norris	V50 11	Wilmslow Running Club	20:07
29	Darren Cottier	V40 7	Vale Royal Ac	17:17	104	Dorian Jordan		Unattached	20:10
30	Martin Tighe	V50 1	Sale Harriers Manchester	17:19	105	Gareth Trimble		Wilmslow Running Club	20:11
31	Gary Matthews	V50 2	E Cheshire H & Tameside Ac	17:20	106	Tony Spencer	V40 26	Unattached	20:12
32	Anthony Barbat	V50 3	Wallasey Athletic Club	17:23	107	Neil Higgins		Manchester Harriers & Ac	20:13
33	Callum Rowlinson	JM 1	Sale Harriers Manchester	17:24	108	Joanna Robbins	L 5	Sale Harriers Manchester	20:15
34	Neil Bradshaw		E Cheshire H & Tameside Ac	17:25	109	Alison Vesey	L40 1	Altrincham & District Ac	20:16
35	Tom McGaff	V50 4	Wilmslow Running Club	17:26	110	Alex Coward		Unattached	20:23
36	Phil Burns		Stockport Harriers & Ac	17:27	111	Chris O'Loughlin		Trafford Athletic Club	20:25
37	Rob Dewhurst		Liverpool Harriers & Ac	17:28	112	Chris Watts		Wilmslow Running Club	20:27
38	Paul Capey		Sale Harriers Manchester	17:28	113	Mark Stanbridge	V40 27	Unattached	20:30
39	Elton Davies		Sale Harriers Manchester	17:29	114	Jerry Smith	V50 12	Sale Harriers Manchester	20:32
40	Paul Anderson	V40 8	Chorlton Runners	17:31	115	Daniel Redman		Unattached	20:32
41	Anthony Sheldon		Unattached	17:32	116	David Brookes		Sale Harriers Manchester	20:33
42	Philip Scowcroft		Sale Harriers Manchester	17:35	117	Steve Russell	V50 13	Wilmslow Running Club	20:34
43	Stephen Wamough	V45 1	Warrington Athletic Club	17:37	118	Nygel Lyndley		Unattached	20:35
44	Mark Norton		Altrincham & District Ac	17:39	119	Anwel Jones		Unattached	20:36
45	James Wheeler		Wilmslow Running Club	17:44	120	Pamela Thurtle	L 7	Penny Lane Striders	20:37
46	Jason Bowers		Sale Harriers Manchester	17:45	121	Craig Goulden		Unattached	20:40
47	Peter Maher	V50 5	Vale Royal Ac	17:53	122	Toby Percival		Altrincham & District Ac	20:40
48	Raymond Eagle	V50 6	Wilmslow Running Club	17:55	123	Paul McErlean		Unattached	20:42
49	Stephen Robinson	V40 9	E Cheshire H & Tameside Ac	18:02	124	Alastair Rough		Dragons Running Club (sale)	20:44
50	John McCabe		Stockport Harriers & Ac	18:03	125	Anthony Collier	V50 14	Styal Running Club	20:45
51	Graham Screawn	V40 10	Northern Veterans Ac	18:04	126	Greg Houghton	V40 28	Hyde Village Striders Rc	20:46
52	Jenny Knass	L 1	Stockport Harriers & Ac	18:05	127	Michael Dunne	V60 3	Sale Harriers Manchester	20:47
53	Steven Townley		Unattached	18:05	128	Pat O'Hagan	V40 29	Unattached	20:48
54	Andrew Yates		Sale Harriers Manchester	18:06	129	Stuary Mairs		Salford Metropolitan Ac	20:50
55	Lee Kaufman	V40 11	Sale Harriers Manchester	18:12	130	Robert Oost		Unattached	20:51
56	Dave Walmsley	V40 12	Unattached	18:14	131	Nick Bishop	V50 15	Wilmslow Running Club	20:51
57	Michael Berks		Altrincham & District Ac	18:15	132	Rebekah Swan	L 8	Unattached	20:55
58	Tom McNally	V40 13	Unattached	18:15	133	Jonathan Melloe		Swinton Running Club	20:56
59	Shane Wolstencroft		Salford Metropolitan Ac	18:17	134	Laura Bostock	L 9	Altrincham & District Ac	20:57
60	Stephen Norbury		Unattached	18:20	135	Chris Sewart		Manchester Harriers & Ac	20:58
61	Dave Groombridge	V40 14	Unattached	18:23	136	Kevin Entwistle		Unattached	21:00
62	Nicholas Whittle		Sale Harriers Manchester	18:24	137	Beatrice Cordingley	LJ 1	Sale Harriers Manchester	21:00
63	Frank Cordingley	V40 15	Sale Harriers Manchester	18:26	138	Jane Mulryan	L55 1	Wilmslow Running Club	21:02
64	Carl Braber		Sale Harriers Manchester	18:28	139	Jackie Cordingley	L50 1	Sale Harriers Manchester	21:04
65	Matthew Wansbone		Sale Harriers Manchester	18:29	140	???		???	21:06
66	Rob Gubert		Wilmslow Running Club	18:29	141	Lewis Entwistle	V40 30	Unattached	21:10
67	Simon Merrick	V40 16	Unattached	18:42	142	Jamie Smith	V60 4	Wilmslow Running Club	21:11
68	Ian Wilding		Manchester Ymca Harriers	18:48	143	Olga Eyre	L 13	Unattached	21:12
69	Charlotte Wilson	L 2	Liverpool Harriers & Ac	18:49	144	Andy Land	V40 31	Swinton Running Club	21:14
70	Kevin Marsden		Spectrum Striders	18:53	145	Jacqui Khoueiry	L 14	Holmfirth Harriers Ac	21:14
71	Stephen Cogle		Unattached	18:55	146	Neil Barnes		Unattached	21:15
72	Matt Lakin Hall		Unattached	18:56	147	Sergey Ryalov	V50 16	Vale Royal Ac	21:17
73	Mark Chidgey	V40 17	Stockport PCT	19:03	148	Gavin Robinson		Macclesfield Harriers & Ac	21:22
74	Tim Brett	V40 18	Sale Harriers Manchester	19:04	149	Sally Johnston	L40 2	Wilmslow Running Club	21:24
75	Andy Pickford		Unattached	19:07	150	Alan Bennett	V50 17	Unattached	21:29

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151	?Ashley Baker		Unattached	21:32	232	Paul Callaghan		Unattached	24:05
152	Ian Ashcroft	V60	5 Wilmslow Running Club	21:32	233	Derek Nicholls	V70	1 Sale Harriers Manchester	24:08
153	Andrew Dooley	V50	18 Styal Running Club	21:33	234	Hayley Goddard	LJ	2 Chorlton Runners	24:11
154	Alan Williams	V50	19 Altrincham & District Ac	21:33	235	Mark Molloy		Warrington Road Runners	24:12
155	Clare Hawkes	L45	1 Wilmslow Running Club	21:35	236	Brian Higgins		Styal Running Club	24:14
156	Derek Walton		Altrincham & District Ac	21:36	237	Dawn Holding	L40	10 Sale Harriers Manchester	24:15
157	Mark Loveday	V40	32 Unattached	21:40	238	Sarah Kenny	L	47 Manchester Harriers & Ac	24:16
158	Kate Sutton	L45	2 Wilmslow Running Club	21:41	239	Ian Borsbey		Unattached	24:17
159	Nick Ham	V40	33 Stockport Harriers & Ac	21:44	240	John Sorriento	V50	31 Hyde Village Striders Rc	24:19
160	James Gowin		Wilmslow Running Club	21:46	241	Matthew Brooke		Unattached	24:20
161	David Christance		Unattached	21:53	242	Jane Ashworth	L	48 Dragons Running Club (sale)	24:21
162	Patrick Grannan		Wilmslow Running Club	21:54	243	Jenni Cunniffe	L	49 Manchester Harriers & Ac	24:22
163	?Peter Wood	V50	20 Unattached	21:54	244	Robert Miller	V60	10 Stockport Harriers & Ac	24:24
164	William Murgatroyd	V50	21 Unattached	21:58	245	Katherine Reece	L	50 Sale Harriers Manchester	24:26
165	Adrian Yates		Unattached	22:00	246	Brian Bradshaw	V40	41 Sale Harriers Manchester	24:27
166	John Porteous	V55	1 Wilmslow Running Club	22:02	247	Rebecca Howarth	L	51 Unattached	24:27
167	Sara Morgan	L	18 City Of Chester Triathlon Club	22:04	248	David Williamson		Swinton Running Club	24:27
168	Stefan Schumacher	V50	22 Sale Harriers Manchester	22:04	249	Robert Massey		Unattached	24:28
169	Jonathan Clarke	V40	34 Styal Running Club	22:07	250	Samantha McMillen	L	52 Unattached	24:32
170	Steve Green	V50	23 Unattached	22:07	251	Shiria Baram	L	53 Unattached	24:33
171	Gabrielle Pickard	L	19 Unattached	22:10	252	Ted Howarth	V70	2 Sale Harriers Manchester	24:35
172	Louise Hall	L	20 Manchester Ymca Harriers	22:10	253	Samantha Fazakerley	L40	11 Manchester Harriers & Ac	24:36
173	Paul Steane	V50	24 Unattached	22:14	254	Ian Whitham	V40	42 Sale Harriers Manchester	24:40
174	Shaun McGee	V40	35 Sale Harriers Manchester	22:15	255	John Cleworth		Unattached	24:44
175	Richard Shaw	V40	36 Unattached	22:17	256	Susannah Robertson	L	55 Unattached	24:45
176	Owen Ashcroft		Wilmslow Running Club	22:19	257	Sid Bailey		Deestrider	24:47
177	Lynne Yates	L50	2 Sale Harriers Manchester	22:22	258	Sue Waring	L40	12 Unattached	24:50
178	Simon Hatlor		Unattached	22:23	259	Laura Higgins	L	57 Unattached	24:51
179	Chris Wnstanley	V50	25 Stockport Harriers & Ac	22:24	260	David Lowe	V40	43 Sale Harriers Manchester	24:52
180	Denise Wakefield	L50	3 Northern Veterans Ac	22:25	261	Anita Banerji	L	58 Unattached	24:55
181	Judith Baxendale	L40	3 Unattached	22:25	262	Michael Howe	V70	3 Sale Harriers Manchester	24:56
182	Charles Lowthian	V50	26 Styal Running Club	22:26	263	Lee Ramsden		Hyde Village Striders Rc	24:58
183	Jane Blackburn	L40	4 Unattached	22:29	264	Kieran Smallbone		Unattached	24:58
184	John Delany	V60	6 Stockport Harriers & Ac	22:33	265	Joe Parik	V70	4 Cheshire Tally Ho. H & H	25:00
185	Andrew Dodd		Wilmslow Running Club	22:37	266	Paul Arrowsmith		UKNet	25:02
186	Fiona Herbert	L	25 Manchester Harriers & Ac	22:37	267	?Alan Richardson	V40	44 Unattached	25:04
187	Chris Bostock		Altrincham & District Ac	22:40	268	Audrey Greysty	L50	5 Sale Harriers Manchester	25:08
188	Alan Turner	V45	2 Wilmslow Running Club	22:41	269	James Williams	V40	45 Unattached	25:11
189	Chris Burrows		Unattached	22:43	270	David Gregory	V60	11 Manchester Harriers & Ac	25:15
190	Phil Summers	V40	37 Swinton Running Club	22:43	271	Matt Reid		Unattached	25:18
191	Jan Telford	V40	38 Unattached	22:44	272	Shelley Parkinson	L	60 Chorley Harriers	25:22
192	Kevin Smith	V50	27 Stockport Harriers & Ac	22:46	273	Graham Crawforth	V50	32 Unattached	25:25
193	Stephanie Bennett	L	26 Unattached	22:48	274	Brian Robinson	V60	12 Macclesfield Harriers & Ac	25:30
194	Carla Ousey	L	27 Sale Harriers Manchester	22:50	275	Amanda Crosby	L40	13 Unattached	25:34
195	Dan Lyons		Unattached	22:51	276	Jenny Ambler	L	62 Unattached	25:34
196	Belinda Hammond	L	28 Sale Harriers Manchester	22:53	277	Claire Pitcher	L	63 Hyde Village Striders Rc	25:34
197	Gavin Mendham	V60	7 Wilmslow Running Club	22:54	278	Doug Clark		Unattached	25:36
198	James Winstanley		Unattached	22:55	279	Sarah Mulryan	L	64 Unattached	25:40
199	Sharon Jones	L40	5 Wilmslow Running Club	22:56	280	Martin Mulryan	V50	33 Unattached	25:41
200	Martin Eaves		Spectrum Striders	22:58	281	Karen Christer	L	65 Unattached	25:46
201	Angela Maziere	L40	6 Wilmslow Running Club	23:02	282	Melvyn Jones		Swinton Running Club	25:50
202	Nina Birch	L	31 Wilmslow Running Club	23:03	283	Carolyn Hiron	L40	14 Wilmslow Running Club	25:53
203	Huma Rahman	L40	7 Wilmslow Running Club	23:03	284	David Wright	V40	46 Unattached	25:57
204	Tom Johnston		Unattached	23:04	285	Gail Hill	L	67 Wilmslow Running Club	26:00
205	Simon Fenton	V60	8 Wilmslow Running Club	23:06	286	Kathleen Tyms	L	68 Winston Runners	26:09
206	Barrie Ainscow	V40	39 Dragons Running Club (sale)	23:14	287	Ben Crook		Unattached	26:10
207	?Alan Richardson	V40	40 Unattached	23:15	288	John Lally	V50	34 Sale Harriers Manchester	26:12
208	Susan Pritchard	L	33 Unattached	23:17	289	Angela George	L	69 Unattached	26:16
209	Neil Wilson		Belper Harriers	23:17	290	Kathryn Holmes	L40	15 Manchester Harriers & Ac	26:22
210	Graham Kitchen	V50	28 Dragons Running Club (sale)	23:20	291	Steven Francorn		Unattached	26:28
211	CHammond-Price	L	34 Manchester Ymca Harriers	23:22	292	Paulette Storey	L50	6 Swinton Running Club	26:29
212	Rod Coombs	V55	2 Wilmslow Running Club	23:24	293	Claire Dewsbury		Unattached	26:35
213	Helen Todd	L50	4 Stockport Harriers & Ac	23:25	294	Liz Turner	L	72 Sale Harriers Manchester	26:36
214	Dave Farmer		Sale Harriers Manchester	23:26	295	Andrew Devonshire		Unattached	26:37
215	Katie Brough	L	36 Unattached	23:30	296	Trevor Faulkner	V60	13 Wilmslow Running Club	26:37
216	Stacey Benson	L	37 Manchester Harriers & Ac	23:31	297	Ian Hawksworth	V50	35 Unattached	26:39
217	Graham Taylor		Unattached	23:33	298	Ron Pickering	V60	14 Unattached	26:46
218	Roy Pownall	V60	9 Wilmslow Running Club	23:35	299	James McIntosh	V40	47 Unattached	26:46
219	Jenny Biesty	L	38 Unattached	23:38	300	Cathy Leake	L40	16 Unattached	26:47
220	Mairi Cullen	L40	8 Unattached	23:40	301	Cath Caddick	L40	17 Unattached	26:48
221	Chris Horne		Unattached	23:42	302	David Roberts		Horwich R M I Harriers	26:51
222	Lucy Wood	L	40 Halton & Frodsham Harriers	23:44	303	Lee Mattinson	V40	48 Unattached	26:54
223	Oliver Teale		Unattached	23:47	304	Anne Taylor	L40	18 Unattached	26:58
224	Diane Bygrave	L	41 Wilmslow Running Club	23:49	305	Sue Goddard	L50	7 Chorlton Runners	27:02
225	Jenny Flanagan	L	42 Sale Harriers Manchester	23:50	306	Jenny Miles	L55	2 Fetcheveryone Running Club	27:06
226	Neil Swainston		Unattached	23:53	307	Richard Robinson	V60	15 Unattached	27:13
227	Tony Allen	V50	29 E Cheshire H & Tameside Ac	23:53	308	Martin Griffin-Jones		Unattached	27:17
228	Nicola Logue	L40	9 Stockport Harriers & Ac	23:55	309	Fiona McAuley	L40	19 Swinton Running Club	27:19
229	Kete Howard	L	44 Unattached	23:55	310	Andrea Williams	L	79 Manchester Harriers & Ac	27:22
230	?Ashley Baker		Unattached	23:57	311	Beth Durn	L	80 Unattached	27:27
231	Chris Cannon	V50	30 Wilmslow Running Club	24:05	312	Dave Higgins		Unattached	27:29

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313	Carol Hart	L40 20	Swinton Running Club	27:30	352	Catherine Prickett	L 101	Unattached	30:50
314	Huw Phillips	V40 49	Unattached	27:30	353	Lynne Fox	L50 10	Unattached	30:53
315	John Wightman		Unattached	27:44	354	Clare Smith	L45 3	Unattached	31:05
316	Susan Bean	L60 1	Swinton Running Club	27:46	355	Natalie Stanford	L 104	Unattached	31:17
317	Jordan Tyms		Winston Runners	27:50	356	Jackie Jones	L40 27	Hyde Village Striders Rc	31:29
318	Caroline Crosswell	L 83	Unattached	27:50	357	Yvonne Dwyer	L40 28	Winston Runners	31:30
319	Daryl Sullivan	L40 21	Unattached	27:52	358	Bridget Dillon	L50 11	Winston Runners	31:30
320	Thomas Gaylard	V45 3	Unattached	28:03	359	Sue Ogden	L40 29	Hyde Village Striders Rc	32:25
321	John Hammond		Unattached	28:06	360	Emma Green	L 109	Unattached	32:28
322	Shaun Murphy		Unattached	28:07	361	Ria Bright	V40 53	Saddleworth Runners Club	32:59
323	Colette McGrath	L 85	Unattached	28:10	362	Pamela Gillard	L 110	Unattached	33:02
324	Michael Galvin		Unattached	28:11	363	Terrie Blammom	L 111	Unattached	33:09
325	Jock Plommer	V60 16	Northern Veterans Ac	28:13	364	Helen Morris	L 112	Winston Runners	33:09
326	Ian Richardson		Unattached	28:15	365	Cath Brown	L 113	Unattached	33:26
327	Alexander Raynos		Unattached	28:17	366	Laura D'cruz	L 114	Unattached	33:33
328	Christopher Jones	V40 50	Hyde Village Striders Rc	28:17	367	Alison Lawrence	L 115	Hyde Village Striders Rc	33:33
329	Lisa Hart	L 86	Swinton Running Club	28:22	368	Margaret Carleton	L 116	Winston Runners	33:35
330	Jean Bayley	L50 8	Manchester Harriers & Ac	28:25	369	Simon Hoonawian		Unattached	33:40
331	Glyn Hathaway		Unattached	28:28	370	Joanna Hodgson	L 117	Unattached	33:43
332	Carolyn Watts	L 88	Unattached	28:32	371	Laura McCourt	L 118	Unattached	33:43
333	Andrew Wilson	V40 51	Unattached	28:37	372	Annette Dillon	L40 30	Winston Runners	33:43
334	Sue Redmond	L 89	Unattached	28:37	373	Janet Richardson	L40 31	Unattached	33:48
335	Marinda Broddy	L40 22	Sale Harriers Manchester	28:39	374	Ivan Macintyre	V50 36	Sale Harriers Manchester	33:55
336	Katy Sewell	L 91	Unattached	28:44	375	Joanne Kearsley	L 121	Unattached	34:21
337	Kenneth Bullock	V60 17	Unattached	28:47	376	Sally Gubbins	L 122	Hyde Village Striders Rc	34:21
338	Ruth Harkin	L40 23	Unattached	28:54	377	Don Bramwell		Manchester Harriers & Ac	34:32
339	Caroline Sorriento	L50 9	Hyde Village Striders Rc	29:06	378	Ruth Bass	L40 32	Unattached	34:56
340	Geoff Howarth	V70 5	Northern Veterans Ac	29:10	379	Liz Murphy	L 124	Unattached	34:57
341	Hilary Rogerson	L40 24	Unattached	29:37	380	Helen Cragg	L50 12	Unattached	34:58
342	Curtis Manley		Unattached	29:45	381	Mavis Gregory	L60 3	Manchester Harriers & Ac	36:28
343	Claire Senior	L 95	Unattached	29:47	382	Marie Griffiths	L50 13	Winston Runners	37:24
344	Helen Wood	L 96	Northern Sole	29:54	383	Kristina Traynour	L 128	Unattached	38:27
345	Jill Clark	L40 25	Hyde Village Striders Rc	30:00	384	Bernard Traynor	V60 18	Unattached	38:27
346	Paul Shier		Swinton Running Club	30:08	385	Carl Corcoran		Unattached	38:51
347	Evangelos Simeonidis		Unattached	30:13	386	Julia Roberts	L40 33	Winston Runners	39:02
348	Jean Skitt	L60 2	Manchester Harriers & Ac	30:20	387	David Todd	V60 19	Road Runners Club	40:33
349	Sarah Rees	L 99	Winston Runners	30:27	388	Mary Griffiths	L 130	Winston Runners	41:15
350	Ian Pickford	V40 52	Unattached	30:29	389	Geraldine Kennedy	L40 34	Winston Runners	41:15
351	Karen Jenkins	L40 26	Unattached	30:36					

Manchester 5k - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Salford Harriers	28	—	3	Joe Bailey	4	Benjamin Riddell	9	Simon Bruton	12	David Lockett
2	E Cheshire H & Tameside Ac	35	—	1	Simon Horsfield	7	Gavin Hill	10	Jason Dunkerley	17	Simon Grundy
3	Wilmslow Running Club	75	—	5	Damian Nicholls	16	Jim Pendrill	21	Rob Downs	33	Tom McGaff
4	Sale Harriers Manchester	119	—	24	Gary Rowlinson	28	Martin Tighe	31	Callum Rowlinson	36	Paul Capey
5	Stockport Harriers & Ac	122	—	19	Mike Shaw	22	James Corden	34	Phil Burns	47	John McCabe
6	Altrincham & District Ac	192	—	25	Neil Walker	41	Mark Norton	51	Michael Berks	75	Paul Watson
7	Manchester Harriers & Ac	348	—	20	Ed Fazakerley	83	Neil Higgins	97	Chris Sewart	148	David Gregory
8	Dragons Running Club (sale)	416	—	74	Tristan Pocock	90	Alastair Rough	125	Barrie Ainscow	127	Graham Kitchen
9	Styal Running Club	420	—	91	Anthony Collier	103	Andrew Dooley	111	Jonathan Clarke	115	Charles Lowthian
10	Swinton Running Club	454	—	96	Jonathan Melloe	99	Andy Land	120	Phil Summers	139	David Williamson
11	Hyde Village Striders Rc	529	—	92	Greg Houughton	136	John Sorriento	145	Lee Ramsden	156	Christopher Jones

Manchester 5k - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale Harriers Manchester	28	—	3	Joanne Lowery	5	Joanna Robbins	9	Beatrice Cordingley	11	Jackie Cordingley
2	Wilmslow Running Club	41	—	4	Louise Rudd	10	Jane Mulryan	13	Sally Johnston	14	Clare Hawkes
3	Manchester Harriers & Ac	123	—	20	Fiona Herbert	29	Stacey Benson	36	Sarah Kenny	38	Jenni Cunniffe
4	Swinton Running Club	209	—	48	Paulette Storey	52	Fiona McAuley	54	Carol Hart	55	Susan Bean
5	Hyde Village Striders Rc	227	—	43	Claire Pitcher	59	Caroline Sorriento	61	Jill Clark	64	Jackie Jones
6	Winston Runners	240	—	46	Kathleen Tyms	63	Sarah Rees	65	Yvonne Dwyer	66	Bridget Dillon