

The Manchester 5k Sizzler at Wythenshawe Park on Thursday 1st July 2010

Manchester 5k — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time						
1	Simon Horsfield		E Cheshire H & Tameside Ac	15:15	76	Alison Drasdo	L40	1	Trafford Athletic Club	19:21
2	Chris Livesey		Preston Harriers & Ac	15:18	77	David Hudd			Spectrum Striders	19:22
3	Gavin Hill		E Cheshire H & Tameside Ac	15:56	78	Mark Chidgley	V40	20	Spalding	19:24
4	Joe Kelly	JM	1 Rossendale Harriers & Ac	16:04	79	Andrew Barton			Altrincham & District Ac	19:27
5	David Lockett	V40	1 Salford Harriers	16:12	80	Joanne Lowery	L	6	Sale Harriers Manchester	19:28
6	Chris Fell		Rossendale Harriers & Ac	16:17	81	Timothy Rainey	V40	21	Sale Harriers Manchester	19:28
7	Andy Lamont		Macclesfield Harriers & Ac	16:19	82	Mark Szolkowski			Sale Harriers Manchester	19:28
8	Michael Kilmartin		Sale Harriers Manchester	16:24	83	Jeremy Mirams			Spreckley Kristians Sheffield	19:30
9	Paul Mannion	V40	2 Astley & Tyldesley Road Runner	16:33	84	David Redpath			Unattached	19:32
10	Paul Backhouse		E Cheshire H & Tameside Ac	16:36	85	Dawn Broom	L40	2	Holmfirth Harriers Ac	19:33
11	Richard Edwards		Menai Track & Field	16:39	86	Nick Isherwood			Unattached	19:36
12	Tim Kennedy		Sale Harriers Manchester	16:40	87	Brad Elien			Spectrum Striders	19:39
13	Malcolm Johnson		Stockport Harriers & Ac	16:41	88	Robert Kellett	V40	22	Royton Road Runners	19:41
14	Paul Danton	V40	3 E Cheshire H & Tameside Ac	16:42	89	Alistair King			Unattached	19:42
15	David Hudson		Salford Harriers	16:58	90	Brandon Holroyd			Holmfirth Harriers Ac	19:43
16	Gary Rowlinson	V40	4 Sale Harriers Manchester	16:59	91	Chris Floyd			Unattached	19:44
17	James Corden		Stockport Harriers & Ac	17:06	92	Anthony Golding			Swinton Running Club	19:44
18	Neil Walker		Altrincham & District Ac	17:07	93	Richard White			Unattached	19:46
19	Ed Fazackerley	V40	5 Manchester Harriers & Ac	17:10	94	Stuart Adamson			Astley & Tyldesley Road Runner	19:49
20	Stuart Heaton		Altrincham & District Ac	17:14	95	Gary Coxon			E Cheshire H & Tameside Ac	19:50
21	Kevin Jowett		E Cheshire H & Tameside Ac	17:20	96	Chris Oloughlin			Trafford Athletic Club	19:51
22	David Livingstone		Altrincham & District Ac	17:26	97	Jessica Riley	L	8	Stainland Lions Road Runners	19:52
23	Paul Burns		Stockport Harriers & Ac	17:27	98	Damian Utton	V40	23	Altrincham & District Ac	19:55
24	Gary Matthews		E Cheshire H & Tameside Ac	17:30	99	Gary Evans	V40	24	Sale Harriers Manchester	19:56
25	Neil Bradshaw		E Cheshire H & Tameside Ac	17:31	100	Duncan Wilson			Unattached	19:56
26	Ian Bamber	V40	6 Spectrum Striders	17:32	101	Mike Lubbins			Hyde Village Striders Rc	19:58
27	William Hardman		Unattached	17:33	102	Bryn Machin			Manchester Ymca Harriers	19:58
28	Peter Maher	V50	1 Vale Royal Ac	17:35	103	Martin Pollard			Unattached	20:01
29	Callum Rowlinson	JM	2 Sale Harriers Manchester	17:36	104	Mark Causwell	V50	6	Sale Harriers Manchester	20:02
30	Philip Scowcroft		Sale Harriers Manchester	17:36	105	Jim Lambe			Sale Harriers Manchester	20:05
31	Paul Capey		Sale Harriers Manchester	17:39	106	William Prout	V50	7	Salford Metropolitan Ac	20:07
32	Paul Anderson	V40	7 Chorlton Runners	17:43	107	Paul McErlean			Unattached	20:10
33	Paul Watson		Altrincham & District Ac	17:46	108	Paul Lord	V40	25	Rossendale Harriers & Ac	20:18
34	Andrew Mooney		Sale Harriers Manchester	17:47	109	Maz Khouerij			Holmfirth Harriers Ac	20:25
35	Ian Jackson	V40	8 Salford Harriers	17:48	110	Jerry Smith	V50	8	Sale Harriers Manchester	20:27
36	Tom Armstrong		Vale Royal Ac	17:51	111	Arwel Jones			Unattached	20:27
37	Rob Dewhurst		Liverpool Harriers & Ac	17:52	112	Chris Tsilks			Unattached	20:29
38	Chris Chadler	V40	9 City Of Chester Triathlon Club	17:59	113	Jen Lewis	L	9	Unattached	20:34
39	Raymond Eagle	V50	2 Wilmslow Running Club	18:00	114	Anne Pugh	L50	1	Altrincham & District Ac	20:34
40	Jason Bowers		Sale Harriers Manchester	18:01	115	Paul Home	V40	26	Unattached	20:35
41	Michael Berks		Altrincham & District Ac	18:03	116	Abdurrahman Makram			Unattached	20:37
42	Darren Cottier	V40	10 Vale Royal Ac	18:03	117	Michael Dunne	V60	1	Sale Harriers Manchester	20:37
43	Mark Norton		Altrincham & District Ac	18:05	118	Dorian Jordan			Unattached	20:38
44	Lee Barratt	V40	11 Stockport Harriers & Ac	18:11	119	Joanna Robbins	L	11	Sale Harriers Manchester	20:39
45	Candice Taylor	L	1 Clayton Le Moors Harriers	18:17	120	Kevin Scally	V40	27	Unattached	20:42
46	Michael Harrington		Vale Royal Ac	18:18	121	Nick Pearson			Unattached	20:43
47	James Hart		Salford Metropolitan Ac	18:19	122	Aron Myers			Unattached	20:52
48	Edward McKay	JM	3 Unattached	18:20	123	Toby Percival			Altrincham & District Ac	20:53
49	Ian Stainthorpe	V40	12 Rochdale Harriers & Ac	18:22	124	Craig Goulden			Unattached	20:55
50	Stephen Martin	V50	3 Spectrum Striders	18:24	125	Tom Daniels	V60	2	Salford Harriers	20:57
51	Thomas McNally	V40	13 Stockport Harriers & Ac	18:25	126	Simon Smith	JM	5	Unattached	20:58
52	James Grannan	JM	4 Handford Wilmslow Alderley	18:25	127	Lewis Entwistle	V40	28	Unattached	20:59
53	Charles Foster		Salford Harriers	18:27	128	Vanessa Mulholland	L	12	Altrincham & District Ac	20:59
54	Amy Green	L	2 Keighley & Craven Ac	18:28	129	Stuary Mairs			Salford Metropolitan Ac	21:00
55	John McCabe		Stockport Harriers & Ac	18:29	130	Jackie Cordingley	L50	2	Sale Harriers Manchester	21:00
56	Sean Byrne		Salford Harriers	18:33	131	Paul Hills	V50	9	Unattached	21:02
57	Steven Townley		Unattached	18:38	132	Pat O'Hagan	V40	29	Unattached	21:02
58	Shane Wolstencroft		Salford Metropolitan Ac	18:40	133	Richard Ousey			Unattached	21:02
59	Nicholas Whittle		Unattached	18:45	134	Kristian Spreckley			Unattached	21:10
60	Helen Glover	L	3 Keighley & Craven Ac	18:48	135	Alastair Rough			Halton & Frodsham Harriers	21:11
61	Frank Cordingley	V40	14 Sale Harriers Manchester	18:57	136	Elizabeth Glennon	L	14	Unattached	21:13
62	Simon Merrick	V40	15 Unattached	18:58	137	John Davies	V60	3	Vale Royal Ac	21:14
63	Robert Jones		Manchester Tri	19:00	138	Brian Moran			Unattached	21:16
64	Dave Groombridge	V40	16 Unattached	19:06	139	Kevin Entwistle			Unattached	21:18
65	Stephen Norbury		Unattached	19:07	140	Alan Bennett	V50	10	Unattached	21:19
66	John Parrott	V50	4 Stockport Harriers & Ac	19:08	141	Neil Higgins			Manchester Harriers & Ac	21:19
67	Andrew Tongue		Belle Vue Racers	19:10	142	Stephen Symons	V40	30	Manchester Ymca Harriers	21:22
68	Chris March		Stockport Harriers & Ac	19:10	143	Roland Bowness	V60	4	Salford Harriers	21:28
69	Charlotte Wilson	L	4 Liverpool Harriers & Ac	19:11	144	Stuart Craig			Unattached	21:29
70	Duncan Drasdo	V40	17 Trafford Athletic Club	19:15	145	Robert Oddy			Unattached	21:29
71	Kevin Marsden		Spectrum Striders	19:16	146	Anneka Sanders	L	15	Salford Harriers	21:36
72	Julian Spencer		Spectrum Striders	19:17	147	Alex Coward			Unattached	21:37
73	Tim Brett	V40	18 Sale Harriers Manchester	19:18	148	Neil Murray			Macclesfield Harriers & Ac	21:38
74	Bill Fox	V50	5 Sale Harriers Manchester	19:19	149	Tom Temple	V50	11	Salford Harriers	21:39
75	Nicholas Withers	V40	19 Styal Running Club	19:20	150	Vin Murphy	V60	5	Salford Harriers	21:39

151	Geoff Beattie	V50 12	Sale Harriers Manchester	21:42	231	Sid Bailey	Deestrider	24:31
152	Michael Barry		Stockport Harriers & Ac	21:42	232	Robert Massey	Unattached	24:35
153	Anthony Hogan		Unattached	21:42	233	Anita Banerji	L 41 Unattached	24:36
154	Barrie Ainscow	V40 31	Dragons Running Club (sale)	21:42	234	Belinda Hammond	L 42 Sale Harriers Manchester	24:36
155	Jacob Roberts	JM 6	Unattached	21:42	235	John Howitt	V40 46 Unattached	24:42
156	Derek Walton		Altrincham & District Ac	21:46	236	Nigel Milligan	Rochdale Harriers & Ac	24:44
157	Colin Ainscough	V40 32	Unattached	21:47	237	Brian Higgins	Styal Running Club	24:47
158	Lucy Hickey	L 16	Trafford Athletic Club	21:48	238	John Riley	Northern Veterans Ac	24:50
159	Beatrice Cordingley	LJ 1	Sale Harriers Manchester	21:52	239	Brian Bradshaw	V40 47 Sale Harriers Manchester	24:52
160	Carole Harrison	L40 3	Altrincham & District Ac	21:52	240	Susan Gale	L 43 Unattached	24:52
161	Garry Armitage	V40 33	Unattached	21:53	241	Stacey Benson	L 44 Manchester Harriers & Ac	24:53
162	Sara Sndersson	L 19	Sale Harriers Manchester	21:55	242	Geraint North	Manchester Ymca Harriers	24:55
163	Andy Land	V40 34	Swinton Running Club	22:02	243	Neil Swainston	Unattached	24:55
164	David Brookes		Sale Harriers Manchester	22:07	244	Sue Waring	L40 7 Unattached	24:58
165	Stefan Schumacher	V50 13	Sale Harriers Manchester	22:09	245	Paul Smith	Unattached	25:04
166	Nick Ham		Stockport Harriers & Ac	22:11	246	Janey O'Mahony	L60 1 Unattached	25:05
167	David Christance		Unattached	22:11	247	Kevin Davies	V50 23 Unattached	25:05
168	Simon Woodward	V40 35	Unattached	22:16	248	David Williamson	Swinton Running Club	25:12
169	Vincent Niles	V40 36	Unattached	22:20	249	Audrey Gresty	L50 7 Sale Harriers Manchester	25:13
170	Mark Loveday	V40 37	Unattached	22:22	250	John Sorriento	V50 24 Hyde Village Striders Rc	25:14
171	Patrick Grannan	V50 14	Wilmslow Running Club	22:25	251	Michael Howe	V70 2 Sale Harriers Manchester	25:21
172	Richard Shaw	V40 38	Unattached	22:28	252	Jenni Cunliffe	L 48 Manchester Harriers & Ac	25:21
173	Jane Blackburn	L40 4	Unattached	22:32	253	Sam Fazackerley	L40 8 Manchester Harriers & Ac	25:26
174	Shirley Anderson	L40 5	Spectrum Striders	22:34	254	Mairi Cullen	L40 9 Unattached	25:27
175	Lynne Yates	L 22	Sale Harriers Manchester	22:35	255	Ian Borsbey	Unattached	25:29
176	Katie Brough	L 23	Unattached	22:42	256	Steve Bassam	V50 25 Unattached	25:30
177	Denise Wakefield	L50 3	Northern Veterans Ac	22:52	257	Matt Reid	Unattached	25:34
178	Phil Summers		Swinton Running Club	22:58	258	Lee Ramsden	Hyde Village Striders Rc	25:36
179	William Murgatroyd	V50 15	Unattached	22:59	259	Joe Parik	V70 3 Cheshire Tally Ho. H & H	25:39
180	Mark Calvert		Unattached	23:00	260	Paul Wardle	Unattached	25:41
181	Stephanie Bennett	L 25	Unattached	23:01	261	Ruth Shaw	L 51 Manchester Harriers & Ac	25:43
182	Martin Eaves		Spectrum Striders	23:01	262	Doug Clark	Unattached	25:48
183	Pauline Davies	L50 4	Vale Royal Ac	23:02	263	Caroline Baba	L 52 Manchester Harriers & Ac	25:51
184	John Delany	V60 6	Stockport Harriers & Ac	23:03	264	Gareth Barry	Unattached	25:53
185	Hugh McKenna		Manchester Tri	23:03	265	Elizabeth Hall	L 53 Manchester Ymca Harriers	25:54
186	Charles Lonrian	V50 16	Styal Running Club	23:05	266	James Williams	V40 48 Unattached	25:56
187	Julia Eccleston	L 27	St Helens Sutton Ac	23:05	267	Louise Robinson	L 54 E Cheshire H & Tameside Ac	25:56
188	Shaun McGee	V40 39	Sale Harriers Manchester	23:07	268	Ian Pickford	V40 49 Unattached	25:58
189	Dave Farmer		Sale Harriers Manchester	23:07	269	Elizabeth Mason	L40 10 Hyde Village Striders Rc	25:59
190	Moena Maines	L 28	Unattached	23:10	270	Claire Pitcher	L 56 Hyde Village Striders Rc	26:00
191	Mansel Pope	V50 17	Altrincham & District Ac	23:12	271	Andrew Thorley	Unattached	26:03
192	Paul Steane	V50 18	Unattached	23:12	272	David Lowe	V40 50 Sale Harriers Manchester	26:06
193	Mark Ashworth	V40 40	Unattached	23:12	273	Melvyn Jones	V50 26 Swinton Running Club	26:06
194	Dan Lyons		Unattached	23:17	274	Richard Ingram	Unattached	26:10
195	Graham Kitchen	V50 19	Dragons Running Club (sale)	23:18	275	Graham Crowthorpe	V50 27 Unattached	26:12
196	C Winstanley	V50 20	Stockport Harriers & Ac	23:19	276	Wendy Woodhead	L 57 Manchester Harriers & Ac	26:26
197	Jan Telford	V40 41	Unattached	23:20	277	Jenny Ambler	L 58 Unattached	26:27
198	Helen Todd	L50 5	Stockport Harriers & Ac	23:20	278	Pamela Golder	L60 2 Unattached	26:27
199	Graham Taylor		Unattached	23:22	279	Brian Robinson	V60 10 Macclesfield Harriers & Ac	26:32
200	Darren Burns		Unattached	23:22	280	Kevin Bomber	Unattached	26:33
201	Carla Ousey	L 30	Sale Harriers Manchester	23:26	281	David Gregory	V60 11 Manchester Harriers & Ac	26:33
202	Richard Broster	V40 42	Unattached	23:30	282	Angela George	L 60 Unattached	26:39
203	Paul Callaghan		Unattached	23:35	283	Ron Pickering	V60 12 Unattached	26:43
204	Tom Johnston		Unattached	23:40	284	Kieran Smallbone	Unattached	26:54
205	Hayley Goddard	LJ 2	Chorlton Runners	23:42	285	Lorraine Kelsey	L 61 Manchester Harriers & Ac	27:02
206	Katherine Reece	L 32	Sale Harriers Manchester	23:50	286	Paulette Storey	L50 8 Swinton Running Club	27:07
207	Maria Dillon	L 33	Unattached	23:52	287	Sue Goddard	L50 9 Chorlton Runners	27:11
208	Lucy Wood	L 34	Halton & Frodsham Harriers	23:56	288	Margaret Pinder	L 64 Winston Runners	27:16
209	Robert Pickthall	V60 7	Unattached	23:59	289	David Wright	V40 51 Unattached	27:18
210	Susan Pritchard	L 35	Unattached	24:00	290	Cathy Leck	L40 11 Unattached	27:19
211	Andrew Mackie		Salford Metropolitan Ac	24:03	291	James McIntosh	V40 52 Unattached	27:20
212	Oliver Teale		Unattached	24:05	292	Steve Loveridge	Unattached	27:23
213	Jonathane Dada	V50 21	Unattached	24:05	293	Karen Christer	L 66 Unattached	27:27
214	Andy Marshall	V40 43	Unattached	24:10	294	John Cleworth	Unattached	27:29
215	Shelley Parkinson	L 36	Chorley Harriers	24:12	295	Michael Gilbert	V60 13 Liverpool Harriers & Ac	27:42
216	Geoff Rogerson	V40 44	Unattached	24:16	296	Andrea Williams	L 67 Manchester Harriers & Ac	27:52
217	Aileen Raistrick	L 37	Trafford Athletic Club	24:16	297	Angela Whitecross	L 68 Unattached	27:52
218	James Winstanley		Unattached	24:17	298	Claire Dewsbury	Unattached	27:56
219	Lauren Davies	L 38	Sale Harriers Manchester	24:17	299	Ian Hawksworth	V50 28 Unattached	27:56
220	Daniel Burt		Unattached	24:22	300	Shaun Murphy	Unattached	27:58
221	Matt Foed	V40 45	Unattached	24:22	301	Carol Hart	L40 12 Swinton Running Club	28:05
222	Stephen McVeigh		Trafford Athletic Club	24:22	302	Penny Hubbard	L 70 Unattached	28:06
223	Kyrinda Hurst Moore	L40 6	Middleton Harriers Ac	24:24	303	Anne Taylor	L40 13 Unattached	28:15
224	Kevin Smith	V50 22	Stockport Harriers & Ac	24:25	304	Jenny Miles	L50 10 Dragons Running Club (sale)	28:16
225	Jonathan Hardman		Sale Harriers Manchester	24:26	305	Sy Stephen Whittle	V50 29 Chorlton Runners	28:19
226	Robert Miller	V60 8	Stockport Harriers & Ac	24:27	306	David Roberts	Horwich R M I Harriers	28:21
227	Matthew Thomas		Unattached	24:28	307	Steven Phillips	V50 30 Chorlton Runners	28:26
228	Ann Carney	L50 6	Chorlton Runners	24:28	308	Garnet Fazackerley	L 73 Unattached	28:27
229	G Myers	V60 9	Unattached	24:30	309	Susan Bean	L50 11 Swinton Running Club	28:38
230	Ted Howarth	V70 1	Sale Harriers Manchester	24:30	310	Jenny Croce	L 75 Unattached	28:43

311	Andrew Wilson	V40 53	Unattached	28:49	360	Bridget Dillon	L50 15	Winston Runners	33:08
312	Hilary Rogerson	L40 14	Unattached	28:50	361	Dean Harrison		Unattached	33:08
313	Ian Richardson		Unattached	28:51	362	Julie Holland	L 107	Unattached	33:14
314	Rachel Fillhart	L 77	Unattached	28:56	363	Jason Gallimore		Unattached	33:19
315	Beth Durn	L 78	Unattached	28:58	364	Mark Dawson	V40 58	Unattached	33:23
316	Karen Gagon	L 79	Sale Harriers Manchester	28:59	365	Francesca Smith	L 108	Unattached	33:54
317	Marianne Rawles	L 80	Unattached	29:00	366	Margaret Carleton	L 109	Winston Runners	34:19
318	Shazia Kazam	L 81	Unattached	29:03	367	Sue Ogden	L40 19	Hyde Village Striders Rc	34:20
319	Geoff Howarth	V70 4	Northern Veterans Ac	29:12	368	Lynne Potts	L40 20	Unattached	34:20
320	Christopher Jones	V40 54	Hyde Village Striders Rc	29:16	369	Alison Lawrence	L 112	Hyde Village Striders Rc	34:24
321	Jock Plommer	V60 14	Northern Veterans Ac	29:17	370	Carmen Donaghy	L 113	Winston Runners	34:25
322	Jean Bayley	L50 12	Manchester Harriers & Ac	29:25	371	Ria Bright	V40 59	Saddleworth Runners Club	34:30
323	Peter Burton	V40 55	Unattached	29:26	372	Laura McCourt	L 114	Unattached	34:35
324	Kathleen Tyms	L 83	Winston Runners	29:26	373	Lynda Watkinson	L40 21	Unattached	34:36
325	Mary Burton	L40 15	Unattached	29:27	374	Dawn Jones	L 116	Unattached	34:36
326	Lisa Hart	L 85	Swinton Running Club	29:35	375	Sally Gubbins	L 117	Hyde Village Striders Rc	34:42
327	Paul Williams		Unattached	29:42	376	Don Bramwell		Manchester Harriers & Ac	34:55
328	Allison Resan	L 86	Unattached	29:50	377	Cath Brown	L 118	Unattached	35:05
329	Caroline Sorriento	L50 13	Hyde Village Striders Rc	29:53	378	Jo Austin	L 119	Manchester Harriers & Ac	35:31
330	Andrew Hughes		Unattached	29:56	379	Lisa Ashton	L 120	Manchester Harriers & Ac	35:31
331	Nicola Johnson	L 88	Unattached	30:01	380	Glyn Barrett		Unattached	35:50
332	Phillip Hollows	V40 56	Unattached	30:03	381	Ivan Macintyre	V50 31	Sale Harriers Manchester	36:05
333	Craig Huy		Unattached	30:03	382	Rosalind Paito	L40 22	Chorlton Runners	36:06
334	Glyn Hathaway		Unattached	30:08	383	Emma Green	L 122	Unattached	36:25
335	Keiron Morley		Unattached	30:14	384	Mimi Veheary	L40 23	Unattached	36:55
336	Pam Bebbington	L 89	Manchester Harriers & Ac	30:21	385	Audrey Simpson	L40 24	Unattached	37:02
337	Kenneth Bullock	V60 15	Unattached	30:30	386	Liz Murphy	L 125	Unattached	38:34
338	Curtis Manley		Unattached	30:45	387	Simon Devine		Unattached	38:44
339	Sue Redmond	L 90	Unattached	30:48	388	Michael Hitchen	V50 32	Unattached	38:45
340	Jordan Tyms		Winston Runners	30:59	389	Mary Griffiths	L 126	Winston Runners	38:56
341	Ian Clarke	V40 57	Unattached	31:00	390	Marie Griffiths	L50 16	Winston Runners	39:07
342	Christopher		Dragons Running Club (sale)	31:02	391	Gill Jones	L40 25	Unattached	40:03
343	Peter Bedford		Dragons Running Club (sale)	31:02	392	M Ashworth March	L 129	Unattached	41:04
344	Sheryl Barber	L 91	Unattached	31:06	393	Nicholas Athorn		Unattached	42:17
345	Karen Jenkins	L40 16	Unattached	31:16	394	Barbara Sneade	L50 17	Unattached	45:18
346	Elizabeth Wilson	L 93	Unattached	31:17	395	Julia Murphy	L 131	Unattached	45:18
347	Catherine Prickett	L 94	Unattached	31:21	396	Anthony Mansfield		Unattached	47:48
348	Holly Rae	L 95	Unattached	31:22	397	Brian Corrin	V40 60	Unattached	47:48
349	Rebecca Forest	L 96	Unattached	31:24	398	Kath Belshaw	L40 26	Unattached	51:25
350	Katy Sewell	L 97	Unattached	31:25	399	Anne Smith	L50 18	Unattached	51:25
351	Rachel Armonson	L 98	Unattached	31:25	400	Neil Berry		Unattached	51:28
352	???	???		31:30	401	Stu Amos	V60 16	Unattached	51:28
353	Jean Skitt	L60 3	Manchester Harriers & Ac	31:42	402	Pauline McCall	L60 5	Unattached	51:51
354	Jill Clark	L40 17	Hyde Village Striders Rc	31:43	403	Karen Harris	L50 19	Unattached	51:51
355	Jackie Jones	L40 18	Hyde Village Striders Rc	31:45	404	Deborah Michaels	L40 27	Unattached	54:59
356	Lynne Fox	L50 14	Unattached	32:30	405	Maureen Whitelaw	L60 6	Unattached	54:59
357	Terrie Blammom	L 103	Unattached	32:50	406	Chloe Dunn	L 138	Unattached	54:59
358	Helen Morris	L 104	Winston Runners	32:50	407	Susan Draczuk	L50 20	Unattached	54:59
359	Mavis Gregory	L60 4	Manchester Harriers & Ac	33:01	408	Dave Attwell	V70 5	Altrincham & District Ac	55:00