

Northern Athletics Cross Country Championships at Witton Park, Blackburn on Saturday 24th January 2010

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	990	S Vernon		Stockport Harriers	39:04	86	133	Marc Tillotson	Bolton United Harriers	45:43
2	853	Andi Jones		Salford Harriers	39:43	87	856	Dave Locket	Salford Harriers	45:54
3	131	Thomas Lancashire		Bolton United Harriers	40:18	88	15	S Marwood	Altrincham & District Ac	45:57
4	497	PeterRiley		Leigh Harriers & Ac	40:28	89	1024	Tom Charles	Trafford AC	46:03
5	98	Ben Fish		Blackburn Harriers	40:31	90	995	Steven Potts	Sunderland Harriers	46:05
6	500	Matt Bowser		Lincoln Wellington AC	40:41	91	457	Alex Davy	Leeds City Ac	46:08
7	450	Alan Buckley		Leeds City Ac	41:08	92	345	Carl Thackery	Hallamshire Harriers Sheffield	46:12
8	510	Richard Burney		Liverpool Harriers & AC	41:11	93	367	C Rainsford	Heanor Running Club	46:13
9	501	TomDoe		Lincoln Wellington AC	41:13	94	1116	D Alexander	West Cheshire Athletic Club	46:18
10	849	CarlHardman		Salford Harriers	41:32	95	674	Michael Mannings	Oldham And Royton Harriers	46:22
11	6	M Barnes		Altrincham & District Ac	41:35	96	499	Les Ball	Lincoln Wellington AC	46:23
12	718	J Henegan		Pudsey & Bramley	41:37	97	343	Dave Sprot	Hallamshire Harriers Sheffield	46:23
13	243	J Gilby		Derby AC	41:41	98	476	David MacQuarrie	Leeds City Ac	46:24
14	447	Darran Bilton		Leeds City Ac	41:45	99	76	Aidan Johnson	Bingley Harriers	46:24
15	630	C Sampson		Morpeth Harriers & AC	41:48	100	347	Scott Wilson	Hallamshire Harriers Sheffield	46:25
16	720	R Hope		Pudsey & Bramley	41:53	101	256	Graham Hunt	Durham City Harriers	46:35
17	468	MartinHilton		Leeds City Ac	41:57	102	222	Gary Shaw	Clayton Le Moors	46:36
18	97	Tom Cornthwaite		Blackburn Harriers	42:05	103	1180	Tom Edwards	York Knavesmire Harriers	46:41
19	641	Alec Duffield		New Marske Harriers	42:09	104	768	M Proctor	Rochdale Harriers & AC	46:42
20	811	Antony Ford		Sale Harriers Manchester	42:14	105	634	D Swinburne	Morpeth Harriers & AC	46:45
21	249	A Pilcher		Derby AC	42:16	106	173	James Raven	Chester-Le-Street And District	46:52
22	227	Andrew Ward		Clowne Road Runners	42:17	107	452	Gavin Chatterton	Leeds City Ac	46:53
23	139	Jon Fletcher		Border Harriers	42:18	108	882	Ben Mukherjee	Scarborough Athletic Club	47:00
24	1022	Garry Bristow		Trafford AC	42:25	109	356	Chris Miller	Harrogate Hac	47:01
25	11	I Fisher		Altrincham & District Ac	42:27	110	958	Jay Tarrt	Southport Waterloo AC	47:04
26	480	Adam Osborne		Leeds City Ac	42:33	111	1160	John Hunt	Wirral A C	47:07
27	801	Matt Bond		Sale Harriers Manchester	42:34	112	1048	J Griffiths	Vale Royal AC	47:11
28	914	J Mercer		Skipton AC	42:43	113	239	D Connor	Derby AC	47:12
29	451	Mike Burrett		Leeds City Ac	42:45	114	120	John Wright	Blackpool Wyre & Fylde	47:14
30	415	G Priestley		Horwich R M I Harriers	42:49	115	1027	Graham Hogg	Trafford AC	47:15
31	84	Matthew Whitfield		Bingley Harriers	42:51	116	8	T Bush	Altrincham & District Ac	47:16
32	14	N Leigh		Altrincham & District Ac	42:53	117	296	Paul Turner	Elswick Harriers	47:18
33	623	R Floyd		Morpeth Harriers & AC	42:54	118	429	Gregan Clarkson	Kingston Upon Hull Ac	47:19
34	448	Chris Birchall		Leeds City Ac	43:02	119	551	Paul Sankey	Liverpool Running Club	47:21
35	336	Robert Little		Hallamshire Harriers Sheffield	43:06	120	959	Steve Wilkinson	Southport Waterloo AC	47:28
36	328	Rob Baker		Hallamshire Harriers Sheffield	43:08	121	463	Martin Farran	Leeds City Ac	47:32
37	194	Tom Bean		City Of York AC	43:12	122	1031	Ben Martin	Trafford AC	47:35
38	986	A Nixon		Stockport Harriers	43:13	123	247	T Offord	Derby AC	47:40
39	799	James Bailey		Sale Harriers Manchester	43:14	124	694	J Green	Preston Harriers & AC	47:41
40	255	Dan Garbutt		Durham City Harriers	43:19	125	1134	John Morrissey	WiganPhoenix	47:43
41	1028	Jonathon Holt		Trafford AC	43:31	126	210	Mark Aspinall	Clayton Le Moors	47:45
42	504	Ian Kimpton		Lincoln Wellington AC	43:36	127	1065	Chris Price	Wakefield District H & AC	47:51
43	482	Martin Roscoe		Leeds City Ac	43:43	128	913	R Barrett	Skipton AC	47:55
44	794	Philip Hoole		Rotherham Harriers & AC	43:49	129	326	A Thorpe	Halifax Harriers & Ac	47:58
45	621	M Dawson		Morpeth Harriers & AC	43:52	130	492	Tony Battersby	Leigh Harriers & Ac	48:00
46	1036	Ian Salisbury		Trafford AC	43:53	131	855	Phil Leybourne	Salford Harriers	48:02
47	843	John Brown		Salford Harriers	43:53	132	716	N Armitage	Pudsey & Bramley	48:06
48	305	S Hall		Gateshead Harriers & AC	43:56	133	984	G McLean	Stockport Harriers	48:08
49	466	Martin Gostling		Leeds City Ac	43:58	134	44	Philip Waite	Barrow & Furness S.a.c	48:08
50	858	Ben Riddell		Salford Harriers	44:01	135	1193	Gary Hetherington	Sedgefield Harriers	48:09
51	668	Paul Lowe		North York Moors AC	44:04	136	493	Philip Foster	Leigh Harriers & Ac	48:15
52	709	D Rigby		Preston Harriers & AC	44:05	137	40	A Swift	Barnsley Athletic Club	48:18
53	489	Oliver Ziff		Leeds City Ac	44:06	138	638	P Waterson	Morpeth Harriers & AC	48:19
54	327	David Archer		Hallamshire Harriers Sheffield	44:13	139	60	James Pearson	Beverley Athletic Club	48:19
55	115	Stuart Robinson		Blackpool Wyre & Fylde	44:14	140	861	Phillip West	Salford Harriers	48:22
56	428	Alasdair Russell		Kendal	44:18	141	745	Ken Harker	Richmond And Zetland Harriers	48:23
57	854	James Kovacs		Salford Harriers	44:22	142	1126	Phil Darbyshire	WiganPhoenix	48:24
58	265	J Dunkerley		E Cheshire H & Tameside Ac	44:26	143	269	Simon Grundy	E Cheshire H & Tameside Ac	48:25
59	520	Mark Keeley		Liverpool Harriers & AC	44:29	144	1159	MarkHulmston	Wirral A C	48:26
60	312	R West		Gateshead Harriers & AC	44:38	145	1140	Mark Rodgers	WiganPhoenix	48:27
61	18	J Reed		Altrincham & District Ac	44:44	146	560	N Marsh	Louth AC	48:28
62	340	John Rock		Hallamshire Harriers Sheffield	44:48	147	319	Adam Madge	Grantham Athletic Club	48:32
63	840	Joseph Bailey		Salford Harriers	44:49	148	1039	T Annable	Vale Royal AC	48:34
64	559	R Brown		Louth AC	44:50	149	464	Leon Foster	Leeds City Ac	48:36
65	64	Lee Athersmith		Bingley Harriers	44:51	150	514	Robert Dewhurst	Liverpool Harriers & AC	48:39
66	78	Tim Midgeley		Bingley Harriers	44:53	151	496	John Howarth	Leigh Harriers & Ac	48:42
67	628	A Lawrence		Morpeth Harriers & AC	44:59	152	329	Armund Bush	Hallamshire Harriers Sheffield	48:45
68	309	J Pearson		Gateshead Harriers & AC	45:01	153	250	I Stevens	Derby AC	48:46
69	983	D Matkin		Stockport Harriers	45:03	154	270	Stuart Heaton	E Cheshire H & Tameside Ac	48:53
70	844	Simon Bruton		Salford Harriers	45:04	155	746	Jon Orange	Richmond And Zetland Harriers	48:54
71	471	Greg Hull		Leeds City Ac	45:07	156	80	Martin Peace	Bingley Harriers	48:57
72	851	Robert Hughes		Salford Harriers	45:08	157	529	Colin Potts	Liverpool Harriers & AC	49:02
73	77	Stewart MacDonald		Bingley Harriers	45:13	158	362	S Ashmore	Heanor Running Club	49:03
74	108	Josh Tighe		Blackburn Harriers	45:16	159	819	Tim Kennedy	Sale Harriers Manchester	49:04
75	102	Matt Nuttall		Blackburn Harriers	45:22	160	344	Mike Sprot	Hallamshire Harriers Sheffield	49:05
76	335	Tom Jenkins		Hallamshire Harriers Sheffield	45:22	161	791	Gary Claxton	Rotherham Harriers & AC	49:06
77	433	Tom McKee		Kingston Upon Hull Ac	45:24	162	974	S Bennett	Steel City Striders RC	49:14
78	101	Paul Guinan		Blackburn Harriers	45:28	163	949	David Hamilton	Southport Waterloo AC	49:15
79	110	Malcolm Eadie		Blackpool Wyre & Fylde	45:30	164	781	Bob Wilson	Rolls-Royce Harriers	49:16
80	69	John Convery		Bingley Harriers	45:31	165	850	Dave Hudson	Salford Harriers	49:20
81	322	B Crowther		Halifax Harriers & Ac	45:32	166	1075	Gareth Huxley	Wallsend Harriers & AC	49:21
82	524	John McCole		Liverpool Harriers & AC	45:33	167	1069	Dave Daniels	Wallsend Harriers & AC	49:23
83	957	Richard Shearer		Southport Waterloo AC	45:34	168	586	Andrew Skitt	Manchester Harriers & AC	49:24
84	982	J Loxam		Stockport Harriers	45:40	169	272	P Jacques	E Cheshire H & Tameside Ac	49:25
85	857	Jan Pichl		Salford Harriers	45:42	170	509	Alan Ashton	Liverpool Harriers & AC	49:26

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

171	295	Kevin Stephenson	Elswick Harriers	49:27	262	691	Gary Thornton-Allen	Pensby Runners	52:42
172	513	Robert Cushion	Liverpool Harriers & AC	49:28	263	156	John Knowles	Burnden Road Runners	52:44
173	918	Michael Hatton	South Cheshire Harriers	49:32	264	553	D Kennedy	Longwood Harriers AC	52:45
174	1237	Adrian Jones	Keighley & Craven AC	49:46	265	800	Paul Barrett	Sale Harriers Manchester	52:47
175	1029	John Howe	Trafford AC	49:50	266	647	Michael Coppelov	Newburgh Nomads	52:50
176	943	Rob Ashworth	Southport Waterloo AC	49:51	267	213	Stuart Fogg	Clayton Le Moors	52:51
177	1117	A Clague	West Cheshire Athletic Club	49:54	268	569	Thomas Howarth	Lytham St Annes RRC	52:51
178	400	J Sykes	Holmfirth Harriers AC	49:56	269	357	Stephen Nesbitt	Harrogate Hac	52:54
179	1110	Alex Rowe	Wesham Road Runners & AC	49:57	270	932	Paul Doxford	South Shields H & AC	52:55
180	820	Micheal Kilmartin	Sale Harriers Manchester	50:00	271	865	Paul Connolly	Salford Metropolitan AC	53:00
181	589	Steven Worthington	Manchester Triathlon Club	50:02	272	162	Paul Drabble	Buxton AC	53:04
182	774	P Williams	Rochdale Harriers & AC	50:04	273	240	S Dunn	Derby AC	53:05
183	1119	J Kettle	West Cheshire Athletic Club	50:05	274	1234	Kit Whitfield	Spectrum Striders	53:06
184	420	K Ward	Horwich R M I Harriers	50:07	275	614	Marty Jordan	Middlesbrough & Cleveland H	53:11
185	996	Paul Redman	Sunderland Harriers	50:09	276	226	P Johnson	Cleethorpes	53:12
186	1183	Darren Hendley	York Knivesmire Harriers	50:12	277	339	Tim Robinson	Hallamshire Harriers Sheffield	53:13
187	159	Keith Thomas	Burnden Road Runners	50:13	278	1202	Tony Barbat	Wallasey AC	53:15
188	1215	Phil Walton	Wallasey AC	50:15	279	579	John Mooney	Macclesfield Harriers	53:16
189	862	James Williams	Salford Harriers	50:16	280	743	Joe Swarbrick	Red Rose Road Runners	53:19
190	58	Aubrey Morrell	Beverley Athletic Club	50:20	281	1177	Barry Atkinson	York Knivesmire Harriers	53:22
191	261	Gavin Browne	E Cheshire H & Tameside AC	50:21	282	793	Howard Darwin	Rotherham Harriers & AC	53:23
192	1062	John Mason	Wakefield District H & AC	50:23	283	262	Liam Browne	E Cheshire H & Tameside AC	53:28
193	981	K Garner	Stockport Harriers	50:25	284	907	Dylan Cole-Jones	Skelmersdale Boundary Harriers	53:30
194	750	Tadeusz Zaranko	Richmond And Zetland Harriers	50:28	285	911	John Thompson	Skelmersdale Boundary Harriers	53:31
195	291	Ian Hardy	Elswick Harriers	50:29	286	960	J Homby	Spenborough & Dist AC	53:32
196	422	Dave Wilby	Ilkley Harriers	50:30	287	765	A McDougall	Rochdale Harriers & AC	53:34
197	706	J Parker	Preston Harriers & AC	50:32	288	846	Sean Cordell	Salford Harriers	53:36
198	616	Chris Rumsey	Middlesbrough & Cleveland H	50:33	289	1128	Kevin Edwards	Wigan Phoenix	53:37
199	494	Allister Goulding	Leigh Harriers & Ac	50:34	290	1105	Steve Myerscough	Wesham Road Runners & AC	53:38
200	1121	N Eccles	Wharfedale Harriers	50:35	291	1203	Phil Cuthbert	Wallasey AC	53:40
201	95	George Bate	Blackburn Harriers	50:36	292	763	P Leary	Rochdale Harriers & AC	53:42
202	587	Tim Johns	Manchester Triathlon Club	50:36	293	391	M Dewhurst	Holmfirth Harriers AC	53:43
203	7	N Burke	Altrincham & District AC	50:37	294	53	Ian Boardley	Beverley Athletic Club	53:43
204	954	Stephen McLean	Southport Waterloo AC	50:37	295	545	Maurice Collins	Liverpool Running Club	53:44
205	951	Ben Johnson	Southport Waterloo AC	50:38	296	155	Stewart Jones	Burnden Road Runners	53:46
206	833	Richard Watson	Sale Harriers Manchester	50:43	297	264	Francis Day	E Cheshire H & Tameside AC	53:47
207	144	Joze Ferreira	Boston & District AC	50:43	298	806	Frank Cordingley	Sale Harriers Manchester	53:48
208	1228	Colin Martin	Spectrum Striders	50:43	299	708	J Rainford	Preston Harriers & AC	53:49
209	1220	Ian Bamber	Spectrum Striders	50:48	300	1174	Peter Hutchinson	Wolds Veteran Runners Club	53:49
210	707	D Parkington	Preston Harriers & AC	50:48	301	940	Chris McDonald	South Shields H & AC	53:50
211	234	Simon Rutherford	Darlington Harriers &	50:53	302	254	A Zobel	Derby AC	53:58
212	1066	Chris Ward	Wakefield District H & AC	50:59	303	1201	John Armstrong	Wallasey AC	53:59
213	585	Ed Fazakerley	Manchester Harriers & AC	51:07	304	575	Christopher Bentley	Macclesfield Harriers	54:02
214	203	Mike Raynes	City Of York AC	51:10	305	498	Alex Urmston	Leigh Harriers & Ac	54:04
215	665	Dez Fielden	North York Moors AC	51:12	306	112	Gary Johnston	Blackpool Wyre & Fylde	54:06
216	320	Arthur Short	Grantham Athletic Club	51:15	307	870	David Cairns	Saltwell Harriers	54:07
217	877	Fred Smith	Saltwell Harriers	51:16	308	879	Jim Thompson	Saltwell Harriers	54:09
218	118	Steve Waterhouse	Blackpool Wyre & Fylde	51:17	309	859	Mark Seed	Salford Harriers	54:13
219	941	Chris Muir	South Shields H & AC	51:18	310	473	Peter Kidd	Leeds City AC	54:15
220	1061	Martin Green	Wakefield District H & AC	51:19	311	54	Mark Dalton	Beverley Athletic Club	54:18
221	43	Peter Savage	Barrow & Furness S.a.c	51:21	312	201	Andrew Nesom	City Of York AC	54:18
222	658	S Leverton	North Derbyshire RC	51:23	313	1150	Mark Baylis	Wirral A C	54:24
223	219	Dave Motley	Clayton Le Moors	51:24	314	271	Derek Hughes	E Cheshire H & Tameside AC	54:26
224	1157	Simon Fox	Wirral A C	51:26	315	651	S Bennett	North Derbyshire RC	54:26
225	934	Michael Jones	South Shields H & AC	51:29	316	1056	Andrew Thompson	Valley Striders	54:27
226	953	Gerry Lenehan	Southport Waterloo AC	51:29	317	1238	Mark Knowles	Keighley & Craven AC	54:33
227	936	Simon Lee	South Shields H & AC	51:30	318	1050	P Maher	Vale Royal AC	54:34
228	956	Peter Roome	Southport Waterloo AC	51:30	319	1156	William Ferguson	Wirral A C	54:34
229	186	Mark Ellithorn	Chorley Harriers	51:36	320	852	Ian Jackson	Salford Harriers	54:37
230	987	M Shaw	Stockport Harriers	51:38	321	731	Nick Watson	Quakers Running Club	54:40
231	622	G Dixon	Morpeth Harriers & AC	51:41	322	37	D Brooksbank	Barnsley Athletic Club	54:41
232	478	Chris Needham	Leeds City AC	51:42	323	1151	Karl Bryers	Wirral A C	54:44
233	211	C Balderson	Clayton Le Moors	51:43	324	306	M Hudson	Gateshead Harriers & AC	54:45
234	311	J Stobbs	Gateshead Harriers & AC	51:46	325	406	G Chadderton	Horwich R M I Harriers	54:46
235	948	Chris Dunn	Southport Waterloo AC	51:47	326	609	Gordon Baird	Middlesbrough & Cleveland H	54:47
236	807	Elton Davies	Sale Harriers Manchester	51:48	327	352	Ashley Brook	Harrogate Hac	54:47
237	842	Paul Birkett	Salford Harriers	51:49	328	10	C Davies	Altrincham & District AC	54:48
238	973	D Ansell	Steel City Striders RC	51:50	329	580	Raph Murray	Macclesfield Harriers	54:50
239	966	Bary Graney	St Helens Sutton AC	51:50	330	13	Michael Jones	Altrincham & District AC	54:51
240	542	Mark Salter	Liverpool Pembroke & Sefton H.	51:50	331	512	Anthony Clarke	Liverpool Harriers & AC	54:53
241	223	Colin Shuttleworth	Clayton Le Moors	51:54	332	198	Martin Kirby	City Of York AC	54:56
242	392	J Ewart	Holmfirth Harriers AC	51:56	333	361	Keith Galbraith	Hartlepool Burnroad Harriers	54:58
243	274	Stephen Robinson	E Cheshire H & Tameside AC	51:57	334	955	Tom Peacock	Southport Waterloo AC	54:59
244	531	Adrian Roach	Liverpool Harriers & AC	51:57	335	826	Tim Rainey	Sale Harriers Manchester	55:02
245	1154	Anthony Devoy	Wirral A C	51:58	336	257	Daniel Bamber	E Cheshire H & Tameside AC	55:03
246	1063	Pete McNamara	Wakefield District H & AC	52:00	337	307	S Medd	Gateshead Harriers & AC	55:06
247	1009	Chris Brown	Swinton Running Club	52:04	338	567	Tony Croft	Lytham St Annes RRC	55:08
248	1185	Kevin Langan	York Knivesmire Harriers	52:05	339	136	Benoit Yerie	Bolton United Harriers	55:10
249	491	Andrew Arnold	Leigh Harriers & Ac	52:07	340	1189	Russell Parkinson	York Knivesmire Harriers	55:12
250	617	Brian Seysell	Middlesbrough & Cleveland H	52:11	341	1081	Micky Todd	Wallsend Harriers & AC	55:20
251	202	Andy Normandale	City Of York AC	52:12	342	729	Steven Snook	Quakers Running Club	55:21
252	697	K Hesketh	Preston Harriers & AC	52:13	343	1094	Lee Barlow	Wesham Road Runners & AC	55:22
253	1135	Steve Nicholls	Wigan Phoenix	52:14	344	699	R Kenny	Preston Harriers & AC	55:24
254	1076	Sean Kelly	Wallsend Harriers & AC	52:15	345	830	Jerry Smith	Sale Harriers Manchester	55:26
255	938	Keith MacKey	South Shields H & AC	52:20	346	739	Fred Lynch	Red Rose Road Runners	55:35
256	284	Graham Bel	Elswick Harriers	52:22	347	1068	Micky Baker	Wallsend Harriers & AC	55:37
257	1239	David Shaw	Keighley & Craven AC	52:23	348	540	Clark Roberts	Liverpool Pembroke & Sefton H.	55:40
258	188	Phil Iddon	Chorley Harriers	52:24	349	293	Mark Ketley	Elswick Harriers	55:46
259	401	D Wilde	Holmfirth Harriers AC	52:34	350	216	Dave Horrocks	Clayton Le Moors	55:54
260	693	D Barker	Preston Harriers & AC	52:35	351	1102	Russell Mabbutt	Wesham Road Runners & AC	55:56
261	111	Chris Essex-Crosby	Blackpool Wyre & Fylde	52:38	352	1162	Stephen Laker	Wirral A C	55:59

353	48	Mark Riches	Belper Harriers	56:01	444	988	M Slater	Stockport Harriers	59:57
354	971	Ian White	St Helens Sutton AC	56:01	445	860	Ronnie Warrender	Salford Harriers	59:58
355	664	Barry Young	North Shields Poly	56:02	446	686	Richard Green	Pensby Runners	1:00:00
356	1092	Mervyn Ward	Warrington Athletic Club	56:03	447	294	Peter Sloan	Elswick Harriers	1:00:04
357	964	G Skippings	Spenborough & Dist AC	56:06	448	920	Andrew Mayers	South Cheshire Harriers	1:00:05
358	555	I Mitchell	Longwood Harriers AC	56:07	449	543	Robert Burke	Liverpool Running Club	1:00:07
359	1040	T Archer	Vale Royal AC	56:08	450	803	Paul Calderbank	Sale Harriers Manchester	1:00:09
360	117	Trevor Uttley	Blackpool Wyre & Fylde	56:11	451	925	Simon Walker	South Cheshire Harriers	1:00:11
361	424	Peter Acland	Kendal	56:14	452	29	R Skeotch	Aurora Harriers	1:00:15
362	1019	Daniel Ansell	Trafford AC	56:16	453	315	Neil McGraw	Glossopdale Harriers	1:00:17
363	437	Kevin Longmate	Kirkstall Harriers	56:21	454	1070	Tom Dunn	Wallsend Harriers & AC	1:00:19
364	147	Dennis Rainbow	Boston & District AC	56:23	455	573	Roy Upton	Lytham St Annes RRC	1:00:23
365	1082	Steve Volpe	Wallsend Harriers & AC	56:24	456	975	A Buck	Steel City Striders RC	1:00:24
366	1232	Julian Spencer	Spectrum Striders	56:24	457	766	MO'Reilly	Rochdale Harriers & AC	1:00:32
367	164	Simon Harden	Buxton AC	56:25	458	751	Jerry Bateman	Ripley Runningclub	1:00:34
368	365	A Marriott	Hearnor Running Club	56:25	459	189	Paul Jackson	Chorley Harriers	1:00:36
369	38	M Casey	Barnsley Athletic Club	56:26	460	675	Brian Schofield	Oldham And Royton Harriers	1:00:38
370	129	Andrew Doyle	Bolton United Harriers	56:31	461	544	Steve Clayton	Liverpool Running Club	1:00:45
371	438	Rob Owen	Kirkstall Harriers	56:37	462	396	J Kaushal	Holmfirth Harriers AC	1:00:48
372	45	Phil Conroy	Belper Harriers	56:42	463	571	Willie Richmond	Lytham St Annes RRC	1:00:50
373	47	Rob Norman	Belper Harriers	56:43	464	652	R Booth	North Derbyshire RC	1:00:51
374	649	George Reid	Newton Aycliffe	56:44	465	475	John MacE	Leeds City Ac	1:00:54
375	695	J Griffiths	Preston Harriers & AC	56:48	466	259	John Bowker	E Cheshire H & Tameside Ac	1:00:56
376	574	Graham Webster	Lytham St Annes RRC	56:52	467	683	Nigel Crompton	Pensby Runners	1:01:01
377	163	Daniel Feely	Buxton AC	56:54	468	702	MMcLoughlin	Preston Harriers & AC	1:01:03
378	965	Mark Davies	St Helens Sutton AC	56:57	469	182	Dave Taylor	Chorley AC	1:01:05
379	660	IMcMillan	North Derbyshire RC	56:58	470	221	Dave Scott	Clayton Le Moors	1:01:06
380	549	George Pierce	Liverpool Running Club	56:59	471	416	PRamsdale	Horwich R M I Harriers	1:01:08
381	655	SCunningham	North Derbyshire RC	56:59	472	643	Iain Povey	New Marske Harriers	1:01:13
382	1236	Steve Carter	Keighley & Craven AC	57:00	473	394	B Holroyd	Holmfirth Harriers AC	1:01:16
383	648	Wally Coppelov	Newburgh Nomads	57:01	474	1018	M Thompson	Teesdale AC	1:01:20
384	90	Karl Oakes	Birtley A C	57:03	475	1137	Chris Nightingale	Wigan Phoenix	1:01:21
385	1222	Andy Garnett	Spectrum Striders	57:09	476	910	Peter Summers	Skelmersdale Boundary Harriers	1:01:27
386	292	David Jardin	Elswick Harriers	57:13	477	689	Gordon Scholefield	Pensby Runners	1:01:29
387	407	T Hesketh	Horwich R M I Harriers	57:14	478	445	Michael Peat	Lancaster And Morecambe AC	1:01:39
388	869	Shane Wolstencroft	Salford Metropolitan AC	57:16	479	978	D Parry	Steel City Striders RC	1:01:40
389	49	Andy Rose	Belper Harriers	57:16	480	688	John Keyworth	Pensby Runners	1:01:44
390	735	Philip Butler	Red Rose Road Runners	57:18	481	1055	Malcolm Coles	Valley Striders	1:01:46
391	1136	Andrew Nightingale	Wigan Phoenix	57:21	482	119	Jeff Wright	Blackpool Wyre & Fylde	1:01:47
392	1041	S Baumber	Vale Royal AC	57:23	483	184	Ian Walker	Chorley AC	1:01:52
393	1171	Paul Freeman	Wolds Veteran Runners Club	57:24	484	979	I Stinson	Steel City Striders RC	1:01:53
394	191	James Matthews	Chorley Harriers	57:26	485	1195	Ean Parsons	Sedgefield Harriers	1:01:54
395	183	Simon Townsend	Chorley AC	57:27	486	572	Nigel Simpkin	Lytham St Annes RRC	1:01:54
396	185	Paul Wareing	Chorley AC	57:28	487	1118	D Hough	West Cheshire Athletic Club	1:01:55
397	968	Rob Marsh	St Helens Sutton AC	57:29	488	1178	Duncan Chambers	York Knavesmire Harriers	1:01:56
398	568	Terry Hellings	Lytham St Annes RRC	57:36	489	1053	S Ryabov	Vale Royal AC	1:01:59
399	963	F Reddington	Spenborough & Dist AC	57:47	490	1112	Nigel Shepherd	Wesham Road Runners & AC	1:02:02
400	59	Steve Peacock	Beverley Athletic Club	57:48	491	36	D Bennett	Barnsley Athletic Club	1:02:06
401	5	R Apvey	Altrincham & District AC	57:49	492	177	Rick Cordwell	Chorley AC	1:02:13
402	235	Hutchinson Steve	Darlington Harriers &	57:51	493	1224	Geoff Hand	Spectrum Striders	1:02:17
403	578	Steve Lomas	Macclesfield Harriers	57:55	494	157	Don Nichol	Burnden Road Runners	1:02:20
404	1192	Luke Westwood	York Knavesmire Harriers	57:56	495	342	John Spencer	Hallamshire Harriers Sheffield	1:02:27
405	944	Phil Bailey	Southport Waterloo AC	58:00	496	302	C Boudouin	Gateshead Harriers & AC	1:02:28
406	1230	Tim Murphy	Spectrum Striders	58:02	497	1207	Pete McArdle	Wallasey AC	1:02:31
407	773	N Walsh	Rochdale Harriers & AC	58:04	498	290	Tom Hanson	Elswick Harriers	1:02:35
408	1209	Richard Parry	Wallasey AC	58:05	499	465	Rob Gatenby	Leeds City Ac	1:02:36
409	39	MHurrell	Barnsley Athletic Club	58:05	500	1104	Gary Moore	Wesham Road Runners & AC	1:02:40
410	214	James Hickie	Clayton Le Moors	58:08	501	740	Gordon Noblett	Red Rose Road Runners	1:02:43
411	550	Paul Quine	Liverpool Running Club	58:12	502	495	Andrew Howarth	Leigh Harriers & Ac	1:02:45
412	785	Rod Graham	Rossendale Harriers	58:13	503	1017	S Moss	Teesdale AC	1:02:53
413	604	S Symons	Manchester Ymca Harriers	58:16	504	1218	Stan Williams	Wallasey AC	1:03:01
414	1217	Matt Williams	Wallasey AC	58:25	505	1020	Robin Beaumont	Trafford AC	1:03:03
415	355	Brian Miller	Harrogate Hac	58:28	506	486	Andrew Whitley	Leeds City Ac	1:03:03
416	1014	Paul Rutherford	Swinton Running Club	58:31	507	737	Philip Dean	Red Rose Road Runners	1:03:10
417	71	Fred Gibbs	Bingley Harriers	58:34	508	236	Geoff Ward	Darlington Harriers &	1:03:11
418	692	A Appleby	Preston Harriers & AC	58:34	509	154	Chris Greenall	Burnden Road Runners	1:03:12
419	1042	S Caldwell	Vale Royal AC	58:40	510	599	MO'Brien	Manchester Ymca Harriers	1:03:13
420	1166	Martin Quinn	Wirral A C	58:43	511	1206	Derek McArdle	Wallasey AC	1:03:28
421	41	A Waters	Barnsley Athletic Club	58:48	512	546	William Merritt	Liverpool Running Club	1:03:30
422	1067	Poete Young	Wakefield District H & AC	58:58	513	62	Tim Simpson	Beverley Athletic Club	1:03:31
423	439	Stuart Reardon	Kirkstall Harriers	59:01	514	654	N Chaplin	North Derbyshire RC	1:03:33
424	354	John McNeerney	Harrogate Hac	59:05	515	874	Phil James	Saltwell Harriers	1:03:42
425	912	Peter Wilkinson	Skelmersdale Boundary Harriers	59:12	516	179	Henry Minorczyk	Chorley AC	1:03:45
426	876	Chris Redfern	Saltwell Harriers	59:13	517	921	Robert Mayers	South Cheshire Harriers	1:03:53
427	52	Neil Bant	Beverley Athletic Club	59:15	518	316	Neville McGraw	Glossopdale Harriers	1:03:55
428	738	Geoff Haworth	Red Rose Road Runners	59:19	519	584	Mark Wheelton	Macclesfield Harriers	1:03:57
429	241	G Fallon	Derby AC	59:20	520	557	B Pickersgill	Longwood Harriers AC	1:04:07
430	755	Mark Tomlinson	Ripley Runningclub	59:24	521	33	J Wilcock	Aurora Harriers	1:04:17
431	577	Kevin Jackson	Macclesfield Harriers	59:25	522	761	R Dalby	Rochdale Harriers & AC	1:04:19
432	63	Peter Watkinson	Beverley Athletic Club	59:28	523	967	Peter Johnson	St Helens Sutton AC	1:04:24
433	880	Richard Townsend	Saltwell Harriers	59:31	524	1176	Mark Salter	Wolds Veteran Runners Club	1:04:24
434	798	John Spencer	Rotherham Harriers & AC	59:33	525	419	G Stone	Horwich R M I Harriers	1:04:49
435	1145	Dave Wall	Wigan Phoenix	59:34	526	908	William Dalton	Skelmersdale Boundary Harriers	1:04:52
436	1100	Alan Glasgow	Wesham Road Runners & AC	59:37	527	726	Andrew Lambe	Quakers Running Club	1:04:54
437	610	Trevor Baker	Middlesbrough & Cleveland H	59:45	528	1208	Barry Metcalfe	Wallasey AC	1:04:59
438	446	Steve Perry	Lancaster And Morecambe AC	59:46	529	220	Ted Orrell	Clayton Le Moors	1:05:03
439	1186	Patrick Langan	York Knavesmire Harriers	59:51	530	977	R Maxted	Steel City Striders RC	1:05:09
440	759	M Ccatherall	Rochdale Harriers & AC	59:51	531	1152	David Costello	Wirral A C	1:05:09
441	868	Bill Prout	Salford Metropolitan AC	59:52	532	1111	John Sharples	Wesham Road Runners & AC	1:05:13
442	554	L Medley	Longwood Harriers AC	59:52	533	1052	C Rathbone	Vale Royal AC	1:05:14
443	576	Christopher Holden	Macclesfield Harriers	59:54	534	20	Trevor Jolly	Amber Valley AC	1:05:15

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

535	199	Alan Lynn	City Of York AC	1:05:16	569	917	Michael Cutler	South Cheshire Harriers	1:09:13
536	103	John Orrell	Blackburn Harriers	1:05:17	570	126	Kevin Freeman	Blyth Running Club	1:09:17
537	779	Bill Southgate	Rolls-Royce Harriers	1:05:25	571	89	Barry Murray	Birtley A C	1:09:25
538	165	Mark Quince	Buxton AC	1:05:31	572	581	David Shoesmith	Macclesfield Harriers	1:09:28
539	138	James Douglas	Border Harriers	1:05:32	573	1173	John Hudson	Wolds Veteran Runners Club	1:09:36
540	909	Ian Doyle	Skelmersdale Boundary Harriers	1:05:42	574	124	Ralph Dickinson	Blyth Running Club	1:09:39
541	728	Graham Park	Quakers Running Club	1:05:46	575	325	B Sage	Halifax Harriers & Ac	1:09:42
542	663	Dave Morris	North Shields Poly	1:05:49	576	318	Philip Hall	Grantham Athletic Club	1:09:49
543	175	Barry Chester	Chorley AC	1:05:55	577	1078	Tony Maddocks	Wallsend Harriers & AC	1:10:24
544	353	Alan Couldwell	Harrogate Hac	1:06:01	578	552	R Hardcastle	Longwood Harriers AC	1:10:34
545	50	Malcolm Weir	Belper Harriers	1:06:02	579	206	Ian Wilcock	City Of York AC	1:10:42
546	46	Simon Mackett	Belper Harriers	1:06:03	580	867	Stuart Mairs	Salford Metropolitan AC	1:11:01
547	266	Andrew Farley	E Cheshire H & Tameside Ac	1:06:04	581	145	Peter Flint	Boston & District AC	1:11:18
548	760	M Cox	Rochdale Harriers & AC	1:06:09	582	662	R Thorpe	North Derbyshire RC	1:11:26
549	1223	Neville Griffiths	Spectrum Striders	1:06:16	583	687	Les Isaacs	Pensby Runners	1:11:35
550	30	A Thompson	Aurora Harriers	1:06:46	584	923	Martin Stima	South Cheshire Harriers	1:11:38
551	741	Geoff Orritt	Red Rose Road Runners	1:06:56	585	379	A Mulliss	Heaton Harriers & Ac	1:11:47
552	875	Peter Mullarkey	Saltwell Harriers	1:07:06	586	682	Philip Aldag	Pensby Runners	1:11:58
553	684	Roy Fisher	Pensby Runners	1:07:09	587	88	Tommy Millmore	Birtley A C	1:12:28
554	602	J Paramor	Manchester Ymca Harriers	1:07:12	588	1231	Alan Peers	Spectrum Striders	1:12:37
555	324	H Reilly	Halifax Harriers & Ac	1:07:18	589	166	Paul Wells	Buxton AC	1:13:22
556	685	David Green	Pensby Runners	1:07:42	590	128	Keith Willshire	Blyth Running Club	1:14:34
557	1204	Mike Griffiths	Wallasey AC	1:07:47	591	770	P Roberts	Rochdale Harriers & AC	1:15:19
558	985	M Nance	Stockport Harriers	1:07:56	592	317	Neil Shuttleworth	Glossopdale Harriers	1:15:43
559	181	Marco Sciacca	Chorley AC	1:08:04	593	208	Ken McCormick	Claremont Road Runners & AC	1:15:59
560	248	K Petch	Derby AC	1:08:18	594	1012	Stephen Hart	Swinton Running Club	1:16:12
561	1130	Roy Hart	Wigan Phoenix	1:08:22	595	32	K Weavers	Aurora Harriers	1:16:15
562	146	Owen Nsimango	Boston & District AC	1:08:30	596	598	I Manners	Manchester Ymca Harriers	1:20:14
563	123	Dave Bradley	Blyth Running Club	1:08:35	597	939	Ken McDonald	South Shields H & AC	1:21:02
564	942	Frank Strand	South Shields H & AC	1:08:38	598	178	Phil McCullagh	Chorley AC	1:21:48
565	61	Brian Richardson	Beverley Athletic Club	1:08:42	599	1015	Andy Smith	Swinton Running Club	1:22:53
566	1158	Peter Fraser	Wirral A C	1:08:53	600	24	M Hayden	Aurora Harriers	1:26:24
567	1170	Dave Edwards	Wolds Veteran Runners Club	1:09:07	601	883	M Thompson	Scarborough Athletic Club	1:28:18
568	403	B Allman	Horwich R M I Harriers	1:09:12	602	176	Mike Coppin	Chorley AC	1:33:25

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Leeds City Ac	127	—	7	Alan Buckley	14	Darran Bilton	17	Martin Hilton	26	Adam Osborne	29	Mike Burrett	34	Chris Birchall
2	Salford Harriers	229	—	2	Andi Jones	10	Carl Hardman	47	John Brown	50	Ben Riddell	57	James Kovacs	63	Joseph Bailey
3	Altrincham & District Ac	333	—	11	M Barnes	25	I Fisher	32	N Leigh	61	J Reed	88	S Marwood	116	T Bush
4	Hallamshire Harriers Sheffield	355	—	35	Robert Little	36	Rob Baker	54	David Archer	62	John Rock	76	Tom Jenkins	92	Carl Thackery
5	Morpeth Harriers & AC	403	—	15	C Sampson	33	R Floyd	45	M Dawson	67	A Lawrence	105	D Swinburne	138	P Watson
6	Bingley Harriers	414	—	31	Matthew Whitfield	65	Lee Aithersmith	66	Tim Midgeley	73	Stewart MacDonald	80	John Convery	99	Aidan Johnson
7	Trafford AC	437	—	24	Garry Bristow	41	Jonathon Holt	46	Ian Salisbury	89	Tom Charles	115	Graham Hogg	122	Ben Martin
8	Blackburn Harriers	451	—	5	Ben Fish	18	Tom Cornthwaite	74	Josh Tighe	75	Matt Nuttall	78	Paul Guinan	201	George Bate
9	Stockport Harriers	518	—	1	S Vernon	38	A Nixon	69	D Matkin	84	J Loxam	133	G McLean	193	K Garner
10	Liverpool Harriers & AC	626	—	8	Richard Burney	59	Mark Keeley	82	John McCole	150	Robert Dewhurst	157	Colin Potts	170	Alan Ashton
11	Sale Harriers Manchester	631	—	20	Antony Ford	27	Matt Bond	39	James Bailey	159	Tim Kennedy	180	Micheal Kilmarin	206	Richard Watson
12	Derby AC	696	—	13	J Gilby	21	A Pilcher	113	D Connor	123	T Offord	153	I Stevens	273	S Dunn
13	Southport Waterloo AC	856	—	83	Richard Shearer	110	Jay Tartt	120	Steve Wilkinson	163	David Hamilton	176	Rob Ashworth	204	Stephen McLean
14	Leigh Harriers & AC	869	—	4	Peter Riley	130	Tony Battersby	136	Philip Foster	151	John Howarth	199	Allister Goulding	249	Andrew Arnold
15	E Cheshire H & Tameside Ac	958	—	58	J Dunkerley	143	Simon Grundy	154	Stuart Heaton	169	P Jacques	191	Gavin Browne	243	Stephen Robinson
16	Blackpool Wyre & Fylde	1033	—	55	Stuart Robinson	79	Malcolm Eadie	114	John Wright	218	Steve Waterhouse	261	Chris Essex-Crosby	306	Gary Johnston
17	Gateshead Harriers & AC	1071	—	48	S Hall	60	R West	68	J Pearson	234	J Stobbs	324	M Hudson	337	S Medd
18	Preston Harriers & AC	1095	—	52	D Rigby	124	J Green	197	J Parker	210	D Parkington	252	K Hesketh	260	D Barker
19	Clayton Le Moors	1192	—	102	Gary Shaw	126	Mark Aspinall	223	Dave Motley	233	C Balderson	241	Colin Shuttleworth	267	Stuart Fogg
20	Wigan Phoenix	1344	—	125	John Morrissey	142	Phil Darbyshire	145	Mark Rodgers	253	Steve Nicholls	289	Kevin Edwards	390	Andrew Nightingale
21	Wirral A C	1356	—	111	John Hunt	144	Mark Hulmston	224	Simon Fox	245	Anthony Devoy	313	Mark Baylis	319	William Ferguson
22	Wakefield District H & AC	1418	—	127	Chris Price	192	John Mason	212	Chris Ward	220	Martin Green	246	Pete McNamara	421	Poete Young
23	Elswick Harriers	1473	—	117	Paul Turner	171	Kevin Stephenson	195	Ian Hardy	256	Graham Bel	349	Mark Ketley	385	David Jardin
24	South Shields H & AC	1497	—	219	Chris Muir	225	Michael Jones	227	Simon Lee	255	Keith MacKey	270	Paul Doxford	301	Chris McDonald
25	York Knavesmire Harriers	1561	—	103	Tom Edwards	186	Darren Hendley	248	Kevin Langan	281	Barry Atkinson	340	Russell Parkinson	403	Luke Westwood
26	Wallsend Harriers & AC	1639	—	166	Gareth Huxley	167	Dave Daniels	254	Sean Kelly	341	Micky Todd	347	Micky Baker	364	Steve Volpe
27	City Of York AC	1680	—	37	Tom Bean	214	Mike Raynes	251	Andy Normandale	312	Andrew Nesom	332	Martin Kirby	534	Alan Lynn
28	Rochdale Harriers & AC	1710	—	104	M Proctor	182	P Williams	287	A McDougall	292	P Leary	406	N Walsh	439	M Cadderhall
29	Vale Royal AC	1745	—	112	J Griffiths	148	T Annable	318	P Maher	358	T Archer	391	S Bamber	418	S Caldwell
30	Beverley Athletic Club	1759	—	139	James Pearson	190	Aubrey Morrell	294	Ian Boardley	311	Mark Dalton	399	Steve Peacock	426	Neil Bant
31	Spectrum Striders	1845	—	208	Colin Martin	209	Ian Bamber	274	Kit Whitfield	365	Julian Spencer	384	Andy Garnett	405	Tim Murphy
32	Wallasey AC	1880	—	188	Phil Walton	278	Tony Barbat	291	Phil Cuthbert	303	John Armstrong	407	Richard Parry	413	Matt Williams
33	Holmfirth Harriers AC	1905	—	178	J Sykes	242	J Ewart	259	D Wilde	293	M Dewhirst	461	J Kaushal	472	B Holroyd
34	Horwich R M I Harriers	1919	—	30	G Priestley	184	K Ward	325	G Chadderton	386	T Hesketh	470	P Ramsdale	524	G Stone
35	Harrogate Hac	2085	—	109	Chris Miller	269	Stephen Nesbitt	327	Ashley Brook	414	Brian Miller	423	John McNerney	543	Alan Couldwell
36	Wesham Road Runners & AC	2087	—	179	Alex Rowe	290	Steve Myerscough	343	Lee Barlow	351	Russell Mabbutt	435	Alan Glasgow	489	Nigel Shepherd
37	Liverpool Running Club	2111	—	119	Paul Sankey	295	Maurice Collins	379	George Pierce	410	Paul Quine	448	Robert Burke	460	Steve Clayton
38	Barnsley Athletic Club	2145	—	137	A Swift	322	D Brooksbank	368	M Casey	408	M Hurrell	420	A Waters	490	D Bennett
39	Macclesfield Harriers	2186	—	279	John Mooney	304	Christopher Bentley	329	Raph Murray	402	Steve Lomas	430	Kevin Jackson	442	Christopher Holden
40	Saltwell Harriers	2203	—	217	Fred Smith	307	David Cairns	308	Jim Thompson	425	Chris Redfern	432	Richard Townsend	514	Phil James
41	North Derbyshire RC	2271	—	222	S Leverton	315	S Bennett	378	I McMillan	380	S Cunningham	463	R Booth	513	N Chaplin
42	Lytham St Annes RRC	2294	—	268	Thomas Howarth	338	Tony Croft	375	Graham Webster	397	Terry Helling	454	Roy Upton	462	Willie Richmond
43	Steel City Striders RC	2345	—	162	S Bennett	238	D Ansell	455	A Buck	478	D Parry	483	I Stinson	529	R Maxted
44	Red Rose Road Runners	2448	—	280	Joe Swarbrick	346	Fred Lynch	389	Philip Butler	427	Geoff Haworth	500	Gordon Noblett	506	Philip Dean
45	Skelmersdale Boundary Harriers	2532	—	284	Dylan Cole-Jones	285	John Thompson	424	Peter Wilkinson	475	Peter Summers	525	William Dalton	539	Ian Doyle
46	Belper Harriers	2572	—	352	Mark Riches	371	Phil Conroy	372	Rob Norman	388	Andy Rose	544	Malcolm Weir	545	Simon Mackett
47	Pensby Runners	2680	—	262	Gary Thornton-Allen	445	Richard Green	466	Nigel Crompton	476	Gordon Scholefield	479	John Keyworth	552	Roy Fisher
48	South Cheshire Harriers	2737	—	173	Michael Hatton	447	Andrew Mayers	450	Simon Walker	516	Robert Mayers	568	Michael Cutler	583	Martin Stima
49	Chorley AC	2745	—	394	Simon Townsend	395	Paul Wareing	468	Dave Taylor	482	Ian Walker	491	Rick Cordwell	515	Henry Minorczyk