

Northern Athletics Road Relay Championships

at Wythenshawe Park, Manchester on Saturday 2nd October 2010

Senior - Senior Men Stage 1 - Provisional Results

Pos	Name	Club	Leg Time			
1	Patrick Martin	Sunderland	16:33	56	Gwil Thomas	Valley Str
2	Tom Doe	Lincoln We A	16:40	57	Stuart Maycock	Hallamshir A
3	Alex Pilcher	Derby Ac A	16:52	58	Mike Flatley	Middleton A
4	Daniel Garbutt	Durham Cit A	16:56	59	John Stockdale	Altrincham B
5	Joe Bailey	Salford Ha A	17:01	60	G Houghton	Spectrum S A
6	Andrew Wiles	New Marske	17:03	61	Chris Adams	North Derb
7	Alex O'Gorman	Trafford A A	17:03	62	Gareth Melvin	Border Har B
8	Nathan Shrubbs	Morpeth H A	17:04	63	J Maxfield	Rotherham A
9	M Jackson	Warrington	17:14	64	Howard Mead	M'chr Tri
10	S Robinson	Blackpool A	17:18	65	Andrew Swift	Barnsley AC
11	James Douglas	Border Har A	17:18	66	C Matthews	Blackburn A
12	Adam Peers	Liverpool A	17:23	67	Josh Spering	Lincoln We B
13	Nick Leigh	Altrincham A	17:26	68	G Matthews	Sale Harri C
14	Jack Hallas	Wakefield A	17:27	69	Greg Jones	Wallasey A
15	A Valentine	Bolton Uni A	17:30	70	Simon Rawnsley	Holmfirth B
16	Michael Salter	Leeds City A	17:31	71	L Hellawell	Keighley A A
17	P Hulson	Sale Harri A	17:37	72	D. Foster	Otley A.C. A
18	David Watson	Holmfirth A	17:43	73	Thomas Bean	York Acorn
19	D Nicholls	Wilmslow	17:48	74	Kevin Jowett	ECH&TA A
20	P Mitchell	Derby Ac B	17:48	75	T Sessford	Keighley A B
21	R Howarth	Horwich Rm A	17:53	76	Alex Duthie	Belper Har
22	James Tarrt	Southport	17:54	77	Chris Burke	Airedale A
23	Tom Smith	Kingston U	17:55	78	N Camilleri	Gateshead C
24	Josh Cole	Bury AC	17:56	79	S Nicholls	Wigan Phoe A
25	Jack Morris	Stockport A	17:58	80	A Hobday	Heanor Run B
26	Iain Quinn	Barrow & F A	18:00	81	Lee Barlow	Wesham Roa B
27	John Ashcroft	St Helens A	18:02	82	Gavin Astin	Stockport B
28	Timmy Calder	Gateshead A	18:03	83	David Parker	Barrow & F B
29	Paul Savage	Salford Ha B	18:03	84	Gavin Brandie	Lytham St
30	David Rigby	Preston Ha A	18:11	85	Keith McGhie	Spenboroug
31	M Kilmartin	Sale Harri B	18:14	86	Kevin Brydon	Trafford A B
32	Richard Harris	Bingley Ha A	18:15	87	Chris Lloyd	Blackpool B
33	James Russell	Liverpool B	18:20	88	C Burrows	Gateshead D
34	S Worthington	Lancaster	18:23	89	Neil Bant	Beverley A B
35	P Leybourne	Salford Ha C	18:24	90	Neil Penn	Wakefield B
36	Gavin Marshall	Scunthorpe A	18:25	91	Alan Hudson	Wesham Roa A
37	Jonathan Green	Preston Ha B	18:28	92	Al Steel	Middleton B
38	Paul Mannion	Astley & T	18:32	93	David Nuttall	Rotherham B
39	Gary Jones	Morpeth H B	18:33	94	Peter Abraham	Altrincham C
40	Gareth Turner	Trafford A C	18:39	95	Alan Norman	Salford Ha D
41	Adam Osborne	Leeds City B	18:40	96	Jed Turner	Sheffield
42	Sam Bucknall	Leeds City C	18:42	97	Philip Gibson	East Hull B
43	Ben Radbourne	Heanor Run A	18:48	98	Ray Robinson	Gateshead E
44	Thomas Walker	Gosforth	18:48	99	Dave Lovatt	Penny Lane A
45	Sam Tosh	Rossendale	18:50	100	J Guildford	M'chr FR
46	Jason Harbour	Clayton Le	18:51	101	Paul Wareing	Chorley Ac
47	Ed Fazakerley	Manchester A	18:52	102	Rob Garbutt	Durham Cit B
48	Roy Lilley	East Hull A	18:55	103	Ian Hayburn	St Helens B
49	J Donnelly	Wirral A C	18:56	104	Simon Toyne	Otley A.C. B
50	Tony Battersby	Leigh Harr	18:57	105	Richard Taylor	Blackburn B
51	James Shaw	ECH&TA B	18:59	106	John Halliwell	Manchester B
52	James Pearson	Beverley A A	19:01	107	Edward East	Airedale B
53	B Bolland	Horwich Rm B	19:03	108	Steve Minto	Blackpool C
54	Rob Dewhurst	Liverpool C	19:05	109	Mike Jones	Altrincham D
55	David Old	Gateshead B	19:07	110	Andy Garnett	Spectrum S B

Senior - Senior Men Stage 2 - Provisional Results

Fastest runners over stage 2:

1	Johnny Mellor	Liverpool	A	16:22
2	Anthony Ford	Sale Harri	A	16:33
3	Jonathan Gilby	Derby Ac	A	16:35
4	Ben Fish	Blackburn	A	16:39
5	Joe Townsend	Leeds City	A	16:46
6	Jack Martin	Sunderland		16:59
7	David Norman	Altrincham	A	17:03
8	Jon Fletcher	Border Har	A	17:04
9	S Horsfield	ECH&TA	A	17:09
10	R Stephenson	Gateshead	A	17:10

Senior - Senior Men Stage 3 - Provisional Results

Fastest runners over stage 3:

1	Ian Kimpton	Lincoln We	A	16:49
2	John McCole	Liverpool	A	17:01
3	B Riddell	Salford Ha	A	17:08
4	Jamie Roden	Sale Harri	A	17:11
5	Sean Hall	Gateshead	A	17:25
6	Chris Kays	ECH&TA	A	17:36
7	James Reed	Altrincham	A	17:39
8	B Rushworth	Sunderland		17:42
9	Ben Newman	Morpeth H	B	17:49
10	Joshua Bull	Derby Ac	A	17:49

Senior - Senior Men Stage 4 - Provisional Results

Fastest runners over stage 4:

1	Matthew Barnes	Altrincham A	16:42
2	B Connor	Derby Ac A	16:57
3	Gareth Raven	Sale Harri A	17:02
4	M DelMonte	Airedale A	17:07
5	Andi Jones	Salford Ha A	17:09
6	Philip Hoole	Rotherham A	17:21
7	M Williams	Leeds City A	17:22
8	Chris Livesey	Preston Ha A	17:31
9	Mark Keeley	Liverpool A	17:40
10	Mark Hood	Sunderland	17:40

Senior - Senior Men Stage 5 - Provisional Results

Fastest runners over stage 5:

1	David Webb	Leeds City A	16:44
2	Gavin Thompson	Altrincham A	17:15
3	Carl Hardman	Salford Ha A	17:27
4	Owen Williams	Hallamshir A	17:34
5	A Carmichael	Gateshead A	17:35
6	J Wildrianne	Derby Ac A	17:54
7	Ali Hammad	Holmfirth A	17:59
8	A Murray	Horwich Rm A	18:04
9	Richard Burney	Liverpool A	18:07
10	Ben Martin	Trafford A A	18:14

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Senior - Senior Men Stage 6 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Richard Weir	Derby Ac A	16:28	1:42:35 +	1	58	Mark Seed	Salford Ha C	20:21	2:00:26 +	2
2	Andrew Norman	Altrincham A	16:45	1:42:50 -	1	59	S Robinson	ECH&TA B	20:37	2:00:27 -	2
3	R Challinor	Liverpool A	17:17	1:43:50 +	2	60	Kevin Bell	Border Har B	19:16	2:00:27 +	7
4	John Brown	Salford Ha A	17:40	1:43:59 -	1	61	C Hainsworth	Gateshead C	20:07	2:00:38 +	1
5	Chris Birchall	Leeds City A	17:35	1:44:05 -	1	62	Tim Simpson	Beverley A A	20:08	2:00:41 +	1
6	Peter Newton	Morpeth H A	17:00	1:45:35 +	3	63	Steven Wallis	Otley A.C. A	19:09	2:00:58 +	7
7	James Bailey	Sale Harri A	18:05	1:46:05 +	1	64	James Dewhurst	Holmfirth B	20:07	2:01:01	0
8	Steven Duffy	Sunderland	18:45	1:46:20 -	2	65	S Cunningham	North Derby	20:11	2:01:10	0
9	Ronny Wilson	Lincoln We A	18:54	1:46:37 -	2	66	Patrick Miller	Barrow & F B	19:42	2:01:13 +	3
10	Marc Elliott	Gateshead A	18:09	1:46:54	0	67	James Anderson	Gosforth	21:20	2:01:30 -	6
11	G Tomlinson	Trafford A A	18:31	1:47:38	0	68	Ian Costello	St Helens A	20:00	2:01:55 +	3
12	G Pennington	Preston Ha A	18:03	1:48:11	0	69	Tim Hargreaves	Stockport B	23:06	2:03:04 -	10
13	Colin Rigby	Horwich Rm A	17:35	1:48:39 +	2	70	S Myerscough	Wesham Roa B	20:32	2:03:28 +	2
14	R Shearer	Southport	18:06	1:50:06 +	5	71	Scott Whittle	Bolton Uni A	23:22	2:04:48 -	3
15	Julian Rose	Holmfirth A	19:20	1:50:15 -	1	72	M Hibbert	Manchester A	21:04	2:04:51 +	2
16	R Atkinson	Barrow & F A	18:17	1:50:22 +	5	73	David Williams	Middleton A	21:40	2:06:07 +	2
17	John Mason	Border Har A	20:01	1:50:25 -	4	74	Paul Sessford	Keighley A B	25:18	2:06:26 -	8
18	Paul Backhouse	ECH&TA A	18:27	1:50:26	0	75	Nigel Grant	Penny Lane A	20:26	2:07:10 +	7
19	T Lawrence	Derby Ac B	18:50	1:50:36 -	3	76	Colin Hammond	M'chr Tri	21:30	2:07:11 +	2
20	John Wright	Blackpool A	18:49	1:50:38 -	3	77	D Livingstone	Altrincham C	21:14	2:07:37 +	2
21	B Harrison	Morpeth H B	19:01	1:51:13 +	1	78	Stan Williams	Wallasey A	23:04	2:07:54 -	2
22	S Broadbent	Bingley Ha A	18:01	1:51:28 +	1	79	D Brailsford	Wakefield B	20:53	2:08:04 +	4
23	Dean Matkin	Stockport A	18:49	1:51:30 +	5	80	Peter Broome	Blackpool B	21:40	2:08:18 +	1
24	Philip West	Salford Ha B	19:12	1:52:05 +	1	81	Geoffrey Smith	Gateshead D	22:16	2:08:43 -	1
25	John Chaplin	Blackburn A	18:57	1:52:16 +	1	82	Steve Meath	Belper Har	24:13	2:09:31 -	5
26	Sean Cotter	Leeds City B	19:00	1:52:56 +	3	83	David Dunn	Lytham St	22:11	2:09:39 +	1
27	Mark Loveridge	Liverpool B	19:13	1:52:59 +	1	84	Colin Martin	Spectrum S A	21:08	2:09:45 +	2
28	Philip Bolton	Rossendale	18:55	1:53:02 +	2	85	Sean Fletcher	M'chr FR	20:35	2:11:07 +	4
29	Gethin Butler	Preston Ha B	18:01	1:53:08 +	6	86	David Bennett	Barnsley AC	25:03	2:13:18 -	1
30	Tony McCarthy	Warrington	21:13	1:53:16 -	10	87	Mick Jeffrey	Otley A.C. B	22:40	2:13:43 +	3
31	Paul Humphries	Rotherham A	18:58	1:53:45 +	2	88	Peter Johnson	St Helens B	22:07	2:15:57 +	6
32	P Scowcroft	Sale Harri B	19:17	1:53:48 -	1	89	David Taylor	Chorley AC	22:39	2:16:26 +	4
33	James Dowdle	Durham Cit A	19:50	1:54:24 -	1	90	Dave Shaw	Salford Ha D	22:35	2:17:39 +	5
34	Martin Slater	Gateshead B	19:31	1:54:30	0	91	Philp McKeown	Gateshead E	22:03	2:17:53 +	6
35	J Dickerson	Kingston U	22:29	1:55:01 -	12	92	Peter Wood	Middleton B	22:24	2:18:11 +	4
36	Mark Rogers	Wigan Phoe A	19:26	1:55:12 +	1	93	R Rainsford	Heanor Run B	25:42	2:18:46 -	2
37	Darren Ridout	Heanor Run A	18:55	1:55:19 +	5	94	C Moss	Wesham Roa A	24:22	2:24:16 +	5
38	Dean Furniss	Hallamshir A	19:48	1:55:43 +	1	95	Bryan MacKay	Durham Cit B	31:19	2:24:43 -	3
39	Craig Wheeler	Trafford A B	19:57	1:55:49 -	1	96	Simon Forde	Airedale B	24:45	2:26:20 +	4
40	C Loftus	Keighley A A	20:06	1:56:10	0	Fastest runners over stage 6:					
41	John Howarth	Leigh Harr	19:32	1:56:19 +	4	1	Richard Weir	Derby Ac A	16:28		
42	Ryan Hartley	Wakefield A	21:10	1:56:23 -	6	2	Andrew Norman	Altrincham A	16:45		
43	Bill Heaton	Wilmslow	19:49	1:56:27 +	1	3	Peter Newton	Morpeth H A	17:00		
44	David Norman	Wirral A C	20:30	1:56:39 -	3	4	R Challinor	Liverpool A	17:17		
45	Iain Lynn	York Acorn	18:48	1:57:07 +	4	5	Colin Rigby	Horwich Rm A	17:35		
46	Gary Crompton	Scunthorpe A	20:05	1:57:28	0	6	Chris Birchall	Leeds City A	17:35		
47	John Conroy	Bury AC	21:35	1:58:11 -	4	7	John Brown	Salford Ha A	17:40		
48	Gerard Mills	Airedale A	19:48	1:58:20 +	2	8	S Broadbent	Bingley Ha A	18:01		
49	David Brown	Lancaster	20:17	1:58:22 -	1	9	Gethin Butler	Preston Ha B	18:01		
50	Alec Gibson	East Hull A	20:10	1:58:49 +	1	10	G Pennington	Preston Ha A	18:03		
51	Gary Stevens	Astley & T	21:00	1:58:52 -	4						
52	Chris Ireland	Sheffield	19:32	1:59:00 +	4						
53	Ashley Smith	Lincoln We B	20:12	1:59:09	0						
54	Carl Steele	Clayton Le	20:10	1:59:11 +	1						
55	Gary Rowlinson	Sale Harri C	20:20	1:59:19 -	1						
56	Steve Webb	Valley Str	19:34	1:59:26 +	2						
57	Nick Burke	Altrincham B	20:38	1:59:29 -	5						

Northern Athletics Road Relay Championships at Wythenshawe Park, Manchester on Saturday 2nd October 2010

Senior Men — Team Results — Provisional

(nn) is team position after the appropriate stage.

1 Derby AC			'A' 1:42:35			14 Southport Waterloo AC			1:50:06		
1 Alex Pilcher	(3)	16:52	2 Jonathan Gilby	(1)	16:35	1 James Tarft	(22)	17:54	2 Patrick Vis	(23)	18:15
3 Joshua Bull	(4)	17:49	4 B Connor	(1)	16:57	3 Michael Evans	(22)	18:36	4 David Hamilton	(24)	18:47
5 J Wildrianne	(2)	17:54	6 Richard Weir	(1)	16:28	5 Joseph Vis	(19)	18:28	6 R Shearer	(14)	18:06
2 Altrincham & District AC			'A' 1:42:50			15 Holmfirth Harriers			'A' 1:50:15		
1 Nick Leigh	(13)	17:26	2 David Norman	(9)	17:03	1 David Watson	(18)	17:43	2 M Pierson	(19)	17:47
3 James Reed	(7)	17:39	4 Matthew Barnes	(4)	16:42	3 Richard Smith	(19)	18:51	4 R Anderson	(18)	18:35
5 Gavin Thompson	(1)	17:15	6 Andrew Norman	(2)	16:45	5 Ali Hammad	(14)	17:59	6 Julian Rose	(15)	19:20
3 Liverpool Harriers & AC			'A' 1:43:50			16 Barrow & Furness Striders AC			'A' 1:50:22		
1 Adam Peers	(12)	17:23	2 Johnny Mellor	(3)	16:22	1 Iain Quinn	(26)	18:00	2 Garry Dixon	(26)	18:18
3 John McCole	(1)	17:01	4 Mark Keeley	(3)	17:40	3 Jed Bartlett	(29)	18:58	4 Philip Waite	(22)	18:04
5 Richard Burney	(5)	18:07	6 R Challinor	(3)	17:17	5 J Benson	(21)	18:45	6 R Atkinson	(16)	18:17
4 Salford Harriers & AC			'A' 1:43:59			17 Border Harriers			'A' 1:50:25		
1 Joe Bailey	(5)	17:01	2 Aron Adem	(10)	17:34	1 James Douglas	(11)	17:18	2 Jon Fletcher	(8)	17:04
3 B Riddell	(6)	17:08	4 Andi Jones	(5)	17:09	3 Matthew Grieve	(12)	18:38	4 Harry Earl	(11)	18:07
5 Carl Hardman	(3)	17:27	6 John Brown	(4)	17:40	5 Steve Angus	(13)	19:17	6 John Mason	(17)	20:01
5 Leeds City AC			'A' 1:44:05			18 E Cheshire H & Tameside AC			'A' 1:50:26		
1 Michael Salter	(16)	17:31	2 Joe Townsend	(6)	16:46	1 Kevin Jowett	(74)	19:43	2 S Horsfield	(33)	17:09
3 G Belcher	(8)	18:07	4 M Williams	(8)	17:22	3 Chris Kays	(21)	17:36	4 Gavin Hill	(15)	17:59
5 David Webb	(4)	16:44	6 Chris Birchall	(5)	17:35	5 Gavin Browne	(18)	19:32	6 Paul Backhouse	(18)	18:27
6 Morpeth H & ac			'A' 1:45:35			19 Derby AC			'B' 1:50:36		
1 Nathan Shrubbs	(8)	17:04	2 M Nicholson	(7)	17:16	1 P Mitchell	(20)	17:48	2 Tom Phillips	(20)	17:48
3 Ross Floyd	(9)	18:14	4 Michael Dawson	(9)	17:44	3 Niall Maguire	(15)	17:58	4 Ian Stevens	(19)	19:24
5 Ian Harding	(9)	18:17	6 Peter Newton	(6)	17:00	5 David Connor	(16)	18:48	6 T Lawrence	(19)	18:50
7 Sale Harriers Manchester			'A' 1:46:05			20 Blackpool Wyre & Fylde AC			'A' 1:50:38		
1 P Hulson	(17)	17:37	2 Anthony Ford	(5)	16:33	1 S Robinson	(10)	17:18	2 Jack Scarr	(15)	17:54
3 Jamie Roden	(5)	17:11	4 Gareth Raven	(2)	17:02	3 Luke Minns	(14)	17:55	4 Luke Berry	(17)	19:30
5 James Wignall	(8)	19:37	6 James Bailey	(7)	18:05	5 S Waterhouse	(17)	19:12	6 John Wright	(20)	18:49
8 Sunderland Harriers			1:46:20			21 Morpeth H & ac			'B' 1:51:13		
1 Patrick Martin	(1)	16:33	2 Jack Martin	(2)	16:59	1 Gary Jones	(39)	18:33	2 Neil Wilkinson	(29)	17:53
3 B Rushworth	(3)	17:42	4 Mark Hood	(6)	17:40	3 Ben Newman	(18)	17:49	4 D Swinburne	(16)	18:13
5 Matthew Foggin	(6)	18:41	6 Steven Duffy	(8)	18:45	5 Paul Waterston	(22)	19:44	6 B Harrison	(21)	19:01
9 Lincoln Wellington AC			'A' 1:46:37			22 Bingley Harriers & AC			'A' 1:51:28		
1 Tom Doe	(2)	16:40	2 Samuel Atkin	(4)	17:25	1 Richard Harris	(32)	18:15	2 Ben Marriott	(45)	19:41
3 Ian Kimpton	(2)	16:49	4 Shane Robinson	(7)	18:21	3 Aidan Johnson	(35)	18:18	4 Tim Midgley	(28)	18:12
5 Les Ball	(7)	18:28	6 Ronny Wilson	(9)	18:54	5 Andrew Peace	(27)	19:01	6 S Broadbent	(22)	18:01
10 Gateshead Harriers & AC			'A' 1:46:54			23 Stockport			'A' 1:51:30		
1 Timmy Calder	(28)	18:03	2 R Stephenson	(16)	17:10	1 Jack Morris	(25)	17:58	2 Andrew Nixon	(31)	18:35
3 Sean Hall	(10)	17:25	4 Conrad Franks	(12)	18:32	3 M Johnson	(23)	18:27	4 Jamie Loxam	(21)	18:12
5 A Carmichael	(10)	17:35	6 Marc Elliott	(10)	18:09	5 Mike Shaw	(24)	19:29	6 Dean Matkin	(23)	18:49
11 Trafford AC			'A' 1:47:38			24 Salford Harriers & AC			'B' 1:52:05		
1 Alex O'Gorman	(7)	17:03	2 Ian Salisbury	(12)	17:46	1 Paul Savage	(29)	18:03	2 Robert Hughes	(22)	17:58
3 Thomas Charles	(11)	18:03	4 Graham Hogg	(10)	18:01	3 James Kovacs	(25)	19:02	4 Mike Deegan	(26)	18:40
5 Ben Martin	(11)	18:14	6 G Tomlinson	(11)	18:31	5 David Hudson	(25)	19:10	6 Philip West	(24)	19:12
12 Preston Harriers			'A' 1:48:11			25 Blackburn Harriers			'A' 1:52:16		
1 David Rigby	(30)	18:11	2 M Livingstone	(28)	18:13	1 C Matthews	(66)	19:21	2 Ben Fish	(21)	16:39
3 Kristian Bibby	(17)	17:50	4 Chris Livesey	(13)	17:31	3 John Sutton	(28)	19:16	4 Mat Nuttall	(23)	18:12
5 M Davison	(12)	18:23	6 G Pennington	(12)	18:03	5 Scott Monk	(26)	19:51	6 John Chaplin	(25)	18:57
13 Horwich Rmi Harriers			'A' 1:48:39			26 Leeds City AC			'B' 1:52:56		
1 R Howarth	(21)	17:53	2 N Pendlebury	(24)	18:18	1 Adam Osborne	(41)	18:40	2 C Needham	(43)	19:00
3 Martyn Bell	(20)	18:15	4 Gareth Booth	(20)	18:34	3 Michael Wood	(38)	18:56	4 Daniel Davis	(31)	18:23
5 A Murray	(15)	18:04	6 Colin Rigby	(13)	17:35	5 Alexander Davy	(29)	18:57	6 Sean Cotter	(26)	19:00

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27 Liverpool Harriers & AC		'B' 1:52:59		41 Leigh Harriers & AC		1:56:19	
1 James Russell (33) 18:20	2 Ian Lawton (35) 18:36	1 Tony Battersby (50) 18:57	2 Tommy Henders (60) 19:51	3 Harry Harper (26) 18:10	4 Simon McKeivitt (30) 19:49	3 A Urmston (59) 20:27	4 James Cooke (47) 18:38
5 Alan Ashton (28) 18:51	6 Mark Loveridge (27) 19:13	5 Scott Hughes (45) 18:54	6 John Howarth (41) 19:32				
28 Rossendale Harriers		1:53:02		42 Wakefield Dh&ac		'A' 1:56:23	
1 Sam Tosh (45) 18:50	2 C Fell (39) 18:34	1 Jack Hallas (14) 17:27	2 C Price (18) 17:57	3 Ashley Kay (41) 20:01	4 J Johnston (34) 18:11	3 Paul Hallas (24) 19:37	4 C Ward (29) 19:49
5 Joseph Kelly (30) 18:31	6 Philip Bolton (28) 18:55	5 Peter McNamara (36) 20:23	6 Ryan Hartley (42) 21:10				
29 Preston Harriers		'B' 1:53:08		43 Wilmslow		1:56:27	
1 Jonathan Green (37) 18:28	2 Robert Affleck (36) 18:35	1 D Nicholls (19) 17:48	2 Stuart Parrott (32) 19:01	3 Ben Akin (36) 19:15	4 David Watson (36) 19:38	3 Jim Pendrill (30) 18:51	4 Ray Eagle (39) 20:46
5 Mark Lee (35) 19:11	6 Gethin Butler (29) 18:01	5 Trevor Morris (44) 20:12	6 Bill Heaton (43) 19:49				
30 Warrington Athletic Club		1:53:16		44 Wirral A C		1:56:39	
1 M Jackson (9) 17:14	2 S Broadhurst (14) 17:52	1 J Donnelly (49) 18:56	2 Mark Hulmston (48) 19:14	3 Tom Jervis (16) 18:35	4 Liam Thompson (14) 18:18	3 Ben Costello (42) 19:16	4 G Ratcliffe (44) 19:49
5 Daniel Jackson (20) 20:04	6 Tony McCarthy (30) 21:13	5 Alan Woods (41) 18:54	6 David Norman (44) 20:30				
31 Rotherham H & AC		'A' 1:53:45		45 York Acorn Running Club		1:57:07	
1 J Maxfield (63) 19:18	2 Kyle Craib (61) 19:34	1 Thomas Bean (73) 19:42	2 Mike Raynes (69) 19:50	3 Rhian Hasteley (46) 18:47	4 Philip Hoole (32) 17:21	3 James Palmer (64) 20:08	4 Ryan Buck (62) 20:00
5 David Smith (33) 19:47	6 Paul Humphries (31) 18:58	5 Mark Metcalfe (49) 18:39	6 Iain Lynn (45) 18:48				
32 Sale Harriers Manchester		'B' 1:53:48		46 Scunthorpe & Dac		'A' 1:57:28	
1 M Kilmartin (31) 18:14	2 Tim Kennedy (34) 18:40	1 Gavin Marshall (36) 18:25	2 Legido-Cruzado (46) 19:33	3 C Greenwood (31) 18:56	4 Paul Rowley (33) 19:17	3 Gavin Mann (44) 19:34	4 Steven Borrill (48) 20:41
5 Michael Hatch (31) 19:24	6 P Scowcroft (32) 19:17	5 Sam O'Neill (46) 19:10	6 Gary Crompton (46) 20:05				
33 Durham City Harriers		'A' 1:54:24		47 Bury Athletic Club		1:58:11	
1 Daniel Garbutt (4) 16:56	2 Michael Grimes (11) 17:46	1 Josh Cole (24) 17:56	2 Neil Coe (37) 19:24	3 Graeme Hunt (13) 18:19	4 Fred Hamlin (25) 20:41	3 Luke Sezmansku (32) 18:40	4 Andy Milligan (42) 20:38
5 Daniel Whittle (32) 20:52	6 James Dowdle (33) 19:50	5 Dave Simpson (43) 19:58	6 John Conroy (47) 21:35				
34 Gateshead Harriers & AC		'B' 1:54:30		48 Airedale Athletics		'A' 1:58:20	
1 David Old (55) 19:07	2 David Burlton (41) 18:25	1 Chris Burke (77) 19:59	2 Will Kerr (70) 19:33	3 Sean Hearn (34) 18:41	4 Kirk Haddon (37) 19:56	3 Matthew Nowell (71) 20:52	4 M DelMonte (46) 17:07
5 C Paton (34) 18:50	6 Martin Slater (34) 19:31	5 Chris Dove (50) 21:01	6 Gerard Mills (48) 19:48				
35 Kingston Upon Hull AC		1:55:01		49 Lancaster And Morecambe AC		1:58:22	
1 Tom Smith (23) 17:55	2 James Gilbert (25) 18:22	1 S Worthington (34) 18:23	2 R Parrington (40) 19:04	3 David Ricketts (27) 18:56	4 A Swearman (27) 18:59	3 Jordan Harris (39) 19:15	4 Allan Gordon (38) 19:32
5 G Clarkson (23) 18:20	6 J Dickerson (35) 22:29	5 C Breakell (48) 21:51	6 David Brown (49) 20:17				
36 Wigan Phoenix		'A' 1:55:12		50 East Hull Harriers & AC		'A' 1:58:49	
1 S Nicholls (79) 20:07	2 P Darbyshire (74) 19:38	1 Roy Lilley (48) 18:55	2 Ian Grewar (67) 20:26	3 John Morrissey (45) 17:51	4 M O'Neill (35) 18:07	3 Nigel Sisson (61) 19:57	4 Matthew Hayes (50) 19:08
5 Mohamad Manir (37) 20:03	6 Mark Rogers (36) 19:26	5 Mike Vinegrad (51) 20:13	6 Alec Gibson (50) 20:10				
37 Heanor Running Club		'A' 1:55:19		51 Astley & Tyldesley Road Runner		1:58:52	
1 Ben Radbourne (43) 18:48	2 Joe Rainsford (38) 18:34	1 Paul Mannion (38) 18:32	2 Peter Chan (49) 19:44	3 S Ashmore (40) 19:47	4 Lee Perkins (43) 19:49	3 Simon Ford (48) 19:31	4 Shaun Moran (45) 19:30
5 Ashley Deeming (42) 19:26	6 Darren Ridout (37) 18:55	5 Gary Atherton (47) 20:35	6 Gary Stevens (51) 21:00				
38 Hallamshire Harriers Sheffield		'A' 1:55:43		52 Sheffield Running Club		1:59:00	
1 Stuart Maycock (57) 19:12	2 Scott Wilson (42) 18:27	1 Jed Turner (96) 21:20	2 S Chambers (68) 18:11	3 Tim Robinson (60) 21:38	4 R O'Toole (49) 19:04	3 Gary Podmore (78) 21:44	4 M Mohammed (60) 18:20
5 Owen Williams (39) 17:34	6 Dean Furniss (38) 19:48	5 John Doherty (56) 19:53	6 Chris Ireland (52) 19:32				
39 Trafford AC		'B' 1:55:49		53 Lincoln Wellington AC		'B' 1:59:09	
1 Kevin Brydon (86) 20:18	2 Jeff Prest (58) 18:24	1 Josh Spering (67) 19:28	2 Mark Baddeley (52) 19:01	3 Blake Ellis (43) 18:46	4 Paul Rockliffe (41) 19:07	3 Max Ware (53) 20:06	4 Paul Samways (51) 19:54
5 John Howe (38) 19:17	6 Craig Wheeler (39) 19:57	5 J Hughes (53) 20:28	6 Ashley Smith (53) 20:12				
40 Keighley And Craven AC		'A' 1:56:10		54 Clayton Le Moors Harriers		1:59:11	
1 L Hellawell (71) 19:38	2 Andrew Brett (56) 19:02	1 Jason Harbour (46) 18:51	2 Paul Archer (51) 19:33	3 Will Smith (37) 17:54	4 Mark Knowles (40) 19:59	3 Aidan Holgate (50) 19:38	4 Alex Cran (52) 20:33
5 David Shaw (40) 19:31	6 C Loftus (40) 20:06	5 Gary Shaw (55) 20:26	6 Carl Steele (54) 20:10				

Northern Athletics Road Relay Championships

at Wythenshawe Park, Manchester on Saturday 2nd October 2010

55 Sale Harriers Manchester		'C' 1:59:19		69 Stockport		'B' 2:03:04	
1 G Matthews (68) 19:35	2 George Kirk (64) 19:27	1 Gavin Astin (82) 20:12	2 Philip Burns (79) 19:56	3 C Rowlinson (54) 19:40	4 Elton Davies (53) 20:00	3 Paul Nutter (75) 20:28	4 K Scarbrough (69) 19:40
5 Gary Willcock (54) 20:17	6 Gary Rowlinson (55) 20:20	5 R Marlon (59) 19:42	6 Tim Hargreaves (69) 23:06				
56 Valley Striders AC		1:59:26		70 Wesham Road Runners		'B' 2:03:28	
1 Gwil Thomas (56) 19:11	2 Roy Huggins (73) 20:27	1 Lee Barlow (81) 20:10	2 Karl Lee (83) 20:06	3 D Fitzhugh (65) 20:14	4 Jeremy Ladyman (71) 21:27	3 Troy Watson (77) 20:34	4 Gary DeBanke (74) 21:05
5 Daniel Fisher (58) 18:33	6 Steve Webb (56) 19:34	5 Trevor Rayner (72) 21:01	6 S Myerscough (70) 20:32				
57 Altrincham & District AC		'B' 1:59:29		71 Bolton United Harriers		'A' 2:04:48	
1 John Stockdale (59) 19:14	2 Mark Norton (76) 20:37	1 A Valentine (15) 17:30	2 Thomas Carson (17) 17:53	3 Adrian Fuller (69) 20:18	4 A Whittingham (65) 19:38	3 Andrew Doyle (47) 22:17	4 Paul Turner (66) 22:13
5 Tom Bush (52) 19:04	6 Nick Burke (57) 20:38	5 John McMyler (68) 21:33	6 Scott Whittle (71) 23:22				
58 Salford Harriers & AC		'C' 2:00:26		72 Manchester Harriers & AC		'A' 2:04:51	
1 P Leybourne (35) 18:24	2 Sean Cordell (71) 21:10	1 Ed Fazakerley (47) 18:52	2 Liam Bartlett (50) 19:31	3 Paul Birkett (62) 19:50	4 Charles Foster (64) 20:19	3 Andrew Skitt (52) 20:02	4 M Benson-May (63) 21:18
5 David Townsend (60) 20:22	6 Mark Seed (58) 20:21	5 Aaron Rodger (74) 24:04	6 M Hibbert (72) 21:04				
59 E Cheshire H & Tameside AC		'B' 2:00:27		73 Middleton Harriers		'A' 2:06:07	
1 James Shaw (51) 18:59	2 A Connally (66) 20:17	1 Mike Flatley (58) 19:13	2 Jon Dance (57) 19:27	3 Matthew Merson (57) 19:48	4 J Littlehales (55) 20:04	3 Malc Bostock (76) 22:03	4 James O'Connor (79) 22:02
5 Marcus Gregory (57) 20:42	6 S Robinson (59) 20:37	5 John Reilly (75) 21:42	6 David Williams (73) 21:40				
60 Border Harriers		'B' 2:00:27		74 Keighley And Craven AC		'B' 2:06:26	
1 Gareth Melvin (62) 19:17	2 G Millican (54) 19:17	1 T Sessford (75) 19:47	2 Adam McLean (65) 19:23	3 Graham Silburn (68) 21:34	4 Tom Nicholson (56) 19:01	3 Liam Spencer (73) 21:21	4 Robert Brown (68) 19:44
5 W Nicholson (67) 22:02	6 Kevin Bell (60) 19:16	5 Steven Curtis (66) 20:53	6 Paul Sessford (74) 25:18				
61 Gateshead Harriers & AC		'C' 2:00:38		75 Penny Lane Striders		'A' 2:07:10	
1 N Camilleri (78) 20:03	2 L McCourt (59) 18:41	1 Dave Lovatt (99) 21:33	2 Neil Kelly (92) 20:44	3 Jamie Robson (51) 19:36	4 Crawford-Glan (57) 20:56	3 A Stansfield (94) 23:35	4 Martin Hirrell (89) 21:58
5 James Porteous (62) 21:15	6 C Hainsworth (61) 20:07	5 M Swensson (82) 18:54	6 Nigel Grant (75) 20:26				
62 Beverley Athletics Club		'A' 2:00:41		76 Manchester Triathlon Club		2:07:11	
1 James Pearson (52) 19:01	2 J Leskiewicz (47) 19:01	1 Howard Mead (64) 19:19	2 Ian Jones (81) 20:52	3 S Peacock (56) 20:50	4 Mark Dalton (59) 20:40	3 Mark Hanna (83) 22:19	4 Alan Burton (83) 21:39
5 Ian Husband (63) 21:01	6 Tim Simpson (62) 20:08	5 Stephen Taylor (78) 21:32	6 Colin Hammond (76) 21:30				
63 Otley A.C.		'A' 2:00:58		77 Altrincham & District AC		'C' 2:07:37	
1 D. Foster (72) 19:40	2 Thomas Midgley (86) 21:04	1 Peter Abraham (94) 21:01	2 Richard Pavey (97) 22:25	3 Tom Paget (74) 19:48	4 H Illingworth (72) 21:01	3 Dominic Scott (88) 20:50	4 Andrew Barton (86) 22:01
5 Edward Davies (70) 20:16	6 Steven Wallis (63) 19:09	5 David Alderson (79) 20:06	6 D Livingstone (77) 21:14				
64 Holmfirth Harriers		'B' 2:01:01		78 Wallasey AC		2:07:54	
1 Simon Rawnsley (70) 19:37	2 A Langron (55) 19:00	1 Greg Jones (69) 19:36	2 Colin Palmer (78) 20:30	3 Jonathon Sykes (58) 20:30	4 Ricky South (61) 20:28	3 Mike Hughes (79) 21:14	4 Tony Barbat (77) 21:05
5 Wayne Byram (64) 21:19	6 James Dewhurst (64) 20:07	5 A Rogerson (76) 22:25	6 Stan Williams (78) 23:04				
65 North Derbyshire RC		2:01:10		79 Wakefield Dh&ac		'B' 2:08:04	
1 Chris Adams (61) 19:15	2 Tim Clayton (62) 19:38	1 Neil Penn (90) 20:47	2 John Prideaux (88) 20:36	3 Liam Fidler (67) 21:15	4 Steve Leverton (67) 19:55	3 Ashley Raby (84) 21:13	4 Neil Dutton (84) 22:44
5 Steve Bennett (65) 20:56	6 S Cunningham (65) 20:11	5 Peter Young (83) 21:51	6 D Brailsford (79) 20:53				
66 Barrow & Furness Striders AC		'B' 2:01:13		80 Blackpool Wyre & Fylde AC		'B' 2:08:18	
1 David Parker (83) 20:14	2 Peter Savage (77) 19:50	1 Chris Lloyd (87) 20:19	2 Liam Craine (84) 20:07	3 Dean Miller (66) 20:02	4 Harry Melia (73) 21:29	3 D Williamson (80) 21:09	4 Perry Mannion (75) 20:25
5 Ryan Low (69) 19:56	6 Patrick Miller (66) 19:42	5 Jeffery Wright (81) 24:38	6 Peter Broome (80) 21:40				
67 Gosforth Harriers		2:01:30		81 Gateshead Harriers & AC		'D' 2:08:43	
1 Thomas Walker (44) 18:48	2 Affleck-Brodie (44) 19:03	1 C Burrows (88) 20:20	2 Jason Stobbs (90) 21:29	3 Matthew Rice (49) 19:57	4 Robert Curran (54) 21:09	3 Simon Rodgers (85) 20:54	4 Steven Medd (80) 21:08
5 P Leigh (61) 21:13	6 James Anderson (67) 21:20	5 Paul Hindhaugh (80) 22:36	6 Geoffrey Smith (81) 22:16				
68 St Helens Sutton AC		'A' 2:01:55		82 Belper Harriers		2:09:31	
1 John Ashcroft (27) 18:02	2 Matthew Crehan (27) 18:18	1 Alex Duthie (76) 19:52	2 Steve Winfield (82) 20:20	3 Jake Healy (55) 22:25	4 Mark Davies (58) 20:35	3 Mark Riches (82) 21:37	4 Geoff Lowry (78) 20:41
5 Adrian Webb (71) 22:35	6 Ian Costello (68) 20:00	5 Andrew Rose (77) 22:48	6 Steve Meath (82) 24:13				

Northern Athletics Road Relay Championships

at Wythenshawe Park, Manchester on Saturday 2nd October 2010

83 Lytham St Annes Road Runners 2:09:39
 1 Gavin Brandie (84) 20:16 2 Andrew Draper (85) 20:18
 3 W Richmond (87) 23:23 4 Graham Webster (85) 21:46
 5 Tony Croft (84) 21:45 6 David Dunn (83) 22:11

84 Spectrum Striders RC 'A' 2:09:45
 1 G Houghton (60) 19:14 2 A Mirabella (94) 23:56
 3 Robert Hough (90) 21:44 4 Stuart Andrew (87) 22:36
 5 Stephen Martin (86) 21:07 6 Colin Martin (84) 21:08

85 Manchester Frontrunners 2:11:07
 1 J Guildford (100) 21:34 2 Roberto Raso (98) 21:57
 3 Ian Roberts (95) 22:27 4 Mark Chadwick (90) 22:21
 5 Darren Jackson (89) 22:13 6 Sean Fletcher (85) 20:35

86 Barnsley Athletic Club 2:13:18
 1 Andrew Swift (65) 19:19 2 D Brooksbank (72) 20:19
 3 Justin Jones (81) 22:06 4 Jim Chisholm (81) 22:15
 5 Mark Crofts (85) 24:16 6 David Bennett (86) 25:03

87 Otley A.C. 'B' 2:13:43
 1 Simon Toynce (104) 22:05 2 Howard Jeffrey (104) 24:17
 3 J. Mawson (102) 23:28 4 Hugh Pearson (95) 20:18
 5 Chris Carver (90) 20:55 6 Mick Jeffrey (87) 22:40

88 St Helens Sutton AC 'B' 2:15:57
 1 Ian Hayburn (103) 21:55 2 Mark Liptrot (101) 21:44
 3 Stephen Tate (93) 21:58 4 Alan McNally (88) 22:11
 5 P Robinson (94) 26:02 6 Peter Johnson (88) 22:07

89 Chorley AC 2:16:26
 1 Paul Wareing (101) 21:35 2 David Kershaw (95) 21:35
 3 Simon Townsend (97) 22:55 4 Ian Walker (94) 23:21
 5 H Minorczyk (93) 24:21 6 David Taylor (89) 22:39

90 Salford Harriers & AC 'D' 2:17:39
 1 Alan Norman (95) 21:18 2 R Bowness (102) 24:25
 3 Tommy Daniels (103) 24:17 4 R Warrender (99) 22:31
 5 Stan Curran (95) 22:33 6 Dave Shaw (90) 22:35

91 Gateshead Harriers & AC 'E' 2:17:53
 1 Ray Robinson (98) 21:27 2 Kevin Connolly (99) 22:06
 3 Ken Alnwick (101) 25:15 4 Neil Corbiere (96) 22:39
 5 Dominic Phipps (97) 24:23 6 Philp McKeown (91) 22:03

92 Middleton Harriers 'B' 2:18:11
 1 Al Steel (92) 20:53 2 Alan Garvey (103) 25:16
 3 Steven McKay (100) 22:01 4 Steve Vasilou (100) 24:29
 5 Ian Ireland (96) 23:08 6 Peter Wood (92) 22:24

93 Heanor Running Club 'B' 2:18:46
 1 A Hobday (80) 20:09 2 Richard Sims (89) 21:30
 3 John Grice (89) 22:48 4 Edward Godber (92) 24:44
 5 Stephen Wardle (91) 23:53 6 R Rainsford (93) 25:42

94 Wesham Road Runners 'A' 2:24:16
 1 Alan Hudson (91) 20:49 2 R Mabbett (96) 22:30
 3 George Kennedy (99) 23:50 4 Peter Bartlett (97) 24:57
 5 Peter Cooke (99) 27:48 6 C Moss (94) 24:22

95 Durham City Harriers 'B' 2:24:43
 1 Rob Garbutt (102) 21:48 2 Daniel Grant (87) 19:32
 3 Geoff Watson (91) 23:49 4 Chris Herkes (91) 23:41
 5 Chris Callan (92) 24:34 6 Bryan MacKay (95) 31:19

96 Airedale Athletics 'B' 2:26:20
 1 Edward East (107) 23:28 2 Don Johnson (107) 24:07
 3 N Georgiadis (106) 27:06 4 Frank Beecroft (103) 25:37
 5 Mick Brearley (100) 21:17 6 Simon Forde (96) 24:45

Incomplete Teams:

Horwich Rmi Harriers 'B'
 1 B Bolland (53) 19:03 2 Sean McMyler (80) 21:07
 3 David Jackson (72) 20:21 4 G Chadderton (76) 21:32
 5 Tim Roe (73) 21:00

Blackburn Harriers 'B'
 1 Richard Taylor (105) 23:00 2 David Thornton (93) 19:36
 3 Allan Hartley (92) 22:51 4 Graham Pomfret (93) 23:45
 5 Undeclared (87) 19:31

Spenborough
 1 Keith McGhie (85) 20:18 2 Kevin Ogden (63) 18:37
 3 G Skippins (63) 20:33 4 David Lane (82) 24:33
 5 F Reddington (88) 24:49

East Hull Harriers & AC 'B'
 1 Philip Gibson (97) 21:24 2 Tony Collinson (100) 22:14
 3 G Wilkinson (98) 22:45 4 Terence Hirst (98) 25:58
 5 Andrew Watson (98) 23:31

Blackpool Wyre & Fylde AC 'C'
 1 Steve Minto (108) 23:29 2 Derek Crane (106) 23:56
 3 Stuart Johnson (104) 23:53 4 Peter Gibson (101) 25:37
 5 Robert Newman (101) 25:30

Manchester Harriers & AC 'B'
 1 John Halliwell (106) 23:19 2 Steve McCall (105) 23:05
 3 W Stanard (105) 27:24 4 Joseph Taylor (102) 26:28
 5 Dave Walmsley (102) 27:07

Trafford AC 'C'
 1 Gareth Turner (40) 18:39 2 Richard Clancy (53) 19:51
 3 Duncan Drasdo (70) 21:41 4 Paul Mannion (70) 20:50

Leeds City AC 'C'
 1 Sam Bucknall (42) 18:42 2 Chris Wright (30) 17:45
 3 Ben Dyson (33) 19:35

Rotherham H & AC 'B'
 1 David Nuttall (93) 20:55 2 Mark Ward (91) 20:57
 3 Nigel Brookes (86) 21:08

Liverpool Harriers & AC 'C'
 1 Rob Dewhurst (54) 19:05 2 Anthony Clarke (75) 20:45
 3 Patrick Henley (96) 26:11

New Marske Harriers
 1 Andrew Wiles (6) 17:03 2 Russell Best (13) 17:46

Altrincham & District AC 'D'
 1 Mike Jones (109) 25:23 2 Toby Percival (108) 22:59

Spectrum Striders RC 'B'
 1 Andy Garnett (110) 25:44 2 Barry Allman (109) 25:34

Beverley Athletics Club 'B'
 1 Neil Bant (89) 20:31

Fastest of all legs — Provisional

1 Johnny Mellor	Liverpool	A	16:22
2 Richard Weir	Derby Ac	A	16:28
3 Anthony Ford	Sale Harri	A	16:33
= Patrick Martin	Sunderland		16:33
5 Jonathan Gilby	Derby Ac	A	16:35
6 Ben Fish	Blackburn	A	16:39
7 Tom Doe	Lincoln We	A	16:40
8 Matthew Barnes	Altrincham	A	16:42
9 David Webb	Leeds City	A	16:44
10 Andrew Norman	Altrincham	A	16:45