

Pos	RaceNo	Time	Name	Gender	Club	Mid Lancs Age Cat
1	4	00:07:36	Emily Gray	F	St Margaret Mary's Sch / Liverpool H	
2	1753	00:07:49	Kim Baptista	F	Wigan Harriers	U11
3	2	00:07:49	Samantha Bland	F	Kendal AAC	
4	1703	00:07:57	Shauna Williamson	F	Rossendale AC	U11
5	1800	00:07:58	Maria McPolin	F	Leigh Harriers	U11
6	1854	00:07:59	Katie Clark	F	Hyndburn AC	U11
7	1635	00:08:00	Charlotte Crook	F	Preston Harriers	U11
8	1857	00:08:03	Sarah Longshaw	F	Rossendale Harriers	U11
9	1806	00:08:04	Natalya Irvine	F	Clayton Le Moors Harriers	U11
10	1369	00:08:12	Ella Moulding	F	Blackpool Wyre & Fylde	U11
11	1558	00:08:17	Evie Berry	F	Liverpool Harriers	U11
12	1550	00:08:28	Abbie Grolling	F	Liverpool Harriers	U11
13	1493	00:08:34	Tilly Webster	F	Kendal AAC	U11
14	1553	00:08:34	Mia Alsamarraie	F	Liverpool Harriers	U11
15	1547	00:08:38	Faye Ireland	F	Liverpool Harriers	U11
16	1685	00:08:39	Autumn Turner	F	Ribble Valley AC	U11
17	1851	00:08:41	Millie Clark	F	Hyndburn AC	U11
18	1548	00:08:41	Victoria Lavender	F	Liverpool Harriers	U11
19	1848	00:08:44	Nicola Moynihan	F	Hyndburn AC	U11
20	1552	00:08:45	Lauryn Walker	F	Liverpool Harriers	U11
21	1621	00:08:50	Niahm Mullany	F	Pendle AC	U11
22	1647	00:08:50	Rebekah Luff	F	Preston Harriers	U11
23	1561	00:08:54	Eve Adamson	F	Liverpool Harriers	U11
24	1559	00:08:55	Niamh Heron	F	Liverpool Harriers	U11
25	1551	00:08:56	Xisca Cleverley	F	Liverpool Harriers	U11
26	1556	00:08:58	Leah Burton	F	Liverpool Harriers	U11
27	1712	00:09:03	Eleanor Horswell	F	Southport Waterloo AC	U11
28	1724	00:09:04	Sarah Glover	F	Southport Waterloo AC	U11
29	1555	00:09:34	Lauren Allen	F	Liverpool Harriers	U11
30	1549	00:09:44	Lucinda Van Steen-Shar	F	Liverpool Harriers	U11
31	1686	00:09:53	Maddison Barrientus	F	Ribble Valley AC	U11
32	1849	00:09:59	Taumi Liddiard	F	Hyndburn AC	U11
33	1554	00:10:03	Lucy Kinsella	F	Liverpool Harriers	U11
34	1512	00:10:13	Grace Nolan Barnes	F	Lancaster & Morcambe AC	U11
35	1973	00:11:13	Pia Murray	F	Preston Harriers	U11

U11 Boys

Pos	RaceNo	Time	Name	Gender	Club	Lancs Age Cat
1	1640	00:06:44	Dean Tierney	M	Preston Harriers	U11
2	10	00:06:57	Cole Blaikie	M	Kendal AAC	U11
3	1758	00:07:06	Nathan Dunn	M	Wigan Harriers	U11
4	1754	00:07:17	Scott Thompson	M	Wigan Harriers	U11
5	1568	00:07:21	Joe Martin	M	Liverpool Pembroke & Sefton AC	U11
6	1346	00:07:24	Kristian McKinery	M	Blackburn Harriers	U11
7	1718	00:07:30	Andy Fallon	M	Southport Waterloo AC	U11
8	1700	00:07:33	Ethan Radcliffe	M	Rossendale AC	U11
9	1538	00:07:35	Callum Smith	M	Leigh Harriers	U11
10	1639	00:07:41	George Ashcroft	M	Preston Harriers	U11
11	1567	00:07:42	Tom Jaques	M	Liverpool Pembroke & Sefton AC	U11
12	1636	00:07:44	Louis Barrow	M	Preston Harriers	U11
13	1501	00:07:46	Joseph Twigg	M	Lancaster & Morcambe AC	U11
14	1701	00:07:47	Harley Place	M	Rossendale AC	U11
15	1612	00:07:48	Joe Lonsdale	M	Pendle AC	U11
16	1713	00:07:49	Ben Apps	M	Southport Waterloo AC	U11
17	1968	00:07:49	Owen Simpson	M	Liverpool Harriers	U11
18	1710	00:07:49	Oliver Burrill	M	Southport Waterloo AC	U11
19	1613	00:07:56	Gregan Baker	M	Pendle AC	U11
20	1699	00:07:59	Oscar Radcliffe	M	Rossendale AC	U11
21	1542	00:08:03	Ben McLaughlin	M	Leigh Harriers	U11
22	1978	00:08:06	Charlie Sharp	M	Liverpool Harriers	U11
23	1757	00:08:06	Matthew Lynch	M	Wigan Harriers	U11
24	1544	00:08:07	Joseph Wane	M	Leigh Harriers	U11
25	1831	00:08:08	Cameron Christie	M	Liverpool Harriers	U11
26	1975	00:08:09	Callum Hogarth	M	Blackpool Wyre & Fylde	U11
27	1546	00:08:16	Michael O'Malley	M	Liverpool Harriers	U11
28	1719	00:08:19	Tom Peacock	M	Southport Waterloo AC	U11
29	1570	00:08:26	Paul Bousique-Green	M	Liverpool Pembroke & Sefton AC	U11
30	1855	00:08:43	Dylan Ross	M	Hyndburn AC	U11
31	1569	00:08:44	Colin Bousique-Green	M	Liverpool Pembroke & Sefton AC	U11
32	1502	00:08:56	James McCracken	M	Lancaster & Morcambe AC	U11
33	1545	00:09:05	Shea Mellor	M	Leigh Harriers	U11
34	1709	00:09:10	David Spencer	M	Southport Waterloo AC	U11
35	1513	00:11:00	Kit Nolan Barnes	M	Lancaster & Morcambe AC	U11
36	1515	00:08:56	Liam Hinnigan	M	Lancaster & Morcambe AC	U11

Pos	RaceNo	Time	Name	Gender	Club	Lancs Age Cat
1	49	00:10:36	Elizabeth Greenwood	F	Blackburn Harriers	
2	1566	00:11:18	Zoe Tynan	F	Liverpool Harriers	U13
3	1812	00:11:27	Anna Rowe	F	Liverpool Harriers	U13
4	35	00:11:30	Bethany Blackwell	F	Preston Harriers	U13
5	1875	00:11:33	Sophia Brennan	F	Liverpool Harriers	U13
6	1562	00:11:48	Molly Thomson	F	Liverpool Harriers	U13
7	1633	00:11:55	Grace Handley	F	Preston Harriers	U13
8	1473	00:11:57	Phoebe Howe	F	Horwich RMI Harriers	U13
9	1564	00:12:12	Abbie Gray	F	Liverpool Harriers	U13
10	1657	00:12:14	Maxine Smith	F	Preston Harriers	U13
11	1811	00:12:15	Emily Rowe	F	Liverpool Harriers	U13
12	1659	00:12:29	Isabel Hughes	F	Preston Harriers	U13
13	1858	00:12:33	Charlotte Waddington	F	Rossendale Harriers	U13
14	1370	00:12:38	Deni Implett	F	Blackpool Wyre & Fylde	U13
15	1372	00:12:43	Beth Everson	F	Blackpool Wyre & Fylde	U13
16	1576	00:12:43	Anna Hulme	F	Liverpool Pembroke & Sefton AC	U13
17	1818	00:12:53	Lucy Carrell	F	Liverpool Harriers	U13
18	1704	00:12:54	Shona Monks	F	Rossendale AC	U13
19	1377	00:12:56	Fiona Hockey	F	Blackpool Wyre & Fylde	U13
20	1376	00:12:57	Molly Scarr	F	Blackpool Wyre & Fylde	U13
21	1687	00:12:58	Libby Turner	F	Ribble Valley AC	U13
22	1508	00:12:56	Molly Newton O'Brien	F	Lancaster & Morcambe AC	U13
23	1376	00:12:57	Molly Scarf	F	Blackpool Wyre & Fylde	U13
24	1687	00:12:58	Libby Turner	F	Ribble Valley AC	U13
25	50	00:12:59	Millie Holden	F	Eden Runners	U13
26	1809	00:13:02	E Bond	F	Leigh Harriers	U13
27	1810	00:13:06	Tenisha Maher	F	Liverpool Harriers	U13
28	1316	00:13:06	Tasmin Crook	F	Barrow & Furness Striders	U/13
29	1702	00:13:11	Jessica Nelson	F	Rossendale AC	U13
30	1577	00:13:13	Charlotte Mawdsley	F	Liverpool Pembroke & Sefton AC	U13
31	1615	00:13:14	Natrika Wildman	F	Pendle AC	U13
32	1816	00:13:28	Olivia Phillips	F	Liverpool Harriers	U13
33	1411	00:13:29	Fionnuala Hart	F	Chorley Harriers AC	U13
34	1813	00:13:30	Racheal Hart	F	Liverpool Harriers	U13
35	1833	00:13:33	Amelia Christie	F	Liverpool Harriers	U13
36	1976	00:13:37	Leah Hogarth	F	Blackpool Wyre & Fylde	U13
37	1817	00:13:39	Olivia Thompson	F	Liverpool Harriers	U13
38	1819	00:13:45	Katie Murphy	F	Liverpool Harriers	U13
39	1729	00:13:51	Lucy Hunter	F	Southport Waterloo AC	U13
40	1516	00:13:53	Amber Horrobin	F	Lancaster & Morcambe AC	U13
41	1814	00:13:53	Emily Radforth	F	Liverpool Harriers	U13
42	1690	00:13:57	Abigale Robinson	F	Ribble Valley AC	U13
43	1815	00:14:11	Wrea Ventre-Long	F	Liverpool Harriers	U13
44	1689	00:14:15	Kelsey Rutherford	F	Ribble Valley AC	U13
45	1412	00:14:16	Meghan Adamson	F	Chorley Harriers AC	U13
46	1660	00:14:29	Millie Barrow	F	Preston Harriers	U13
47	1575	00:14:33	Ella Barton	F	Liverpool Pembroke & Sefton AC	U13
48	1373	00:14:48	Lauren Quarmby	F	Blackpool Wyre & Fylde	U13
49	1503	00:16:24	Emma Gribbin	F	Lancaster & Morcambe AC	U13
50	1504	00:16:28	Courtney Smith	F	Lancaster & Morcambe AC	U13
51	1844	00:16:51	Angelica Scott-Robinson	F	Hyndburn AC	U13

Pos	RaceNo	Time	Name	Gender	Club	Mid Lancs Age Cat
1	123	00:10:38	Christopher Richards	M	Helm Hill Harriers	U13
2	108	00:10:41	Jake Lonsdale	M	Blackpool Wyre & Fylde	U13
3	1834	00:10:45	Elliot Colman	M	Liverpool Harriers	U13
4	1317	00:10:50	James Curtis	M	Barrow & Furness Striders	U/13
5	1835	00:10:56	Adam Moorcroft	M	Liverpool Harriers	U13
6	1471	00:10:59	Nathan Townsend	M	Horwich RMI Harriers	U13
7	1571	00:11:03	Jack Crook	M	Liverpool Pembroke & Sefton AC	U13
8	1618	00:11:05	James Marchant	M	Pendle AC	U13
9	1574	00:11:12	Liam Bibby	M	Liverpool Pembroke & Sefton AC	U13
10	1717	00:11:16	Gregor Gordon	M	Southport Waterloo AC	U13
11	1651	00:11:19	Robert Bryning	M	Preston Harriers	U13
12	1614	00:11:23	Tiarnan Crurken	M	Pendle AC	U13
13	1620	00:11:35	Morgan Ratcliffe	M	Pendle AC	U13
14	1597	00:11:36	Robbie Webb	M	Lytham St Annes RRC	U13
15	1348	00:11:38	Byron Abbutt	M	Blackburn Harriers	U13
16	1645	00:11:43	Chris Durney	M	Preston Harriers	U13
17	1534	00:11:44	Domenic Howarth	M	Leigh Harriers	U13
18	1716	00:11:46	Callum Larkin	M	Southport Waterloo AC	U13
19	1836	00:11:47	Sean Keyes	M	Liverpool Harriers	U13
20	1842	00:11:50	George Nightingale	M	Hyndburn AC	U13
21	1792	00:11:55	Ryan Murray	M	Burnley AC	U13
22	1648	00:11:58	Christopher Luff	M	Preston Harriers	U13
23	1715	00:12:00	Adam Gilmore	M	Southport Waterloo AC	U13
24	1725	00:12:02	Harry Peacock	M	Southport Waterloo AC	U13
25	1619	00:12:05	Thomas Marchant	M	Pendle AC	U13
26	1838	00:12:09	Tom Rogerson	M	Liverpool Harriers	U13
27	1852	00:12:16	Callum Ross	M	Hyndburn AC	U13
28	1379	00:12:18	Thomas Matthews	M	Blackpool Wyre & Fylde	U13
29	1520	00:12:22	George Tosteviw	M	Lancaster & Morcambe AC	U13
30	1474	00:12:25	Will Townsend	M	Horwich RMI Harriers	U13
31	1572	00:12:30	Chris Webber	M	Liverpool Pembroke & Sefton AC	U13
32	1759	00:12:32	Patrick Taberner	M	Wigan Harriers	U13
33	1846	00:12:56	Ben Hedley	M	Hyndburn AC	U13
34	1643	00:13:07	Liam McDermott	M	Preston Harriers	U13
35	1847	00:13:16	William Moynihan	M	Hyndburn AC	U13
36	1794	00:13:20	Jake Almond	M	Burnley AC	U13
37	1521	00:13:37	Nathan Slack	M	Lancaster & Morcambe AC	U13
38	1738	00:14:35	Jamie Tipping	M	Southport Waterloo AC	U13

Pos	RaceNo	Time	Name	Gender	Club	Mid Lancs
						Age Cat
1	1876	00:09:57	Owen Sharp	M	Liverpool Harriers	U15
2	1320	00:10:07	Ross Campbell	M	Barrow & Furness Striders	U/15
3	1877	00:10:08	Paul Tyson	M	Liverpool Harriers	U15
4	197	00:10:11	Neil Orr	M	Border Harriers	
5	1723	00:10:20	Andy Kershaw	M	Southport Waterloo AC	U15
6	1880	00:10:20	Kristian Quirk	M	Liverpool Harriers	U15
7	1646	00:10:22	Patrick Dever	M	Preston Harriers	U15
8	1652	00:10:24	Rory Judd	M	Preston Harriers	U15
9	1638	00:10:31	Luke Penswick	M	Preston Harriers	U15
10	1879	00:10:36	Callum Grant	M	Liverpool Harriers	U15
11	1728	00:10:38	Liam Ellis	M	Southport Waterloo AC	U15
12	1695	00:10:38	Joe Oldfield	M	Ribble Valley AC	U15
13	1578	00:10:40	James Loftus	M	Liverpool Pembroke & Sefton AC	U15
14	221	00:10:41	Robert Wong	M	Blackburn Harriers	U15
15	1494	00:10:46	Mark Sullivan	M	Kendal AAC	U15
16	1878	00:10:48	Liam Evans	M	Liverpool Harriers	U15
17	1532	00:10:49	Adam Jamson	M	Leigh Harriers	U15
18	1720	00:10:50	Luke Tyson	M	Southport Waterloo AC	U15
19	1873	00:10:55	Chris Manning	M	Liverpool Harriers	U15
20	1663	00:10:56	Sandy Kelly	M	Preston Harriers	U15
21	1624	00:10:58	Matthew Dutton	M	Pendle AC	U15
22	1616	00:11:01	Neng Wildman	M	Pendle AC	U15
23	1721	00:11:04	Jonathan Foster	M	Southport Waterloo AC	U15
24	1510	00:11:07	Isaac Scott	M	Lancaster & Morcambe AC	U15
25	1714	00:11:16	Owen Williams	M	Southport Waterloo AC	U15
26	1397	00:11:19	Jordan Hull	M	Border Harriers	U15
27	1637	00:11:20	Dougie Ashcroft	M	Preston Harriers	U15
28	1472	00:11:20	Joseph Howe	M	Horwich RMI Harriers	U15
29	1514	00:11:33	Tom Nolan Barnes	M	Lancaster & Morcambe AC	U15
30	1722	00:11:39	Gary Ckark	M	Southport Waterloo AC	U15
31	1840	00:11:40	Tom Schumacher	M	Liverpool Harriers	U15
32	1665	00:11:40	Jack Isherwood	M	Preston Harriers	U15
33	1590	00:11:42	Nathan Browne	M	Liverpool Pembroke & Sefton AC	U15
34	1405	00:11:45	Danny Betts	M	Chorley Harriers AC	U15
35	1622	00:11:49	Liam Mullany	M	Pendle AC	U15
36	1662	00:11:57	Dan Whitlock	M	Preston Harriers	U15
37	1580	00:12:00	Albert Curran	M	Liverpool Pembroke & Sefton AC	U15
38	1511	00:12:13	Rafi Scott	M	Lancaster & Morcambe AC	U15
39	1839	00:12:14	Allan Rowe	M	Liverpool Harriers	U15
40	1796	00:12:18	James Macken	M	Burnley AC	U15
41	1795	00:12:22	Matthew Oldcorn	M	Burnley AC	U15
42	1522	00:12:24	Joel Ingram	M	Lancaster & Morcambe AC	U15
43	1664	00:12:27	Daniel Neal	M	Preston Harriers	U15
44	1350	00:16:13	Jamie Havserman	M	Blackburn Harriers	U15

						Mid Lancs
Pos	RaceNo	Time	Name	Gender	Club	Age Cat
1	1380	00:11:12	Jodie Ferguson	F	Blackpool Wyre & Fylde	U15
	236	00:11:18	Megan Bates	F	Eden Runners	U15
2	1650	00:11:21	Rachael Scott	F	Preston Harriers	U15
3	1859	00:11:27	Megan Davies	F	Rossendale Harriers	U15
4	1623	00:11:33	Amy Moran	F	Pendle AC	U15
5	1705	00:11:34	Leah Williamson	F	Rossendale AC	U15
6	298	00:11:38	Sally Searson	F	Blackburn Harriers	U15
7	1820	00:11:40	Riana Burton	F	Liverpool Harriers	U15
8	239	00:11:41	Molly Betmead	F	Blackpool Wyre & Fylde	U15
9	306	00:11:45	Sabrina Walley	F	Ribble Valley AC	U15
10	1732	00:11:52	Ellie Roberts	F	Southport Waterloo AC	U15
11	1601	00:11:52	Kirsty Fraser	F	Lytham St Annes RRC	U15
12	1644	00:11:53	Emma Hargreaves	F	Preston Harriers	U15
13	1706	00:11:59	Megan Solomon	F	Rossendale AC	U15
14	1856	00:12:01	Hannah Williams	F	Hyndburn AC	U15
15	1823	00:12:02	Izzy Perez	F	Liverpool Harriers	U15
16	262	00:12:04	Mary Hodgson	F	Lancaster & Morcambe AC	U15
17	1755	00:12:05	Danielle Thompson	F	Wigan Harriers	U15
18	1371	00:12:08	Kelly Smith	F	Blackpool Wyre & Fylde	U15
19	272	00:12:08	Lucy Lennon	F	Ribble Valley AC	U15
20	1382	00:12:14	Alisha Johnson	F	Blackpool Wyre & Fylde	U15
21	1822	00:12:22	Erin Stewart	F	Liverpool Harriers	U15
22	1318	00:12:26	Sophie Seddon	F	Barrow & Furness Striders	U15
23	1760	00:12:29	Amy Highham	F	Wigan Harriers	U15
24	1861	00:12:42	Rebecca Bevan	F	Rossendale Harriers	U15
25	1756	00:12:45	Natalie Thompson	F	Wigan Harriers	U15
26	1602	00:12:47	Nicole Hadlow	F	Lytham St Annes RRC	U15
27	1730	00:12:48	Erin Donagh	F	Southport Waterloo AC	U15
28	1821	00:12:52	Laura McCourt	F	Liverpool Harriers	U15
29	1734	00:12:53	Caroline Smith	F	Southport Waterloo AC	U15
30	1711	00:12:53	Sophie Lewis	F	Southport Waterloo AC	U15
31	1731	00:13:01	Alice Cribb	F	Southport Waterloo AC	U15
32	1505	00:13:01	Hannah Fleet	F	Lancaster & Morcambe AC	U15
33	1625	00:13:03	Lucy Alderman	F	Pendle AC	U15
34	1824	00:13:04	Hannah King	F	Liverpool Harriers	U15
35	1589	00:13:06	George Hannaway	F	Liverpool Pembroke & Sefton /	U15
36	1507	00:13:07	Jessica McCracken	F	Lancaster & Morcambe AC	U15
37	1733	00:13:11	Elizabeth McKay	F	Southport Waterloo AC	U15
38	1506	00:13:16	Alice Tidswell	F	Lancaster & Morcambe AC	U15
39	1825	00:13:25	Hannah Skaife	F	Liverpool Harriers	U15
40	1349	00:13:31	Sadie Kenyon	F	Blackburn Harriers	U15
41	1319	00:13:34	Hannah Stanway	F	Barrow & Furness Striders	U15
42	1592	00:13:38	Alicia Burke	F	Liverpool Pembroke & Sefton /	U15
43	1860	00:13:53	Elizabeth Longshaw	F	Rossendale Harriers	U15
44	1374	00:13:56	Alex Quarmby	F	Blackpool Wyre & Fylde	U15
45	1707	00:14:00	Mollie Neary	F	Rossendale AC	U15
46	1691	00:14:25	Alex Thistlethwaite	F	Ribble Valley AC	U15

Pos	RaceNo	Time	Name	Gender	Club	Mid Lancs Age Cat
1	369	00:16:17	Beckie Taylor	F	Blackburn Harriers	U17
2	1383	00:16:24	Lauren Gowland	F	Blackpool Wyre & Fylde	U17
3	337	00:16:39	Sarah Hodgson	F	Lancaster & Morcambe AC	U17
4	1826	00:17:00	Kath Walker	F	Liverpool Harriers	U17
5	1321	00:17:37	Olivia Miller	F	Barrow & Furness Striders	U17
6	1828	00:17:39	Hannah Whiteside	F	Liverpool Harriers	U17
7	1827	00:17:51	Olivia Perez	F	Liverpool Harriers	U17
8	373	00:17:54	Cherisse Walley	F	Ribble Valley AC	U17
9	1641	00:18:20	Jessica McDermott	F	Preston Harriers	U17
10	1735	00:18:25	Ellon Hart	F	Southport Waterloo AC	U17
11	1347	00:18:30	Emily Fletcher	F	Blackburn Harriers	U17
12	1829	00:18:36	Rebecca Donohue	F	Liverpool Harriers	U17
13	1509	00:18:42	Zoe Harding	F	Lancaster & Morcambe AC	U17
14	1667	00:18:49	Laura Sullivan	F	Preston Harriers	U17
15	1352	00:18:50	Jacinta Davison	F	Blackburn Harriers	U17
16	1658	00:18:53	Ashley Smith	F	Preston Harriers	U17
17	1830	00:18:54	Holly Barrett	F	Liverpool Harriers	U17
18	1832	00:18:56	Hannah Waine	F	Liverpool Harriers	U17
19	1591	00:19:05	Abby Kelly	F	Liverpool Pembroke & Sefton	U17
20	1805	00:19:11	Georgina Leck	F	Leigh Harriers	U17
21	1693	00:19:16	Jayne Ashe	F	Ribble Valley AC	U17
22	1668	00:19:35	Aimee Gallagher	F	Preston Harriers	U17
23	1692	00:19:36	Abbie Thistlethwaite	F	Ribble Valley AC	U17
24	1739	00:19:37	Charlotte Rigby	F	Southport Waterloo AC	U17
25	1797	00:19:54	Emma Scott	F	Burnley AC	U17
26	1414	00:21:35	Leah Nelson	F	Chorley Harriers AC	U17
27	1740	00:22:18	Chandini Kumari-Webster	F	Southport Waterloo AC	U17

Pos	RaceNo	Time	Name	Gender	Club	Mid Lancs Age Cat
1	386	00:15:49	Charlotte Arter	F	Eden Runners	U20
2	437	00:15:55	Laura Riches	F	Leigh Harriers	U20
3	1531	00:16:44	Abigail Howarth	F	Leigh Harriers	U20
4	412	00:17:13	Nicola Jackson	F	Preston Harriers	U20
5	1798	00:21:03	Leanne Scott	F	Burnley AC	U20

Pos	RaceNo	Time	Name	Gender	Club	Mid Lancs Age Cat
1	510	00:17:35	Ryan Moore	M	Leigh Harriers	
2	1500	00:18:04	Luke Ingham	M	Kendal AAC	U17
3	1345	00:18:12	Alan McKeown	M	Blackburn Harriers	U17
4	1403	00:18:27	Luke Betts	M	Chorley Harriers AC	U17
5	1581	00:18:28	Alistair Nelson	M	Liverpool Pembroke & Sefton AC	U17
6	1524	00:18:34	Callum Mason	M	Lancaster & Morcambe AC	U17
7	1582	00:18:36	Warren Turner	M	Liverpool Pembroke & Sefton AC	U17
8	1523	00:18:42	Adam Bateson	M	Lancaster & Morcambe AC	U17
9	1874	00:18:50	Jack Christie	M	Liverpool Harriers	U17
10	1585	00:19:02	Sean Kirkbride	M	Liverpool Pembroke & Sefton AC	U17
11	517	00:19:07	Tim Orr	M	Border Harriers	U17
12	1694	00:19:11	Reece Clark	M	Ribble Valley AC	U17
13	1375	00:19:16	Daniel Quarmby	M	Blackpool Wyre & Fylde	U17
14	1535	00:19:17	Liam Moore	M	Leigh Harriers	U17
15	1322	00:19:20	Sam Storey	M	Barrow & Furness Striders	U17
16	1496	00:19:30	Robbie Ingham	M	Kendal AAC	U17
17	1407	00:19:33	Adam Sciacca	M	Chorley Harriers AC	U17
18	1583	00:19:37	Kyle Nicholls	M	Liverpool Pembroke & Sefton AC	U17
19	1696	00:19:42	Sam Butler	M	Ribble Valley AC	U17
20	526	00:19:54	William Reynolds	M	Liverpool Harriers	U17
21	1653	00:20:06	Kingsley Judd	M	Preston Harriers	U17
22	1900	00:20:09	Danny Walsh	M	Rosendale Harriers	U17
23	1588	00:20:10	George Curran	M	Liverpool Pembroke & Sefton AC	U17
24	1495	00:20:18	Tom Hartley	M	Kendal AAC	U17
25	1525	00:20:30	James Whitaker	M	Lancaster & Morcambe AC	U17
26	1406	00:20:39	Ryan Sciacca	M	Chorley Harriers AC	U17
27	1410	00:20:48	Ben Ramsay	M	Chorley Harriers AC	U17
28	1533	00:21:02	Mike Hawker	M	Leigh Harriers	U17
29	1584	00:21:13	Rob Parkinson	M	Liverpool Pembroke & Sefton AC	U17
30	1586	00:21:40	Dave Reece	M	Liverpool Pembroke & Sefton AC	U17
31	1791	00:22:06	Ryan Bradshaw	M	Burnley AC	U17
32	1853	00:22:27	George Banks	M	Hyndburn AC	U15
33	1587	00:23:24	Darren McDonald	M	Liverpool Pembroke & Sefton AC	U17

Pos	RaceNo	Time	Name	Gender	Club	Mid Lancs Age Cat
1	642	00:21:14	Toby Loveridge	M	Liverpool Pembroke & Sefton /	U20
2	1399	00:22:04	Matthew Grieve	M	Border Harriers	U20
3	696	00:22:17	Jai Vernon-Mcguigan	M	Liverpool Pembroke & Sefton /	U20
4	647	00:22:26	Christopher Matthews	M	Blackburn Harriers	U20
5	1400	00:22:36	Harry Earl	M	Border Harriers	U20
6	1881	00:23:14	Mark Loveridge	M	Liverpool Harriers	U20
7	1770	00:24:29	Daniel Miller	M	Wigan Phoenix	U20
8	1850	00:28:06	Jason Conchie	M	Hyndburn AC	U20

Pos	RaceNo	Time	Name	Gender	Club	Mid Lancs Age Cat
1	720	00:27:04	Helen Clitheroe	F	Preston Harriers	Senior
2	801	00:28:15	Lauren Howarth	F	Leigh Harriers	Senior
3	785	00:30:16	Dionne Allen	F	Leigh Harriers	Senior
4	1301	00:30:51	Sarah Ridehalgh	F	Accrington RR	V35
5	1353	00:30:55	Alison Leonard	F	Blackburn Harriers	Senior
6	1604	00:31:19	Sue Samme	F	Lytham St Annes RRC	V45
7	1324	00:31:26	Ellie Wilson	F	Barrow & Furness Striders	U20
8	1774	00:31:42	Deborah Wright	F	Wigan Phoenix	Senior
9	1893	00:32:13	Rhiannon Silson	F	Border Harriers	Senior
10	1415	00:32:14	Lynne Clough	F	Chorley Harriers AC	V35
11	1401	00:32:31	Charlotte Dovelas	F	Border Harriers	Senior
12	1526	00:32:43	Lauren Cooper	F	Lancaster & Morcambe AC	Senior
13	1498	00:33:10	Joanne Taylor	F	Kendal AAC	V35
14	1773	00:33:15	Tracey Dutton	F	Wigan Phoenix	V35
15	1841	00:33:54	Tracey Peters	F	Southport Waterloo AC	Senior
16	1340	00:33:58	Carolyn Robbins	F	Blackpool Wyre & Fylde	V45
17	1303	00:34:36	Nicola Wood	F	Accrington RR	Senior
18	1309	00:34:56	Josie Maley	F	Astley & Tyldesley RR	Senior
19	1899	00:34:59	Emma Flannagan	F	Rossendale AC	U20
20	1606	00:35:16	Mel Koth	F	Lytham St Annes RRC	V35
21	1325	00:35:25	Katie Savage	F	Barrow & Furness Striders	Senior
22	1741	00:35:28	Jenny Girdler	F	Southport Waterloo AC	Senior
23	1743	00:35:33	Rachel Jacks	F	Southport Waterloo AC	Senior
24	1744	00:35:38	Sue Cooper	F	Southport Waterloo AC	V55
25	1670	00:35:52	Marian Hesketh	F	Preston Harriers	V55
26	1308	00:35:55	Amanda Baxendale	F	Astley & Tyldesley RR	V35
27	1708	00:36:01	Michelle Spencer	F	Southport Waterloo AC	Senior
28	1642	00:36:01	Claire McDermott	F	Preston Harriers	V35
29	1418	00:36:39	Vicky Davison	F	Chorley Harriers AC	V35
30	1608	00:36:40	Camilla Neill	F	Lytham St Annes RRC	Senior
31	1529	00:37:18	Louise Goddard	F	Lancaster & Morcambe AC	V35
32	1306	00:37:25	Brenda Wane	F	Astley & Tyldesley RR	V45
33	1863	00:37:39	Robyn Anderson	F	Preston Harriers	V35
34	1413	00:37:41	Anna Maria Crabtree	F	Chorley Harriers AC	V35
35	1491	00:37:47	Diannne Priestley	F	Kendal AAC	V55
36	1341	00:38:10	Laura Lawler	F	Blackpool Wyre & Fylde	V35
37	1676	00:38:13	Debbie Kirkman	F	Red Rose Runners	V35
38	1775	00:38:19	Kathryn Culshaw	F	Wigan Phoenix	Senior
39	1674	00:38:42	Glenda Dobbie	F	Red Rose Runners	V45
40	1528	00:38:51	Sadie McKeand	F	Lancaster & Morcambe AC	V35
41	1305	00:38:59	Michela Shaw	F	Astley & Tyldesley RR	Senior
42	1745	00:39:02	Karen Faloon	F	Southport Waterloo AC	V55
43	1339	00:39:23	Kathy Winrow	F	Kendal AAC	V45
44	1492	00:39:36	Jacqueline Waine	F	Kendal AAC	V35
45	1342	00:39:48	Karen Dunford	F	Blackpool Wyre & Fylde	V35
46	1747	00:40:18	Rachel Thomas	F	Southport Waterloo AC	V35
47	1419	00:40:20	Nikki Rushton	F	Chorley Harriers AC	V35
48	1675	00:40:34	Joan Goldthorpe	F	Red Rose Runners	V55
49	1799	00:40:55	Sarah Toms	F	Burnley AC	Senior
50	1302	00:41:45	Carole Morris	F	Accrington RR	V45
51	1673	00:42:08	Sally Cape	F	Red Rose Runners	V35
52	1451	00:42:27	Sheena Cottam	F	Garstang Running Club	V35
53	1326	00:43:09	Helen Walker	F	Barrow & Furness Striders	Senior
54	1453	00:43:20	Jane Sherriff	F	Garstang Running Club	Senior
55	1307	00:43:27	Michelle Fuller	F	Astley & Tyldesley RR	V35
56	1746	00:43:31	Sue Stewart	F	Southport Waterloo AC	V55

57	1603	00:43:39	Liz Boon	F	Lytham St Annes RRC	Senior
58	1310	00:44:05	Abbie Ecksutey	F	Astley & Tyldesley RR	Senior
59	1605	00:44:23	Julia Rolfe	F	Lytham St Annes RRC	V45
60	1416	00:45:22	Shelly Parkinson	F	Chorley Harriers AC	V45
61	1430	00:46:06	Karin Goss	F	Clayton Le Moors Harriers	V60
62	1527	00:47:27	Karen Davis	F	Lancaster & Morcambe AC	V45
63	1452	00:48:19	Debi Spencer	F	Garstang Running Club	V45
64	1677	00:49:36	Karen Clark	F	Red Rose Runners	V45
65	1742	00:49:38	Elaine Sutton	F	Southport Waterloo AC	V35
66	1678	00:49:42	Evelyn Elkington	F	Red Rose	V55
67	1429	00:52:41	Sue Allen	F	Clayton Le Moors Harriers	V45
68	1338	00:59:29	Dawn Lock	F	Lytham St Annes RRC	V55

Pos	RaceNo	Time	Name	Gender	Club	Mid Lancs Age Cat
1	993	00:30:56	Pete Street	M	Preston Harriers	Senior
2	1896	00:31:07	James Douglas	M	Border Harriers	Senior
3	971	00:32:00	Peter Matthews	M	Blackburn Harriers	Senior
4	982	00:32:12	Gary Priestley	M	Horwich RMI Harriers	Senior
5	921	00:32:14	Alasdair Russell	M	Kendal AAC	Senior
6	1327	00:32:37	Iain Quinn	M	Barrow & Furness Striders	Senior
7	1669	00:32:46	David Rigby	M	Preston Harriers	Senior
8	1333	00:32:47	Jed Bartlett	M	Barrow & Furness Striders	Senior
9	1882	00:32:51	Joe Kelly	M	Rossendale Harriers	U20
10	1666	00:32:54	Matthew Davison	M	Preston Harriers	Senior
11	1435	00:33:00	Gary Shaw	M	Clayton Le Moors Harriers	Senior
12	1776	00:33:06	Michael O'Neill	M	Wigan Phoenix	Senior
13	1354	00:33:07	Paul Bradshaw	M	Blackburn Harriers	Senior
14	1905	00:33:08	James Tartt	M	Southport Waterloo AC	Senior
15	1351	00:33:19	Anthony Havserman	M	Blackburn Harriers	U20
16	1332	00:33:33	Bob Atkinson	M	Barrow & Furness Striders	Senior
17	1726	00:33:38	Richard Shearer	M	Southport Waterloo AC	V40
18	1894	00:33:42	Kevin Bell	M	Border Harriers	Senior
19	1672	00:33:43	Jon Green	M	Preston Harriers	Senior
20	1908	00:33:47	Pat Vis	M	Southport Waterloo AC	U20
21	1890	00:33:49	Dave Hamilton	M	Southport Waterloo AC	V40
22	1909	00:33:58	Joe Vis	M	Southport Waterloo AC	U20
23	1777	00:34:05	John Morrissey	M	Wigan Phoenix	Senior
24	1891	00:34:21	Ben Johnson	M	Southport Waterloo AC	Senior
25	1337	00:34:24	Grant Cunliffe	M	Rossendale	Senior
26	1323	00:34:31	Jon Benson	M	Barrow & Furness Striders	U20
27	1388	00:34:59	John Wright	M	Blackpool Wyre & Fylde	V40
28	1778	00:35:22	Mark Rogers	M	Wigan Phoenix	V40
29	1328	00:35:27	Richard Walker	M	Barrow & Furness Striders	Senior
30	1784	00:35:42	Tim Pilkington	M	Wigan Phoenix	Senior
31	1866	00:35:43	Mark Lee	M	Preston Harriers	V40
32	1928	00:35:49	Shaun Livesy	M	Accrington RR	Senior
33	1477	00:35:54	Brendan Bolland	M	Horwich RMI Harriers	V40
34	1762	00:36:05	Simon Ford	M	Astley & Tyldesley RR	Senior
35	1304	00:36:10	Graham Morris	M	Accrington RR	V40
36	1593	00:36:12	Adam Critchley	M	Chorley Harriers	Senior
37	1420	00:36:14	Dave Biddulph	M	Chorley Harriers AC	V40
38	1334	00:36:16	Pat Miller	M	Barrow & Furness Striders	Senior
39	1901	00:36:18	Thornton Taylor	M	Rossendale Harriers	V50
40	1425	00:36:33	Paul Archer	M	Clayton Le Moors Harriers	V40
41	1782	00:36:37	Stephen Nicholls	M	Wigan Phoenix	Senior
42	1750	00:36:40	Alex Rowe	M	Wesham Road Runners	V50
43	1843	00:36:41	Gerry Lenehan	M	Southport Waterloo AC	Senior
44	1385	00:36:42	Adam Weightman	M	Blackpool Wyre & Fylde	Senior
45	1761	00:36:47	David Jackson	M	Horwich RMI Harriers	V40
46	1779	00:36:48	Mo Manis	M	Wigan Phoenix	Senior
47	1423	00:36:49	Ian Greenwood	M	Clayton Le Moors Harriers	V40
48	1671	00:36:51	Kevin Hesketh	M	Preston Harriers	V50
49	1497	00:36:54	Phil Hartley	M	Kendal AAC	Senior
50	1381	00:37:01	David Cairns	M	Blackpool Wyre & Fylde	V40
51	1610	00:37:02	Ryan Wholey	M	Lytham St Annes RRC	Senior
52	1440	00:37:03	Mark Wightman	M	Clayton Le Moors Harriers	V50
53	1911	00:37:05	Peter Roome	M	Southport Waterloo AC	V40
54	1888	00:37:07	Chris Dunn	M	Southport Waterloo AC	V40
55	1736	00:37:08	Steve McLean	M	Southport Waterloo AC	V50
56	1518	00:37:11	Anthony Jewitt	M	Lancaster & Morcambe AC	V40
57	1921	00:37:17	Jack Husband	M	Lancaster & Morcambe AC	V50

58	1883	00:37:25	Neil Adshead	M	Southport Waterloo AC	V40
59	1313	00:37:32	Gary Atherton	M	Astley & Tyldesley RR	Senior
60	1808	00:37:37	Phil Williams	M	Leigh Harriers	Senior
61	1752	00:37:38	Neil Holding	M	West Pennine Runners	V50
62	1335	00:37:45	Simon Stanway	M	Barrow & Furness Striders	Senior
63	1386	00:37:55	Perry Mann	M	Blackpool Wyre & Fylde	Senior
64	1864	00:37:56	David Watson	M	Preston Harriers	V40
65	1432	00:37:59	Colin Shuttleworth	M	Clayton Le Moors Harriers	V50
66	1530	00:38:01	Andy Warren	M	Lancaster & Morcambe AC	Senior
67	1925	00:38:09	Paul Wilcock	M	Accrington RR	Senior
68	1793	00:38:12	Troy Topping	M	Astley & Tyldesley RR	V40
69	1865	00:38:18	Roger Taylor	M	Preston Harriers	V40
70	1885	00:38:24	Rick Bowker	M	Southport Waterloo AC	V40
71	1331	00:38:29	Dave Parker	M	Barrow & Furness Striders	Senior
72	1617	00:38:29	Richard Marchant	M	Pendle AC	V40
73	1424	00:38:31	Dave Motley	M	Clayton Le Moors Harriers	Senior
74	1434	00:38:34	Neil Woswick	M	Clayton Le Moors Harriers	V40
75	1573	00:38:36	???	M	Liverpool Pembroke & Sefton	?
76	1926	00:38:41	Glen Goodwin	M	Accrington RR	V40
77	1476	00:38:42	Gary Chadderton	M	Horwich RMI Harriers	V40
78	1906	00:38:45	Terry Hanley	M	Southport Waterloo AC	V60
79	1683	00:38:48	Fred Lynch	M	Red Rose Runners	V50
80	1455	00:38:50	Richard Jones	M	Garstang Running Club	Senior
81	1390	00:38:52	Chris Essex Crosbie	M	Blackpool Wyre & Fylde	Senior
82	1478	00:38:57	Doug Fleming	M	Horwich RMI Harriers	V50
83	1421	00:39:01	Joe Duckworth	M	Chorley Harriers AC	Senior
84	1679	00:39:05	Joe Swarbrick	M	Red Rose Runners	V50
85	1649	00:39:08	Steven Luff	M	Preston Harriers	V40
86	1329	00:39:14	Harry Melia	M	Barrow & Furness Striders	Senior
87	1594	00:39:16	Phil Iddon	M	Chorley Harriers	Senior
88	1417	00:39:22	Mark Ellithorn	M	Chorley Harriers AC	V40
89	1895	00:39:23	Kevin Hull	M	Border Harriers	V40
90	1680	00:39:23	Ken Addison	M	Red Rose Runners	V50
91	1437	00:39:31	Chris Balderson	M	Clayton Le Moors Harriers	V40
92	1916	00:39:37	Paul Wareing	M	Chorley AC	V40
93	1426	00:39:38	Peter Booth	M	Clayton Le Moors Harriers	V60
94	1632	00:39:39	James Harrington	M	Chorley Harriers	Senior
95	1780	00:39:39	Andy Eccles	M	Wigan Phoenix	V40
96	1892	00:39:40	Steve Lewis	M	Southport Waterloo AC	Senior
97	1607	00:39:42	Tony Croft	M	Lytham St Annes RRC	V50
98	1727	00:39:59	Tom Peacock	M	Southport Waterloo AC	V40
99	1360	00:40:00	John Shepherd	M	Red Rose Runners	V40
100	1655	00:40:01	Matt Daniels	M	Preston Harriers	Senior
101	1751	00:40:03	Steve Myerscough	M	Wesham Road Runners	Senior
102	1600	00:40:09	Graham Webster	M	Lytham St Annes RRC	V50
103	1749	00:40:10	John Collier	M	Wesham Road Runners	V50
104	1433	00:40:19	Michael Toms	M	Clayton Le Moors Harriers	V40
105	1682	00:40:25	Philip Butler	M	Red Rose Runners	V40
106	1431	00:40:28	David Horrocks	M	Clayton Le Moors Harriers	V40
107	1769	00:40:29	Dave Taylor	M	Chorley AC	V40
108	1389	00:40:29	Gary Johnston	M	Blackpool Wyre & Fylde	V50
109	1918	00:40:30	Chris Warren	M	Lancaster & Morcambe AC	V50
110	1598	00:40:30	Terry Hellings	M	Lytham St Annes RRC	V50
111	1765	00:40:32	Paul Jackson	M	Chorley Harriers	V40
112	1343	00:40:32	Gary Stevens	M	Astley & Tyldesley RR	Senior
113	1344	00:40:33	Jonathan Hyde	M	Astley & Tyldesley RR	Senior
114	1889	00:40:35	Matt Goddard	M	Southport Waterloo AC	Senior
115	1656	00:40:37	Alan Appleby	M	Preston Harriers	V60
116	1402	00:40:54	John Linaker	M	Burnley AC	V40
117	1887	00:41:02	Mike Cunningham	M	Southport Waterloo AC	V40
118	1311	00:41:04	Terry Gardiner	M	Astley & Tyldesley RR	V40

119	1358	00:41:07	Runner 1358	M	Blackburn Harriers	Senior
120	1912	00:41:08	Brian Davey	M	Southport Waterloo AC	V50
121	1595	00:41:13	Tony Pritchard	M	Garstang Running Club	V50
122	1845	00:41:18	Matt Nelson	M	Southport Waterloo AC	V50
123	1764	00:41:20	Dave Williams	M	Chorley Harriers	V50
124	1361	00:41:23	Dave Wall	M	Wigan Phoenix	Senior
125	1626	00:41:36	Ian Walker	M	Chorley AC	V50
126	1654	00:41:38	Stephen Mort	M	Preston Harriers	SM
127	1454	00:41:47	Simon Gora	M	Garstang Running Club	SM
128	1929	00:41:50	Geoff Biscomb	M	Accrington RR	V50
129	1336	00:41:58	Peter Savage	M	Barrow & Furness Striders	Senior
130	1630	00:41:58	Russell Mabbutt	M	Wesham Road Runners	V40
131	1914	00:42:01	Paul Clyne	M	Chorley AC	V40
132	1609	00:42:11	Joe Shaw	M	Lytham St Annes RRC	V40
133	1539	00:42:12	Andy Howarth	M	Leigh Harriers	V40
134	1457	00:42:15	Geoff Lyons	M	Garstang Running Club	V50
135	1629	00:42:16	Alan Glasgow	M	Wesham Road Runners	V50
136	1427	00:42:40	James Hickie	M	Clayton Le Moors Harriers	V50
137	1438	00:42:44	David Scott	M	Clayton Le Moors Harriers	V60
138	1479	00:42:47	Tony Hesketh	M	Horwich RMI Harriers	V60
139	1927	00:42:55	Philip Dunn	M	Accrington RR	Senior
140	1737	00:43:20	Carl Fallon	M	Southport Waterloo AC	M40
141	1480	00:43:23	Colin Wood	M	Horwich RMI Harriers	V50
142	1684	00:43:24	Mick Brennand	M	Red Rose Runners	V40
143	1599	00:43:25	Colin Nelson	M	Lytham St Annes RRC	Senior
144	1475	00:43:50	Peter Ramsdale	M	Horwich RMI Harriers	V50
145	1628	00:44:11	Graham Scholfield	M	Chorley Harriers	V50
146	1519	00:44:12	William Gardner	M	Lancaster & Morcambe AC	V50
147	1314	00:44:14	Steve Foster	M	Astley & Tyldesley RR	V40
148	1681	00:44:27	Philip Dean	M	Red Rose Runners	V50
149	1627	00:44:41	Steve Quarmby	M	Lytham St Annes RRC	V40
150	1356	00:44:48	Richard Taylor	M	Blackburn Harriers	V40
151	1517	00:44:55	John Spooner	M	Lancaster & Morcambe AC	V40
152	1579	00:44:57	Peter Waring	M	Accrington RR	V50
153	1428	00:45:50	Ted Orrell	M	Clayton Le Moors Harriers	V60
154	1897	00:45:52	Marc Sciacca	M	Chorley AC	V40
155	1499	00:45:59	David Wrigh	M	Kendal AAC	V40
156	1924	00:46:08	Andy Lowe	M	Chorley Harriers	V50
157	1913	00:46:12	Phil Baxendale	M	Southport Waterloo AC	V60
158	1359	00:46:19	John Rogerson	M	Red Rose Runners	V50
159	1436	00:46:36	Stuart Hartley	M	Clayton Le Moors Harriers	V50
160	1781	00:46:44	Roy Hart	M	Wigan Phoenix	V60
161	1767	00:46:49	John Vis	M	Southport Waterloo AC	V40
162	1923	00:47:12	Steve Thomas	M	Chorley Harriers	V50
163	1408	00:47:28	Barry Chester	M	Chorley Harriers AC	V60
164	1357	00:47:37	Runner 1357	M	Blackburn Harriers	Senior
165	1456	00:49:09	Richard Gould	M	Garstang Running Club	V50
166	1922	00:49:16	Runner 1922	M	Mid Lancashire League Pool	Senior
167	1783	00:50:00	Alex Turnbull	M	Wigan Phoenix	V60
168	1439	00:50:46	Ron Chappell	M	Clayton Le Moors Harriers	V60
169	1596	00:51:22	Alistair Morris	M	Wesham Road Runners	V50
170	1661	00:52:21	Dave Roberts	M	Preston Harriers	V60
171	1330	00:53:04	Leigh Trelore	M	Barrow & Furness Striders	Senior
172	1915	00:53:22	John Swift	M	Chorley AC	V60
173	1917	00:53:58	Eddie Murray	M	Chorley AC	V60
174	1470	00:54:03	Phil McCullagh	M	Chorley AC	V50
175	1387	00:54:21	Norman Greenwood	M	Blackpool Wyre & Fylde	V60
176	1772	00:54:38	Alan Burns	M	Wigan Phoenix	V60
177	1384	00:57:13	David Wood	M	Blackpool Wyre & Fylde	V60
178	1771	00:59:37	John Sands	M	Wigan Phoenix	V60
179	1898	01:00:11	Tom Hilton	M	Chorley AC	V60

