

Mid Lancs Cross Country League at Barrow on Saturday 6 March 2010

Under 11 Girl — FINAL RESULTS

Pos	Name	Club	Time				
1	Anna Rowe	Liverpool Harriers & Ac	7:57	11	Hannah Eadie	Blackpool Wyre & Fylde Ac	9:08
2	Alexa McTiffin	Hyndburn Ac	8:23	12	Hannah Maskill	Blackpool Wyre & Fylde Ac	9:15
3	Samantha Bland	Kendal Amateur Athletic Club	8:26	13	Eve Hutchinson	Hyndburn Ac	9:18
4	Holly Brookes	Chorley Harriers	8:28	14	Kiera Whittaker	Barrow & Furness Striders Ac	9:22
5	Annie Bradshaw	Blackpool Wyre & Fylde Ac	8:32	15	Allana Jones	Lancaster & Morecambe Ac	9:27
6	Molly Scarr	Blackpool Wyre & Fylde Ac	8:34	16	Natrika Wildman	Pendle Athletic Club	9:32
7	Abigail Howie	Glaxo Hoad Hill Harriers	8:45	17	Millie Clark	Hyndburn Ac	9:34
8	Molly Newton O'Brien	Lancaster & Morecambe Ac	8:56	18	Shannon Perry	Lancaster & Morecambe Ac	10:08
9	Emily Rowe	Liverpool Harriers & Ac	8:59	19	Ashleigh Broadbent	Hyndburn Ac	11:06
10	Katie Clark	Hyndburn Ac	9:05	20	Kimberly Walker	Barrow & Furness Striders Ac	11:40

Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time				
1	Jack Crook	Liverpool Pembroke & Sefton H	7:27	19	Nathan Chadwick	Glaxo Hoad Hill Harriers	9:01
2	Tianan Crorken	Pendle Athletic Club	7:37	20	Luke Spencer	Southport Waterloo Ac	9:04
3	Cole Blakey	Kendal Amateur Athletic Club	7:48	21	Daniel Slater	Southport Waterloo Ac	9:07
4	Thomas Marchant	Pendle Athletic Club	7:50	22	Daemon Metcalfe	Pendle Athletic Club	9:07
5	Jacob Aubrey	Helm Hill Runners	7:52	23	Commor Davison	Blackburn Harriers & Ac	9:07
6	Joshua Boyle	Hyndburn Ac	7:55	24	Jonty Dacre	Barrow & Furness Striders Ac	9:12
7	Kai Atkins	Pendle Athletic Club	8:03	25	Euan Mason	Kendal Amateur Athletic Club	9:17
8	Kyle Ritchie	Barrow & Furness Striders Ac	8:08	26	Colin Bousiquegreen	Liverpool Pembroke & Sefton H	9:20
9	Lewis Goad	Helm Hill Runners	8:13	27	Callum Dixon	Glaxo Hoad Hill Harriers	9:25
10	Callum Preece	Blackpool Wyre & Fylde Ac	8:14	28	James McCracken	Lancaster & Morecambe Ac	9:27
11	Luke Turner	Glaxo Hoad Hill Harriers	8:20	29	Number 2255	Unattached	9:29
12	Niall Graham	Lancaster & Morecambe Ac	8:32	30	Kyle Preece	Blackpool Wyre & Fylde Ac	9:33
13	\$Harry Tagg	Unattached	8:40	31	Brandon Jones	Barrow & Furness Striders Ac	9:36
14	Paul Bousiquegreen	Liverpool Pembroke & Sefton H	8:43	32	Dylan Ross	Hyndburn Ac	9:38
15	Nathan Slack	Lancaster & Morecambe Ac	8:49	33	Jordan Tyson	Barrow & Furness Striders Ac	9:42
16	Liam Hinnigan	Lancaster & Morecambe Ac	8:56	34	Tom Barker	Barrow & Furness Striders Ac	9:54
17	Eric Kimani	Kendal Amateur Athletic Club	8:58	35	Alistair Howie	Glaxo Hoad Hill Harriers	10:56
18	Jack Turner	Glaxo Hoad Hill Harriers	8:59	36	Alexander Chadwick	Glaxo Hoad Hill Harriers	11:06

Under 13 Girl — FINAL RESULTS

Pos	Name	Club	Time				
1	Danielle Thompson	Wigan & District H & Ac	9:53	12	Olivia Daly	Liverpool Harriers & Ac	11:14
2	Amy Moran	Pendle Athletic Club	9:59	13	Kelly Smith	Blackpool Wyre & Fylde Ac	11:15
3	Phoebe Howe	Horwich R M I Harriers	10:12	14	Tiffany Heavisdie	Eden Runners	11:15
4	Erin Donagh	Southport Waterloo Ac	10:24	15	Hannah Williams	Hyndburn Ac	11:28
5	Isabel Perez	Liverpool Harriers & Ac	10:29	16	Erin Proctor	Kendal Amateur Athletic Club	11:30
6	Bella Gray	Kendal Amateur Athletic Club	10:37	17	Sadi Kenyon	Blackburn Harriers & Ac	11:35
7	Erin McBride	Liverpool Harriers & Ac	10:42	18	Tasmin Crook	Barrow & Furness Striders Ac	11:44
8	Hannah Delaney	Liverpool Harriers & Ac	10:56	19	Freya Sadler	Barrow & Furness Striders Ac	11:51
9	Sophie Seddon	Barrow & Furness Striders Ac	10:59	20	Jessica McCracken	Lancaster & Morecambe Ac	12:25
10	Kate Lawler	Blackpool Wyre & Fylde Ac	11:04	21	Gaby Byrom	Barrow & Furness Striders Ac	13:14
11	Alice Cribb	Southport Waterloo Ac	11:13	22	Chloe Law	Rosendale Harriers & Ac	14:08

Under 13 Girl — TEAM RESULTS

1	Liverpool Harriers & Ac	32	—	5	Isabel Perez	7	Erin McBride	8	Hannah Delaney	12	Olivia Daly
2	Barrow & Furness Striders Ac	67	—	9	Sophie Seddon	18	Tasmin Crook	19	Freya Sadler	21	Gaby Byrom

Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Name	Club	Time				
1	Darius Boardman	Pendle Athletic Club	11:01	13	James Marchant	Pendle Athletic Club	12:10
2	Sam Nicholson	Barrow & Furness Striders Ac	11:01	14	James Curtis	Barrow & Furness Striders Ac	12:16
3	Matthew Dutton	Pendle Athletic Club	11:10	15	Bradley Roscoe	Pendle Athletic Club	12:22
4	Andrew Kershaw	Southport Waterloo Ac	11:27	16	Dominic Howarth	Leigh Harriers & Ac	12:36
5	Fergus Tallon	Chorley Ac	11:32	17	Jonathan Powis	Horwich R M I Harriers	13:05
6	Luke Tyson	Southport Waterloo Ac	11:37	18	Dylan Bousiquegreen	Liverpool Pembroke & Sefton H	13:10
7	Nathan Townsend	Horwich R M I Harriers	11:39	19	Ben Hedley	Hyndburn Ac	13:26
8	Matthew Doey	Kendal Amateur Athletic Club	11:43	20	Joel Ingram	Lancaster & Morecambe Ac	13:37
9	Robert Blow	Blackburn Harriers & Ac	11:50	21	Jonathan Bride	Liverpool Pembroke & Sefton H	13:49
10	Joseph Howe	Horwich R M I Harriers	11:53	22	Callum Ross	Hyndburn Ac	14:10
11	David Goad	Helm Hill Runners	12:01	23	Curtis Jackson	Glaxo Hoad Hill Harriers	14:53
12	Jack Hindle	Blackburn Harriers & Ac	12:03				

Race 4 - Under 13 Boys — TEAM RESULTS

1	Pendle Athletic Club	32	—	1	Darius Boardman	3	Matthew Dutton	13	James Marchant	15	Bradley Roscoe
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Mid Lancs Cross Country League at Barrow on Saturday 6 March 2010

Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Name	Club	Time				
1	Florie McLeish	Preston Harriers & Ac	11:21	14	Emily Wilson	Pendle Athletic Club	13:33
2	Sarah Hodgson	Lancaster & Morecambe Ac	12:05	15	Hannah Fleet	Lancaster & Morecambe Ac	13:45
3	Jodie Ferguson	Blackpool Wyre & Fylde Ac	12:27	16	Jessica Hodsman	Kendal Amateur Athletic Club	13:48
4	Olivia Miller	Barrow & Furness Striders Ac	12:32	17	Lucy Alderman	Pendle Athletic Club	13:51
5	Emily Fletcher	Blackburn Harriers & Ac	12:34	18	Alice Garnett	Pendle Athletic Club	13:51
6	Jade Lord	Pendle Athletic Club	12:45	19	Emily Heaviside	Eden Runners	13:55
7	Kirsty Fraser	Lytham St Annes Rr Club	12:55	20	Alice Tidswell	Lancaster & Morecambe Ac	14:02
8	Ellon Hart	Southport Waterloo Ac	13:06	21	Nicole Hadlow	Lytham St Annes Rr Club	14:05
9	Davison Jacinta	Blackburn Harriers & Ac	13:12	22	Darah Darbyshire	Blackburn Harriers & Ac	14:16
10	Natalie Thompson	Wigan & District H & Ac	13:19	23	Ellen Sagarhesketh	Hyndburn Ac	14:22
11	Brogan Stewart	Barrow & Furness Striders Ac	13:24	24	Leah Nelson	Chorley Harriers	15:02
12	Lucy Minns	Blackpool Wyre & Fylde Ac	13:29	25	Hannah Starway	Barrow & Furness Striders Ac	15:32
13	Paige Clinton	Lancaster & Morecambe Ac	13:31				

Race 4 - Under 15 Girls — TEAM RESULTS

1 Lancaster & Morecambe Ac	50	—	2 Sarah Hodgson	13 Paige Clinton	15 Hannah Fleet	20 Alice Tidswell
2 Pendle Athletic Club	55	—	6 Jade Lord	14 Emily Wilson	17 Lucy Alderman	18 Alice Garnett

Race 5 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time				
1	Beckie Taylor	Blackburn Harriers & Ac	13:35	6	Rebecca Shorrock	Blackburn Harriers & Ac	16:10
2	Bianca Pedersen	Blackpool Wyre & Fylde Ac	14:11	7	Rachel Leech	Blackburn Harriers & Ac	17:01
3	Ellie Wilson	Barrow & Furness Striders Ac	14:22	8	Catherine Hulme	Southport Waterloo Ac	17:11
4	Samantha Smith	Blackpool Wyre & Fylde Ac	15:07	9	Zoe Woodward	Liverpool Harriers & Ac	17:50
5	Jenny Huck	Barrow & Furness Striders Ac	15:27	10	Charlie Hines	Kendal Amateur Athletic Club	18:10

Race 5 - Under 17 Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Blackburn Harriers & Ac	14	—	1 Beckie Taylor	6 Rebecca Shorrock	7 Rachel Leech
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Race 5 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time				
1	Alistair Nelson	Liverpool Pembroke & Sefton H	12:34	11	Jonathan Foster	Southport Waterloo Ac	13:51
2	\$Jake Walley	Blackpool Wyre & Fylde Ac	12:54	12	Declan Bulmer	Pendle Athletic Club	13:54
3	Ross Campbell	Barrow & Furness Striders Ac	12:57	13	Dave Reece	Liverpool Pembroke & Sefton H	14:16
4	James Grundy	Liverpool Pembroke & Sefton H	13:01	14	Neng Wildman	Pendle Athletic Club	14:20
5	Adam Howarth	Leigh Harriers & Ac	13:02	15	Owen Williams	Southport Waterloo Ac	14:22
6	George Curran	Liverpool Pembroke & Sefton H	13:05	16	Robert Parkinson	Liverpool Pembroke & Sefton H	14:26
7	Robbie Ingham	Kendal Amateur Athletic Club	13:26	17	Joe Ellison	Chorley Ac	14:52
8	Ryan Sciacca	Chorley Ac	13:33	18	\$Gavin Lloyd	Broughton Runners	15:07
9	Adam Sciacca	Chorley Ac	13:34	19	Ben Ramsay	Chorley Ac	15:08
10	James Whitaker	Lancaster & Morecambe Ac	13:49	20	Graham Boreham	Southport Waterloo Ac	16:34

Race 5 - Under 15 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Liverpool Pembroke & Sefton H	21	—	1 Alistair Nelson	3 James Grundy	5 George Curran	12 Dave Reece
2 Chorley Ac	48	—	7 Ryan Sciacca	8 Adam Sciacca	16 Joe Ellison	17 Ben Ramsay

Race 6 - Under 17 Men — FINAL RESULTS

Pos	Name	Club	Time				
1	Matthew Grieve	Border Harriers & Ac	17:44	5	Adam Weightman	Blackpool Wyre & Fylde Ac	19:23
2	Luke Betts	Chorley Ac	18:06	6	Tom Belcher	Chorley Harriers	20:02
3	Jonathon Benson	Barrow & Furness Striders Ac	18:31	7	Edward Fish	Lancaster & Morecambe Ac	20:35
4	Zac Howe	Horwich R M I Harriers	19:12				

Race 6 - Under 17 Men — TEAM RESULTS

No complete teams

Race 6 - Ladies under 20

Pos	Name	Cat/Pos	Club	Time
1	Holly Marshall	LJ 1	Eden Runners	24:42

Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League at Barrow on Saturday 6 March 2010

Race 6 - Ladies over 18

Pos	Name	Cat/Pos	Club	Time					
1	Sarah Ridehalgh	L	1 Accrington Road Runners	19:35	33	Laura Lawler	L35	11 Blackpool Wyre & Fylde Ac	24:25
2	Rhiannon Silson	L	2 Border Harriers & Ac	19:55	34	Holly Marshall	LJ	1 Eden Runners	24:42
3	Karen Bridge	L35	1 Eden Runners	20:07	35	Karen Dunford	L35	12 Blackpool Wyre & Fylde Ac	24:52
4	Tracey Dutton	L35	2 WiganPhoenix	20:10	36	Carol Wright	L45	9 Southport Waterloo Ac	25:04
5	Lynne Clough	L35	3 Chorley Harriers	20:36	37	Kath Hoyer	L45	10 Wesham Road Runners & Ac	25:09
6	Carolyn Robbins	L45	1 Blackpool Wyre & Fylde Ac	20:50	38	Kathrine Winrow	L45	11 Lancaster & Morecambe Ac	25:11
7	Jacqueline Redmayne	L35	4 Chorley Harriers	21:02	39	Elizabeth England	L	39 Allithwaite RC	25:13
8	Katie Savage	L	8 Barrow & Furness Striders Ac	21:12	40	Christine Cutner	L45	12 Southport Waterloo Ac	25:14
9	Anna Kelly	L45	2 Clayton Le Moors Harriers	21:21	41	Anne Wallworth	L45	13 Red Rose Road Runners	25:14
10	Tracey Peters	L	10 Southport Waterloo Ac	21:55	42	Marion Smith	L55	3 Kendal Amateur Athletic Club	25:16
11	Jacqui Jones	L45	3 WiganPhoenix	21:59	43	Carole James	L45	14 Southport Waterloo Ac	25:23
12	Stasia Bligh	L	12 Blackpool Wyre & Fylde Ac	22:03	44	Laura Ashworth	L	44 Lytham St Annes Rr Club	25:25
13	Nicola Wood	L	13 Accrington Road Runners	22:12	45	Daryl Peter	L45	15 Chorley Harriers	25:45
14	Gretel Jackson	L	14 Accrington Road Runners	22:24	46	Sheena Cottam	L35	13 Garstang	25:47
15	Kelly Altj	L	15 Unattached	22:28	47	Rebecca Noblett	L35	14 Red Rose Road Runners	25:59
16	Melanie Koth	L35	5 Lytham St Annes Rr Club	22:37	48	Sarah Tatton	L35	15 Lytham St Annes Rr Club	26:01
17	Joanne Wilson	L35	6 Southport Waterloo Ac	22:38	49	Julia Rolfe	L45	16 Lytham St Annes Rr Club	26:07
18	Gayle Whittaker	L35	7 Clayton Le Moors Harriers	22:41	50	Helen Walker	L	50 Barrow & Furness Striders Ac	26:15
19	Sarah Sherratt	L35	8 Wesham Road Runners & Ac	22:52	51	Susan Russell	L45	17 Kendal Amateur Athletic Club	26:19
20	Michelle Spencer	L	20 Southport Waterloo Ac	22:59	52	Glenda Dobie	L45	18 Red Rose Road Runners	26:22
21	Irene Roche	L45	4 Clayton Le Moors Harriers	23:05	53	Joan Gouldthorpe	L55	4 Red Rose Road Runners	26:46
22	Jayne Perry	L	22 Lancaster & Morecambe Ac	23:08	54	Pamela Hardman	L45	19 Lytham St Annes Rr Club	26:48
23	Anna Crabtree	L35	9 Chorley Harriers	23:17	55	Sally Cape	L35	16 Red Rose Road Runners	27:14
24	Dianne Priestley	L55	1 Kendal Amateur Athletic Club	23:30	56	Jennie Hodgson	L45	20 Lancaster & Morecambe Ac	27:28
25	Tanya Ashworth	L35	10 Blackpool Wyre & Fylde Ac	23:37	57	Denise Hughes	L45	21 Garstang	27:42
26	Marion Hesketh	L55	2 Preston Harriers & Ac	23:47	58	Faye Holden	L	58 Pendle Athletic Club	28:14
27	Jennifer Boocock	L	27 Chorley Harriers	23:50	59	Jane Sherriff	L	59 Garstang	28:31
28	Alison Titterington	L45	5 Blackpool Wyre & Fylde Ac	23:57	60	Elizabeth Duggan	L55	5 Kendal Amateur Athletic Club	29:53
29	Teresa Douglas	L45	6 Eden Runners	24:05	61	Sue Allen	L45	22 Clayton Le Moors Harriers	30:21
30	Martina Holusova	L	30 Kendal Amateur Athletic Club	24:09	62	Debi Spencer	L45	23 Garstang	31:07
31	Brenda Wane	L45	7 Astley & Tyldesley Road Runner	24:15	63	Dawn Lock	L55	6 Lytham St Annes Rr Club	37:09
32	Tracy Hulme	L45	8 Wesham Road Runners & Ac	24:18					

Race 6 - Ladies over 18 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Accrington Road Runners	28	—	1	Sarah Ridehalgh	13	Nicola Wood	14	Gretel Jackson
2	Chorley Harriers	34	—	5	Lynne Clough	7	Jacqueline Redmayne	22	Anna Crabtree
3	Blackpool Wyre & Fylde Ac	42	—	6	Carolyn Robbins	12	Stasia Bligh	24	Tanya Ashworth
4	Southport Waterloo Ac	45	—	10	Tracey Peters	16	Joanne Wilson	19	Michelle Spencer
5	Clayton Le Moors Harriers	46	—	9	Anna Kelly	17	Gayle Whittaker	20	Irene Roche
6	Eden Runners	64	—	3	Karen Bridge	28	Teresa Douglas	33	Holly Marshall
7	Wesham Road Runners & Ac	85	—	18	Sarah Sherratt	31	Tracy Hulme	36	Kath Hoyer
8	Blackpool Wyre & Fylde Ac 'B'	93	—	27	Alison Titterington	32	Laura Lawler	34	Karen Dunford
9	Kendal Amateur Athletic Club	93	—	23	Dianne Priestley	29	Martina Holusova	41	Marion Smith
10	Lytham St Annes Rr Club	105	—	15	Melanie Koth	43	Laura Ashworth	47	Sarah Tatton
11	Lancaster & Morecambe Ac	113	—	21	Jayne Perry	37	Kathrine Winrow	55	Jennie Hodgson
12	Southport Waterloo Ac 'B'	116	—	35	Carol Wright	39	Christine Cutner	42	Carole James
13	Red Rose Road Runners	137	—	40	Anne Wallworth	46	Rebecca Noblett	51	Glenda Dobie
14	Garstang	159	—	45	Sheena Cottam	56	Denise Hughes	58	Jane Sherriff
15	Lytham St Annes Rr Club 'B'	163	—	48	Julia Rolfe	53	Pamela Hardman	62	Dawn Lock

Race 6 - Ladies over 35 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Chorley Harriers	21	—	3	Lynne Clough	5	Jacqueline Redmayne	13	Anna Crabtree
2	Clayton Le Moors Harriers	28	—	6	Anna Kelly	10	Gayle Whittaker	12	Irene Roche
3	Blackpool Wyre & Fylde Ac	36	—	4	Carolyn Robbins	15	Tanya Ashworth	17	Alison Titterington
4	Wesham Road Runners & Ac	55	—	11	Sarah Sherratt	20	Tracy Hulme	24	Kath Hoyer
5	Southport Waterloo Ac	58	—	9	Joanne Wilson	23	Carol Wright	26	Christine Cutner
6	Lytham St Annes Rr Club	75	—	8	Melanie Koth	33	Sarah Tatton	34	Julia Rolfe
7	Kendal Amateur Athletic Club	77	—	14	Dianne Priestley	28	Marion Smith	35	Susan Russell
8	Red Rose Road Runners	95	—	27	Anne Wallworth	32	Rebecca Noblett	36	Glenda Dobie
9	Garstang	116	—	31	Sheena Cottam	41	Denise Hughes	44	Debi Spencer

Race 6 - Ladies over 45 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Clayton Le Moors Harriers	33	—	2	Anna Kelly	4	Irene Roche	27	Sue Allen
2	Kendal Amateur Athletic Club	41	—	5	Dianne Priestley	16	Marion Smith	20	Susan Russell
3	Southport Waterloo Ac	42	—	11	Carol Wright	14	Christine Cutner	17	Carole James
4	Red Rose Road Runners	58	—	15	Anne Wallworth	21	Glenda Dobie	22	Joan Gouldthorpe
5	Lytham St Annes Rr Club	71	—	19	Julia Rolfe	23	Pamela Hardman	29	Dawn Lock

Race 6 - Ladies over 55 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Kendal Amateur Athletic Club	9	—	1	Dianne Priestley	3	Marion Smith	5	Elizabeth Duggan
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Mid Lancs Cross Country League at Barrow on Saturday 6 March 2010

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time				
1	Peter Huck	JM	1 Barrow & Furness Striders Ac	28:55	81	Graham Tagg	V40 26	Garstang 37:12
2	Gary Priestley		Horwich R M I Harriers	29:05	82	Terry Gardiner	V40 27	Astley & Tyldesley Road Runner 37:26
3	James Douglas		Border Harriers & Ac	29:13	83	Graham Pinder	V50 19	Glaxo Hoad Hill Harriers 37:30
4	Russell Maddams		Horwich R M I Harriers	29:58	84	David Taylor	V40 28	Chorley Ac 37:46
5	Danny Parkinson		Kendal Amateur Athletic Club	30:01	85	Paul Jackson	V40 29	Chorley Harriers 38:00
6	\$Ben Harrison		Morpeth Harriers & Ac	30:08	86	Russell Mabbutt	V40 30	Wesham Road Runners & Ac 38:03
7	Josh Tighe		Blackburn Harriers & Ac	30:16	87	Roy Upton	V40 31	Lytham St Annes Rr Club 38:05
8	Mike Whyatt	V40	1 Garstang	30:19	88	Gary Heyworth	V40 32	Garstang 38:09
9	Graeme Mason		Border Harriers & Ac	30:22	89	Tony Hesketh	V60	2 Horwich R M I Harriers 38:11
10	Malcolm Eadie	V40	2 Blackpool Wyre & Fylde Ac	30:24	90	Alan Glasgow	V50 20	Wesham Road Runners & Ac 38:18
11	Matthew Nuttall	V40	3 Blackburn Harriers & Ac	30:26	91	Andrew Clough	V40 33	Chorley Harriers 38:23
12	\$Steve Hebblethwaite		Keswick Aac	30:47	92	Dave Waywell	V60	3 Wesham Road Runners & Ac 38:28
13	Gary Dixon		Barrow & Furness Striders Ac	30:52	93	Ian Sadler	V40 34	Barrow & Furness Striders Ac 38:34
14	Steven Wilkinson		Southport Waterloo Ac	31:07	94	Derek Coop	V40 35	Astley & Tyldesley Road Runner 38:41
15	Gary Shaw		Clayton Le Moors Harriers	31:08	95	Geoff Lyons	V40 36	Garstang 38:43
16	Andy Ward		Wigan Phoenix	31:14	96	David Williams	V40 37	Chorley Harriers 38:46
17	Phil Waite		Barrow & Furness Striders Ac	31:22	97	Dave Dunn	V40 38	Lytham St Annes Rr Club 38:47
18	Mark Aspinall	V40	4 Clayton Le Moors Harriers	31:33	98	Ian Crabtree	V40 39	Chorley Harriers 38:55
19	Keiron Alderson		Kendal Amateur Athletic Club	31:35	99	Willie Richmond	V40 40	Lytham St Annes Rr Club 38:58
20	Matthew Walker		Barrow & Furness Striders Ac	31:46	100	Andy Howarth	V40 41	Leigh Harriers & Ac 39:02
21	Jed Bartlett		Barrow & Furness Striders Ac	31:50	101	Richard Taylor	V40 42	Blackburn Harriers & Ac 39:06
22	John Wright	V40	5 Blackpool Wyre & Fylde Ac	31:52	102	Geoffrey Haworth	V40 43	Red Rose Road Runners 39:08
23	Pat Miller	V40	6 Barrow & Furness Striders Ac	32:04	103	Dave Shaw	V50 21	Barrow & Furness Striders Ac 39:16
24	Peter Savage		Barrow & Furness Striders Ac	32:31	104	Steve Perry	V50 22	Lancaster & Morecambe Ac 39:19
25	Steve Nolan	V40	7 Horwich R M I Harriers	32:36	105	George Kennedy	V50 23	Wesham Road Runners & Ac 39:23
26	Christopher Howie	V40	8 Glaxo Hoad Hill Harriers	32:39	106	Mike Peat	V50 24	Lancaster & Morecambe Ac 39:30
27	Alex Rowe	V50	1 Wesham Road Runners & Ac	32:40	107	Joe Shaw	V40 44	Lytham St Annes Rr Club 39:34
28	Jeffrey Chadwick	V40	9 Glaxo Hoad Hill Harriers	32:56	108	Gordon Stone	V50 25	Horwich R M I Harriers 39:35
29	David Townsend	V40	10 Wigan Phoenix	33:19	109	Tony Pritchard	V50 26	Garstang 39:36
30	Adam Critchley		Chorley Harriers	33:29	110	Vincent Robinson	V50 27	Wigan Phoenix 39:37
31	Simon Parkinson		Horwich R M I Harriers	33:30	111	Gareth Williams	V40 45	Southport Waterloo Ac 39:39
32	Mark Ellithorn	V40	11 Chorley Harriers	33:42	112	Peter Ramsdale	V50 28	Horwich R M I Harriers 39:50
33	David Edmondson	V40	12 Clayton Le Moors Harriers	33:45	113	Graham Schofield	V50 29	Chorley Harriers 40:05
34	John Roche	V50	2 Clayton Le Moors Harriers	33:50	114	Gordon Noblett		Red Rose Road Runners 40:24
35	Phil Dodd		Chorley Harriers	33:52	115	Colin Nelson		Lytham St Annes Rr Club 40:30
36	Mark Lee	V40	13 Preston Harriers & Ac	34:05	116	Will Holligan	V50 30	Allithwaite RC 40:32
37	Trevor Uttley	V40	14 Blackpool Wyre & Fylde Ac	34:13	117	Paul Percival Smith	V50 31	Kendal Amateur Athletic Club 40:42
38	David Parker	V40	15 Barrow & Furness Striders Ac	34:14	118	Jack Etchels	V60	4 Barrow & Furness Striders Ac 40:51
39	Denis Mason		Horwich R M I Harriers	34:28	119	Jos Snalam		Garstang 40:58
40	Matthew Bacon		Allithwaite RC	34:30	120	Phil Dean	V50 32	Red Rose Road Runners 41:02
41	Sean Dixon	V40	16 Glaxo Hoad Hill Harriers	34:31	121	Pete Bland	V60	5 Horwich R M I Harriers 41:08
42	Mark Saunders		Glaxo Hoad Hill Harriers	34:40	122	Matthew Towers	JM	3 Allithwaite RC 41:15
43	Lee Barlow		Wesham Road Runners & Ac	34:40	123	Henry Minorczyk	V60	6 Chorley Ac 41:21
44	Simon Stanway	V40	17 Barrow & Furness Striders Ac	34:46	124	Nigel Simpkin	V50 33	Lytham St Annes Rr Club 41:22
45	Kevin Hesketh	V50	3 Preston Harriers & Ac	34:51	125	Jeffrey Wright	V50 34	Blackpool Wyre & Fylde Ac 41:23
46	John Collier	V50	4 Wesham Road Runners & Ac	34:56	126	Tom Southward		Glaxo Hoad Hill Harriers 41:36
47	David Hook		Barrow & Furness Striders Ac	35:00	127	David Wright	V40 46	Kendal Amateur Athletic Club 41:55
48	Joe Swarbrick	V50	5 Red Rose Road Runners	35:01	128	Dave Ruscoe		Astley & Tyldesley Road Runner 41:58
49	Pete Willacy	V50	6 Barrow & Furness Striders Ac	35:05	129	Barry Allman	V50 35	Horwich R M I Harriers 41:58
50	Craig Menzies		Garstang	35:10	130	Kevin Wright		Astley & Tyldesley Road Runner 41:59
51	Mark Ruscoe		Astley & Tyldesley Road Runner	35:10	131	Patrick Thomas	V60	7 Glaxo Hoad Hill Harriers 42:10
52	Thomas Howarth		Lytham St Annes Rr Club	35:10	132	Jason Price	V40 47	Chorley Harriers 42:13
53	Chris Lloyd		Blackpool Wyre & Fylde Ac	35:30	133	Peter Bartlett	V60	8 Wesham Road Runners & Ac 42:17
54	Brian Horrocks	V50	7 Clayton Le Moors Harriers	35:33	134	Steve Thomas	V50 36	Chorley Harriers 42:32
55	Malc Christie	V40	18 Chorley Harriers	35:36	135	Tony Clarke	V50 37	Glaxo Hoad Hill Harriers 42:39
56	Harry Melia	V40	19 Barrow & Furness Striders Ac	35:37	136	Michael Thornborough	V40 48	Allithwaite RC 42:49
57	Tony Croft	V50	8 Lytham St Annes Rr Club	35:41	137	Bill Atkinson	V40 49	Allithwaite RC 43:00
58	Eryl Husband	V50	9 Lancaster & Morecambe Ac	35:45	138	Marco Sciacca	V40 50	Chorley Ac 43:04
59	Rod Hart		Wigan Phoenix	35:47	139	David Spencer	V60	9 Barrow & Furness Striders Ac 43:04
60	Alan Marshall	V50	10 Eden Runners	35:48	140	Adrian Newnham	V55	1 Glaxo Hoad Hill Harriers 43:23
61	Gary Dover	V40	20 Glaxo Hoad Hill Harriers	35:48	141	Jonathan Betts	V40 51	Chorley Ac 43:54
62	Andrew Warren	JM	2 Lancaster & Morecambe Ac	35:48	142	Peter Gibson	V50 38	Blackpool Wyre & Fylde Ac 44:11
63	Gary Mason	V50	11 Barrow & Furness Striders Ac	35:56	143	Simon Barton	V50 39	Glaxo Hoad Hill Harriers 44:18
64	Andrew Jackson		Glaxo Hoad Hill Harriers	36:00	144	Geoff Orritt	V60 10	Red Rose Road Runners 44:34
65	Colin Jennings		Garstang	36:15	145	\$Howard Metcalf		Unattached 44:39
66	John Bertenshaw	V50	12 Wesham Road Runners & Ac	36:17	146	Clive James		Southport Waterloo Ac 45:04
67	Gary Johnston	V50	13 Blackpool Wyre & Fylde Ac	36:22	147	Nicholas Hutchinson	V40 52	Hyndburn Ac 45:25
68	Peter Hall	V60	1 Barrow & Furness Striders Ac	36:26	148	Richard Lawson	V60 11	Clayton Le Moors Harriers 45:32
69	John Shepherd	V40	21 Red Rose Road Runners	36:31	149	Peter Downs	V50 40	Chorley Harriers 45:39
70	Colin Laidlaw	V50	14 Lytham St Annes Rr Club	36:32	150	Ted Orrell	V60 12	Clayton Le Moors Harriers 45:54
71	David Horrocks	V40	22 Clayton Le Moors Harriers	36:39	151	Dave Cosh	V50 41	Lytham St Annes Rr Club 46:09
72	Chris Warren	V50	15 Lancaster & Morecambe Ac	36:44	152	Phil McCullaugh	V50 42	Chorley Ac 46:23
73	Philip Butler	V40	23 Red Rose Road Runners	36:46	153	Jeremy Clark	V50 43	Glaxo Hoad Hill Harriers 46:41
74	Graham Jackson		Allithwaite RC	36:47	154	Cary Osborne	V40 53	Allithwaite RC 46:46
75	Richard Jones		Garstang	36:48	155	John Winters	V60 13	Blackpool Wyre & Fylde Ac 47:02
76	Graham Webster	V50	16 Lytham St Annes Rr Club	36:49	156	Ian Conway	V50 44	Glaxo Hoad Hill Harriers 47:12
77	Terry Hellings	V50	17 Lytham St Annes Rr Club	36:55	157	Peter Gelderd	V60 14	Garstang 48:37
78	Fred Lynch	V50	18 Red Rose Road Runners	37:03	158	Phil Martin	V60 15	Lytham St Annes Rr Club 54:25
79	Peter Muleady	V40	24 Astley & Tyldesley Road Runner	37:04	159	Mike Coppin	V60 16	Chorley Ac 1:00:06
80	Paul Wareing	V40	25 Chorley Ac	37:05				

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Barrow & Furness Striders Ac	85	—	1	Peter Huck	11	Garry Dixon	15	Phil Waite	18	Richard Walker	19	Jed Bartlett	21	Pat Miller
2	Horwich R M I Harriers	182	—	2	Gary Priestley	4	Russell Maddams	23	Steve Nolan	29	Simon Parkinson	37	Denis Mason	87	Tony Hesketh
3	Clayton Le Moors Harriers	213	—	13	Gary Shaw	16	Mark Aspinall	31	David Edmondson	32	John Roche	52	Brian Horrocks	69	David Horrocks
4	Barrow & Furness Striders 'B'	246	—	22	Peter Savage	36	David Parker	42	Simon Stanway	45	David Hook	47	Pete Willacy	54	Harry Melia
5	Glaxo Hoad Hill Harriers	250	—	24	Christopher Howie	26	Jeffrey Chadwick	39	Sean Dixon	40	Mark Saunders	59	Gary Dover	62	Andrew Jackson
6	Blackpool Wyre & Fylde Ac	303	—	9	Malcolm Eadie	20	John Wright	35	Trevor Uttley	51	Chris Lloyd	65	Gary Johnston	123	Jeffrey Wright
7	Chorley Harriers	316	—	28	Adam Critchley	30	Mark Ellithorn	33	Phil Iddon	53	Malc Christie	83	Paul Jackson	89	Andrew Clough
8	Wesham Road Runners & Ac	346	—	25	Alex Rowe	41	Lee Barlow	44	John Collier	64	John Bertenshaw	84	Russell Mabbutt	88	Alan Glasgow
9	Garstang	356	—	7	Mike Whyatt	48	Craig Menzies	63	Colin Jennings	73	Richard Jones	79	Graham Tagg	86	Gary Heyworth
10	Lytham St Annes Rr Club	407	—	50	Thomas Howarth	55	Tony Croft	68	Colin Laidlaw	74	Graham Webster	75	Terry Hellings	85	Roy Upton
11	Red Rose Road Runners	472	—	46	Joe Swarbrick	67	John Shepherd	71	Philip Butler	76	Fred Lynch	100	Geoffrey Haworth	112	Gordon Noblett
12	Astley & Tyldesley Road Runner	552	—	49	Mark Ruscoe	77	Peter Mulleady	80	Terry Gardiner	92	Derek Coop	126	Dave Ruscoe	128	Kevin Wright
13	Allithwaite RC	613	—	38	Matthew Bacon	72	Graham Jackson	114	Will Holligan	120	Matthew Towers	134	Michael Thornborough	135	Bill Atkinson
14	Lytham St Annes Rr Club 'B'	680	—	95	Dave Dunn	97	Willie Richmond	105	Joe Shaw	113	Colin Nelson	122	Nigel Simpkin	148	Dave Cosh
15	Chorley Ac	705	—	78	Paul Wareing	82	David Taylor	121	Henry Minorczyk	136	Marco Sciacca	139	Jonathan Betts	149	Phil McCullaugh
16	Chorley Harriers 'B'	709	—	94	David Williams	96	Ian Crabtree	111	Graham Schofield	130	Jason Price	132	Steve Thomas	146	Peter Downs
17	Glaxo Hoad Hill Harriers 'B'	746	—	81	Graham Pinder	124	Tom Southward	129	Patrick Thomas	133	Tony Clarke	138	Adrian Newnham	141	Simon Barton

Senior Men under 20

Pos	Name	Cat/Pos	Club	Time
1	Peter Huck	JM	1 Barrow & Furness Striders Ac	28:55
2	Andrew Warren	JM	2 Lancaster & Morecambe Ac	35:48
3	Matthew Towers	JM	3 Allithwaite RC	41:15

Senior Men under 20 — TEAM RESULTS

No complete teams

Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Clayton Le Moors Harriers	55	—	4	Mark Aspinall	13	David Edmondson	14	John Roche	24	Brian Horrocks
2	Blackpool Wyre & Fylde Ac	56	—	2	Malcolm Eadie	5	John Wright	16	Trevor Uttley	33	Gary Johnston
3	Barrow & Furness Striders Ac	65	—	6	Pat Miller	17	David Parker	19	Simon Stanway	23	Pete Willacy
4	Glaxo Hoad Hill Harriers	66	—	8	Christopher Howie	10	Jeffrey Chadwick	18	Sean Dixon	30	Gary Dover
5	Wesham Road Runners & Ac	112	—	9	Alex Rowe	21	John Collier	32	John Bertenshaw	50	Russell Mabbutt
6	Red Rose Road Runners	138	—	22	Joe Swarbrick	35	John Shepherd	39	Philip Butler	42	Fred Lynch
7	Chorley Harriers	141	—	12	Mark Ellithorn	25	Malc Christie	49	Paul Jackson	55	Andrew Clough
8	Lytham St Annes Rr Club	144	—	27	Tony Croft	36	Colin Laidlaw	40	Graham Webster	41	Terry Hellings
9	Barrow & Furness Striders 'B'	148	—	26	Harry Melia	31	Gary Mason	34	Peter Hall	57	Ian Sadler
10	Garstang	157	—	1	Mike Whyatt	45	Graham Tagg	52	Gary Heyworth	59	Geoff Lyons
11	Lancaster & Morecambe Ac	204	—	28	Eryl Husband	38	Chris Warren	68	Steve Perry	70	Mike Peat
12	Horwich R M I Harriers	208	—	7	Steve Nolan	53	Tony Hesketh	72	Gordon Stone	76	Peter Ramsdale
13	Lytham St Annes Rr Club 'B'	246	—	51	Roy Upton	61	Dave Dunn	63	Willie Richmond	71	Joe Shaw
14	Wesham Road Runners & Ac 'B'	269	—	54	Alan Glasgow	56	Dave Waywell	69	George Kennedy	90	Peter Bartlett
15	Chorley Ac	270	—	44	Paul Wareing	48	David Taylor	83	Henry Minorczyk	95	Marco Sciacca
16	Chorley Harriers 'B'	288	—	60	David Williams	62	Ian Crabtree	77	Graham Schofield	89	Jason Price
17	Glaxo Hoad Hill Harriers 'B'	324	—	47	Graham Pinder	98	Patrick Thomas	92	Tony Clarke	97	Adrian Newnham
18	Allithwaite RC	374	—	78	Will Holligan	93	Michael Thornborough	94	Bill Atkinson	109	Cary Osborne

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Wesham Road Runners & Ac	17	—	1	Alex Rowe	4	John Collier	12	John Bertenshaw
2	Barrow & Furness Striders Ac	31	—	6	Pete Willacy	11	Gary Mason	14	Peter Hall
3	Lytham St Annes Rr Club	40	—	8	Tony Croft	15	Colin Laidlaw	17	Graham Webster
4	Lancaster & Morecambe Ac	50	—	9	Eryl Husband	16	Chris Warren	25	Steve Perry
5	Red Rose Road Runners	60	—	5	Joe Swarbrick	19	Fred Lynch	36	Phil Dean
6	Clayton Le Moors Harriers	60	—	2	John Roche	7	Brian Horrocks	51	Richard Lawson
7	Wesham Road Runners & Ac 'B'	71	—	22	Alan Glasgow	23	Dave Waywell	26	George Kennedy
8	Horwich R M I Harriers	80	—	21	Tony Hesketh	28	Gordon Stone	31	Peter Ramsdale
9	Blackpool Wyre & Fylde Ac	101	—	13	Gary Johnston	40	Jeffrey Wright	48	Peter Gibson
10	Barrow & Furness Striders 'B'	105	—	24	Dave Shaw	35	Jack Etchels	46	David Spencer
11	Glaxo Hoad Hill Harriers	107	—	20	Graham Pinder	42	Patrick Thomas	45	Tony Clarke
12	Lytham St Annes Rr Club 'B'	111	—	18	Terry Hellings	39	Nigel Simpkin	54	Dave Cosh
13	Chorley Harriers	128	—	32	Graham Schofield	44	Steve Thomas	52	Peter Downs
14	Glaxo Hoad Hill Harriers 'B'	152	—	47	Adrian Newnham	49	Simon Barton	56	Jeremy Clark
15	Chorley Ac	154	—	38	Henry Minorczyk	55	Phil McCullaugh	61	Mike Coppin