

Manchester Area Cross Country League at Wythenshawe Park, Manchester on Saturday 30th January 2010

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Time	Name	Cat	Time	Name	Time
1	32	David Norman		Altrincham&district AC	30:37	85	Robert Taylor	V60	1	Stockport H&ac	38:13
2	444	Garry Bristow		Trafford AC	31:16	86	Shane Wolstencroft			Salford Met AC	38:14
3	294	Simon Mills		Sale H Manchester	31:57	87	Liam Browne			E Cheshire H & TAC	38:15
4	476	Ian Salisbury		Trafford AC	32:32	88	Mathew Tang			Trafford AC	38:16
5	552	Matt Crehan	U20	1 St Helens Sutton	32:34	89	Chris Bentley			Macclesfield H&ac	38:23
6	329	Ryan Worland	U20	2 Sale H Manchester	32:51	90	Ian Jackson	V40	15	Salford H&ac	38:24
7	449	Tom Charles		Trafford AC	33:03	91	Barry Blyth	V60	2	Macclesfield H&ac	38:27
8	260	James Davis		Sale H Manchester	33:08	92	James Wheeler			Wilmslow RC	38:28
9	649	Stuart Doyle		Vale Royal	33:14	93	Raph Murray	V55	3	Macclesfield H&ac	38:37
10	13	William Crowther	V40	1 Altrincham&district AC	33:22	94	Frank Cordingley	V45	14	Sale H Manchester	38:41
11	236	Dale Platt	U20	3 Moston & District	33:25	95	Matt Shillabeer			ABC Runners	38:47
12	8	Tom Bush		Altrincham&district AC	33:32	96	Rick Waring	V40	16	Swinton RC	38:50
13	456	Graham Hogg		Trafford AC	33:35	97	Steve Smith	V45	15	Wilmslow RC	38:50
14	89	Chris Kays	U20	4 E Cheshire H & TAC	33:36	98	Mark Davies			St Helens Sutton	38:54
15	356	Paul Savage		Salford H&ac	33:38	99	Chris Dawson			Salford H&ac	39:00
16	318	Ian Wetherall	V40	2 Sale H Manchester	33:42	100	Steve Doxey	V45	16	Swinton RC	39:04
17	461	Michael Hunt		Trafford AC	33:52	101	Steven Clague	U20	9	St Helens Sutton	39:12
18	354	Jan Pichl		Salford H&ac	33:55	102	Daniel Bamber			E Cheshire H & TAC	39:14
19	494	Dave Alexander	V40	3 West Cheshire AC	34:00	103	Mike Cooper	V45	17	Wilmslow RC	39:16
20	460	John Howe		Trafford AC	34:19	104	Mark Evans	V45	18	Trafford AC	39:20
21	181	Howard Mead		Manchester Triathlon	34:22	105	Steve Dempsey	V45	19	Wilmslow RC	39:22
22	513	Rob Downs	V45	1 Wilmslow RC	34:23	106	Tim Rainey	V40	17	Sale H Manchester	39:23
23	393	Steve McLeon		Stockport H&ac	34:36	107	Jerry Smith	V55	4	Sale H Manchester	39:23
24	147	Andy Skitt		Manchester H&ac	34:47	108	Andrew Farley	V50	4	E Cheshire H & TAC	39:29
25	84	Simon Grundy	V40	4 E Cheshire H & TAC	34:48	109	Mark Bradley	V40	18	E Cheshire H & TAC	39:34
26	19	Dave Gilchrist	V45	2 Altrincham&district AC	34:52	110	John Reilly	V55	5	Middleton Harriers	39:43
27	1083	\$Jordan Burke		Unattached	34:54	111	Ian White	V45	20	St Helens Sutton	39:45
28	267	Colin Gell		Sale H Manchester	34:59	112	David Keeling	V45	21	Trafford AC	39:46
29	128	Liam Bartlett	U20	5 Manchester H&ac	35:05	113	Mike Garside			Salford Met AC	39:47
30	70	Gavin Browne		E Cheshire H & TAC	35:09	114	Paul Nutter			Stockport H&ac	39:51
31	66	David Barratt	U20	6 E Cheshire H & TAC	35:10	115	Mick Fairs	V60	3	Wilmslow RC	39:52
32	597	Marc Laithwaite		ABC Runners	35:15	116	Chris Lomax	V40	19	Swinton RC	39:59
33	280	Mike Kilmartin		Sale H Manchester	35:17	117	Paul Kay	V55	6	ABC Runners	40:17
34	563	Stuart Heaton		E Cheshire H & TAC	35:18	118	\$Ian Roberts			Manchester Frontrunners	40:26
35	133	Ed Fazakerley	V40	5 Manchester H&ac	35:19	119	Shaun Walsh	V40	20	Manchester Triathlon	40:31
36	344	Dave Hudson		Salford H&ac	35:24	120	Adrian Webb	V45	22	St Helens Sutton	40:36
37	516	Malcolm Fowler	V45	3 Wilmslow RC	35:26	121	Tony Hulme	V60	4	Wilmslow RC	40:39
38	383	Kevan Garner	V40	6 Stockport H&ac	35:33	122	Gary Coxson	V50	5	E Cheshire H & TAC	40:40
39	279	Tim Kennedy		Sale H Manchester	35:37	123	Paul Collinge	V50	6	Middleton Harriers	40:44
40	526	Jim Pendrill		Wilmslow RC	35:38	124	Andrew Bean			Sale H Manchester	40:48
41	521	Tom McGaff	V50	1 Wilmslow RC	35:48	125	Paul Rutherford	V45	23	Swinton RC	40:48
42	75	Paul Dalton	V45	4 E Cheshire H & TAC	35:49	126	\$Jono Guilford			Manchester Frontrunners	40:52
43	442	Vinny Booth	V45	5 Trafford AC	35:51	127	Dominic Byrne			ABC Runners	40:58
44	523	Trevor Morris	V45	6 Wilmslow RC	35:53	128	Roger Thomas			Manchester Triathlon	40:59
45	381	James Corden		Stockport H&ac	36:02	129	Daniel Ansell			Trafford AC	41:02
46	27	David Livingstone		Altrincham&district AC	36:10	130	Steve Bunyan			Belle Vue Racers	41:04
47	400	Mike Shaw	V45	7 Stockport H&ac	36:15	131	Chris Holden			Macclesfield H&ac	41:10
48	607	Adrian Nutter		Stockport H&ac	36:18	132	Kevin Jackson	V50	7	Macclesfield H&ac	41:21
49	448	Dick Byers	V45	8 Trafford AC	36:23	133	[2nd] Chris Cooper			Manchester H&ac	41:25
50	1081	\$Daniel Murphy		Manchester Frontrunners	36:26	134	Edward Preston			Manchester Met Univ	41:30
51	170	Rob Harper		Manchester Triathlon	36:27	135	Ronald Warrender	V50	8	Salford H&ac	41:32
52	92	Jake Littlehales	U20	7 E Cheshire H & TAC	36:28	136	Andrew Barton			Altrincham&district AC	41:51
53	475	Dave Safranauskas	V40	7 Trafford AC	36:29	137	Nigel Sedman	V40	21	Belle Vue Racers	41:54
54	390	Richard Marlon	V40	8 Stockport H&ac	36:30	138	Gareth Trimble			Wilmslow RC	41:56
55	497	Andrew Clague	V40	9 West Cheshire AC	36:31	139	Carl Tipton			Trafford AC	42:12
56	618	Barry Graney	V40	10 St Helens Sutton	36:32	140	Michael Slater	V45	24	Stockport H&ac	42:14
57	628	Mark Birchall		Swinton RC	36:39	141	Robin Beaumont	V40	22	Trafford AC	42:21
58	332	Paul Birkett	V40	11 Salford H&ac	36:47	142	Chris Stewart			Manchester H&ac	42:26
59	643	Andrew Ford		Altrincham&district AC	36:51	143	Chris Jones	V40	23	Salford Met AC	42:32
60	550	Jake Healy	U20	8 St Helens Sutton	36:53	144	Peter Johnson	V40	24	St Helens Sutton	42:34
61	583	Ian Costello		St Helens Sutton	36:53	145	Steve Gavin			Sale H Manchester	42:37
62	379	Len Best	V55	1 Stockport H&ac	36:59	146	Don Bullough	V50	9	Wilmslow RC	42:49
63	35	Mark Norton		Altrincham&district AC	37:05	147	Peter Stock	V50	10	Wilmslow RC	42:54
64	484	Steve Burthem	V45	9 Warrington AC	37:09	148	\$Luke Wooksey			Manchester Frontrunners	43:13
65	510	Lachlan Campbell		Wilmslow RC	37:11	149	Mike O'Brien	V50	11	Manchester Ymca H	43:20
66	467	Paul Mannion	V45	10 Trafford AC	37:12	150	Tim Brett	V40	25	Sale H Manchester	43:21
67	259	Elton Davies		Sale H Manchester	37:14	151	Michael Cunningham	V60	5	Manchester H&ac	43:22
68	617	Rob Marsh		St Helens Sutton	37:18	152	\$Brian Schofield	V55	7	Oldham & Royton	43:31
69	637	Julian Brown	V40	12 Macclesfield H&ac	37:22	153	Tony Ward	V45	25	Stockport H&ac	43:38
70	489	Oliver Park		Warrington AC	37:23	154	\$Thibaut Thorez			Manchester Frontrunners	43:41
71	514	Ray Eagle	V55	2 Wilmslow RC	37:25	155	Mark Wheelton	V50	12	Macclesfield H&ac	43:42
72	154	James Little		Manchester Met Univ	37:27	156	Stuart Mairs			Salford Met AC	43:49
73	97	Steven Robinson	V45	11 E Cheshire H & TAC	37:37	157	Jeff Norman	V60	6	Altrincham&district AC	43:52
74	229	James O'Connor	V40	13 Middleton Harriers	37:39	158	Neil Harrison	V45	26	Manchester Triathlon	43:59
75	88	Kevin Jowett		E Cheshire H & TAC	37:41	159	Andy Roberts	V45	27	Belle Vue Racers	44:08
76	507	Mark Bale		Wilmslow RC	37:42	160	Toby Percival			Altrincham&district AC	44:12
77	244	Paul Barrett		Sale H Manchester	37:43	161	Dave Hough	V60	7	West Cheshire AC	44:16
78	384	Tim Hargreaves	V50	2 Stockport H&ac	37:46	162	Gary Thomason	V50	13	Salford H&ac	44:23
79	366	Paul Connolly		Salford Met AC	37:53	163	\$Graham Bateson	V40	26	Manchester Frontrunners	44:36
80	337	Sean Cordell	V40	14 Salford H&ac	37:55	164	Steve Symons	V40	27	Manchester Ymca H	44:39
81	324	Gary Wilcock	V45	12 Sale H Manchester	38:04	165	Daniel Harle			Macclesfield H&ac	44:57
82	114	John Mooney	V50	3 Macclesfield H&ac	38:06	166	Michael Ogden	V45	28	Manchester Triathlon	45:17
83	202	Eddie Gilligan	V45	13 Manchester Ymca H	38:07	167	Jack Carney	V50	14	Salford Met AC	45:26
84	592	Andrew Berry		ABC Runners	38:08	168	\$Richard Park			Unattached	45:36

169	367	Andrew Evans	V45	29	Salford Met AC	45:42	185	425	John Pickup	V45	31	Swinton RC	48:07
170	587	Colin Rathbone	V65	1	Vale Royal	45:45	186	546	John Skinley	V45	32	St Helens Sutton	48:09
171	312	Stefan Schumacher	V50	15	Sale H Manchester	45:48	187	632	Martin Nance	V50	17	Stockport H&ac	48:42
172	220	Alan Garvey	V55	8	Middleton Harriers	45:49	188	265	[70] Bryan Gane	V70	1	Sale H Manchester	48:45
173	536	Ian Welch	V45	30	Manchester Triathlon	45:53	189	370	Mark Hulme	V50	18	Salford Met AC	49:25
174	435	Glyn Williams	V40	28	Swinton RC	45:57	190	148	Dave Wood	V45	33	Manchester H&ac	49:51
175	162	Andy Brigg			Manchester Triathlon	46:05	191	636	Roy Pownall	V60	10	Wilmslow RC	50:37
176	368	Brian Eyre	V50	16	Salford Met AC	46:45	192	1075	\$Bill Ridings	V55	12	Northern Vets	50:51
177	333	Roland Bowness	V60	8	Salford H&ac	47:03	193	309	Alan Romagnolo	V40	29	Sale H Manchester	51:25
178	55	Barry Guy	V55	9	Belle Vue Racers	47:36	194	417	Steve Hart	V50	19	Swinton RC	51:36
179	574	Ian Ashcroft	V60	9	Wilmslow RC	47:44	195	53	Kevin Egerton	V55	13	Belle Vue Racers	51:49
180	152	Duncan Harris			Manchester Met Univ	47:48	196	515	Trevor Faulkner	V65	4	Wilmslow RC	54:36
181	353	Vincent Murphy	V65	2	Salford H&ac	47:49	197	646	Anthony Raffles	V45	34	St Helens Sutton	54:37
182	211	Jon Paramor	V55	10	Manchester Ymca H	47:53	198	430	Andy Smith			Swinton RC	58:39
183	645	Simon Fenton	V65	3	Wilmslow RC	47:56	199	378	Ian Berry	V65	5	Stockport H&ac	58:59
184	120	David Shoesmith	V55	11	Macclesfield H&ac	48:02							

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford AC	63	—	2	Garry Bristow	4	Ian Salisbury	7	Tom Charles	13	Graham Hogg	17	Michael Hunt	20	John Howe
2	Sale H Manchester	92	—	3	Simon Mills	6	Ryan Worland	8	James Davis	16	Ian Wetherall	27	Colin Gell	32	Mike Kilmartin
3	Altrincham&district AC	151	—	1	David Norman	10	William Crowther	12	Tom Bush	26	Dave Gilchrist	45	David Livingstone	57	Andrew Ford
4	E Cheshire H & TAC	172	—	14	Chris Kays	25	Simon Grundy	29	Gavin Browne	30	David Barratt	33	Stuart Heaton	41	Paul Dalton
5	Wilmslow RC	243	—	22	Rob Downs	36	Malcolm Fowler	39	Jim Pendrill	40	Tom McGaff	43	Trevor Morris	63	Lachlan Campbell
6	Stockport H&ac	249	—	23	Steve McLeon	37	Kevan Gamer	44	James Corden	46	Mike Shaw	47	Adrian Nutter	52	Richard Marfion
7	Salford H&ac	290	—	15	Paul Savage	18	Jan Pichl	35	Dave Hudson	56	Paul Birkett	78	Sean Cordell	88	Ian Jackson
8	St Helens Sutton	338	—	5	Matt Crehan	54	Barry Graney	58	Jake Healy	59	Ian Costello	66	Rob Marsh	96	Mark Davies
9	Trafford AC	393	—	42	Vinny Booth	48	Dick Byers	51	Dave Safranauskas	64	Paul Mannion	86	Mathew Tang	102	Mark Evans
10	Sale H Manchester	453	—	38	Tim Kennedy	65	Elton Davies	75	Paul Barrett	79	Gary Wilcock	92	Frank Cordingley	104	Tim Rainey
11	E Cheshire H & TAC	485	—	50	Jake Littlehales	71	Steven Robinson	73	Kevin Jowett	85	Liam Browne	100	Daniel Bamber	106	Andrew Farley
12	Manchester H&ac	499	—	24	Andy Skitt	28	Liam Bartlett	34	Ed Fazakerley	129	[2nd] Chris Cooper	138	Chris Sewart	146	Michael Cunningham
13	Wilmslow RC	532	—	69	Ray Eagle	74	Mark Bale	90	James Wheeler	95	Steve Smith	101	Mike Cooper	103	Steve Dempsey
14	Macclesfield H&ac	541	—	67	Julian Brown	80	John Mooney	87	Chris Bentley	89	Barry Blyth	91	Raph Murray	127	Chris Holden
15	Stockport H&ac	614	—	60	Len Best	76	Tim Hargreaves	83	Robert Taylor	112	Paul Nutter	136	Michael Slater	147	Tony Ward
16	Manchester Triathlon	619	—	21	Howard Mead	49	Rob Harper	116	Shaun Walsh	124	Roger Thomas	151	Neil Harrison	158	Michael Ogden
17	Swinton RC	648	—	55	Mark Birchall	94	Rick Waring	98	Steve Doxey	114	Chris Lomax	122	Paul Rutherford	165	Glyn Williams
18	Salford Met AC	719	—	77	Paul Connolly	84	Shane Wolstencroft	111	Mike Garside	139	Chris Jones	149	Stuart Mairs	159	Jack Carney
19	Wilmslow RC	820	—	113	Mick Fairs	118	Tony Hulme	134	Gareth Trimble	142	Don Bullough	143	Peter Stock	170	Ian Ashcroft
20	St Helens Sutton	829	—	99	Steven Clague	109	Ian White	117	Adrian Webb	140	Peter Johnson	177	John Skinley	187	Anthony Raffles
21	Sale H Manchester	853	—	105	Jerry Smith	121	Andrew Bean	141	Steve Gavin	145	Tim Brett	162	Stefan Schumacher	179	[70] Bryan Gane

Senior Men - U20 — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	552	Matt Crehan		St Helens Sutton	32:34
2	329	Ryan Worland		Sale H Manchester	32:51
3	236	Dale Platt		Moston & District	33:25
4	89	Chris Kays		E Cheshire H & TAC	33:36
5	128	Liam Bartlett		Manchester H&ac	35:05
6	66	David Barratt		E Cheshire H & TAC	35:10
7	92	Jake Littlehales		E Cheshire H & TAC	36:28
8	550	Jake Healy		St Helens Sutton	36:53
9	551	Steven Clague		St Helens Sutton	39:12

Senior Men - U20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	E Cheshire H & TAC	17	—	4	Chris Kays	6	David Barratt	7	Jake Littlehales
2	St Helens Sutton	18	—	1	Matt Crehan	8	Jake Healy	9	Steven Clague

