

Northern Athletics

Present the

2010 SENIOR WOMEN'S FOUR STAGE ROAD RELAY CHAMPIONSHIPS

Under UKA Rules: Licence No 2010-101058

At Wythenshawe Park, Manchester on Saturday 2nd October 2010

Start Time: 14.00

Four Stages of 4.9K

CLUB COLOURS & VEST/CROP TOP ALL OF THE SAME DESIGN MUST BE WORN

Medals will be awarded to the first three "A" Teams to finish

Minimum age: 17 and over at midnight 31st August / 1st September 2010

Entries

Entry is on line at www.race-results.co.uk/onlineentries/2010/noerels10.htm

(If you require a postal entry please contact the Northern Office)

Closing Date for Entries

Closing date for entries – On line: 20th September 2010 - Postal: 13th September 2010

Entries must be submitted with the correct fee(s).

Minimum age: 17 and over at midnight 31st August / 1st September 2009

Entry Fees - £20 per team - Cheques made payable to Northern Athletics

IMPORTANT NOTES

- Entries from Clubs will only be accepted if the Club is currently affiliated to Northern Athletics and England Athletics. Team members **MUST** be first claim members of that club **AND** registered with England Athletics. **England Athletics Registration Numbers MUST be included. Athletes without registration numbers will not be entered.**
- Entries must be submitted on the official entry form with the correct fees
- Late & incorrectly submitted entries will not be accepted and will be returned
- Acknowledgement of entry and final instructions will only be sent to those Clubs that submit a SAE with entry
- Clubs that knowingly run ineligible or unregistered runners will be disqualified and may have their entry refused for the 2011 event
- Please note postal entries will only be accepted in exceptional cases and on application to the office on 01924 457922 or email: info@northernathletics.org.uk