

The Roy Fowler Memorial Relays at Leek, Staffs on Sunday 5th September 2010

Roy Fowler - Men Stage 1 — Final Results

| Pos | Name | Club | Leg Time | | | | |
|-----|----------------|--------------|----------|----|----------------|-------------|-------|
| 1 | Matt Clawes | StaffsM A | 9:16 | 12 | Jon Turnock | StaffsM D | 11:00 |
| 2 | Ryan Holroyd | StaffsM B | 9:38 | 13 | Kelvin Amos | Smac Vets A | 11:14 |
| 3 | Adam Watt | Birchfield | 9:38 | 14 | Mick Haire | BoalloyOU | 11:37 |
| 4 | James Houghton | CannockSt | 9:57 | 15 | Anthony Pinson | TelfordH | 11:43 |
| 5 | Michael Buntin | Tipton Har A | 10:00 | 16 | Jon Sewell | Buxton AC B | 12:25 |
| 6 | Will Neil | StaffsM C | 10:31 | 17 | Ed Finch | Boalloy | 12:52 |
| 7 | Rick Houghton | Buxton AC A | 10:36 | 18 | G Vukmirovic | NorecN | 14:32 |
| 8 | David Lee | City Stoke A | 10:40 | 19 | Steve Massey | Smac Vets C | 14:38 |
| 9 | Carl Platt | Trentham | 10:43 | 20 | Fred Chidlow | StaffordH | 16:03 |
| 10 | Toby Miller | BoalloyYG | 10:49 | 21 | Chris Mere | Smac Vets B | 17:07 |
| 11 | Gary Castrey | City Stoke B | 11:00 | | | | |

Roy Fowler - Men Stage 2 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | | | | | | |
|-----|----------------|--------------|----------|----------|------|----|---------------|-------------|-------|-------|-----|
| 1 | Bibiam Ande | Birchfield | 9:06 | 18:44 | + 2 | 12 | Mark Platts | StaffsM D | 11:50 | 22:50 | 0 |
| 2 | T Humphries | CannockSt | 9:05 | 19:02 | + 2 | 13 | Lee Campbel | BoalloyOU | 11:46 | 23:23 | + 1 |
| 3 | Marc Hartley | StaffsM A | 9:46 | 19:02 | - 2 | 14 | Isaac Maskell | BoalloyYG | 12:45 | 23:34 | - 4 |
| 4 | Mike Beier | Tipton Har A | 9:49 | 19:49 | + 1 | 15 | Ian Maxwell | TelfordH | 12:00 | 23:43 | 0 |
| 5 | Jason Burgess | StaffsM B | 10:36 | 20:14 | - 3 | 16 | Nick Gould | Buxton AC B | 12:39 | 25:04 | 0 |
| 6 | Vincent Martin | StaffsM C | 10:17 | 20:48 | 0 | 17 | A Derbyshire | Boalloy | 12:28 | 25:20 | 0 |
| 7 | L Hendricken | City Stoke A | 10:17 | 20:57 | + 1 | 18 | C2 | Smac Vets C | 13:27 | 28:05 | + 1 |
| 8 | Steve Watson | Buxton AC A | 10:55 | 21:31 | - 1 | 19 | P Weston | NorecN | 15:59 | 30:31 | - 1 |
| 9 | O Langford | City Stoke B | 10:47 | 21:47 | + 2 | 20 | Alan Simpson | Smac Vets B | 14:33 | 31:40 | + 1 |
| 10 | Jason Thomas | Trentham | 11:11 | 21:54 | - 1 | | | | | | |
| 11 | Paul Light | Smac Vets A | 11:16 | 22:30 | + 2 | | | | | | |

Fastest runners over stage 2:

| | | | | | | | |
|---|----------------|--------------|-------|----|---------------|--------------|-------|
| 1 | T Humphries | CannockSt | 9:05 | 6 | L Hendricken | City Stoke A | 10:17 |
| 2 | Bibiam Ande | Birchfield | 9:06 | 7 | Jason Burgess | StaffsM B | 10:36 |
| 3 | Marc Hartley | StaffsM A | 9:46 | 8 | O Langford | City Stoke B | 10:47 |
| 4 | Mike Beier | Tipton Har A | 9:49 | 9 | Steve Watson | Buxton AC A | 10:55 |
| 5 | Vincent Martin | StaffsM C | 10:17 | 10 | Jason Thomas | Trentham | 11:11 |

Roy Fowler - Men Stage 3 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | | | | | | |
|-----|---------------|--------------|----------|----------|------|----|----------------|--------------|-------|-------|-----|
| 1 | Ben Sharman | Birchfield | 10:10 | 28:54 | 0 | 10 | John Danahay | City Stoke B | 11:12 | 32:59 | - 1 |
| 2 | Matt Allott | StaffsM A | 9:56 | 28:58 | + 1 | 11 | Andrew Stevens | BoalloyYG | 11:34 | 35:08 | + 3 |
| 3 | Craig Pearson | CannockSt | 10:22 | 29:24 | - 1 | 12 | Richard Cooper | BoalloyOU | 11:52 | 35:15 | + 1 |
| 4 | Tom Holden | Tipton Har A | 9:57 | 29:46 | 0 | 13 | Dave Coley | TelfordH | 12:06 | 35:49 | + 2 |
| 5 | Sam Lucking | StaffsM B | 10:12 | 30:26 | 0 | 14 | N Bainbridge | Buxton AC B | 12:42 | 37:46 | + 2 |
| 6 | M Harding | City Stoke A | 10:31 | 31:28 | + 1 | 15 | Andrew Farlow | Boalloy | 12:26 | 37:46 | + 2 |
| 7 | Tom Hollaway | StaffsM C | 11:10 | 31:58 | - 1 | 16 | C3 | Smac Vets C | 12:38 | 40:43 | + 2 |
| 8 | Rob White | Buxton AC A | 10:47 | 32:18 | 0 | 17 | A Page | NorecN | 13:15 | 43:46 | + 2 |
| 9 | Paul Gibbings | Trentham | 10:34 | 32:28 | + 1 | 18 | Andy Curry | Smac Vets B | 13:09 | 44:49 | + 2 |

Fastest runners over stage 3:

| | | | | | | | |
|---|---------------|--------------|-------|----|---------------|--------------|-------|
| 1 | Matt Allott | StaffsM A | 9:56 | 6 | M Harding | City Stoke A | 10:31 |
| 2 | Tom Holden | Tipton Har A | 9:57 | 7 | Paul Gibbings | Trentham | 10:34 |
| 3 | Ben Sharman | Birchfield | 10:10 | 8 | Rob White | Buxton AC A | 10:47 |
| 4 | Sam Lucking | StaffsM B | 10:12 | 9 | Tom Hollaway | StaffsM C | 11:10 |
| 5 | Craig Pearson | CannockSt | 10:22 | 10 | John Danahay | City Stoke B | 11:12 |

Roy Fowler - Men Stage 4 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | | | | | | |
|-----|---------------|--------------|----------|----------|------|----|----------------|-------------|-------|-------|-----|
| 1 | S Ndayisenga | Birchfield | 9:06 | 38:00 | 0 | 10 | Simon Marden | Buxton AC A | 11:55 | 44:13 | - 2 |
| 2 | Kyle Fowlet | StaffsM A | 9:54 | 38:52 | 0 | 11 | Carl Williams | BoalloyOU | 11:23 | 46:38 | + 1 |
| 3 | C Perrin | CannockSt | 9:58 | 39:22 | 0 | 12 | Stephen Ried | TelfordH | 11:10 | 46:59 | + 1 |
| 4 | Mike Buntin | Tipton Har A | 10:17 | 40:03 | 0 | 13 | Julian Goodwin | BoalloyYG | 12:28 | 47:36 | - 2 |
| 5 | Jack Ross | StaffsM B | 10:34 | 41:00 | 0 | 14 | Steven Macha | Boalloy | 12:43 | 50:29 | + 1 |
| 6 | Joseph Broome | City Stoke A | 11:00 | 42:28 | 0 | 15 | Mark Quince | Buxton AC B | 13:23 | 51:09 | - 1 |
| 7 | Luke Boulton | StaffsM C | 10:43 | 42:41 | 0 | 16 | C4 | Smac Vets C | 12:01 | 52:44 | 0 |
| 8 | Rob Tabbanor | Trentham | 11:21 | 43:49 | + 1 | 17 | K Jellyman | NorecN | 12:40 | 56:26 | 0 |
| 9 | Robert Cook | City Stoke B | 11:04 | 44:03 | + 1 | | | | | | |

Fastest runners over stage 4:

| | | | | | | | |
|---|--------------|--------------|-------|----|---------------|--------------|-------|
| 1 | S Ndayisenga | Birchfield | 9:06 | 6 | Luke Boulton | StaffsM C | 10:43 |
| 2 | Kyle Fowlet | StaffsM A | 9:54 | 7 | Joseph Broome | City Stoke A | 11:00 |
| 3 | C Perrin | CannockSt | 9:58 | 8 | Robert Cook | City Stoke B | 11:04 |
| 4 | Mike Buntin | Tipton Har A | 10:17 | 9 | Stephen Ried | TelfordH | 11:10 |
| 5 | Jack Ross | StaffsM B | 10:34 | 10 | Rob Tabbanor | Trentham | 11:21 |

The Roy Fowler Memorial Relays at Leek, Staffs on Sunday 5th September 2010

Men — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--|---------------|-----------|------|---------------|------------|------|----------------|------------|------|---------------|---------|--------|----------------|---------|--------|-------------|------------|------|----------------|---------|--------|--------------|------------|--------|---------------|---------|--------|----------------|---------|--------|-----------------|-----------|---------|----------------|-----------|---------|----------------|------------|---------|----------------|------------|---------|---------------|-----------|---------|--------------|-----------|---------|-----------------|-----------|-------|--------------|-----------|-------|---------------|-----------|-------|-------------------|-----------|-------|
| <p>1 Birchfield Harriers 38:00</p> <p>1 Adam Watt (3) 9:38 3 Ben Sharman (1) 10:10</p> <p>2 Staffs Moorlands 'A' 38:52</p> <p>1 Matt Clawes (1) 9:16 3 Matt Allott (2) 9:56</p> <p>3 Cannock And Stafford AC 39:22</p> <p>1 James Houghton (4) 9:57 3 Craig Pearson (3) 10:22</p> <p>4 Tipton Harriers 'A' 40:03</p> <p>1 Michael Buntin (5) 10:00 3 Tom Holden (4) 9:57</p> <p>5 Staffs Moorlands 'B' 41:00</p> <p>1 Ryan Holroyd (2) 9:38 3 Sam Lucking (5) 10:12</p> <p>6 City Of Stoke AC 'A' 42:28</p> <p>1 David Lee (8) 10:40 3 M Harding (6) 10:31</p> <p>7 Staffs Moorlands 'C' 42:41</p> <p>1 Will Neil (6) 10:31 3 Tom Hollaway (7) 11:10</p> <p>8 Trentham 43:49</p> <p>1 Carl Platt (9) 10:43 3 Paul Gibbings (9) 10:34</p> <p>9 City Of Stoke AC 'B' 44:03</p> <p>1 Gary Castrey (11) 11:00 3 John Danahay (10) 11:12</p> <p>10 Buxton AC 'A' 44:13</p> <p>1 Rick Houghton (7) 10:36 3 Rob White (8) 10:47</p> <p>11 Boalloy Old Uns 46:38</p> <p>1 Mick Haire (14) 11:37 3 Richard Cooper (12) 11:52</p> <p>12 Telford Harriers 46:59</p> <p>1 Anthony Pinson (15) 11:43 3 Dave Coley (13) 12:06</p> <p>13 Boalloy Young Guns 47:36</p> <p>1 Toby Miller (10) 10:49 3 Andrew Stevens (11) 11:34</p> <p>14 Boalloy 50:29</p> <p>1 Ed Finch (17) 12:52 3 Andrew Farlow (15) 12:26</p> | <p>15 Buxton AC 'B' 51:09</p> <p>1 Jon Sewell (16) 12:25 3 N Bainbridge (14) 12:42 2 Nick Gould (16) 12:39 4 Mark Quince (15) 13:23</p> <p>16 Smac Vets 'C' 52:44</p> <p>1 Steve Massey (19) 14:38 3 C3 (16) 12:38 2 C2 (18) 13:27 4 C4 (16) 12:01</p> <p>17 Norec Nomads 56:26</p> <p>1 G Vukmirovic (18) 14:32 3 A Page (17) 13:15 2 P Weston (19) 15:59 4 K Jellyman (17) 12:40</p> <p>Incomplete Teams:</p> <p>Smac Vets 'B' 44:49</p> <p>1 Chris Mere (21) 17:07 3 Andy Curry (18) 13:09 2 Alan Simpson (20) 14:33</p> <p>Smac Vets 'A' 22:30</p> <p>1 Kelvin Amos (13) 11:14 2 Paul Light (11) 11:16</p> <p>Staffs Moorlands 'D' 22:50</p> <p>1 Jon Turnock (12) 11:00 2 Mark Platts (12) 11:50</p> <p>Stafford Harriers 16:03</p> <p>1 Fred Chidlow (20) 16:03</p> <p>Fastest of all legs</p> <table border="0" style="width: 100%;"> <tr><td>1 T Humphries</td><td>CannockSt</td><td>9:05</td></tr> <tr><td>2 Bibiam Ande</td><td>Birchfield</td><td>9:06</td></tr> <tr><td>= S Ndayisenga</td><td>Birchfield</td><td>9:06</td></tr> <tr><td>4 Matt Clawes</td><td>StaffsM</td><td>A 9:16</td></tr> <tr><td>5 Ryan Holroyd</td><td>StaffsM</td><td>B 9:38</td></tr> <tr><td>= Adam Watt</td><td>Birchfield</td><td>9:38</td></tr> <tr><td>7 Marc Hartley</td><td>StaffsM</td><td>A 9:46</td></tr> <tr><td>8 Mike Beier</td><td>Tipton Har</td><td>A 9:49</td></tr> <tr><td>9 Kyle Fowlet</td><td>StaffsM</td><td>A 9:54</td></tr> <tr><td>10 Matt Allott</td><td>StaffsM</td><td>A 9:56</td></tr> </table> <p>Fastest of all legs (Vets)</p> <table border="0" style="width: 100%;"> <tr><td>1 Rick Houghton</td><td>Buxton AC</td><td>A 10:36</td></tr> <tr><td>2 Steve Watson</td><td>Buxton AC</td><td>A 10:55</td></tr> <tr><td>3 Gary Castrey</td><td>City Stoke</td><td>B 11:00</td></tr> <tr><td>4 John Danahay</td><td>City Stoke</td><td>B 11:12</td></tr> <tr><td>5 Kelvin Amos</td><td>Smac Vets</td><td>A 11:14</td></tr> <tr><td>6 Paul Light</td><td>Smac Vets</td><td>A 11:16</td></tr> <tr><td>7 Carl Williams</td><td>BoalloyOU</td><td>11:23</td></tr> <tr><td>8 Mick Haire</td><td>BoalloyOU</td><td>11:37</td></tr> <tr><td>9 Lee Campbel</td><td>BoalloyOU</td><td>11:46</td></tr> <tr><td>10 Richard Cooper</td><td>BoalloyOU</td><td>11:52</td></tr> </table> | 1 T Humphries | CannockSt | 9:05 | 2 Bibiam Ande | Birchfield | 9:06 | = S Ndayisenga | Birchfield | 9:06 | 4 Matt Clawes | StaffsM | A 9:16 | 5 Ryan Holroyd | StaffsM | B 9:38 | = Adam Watt | Birchfield | 9:38 | 7 Marc Hartley | StaffsM | A 9:46 | 8 Mike Beier | Tipton Har | A 9:49 | 9 Kyle Fowlet | StaffsM | A 9:54 | 10 Matt Allott | StaffsM | A 9:56 | 1 Rick Houghton | Buxton AC | A 10:36 | 2 Steve Watson | Buxton AC | A 10:55 | 3 Gary Castrey | City Stoke | B 11:00 | 4 John Danahay | City Stoke | B 11:12 | 5 Kelvin Amos | Smac Vets | A 11:14 | 6 Paul Light | Smac Vets | A 11:16 | 7 Carl Williams | BoalloyOU | 11:23 | 8 Mick Haire | BoalloyOU | 11:37 | 9 Lee Campbel | BoalloyOU | 11:46 | 10 Richard Cooper | BoalloyOU | 11:52 |
| 1 T Humphries | CannockSt | 9:05 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 Bibiam Ande | Birchfield | 9:06 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| = S Ndayisenga | Birchfield | 9:06 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 Matt Clawes | StaffsM | A 9:16 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 Ryan Holroyd | StaffsM | B 9:38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| = Adam Watt | Birchfield | 9:38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 Marc Hartley | StaffsM | A 9:46 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 Mike Beier | Tipton Har | A 9:49 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 Kyle Fowlet | StaffsM | A 9:54 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 Matt Allott | StaffsM | A 9:56 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 Rick Houghton | Buxton AC | A 10:36 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 Steve Watson | Buxton AC | A 10:55 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 Gary Castrey | City Stoke | B 11:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 John Danahay | City Stoke | B 11:12 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 Kelvin Amos | Smac Vets | A 11:14 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 Paul Light | Smac Vets | A 11:16 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 Carl Williams | BoalloyOU | 11:23 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 Mick Haire | BoalloyOU | 11:37 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 Lee Campbel | BoalloyOU | 11:46 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 Richard Cooper | BoalloyOU | 11:52 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

The Roy Fowler Memorial Relays at Leek, Staffs on Sunday 5th September 2010

Roy Fowler - Ladies Stage 1 — Final Results

| Pos | Name | Club | Leg Time | Pos | Name | Club | Leg Time |
|-----|---------------|-------------|----------|-----|----------------|-------------|----------|
| 1 | Sarah Johnson | TrenthamL | 11:28 | 6 | Lisa Blagden | TelfordAC B | 13:28 |
| 2 | Jo Bradford | LeicesterC | 11:33 | 7 | Louise Baker | StaffsML B | 13:28 |
| 3 | M Clarke | TelfordAC A | 11:44 | 8 | Ang Jacquemqry | StaffsMLV | 13:30 |
| 4 | R Harrison | CheadleL | 11:52 | 9 | Emma Wentworth | BuxtonL | 13:30 |
| 5 | Kath Melor | StaffsML | 12:12 | | | | |

Roy Fowler - Ladies Stage 2 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Time Gain | Fastest runners over stage 2: | | | |
|-----|----------------|-------------|----------|----------|-----------|-------------------------------|----------------|-------------|-------|
| 1 | Kim Fawke | TelfordAC A | 10:57 | 22:41 | + 2 | 1 | Stacey Johnson | TelfordAC B | 10:33 |
| 2 | Jayne Dickens | TrenthamL | 12:13 | 23:41 | - 1 | 2 | Kim Fawke | TelfordAC A | 10:57 |
| 3 | R WatchornRice | CheadleL | 11:49 | 23:41 | + 1 | 3 | R WatchornRice | CheadleL | 11:49 |
| 4 | Stacey Johnson | TelfordAC B | 10:33 | 24:01 | + 2 | 4 | Jayne Dickens | TrenthamL | 12:13 |
| 5 | Amy Danaher | LeicesterC | 13:12 | 24:45 | - 3 | 5 | Debbie Hope | StaffsML | 12:35 |
| 6 | Debbie Hope | StaffsML | 12:35 | 24:47 | - 1 | 6 | Amy Danaher | LeicesterC | 13:12 |
| 7 | Kirsty Omerod | BuxtonL | 13:43 | 27:13 | + 2 | 7 | Kirsty Omerod | BuxtonL | 13:43 |
| 8 | Moll Chattaway | StaffsML B | 15:09 | 28:37 | - 1 | 8 | Moll Chattaway | StaffsML B | 15:09 |
| 9 | Emma Brookes | StaffsMLV | 15:27 | 28:57 | - 1 | 9 | Emma Brookes | StaffsMLV | 15:27 |

Roy Fowler - Ladies Stage 3 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Time Gain | Fastest runners over stage 3: | | | |
|-----|----------------|-------------|----------|----------|-----------|-------------------------------|----------------|-------------|-------|
| 1 | Cheralyn Evans | TelfordAC A | 12:46 | 35:27 | 0 | 1 | Chris Holmes | TrenthamL | 11:58 |
| 2 | Chris Holmes | TrenthamL | 11:58 | 35:39 | 0 | 2 | Lucy Vrookes | LeicesterC | 12:06 |
| 3 | Sally Kenny | CheadleL | 12:49 | 36:30 | 0 | 3 | Cheralyn Evans | TelfordAC A | 12:46 |
| 4 | Lucy Vrookes | LeicesterC | 12:06 | 36:51 | + 1 | 4 | Sally Kenny | CheadleL | 12:49 |
| 5 | Jo Mayland | StaffsML | 13:20 | 38:07 | + 1 | 5 | Jo Mayland | StaffsML | 13:20 |
| 6 | Susan Baker | TelfordAC B | 15:16 | 39:17 | - 2 | 6 | Ros Barrat | BuxtonL | 14:34 |
| 7 | Ros Barrat | BuxtonL | 14:34 | 41:47 | 0 | 7 | Kay Boulton | StaffsMLV | 14:57 |
| 8 | Kay Boulton | StaffsMLV | 14:57 | 43:54 | + 1 | 8 | Susan Baker | TelfordAC B | 15:16 |
| 9 | Rachel Massey | StaffsML B | 16:51 | 45:28 | - 1 | 9 | Rachel Massey | StaffsML B | 16:51 |

Roy Fowler - Ladies Stage 4 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Time Gain | Fastest runners over stage 4: | | | | | |
|--------------------------------------|----------------|-------------|----------|----------|-----------|-------------------------------|----------------|-------------|-------|-------|---|
| 1 | Claire Martin | TelfordAC A | 10:58 | 46:25 | 0 | 5 | Kerry Marchant | StaffsML | 11:57 | 50:04 | 0 |
| 2 | Jo Donnelly | TrenthamL | 12:06 | 47:45 | 0 | 6 | M Clarke | TelfordAC B | 12:17 | 51:34 | 0 |
| 3 | S Hollinshead | CheadleL | 11:56 | 48:26 | 0 | 7 | W Higginbottom | BuxtonL | 12:14 | 54:01 | 0 |
| 4 | Louisa Monk | LeicesterC | 12:47 | 49:38 | 0 | 8 | Maria Owen | StaffsMLV | 15:32 | 59:26 | 0 |
| 9 | Jill Norman | StaffsML B | 15:30 | 1:00:58 | 0 | | | | | | |
| Fastest runners over stage 4: | | | | | | 4 | Jo Donnelly | TrenthamL | 12:06 | | |
| 1 | Claire Martin | TelfordAC A | 10:58 | | | 5 | W Higginbottom | BuxtonL | 12:14 | | |
| 2 | S Hollinshead | CheadleL | 11:56 | | | 6 | M Clarke | TelfordAC B | 12:17 | | |
| 3 | Kerry Marchant | StaffsML | 11:57 | | | 7 | Louisa Monk | LeicesterC | 12:47 | | |
| | | | | | | 8 | Jill Norman | StaffsML B | 15:30 | | |
| | | | | | | 9 | Maria Owen | StaffsMLV | 15:32 | | |

The Roy Fowler Memorial Relays at Leek, Staffs on Sunday 5th September 2010

Ladies — Team Results — Final

(nn) is team position after the appropriate stage.

| | |
|--|--|
| <p>1 Telford Athletics Club 'A' 46:25</p> <p>1 M Clarke (3) 11:44 3 Cheralyn Evans (1) 12:46</p> <p>2 Trentham Ladies 47:45</p> <p>1 Sarah Johnson (1) 11:28 3 Chris Holmes (2) 11:58</p> <p>3 Cheadle Ladies 48:26</p> <p>1 R Harrison (4) 11:52 3 Sally Kenny (3) 12:49</p> <p>4 Leicester Coritanian 49:38</p> <p>1 Jo Bradford (2) 11:33 3 Lucy Vrookes (4) 12:06</p> <p>5 Staffs Moorlands Ladies 50:04</p> <p>1 Kath Melor (5) 12:12 3 Jo Mayland (5) 13:20</p> | <p>6 Telford Athletics Club 'B' 51:34</p> <p>1 Lisa Blagden (6) 13:28 3 Susan Baker (6) 15:16</p> <p>7 Buxton Ac Ladies 54:01</p> <p>1 Emma Wentworth (9) 13:30 Omerod (7) 13:43 4 W Higginbottom (7) 12:14</p> <p>8 Staffs Moorlands Ladies Vets 59:26</p> <p>1 Ang Jacquemqry (8) 13:30 3 Kay Boulton (8) 14:57</p> <p>9 Staffs Moorlands Ladies 'B' 1:00:58</p> <p>1 Louise Baker (7) 13:28 3 Rachel Massey (9) 16:51</p> <p>2 Stacey Johnson (4) 10:33 4 M Clarke (6) 12:17</p> <p>2 Jayne Dickens (2) 12:13 4 Jo Donnelly (2) 12:06</p> <p>2 R WatchornRice (3) 11:49 4 S Hollinshead (3) 11:56</p> <p>2 Amy Danaher (5) 13:12 4 Louisa Monk (4) 12:47</p> <p>2 Debbie Hope (6) 12:35 4 Kerry Marchant (5) 11:57</p> <p>2 Emma Brookes (9) 15:27 4 Maria Owen (8) 15:32</p> <p>2 Moll Chattaway (8) 15:09 4 Jill Norman (9) 15:30</p> |
|--|--|

Fastest of all legs

| | | | | |
|----|----------------|------------|---|-------|
| 1 | Stacey Johnson | TelfordAC | B | 10:33 |
| 2 | Kim Fawke | TelfordAC | A | 10:57 |
| 3 | Claire Martin | TelfordAC | A | 10:58 |
| 4 | Sarah Johnson | TrenthamL | | 11:28 |
| 5 | Jo Bradford | LeicesterC | | 11:33 |
| 6 | M Clarke | TelfordAC | A | 11:44 |
| 7 | R WatchornRice | CheadleL | | 11:49 |
| 8 | R Harrison | CheadleL | | 11:52 |
| 9 | S Hollinshead | CheadleL | | 11:56 |
| 10 | Kerry Marchant | StaffsML | | 11:57 |

Fastest of all legs (Vets)

| | | | | |
|----|----------------|-----------|---|-------|
| 1 | Kim Fawke | TelfordAC | A | 10:57 |
| 2 | Claire Martin | TelfordAC | A | 10:58 |
| 3 | M Clarke | TelfordAC | A | 11:44 |
| 4 | Kerry Marchant | StaffsML | | 11:57 |
| 5 | W Higginbottom | BuxtonL | | 12:14 |
| 6 | M Clarke | TelfordAC | B | 12:17 |
| 7 | Debbie Hope | StaffsML | | 12:35 |
| 8 | Cheralyn Evans | TelfordAC | A | 12:46 |
| 9 | Lisa Blagden | TelfordAC | B | 13:28 |
| 10 | Emma Wentworth | BuxtonL | | 13:30 |
| = | Ang Jacquemqry | StaffsMLV | | 13:30 |

The Roy Fowler Memorial Relays at Leek, Staffs on Sunday 5th September 2010

Roy Fowler - Vet Men Stage 1 — Final Results

| Pos | Name | Club | Leg Time |
|-----|--------------|-------------|----------|
| 1 | Kelvin Amos | Smac Vets A | 11:14 |
| 2 | Mick Haire | BoalloyOU | 11:37 |
| 3 | G Vukmirovic | NorecN | 14:32 |
| 4 | Fred Chidlow | StaffordH | 16:03 |
| 5 | Chris Mere | Smac Vets B | 17:07 |

Roy Fowler - Vet Men Stage 2 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | Fastest runners over stage 2: | | |
|-----|--------------|-------------|----------|----------|------|-------------------------------|-------------|-------|
| 1 | Paul Light | Smac Vets A | 11:16 | 22:30 | 0 | 1 Paul Light | Smac Vets A | 11:16 |
| 2 | Lee Campbel | BoalloyOU | 11:46 | 23:23 | 0 | 2 Lee Campbel | BoalloyOU | 11:46 |
| 3 | P Weston | NorecN | 15:59 | 30:31 | 0 | 3 Alan Simpson | Smac Vets B | 14:33 |
| 4 | Alan Simpson | Smac Vets B | 14:33 | 31:40 | + 1 | 4 P Weston | NorecN | 15:59 |

Roy Fowler - Vet Men Stage 3 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | Fastest runners over stage 3: | | |
|-----|----------------|-------------|----------|----------|------|-------------------------------|-------------|-------|
| 1 | Richard Cooper | BoalloyOU | 11:52 | 35:15 | + 1 | 1 Richard Cooper | BoalloyOU | 11:52 |
| 2 | A Page | NorecN | 13:15 | 43:46 | + 1 | 2 Andy Curry | Smac Vets B | 13:09 |
| 3 | Andy Curry | Smac Vets B | 13:09 | 44:49 | + 1 | 3 A Page | NorecN | 13:15 |

Roy Fowler - Vet Men Stage 4 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | Fastest runners over stage 4: | | |
|-----|---------------|-----------|----------|----------|------|-------------------------------|-----------|-------|
| 1 | Carl Williams | BoalloyOU | 11:23 | 46:38 | 0 | 1 Carl Williams | BoalloyOU | 11:23 |
| 2 | K Jellyman | NorecN | 12:40 | 56:26 | 0 | 2 K Jellyman | NorecN | 12:40 |

Vet Men — Team Results — Final (nn) is team position after the appropriate stage.

| Pos | Team | Leg Time | Cum Time | Gain | Incomplete Teams: | | | |
|-----|--------------------|----------|---------------------|-------|--------------------------|-------|--------------------|--------------|
| 1 | Boalloy Old Uns | | 46:38 | | | | | |
| 1 | Mick Haire (2) | 11:37 | 2 Lee Campbel (2) | 11:46 | Smac Vets | | | |
| 3 | Richard Cooper (1) | 11:52 | 4 Carl Williams (1) | 11:23 | 1 Chris Mere (5) | 17:07 | 2 Alan Simpson (4) | 14:33 |
| | | | | | 3 Andy Curry (3) | 13:09 | | |
| 2 | NorecNomads | | 56:26 | | Smac Vets | | | |
| 1 | G Vukmirovic (3) | 14:32 | 2 P Weston (3) | 15:59 | 1 Kelvin Amos (1) | 11:14 | 2 Paul Light (1) | 11:16 |
| 3 | A Page (2) | 13:15 | 4 K Jellyman (2) | 12:40 | | | | |
| | | | | | Stafford Harriers | | | 16:03 |
| | | | | | 1 Fred Chidlow (4) | 16:03 | | |

Fastest of all legs

| | | | | |
|----|----------------|-----------|---|-------|
| 1 | Kelvin Amos | Smac Vets | A | 11:14 |
| 2 | Paul Light | Smac Vets | A | 11:16 |
| 3 | Carl Williams | BoalloyOU | | 11:23 |
| 4 | Mick Haire | BoalloyOU | | 11:37 |
| 5 | Lee Campbel | BoalloyOU | | 11:46 |
| 6 | Richard Cooper | BoalloyOU | | 11:52 |
| 7 | K Jellyman | NorecN | | 12:40 |
| 8 | Andy Curry | Smac Vets | B | 13:09 |
| 9 | A Page | NorecN | | 13:15 |
| 10 | G Vukmirovic | NorecN | | 14:32 |

The Roy Fowler Memorial Relays at Leek, Staffs on Sunday 5th September 2010

Roy Fowler - Vet Ladies Stage 1 — Final Results

| Pos | Name | Club | Leg Time |
|-----|----------------|-------------|----------|
| 1 | M Clarke | TelfordAC A | 11:44 |
| 2 | Ang Jacquemqry | StaffsMLV | 13:30 |

Roy Fowler - Vet Ladies Stage 2 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | Fastest runners over stage 2: | | |
|-----|--------------|-------------|----------|----------|------|-------------------------------|-------------|-------|
| 1 | Kim Fawke | TelfordAC A | 10:57 | 22:41 | 0 | 1 Kim Fawke | TelfordAC A | 10:57 |
| 2 | Emma Brookes | StaffsMLV | 15:27 | 28:57 | 0 | 2 Emma Brookes | StaffsMLV | 15:27 |

Roy Fowler - Vet Ladies Stage 3 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | Fastest runners over stage 3: | | |
|-----|----------------|-------------|----------|----------|------|-------------------------------|-------------|-------|
| 1 | Cheralyn Evans | TelfordAC A | 12:46 | 35:27 | 0 | 1 Cheralyn Evans | TelfordAC A | 12:46 |
| 2 | Kay Boulton | StaffsMLV | 14:57 | 43:54 | 0 | 2 Kay Boulton | StaffsMLV | 14:57 |

Roy Fowler - Vet Ladies Stage 4 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | Fastest runners over stage 4: | | |
|-----|---------------|-------------|----------|----------|------|-------------------------------|-------------|-------|
| 1 | Claire Martin | TelfordAC A | 10:58 | 46:25 | 0 | 1 Claire Martin | TelfordAC A | 10:58 |
| 2 | Maria Owen | StaffsMLV | 15:32 | 59:26 | 0 | 2 Maria Owen | StaffsMLV | 15:32 |

Vet Ladies — Team Results — Final

(nn) is team position after the appropriate stage.

| 1 | Telford Athletics Club | | 'A' | 46:25 |
|---|------------------------|-----------|-----------------|-----------|
| 1 | M Clarke | (1) 11:44 | 2 Kim Fawke | (1) 10:57 |
| 3 | Cheralyn Evans | (1) 12:46 | 4 Claire Martin | (1) 10:58 |

| 2 | Staffs Moorlands Ladies Vets | | 59:26 | |
|---|------------------------------|-----------|----------------|-----------|
| 1 | Ang Jacquemqry | (2) 13:30 | 2 Emma Brookes | (2) 15:27 |
| 3 | Kay Boulton | (2) 14:57 | 4 Maria Owen | (2) 15:32 |

Fastest of all legs

| | | | | |
|---|----------------|-----------|---|-------|
| 1 | Kim Fawke | TelfordAC | A | 10:57 |
| 2 | Claire Martin | TelfordAC | A | 10:58 |
| 3 | M Clarke | TelfordAC | A | 11:44 |
| 4 | Cheralyn Evans | TelfordAC | A | 12:46 |
| 5 | Ang Jacquemqry | StaffsMLV | | 13:30 |
| 6 | Kay Boulton | StaffsMLV | | 14:57 |
| 7 | Emma Brookes | StaffsMLV | | 15:27 |
| 8 | Maria Owen | StaffsMLV | | 15:32 |

The Roy Fowler Memorial Relays at Leek, Staffs on Sunday 5th September 2010

Roy Fowler - Mixed Stage 1 — Final Results

| Pos | Name | Club | Leg Time |
|-----|---------------|-------------|----------|
| 1 | Ian Francis | Buxton AC C | 13:58 |
| 2 | Lucinda Stone | StoneRoses | 15:35 |

Roy Fowler - Mixed Stage 2 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | Fastest runners over stage 2: | | | |
|-----|----------------|-------------|----------|----------|------|-------------------------------|----------------|-------------|-------|
| 1 | Ann MarieClare | Buxton AC C | 13:13 | 27:11 | 0 | 1 | Ann MarieClare | Buxton AC C | 13:13 |
| 2 | Julie Thompson | StoneRoses | 14:39 | 30:14 | 0 | 2 | Julie Thompson | StoneRoses | 14:39 |

Roy Fowler - Mixed Stage 3 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | Fastest runners over stage 3: | | | |
|-----|--------------|-------------|----------|----------|------|-------------------------------|--------------|-------------|-------|
| 1 | P Wainwright | Buxton AC C | 14:48 | 41:59 | 0 | 1 | P Wainwright | Buxton AC C | 14:48 |
| 2 | Carol Hall | StoneRoses | 15:31 | 45:45 | 0 | 2 | Carol Hall | StoneRoses | 15:31 |

Roy Fowler - Mixed Stage 4 — Final Results

| Pos | Name | Club | Leg Time | Cum Time | Gain | Fastest runners over stage 4: | | | |
|-----|-------------|-------------|----------|----------|------|-------------------------------|-------------|-------------|-------|
| 1 | Sally Kerr | Buxton AC C | 16:27 | 58:26 | 0 | 1 | G Lamplough | StoneRoses | 12:58 |
| 2 | G Lamplough | StoneRoses | 12:58 | 58:43 | 0 | 2 | Sally Kerr | Buxton AC C | 16:27 |

Mixed — Team Results — Final (nn) is team position after the appropriate stage.

| | | | | | |
|----------|--------------------|-----|-------|------------|--------------------------|
| 1 | BuxtonAC | | | 'C' | 58:26 |
| 1 | Ian Francis | (1) | 13:58 | 2 | Ann MarieClare (1) 13:13 |
| 3 | P Wainwright | (1) | 14:48 | 4 | Sally Kerr (1) 16:27 |
| 2 | Stone Roses | | | | 58:43 |
| 1 | Lucinda Stone | (2) | 15:35 | 2 | Julie Thompson (2) 14:39 |
| 3 | Carol Hall | (2) | 15:31 | 4 | G Lamplough (2) 12:58 |

Fastest of all legs

| | | | |
|---|----------------|-------------|-------|
| 1 | G Lamplough | StoneRoses | 12:58 |
| 2 | Ann MarieClare | Buxton AC C | 13:13 |
| 3 | Ian Francis | Buxton AC C | 13:58 |
| 4 | Julie Thompson | StoneRoses | 14:39 |
| 5 | P Wainwright | Buxton AC C | 14:48 |
| 6 | Carol Hall | StoneRoses | 15:31 |
| 7 | Lucinda Stone | StoneRoses | 15:35 |
| 8 | Sally Kerr | Buxton AC C | 16:27 |