

## TRAFFORD 10K SEPTEMBER 13TH SEPTEMBER 2009 RESULTS

Pos	First name	Last name	Race number	Gender	Age category	Gun Time	Chip Time	Overall position	Gender position	Category position	Club
1	Mark	WARMBY	9	Male	Ages 20 - 39	00:30:17	00:30:17	1	1	1	Newham & Essex Beagles
2	Matt	BARNES	1	Male	Ages 20 - 39	00:30:29	00:30:29	2	2	2	Altrincham & District
3	Matt	BOND	2	Male	Ages 20 - 39	00:30:54	00:30:54	3	3	3	Sale Harriers Manchester
4	Ian	GRIME	109	Male	Ages 20 - 39	00:30:57	00:30:57	4	4	4	Newham and Essex Beagles
5	Ewen	North	406	Male	Ages 20 - 39	00:31:02	00:31:01	5	5	5	Bolder Boulder Running Club (USA)
6	Gary	PRIESTLEY	12	Male	Ages 20 - 39	00:31:20	00:31:19	6	6	6	Horwich RMI Harriers
7	Neil	PENDLEBURY	207	Male	Ages 20 - 39	00:31:33	00:31:33	7	7	7	Horwich RMI Harriers
8	Ben	RIDDELL	210	Male	Ages 20 - 39	00:31:56	00:31:56	8	8	8	Salford Harriers
9	Ian	FISHER	378	Male	Ages 20 - 39	00:32:16	00:32:16	9	9	9	Altrincham & District
10	Steven	CROWE	220	Male	Ages 20 - 39	00:32:26	00:32:26	10	10	10	Ellesmere Port Running Club
11	Ben	BENNETT	67	Male	Ages 40 - 44	00:32:46	00:32:45	11	11	1	Redhill Road Runners
12	Stuart	HUNTINGTON	11	Male	Ages 20 - 39	00:32:58	00:32:58	12	12	11	City of Norwich
13	Tony	BATTERSBY	13	Male	Ages 20 - 39	00:33:00	00:33:00	13	13	12	Leigh Harriers
14	Rob	DOWNS	233	Male	Ages 45 - 49	00:33:01	00:33:00	14	14	1	Wilmslow RC
15	Stephen	PRICE	175	Male	Ages 20 - 39	00:33:07	00:33:06	15	15	13	Uknetrunner
16	Jim	PENDRILL	204	Male	Ages 20 - 39	00:33:14	00:33:13	16	16	14	Wilmslow
17	Richard	HOWARTH	206	Male	Ages 20 - 39	00:33:18	00:33:18	17	17	15	Horwich RMI Harriers
18	Mike	HALMAN	401	Male	Ages 20 - 39	00:33:21	00:33:20	18	18	16	Wilmslow
19	Lee	COOK	157	Male	Ages 20 - 39	00:33:24	00:33:23	19	19	17	Triclan/Sweatshop
20	Paul	SIMONS	87	Male	Ages 45 - 49	00:33:26	00:33:25	20	20	2	Salford Harriers
21	Paul	MANNION	230	Male	Ages 20 - 39	00:34:07	00:34:06	21	21	18	Astley&tyldesley
22	James	TITMUSS	102	Male	Ages 20 - 39	00:34:15	00:34:14	22	22	19	Unattached
23	Alastair	MURRAY	363	Male	Ages 20 - 39	00:34:23	00:34:23	23	23	20	Horwich RMI Harriers
24	Darren	MORAN	14	Male	Ages 20 - 39	00:34:24	00:34:23	24	24	21	Salford Harriers
25	James	WILLIAMS	149	Male	Ages 20 - 39	00:34:39	00:34:38	25	25	22	Salford Harriers
26	Trevor	MORRIS	56	Male	Ages 45 - 49	00:34:48	00:34:47	26	26	3	Wilmslow Running Club
27	Michael	MURRAY	34	Male	Ages 45 - 49	00:34:54	00:34:53	27	27	4	Bolton Tri

28	Mike	FLATLEY	146	Male	Ages 20 - 39	00:34:55	00:34:54	28	28	23	Middleton Harriers
29	Jonathan	BRADSHAW	151	Male	Ages 20 - 39	00:35:01	00:34:58	29	29	24	Buckley Runners
30	James	CORDEN	366	Male	Ages 20 - 39	00:35:04	00:35:03	30	30	25	Stockport Harriers
31	Denis	MASON	197	Male	Ages 20 - 39	00:35:07	00:35:04	31	31	26	Horwich RMI Harriers
32	Ian	MONAGHAN	129	Male	Ages 20 - 39	00:35:28	00:35:27	32	32	27	Chesterfield AC
33	Andrew	CARTWRIGHT	365	Male	Ages 20 - 39	00:35:38	00:35:37	33	33	28	Rothwell Harriers
34	Alex	Rowe	411	Male	Ages 50 - 54	00:35:39	00:35:38	34	34	1	Wesham Rd Runners
35	Ben	BEATTIE	118	Male	Ages 20 - 39	00:35:44	00:35:43	35	35	29	Steel City Striders
36	Jason	BOWERS	311	Male	Ages 20 - 39	00:35:44	00:35:41	36	36	30	Sale Harriers Manchester
37	Paul	CURTIS	231	Male	Ages 20 - 39	00:35:47	00:35:43	37	37	31	Blengdale Runners AC
38	Mikko	KURONEN	94	Male	Ages 50 - 54	00:35:49	00:35:49	38	38	2	East Cheshire Harriers
39	Robert	WHITE	86	Male	Ages 20 - 39	00:35:55	00:35:52	39	39	32	Buxton & District
40	Louisa	WOOD	155	Female	Ages 20 - 34	00:35:58	00:35:56	40	1	1	Warrington A.c
41	Luke	Berry	412	Male	Ages 15 - 19	00:36:10	00:36:10	41	40	1	Blackpool Wyre & Fylde
42	Mike	HOUGHTON	28	Male	Ages 20 - 39	00:36:11	00:36:09	42	41	33	Spectrum Striders
43	Gary	PENDLEBURY	228	Male	Ages 55 - 59	00:36:12	00:36:12	43	42	1	Wesham Road Runners
44	David	LIVINGSTONE	130	Male	Ages 20 - 39	00:36:15	00:36:13	44	43	34	Altrincham + District AC
45	Marcus	GREGORY	185	Male	Ages 40 - 44	00:36:17	00:36:16	45	44	2	East Cheshire Harriers
46	Carl	PRICE	105	Male	Ages 50 - 54	00:36:20	00:36:18	46	45	3	Swinton Running Club
47	Richard	EVANS	382	Male	Ages 40 - 44	00:36:23	00:36:21	47	46	3	Altrincham & District Athletic
48	Evan	COOK	115	Male	Ages 55 - 59	00:36:26	00:36:23	48	47	2	Blackburn Harriers
49	Neil	BRADSHAW	95	Male	Ages 20 - 39	00:36:29	00:36:27	49	48	35	East Cheshire Harriers
50	Chris	ADAMS	31	Male	Ages 20 - 39	00:36:34	00:36:32	50	49	36	Killamarsh Kestrels
51	Paul	Carey	408	Male	Ages 20 - 39	00:36:36	00:36:35	51	50	37	Sale Harriers
52	Phil	BURNS	64	Male	Ages 20 - 39	00:36:50	00:36:49	52	51	38	Stockport Harriers
53	Dan	SATE	215	Male	Ages 20 - 39	00:36:52	00:36:47	53	52	39	Manchester Triathlon
54	Raphael	MURRAY	199	Male	Ages 55 - 59	00:36:58	00:36:55	54	53	3	Macclesfield H&ac
55	Adrian	Fuller	402	Male	Ages 20 - 39	00:37:08	00:37:05	55	54	40	Altrincham
56	Tim	CARTER	269	Male	Ages 20 - 39	00:37:15	00:37:14	56	55	41	University of Sheffield Athletics and XC Club

57	Dominic	SCOTT	126	Male	Ages 15 - 19	00:37:22	00:37:22	57	56	2	Altrincham Athletic
58	Will	HARDMAN	108	Male	Ages 20 - 39	00:37:33	00:37:31	58	57	42	Unattached
59	Leanne	SHEEHY	354	Female	Ages 15 - 19	00:37:39	00:37:37	59	2	1	Leigh Harriers
60	Graham	HARRISON	362	Male	Ages 45 - 49	00:37:42	00:37:42	60	58	5	Altrincham Dac
61	Mervyn	WARD	26	Male	Ages 50 - 54	00:37:46	00:37:43	61	59	4	Warrington AC
62	Sean	CORDELL	355	Male	Ages 40 - 44	00:37:46	00:37:44	62	60	4	Salford Harriers
63	Christopher	HILL	39	Male	Ages 20 - 39	00:37:47	00:37:43	63	61	43	Rochdale Harriers
64	Georges	ROUILLON	42	Male	Ages 15 - 19	00:37:49	00:37:47	64	62	3	Spectrum Striders
65	Alan	POVER	208	Male	Ages 60 - 64	00:37:54	00:37:54	65	63	1	Stockport Harriers
66	Amir	KHAN	303	Male	Ages 20 - 39	00:37:55	00:37:54	66	64	44	Unattached
67	Josie	HODGETTS	281	Female	Ages 20 - 34	00:37:58	00:37:55	67	3	2	Otley AC
68	Steven	BENNETT	100	Male	Ages 50 - 54	00:37:59	00:37:56	68	65	5	North Derbyshire RC
69	Gemma	UNSWORTH	10	Female	Ages 20 - 34	00:38:09	00:38:06	69	4	3	Blackpool Wyre & Fylde
70	Andrew	HARDING	74	Male	Ages 20 - 39	00:38:16	00:38:14	70	66	45	Unattached
71	Ryan	Lindsay	423	Male	Ages 20 - 39	00:38:17	00:38:15	71	67	46	
72	Kevin	MAHON	162	Male	Ages 20 - 39	00:38:20	00:38:18	72	68	47	Sale Harriers Manchester
73	Rick	SMITH	373	Male	Ages 55 - 59	00:38:23	00:38:22	73	69	4	East Cheshire Harriers
74	Russ	CORSINI	218	Male	Ages 50 - 54	00:38:25	00:38:23	74	70	6	Darwen Dashers
75	Jon	LANE	205	Male	Ages 20 - 39	00:38:27	00:38:23	75	71	48	Rochdale Harriers
76	Andy	FARLEY	88	Male	Ages 50 - 54	00:38:28	00:38:25	76	72	7	East Cheshire Harriers
77	Stephen	BROWN	277	Male	Ages 20 - 39	00:38:29	00:38:26	77	73	49	Serpentine
78	Meshal	ABUSHAL	107	Male	Ages 20 - 39	00:38:31	00:38:25	78	74	50	Unattached
79	Kevin	MARSDEN	193	Male	Ages 20 - 39	00:38:40	00:38:37	79	75	51	Spectrum Striders
80	Rick	LLOYD	318	Male	Ages 20 - 39	00:38:42	00:38:39	80	76	52	Unattached
81	David	MELLOR	52	Male	Ages 55 - 59	00:38:46	00:38:45	81	77	5	Stockport Harriers
82	John	BERTENSHAW	63	Male	Ages 50 - 54	00:38:46	00:38:42	82	78	8	Wesham Road Runners
83	Sam	MYERS	336	Male	Ages 20 - 39	00:38:48	00:38:43	83	79	53	Unattached
84	Emma	PARRY	140	Female	Ages 35 - 39	00:38:49	00:38:45	84	5	1	Wrexham AC
85	Kevin	NEWALL	182	Male	Ages 20 - 39	00:38:50	00:38:47	85	80	54	Horwich RMI Harriers

86	Steve	Harding	418	Male	Ages 40 - 44	00:38:51	00:38:44	86	81	5	
87	Chris	DAWSON	55	Male	Ages 15 - 19	00:38:53	00:38:51	87	82	4	Spectrum Striders
88	John	NOBLETT	289	Male	Ages 40 - 44	00:38:53	00:38:48	88	83	6	Unattached
89	David	MCCABE	341	Male	Ages 20 - 39	00:38:53	00:38:49	89	84	55	Trawden AC
90	John	COSTELLO	304	Male	Ages 45 - 49	00:38:56	00:38:53	90	85	6	Unattached
91	Daniel	Dowdall	422	Male	Ages 20 - 39	00:38:58	00:38:51	91	86	56	
92	David	HUDD	123	Male	Ages 20 - 39	00:38:59	00:38:59	92	87	57	Spectrum Striders Running Club
93	Andy	SMALLEY	370	Male	Ages 40 - 44	00:38:59	00:38:54	93	88	7	Unattached
94	Jessica	RILEY	150	Female	Ages 20 - 34	00:39:00	00:39:00	94	6	4	Stainland Lions
95	Scott	GREENWOOD	90	Male	Ages 15 - 19	00:39:16	00:39:12	95	89	5	Rochdale Harriers
96	Simon	SMITH	200	Male	Ages 40 - 44	00:39:23	00:39:19	96	90	8	Oldham and Royton Harriers
97	Dionne	ALLEN	17	Female	Ages 20 - 34	00:39:24	00:39:21	97	7	5	Horwich RMI Harriers
98	Margaret	BEEVER	19	Female	Ages 20 - 34	00:39:26	00:39:22	98	8	6	Stainland Lions RC
99	Matthew	TANG	112	Male	Ages 20 - 39	00:39:28	00:39:20	99	91	58	Unattached
100	Mike	EDDLESTON	229	Male	Ages 50 - 54	00:39:28	00:39:28	100	92	9	Clayton le Moors Harriers
101	Michael	EDGE	135	Male	Ages 45 - 49	00:39:32	00:39:30	101	93	7	Wesham Rd Runners
102	Stephen	ROBINSON	40	Male	Ages 45 - 49	00:39:35	00:39:31	102	94	8	East Cheshire Harriers
103	Leon	RICHARDS	264	Male	Ages 40 - 44	00:39:37	00:39:31	103	95	9	Unattached
104	Rob	BATTERBEE	322	Male	Ages 20 - 39	00:39:37	00:39:32	104	96	59	Abergele Harriers
105	Angela	ALLEN	16	Female	Ages 40 - 44	00:39:38	00:39:38	105	9	1	Horwich RMI Harriers
106	Ryan	GANOSE	371	Male	Ages 15 - 19	00:39:44	00:39:39	106	97	6	Altrincham & District Athletic
107	Jim	DAWSON	54	Male	Ages 45 - 49	00:39:46	00:39:46	107	98	9	Warrington Road Runners
108	Ruth	PARTRIDGE	284	Female	Ages 20 - 34	00:39:51	00:39:50	108	10	7	Sale Harriers Manchester
109	Charlie	EATON	30	Male	Ages 20 - 39	00:39:56	00:39:56	109	99	60	Glossopdale Harriers
110	Joseph	DILLON	147	Male	Ages 40 - 44	00:40:09	00:39:58	110	100	10	Leigh Harriers
111	Roberto	RASO	358	Male	Ages 45 - 49	00:40:09	00:40:03	111	101	10	Manchester Frontrunners
112	Jonathan	SEWELL	85	Male	Ages 20 - 39	00:40:11	00:40:06	112	102	61	Buxton & District
113	Jason	HORSFIELD	222	Male	Ages 40 - 44	00:40:16	00:40:12	113	103	11	Oldham & Royton Harriers
114	Antony	GOLDING	66	Male	Ages 20 - 39	00:40:18	00:40:13	114	104	62	Unattached

115	Andy	GARNETT	234	Male	Ages 55 - 59	00:40:19	00:40:16	115	105	6	Spectrum Striders Running Club
116	Gary	EVANS	168	Male	Ages 45 - 49	00:40:27	00:40:22	116	106	11	Unattached
117	Ben	GREGORY	125	Male	Ages 50 - 54	00:40:48	00:40:42	117	107	10	Stockport Harriers
118	Dominic	Kennerley	424	Male	Ages 20 - 39	00:40:49	00:40:40	118	108	63	
119	Roy	WOODLAND	169	Male	Ages 50 - 54	00:40:56	00:40:49	119	109	11	Unattached
120	Beckie	TAYLOR	380	Female	Ages 15 - 19	00:41:02	00:40:59	120	11	2	Blackburn Harriers
121	Richard	TAYLOR	379	Male	Ages 40 - 44	00:41:06	00:41:04	121	110	12	Blackburn Harriers
122	Brad	EHLLEN	356	Male	Ages 20 - 39	00:41:12	00:41:08	122	111	64	Spectrum Striders
123	Paul	WRIGHT	285	Male	Ages 45 - 49	00:41:15	00:41:10	123	112	12	Manchester Tri Club
124	Nigel	STANHOPE	35	Male	Ages 45 - 49	00:41:24	00:41:18	124	113	13	Spectrum Striders
125	Stephen paul	CRESSWELL	369	Male	Ages 40 - 44	00:41:25	00:41:15	125	114	13	Unattached
126	Scott	Jarvis	426	Male	Ages 20 - 39	00:41:25	00:41:20	126	115	65	
127	Damian	STEWART	381	Male	Ages 20 - 39	00:41:26	00:41:22	127	116	66	East Cheshire Harriers
128	Karl	SMITH	225	Male	Ages 45 - 49	00:41:27	00:41:27	128	117	14	Oldham & Royton Harriers
129	James	UPTON	368	Male	Ages 20 - 39	00:41:32	00:41:24	129	118	67	Unattached
130	Jacqui	JONES	353	Female	Ages 45 - 49	00:41:33	00:41:28	130	12	1	Wigan Phoenix
131	James	CONNELL	260	Male	Ages 20 - 39	00:41:45	00:41:41	131	119	68	Unattached
132	Richard	O'KEEFFE	117	Male	Ages 60 - 64	00:41:55	00:41:53	132	120	2	Trentham RC
133	Anne	PUGH	160	Female	Ages 50 - 54	00:42:04	00:42:01	133	13	1	Altrincham & District AC
134	Lee benjamin	DEARDEN	342	Male	Ages 20 - 39	00:42:11	00:42:07	134	121	69	Halifax Harriers
135	David	Barnes	417	Male	Ages 20 - 39	00:42:19	00:42:09	135	122	70	
136	Vaughan	MCKAY	21	Male	Ages 55 - 59	00:42:20	00:42:16	136	123	7	Glossopdale Harriers
137	Sandrine	FRAISSE	226	Female	Ages 35 - 39	00:42:20	00:42:16	137	14	2	Oldham & Royton Harriers
138	Ross	SMITH	176	Male	Ages 45 - 49	00:42:21	00:42:15	138	124	15	Unattached
139	Darren	MANNINGS	165	Male	Ages 40 - 44	00:42:24	00:42:19	139	125	14	Oldham & Royton
140	Fiona	Randles	409	Female	Ages 20 - 34	00:42:27	00:42:24	140	15	8	Sale Harriers
141	William	PROUT	152	Male	Ages 50 - 54	00:42:28	00:42:21	141	126	12	Salford Met A/c
142	Terry	LONERGAN	57	Male	Ages 60 - 64	00:42:30	00:42:24	142	127	3	Sale Harriers Manchester
143	Owen	MCGILL	159	Male	Ages 40 - 44	00:42:33	00:42:28	143	128	15	Darwen Dashers

144	Sandra	LEWIS	360	Female	Ages 20 - 34	00:42:58	00:42:52	144	16	9	Altrincham
145	Peter	MURPHY	121	Male	Ages 50 - 54	00:43:05	00:42:56	145	129	13	Darwen Dashers
146	Gary	MITCHELL	181	Male	Ages 40 - 44	00:43:07	00:43:03	146	130	16	Unattached
147	Joanne	HASLAM	187	Female	Ages 35 - 39	00:43:08	00:42:57	147	17	3	Darwen Dashers
148	Phil	TURNER	317	Male	Ages 20 - 39	00:43:21	00:43:17	148	131	71	Halifax Harriers
149	Steven	FOX	183	Male	Ages 20 - 39	00:43:27	00:43:18	149	132	72	Unattached
150	Nicholas	FOLLAND	320	Male	Ages 40 - 44	00:43:27	00:43:23	150	133	17	Unattached
151	Samuel	LAWRENCE	68	Male	Ages 20 - 39	00:43:28	00:43:22	151	134	73	Unattached
152	James	LAMBE	324	Male	Ages 45 - 49	00:43:29	00:43:26	152	135	16	Sale Harriers Manchester
153	Alan	BOWKER	374	Male	Ages 20 - 39	00:43:35	00:43:29	153	136	74	Unattached
154	P	ROGERS	334	Male	Ages 50 - 54	00:43:39	00:43:33	154	137	14	Unattached
155	George	Morini	413	Male	Ages 45 - 49	00:43:39	00:43:34	155	138	17	Darwen Dashers
156	Carole	HARRISON	361	Female	Ages 40 - 44	00:43:41	00:43:36	156	18	2	Altrincham Dac
157	David	BIBBY	270	Male	Ages 40 - 44	00:43:46	00:43:40	157	139	18	Unattached
158	Susan	CORSINI	173	Female	Ages 40 - 44	00:43:57	00:43:49	158	19	3	Darwen Dashers
159	Gary	MITCHELL	161	Male	Ages 45 - 49	00:44:09	00:44:09	159	140	18	Darwen Dashers
160	Jane	Bilton	410	Female	Ages 20 - 34	00:44:11	00:44:06	160	20	10	Salford Harriers
161	Julie	FAIRCLOUGH	98	Female	Ages 40 - 44	00:44:13	00:44:07	161	21	4	Stockport Harriers
162	Philip	DNETTO	331	Male	Ages 40 - 44	00:44:13	00:44:02	162	141	19	Belle Vue Racers
163	Tom	CARTER	83	Male	Ages 20 - 39	00:44:19	00:44:06	163	142	75	Unattached
164	Mike	FAGG	158	Male	Ages 15 - 19	00:44:19	00:44:10	164	143	7	East Cheshire Harriers
165	Gavin	DODD	136	Male	Ages 20 - 39	00:44:21	00:44:19	165	144	76	Stainland Lions
166	Ralph	DAVIES	323	Male	Ages 20 - 39	00:44:23	00:44:18	166	145	77	Unattached
167	Pete	WILLIAMS	227	Male	Ages 50 - 54	00:44:26	00:44:20	167	146	15	Oldham & Royton Harriers
168	David	HUTCHINGS	339	Male	Ages 40 - 44	00:44:26	00:44:17	168	147	20	Stainland Lions
169	Paul	MCERLEAN	18	Male	Ages 20 - 39	00:44:29	00:44:23	169	148	78	Unattached
170	Ben	PYCROFT	332	Male	Ages 20 - 39	00:44:33	00:44:20	170	149	79	Chorlton Runners
171	Carol	BUTTERWORTH-COWELL	133	Female	Ages 40 - 44	00:44:34	00:44:26	171	22	5	Darwen Dashers
172	Michael	CHARMAN	141	Male	Ages 55 - 59	00:44:36	00:44:29	172	150	8	Spectrum Striders

173	Geoffrey	BEATTIE	119	Male	Ages 55 - 59	00:44:39	00:44:35	173	151	9	Sale Harriers
174	Philip	MILES	291	Male	Ages 20 - 39	00:44:41	00:44:32	174	152	80	Unattached
175	Colin	DAVIES	156	Male	Ages 55 - 59	00:44:42	00:44:40	175	153	10	Altrincham & District AC
176	Darren	CLARKSON	134	Male	Ages 40 - 44	00:44:44	00:44:44	176	154	21	Oldham & Royton AC
177	John	SMALL	46	Male	Ages 50 - 54	00:45:04	00:44:58	177	155	16	Unattached
178	Steve	DAVIS	294	Male	Ages 40 - 44	00:45:05	00:44:57	178	156	22	Unattached
179	Chris	WALKER	62	Male	Ages 45 - 49	00:45:10	00:44:57	179	157	19	Unattached
180	Gary	Taylor	416	Male	Ages 20 - 39	00:45:26	00:45:15	180	158	81	
181	Stephen	BEARDMORE	61	Male	Ages 45 - 49	00:45:31	00:45:25	181	159	20	Unattached
182	Roger	FLEMING	32	Male	Ages 50 - 54	00:45:35	00:45:27	182	160	17	Stainland Lions RC
183	Linda	CLARKSON	104	Female	Ages 40 - 44	00:45:38	00:45:30	183	23	6	Darwen Dashers
184	Edward	JACKSON	124	Male	Ages 40 - 44	00:45:38	00:45:31	184	161	23	Unattached
185	Janine	FALLON	190	Female	Ages 20 - 34	00:45:38	00:45:29	185	24	11	Darwen Dashers
186	Chris	MARRITT	335	Male	Ages 20 - 39	00:45:40	00:45:31	186	162	82	Unattached
187	Mansel	POPE	36	Male	Ages 55 - 59	00:45:41	00:45:35	187	163	11	Altrincham & District
188	Linda	RIX	359	Female	Ages 45 - 49	00:45:42	00:45:34	188	25	2	Manchester Frontrunners
189	Miran	APRAHAMIAN	81	Male	Ages 55 - 59	00:45:50	00:45:42	189	164	12	Sale Harriers Manchester
190	Martin	FRENCH	283	Male	Ages 50 - 54	00:45:50	00:45:41	190	165	18	Unattached
191	Savan	RADIA	196	Male	Ages 20 - 39	00:45:59	00:45:47	191	166	83	Unattached
192	Alec	CURLEY	325	Male	Ages 20 - 39	00:46:15	00:46:02	192	167	84	Unattached
193	Michael	BLEMMINGS	72	Male	Ages 20 - 39	00:46:25	00:46:25	193	168	85	Unattached
194	Louise	DEMPSTER	25	Female	Ages 45 - 49	00:46:28	00:46:21	194	26	3	Spectrum Striders
195	Tony	PAYNE	305	Male	Ages 45 - 49	00:46:28	00:46:18	195	169	21	Chorlton Runners
196	Richard	Horwood	425	Male	Ages 20 - 39	00:46:44	00:46:37	196	170	86	Sale Harriers
197	Carol	BEATTIE	132	Female	Ages 55 - 59	00:46:46	00:46:41	197	27	1	Steel City Striders
198	John	O'DONNELL	48	Male	Ages 40 - 44	00:46:51	00:46:51	198	171	24	Unattached
199	Gary	THOMAS	271	Male	Ages 20 - 39	00:46:55	00:46:48	199	172	87	Unattached
200	Stuart	MAIRS	80	Male	Ages 20 - 39	00:46:56	00:46:49	200	173	88	Salford Mets
201	Jane	BLACKBURN	106	Female	Ages 35 - 39	00:46:56	00:46:56	201	28	4	Unattached

202	Helen	TODD	58	Female	Ages 55 - 59	00:47:00	00:46:54	202	29	2	Stockport Harriers
203	George	THOMPSON	313	Male	Ages 55 - 59	00:47:15	00:47:07	203	174	13	Clayton Le Moors
204	Phillipe	ROUILLON	41	Male	Ages 50 - 54	00:47:47	00:47:38	204	175	19	Spectrum Striders
205	Richard	YORK	195	Male	Ages 20 - 39	00:47:52	00:47:42	205	176	89	Stockport Harriers
206	William	COOK	114	Male	Ages 50 - 54	00:47:54	00:47:45	206	177	20	Unattached
207	Andrew	MOFFATT	314	Male	Ages 20 - 39	00:47:55	00:47:47	207	178	90	Unattached
208	Adam	TOWN	293	Male	Ages 20 - 39	00:48:04	00:47:57	208	179	91	Unattached
209	Glenn	ROBERTS	154	Male	Ages 40 - 44	00:48:32	00:48:19	209	180	25	Unattached
210	Robert	PAGE	186	Male	Ages 50 - 54	00:48:38	00:48:29	210	181	21	Chorlton Runners
211	Steve	FAIRCLOUGH	99	Male	Ages 40 - 44	00:48:42	00:48:34	211	182	26	Stockport Harriers
212	Sara	BOTT	209	Female	Ages 40 - 44	00:48:47	00:48:40	212	30	7	Oldham & Royton Harriers
213	Mathew	LORENTO	280	Male	Ages 20 - 39	00:48:56	00:48:47	213	183	92	Unattached
214	Joe	PARK	33	Male	Ages 70 - 74	00:48:57	00:48:51	214	184	1	Cheshire Tally-Ho
215	Karen	ATHERTON	122	Female	Ages 45 - 49	00:49:01	00:48:50	215	31	4	Darwen Dashers
216	David	GLEAVE	29	Male	Ages 20 - 39	00:49:07	00:48:54	216	185	93	Unattached
217	Ventis	BROWN	315	Male	Ages 20 - 39	00:49:07	00:49:01	217	186	94	Unattached
218	Jay	VEE	326	Male	Ages 40 - 44	00:49:11	00:48:55	218	187	27	Unattached
219	Gary	Harding	407	Male	Ages 40 - 44	00:49:23	00:49:16	219	188	28	
220	Brian	TULL	69	Male	Ages 60 - 64	00:49:27	00:49:16	220	189	4	Darwen Dashers
221	Charles	PRATLEY	307	Male	Ages 45 - 49	00:49:29	00:49:21	221	190	22	Unattached
222	Richard	MALLABER	254	Male	Ages 20 - 39	00:49:36	00:49:29	222	191	95	Unattached
223	John	RILEY	170	Male	Ages 65 - 69	00:49:46	00:49:41	223	192	1	NVAC
224	Emma	DAVIS	290	Female	Ages 20 - 34	00:49:51	00:49:41	224	32	12	Unattached
225	David	HOYLE	298	Male	Ages 40 - 44	00:49:51	00:49:36	225	193	29	Unattached
226	Hayley	GODDARD	79	Female	Ages 15 - 19	00:49:55	00:49:47	226	33	3	Chorlton Runners
228	Paul	Ormandy	421	Male	Ages 20 - 39	00:49:59	00:49:48	227	194	96	
227	Chris	Yates	420	Male	Ages 20 - 39	00:49:59	00:49:48	228	195	97	
229	Darren	Charnley	415	Male	Ages 20 - 39	00:50:23	00:50:12	229	196	98	
230	Mario	POSADA	101	Male	Ages 45 - 49	00:50:24	00:50:14	230	197	23	Unattached

231	Alan	JONES	333	Male	Ages 45 - 49	00:50:29	00:50:18	231	198	24	Unattached
232	Phillip	WHITE	216	Male	Ages 45 - 49	00:50:31	00:50:16	232	199	25	Unattached
233	Chris	CHADWICK	321	Male	Ages 20 - 39	00:50:40	00:50:29	233	200	99	Unattached
234	Gary	OGDEN	43	Male	Ages 40 - 44	00:50:46	00:50:33	234	201	30	Unattached
235	Sharon	CRAWFORD	201	Female	Ages 20 - 34	00:50:47	00:50:39	235	34	13	Salford Harriers
236	Jim	TAYLOR	116	Male	Ages 60 - 64	00:50:55	00:50:45	236	202	5	Darwen Dashers
237	Alan	TURNER	263	Male	Ages 40 - 44	00:51:15	00:51:15	237	203	31	Unattached
238	Daniel	JOHNS	153	Male	Ages 20 - 39	00:51:42	00:51:28	238	204	100	Unattached
240	Rachel	Merrell	419	Female	Ages 40 - 44	00:51:43	00:51:29	239	35	8	
239	Edel	Dobbin	405	Female	Ages 35 - 39	00:51:43	00:51:26	240	36	5	
241	Catherine	Lee	414	Female	Ages 35 - 39	00:51:47	00:51:36	241	37	6	Lancashire Constabulary
242	Mike	GIBSON	327	Male	Ages 45 - 49	00:51:58	00:51:46	242	205	26	Unattached
243	Lisa	FAHY	292	Female	Ages 35 - 39	00:52:02	00:51:50	243	38	7	Unattached
244	Catherine	NEVIN	23	Female	Ages 50 - 54	00:52:06	00:51:58	244	39	2	Penny Lane Striders
245	Ashley	GRIMSHAW	310	Male	Ages 20 - 39	00:52:31	00:52:22	245	206	101	Darwen Dashers
246	Janet	BUNYAN	51	Female	Ages 40 - 44	00:52:33	00:52:20	246	40	9	Hyde Village Striders
247	Tracey	ISSOTT	73	Female	Ages 40 - 44	00:52:44	00:52:32	247	41	10	Unattached
248	Colleen	BUTLER	84	Female	Ages 20 - 34	00:52:44	00:52:33	248	42	14	Unattached
249	Jonathan	HARDMAN	47	Male	Ages 20 - 39	00:52:48	00:52:35	249	207	102	Unattached
250	Michelle	WOODWARD	282	Female	Ages 20 - 34	00:52:48	00:52:38	250	43	15	Unattached
251	Paul	GODDARD	78	Male	Ages 50 - 54	00:52:57	00:52:46	251	208	22	Chorlton Runners
252	Mike	FLORIN	278	Male	Ages 20 - 39	00:52:58	00:52:46	252	209	103	Unattached
253	Paul	KNOWLES	49	Male	Ages 50 - 54	00:53:01	00:52:49	253	210	23	Unattached
254	Tony	BRAY	145	Male	Ages 55 - 59	00:53:06	00:52:51	254	211	14	Unattached
255	Sue	GODDARD	77	Female	Ages 50 - 54	00:53:07	00:52:55	255	44	3	Chorlton Runners
256	Sharon ann	HORSFIELD	221	Female	Ages 20 - 34	00:53:15	00:53:07	256	45	16	Oldham & Royton Harriers
257	Hadrian	COLLIER	256	Male	Ages 40 - 44	00:53:19	00:53:09	257	212	32	Unattached
258	Sarah	ROBERTS	213	Female	Ages 40 - 44	00:53:33	00:53:24	258	46	11	Darwen Dashers Running Club
259	John	HILL	211	Male	Ages 20 - 39	00:53:40	00:53:23	259	213	104	Unattached

260	Rebecca	BRIMAGE	189	Female	Ages 20 - 34	00:53:42	00:53:30	260	47	17	Unattached
261	Eloise	WHITMORE	252	Female	Ages 20 - 34	00:53:53	00:53:42	261	48	18	Unattached
262	Stephanie	CHARMAN	142	Female	Ages 55 - 59	00:54:11	00:54:11	262	49	3	Spectrum Striders
263	Sheila	GUDGEON	71	Female	Ages 50 - 54	00:54:20	00:54:07	263	50	4	Darwen Dashers
264	Zoe	WAISTELL	255	Female	Ages 20 - 34	00:54:29	00:54:17	264	51	19	Hermitage Harriers
265	Jane	SCHOFIELD	309	Female	Ages 45 - 49	00:54:47	00:54:37	265	52	5	Darwen Dashers
266	Chris	ASHTON	376	Male	Ages 20 - 39	00:54:54	00:54:48	266	214	105	Unattached
267	Charlotte	BOWKER	367	Female	Ages 20 - 34	00:54:56	00:54:50	267	53	20	Unattached
268	Judith	CHECKLEY	110	Female	Ages 50 - 54	00:54:57	00:54:42	268	54	5	Dragons Running Club Sale
269	Christine	CULLUM	50	Female	Ages 50 - 54	00:55:09	00:54:55	269	55	6	Unattached
270	Don	GEORGE	53	Male	Ages 70 - 74	00:55:24	00:55:11	270	215	2	Sale Harriers Manchester
271	Sean	MORRIS	76	Male	Ages 20 - 39	00:55:37	00:55:21	271	216	106	Unattached
272	James	HERRON	93	Male	Ages 60 - 64	00:55:51	00:55:42	272	217	6	Stockport Harriers
273	Rob	TAYLOR	301	Male	Ages 20 - 39	00:55:58	00:55:40	273	218	107	Unattached
274	Alan	TAYLOR	302	Male	Ages 20 - 39	00:55:58	00:55:40	274	219	108	Unattached
275	Julie	WALMSLEY	319	Female	Ages 40 - 44	00:55:59	00:55:45	275	56	12	Unattached
276	Elaine	MCELROY	295	Female	Ages 40 - 44	00:56:06	00:55:49	276	57	13	Unattached
277	Wayne	DALLEY	296	Male	Ages 45 - 49	00:56:06	00:55:49	277	220	27	Unattached
278	Andrew	ATKINSON	188	Male	Ages 45 - 49	00:56:41	00:56:30	278	221	28	Northern Veterans
279	Joanne	LAFFERTY	253	Female	Ages 20 - 34	00:56:42	00:56:31	279	58	21	Unattached
280	Wendy	BROOKES	97	Female	Ages 35 - 39	00:56:53	00:56:43	280	59	8	Unattached
281	Paula	PERRIN	258	Female	Ages 20 - 34	00:57:07	00:56:56	281	60	22	Unattached
282	Michael	SMITH	38	Male	Ages 20 - 39	00:57:19	00:57:06	282	222	109	Unattached
283	Mary jane	PLATT	340	Female	Ages 50 - 54	00:57:41	00:57:30	283	61	7	Unattached
284	Richard	TAYLOR	427	Male	Ages 50 - 54	00:57:56	00:57:42	284	223	24	Unattached
285	Katie	WARD	375	Female	Ages 20 - 34	00:58:07	00:58:02	285	62	23	Unattached
286	Melissa	GARDNER	75	Female	Ages 40 - 44	00:58:16	00:58:16	286	63	14	Unattached
287	Joanne	WHITE	217	Female	Ages 40 - 44	00:58:16	00:58:04	287	64	15	Unattached
288	Anne	MARRINAN	37	Female	Ages 50 - 54	00:58:43	00:58:30	288	65	8	Stockport Harriers

289	Richard	WHITING	171	Male	Ages 20 - 39	00:59:10	00:58:57	289	224	110	Unattached
290	David	MILLER	60	Male	Ages 55 - 59	00:59:16	00:59:02	290	225	15	Stockport Harriers
291	Andrew	SMULLEN	27	Male	Ages 20 - 39	00:59:19	00:59:03	291	226	111	Unattached
292	Susan	BEAN	312	Female	Ages 55 - 59	00:59:26	00:59:10	292	66	4	Swinton Running Club
293	Noel	O'SULLIVAN	357	Male	Ages 45 - 49	00:59:32	00:59:20	293	227	29	Chorlton Runners
294	John	WOLSTENHOLME	111	Male	Ages 65 - 69	00:59:55	00:59:39	294	228	2	Dragons Sale
295	Jenny	WILLIS	338	Female	Ages 35 - 39	01:00:02	00:59:52	295	67	9	Unattached
296	Darren	HOUGH	96	Male	Ages 20 - 39	01:00:34	01:00:22	296	229	112	Unattached
297	Carol	FELL	164	Female	Ages 60 - 64	01:01:04	01:00:54	297	68	1	Warrington Road Runners
298	Joanne	WOOD	137	Female	Ages 35 - 39	01:01:15	01:01:02	298	69	10	Unattached
299	Karen	HARDMAN	262	Female	Ages 35 - 39	01:01:28	01:01:16	299	70	11	Unattached
300	Debra	WINTER	273	Female	Ages 40 - 44	01:02:48	01:02:36	300	71	16	Chorlton Runners
301	Amy	ROGERS	194	Female	Ages 20 - 34	01:02:55	01:02:42	301	72	24	Unattached
302	Sheryl	BARBER	330	Female	Ages 35 - 39	01:03:13	01:02:58	302	73	12	Unattached
303	Anna	BARTON	191	Female	Ages 20 - 34	01:04:15	01:04:15	303	74	25	Unattached
304	Simon	POWELL	192	Male	Ages 20 - 39	01:04:16	01:04:00	304	230	113	Unattached
305	Helen	MODERN	279	Female	Ages 20 - 34	01:04:31	01:04:18	305	75	26	Unattached
306	Susan	JUNES	404	Female	Ages 35 - 39	01:04:42	01:04:25	306	76	13	Unattached
307	Shirley	TULL	70	Female	Ages 60 - 64	01:09:01	01:08:46	307	77	2	Darwen Dashers
308	Ria	BRIGHT	8	Female	Ages 40 - 44	01:16:13	01:15:58	308	78	17	Saddleworth RC