

WELLS CITY HARRIERS

Street 5K Race Series 2008/2009

Date Of Race 11 March 2009

Race Distance 5K

Race6 of 6

Position	Race No	Time	Name	Category	Club	Age Related %	Pace Min/KM	Pace Min/Mile
1	190	00:16:56	MARK FISHER	MALE SENIOR	RUNNING FOREVER	75.7%	00:03:23	00:05:27
2	25	00:17:03	MARK LEWIS	MALE 40+ VET	RUNNING FOREVER AC	78.3%	00:03:25	00:05:29
3	13	00:17:19	ANDREW DEAMER	MALE 40+ VET	WELLS CITY HARRIERS	78.2%	00:03:28	00:05:34
4	41	00:17:59	STEVEN SMITH	MALE SENIOR	WELLS CATHEDRAL SCHOOL	70.2%	00:03:36	00:05:47
5	29	00:18:15	ED WILLINGHAM	MALE SENIOR	WELLS CITY HARRIERS	70.6%	00:03:39	00:05:52
6	74	00:18:17	PETER DARTON	MALE SENIOR	WELLS CITY HARRIERS	70.5%	00:03:39	00:05:53
7	84	00:18:18	MARTIN LASCELLES	MALE 50+ VET	YEOVIL TOWN RRC	81.4%	00:03:40	00:05:53
8	101	00:18:20	KENNETH RAMPERE	MALE 40+ VET	UNATTACHED	75.6%	00:03:40	00:05:54
9	34	00:18:29	TIM ATTWELL	MALE JUNIOR	MENDIP ATHLETICS CLUB	72.5%	00:03:42	00:05:57
10	82	00:18:50	JULIAN O'LOUGHLW	MALE SENIOR	UNATTACHED	67.1%	00:03:46	00:06:04
11	12	00:18:52	DAVE STANFIELD	MALE 40+ VET	WELLS CITY HARRIERS	74.1%	00:03:46	00:06:04
12	184	00:19:03	JONATHAN ROWE	MALE SENIOR	YEOVIL TOWN RRC	68.5%	00:03:49	00:06:08
13	109	00:19:16	ASHLEY MARTIN	MALE JUNIOR	MENDIP ATHLETICS CLUB	72.1%	00:03:51	00:06:12
14	50	00:19:17	DARREN WEBB	MALE SENIOR	RUNNING FOREVER	65.4%	00:03:51	00:06:12
15	89	00:19:19	NICK BROOKE	MALE 50+ VET	YEOVIL TOWN RRC	78.4%	00:03:52	00:06:13
16	85	00:19:54	IAN LIVERSIDGE	MALE 40+ VET	WELLS CITY HARRIERS	69.2%	00:03:59	00:06:24
17	60	00:20:03	PAUL ALLEN	MALE SENIOR	YEOVIL TOWN RRC	63.0%	00:04:01	00:06:27
18	58	00:20:04	JOSH TIMMINS	MALE JUNIOR	MENDIP ATHLETICS CLUB	69.2%	00:04:01	00:06:27
19	57	00:20:06	TONY FORSTER	MALE 50+ VET	LANGPORT RUNNERS	73.5%	00:04:01	00:06:28
20	127	00:20:09	PAUL KNIGHT	MALE 40+ VET	WELLS CITY HARRIERS	70.5%	00:04:02	00:06:29
21	153	00:20:23	PETER JAKEMAN	MALE 50+ VET	YEOVIL TOWN RRC	76.3%	00:04:05	00:06:34
22	125	00:20:27	MIKE BROWN	MALE 40+ VET	MENDIP ATHLETICS CLUB	70.0%	00:04:05	00:06:35
23	23	00:20:28	GARY TUBRIDY	MALE 50+ VET	WELLS CITY HARRIERS	71.1%	00:04:06	00:06:35
24	138	00:20:30	ROD APPLEBY	MALE 40+ VET	WELLS CITY HARRIERS	66.1%	00:04:06	00:06:36
25	26	00:20:37	AUSTEN THORNE	MALE JUNIOR	WELLS CITY HARRIERS	67.3%	00:04:07	00:06:38
26	192	00:20:42	MARTIN SLADE	MALE 40+ VET	UNATTACHED	66.5%	00:04:08	00:06:40
27	81	00:20:47	LINDA LASCELLES	FEMALE 35+ VET	YEOVIL TOWN RRC	74.8%	00:04:09	00:06:41
28	40	00:20:48	STEVE MOTTERSHEAD	MALE 50+ VET	SOUTH WEST VETERANS A.C.	74.1%	00:04:10	00:06:42
29	80	00:21:01	JASON KEAST	MALE SENIOR	WELLS CITY HARRIERS	62.6%	00:04:12	00:06:46
30	185	00:21:05	REX WHITCOMBE	MALE 50+ VET	WELLS CITY HARRIERS	70.1%	00:04:13	00:06:47
31	187	00:21:13	OLIVER GOODHIND	MALE JUNIOR	UNATTACHED	65.4%	00:04:15	00:06:50
32	35	00:21:28	ROB MARTIN	MALE 40+ VET	MENDIP ATHLETICS CLUB	62.2%	00:04:18	00:06:54
33	189	00:22:16	CHRIS HOULDEN	MALE SENIOR	PORTISHEAD	59.5%	00:04:27	00:07:10
34	68	00:22:19	CAROL BUCKLAND	FEMALE 35+ VET	WELLS CITY HARRIERS	68.9%	00:04:28	00:07:11
35	97	00:22:21	RACHEL HATTON	FEMALE 35+ VET	CREWKERNE	67.1%	00:04:28	00:07:12
36	62	00:22:46	MATT REID	MALE SENIOR	UNATTACHED	57.8%	00:04:33	00:07:20
37	169	00:23:11	JONATHAN BARNARD	MALE 50+ VET	UNATTACHED	63.3%	00:04:38	00:07:28
38	32	00:23:13	JULIA HECTOR	FEMALE 55+ VET	TAUNTON AC	76.9%	00:04:39	00:07:28
39	46	00:23:26	JULIA MAUNDER	FEMALE SENIOR	WELLS CITY HARRIERS	61.5%	00:04:41	00:07:32
40	48	00:23:43	ANDREW WADE	MALE 40+ VET	WELLS CITY HARRIERS	56.3%	00:04:45	00:07:38
41	194	00:23:54	ALICE KNIGHT	FEMALE 35+ VET	WELLS CITY HARRIERS	62.8%	00:04:47	00:07:41
42	111	00:23:57	MARION COLEMAN	FEMALE 55+ VET	WELLS CITY HARRIERS	76.6%	00:04:47	00:07:42
43	93	00:24:05	JOHN SUTTON	MALE 60+ VET	WELLS CITY HARRIERS	65.1%	00:04:49	00:07:45
44	110	00:24:13	BRIAN MOUNTJOY-ROW	MALE 60+ VET	YEOVIL TOWN RRC	67.7%	00:04:51	00:07:48
45	176	00:24:35	CALLUM MOIR	MALE JUNIOR	WELLS CITY HARRIERS	57.7%	00:04:55	00:07:55
46	27	00:24:49	PHILIP THORNE	MALE 40+ VET	UNATTACHED	55.0%	00:04:58	00:07:59
47	145	00:24:52	JULIE KITCHING	FEMALE SENIOR	UNATTACHED	58.0%	00:04:58	00:08:00
48	87	00:26:03	KARINA INGLIS	FEMALE SENIOR	UNATTACHED	55.3%	00:05:13	00:08:23
49	191	00:26:06	HAZEL ATTWELL	FEMALE 35+ VET	MENDIP ATHLETICS CLUB	57.9%	00:05:13	00:08:24
50	167	00:27:05	MICHAEL PARR	MALE 60+ VET	LANGPORT RUNNERS	71.0%	00:05:25	00:08:43
51	90	00:27:27	FLORA BROOKE	FEMALE 55+ VET	YEOVIL TOWN RRC	65.9%	00:05:29	00:08:50
52	193	00:28:27	KIM SADD	FEMALE 35+ VET	WELLS CITY HARRIERS	52.7%	00:05:41	00:09:09
53	95	00:28:59	SUE MOIR	FEMALE 45+ VET	UNATTACHED	57.7%	00:05:48	00:09:20
54	132	00:29:57	MATHEW SPILSBURY	MALE JUNIOR	WELLS CITY HARRIERS	44.7%	00:05:59	00:09:38
55	39	00:30:25	ANNETTE HENNESSY	FEMALE 55+ VET	WELLS CITY HARRIERS	62.1%	00:06:05	00:09:47
56	49	00:30:55	PAULA BLIGHT	FEMALE 45+ VET	WELLS CITY HARRIERS	50.8%	00:06:11	00:09:57

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Revised December 2006 (enhanced category per race / improved female series overall positions / updated Age Related Percentages 2006 std)

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