

The Reebok Manchester Sizzlers at Wythenshawe Park on Thursday 6th August 2009

Sizzler — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Matt Barnes		Altrincham & District Ac	14:50	86	Alan Norman	V60 3	Salford Harriers	18:52
2	Philip Wylie		Bristol & West	14:58	87	Mark Roper		Unattached	18:53
3	Adam Peers		Liverpool Harriers & Ac	15:16	88	Mark Chidgey	V40 13	Stockport PCT	18:55
4	Andrew Davies		Maldwyn Harriers	15:19	89	?Andy Farley	V50 5	E Cheshire H & Tameside Ac	18:56
5	Ricky Challinor	JM	1 Liverpool Harriers & Ac	15:21	90	David Hudd		Spectrum Striders	18:57
6	Jamie Loxam		Stockport Harriers & Ac	15:37	91	John Parrott	V50 6	Stockport Harriers & Ac	18:59
7	Tony Battersby		Leigh Harriers & Ac	15:39	92	Jeremy Mirams		Hallamshire Harriers Sheffield	19:03
8	Paul Sankey	V40	1 Liverpool Running Club	15:41	93	David Shaw	V40 14	Salford Harriers	19:04
9	Bill Crowther	V40	2 Altrincham & District Ac	15:43	94	Elizabeth Renondeau	L	10 Tattenhall Runners	19:05
10	Rob Hughes		Salford Harriers	15:52	95	Alan Burton		Manchester Tri Club	19:06
11	Liam Thompson		Warrington Athletic Club	15:53	96	Timothy Rainey		Sale Harriers Manchester	19:08
12	Paul Mannion		Astley & Tyldesley RR	15:59	97	Graham Tracey		Vegetarian C&ac	19:11
13	Thomas Charles		Trafford Athletic Club	16:07	98	Duncan Drasdo	V40 15	Trafford Athletic Club	19:14
14	Peter Butler		Oswestry Olympians	16:09	99	Steven Knowles		Unattached	19:15
15	Tom Bush		Altrincham & District Ac	16:28	100	Scott Greenwood	JM	9 Rochdale Harriers & Ac	19:16
16	Rob Flannery		Sale Harriers Manchester	16:32	101	John Noblett	V40 16	Unattached	19:17
17	J ScottBoccleuch		Stockport Harriers & Ac	16:33	102	Shaun Jackson		Altrincham & District Ac	19:23
18	Paul Simons	V40	3 Salford Harriers	16:39	103	Sophie Whiteside	LJ	3 Liverpool Harriers & Ac	19:25
19	Martin Fuller		Hallamshire Harriers Sheffield	16:43	104	Andy Pickford	V40 17	Unattached	19:26
20	Andrew Lamont		Macclesfield Harriers & Ac	16:44	105	Jerry Smith	V50 7	Sale Harriers Manchester	19:27
21	Mike Shaw	V40	4 Stockport Harriers & Ac	16:46	106	Gary Tuttle	V60 4	Unattached	19:28
22	Kevin Jowett		E Cheshire H & Tameside Ac	16:50	107	Paul Wright	V40 18	Manchester Tri Club	19:30
23	?James Williams		Salford Harriers	16:52	108	Mal Balmer	V40 19	Penny Lane Striders	19:32
24	Laurie Luscombe	JM	2 Liverpool Harriers & Ac	16:53	109	Andrew Blair	V40 20	Tattenhall Runners	19:33
25	James Corden		Stockport Harriers & Ac	17:02	110	Ronald Warrender	V50 8	Salford Harriers	19:34
26	Olivia Walwyn	L	1 Altrincham & District Ac	17:02	111	Pete Hoyle	V40 21	Middleton Harriers Ac	19:35
27	Ed Fazakerley	V40	5 Manchester Harriers & Ac	17:07	112	Sarah Newman	L	12 Trafford Athletic Club	19:37
28	Gavin Astin	V40	6 Stockport Harriers & Ac	17:10	113	Kevan Duckworth	V50 9	E Cheshire H & Tameside Ac	19:39
29	?Paul Rowley		Sale Harriers Manchester	17:11	114	Duncan Wilson		Unattached	19:40
30	Mike Kilmartin		Sale Harriers Manchester	17:13	115	Antony Golding		Unattached	19:41
31	David Livingstone		Altrincham & District Ac	17:14	116	Tim Brett	V40 22	Sale Harriers Manchester	19:43
32	Paul Dalton	V40	7 E Cheshire H & Tameside Ac	17:17	117	Vanessa Mulholland	L	13 Altrincham & District Ac	19:47
33	Lee Woods		Sale Harriers Manchester	17:17	118	Michael Palmer	V40 23	Manchester Tri Club	19:48
34	Callum Rowlinson	JM	3 Sale Harriers Manchester	17:18	119	Tristan Pocock		Dragons Running Club (sale)	19:50
35	Martin Bailey		Newcastle (Staffs) AC	17:20	120	Mark Stanbridge	V40 24	Unattached	19:51
36	Richard Evans	V40	8 Altrincham & District Ac	17:21	121	David Darton	V50 10	Knavesmire Harriers	19:57
37	Andrew Ford		Altrincham & District Ac	17:22	122	Andrew Maddocks		Unattached	19:59
38	Dave Carrington	V50	1 Altrincham & District Ac	17:23	123	Lisa Foley	L40	1 Unattached	20:02
39	Joel Enoch		Unattached	17:26	124	Paul McErlan		Unattached	20:03
40	Stuart Price	JM	4 Macclesfield Harriers & Ac	17:28	125	?Daniel McGuinness	V40 25	Unattached	20:09
41	Gary Rowlinson	V40	9 Sale Harriers Manchester	17:30	126	Stuart Mairs		Salford Metropolitan Ac	20:10
42	Jason Bowers		Sale Harriers Manchester	17:30	127	Stuart Adamson		Horwich R M I Harriers	20:11
43	Darren Cottier		Vale Royal Ac	17:31	128	Damian Utton	V40 26	Altrincham & District Ac	20:12
44	Robert Pemberton		Sale Harriers Manchester	17:35	129	Joseph Taylor		Manchester Harriers & Ac	20:13
45	James Hart		Salford Metropolitan Ac	17:36	130	Hugh Risebrow	V40 27	New Forest Runner	20:14
46	Louisa Wood	L	2 Warrington Athletic Club	17:37	131	Catherine Hurst	L40	2 Trafford Athletic Club	20:15
47	Mark Norton		Altrincham & District Ac	17:38	132	Chris Cooper		Manchester Frontrunners	20:16
48	Blue Haywood	LJ	1 Lincoln Wellington Ac	17:39	133	Andrew Coates	V40 28	Swinton Running Club	20:17
49	Dale Daniels	JM	5 Salford Harriers	17:41	134	Beatrice Cordingley	LJ	4 Sale Harriers Manchester	20:18
50	Richard Clancy		Trafford Athletic Club	17:42	135	Carol Wolstenholme	L60	1 Hallamshire Harriers Sheffield	20:19
51	Neil Bradshaw		E Cheshire H & Tameside Ac	17:44	136	Martin Mason		Unattached	20:21
52	Paul Barrett		Sale Harriers Manchester	17:45	137	Chris Law		Rochdale Harriers & Ac	20:22
53	Brownedward	JM	6 Holmfirth Harriers Ac	17:46	138	Chris March		Unattached	20:23
54	Mike Toal		Northern Veterans Ac	17:48	139	Matthew Kirk		Unattached	20:24
55	Dave Shackley		Manchester Tri Club	17:49	140	Carl Cleghorn		Sale Harriers Manchester	20:25
56	Kevin Scarborough		Stockport Harriers & Ac	17:50	141	Warren Bowden	V40 29	Sale Harriers Manchester	20:26
57	John Grycuk		Rochdale Harriers & Ac	17:54	142	Frank Podd		Unattached	20:27
58	Jenny Knass	L	4 Stockport Harriers & Ac	17:55	143	Stephen Rooney		Unattached	20:28
59	Mark Seed	V40	10 Salford Harriers	17:57	144	John Weatherby	V40 30	Unattached	20:30
60	Paul Capey		Sale Harriers Manchester	17:58	145	Jonathan Mellor		Swinton Running Club	20:31
61	Sarah Lomas	L	5 Stockport Harriers & Ac	17:59	146	Nygel Lyndley		Unattached	20:32
62	Andrew Yates	V50	2 Sale Harriers Manchester	18:00	147	Paul Booth		Unattached	20:34
63	Mark Hargreaves		Liverpool Harriers & Ac	18:01	148	Jacquie Cordingley	L50	1 Sale Harriers Manchester	20:35
64	Sara Parkinson	L	6 Chorley Harriers	18:02	149	Nick Blanchard		Stockport Harriers & Ac	20:36
65	Estelle Malm	L	7 Salford Harriers	18:05	150	William Prout	V50 11	Salford Metropolitan Ac	20:37
66	Peter Hyde	V60	1 Altrincham & District Ac	18:11	151	Fiona Randles	L	19 Sale Harriers Manchester	20:38
67	Dave Hudson		Salford Harriers	18:13	152	Ben Huyton		Unattached	20:43
68	A Potts		Unattached	18:15	153	Ray Dalby	V50 12	Rochdale Harriers & Ac	20:44
69	Tom Partington	JM	7 Sale Harriers Manchester	18:22	154	Pat O'Halgan	V40 31	Unattached	20:45
70	Shane Wolstencroft		Salford Metropolitan Ac	18:24	155	Jan Nicholls	L40	3 Sale Harriers Manchester	20:47
71	Leanne Sheehy	LJ	2 Leigh Harriers & Ac	18:25	156	Peter Ogle		Unattached	20:48
72	Stuart Andrew		Spectrum Striders	18:27	157	Anthony Collier	V50 13	Styal Running Club	20:49
73	Sean Cordell	V40	11 Sale Harriers Manchester	18:28	158	Chris O'Coughlan		Unattached	20:51
74	Geoff Cumber	V60	2 Halifax Harriers & Ac	18:28	159	Brad Ehlen		Spectrum Striders	20:52
75	Peter Willacy	V50	3 Barrow AC	18:29	160	Andrew Dooley	V50 14	Styal Running Club	20:53
76	Tim Kennedy		Sale Harriers Manchester	18:30	161	Anne Pugh	L50	2 Altrincham & District Ac	20:54
77	Glynn Windebank	JM	8 Sale Harriers Manchester	18:31	162	Barrie Ainscow	V40 32	Dragons Running Club (sale)	20:55
78	Philip Scowcroft		Unattached	18:35	163	Samir Ullah		Unattached	20:56
79	Stephen Norbury		Unattached	18:36	164	Roland Bowness	V60	5 Salford Harriers	20:57
80	Patrick Byrne	V40	12 Middleton Harriers Ac	18:38	165	John Grayson		Unattached	21:02
81	Michael Wakefield	V50	4 Salford Harriers	18:41	166	Miran Arahamian	V50 15	Sale Harriers Manchester	21:07
82	David Jury		Trafford Athletic Club	18:45	167	John Matson		Unattached	21:07
83	Phil Burns		Stockport Harriers & Ac	18:48	168	Raymond Eagle	V50 16	Wilmslow Running Club	21:09
84	Sarah Cumber	L	9 Halifax Harriers & Ac	18:49	169	Jane Bilton	L	22 Salford Harriers	21:10
85	Kevin Marsden		Spectrum Striders	18:50	170	Tom Daniels	V60	6 Salford Harriers	21:11

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171	John Humphreys		Sale Harriers Manchester	21:12	262	Philip Wright		Unattached	23:30
172	Mbugua Gitau		Unattached	21:14	263	Adrian Hardisty		Unattached	23:32
173	Amelia Wheelwright	L 23	Stainland Lions Road Runners	21:16	264	Jonathan Dada	V40 58	Unattached	23:33
174	Gerry Rogers	V50 17	Styal Running Club	21:19	265	Dave Pearson	V50 30	Lostock Ac	23:34
175	Andy Matthews	V40 33	Centurian RC	21:24	266	Mark Maclagan		Unattached	23:36
176	Ashley Brown	JM 10	Unattached	21:25	267	Peter Hucker		Unattached	23:36
177	Keith Boardman		Unattached	21:26	268	Alex Hunter		Unattached	23:37
178	Christine Boardman	L 24	Horwich R M I Harriers	21:27	269	Tim Criddle	V40 59	Unattached	23:37
179	Geoff Beattie	V50 18	Sale Harriers Manchester	21:28	270	Nicole Vandenwittenb	L40 5	Dragons Running Club (sale)	23:43
180	John Quigley		Belle Vue Racers	21:31	271	Chris Massey		Unattached	23:44
181	Kieron Walsh	V50 19	Unattached	21:32	272	Adrian Smith	V40 60	Unattached	23:45
182	Stephen McVeigh		Trafford Athletic Club	21:34	273	Simone Alexander	L 41	Unattached	23:47
183	Steve Ho		Unattached	21:35	274	Steve Ives	V40 61	Unattached	23:47
184	Barry Chambers	V50 20	Vale Royal Ac	21:38	275	Anita Banerji	L 42	Unattached	23:48
185	Rick Waite	JM 11	Unattached	21:41	276	Zoe Clarke	L40 6	Manchester Harriers & Ac	23:49
186	Steve Green	V50 21	Unattached	21:43	277	Sarah Kerry	L 44	Manchester Tri Club	23:49
187	David Cristinacce		Unattached	21:44	278	Stuart Murray	V40 62	Unattached	23:49
188	Dez Mitchell		Unattached	21:46	279	Kyrinder HurstMoore	L40 7	Middleton Harriers Ac	23:49
189	Tony Elston	V40 34	Unattached	21:47	280	John Cleworth		Unattached	23:50
190	John Delany	V60 7	Stockport Harriers & Ac	21:49	281	Sid Bailey	V50 31	Deestriders	23:51
191	Martin Jackson	V40 35	Unattached	21:51	282	Daniel Huyton		Unattached	24:00
192	Rebecca Pickard	L 25	Clapham Runners	21:57	283	?Paul Rowley		Sale Harriers Manchester	24:02
193	Philip Arden	V40 36	Sale Harriers Manchester	21:58	284	Mark Norman		Unattached	24:02
194	Graham Kitchen	V40 37	Dragons Running Club (sale)	21:59	285	David Turton	V50 32	Stockport Harriers & Ac	24:07
195	Criag Partridge	V40 38	Altrincham & District Ac	22:00	286	Stephanie Bennett	L 46	Unattached	24:12
196	Fergus Green		Unattached	22:00	287	Paul Callaghan		Unattached	24:15
197	Des Miles	V40 39	Unattached	22:02	288	Sydwel Isaac	L50 6	Unattached	24:15
198	Rosie Fearon	L 26	Trafford Athletic Club	22:03	289	Stuart Johnson		Unattached	24:17
199	David Eames		Unattached	22:04	290	Simon Warren		Unattached	24:17
200	David Aspinall	V40 40	Styal Running Club	22:05	291	Amy Warburton	L 48	Unattached	24:18
201	Alan Williams	V40 41	Altrincham & District Ac	22:06	292	Tom Bradley		Unattached	24:18
202	Tony Payne	V40 42	Chorlton Runners	22:08	293	Aileen Davidson	L 49	Unattached	24:19
203	John Moran	V40 43	Unattached	22:11	294	Joanna Tate	L 50	Unattached	24:22
204	Mike Wheeler		Unattached	22:12	295	John Kummier	V50 33	Unattached	24:23
205	William Murgatroyd	V50 22	Unattached	22:14	296	Edward Howarth	V70 2	Sale Harriers Manchester	24:30
206	Phil Partington	V50 23	Unattached	22:15	297	David Wright	V40 63	Unattached	24:32
207	Alastair Rainsbury		Stockport Harriers & Ac	22:16	298	Anne Fortune	L50 7	Spectrum Striders	24:33
208	Vin Murphy	V60 8	Salford Harriers	22:18	299	Ian Storer		Unattached	24:33
209	Jonathan Clarke		Styal Running Club	22:18	300	Nigel Milligan		Rochdale Harriers & Ac	24:38
210	Kevin Smith	V50 24	Stockport Harriers & Ac	22:19	301	David Gregory	V60 10	Manchester Harriers & Ac	24:39
211	Liam Glennon	V40 44	Unattached	22:20	302	David Lowe	V40 64	Sale Harriers Manchester	24:41
212	Denise Wakefield	L50 3	Northern Veterans Ac	22:21	303	Philip Westwood		Bildstone Bounders	24:41
213	Ian Weatherby	V40 45	Unattached	22:22	304	Louise Weller	L40 8	Styal Running Club	24:43
214	Craig Ashton		Newcastle (Staffs) AC	22:23	305	?Daniel McGuinness	V40 65	Unattached	24:43
215	Lauren Jackson	LJ 5	Sale Harriers Manchester	22:24	306	Joe Park	V70 3	Cheshire Tally Ho. H & H	24:45
216	Lynne Yates	L50 4	Sale Harriers Manchester	22:25	307	Martin Joyce	V40 66	Unattached	24:45
217	Simon Hoonanian		Unattached	22:26	308	Jonathan Hardman		Unattached	24:46
218	Lydonsiobhan	L 30	Trafford Athletic Club	22:27	309	Andrew Lilley		Unattached	24:47
219	Katie Reece	L 31	Sale Harriers Manchester	22:28	310	Jenny Cordingley	L40 9	Unattached	24:48
220	Duncan Riley		Unattached	22:29	311	Colin Lea	V40 67	Knavesmire Harriers	24:48
221	Andy Land	V40 46	Swinton Running Club	22:30	312	Andrew McCormick		Unattached	24:48
222	Michael Garth		Unattached	22:31	313	Naomi Grant	L 54	Sale Harriers Manchester	24:49
223	Miras Eskander		Unattached	22:32	314	Mark Ferns	V40 68	Sale Harriers Manchester	24:49
224	Phil Summers	V40 47	Unattached	22:33	315	Geoffrey Knowles	V50 34	Bolton United Harriers & Ac	24:58
225	Susanne Garth	L 32	Unattached	22:35	316	Doug Clark		Unattached	24:59
226	Liz Turton	L50 5	Stockport Harriers & Ac	22:37	317	Iain Fortune	V60 11	Spectrum Striders	25:00
227	Steven Scrivens	V40 48	Unattached	22:37	318	Alyson Adams	L40 10	Manchester Harriers & Ac	25:00
228	Tom Johnston		Unattached	22:38	319	Robert Massey		Unattached	25:03
229	Aeronwy Towey	L 34	Unattached	22:39	320	Derek Nicholls	V60 12	Unattached	25:05
230	Richard O'Regan	V40 49	Unattached	22:40	321	Shelley Parkinson	L50 8	Chorley Harriers	25:05
231	Anthomny Clegg		Unattached	22:40	322	Alan Rydout	V60 13	Altrincham & District Ac	25:07
232	Matt Herbert		Unattached	22:41	323	Ian Campbell	V60 14	Unattached	25:08
233	Adam Jones		Sale Harriers Manchester	22:42	324	Bernard Traynor	V50 35	Unattached	25:11
234	Alan Jones	V40 50	Deestriders	22:43	325	Stacey Benson	L 57	Manchester Harriers & Ac	25:16
235	Richard Shaw	V40 51	Unattached	22:43	326	Simon Hedges	V40 69	Chorlton Runners	25:17
236	Scott Ellis		Unattached	22:45	327	Colin Ainscough	V40 70	Unattached	25:19
237	Shira Baram	L 35	Unattached	22:46	328	Linda Edmondson	L40 11	Wrekin Rr	25:19
238	Mansel Pope	V50 25	Altrincham & District Ac	22:46	329	John Lally	V50 36	Sale Harriers Manchester	25:21
239	Oliver Teale		Unattached	22:52	330	Katherine Fielden	L 59	Unattached	25:22
240	Peter Doherty	V50 26	Northern Veterans Ac	22:53	331	Kenneth Bullock	V60 15	Unattached	25:23
241	Vincent Niles	V40 52	Unattached	22:55	332	Martin Bell		Unattached	25:25
242	Paul Steane	V50 27	Unattached	22:56	333	Alison Hunt	L 60	Chorlton Runners	25:32
243	Alan Richardson	V40 53	Unattached	22:58	334	Andrew Stein	V40 71	Unattached	25:32
244	?Andy Farley	V50 28	E Cheshire H & Tameside Ac	23:00	335	Kathy Taylor	L40 12	Unattached	25:32
245	Karl Cannell	V40 54	Road Runners Club	23:02	336	Rachel Hunt	L 62	Chorlton Runners	25:34
246	V Brown		Unattached	23:03	337	David Spiffy		Unattached	25:37
247	Adrian RigbyBates	V50 29	Unattached	23:05	338	Peter Samuelson	V60 16	Spectrum Striders	25:38
248	Simon Smith	V40 55	Unattached	23:10	339	Malcolm Duncan	V40 72	Unattached	25:42
249	?James Williams		Salford Harriers	23:11	340	Brian Higgins	V50 37	Styal Running Club	25:45
250	Paul McClorry		Unattached	23:13	341	Caroline Baba	L 63	Kpmg	25:47
251	Frederick Goldberg		Unattached	23:16	342	Brian Bradshaw	V40 73	Stanford Striders	25:55
252	Colin Hunter	V40 56	Spectrum Striders	23:17	343	P Littlewood	V50 38	Manchester Harriers & Ac	25:55
253	Mark Loveday	V40 57	Unattached	23:19	344	Cathy Leckie	L40 13	Unattached	25:59
254	Kathryn Bell	L 36	Unattached	23:20	345	David Wallwork	V40 74	Unattached	26:00
255	John Riley	V60 9	Northern Veterans Ac	23:21	346	David Roberts		Horwich R M I Harriers	26:02
256	Victoria Cordinngley	L 37	Sale Harriers Manchester	23:23	347	Tessa Hutton	L 65	Unattached	26:02
257	Aileen Raistrick	L40 4	Trafford Athletic Club	23:24	348	Andrew Mackie	V40 75	Unattached	26:03
258	Sean Kenyon		Unattached	23:25	349	Rachel Thackray	L 66	Unattached	26:03
259	Matthew Meakin		Sale Harriers Manchester	23:27	350	Chloe Ashcroft	L 67	Unattached	26:06
260	Catherine Jones	L 39	Sale Harriers Manchester	23:28	351	Matt Windows		Unattached	26:06
261	Peter Brennan	V70 1	Northern Veterans Ac	23:28	352	JanChristof Telford		Unattached	26:06

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353	Jean Mellor	L 68	Swinton Running Club	26:18	406	Cheryl Tippins	L 100	Unattached	29:23
354	Daniel Swann		Unattached	26:23	407	Karen Lang	L 101	Unattached	29:30
355	Don George	V70 4	Sale Harriers Manchester	26:24	408	Joseph Hall	V40 81	Unattached	29:34
356	Sarfraz Naeem		Unattached	26:27	409	Melanie Wilson	L 102	Unattached	29:46
357	David Marsh	V40 76	Unattached	26:29	410	Susan Gale	L 103	Unattached	29:53
358	Emily Cahdwick	L 69	Unattached	26:41	411	Katy Sewell	L 104	Unattached	30:09
359	Michelle Martin	L40 14	Unattached	26:43	412	Margaret Elvidge	L50 12	Chapel Allerton Road Runners	30:14
360	Iain O'Hare		Unattached	26:47	413	Jean Skitt	L60 2	Manchester Harriers & Ac	30:21
361	Sarah Mort	L 71	Unattached	26:49	414	Rachel Armson	L 107	Unattached	30:23
362	Andrew Jones		Unattached	26:50	415	Benjamin Hesketh		Unattached	30:25
363	Janet O'Mahony	L40 15	Unattached	26:51	416	David Newell	V50 42	Unattached	30:30
364	David Henningham		Unattached	26:52	417	Marta Williams	L 108	Unattached	30:31
365	Colette McGrath	L 73	Unattached	26:53	418	Julie Balmer	L40 21	Penny Lane Striders	30:35
366	Paulette Storey	L50 9	Swinton Running Club	26:53	419	Kirsten Parr	L 110	Unattached	30:41
367	Laura Hall	L 75	Norton Caines	26:54	420	Alice Morgan	L 111	Unattached	30:42
368	Maria Williams	LJ 6	Unattached	26:58	421	Harvey Davies		Unattached	30:42
369	Kathryn Holmes	L40 16	Manchester Harriers & Ac	27:01	422	Robert Kitteringham	V50 43	Unattached	30:47
370	Iain Round	V40 77	Unattached	27:07	423	Heather Talbot	L 112	Unattached	30:59
371	Rachael Wildgoose	L 78	Unattached	27:15	424	Peter Baugh	V70 6	Unattached	31:12
372	Sarah Bundock	L 79	Dragons Running Club (sale)	27:16	425	Harrit DurnfordSmith	L 113	Unattached	31:15
373	John Smith	V50 39	Sale Harriers Manchester	27:17	426	Norma Kilparick	L50 13	Unattached	31:25
374	Stephanie Ashton	L 80	Unattached	27:18	427	Claire Senior	L 115	Unattached	31:28
375	Susan Bean	L50 10	Unattached	27:22	428	Glyn Hathaway		Unattached	31:28
376	Johanne Carter	L 82	Unattached	27:25	429	Pam Macdonald	L 116	Unattached	31:31
377	Caroline Crosswell	L 83	Unattached	27:27	430	Joanne Raby	L 117	Unattached	31:33
378	Yasemin Kafali	L 84	Dragons Running Club (sale)	27:30	431	Clare Crawford	L40 22	Unattached	31:36
379	Noel O'Sullivan	V40 78	Unattached	27:31	432	Lee Thomas		Unattached	31:45
380	Tajvinder Singh		Unattached	27:32	433	James Thomas		Unattached	31:46
381	Phil Holder		Unattached	27:33	434	Nik Milford	L 119	Unattached	31:49
382	Shaun Murphy	V50 40	Unattached	27:34	435	Lyn Henshelwood	L 120	Unattached	31:50
383	Claire Dewsbury	L35 1	Unattached	27:50	436	Susan Taylor	L40 23	Unattached	31:52
384	Jean Bailey	L40 17	Manchester Harriers & Ac	27:53	437	Rezacova	L 122	Unattached	32:09
385	Emma Halkyard	L 87	Unattached	27:55	438	Louise Fletcher	L 123	Unattached	32:21
386	Elisabeth Durn	L 88	Unattached	28:03	439	Hiroko Nakamura	L 124	Unattached	32:27
387	Fiona McAuley	L40 18	Swinton Running Club	28:12	440	Donald Bramwell	V70 7	Manchester Harriers & Ac	32:53
388	Victoria Jackson	L 90	Unattached	28:19	441	Jayne Granville	L 125	Unattached	32:54
389	Beverley Milburn	L40 19	Unattached	28:22	442	Susan Negus	L40 24	Unattached	32:54
390	John Wolstenholme	V60 17	Dragons Running Club (sale)	28:23	443	Sarah Talbot	L 127	Unattached	33:16
391	Julie Williamson	L40 20	Womens Running Network	28:23	444	Ivan Macintyre	V50 44	Sale Harriers Manchester	33:43
392	Elaine McLeodVernon	L50 11	Unattached	28:28	445	Steph Oldham	L 128	Menai Track & Field	33:44
393	Christine Cummins	L 94	Penny Lane Striders	28:29	446	Andy Oldham		Menai Track & Field	33:46
394	Anna Jansson	L 95	Unattached	28:30	447	Victoria Stapleton	L 129	Unattached	34:17
395	Geoff Howarth	V70 5	Northern Veterans Ac	28:35	448	Faisal Eskander		Unattached	34:22
396	Curtis Manley		Unattached	28:40	449	Geoffrey Dean	V50 45	Northern Veterans Ac	34:34
397	Ian Richardson	V40 79	Unattached	28:45	450	Jennifer Randall	L50 14	Unattached	34:50
398	Richard Taylor	V50 41	Unattached	28:48	451	Geoff Hanks	V60 19	Alcheste RC	37:40
399	Warren Myers		Unattached	28:48	452	Francesca Smith	L40 25	Unattached	37:48
400	G Myers	V60 18	Unattached	29:06	453	Adma Eskander	L60 3	Unattached	41:06
401	Jo Peacock	L 96	Manchester Harriers & Ac	29:07	454	Claire Dunn	L 133	Unattached	43:45
402	Maria Royal	L 97	Manchester Harriers & Ac	29:07	455	Alex Ellis	L 134	Unattached	43:46
403	Andrea Williams	L 98	Manchester Harriers & Ac	29:07	456	Dave Attwell	V60 20	Altrincham & District Ac	43:47
404	Victoria Tait	L35 2	Unattached	29:16	457	Ria Bright	L40 26	Saddleworth Runners Club	51:10
405	Andrew Wilson	V40 80	Unattached	29:21					