

Pos	Name	Cat	Club	Time	Time/k m
1.	Andrew Challenger		Unattached	39.36	3.57
2.	Paul Unsworth		Unattached	39.42	3.58
3.	John Ward		Unattached	39.58	3.59
4.	Craig Ockwell		Unattached	41.10	4.07
5.	Matthew Winter		Unattached	41.28	4.08
6.	Matt Dean		Unattached	42.02	4.12
7.	Tim Robinson		Hallamshire Harriers	42.15	4.13
8.	Martin Huddleston		Stadium Running	42.22	4.14
9.	Richard Frost		Unattached	42.40	4.16
10.	Basil Adamo		Unattached	42.47	4.16
11.	Michelle Jenkins	F	Hallamshire Harriers	42.59	4.17
12.	Lyndon Bridges		Unattached	43.22	4.20
13.	Gemma Marrs	F	South London Harriers	43.32	4.21
14.	Tim Chico		Racing TNT	44.07	4.24
15.	Matthew Wright		Unattached	44.24	4.26
16.	Gareth Hockey		Unattached	45.30	4.33
17.	Simon Botham		Unattached	45.30	4.33
18.	Daniel Heathcote		North Derbyshire RC	45.36	4.33
19.	Stephen Slater		Unattached	45.39	4.33
20.	Richard Maxted		Unattached	46.04	4.36
21.	Victoria Chico	F	Racing TNT	46.21	4.38
22.	Gary Hague	M45	Unattached	46.25	4.38
23.	Bradley Spencer		Unattached	46.30	4.39
24.	Sam Wichelow	M40	Unattached	46.41	4.40
25.	William Storey		Unattached	46.54	4.41
26.	Roger Powell	M45	Unattached	46.55	4.41
27.	Lisa Giampalma	F	Unattached	46.55	4.41
28.	Greg Elliott		Unattached	47.03	4.42
29.	Ian Cole		Totley AC	47.05	4.42
30.	Paul Edwards		Unattached	47.07	4.42
31.	Paul West		Unattached	47.09	4.42
32.	Tony Cornah	M55	Unattached	47.25	4.44
33.	Mark Powell		Crystal Peaks Runners	47.31	4.45
34.	Richard Youell	M45	Unattached	47.32	4.45
35.	Ian Gall		Valley Hill Runners	47.33	4.45
36.	Simon Grant	M50	Unattached	48.06	4.48
37.	Paul Rodgers	M45	Unattached	48.16	4.49

38.	Russell Cutts		Unattached	48.32	4.51
39.	Barry Parker		Unattached	48.34	4.51
40.	Brent Elliott		Unattached	48.39	4.51
41.	Andrew Rowland	M40	Sheffield Triathlon Club	48.40	4.52
42.	Darrell Harris	M40	Unattached	48.53	4.53
43.	Dave Williams	M45	Unattached	49.17	4.55
44.	Roger Wilde	M40	Unattached	49.26	4.56
45.	Helen Wakefield	F	Unattached	49.32	4.57
46.	Nava Velupillai		Unattached	49.34	4.57
47.	Roo Barker		Unattached	49.45	4.58
48.	Joanne WorboysHodge	F35	Unattached	50.02	5.00
49.	Phillip Palmer	M40	Unattached	50.03	5.00
50.	Rekha Ravichandran	F	Unattached	50.50	5.05
51.	Neil Chaplin	M50	North Derbyshire RC	51.10	5.07
52.	Leon Taylor		Unattached	51.12	5.07
53.	Michael Slater	M40	Unattached	51.15	5.07
54.	David McEwan		Unattached	51.17	5.07
55.	Sarah Bannister	F	Steel City Striders	51.18	5.07
56.	John Barnett	M60	Unattached	51.22	5.08
57.	Ed Frost		Rowland Hill Harriers	51.23	5.08
58.	Adrian Hiley		Unattached	51.38	5.09
59.	Mike Exton		Unattached	52.00	5.12
60.	Jack Cowlshaw	M70	Unattached	52.09	5.12
61.	David Gibson	M45	Unattached	52.15	5.13
62.	Robert Hodkin	M40	Unattached	52.16	5.13
63.	Alex Barber		Unattached	52.34	5.15
64.	Bruno Beckett		Unattached	52.53	5.17
65.	David Jolley	M45	Steel City Striders	52.58	5.17
66.	Joanne Rowan	F35	Unattached	53.04	5.18
67.	Mark Anderson		Sheffield RC	53.24	5.20
68.	Carl Otter	M45	Sheffield RC	53.32	5.21
69.	James Fletcher		Corus Finance	53.34	5.21
70.	Christian Drew		Unattached	53.35	5.21
71.	Tracy Allen	F40	Unattached	53.47	5.22
72.	Russell Short		Unattached	53.54	5.23
73.	Richard Levin	M40	Kimberworth Striders	54.04	5.24
74.	Ian Maher	M50	Unattached	54.06	5.24
75.	Adam Yates		Unattached	54.17	5.25
76.	Neil Macpherson		Unattached	54.24	5.26

77.	Francis Ktenidis		Unattached	54.29	5.26
78.	Roger Dillon		Polaris Missile	54.41	5.28
79.	Mel Hornby	M65	Valley Hill Runners	54.43	5.28
80.	Matt Cuff		Unattached	54.55	5.29
81.	Kevin Sadler		Unattached	54.58	5.29
82.	Craig Smith	M45	North Derbyshire RC	55.01	5.30
83.	Katie Bunnell	F	Unattached	55.03	5.30
84.	Yvonne Twelvetree	F55	Totley AC	55.21	5.32
85.	Ben Watson		Corus Finance	55.21	5.32
86.	Richard Beeby		Unattached	55.29	5.32
87.	Lee Weatherall	M40	Unattached	55.31	5.33
88.	Scott Wilcock		Unattached	55.37	5.33
89.	Michael Oxley		Unattached	55.40	5.34
90.	Nigel Elvidge	M40	Steel City Striders	55.40	5.34
91.	Peter Harris	M50	Unattached	55.51	5.35
92.	Anna Paxton	F	Totley AC	56.21	5.38
93.	Linda Dillon	F45	Polaris Missile	56.26	5.38
94.	Stuart Moat	M55	Unattached	56.26	5.38
95.	Rickie Lowery		Unattached	56.32	5.39
96.	Jenny Horan	F60	Rotherham Harriers	56.36	5.39
97.	Dawn Phillips	F40	Unattached	56.39	5.39
98.	Stephanie Borysiewicz	F55	Valley Hill Runners	56.46	5.40
99.	Simon Swain		Unattached	56.52	5.41
100.	Kathy Gorrill	F60	Unattached	56.57	5.41
101.	Rob Kemp		Unattached	57.00	5.42
102.	Edward Robson	M40	Unattached	57.09	5.42
103.	Elizabeth Crowther	F	Unattached	57.15	5.43
104.	Nong Zhang		Polaris Missile	57.25	5.44
105.	Bev Baker	F40	Sheffield RC	57.28	5.44
106.	Gordon Johnson		Unattached	57.31	5.45
107.	Richard Borrill		Unattached	57.34	5.45
108.	Naomi Morrison	F35	Unattached	57.42	5.46
109.	Kate Dymond	F	Unattached	57.44	5.46
110.	Karl Hanson		Unattached	57.46	5.46
111.	Amanda Mears	F35	Unattached	57.48	5.46
112.	Paul Higginbottom	M40	Unattached	57.58	5.47
113.	Fabian Cruz	M40	Unattached	58.01	5.48
114.	Stephen Day	M50	Unattached	58.13	5.49
115.	Andrew Thorpe	M45	Unattached	58.41	5.52

116.	George Peat		Unattached	58.45	5.52
117.	Jane Ainscow	F35	Unattached	58.50	5.53
118.	Cathy Rowland	F45	Steel City Striders	58.54	5.53
119.	Paul Green		Unattached	59.03	5.54
120.	Rita Whittingham	F50	North Derbyshire RC	59.10	5.55
121.	Ian Milsom		Unattached	59.11	5.55
122.	Richard Ashley		Unattached	59.12	5.55
123.	Samantha Weatherall	F40	Unattached	59.15	5.55
124.			Unattached	59.16	5.55
125.	Laura Walton	F40	Steel City Striders	59.26	5.56
126.	Paul Lisle	M45	Unattached	59.26	5.56
127.	John Keane	M55	Unattached	59.45	5.58
128.	Jon Broadhurst	M45	Unattached	59.48	5.58
129.	Paul Hanson	M45	Unattached	59.57	5.59
130.	Ian Hibberd		Unattached	59.58	5.59
131.	Chris Lee		Unattached	60.31	6.03
132.	John Smith	M55	Unattached	60.32	6.03
133.	Ria Swain	F	Unattached	60.33	6.03
134.	Chris Hanson		Unattached	60.38	6.03
135.	Shona Kirk	F	Unattached	60.45	6.04
136.	Terri Fraser	F45	Unattached	60.57	6.05
137.	Lucy Kirkham	F	Unattached	61.04	6.06
138.	David Burkitt		Unattached	61.37	6.09
139.	Thomas Lee		Unattached	61.43	6.10
140.	Richard Lomas	M50	Unattached	61.50	6.11
141.	Katy Powell	F35	Unattached	62.00	6.12
142.	Sally Smith	F55	Racing TNT	62.13	6.13
143.	Emma Hayes	F	Unattached	62.14	6.13
144.	Martin Leather		Unattached	62.15	6.13
145.	Simon Walker		Unattached	62.27	6.14
146.	Lisa Walker	F	Unattached	62.27	6.14
147.	Jane Harrop	F	Holmfirth Harriers	62.34	6.15
148.	Valerie Derbyshire	F35	Unattached	62.42	6.16
149.	Gemma Oddy	F35	Unattached	62.44	6.16
150.	Daniel Talbot		Unattached	62.46	6.16
151.	Carol Wells	F45	Tickhill	62.47	6.16
152.	Carl Boyes		Unattached	62.48	6.16
153.	Railla Razaq	F	Unattached	62.49	6.16
154.	Ian Montgomery	M40	Unattached	62.52	6.17

155.	Keely Beighton	F	Unattached	62.59	6.17
156.	Darren Burke		Unattached	63.03	6.18
157.	Elizabeth Schofield	F	Totley AC	63.14	6.19
158.	David Andrews	M45	Unattached	63.20	6.20
159.	Tim Butler		Lincoln & District Runners	63.23	6.20
160.	Ralph Kidner	M55	Unattached	63.23	6.20
161.	Sallyann Bingham	F	Unattached	63.27	6.20
162.	Alan Parkin	M55	Unattached	63.28	6.20
163.	Joanne Coy	F	Unattached	63.28	6.20
164.	James Robinson		Unattached	63.35	6.21
165.	Simon Temple	M55	Unattached	63.37	6.21
166.	Liz Bell	F	Unattached	63.40	6.22
167.	Gillian Garner	F	Unattached	63.42	6.22
168.	Peter Stocks	M50	Unattached	63.45	6.22
169.	Katie Thorpe	F	Unattached	63.49	6.22
170.	Claire Duncan	F	Unattached	63.56	6.23
171.	Jonathan Moore		Unattached	64.11	6.25
172.	Derek Bettison	M60	Unattached	64.14	6.25
173.	Wendy Whitaker	F55	Rotherham Harriers	64.18	6.25
174.	Alice Blake	F	Unattached	64.28	6.26
175.	Claire Tory	F	Unattached	64.35	6.27
176.	Nicholas Beal		Unattached	64.51	6.29
177.	Gail Paterson	F	Unattached	64.57	6.29
178.	David Naylor		Unattached	64.58	6.29
179.	Sharon Hirshman	F35	Unattached	64.59	6.29
180.	Sarah Thornton	F	Unattached	65.02	6.30
181.	Mark Sleeman		Totley AC	65.12	6.31
182.	Gabrielle Lee	F	Totley AC	65.12	6.31
183.	Laura Glasel	F	Unattached	65.12	6.31
184.	Jayne Winslow	F40	Unattached	65.25	6.32
185.	Philip Winslow	M40	Unattached	65.25	6.32
186.	Samantha Smeeton	F	Unattached	65.30	6.33
187.	Julie Hickling	F45	Unattached	65.35	6.33
188.	Melanie Mitchell	F45	Unattached	66.05	6.36
189.	Cheryl Crofts	F45	Unattached	66.05	6.36
190.	Gerald Nightingale	M70	Unattached	66.05	6.36
191.	Dawn Short	F35	Unattached	66.19	6.37
192.	Andrew Mascoll		Unattached	66.23	6.38
193.	Kirsty Timmins	F	Unattached	66.29	6.38

194.	Eamon Griffin	M50	Unattached	66.31	6.39
195.	Jonathan Blythe		Corus Finance	66.33	6.39
196.	Gordon Hiley	M55	Unattached	66.51	6.41
197.	Nicola Barker	F35	Unattached	67.07	6.42
198.	Bob Horgan		Unattached	67.36	6.45
199.	Sarah Phillips	F35	Unattached	67.52	6.47
200.	Julie Marshall	F35	Unattached	67.54	6.47
201.	Chris Cooper		Unattached	68.12	6.49
202.	Andrea Barber	F35	Unattached	68.15	6.49
203.	Chris Peat	M50	Unattached	68.39	6.51
204.	Sarah Little	F40	Unattached	69.03	6.54
205.	Helen Mitchell	F35	Unattached	69.38	6.57
206.	Kathryn Swindells	F	Unattached	69.40	6.58
207.	Jodie Dean	F	Unattached	70.17	7.01
208.	David Trickett	M50	Unattached	70.42	7.04
209.	Rachel Smith	F40	Steel City Striders	70.42	7.04
210.	Helen Veira	F35	Stropsley Striders	70.42	7.04
211.	Wayne Steer		Unattached	71.43	7.10
212.	Elizabeth Keen	F	Unattached	71.46	7.10
213.	Catherine Greenwood	F	Unattached	71.46	7.10
214.	Samantha Smeeton	F	Unattached	72.43	7.16
215.	Lynsey Waller	F	Unattached	72.43	7.16
216.	Matt Risby		Unattached	72.50	7.17
217.	Emma Firth	F	Unattached	73.44	7.22
218.	Chris Ellis		Unattached	74.26	7.26
219.	Julie Billard	F	Unattached	74.40	7.28
220.	Morag Punton	F	Unattached	74.59	7.29
221.	Steve Whittle		Unattached	74.59	7.29
222.	Joslyn Hoyte-Smith	F	Unattached	75.19	7.31
223.	Joanne Robertson	F40	Unattached	77.26	7.44
224.	Michael Newsan	M65	Steel City Striders	78.18	7.49
225.	Sharon Ward	F35	Unattached	79.29	7.56
226.	Emma Jarvis	F	Unattached	79.56	7.59
227.	Matthew Jarvis		Unattached	79.56	7.59
228.	Paul Sutton		Unattached	85.36	8.33
229.	Rosanna Taylor	F	Unattached	87.02	8.42
230.	Helen Broadbent	F35	Unattached	87.29	8.44
231.	John Bettison	M50	Unattached	89.21	8.56
232.	Vanessa Porter	F	Unattached	94.37	9.27

233.	Claire Grainger	F35	Unattached	95.59	9.35
234.	Sheila Francis	F50	Unattached	111.43	11.10

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