

The Rufford 10K

at Rufford on Sunday 6th September 2009

Rufford 10K — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time
1	Paul Sankey	V40 1	Liverpool Running Club	32:46
2	Colin Rigby	V40 2	Horwich R M I Harriers	33:03
3	Andy Buttery		Rossendale Harriers & AC	33:53
4	Paul Mannon		Astley & Tyldesley Road Runner	34:49
5	David Townsend	V40 3	Wigan Phoenix	34:52
6	Peter Chan	V45 1	Astley & Tyldesley Road Runner	35:06
7	John Howarth	V45 2	Leigh Harriers & AC	35:26
8	Robert McGrath	V45 3	Southport Waterloo AC	35:48
9	Steve Nolan	V45 4	Horwich R M I Harriers	35:55
10	Lee Barlow		Wesham Road Runners & AC	35:59
11	Simon Ford		Astley & Tyldesley Road Runner	36:01
12	Denis Mason		Horwich R M I Harriers	36:09
13	Steven Doxey	V45 5	Swinton Running Club	36:11
14	Alex Rowe	V50 1	Wesham Road Runners & AC	36:12
15	Martyn Pollitt	V45 6	Burnden Road Runners	36:15
16	Keith Thomas	V50 2	Lostock AC	36:19
17	Peter Cruse	V45 7	Lytham St Annes Rr Club	36:22
18	Sean McMyler	V45 8	Wigan Phoenix	36:35
19	Adrian Harris	V50 3	Radcliffe AC	36:59
20	Rick Bowker	V45 9	Southport Waterloo AC	37:02
21	Ben Johnson		Southport Waterloo AC	37:06
22	Phil Iddon		Chorley Harriers	37:19
23	Karl Ward		Horwich R M I Harriers	37:27
24	Andy Staveley	V45 10	Burnden Road Runners	37:37
25	Simon Barker		Unattached	37:45
26	Mark Riches	V45 11	Astley & Tyldesley Road Runner	37:49
27	Scott Christy	V40 4	Astley & Tyldesley Road Runner	38:02
28	John Knowles		Burnden Road Runners	38:19
29	Paul Weall		Wigan Phoenix	38:22
30	Darr McDermott		Preston Harriers & AC	38:26
31	Pete Hopley	V40 5	Lostock AC	38:27
32	Bev Wright	L45 1	Blackpool Wyre & Fylde	38:31
33	Steve Almond	V45 12	Unattached	38:32
34	M Hargreaves		Penny Lane Striders	38:36
35	Davd Parkinson	V40 6	Burnden Road Runners	38:42
36	Matthew Nelson	V50 4	Unattached	38:43
37	Paul Christie	V55 1	Burnden Road Runners	38:53
38	Stewart Jones	V50 5	Lostock AC	38:56
39	Suzann Budgett	L45 2	Horwich R M I Harriers	38:57
40	Steve Coleman	V45 13	Astley & Tyldesley Road Runner	38:58
41	Rufus Bennett	V40 7	Astley & Tyldesley Road Runner	38:59
42	Mark Ruscoe		Astley & Tyldesley Road Runner	39:02
43	Deborah Wright	L 3	Wigan Phoenix	39:07
44	Simon Eaton		Wesham Road Runners & AC	39:19
45	Malc Collins	V40 8	Astley & Tyldesley Road Runner	39:35
46	Gary Atherton		Astley & Tyldesley Road Runner	39:38
47	Ste McNicholas	V45 14	Penny Lane Striders	39:48
48	Troy Topping	V40 9	Astley & Tyldesley Road Runner	39:54
49	Robin Shields		Radcliffe AC	40:02
50	Andrew Smith	V45 15	Unattached	40:04
51	Paul Jackson	V40 10	Astley & Tyldesley Road Runner	40:08
52	Martin Hirrell	V40 11	Penny Lane Striders	40:11
53	Brian Duffy	V55 2	Burnden Road Runners	40:13
54	Martin Carr	V45 16	Unattached	40:22
55	Richard Waring	V40 12	Swinton Running Club	40:38
56	Andrew Duffy	V45 17	Burnden Road Runners	40:45
57	Simon Marland	V50 6	Burnden Road Runners	40:52
58	Pete Mulleasy	V45 18	Astley & Tyldesley Road Runner	41:04
59	Steve Jackson	V55 3	Horwich R M I Harriers	41:11
60	Derek Lord	V45 19	Burnden Road Runners	41:13
61	D Abernethy	V40 13	Radcliffe AC	41:19
62	Alan Hilton		Astley & Tyldesley Road Runner	41:22
63	Terry Gardiner	V45 20	Astley & Tyldesley Road Runner	41:24
64	D Pinnington	V45 21	Penny Lane Striders	41:25
65	A Nightingale		Wigan Phoenix	41:30
66	Pete Kearsley	V55 4	Burnden Road Runners	41:34
67	Maria Lowe	L 4	Wigan Phoenix	41:40
68	Peter Summers	V50 7	Skelmersdale Boundary Harriers	41:41
69	Kirsty Preece	L 5	Burnden Road Runners	42:00
70	Peter Cuddy	JM 1	Unattached	42:05
71	Garry Baines	V50 8	Astley & Tyldesley Road Runner	42:10
72	Ian Kilshaw	V50 9	Southport Waterloo AC	42:15
73	Alan Webb	V40 14	Astley & Tyldesley Road Runner	42:16
74	Craig Bradbury		Astley & Tyldesley Road Runner	42:20
75	Andrew Stell		Preston Harriers & AC	42:25
76	Isaline Hughes	L40 1	Burnden Road Runners	42:26
77	Mark Lysyacia	V45 22	Astley & Tyldesley Road Runner	42:30
78	Graham Vickers	V50 10	Wesham Road Runners & AC	42:32
79	John Hillman	V40 15	Unattached	42:57
80	Nigel Shepherd	V50 11	Wesham Road Runners & AC	43:00
81	Neil Taylor	V40 16	Skelmersdale Boundary Harriers	43:03
82	Ray Smith	V60 1	Northern Veterans AC	43:29
83	P Rutherford	V45 23	Swinton Running Club	43:32
84	Shirl Staveley	L45 3	Burnden Road Runners	43:34
85	Dan Reason		Astley & Tyldesley Road Runner	43:49
86	Steve Hamer	V50 12	Radcliffe AC	43:54
87	Tom Kelly	V45 24	Unattached	43:55
88	Mike Devereux	V55 5	Penny Lane Striders	43:58
89	Lauren Marsden	L 8	Swinton Running Club	44:18
90	David Preston	V55 6	Wesham Road Runners & AC	44:23
91	Angela Delaney	L40 2	Southport Waterloo AC	44:32
92	Pete Bland	V60 2	Horwich R M I Harriers	44:33
93	Stephen Young		Preston Harriers & AC	44:42
94	Doug Feasey		Unattached	44:47
95	David Turton	V50 13	Stockport Harriers & AC	44:57
96	Sarah Greene	L40 3	Swinton Running Club	44:59
97	Mark Emmett	V50 14	Radcliffe AC	45:03
98	David Bartlett		Radcliffe AC	45:06
99	Kath Culshaw	L 11	Wigan Phoenix	45:07
100	Rob Hardwick		Penny Lane Striders	45:08
101	Emma Weall	L 12	Wigan Phoenix	45:11
102	Ian Hamilton	V55 7	Astley & Tyldesley Road Runner	45:17
103	James Arnold	V60 3	Unattached	45:18
104	Chris Jones		Unattached	45:24
105	Michae Dempsey	L40 4	Wesham Road Runners & AC	45:30
106	Philip Fowler	V55 8	Northern Veterans AC	45:37
107	P Abernethy	L40 5	Radcliffe AC	45:40
108	Stephen Berry	V60 4	Unattached	45:47
109	Barry Allman	V50 15	Horwich R M I Harriers	45:52
110	Micheala Shaw	L 15	Astley & Tyldesley Road Runner	45:56
111	Sarah Gorman	L 16	Horwich R M I Harriers	45:57
112	Chris Boardman	L 17	Horwich R M I Harriers	46:00
113	Keith Boardman		Unattached	46:04
114	Liz Turton	L50 1	Stockport Harriers & AC	46:08
115	Wayne Babyne	V45 25	Astley & Tyldesley Road Runner	46:23
116	M Chimejczwk	V55 9	Blackburn Road Runners	46:36
117	Karen Jarvis	L45 4	Unattached	46:47
118	David Culshaw	V55 10	Wigan Phoenix	46:55
119	Jane Forrest	L45 5	Lostock AC	46:56
120	Marcus Taylor		Astley & Tyldesley Road Runner	46:59
121	John Pickup	V45 26	Swinton Running Club	47:05
122	AMarie Rampley	L40 6	Radcliffe AC	47:16
123	Brenda Wane	L45 6	Astley & Tyldesley Road Runner	47:22
124	Laura Ashworth	L 23	Lytham St Annes Rr Club	47:24
125	Chr Dickinson	L45 7	Unattached	47:28
126	Gordon Strong	V50 16	Horwich R M I Harriers	47:32
127	Dave Pearson	V55 11	Lostock AC	47:34
128	David Miller	V55 12	Unattached	47:38
129	Alan Taylor	V40 17	Wesham Road Runners & AC	47:38
130	Mark Crowley	V45 27	Astley & Tyldesley Road Runner	47:51
131	Philip Howard	V60 5	Unattached	48:08
132	Steve Hart	V50 17	Swinton Running Club	48:10
133	Berin Jones	V40 18	Radcliffe AC	48:15
134	Ray Taylor	V50 18	Astley & Tyldesley Road Runner	48:18
135	Steve Foster	V45 28	Astley & Tyldesley Road Runner	48:18
136	Gary Taylor		Unattached	48:37
137	Jodie Wagstaff	L 25	Astley & Tyldesley Road Runner	48:42
138	Chris Cutner	L50 2	Southport Waterloo AC	48:43
139	Paul Carter		Wesham Road Runners & AC	48:57
140	Michael Ogle	V60 6	Chorley Harriers	48:58
141	Stephenson	V60 7	Chorley Harriers	48:58
142	Mike Roberts	V45 29	Penny Lane Striders	49:00
143	John Howarth	V55 13	Wesham Road Runners & AC	49:03
144	Carole Baines	L45 8	Astley & Tyldesley Road Runner	49:05
145	John Reed	V60 8	Unattached	49:12
146	Peter Marsh	V60 9	Swinton Running Club	49:34
147	Eileen Royle	L60 1	Radcliffe AC	49:39
148	Ed Swift	V60 10	Horwich R M I Harriers	49:43
149	Stuart Cann	V45 30	Deepdale Dashers	49:46
150	Lindsey Carter	L 29	Astley & Tyldesley Road Runner	49:48
151	Paula Stell	L 30	Preston Harriers & AC	49:57
152	Davd Pritchard	V40 19	Astley & Tyldesley Road Runner	50:33
153	Gill Burnell	L60 2	Horwich R M I Harriers	50:40
154	M Fairclough	L 32	Astley & Tyldesley Road Runner	51:08
155	Michael Davies	V45 31	Tattenhall Runners	51:22
156	Clare Foster	L 33	Burnden Road Runners	51:23
157	Jane Blacklin	L45 9	Unattached	52:07
158	Rebecca Mills	L 35	Swinton Running Club	52:09
159	Paul Walmsley	V50 19	Blackburn Road Runners	52:16
160	Ben Gaskell	V50 20	Unattached	52:22
161	Peter Edwards	V70 1	Northern Veterans AC	52:25
162	Jim Sutcliffe	V40 20	Radcliffe AC	52:28
163	Darrm Charnley		Unattached	52:43
164	Dave Hitchen	V60 11	Burnden Road Runners	52:47
165	John Sands	V65 1	Wigan Phoenix	53:20
166	Susan Williams	L40 7	Burnden Road Runners	53:22
167	Ray Stafford	V70 2	Horwich R M I Harriers	53:26
168	P Widdowson	L 37	Unattached	53:38

169	Angela Bell	L40 8	Radcliffe AC	54:46	179	Geoff Howard	V70 3	Northern Veterans AC	58:59
170	Iain Harris	V6012	Radcliffe AC	55:10	180	Louisa Hughes	L4011	Unattached	59:39
171	Liz Hopley	L40 9	Lostock AC	55:14	181	Jacqui Beevers	L55 1	Burnden Road Runners	59:43
172	Carol Hart	L4510	Swinton Running Club	55:25	182	Fiona Salt	L 47	Burnden Road Runners	59:59
173	Andy Smith		Swinton Running Club	56:15	183	Sheil Marshall	L60 3	Southport Waterloo AC	1:00:23
174	Michelle Ford	L 41	Unattached	56:26	184	Lorr Nordmann	L4512	Unattached	1:00:23
175	Vaness Thomson	L 42	Astley & Tyldesley Road Runner	57:10	185	Jenny Taylor	L16 1	Astley & Tyldesley Road Runner	1:06:17
176	Malcolm Towler	V65 2	Northern Veterans AC	57:39	186	Den Adelsberg	V75 1	Skelmersdale Boundary Harriers	1:12:57
177	Julie Jenkins	L4511	Astley & Tyldesley Road Runner	58:52					
178	Den Babyne	L4010	Astley & Tyldesley Road Runner	58:54					

Rufford 10K - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Horwich R M I Harriers	46	—	2	Colin Rigby	9	Steve Nolan	12	Denis Mason	23	Karl Ward
2	Astley & Tyldesley Road Runner	46	—	4	Paul Mannon	6	Peter Chan	11	Simon Ford	25	Mark Riches
3	Burnden Road Runners	98	—	15	Martyn Pollitt	24	Andy Staveley	27	John Knowles	32	Davd Parkinson
4	Wigan Phoenix	108	—	5	David Townsend	18	Sean McMyler	28	Paul Weall	57	A Nightingale
5	Southport Waterloo AC	110	—	8	Robert McGrath	20	Rick Bowker	21	Ben Johnson	61	Ian Kilshaw
6	Wesham Road Runners & AC	128	—	10	Lee Barlow	14	Alex Rowe	38	Simon Eaton	66	Graham Vickers
7	Lostock AC	170	—	16	Keith Thomas	30	Pete Hopley	34	Stewart Jones	90	Dave Pearson
8	Penny Lane Striders	173	—	31	M Hargreaves	41	Ste McNicholas	45	Martin Hirrell	56	D Pinnington
9	Radcliffe AC	187	—	19	Adrian Harris	43	Robin Shields	53	D Abernethy	72	Steve Hamer
10	Swinton Running Club	218	—	13	Steven Doxey	47	Richard Waring	70	P Rutherford	88	John Pickup
11	Northern Veterans AC	374	—	69	Ray Smith	82	Philip Fowler	108	Peter Edwards	115	Malcolm Towler

Rufford 10K - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Burnden Road Runners	18	—	5	Kirsty Preece	6	Isaline Hughes	7	Shirl Staveley
2	Wigan Phoenix	18	—	3	Deborah Wright	4	Maria Lowe	11	Kath Culshaw
3	Horwich R M I Harriers	35	—	2	Suzann Budgett	16	Sarah Gorman	17	Chris Boardman
4	Swinton Running Club	50	—	8	Lauren Marsden	10	Sarah Greene	32	Rebecca Mills
5	Astley & Tyldesley Road Runner	59	—	15	Micheala Shaw	21	Brenda Wane	23	Jodie Wagstaff
6	Radcliffe AC	60	—	14	P Abernethy	20	AMarie Rampley	26	Eileen Royle
7	Southport Waterloo AC	75	—	9	Angela Delaney	24	Chris Cutner	42	Sheil Marshall