

Start Fitness NE Harrier League 14th March

Prudhoe

Provisional Results for All Competitors in finish order.

Senior Men	Handicaps 2min 30s and 5 min								
1	0:34:24	JONES, Gary	(2) Blyth RC	S	76	0:38:10	ATKINSON, David	(2) Houghton AC	S
2	0:34:42	ADDYMAN, Phillip	(3) Ryton Tri	S	77	0:38:11	DIXON, Gordon	(1) Morpeth H	M(V)
3	0:35:19	TAYLOR, Graeme	(3) Jarrow & Hebburn AC	M	78	0:38:12	BAKER, Micky	(1) Wallsend H	S(V)
4	0:35:28	BUIJS, James	(1) Heaton Harriers	F	79	0:38:13	TAIT, Paul	(1) Tynedale H	S(V)
5	0:35:56	HUNT, Graham	(1) Durham City H	M	80	0:38:14	DIXON, Paul	(1) Elswick H	M(V)
6	0:36:00	DAVIES, Mark	(1) Morpeth H	M	81	0:38:15	MASTERMAN, David	(1) Durham City H	M
7	0:36:05	BELL, Stewy	(3) Chester-le-Street	F(V)	82	0:38:16	REAY, David	(3) Derwentside AC	S
8	0:36:12	KIRKLAND, David	(1) Alnwick Harriers	F	83	0:38:17	JONES, Mike	(1) South Shields	M(V)
9	0:36:20	HORSLEY, Will	(2) Elvet Striders	M	84	0:38:20	JENKINS, Archie	(1) Morpeth H	S(V)
10	0:36:22	LEIGH, Paul	(1) Wallsend H	S(V)	85	0:38:22	RANSON, David	(2) Birtley	S(V)
11	0:36:24	BROMLEY, Ian	(1) Tynedale H	S	86	0:38:23	LAYCOCK, Brian	(3) Jesmond Joggers	S
12	0:36:26	ALLSOP, Tim	(2) Sunderland Strollers	S	87	0:38:24	COPLAND, Alan	(1) Tynedale H	M
13	0:36:34	KELLY, Bryan	(2) Low Fell RC	S(V)	88	0:38:25	DRUMMOND, Colin	(2) Low Fell RC	M(V)
14	0:36:37	DUFFY, Patrick	(1) Crook AC	M	89	0:38:26	BIGGS, Andy	(1) Durham City H	M(V)
15	0:36:39	FRANKS, Conrad	(2) Gateshead H	F	90	0:38:28	O'NEILL, Kevin	(2) Sunderland Strollers	S(V)
16	0:36:45	GOULSON, Ian	(2) Claremont RR	S(V)	91	0:38:29	HEWITSON, Geoff	(1) Crook AC	S(V)
17	0:36:49	HUXLEY, Gareth	(1) Wallsend H	M	92	0:38:31	DONNEKY, John S	(3) Derwentside AC	F
18	0:36:53	HALL, Mark	(1) Wallsend H	M(V)	93	0:38:32	STEVENS, Andrew	(3) Ryton Tri	S(V)
19	0:36:57	ROBERTS, Andy	(1) Heaton Harriers	S	94	0:38:34	ADAMS, Luke	(3) Jarrow & Hebburn AC	F
20	0:37:00	MOORE, Philip	Darlington H	M	95	0:38:35	STRAKER, David	(1) Alnwick Harriers	S(V)
21	0:37:04	STEPHENS, John	(2) Low Fell RC	M(V)	96	0:38:38	VINCENT, Phil	(1) Tynedale H	M
22	0:37:05	ALLISON, Jason	(1) Crook AC	M	97	0:38:39	MORGAN, Lee	(1) Wallsend H	S
23	0:37:07	DOUGHTY, Tom	(1) Sunderland Harriers	F(V)	98	0:38:40	CARTER, Stuart	(1) Alnwick Harriers	S
24	0:37:08	SIMON, Ian	(1) Alnwick Harriers	M	99	0:38:41	MOIR, David	(1) Wallsend H	M
25	0:37:08	LYDON, Dan	(2) Sunderland Strollers	M	100	0:38:41	DUNLOP, Paul	(2) Sunderland Strollers	S(V)
26	0:37:10	BROWN, Nigel	(3) Chester-le-Street	S(V)	101	0:38:42	DARKE, Peter	(2) Sunderland Strollers	S(V)
27	0:37:11	CLARK, Stevie	(2) North Shields Poly	S(V)	102	0:38:44	HUTCHINSON, Paul	(1) Tynedale H	S
28	0:37:11	BISHOP, Gerald	(2) Low Fell RC	M	103	0:38:45	BENNETT, Mike	(2) Elvet Striders	S(V)
29	0:37:14	ROE, Lee	(1) Heaton Harriers	F	104	0:38:47	CASSIDY, Neil	(1) Tynedale H	M(V)
30	0:37:16	HAND, Rob	(1) Durham City H	F(V)	105	0:38:49	MCREADY, Brian	(1) Crook AC	S
31	0:37:17	DEACON, Craig	(3) Jarrow & Hebburn AC	S	106	0:38:52	SYERS, Graham	(1) Alnwick Harriers	M
32	0:37:19	MACPHERSON, Ken	(1) Wallsend H	M(V)	107	0:38:53	GREY, Stephen	(1) Elswick H	F(V)
33	0:37:21	BELL, David	(3) Gosforth H	S(V)	108	0:38:54	BEANEY, David	(2) Claremont RR	S(V)
34	0:37:21	SMITH, Les	(1) Heaton Harriers	M	109	0:38:55	BIRD, Trevor	(3) Gosforth H	S(V)
35	0:37:22	ELLIOTT, Keith	(1) Sunderland Harriers	S(V)	110	0:38:56	ALDER, Jim	(1) Morpeth H	S(V)
36	0:37:23	RENNISON, Mick	(2) Sunderland Strollers	S	111	0:38:58	THOMPSON, Jim	(2) Saltwell Harriers	M(V)
37	0:37:23	ROBSON, Gary	(2) North Shields Poly	S	112	0:38:59	WATSON, Geoff	(1) Durham City H	M
38	0:37:23	REDMAN, Paul	(1) Sunderland Harriers	M(V)	113	0:39:00	HALL, Richard	(2) Gateshead H	M
39	0:37:24	DANIELS, David	(1) Wallsend H	M	114	0:39:02	JUDSON, Fred	(1) Sunderland Harriers	S(V)
40	0:37:24	BURNS, Graham	(3) Blackhill Bounders	M(V)	115	0:39:03	MCMILLAN, Brendan	(2) Claremont RR	F
41	0:37:25	ATKINSON, Nick	(1) South Shields	S	116	0:39:04	CONWAY, Ged	(2) Saltwell Harriers	S(V)
42	0:37:27	AYRES, Kevin	(1) South Shields	S(V)	117	0:39:05	BRADY, Melvin	(2) Saltwell Harriers	S(V)
43	0:37:28	BELL, Jon	(1) Elswick H	M(V)	118	0:39:06	PHILLIPS, Lee	(1) Wallsend H	S
44	0:37:30	HILTON, Paul	(1) Wallsend H	M(V)	119	0:39:07	DENNIS, John	(1) Crook AC	S(V)
45	0:37:31	BRANSTON, Philip	(2) Gateshead H	M(V)	120	0:39:08	DALEY, Sam	(1) Heaton Harriers	S(V)
46	0:37:31	DOBSON, Jonathan	(1) Sunderland Harriers	M	121	0:39:10	ARMSTRONG, Michael	(2) Sunderland Strollers	S(V)
47	0:37:32	NICHOLSON, David	(2) Low Fell RC	S(V)	122	0:39:12	JEREMY, Bailey	(1) Crook AC	S
48	0:37:33	JAMESON, Barry	(1) Tynedale H	M(V)	123	0:39:14	THOMAS, Kevin	(3) Gosforth H	S(V)
49	0:37:33	PATON, Harry	(3) Newcastle Uni	F	124	0:39:16	JARDINE, Oliver	(1) Heaton Harriers	S
50	0:37:34	MACEY, Keith	(1) South Shields	M(V)	125	0:39:19	TODD, Michael	(1) Wallsend H	S(V)
51	0:37:35	GUY, Chris	(1) Wallsend H	S(V)	126	0:39:20	SALKELD, Ian	(3) Jarrow & Hebburn AC	S
52	0:37:36	BUNN, Michael	(3) Jarrow & Hebburn AC	S(V)	127	0:39:21	MATTHEWS, Harry	(1) Elswick H	S(V)
53	0:37:37	ROONEY, Peter	(1) South Shields	S(V)	128	0:39:22	DUNLOP, Sean	(2) Low Fell RC	M(V)
54	0:37:39	STEPHENS, Jonathon	(2) Low Fell RC	M	129	0:39:25	COOPER, Paul R	(1) Sunderland Harriers	S
55	0:37:40	HETHERINGTON, Brian	(1) Wallsend H	S(V)	130	0:39:26	FOSTER, Ben	(1) South Shields	M
56	0:37:42	SMITH, Fred	(2) Saltwell Harriers	M(V)	131	0:39:28	STOBBS, Jason	(2) Gateshead H	M
57	0:37:43	MCKINNON, Iain	(1) Heaton Harriers	S	132	0:39:29	AGAN, Richard	(1) Alnwick Harriers	M
58	0:37:45	BROWN, Steven	(1) Tynedale H	S(V)	133	0:39:32	COOPER, Nick	(2) Claremont RR	S
59	0:37:46	MCENTEE, Scott	(1) Heaton Harriers	S	134	0:39:34	SHAW, Barry	(3) Blackhill Bounders	S(V)
60	0:37:48	COXON, Syd	(1) Tynedale H	M(V)	135	0:39:36	OAKES, Karl	(2) Birtley	M
61	0:37:52	EMBLETON, Dave	(1) Wallsend H	M(V)	136	0:39:42	BINGHAM, Hugh	(1) Tynedale H	M(V)
62	0:37:53	MACDONALD, Alistair	(1) Morpeth H	M(V)	137	0:39:43	HOWE, Paul	(1) Heaton Harriers	M
63	0:37:54	BARKLEY, Rob	(2) Blyth RC	M	138	0:39:44	FRASER, Walter	(2) Saltwell Harriers	S(V)
64	0:37:54	MCGAHEY, Tim	(3) Jesmond Joggers	S(V)	139	0:39:45	SKELDON, Mick	(1) Wallsend H	M
65	0:37:56	TAIT, Ted	(1) Durham City H	M(V)	140	0:39:46	ALLSOPP, Barry	(1) Wallsend H	S(V)
66	0:37:57	CLARK, Andrew	(3) Jarrow & Hebburn AC	S	141	0:39:47	BOWMAN, William	(2) Houghton AC	S(V)
67	0:37:58	ROBINSON, Ian	(1) Heaton Harriers	M	142	0:39:48	MCDONALD, Chris	(1) South Shields	M(V)
68	0:37:59	BRADSHAW, Graham	(1) Crook AC	S(V)	143	0:39:49	MCDERMOTT, John	(2) Houghton AC	S(V)
69	0:37:59	PATON, Chris	(2) Gateshead H	F	144	0:39:51	BOARMAN, David	(1) Heaton Harriers	S(V)
70	0:38:00	COUPLAND, Ronnie	(1) Tynedale H	S	145	0:39:52	COLES, Louis	(2) Claremont RR	S
71	0:38:00	BAILES, Brian	(2) Birtley	S(V)	146	0:39:53	MEDD, Steven	(2) Gateshead H	S
72	0:38:04	FORD, Tom	(2) Saltwell Harriers	S	147	0:39:54	BEATTY, Andy	(3) Ryton Tri	S
73	0:38:07	STEPHENSON, Kevin	(1) Elswick H	F(V)	148	0:39:55	GREY, Peter	(1) Alnwick Harriers	M(V)
74	0:38:08	WEATHERILL, Daniel	(1) Wallsend H	S	149	0:39:56	INSKIP, Paul	(1) Heaton Harriers	S(V)
75	0:38:09	NETTLEWORTH, Rich	(1) South Shields	S(V)	150	0:39:57	MARSHALL, Stephen	(1) Durham City H	M(V)

151	0:39:59	SLATER, Martin	(2) Gateshead H	M	231	0:46:38	RAINE, William	(3) Aurora	S(V)
152	0:40:00	YOUNG, David	(1) Wallsend H	S(V)	232	0:46:39	CHARLTON, Tony	(3) Gosforth H	S(V)
153	0:40:04	DOXFORD, Paul	(1) South Shields	M(V)	233	0:46:52	MAXWELL, Ross	(1) Tynedale H	S(V)
154	0:40:08	PRATHALINGHAM, Nilendran	(2) Claremont RR	S	234	0:46:55	WHITAKER, Eric	(3) Blackhill Bounders	S(V)
155	0:40:12	GRIFFITHS, Tim	(1) Tynedale H	S(V)	235	0:47:04	WEAVERS, Keith	(3) Aurora	S(V)
156	0:40:13	WILSON, Ed	(1) South Shields	S(V)	236	0:47:40	MULLISS, Allen	(1) Heaton Harriers	S(V)
157	0:40:14	MUIR, Chris	(1) South Shields	F	237	0:47:42	WEBB, Andrew	(2) North Shields Poly	S(V)
158	0:40:15	CARRAHAR, Kevin	(1) Sunderland Harriers	S(V)	238	0:48:01	O'REILLY, Michael	(3) Jarrow & Hebburn AC	S
159	0:40:17	JOHNSON, Lawrence	(2) Low Fell RC	S(V)	239	0:48:18	HOWE, David	(3) Derwentside AC	S(V)
160	0:40:18	ROBINSON, Neil	(1) Wallsend H	S	240	0:48:24	WRIGHT, David	(2) Low Fell RC	S(V)
161	0:40:19	O'NEILL, Hugh	(3) Jesmond Joggers	S	241	0:48:29	ROBINSON, Craig	(2) Birtley	S
162	0:40:21	DODDS, Alistair	(2) Houghton AC	S	242	0:49:02	MADDOCKS, Tony	(1) Wallsend H	S(V)
163	0:40:22	LONGMAN, Lucas	(1) Heaton Harriers	M	243	0:49:03	HITCHON, Thomas	(2) North Shields Poly	S
164	0:40:25	CHRISTOPHER, Len	(1) Sunderland Harriers	S(V)	244	0:49:38	MITSIDES, Dave	(1) Wallsend H	S(V)
165	0:40:27	READMAN, Alan	(2) Houghton AC	S(V)	245	0:49:54	HART, Terry	(2) Blyth RC	S(V)
166	0:40:29	HUGHES, Paul	(2) North Shields Poly	S(V)	246	0:49:55	MURRAY, Gerard	(3) Derwentside AC	S(V)
167	0:40:30	LINDSAY, Robert	(1) Durham City H	M	247	0:50:12	ROBSON, Dave	(2) Elvet Striders	S(V)
168	0:40:31	ROBSON, Dean	(2) Sunderland Strollers	S	248	0:50:44	HARRISON, Graham	(2) Saltwell Harriers	S(V)
169	0:40:32	SMITH, Jeremy	(2) Claremont RR	S(V)	249	0:51:04	BLAND, Michael	(2) North Shields Poly	S
170	0:40:37	LAVERY, Lindsey	(1) South Shields	M	250	0:51:08	MCCORMICK, Ken	(2) Claremont RR	S(V)
171	0:40:41	MITSIDES, Chris	(1) Wallsend H	M	251	0:51:22	ADAMSON, George	(2) North Shields Poly	S(V)
172	0:40:45	PITT, Michael	(2) Saltwell Harriers	S	252	0:51:28	CHECKLEY, Reg	(1) Heaton Harriers	S(V)
173	0:40:48	HARTLEY, Andrew	(1) Elswick H	M(V)	253	0:51:32	SHIPMAN, David	(2) Elvet Striders	S(V)
174	0:40:50	DIXON, Paul	(2) Sunderland Strollers	S(V)	254	0:52:02	HUME, Geoff	(2) Low Fell RC	S(V)
175	0:40:53	MILBURN, Neil	(3) Derwentside AC	S	255	0:52:15	GREAVES, Laurence	(3) Aurora	S(V)
176	0:40:57	BYRON, Marcus	(1) Tynedale H	S(V)	256	0:52:20	EVERSON, Colin	(1) Crook AC	S(V)
177	0:40:59	DAVIS, Geoff	(2) Elvet Striders	S(V)	257	0:53:03	HUTCHINSON, Anthony	(2) Low Fell RC	S
178	0:41:01	PHILLIPS, Les	(1) Durham City H	S(V)	258	0:53:06	WHITE, Colin	(2) Claremont RR	S(V)
179	0:41:03	HOOD, Cory	Sunderland harriers (NC)	M	259	0:53:26	PRUDHAM, Joe	(3) Jarrow & Hebburn AC	S(V)
180	0:41:05	BROWN, Paul	(1) Wallsend H	S(V)	260	0:53:37	PURDHAM, Allen	(1) Crook AC	S(V)
181	0:41:12	MILLMORE, Lee	(2) Birtley	F	261	0:58:54	KELLY, Patrick	(2) Birtley	S(V)
182	0:41:13	HINDHAUGH, Paul	(2) Gateshead H	S	262	1:01:54	PURVIS, Alan	(2) Elvet Striders	S(V)
183	0:41:20	DUNCAN, Lee	(3) Jarrow & Hebburn AC	S					
184	0:41:23	ASTON, Luke	(2) Blaydon Harriers	M			Division 1		
185	0:41:24	POPE, John	(2) Birtley	S			1 Wallsend 82		
186	0:41:26	WILSON-CRAW, Alasdair	(2) Claremont RR	S(V)			2 Heaton 106		
187	0:41:27	WEIGHTMAN, Owen	(1) Crook AC	M(V)			3 Tynedale 184		
188	0:41:29	WEIGHTMAN, Robert	(2) Gateshead H	S(V)			4 South Shields 191		
189	0:41:42	EMMETT, Vince	(1) Sunderland Harriers	M(V)			5 Sunderland H 214		
190	0:41:43	JAMESON, Philip	(1) Tynedale H	M			6 Durham 219		
191	0:41:57	HANSON, Tom	(1) Elswick H	S(V)			7 Crook 239		
192	0:42:03	REED, Derek	(1) Wallsend H	M(V)			8 Alnwick 266		
193	0:42:19	SHAW, Ian	(3) Blackhill Bounders	S(V)			9 Elswick 345		
194	0:42:22	RICHARDSON, Steven	(2) Blyth RC	S(V)					
195	0:42:23	JOBSON, Warren	(3) Derwentside AC	S(V)			Division 2		
196	0:42:30	MULLARKEY, Peter	(2) Saltwell Harriers	S(V)			1 Low Fell 72		
197	0:42:42	JAMES, Phil	(2) Saltwell Harriers	S(V)			2 Sunderland S 98		
198	0:42:51	BOND, Steven	(3) Gosforth H	S			3 Gateshead 145		
199	0:43:14	CROFT, James	(2) Houghton AC	S(V)			4 Saltwell 169		
200	0:43:18	PEARSON, Stephen	(2) Houghton AC	S(V)			5 Claremont 189		
201	0:43:19	MCDONALD, Ian	(3) Jesmond Joggers	S(V)			6 Birtley 258		
202	0:43:22	CHROSTOWSKI, Mark	(2) Birtley	S			7 Houghton 261		
203	0:43:32	LEONARD, Simon	(2) Houghton AC	S			8 Blyth 292		
204	0:43:34	WINTER, Geoffrey	(3) Blackhill Bounders	S(V)			9 NSP 314		
205	0:43:37	NESBIT, Andrew	(3) Blackhill Bounders	S(V)			10 Elvet 327		
206	0:43:43	TODD, William	(1) Wallsend H	S(V)					
207	0:43:48	ROBINS, Dan	(1) Heaton Harriers	F			Division 3		
208	0:43:59	BUSH, Steve	(2) Blyth RC	S			1 Jarrow & Hebburn 62		
209	0:44:02	GRAY, David	(3) Blackhill Bounders	S(V)			2 Jesmond Joggers 141		
210	0:44:03	KEAR, David	(2) Claremont RR	S(V)			3 Blackhill B 142		
211	0:44:05	STEWART, Graeme	(2) Blyth RC	S			4 Derwentside 153		
212	0:44:10	BROWN, Brian	(1) Durham City H	S(V)					
213	0:44:21	DOBSON, Ben	(2) Houghton AC	S(V)			Fastest		
214	0:44:27	MITCHELL, Paul	(1) Tynedale H	S(V)			1 Buis		
215	0:44:37	SKIRROW, Graham	(1) Alnwick Harriers	S			2 Bell		
216	0:44:42	WOOD, Fred	(2) Sunderland Strollers	S(V)			3 Kirkland		
217	0:44:47	COWELL, Ian	(1) Tynedale H	S(V)					
218	0:44:55	GIBSON, Paul	(2) Elvet Striders	S(V)					
219	0:44:57	HARBISHER, Martin	(1) Crook AC	S(V)					
220	0:45:00	USHER, Brian	(3) Aurora	S(V)					
221	0:45:08	HUME, Brian	(2) Low Fell RC	S(V)					
222	0:45:19	HUNTER, Mike	(3) Jesmond Joggers	S(V)					
223	0:45:24	BRADLEY, Dave	(2) Blyth RC	S(V)					
224	0:45:32	GIBSON, John	(1) Heaton Harriers	S					
225	0:45:35	SANDERS, David	(1) Heaton Harriers	S(V)					
226	0:45:56	RELTON, Melvyn	(3) North East Vets	S(V)					
227	0:46:05	FRASER, Tom	(3) Jesmond Joggers	S					
228	0:46:31	STEPHENSON, John	(2) Saltwell Harriers	S(V)					
229	0:46:32	RUSSELL, George	(2) Low Fell RC	M(V)					
230	0:46:34	THOMPSON, David	(3) Derwentside AC	S					

Under 17 Men		Handicap 3 min							
1	0:24:11	JOHNSTON, Liam	Jarrow & Hebburn	F	6	0:25:20	TURNBULL, Johnathan	Gateshead H	F
2	0:24:14	REED, Nathan	Sunderland H	F	7	0:25:20	WOOLLETT, James	Alnwick Harriers	
3	0:24:29	HEARN, Samuel	Tynedale H	F	8	0:25:42	MONTGOMERY, Nicholas	Blaydon Harriers	F
4	0:24:44	WAITE, Jason	Sunderland H	F	9	0:26:38	BENNETT, Alan	Birtley AC	
5	0:25:02	KILBRIDE, Michael	Sunderland H	F	10	0:27:27	FLETCHER, Daniel	Birtley AC	

Teams
1 Sunderland H 11

Fastest
1 Johnston
2 Reed
3 Hearn

Under 15 Boys		Handicap 1min 40s							
1	0:14:40	BROWN, Josh	Tynedale H	F	11	0:16:12	TODHUNTER, Mark	Tynedale H	
2	0:14:54	GREENWOOD, Simeon	Tynedale H	F	12	0:16:14	CUNNINGTON, Dan	Tynedale H	F
3	0:15:15	ROBLEY, Kieran	Tynedale H	F	13	0:16:25	FAIRLESS, Nathan	Tynedale H	
4	0:15:27	HANCOX, Sam	Morpeth H		14	0:16:28	BALMAIN, Daniel	Elswick H	F
5	0:15:34	STEWART, James	Tynedale H	F	15	0:16:51	ALLISON, Thomas	Tynedale H	F
6	0:15:44	TURNER, Daniel	Birtley AC	F	16	0:17:02	YATES, Alistair	Tynedale H	
7	0:15:51	LAIDLAW, Cameron	Elswick H	F	17	0:17:05	LEWIS, Edward	Gosforth H	
8	0:15:54	COULSON, Phillip	Sunderland H		18	0:17:10	TURNBULL, Matthew	Gateshead H	F
9	0:15:59	BAILES, Adrian	Birtley AC	F	19	0:17:30	HOBSON, Daniel	Elswick H	F
10	0:16:09	MORGAN, Callum	Chester-le-Street	F	20	0:18:08	MCGORRIGAN, Adam	Birtley AC	

Teams
1 Tynedale 6
2 Birtley 35
3 Elswick 40

Fastest
1 Brown
2 Greenwood
3 Robley

Under 13 Boys		Handicap 1min 20s							
1	0:12:34	SKIPSEY, Arren	Blaydon Harriers		24	0:14:16	ROBSON, William	North Shields Poly	
2	0:12:54	ELDER, Joe	Morpeth H		25	0:14:20	ROBLEY, Ryan	Tynedale H	
3	0:12:55	IRVINE, Luca	Sunderland H	F	26	0:14:25	WHITFIELD, Alex	Tynedale H	
4	0:13:13	TROTTER, Joseph	Derwentside AC		27	0:14:26	NICHOLSON, Mark	Blyth RC	
5	0:13:14	DANBY PLATT, Hugh	Sunderland H (NC)	F	28	0:14:29	ROBINSON, Jack	Sunderland H	
6	0:13:18	WALLET, Anthony	North Shields Poly	F	29	0:14:32	LEWIS, Jonny	Gosforth H	F
7	0:13:25	HOOD, Martin	Morpeth H		30	0:14:38	THOMAS, Mark	Gosforth H	
8	0:13:28	DOBINSON, George	Gosforth H		31	0:14:40	CRIPWELL, James	Gateshead H	F
9	0:13:33	HILL, Dominic	Sunderland H	F	32	0:14:41	SHORT, Andrew	Chester-le-Street	
10	0:13:33	ANDERSON, Ryan	Elswick H	F	33	0:14:41	FEELEY, Brandon	Chester-le-Street	
11	0:13:45	PEVERLEY, Robert	Chester-le-Street		34	0:14:47	WALKER, Joe	Elswick H	F
12	0:14:01	KIRK, Jonathan	Houghton AC		35	0:14:48	CARTWRIGHT, Daniel	Gosforth H	F
13	0:14:03	EWART, Adam	Gosforth H	F	36	0:14:49	ROBSON, Ethan	Elswick H	F
14	0:14:03	FITZSIMON, Nathan	Sunderland H		37	0:14:54	PAULSEN, Henrik	Morpeth H	
15	0:14:05	STEEL, Ben	Morpeth H		38	0:14:56	MYERS, James	Sunderland H	F
16	0:14:05	CURRIE, Jonathan	Tynedale H	F	39	0:15:00	GILL, Gurieevan	Gosforth H	F
17	0:14:08	IRVINE, Markus	Sunderland H		40	0:15:48	SKIRROW, George	Alnwick Harriers	F
18	0:14:08	JOHNSON, Tom	Sunderland H	F	41	0:16:15	RANSON, Edward	Birtley AC	
19	0:14:08	CRAIG, Ben	Sunderland H	F	42	0:16:15	BELL, Jordan	Blackhill Bounders	
20	0:14:11	MALLEN, Joseph	Alnwick Harriers	F	43	0:16:20	SUTTON, Daniel	Derwentside AC	
21	0:14:12	BROTHERTON, Daniel	Houghton AC	F	44	0:16:21	LAIDLAW, Robert	Elswick H	F
22	0:14:14	GOULDEN, Tom	Chester-le-Street		45	0:16:33	MURRAY, Alex	Gosforth H	
23	0:14:14	DOBSON, Jonathan	Houghton AC	F	46	0:18:40	HOPE, Kyle	Low Fell	

Teams
1 Morpeth 24
2 Sunderland H 26
3 Gosforth 50
4 Houghton 56
5 Chester-le-Street 65
6 Tynedale 67
7 Elswick 80

Fastest
1 Irvine
2 Danby Platt
3 Wallett

Senior Women		Handicap 3min							
1	0:25:37	SIMPSON, Kim	Gateshead Harriers	F	38	0:28:44	PRESTON, Sally	Heaton Harriers	S(V)
2	0:26:00	SCOTT, Samantha	Tynedale Harriers	S	39	0:28:49	LEMIN, Julie	Blyth RC	S
3	0:26:03	TURVEY, Anna	Heaton Harriers	F	40	0:28:55	SPENCE, Laura	Heaton Harriers	F
4	0:26:15	LAWS, Tracy	Chester-le-Street	F	41	0:28:58	RATCLIFF, Caroline	Durham City	F(V)
5	0:26:17	HOLT, Michelle	Sunderland Harriers	F	42	0:29:00	ARCHIBOLD, Judith	Heaton Harriers	S(V)
6	0:26:38	SCOTT, Steph	Tynedale Harriers	S(V)	43	0:29:03	CHRISTIE, Sarah	Alnwick Harriers	F
7	0:26:48	LAPPING, Jennifer	Tynedale Harriers	S	44	0:29:04	CHAMPION, Joy	Sunderland Strollers	S(V)
8	0:26:48	JONES, Katie	North Shields Poly	S(V)	45	0:29:06	TURLEY, Fiona	Heaton Harriers	F
9	0:26:54	ROBERTSON, Karen	Tynedale Harriers	F(V)	46	0:29:13	PAWSEY, Wendy	North Shields Poly	F
10	0:26:56	WHITE, Philippa	Durham City	S	47	0:29:15	BROWN, Liane	Blaydon Harriers	F
11	0:27:01	ZOPPI, Joanna	Heaton Harriers	F	48	0:29:15	BENTHAM, Kerry	Wallsend Harriers	S
12	0:27:02	SAMPLE, Tracey	Alnwick Harriers	S(V)	49	0:29:21	LORAIN, Maggie	Gateshead Harriers	F(V)
13	0:27:06	MAGOWAN, Moyra	Sunderland Strollers	S(V)	50	0:29:21	DALTON, Alyson	Sunderland Strollers	S(V)
14	0:27:11	LONSDALE, Davina	Blyth RC	S(V)	51	0:29:27	WALTON, Emma	Wallsend Harriers	F
15	0:27:16	WHITE, Steph	Tynedale Harriers	S(V)	52	0:29:29	BRUCE, Claire	Morpeth Harriers	F(V)
16	0:27:17	LEMON, Sarah	Heaton Harriers	S	53	0:29:36	GILROY, Vicky	North Shields Poly	S(V)

17	0:27:18	SKELDEN, Krystal	Wallsend Harriers	S(V)	54	0:29:41	BREWIS, Melanie	Sunderland Strollers	S
18	0:27:20	HALES, Debbie	Durham City	S	55	0:29:49	LAMB, Liz	Elvet Striders	S(V)
19	0:27:23	FRIEND, Jenny	Heaton Harriers	S(V)	56	0:30:04	CHINNERY, Rachel	Tynedale Harriers	F(V)
20	0:27:27	HUNTER, Angela	Chester-le-Street	F	57	0:30:18	OATES, Elizabeth	Crook AC	S
21	0:27:41	MORRIS, Helen	Blyth RC	S(V)	58	0:30:28	MACDONALD, Margaret	Morpeth Harriers	S(V)
22	0:27:50	BUIS, Clare	Heaton Harriers	F	59	0:30:53	MACDONALD, Lisa	Saltwell Harriers	S
23	0:27:54	DAVIS, Susan	Elvet Striders	S(V)	60	0:30:54	BALL, Carole	Sunderland Strollers	S(V)
24	0:27:58	LOUGHNEY, Karen	North Shields Poly	S(V)	61	0:30:55	DOUGLAS, Louise	Blyth RC	S
25	0:27:58	DOOLEY, Joanne	Tynedale Harriers	F	62	0:30:59	IVES, Jane	Elvet Striders	S
26	0:28:06	GODDARD, Debs	Elvet Striders	S(V)	63	0:31:05	ROBINSON, Emma	North Shields Poly	S(V)
27	0:28:08	WATT, Kathryn	Sunderland Harriers	S	64	0:31:32	CLUGHEN, Susan	Sunderland Harriers	S(V)
28	0:28:09	HINDSON, Victoria	Wallsend Harriers	F	65	0:32:05	STONE, Diane	Saltwell Harriers	S
29	0:28:11	WALKER, Lisa	Wallsend Harriers	S(V)	66	0:32:12	GRIFFITHS, Philippa	Tynedale Harriers	S(V)
30	0:28:19	ANDERSON, Clare	Sunderland Strollers	S(V)	67	0:33:56	FOSTER, Lesley	Sunderland Strollers	S(V)
31	0:28:24	FENWICK, Joy	Wallsend Harriers	F	68	0:34:18	KEITH, Rachel	Wallsend Harriers	S
32	0:28:26	MARR, Lynne	Tynedale Harriers	S(V)	69	0:35:03	SPROATS, Joanne	Sunderland Strollers	S
33	0:28:28	CHANEY, Diane	Ryton Tri	S(V)	70	0:35:22	LUERY, Clare	Sunderland Harriers	S(V)
34	0:28:29	NEILSON, Karen	North Shields Poly	S(V)	71	0:36:23	RICHARDSON, Sharon	Blyth RC	S(V)
35	0:28:39	SYERS, Sarah	Alnwick Harriers	S(V)	72	0:37:20	WILKINSON, Sandra	Sunderland Strollers	S
36	0:28:40	BRUCE, Helen	Blyth RC	S	73	0:40:34	REED, Lesley Anne	Stockfield Striders	S(V)
37	0:28:42	THOMPSON, Vicki	Jarrow & Hebburn AC	S(V)					

Teams

- 1 Tynedale 15
- 2 Heaton 30
- 3 NSP 66
- 4 Durham 69
- 5 Blyth 71
- 6 Wallsend 74
- 7 Sunderland S 87
- 8 Alnwick 90
- 9 Sunderland H 96
- 10 Elvet 104

Fastest

- 1 Simpson
- 2 Turvey
- 3 Laws

Under 17/20 Women

Handicap 3min

1	0:26:16	LLOYD (U20), Caitlin	Jarrow & Hebburn AC	F	6
2	0:27:35	O'MAHONY(U20), Katherine	Durham City		7
3	0:28:25	FREEMAN (U17), Emma	Blyth RC		8
4	0:28:43	CROSBY (U17), Sarah	Sunderland Harriers	F	9
5	0:29:54	HOPE (U17), Emily	Sunderland Harriers		

Teams

- 1 Sunderland H 17

Fastest

- 1 Lloyd
- 2 Crosby
- 3 O'Mahony

Under 15 Girls

Handicap 1min 40s

1	0:16:54	BRUCE, Stephanie	Tynedale Harriers	F	9
2	0:17:09	ORAM, Rebecca	Elswick Harriers	F	10
3	0:17:16	PRICE, Chloe	Gateshead Harriers	F	11
4	0:17:18	STEEL, Rachael	Morpeth Harriers	F	12
5	0:17:31	WALLET, Gemma	North Shields Poly	F	13
6	0:17:36	LOCKHART, Faye	Gateshead Harriers	F	14
7	0:17:51	BRADBURY, Eleanor	Blaydon Harriers	F	15
8	0:17:59	MOMBEYARA, Dionne	Gateshead Harriers	F	16

Teams

- 1 Gateshead 17
- 2 Tynedale 30

Fastest

- 1 Bruce
- 2 Oram
- 3 Price

Under 13 Girls

Handicap 1min 20s

1	0:13:01	FORSTER, Sophie	Birtley AC	F	11
2	0:13:13	TURNER, Lydia	Birtley AC	F	12
3	0:13:57	WILDE, Elsie	Blaydon Harriers		13
4	0:13:59	MONTGOMERY, Sophie	Blaydon Harriers	F	14
5	0:14:06	BURNETT, Sophie	Sunderland Harriers	F	15
6	0:14:46	RICHARDSON, Jessica	Elswick Harriers		16
7	0:15:03	BROWN, Alison	Morpeth Harriers	F	17
8	0:15:15	DIXON, Leigh	Blaydon Harriers	F	18
9	0:15:21	MURTON, Molly	Alnwick Harriers		19
10	0:15:27	BURNEY, Tapanga	Sunderland Harriers	F	

Teams

- 1 Blaydon 15
- 2 Birtley 15
- 3 Morpeth 33

Fastest

- 1 Forster
- 2 Turner
- 3 Montgomery