

# Northern Athletics Six Stage Road Relay at Leeds Carnegie on Saturday 26 September 2009

## Senior Men Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Patrick Martin	Sunderland A	17:19	43	Gary Shaw	Clayton Le A	19:22
2	David Norman	Altrincham A	17:22	44	James Wardman	Richmond A	19:25
3	Harry Ellis	Warrington	17:28	45	Conrad Franks	Gateshead B	19:30
4	Tom Doe	LincolnWA A	17:30	46	Jams Griffiths	ValeRA A	19:45
5	T Cornthwaite	Blackburn	17:41	47	Howard Wood	City Of Sh A	19:46
6	Andrew Wiles	New Marske A	17:50	48	J Leskiewicz	Beverley A A	19:49
7	Nathan Shrubbs	MorpethH&A A	17:51	49	Jason Waite	Sunderland B	19:50
8	Niall Brooks	Sale Harri A	17:59	50	Martyn Bell	Wigan Phoe A	19:53
9	R Stephenson	Gateshead A	18:01	51	Neil Walker	Altrincham B	19:58
10	Adam Grice	Leeds City A	18:02	52	J Maxfield	Rotherham A	19:59
11	Mike Burrett	Leeds City B	18:03	53	Andrew Kay	Salford Ha C	20:00
12	Gary Priestley	Horwich Rm A	18:06	54	David Bishop	Derby Ac B	20:02
13	Carl Hardman	Salford Ha A	18:07	55	David Shaw	Keighley&C B	20:07
14	Peter Huck	Barrow And A	18:09	56	Ian Bamber	Spectrum S A	20:09
15	Jack Hallas	Wakefield A	18:10	57	Thomas West	Darlington	20:18
16	Richard Burney	Liverpool B	18:11	58	Barry Atkinson	Knavesmire A	20:20
17	C Rainsford	HeanorRC A	18:13	59	Eddy Mason	Leeds City D	20:22
18	Willy Smith	Keighley&C A	18:16	60	Steve Nicholls	Wigan Phoe B	20:24
19	Yasin Mohamed	Sheffield	18:17	61	Scott MacVicar	Wetherby R	20:29
20	Tony Valentine	Bolton Uni	18:21	62	Sean Bolland	Lancaster& B	20:31
21	Chris Kays	ECH&TA A	18:22	63	Phil Townsend	Leeds City E	20:34
22	Robert Hodges	Kingston U A	18:26	64	Duncan Drasdo	Trafford A B	20:36
23	S Robinson	Blackpool A	18:27	65	Tim Brett	Sale Harri C	20:37
24	Matt Crehan	St Helens A	18:32	66	Mike Raynes	York Acorn	20:38
25	Charles Pass	Wesham Roa A	18:33	67	Robbie Barkley	Blyth	20:40
26	Mark Brown	MorpethH&A B	18:37	68	M Kilmartin	Sale Harri B	20:43
27	Mark Keeley	Liverpool A	18:38	69	Aaron Barker	Rossendale	20:46
28	Graham Hunt	Durham Cit A	18:40	70	Graham Gagg	Kingston U B	20:50
29	Mark Fenwick	Wallsend H	18:43	71	Chris Woodger	LincolnWA B	20:57
30	James Kovacs	Salford Ha B	18:44	72	Mark Davies	St Helens B	21:00
31	Alex Smith	Hallamshir A	18:46	73	Bryan Astill	Hartlepool A	21:04
32	R Shearer	Southport	18:47	74	Liam Fidler	NorthDR	21:05
33	Jake Rowlands	Holmfirth	18:50	75	Mark Seed	Salford Ha D	21:06
34	Graham Hogg	Trafford A A	18:51	76	David Parker	Barrow And B	21:07
35	Aidan Johnson	Bingley Ha A	18:53	77	Andy Perry	ValeRA B	21:27
36	S Broadbent	Bingley Ha B	18:54	78	Stuart Buchan	City Of Hu A	21:42
37	Tony Battersby	Leigh H&ac	19:00	79	J Prideaux	Wakefield B	21:45
38	Greg Hull	Leeds City C	19:07	80	Mark Hudson	Gateshead D	21:48
39	R Parrington	Lancaster& A	19:11	81	K Mitchell	Clayton Le B	21:55
40	T Lawrence	Derby Ac A	19:12	82	Steve Peacock	Beverley A B	21:58
41	P Aristotelous	ValleyS	19:18	83	Rob Rainsford	HeanorRC B	22:10
42	Jonny Pearson	Gateshead C	19:21	84	John Nash	Durham Cit B	22:17

# Northern Athletics Six Stage Road Relay at Leeds Carnegie on Saturday 26 September 2009

## Senior Men Stage 2 — Final Results

Pos	Name	Club	Leg	Time	Cum Time	Gain						
1	Jack Martin	Sunderland A		17:42	35:01	0	48	Mark Aspinall	Clayton Le A	20:07	39:29	- 5
2	Jonny Taylor	MorpethH&A A		17:22	35:13	+ 5	49	James Hilton	Wigan Phoe A	19:40	39:33	+ 1
3	J Wilkinson	Leeds City A		17:17	35:19	+ 7	50	James Wignall	Sale Harri B	19:03	39:46	+ 18
4	Ian Kimpton	LincolnWA A		17:59	35:29	0	51	Dave Tune	Rotherham A	20:14	40:13	+ 1
5	Dave Forrester	St Helens A		17:18	35:50	+ 19	52	Dominic Scott	Altrincham B	20:25	40:23	- 1
6	James Kevan	Horwich Rm A		17:45	35:51	+ 6	53	Ben Craddock	Leeds City D	20:02	40:24	+ 6
7	S Broadhurst	Warrington		18:26	35:54	- 4	54	Adrian Thomas	Keighley&C B	20:18	40:25	+ 1
8	Rob Nichol	Altrincham A		18:46	36:08	- 6	55	James Bleakley	Trafford A B	19:52	40:28	+ 9
9	Simon Mills	Sale Harri A		18:12	36:11	- 1	56	Darren Herdley	Knivesmire A	20:10	40:30	+ 2
10	Joseph Bailey	Salford Ha A		18:13	36:20	+ 3	57	Dave Townsend	Salford Ha C	20:53	40:53	- 4
11	R Challinor	Liverpool B		18:12	36:23	+ 5	58	James McGivern	Beverley A A	21:30	41:19	- 10
12	Chris Birchall	Leeds City B		18:29	36:32	- 1	59	P Darbyshire	Wigan Phoe B	21:02	41:26	+ 1
13	Alex Pilcher	Derby Ac A		17:21	36:33	+ 27	60	J Rutherford	Darlington	21:16	41:34	- 3
14	Andy Heyes	Hallamshir A		17:58	36:44	+ 17	61	Barry Graney	St Helens B	20:37	41:37	+ 11
15	Dan Garbutt	Durham Cit A		18:20	37:00	+ 13	62	Cory Hood	Sunderland B	21:59	41:49	- 13
16	Dave Watson	Holmfirth		18:14	37:04	+ 17	63	P Worthington	Lancaster& B	21:28	41:59	- 1
17	Adam Peers	Liverpool A		18:28	37:06	+ 10	64	Matthew Pye	Kingston U B	21:10	42:00	+ 6
18	Chris Paton	Gateshead A		19:06	37:07	- 9	65	Dale Daniels	Salford Ha D	21:02	42:08	+ 10
19	Lee Passco	Blackburn		19:30	37:11	- 14	66	Paul Wilson	Hartlepool A	21:06	42:10	+ 7
20	Sam Bucknall	Wakefield A		19:06	37:16	- 5	67	P Calderbank	Sale Harri C	21:38	42:15	- 2
21	D Swinburne	MorpethH&A B		18:41	37:18	+ 5	68	Richad Gratton	NorthDR	21:40	42:45	+ 6
22	S Ashmore	HeanorRC A		19:20	37:33	- 5	69	Jon Hughes	LincolnWA B	21:50	42:47	+ 2
23	Kris Lecher	Kingston U A		19:21	37:47	- 1	70	Scott Liddell	Spectrum S A	22:50	42:59	- 14
24	E Jackson	New Marske A		20:03	37:53	- 18	71	Chris Ward	Wakefield B	21:25	43:10	+ 8
25	M Mohammed	Sheffield		19:42	37:59	- 6	72	Peter Willacy	Barrow And B	22:12	43:19	+ 4
26	Nigel Bedell	Keighley&C A		19:44	38:00	- 8	73	Matthew Hand	Durham Cit B	21:08	43:25	+ 11
27	Dave Locket	Salford Ha B		19:20	38:04	+ 3	74	Stewart Rhodes	City Of Hu A	21:47	43:29	+ 4
28	NyererePlastow	Leeds City C		18:58	38:05	+ 10	75	Sean Clare	Clayton Le B	21:50	43:45	+ 6
29	Joeseeph Vis	Southport		19:21	38:08	+ 3	76	Ian Boardley	Beverley A B	21:54	43:52	+ 6
30	John Convery	Bingley Ha A		19:16	38:09	+ 5	77	Lee Allsop	Leeds City E	23:33	44:07	- 14
31	Paul Green	City Of Sh A		18:23	38:09	+ 16	78	Sean Molloy	Rossendale	23:44	44:30	- 9
32	Chris Perry	ValeRA A		18:31	38:16	+ 14	79	Chris Walker	Gateshead D	23:09	44:57	+ 1
33	Philip Waite	Barrow And A		20:08	38:17	- 19	80	Peter Ivens	HeanorRC B	22:49	44:59	+ 3
34	Tommy Henders	Leigh H&ac		19:27	38:27	+ 3	81	Dave Bradley	Blyth	25:19	45:59	- 14
35	James Bowness	Trafford A A		19:43	38:34	- 1	82	Steven Close	Wetherby R	26:00	46:29	- 21
36	Robin Lawrence	Bingley Ha B		19:43	38:37	0	Fastest runners over stage 2:					
37	Nick Zissler	Richmond A		19:12	38:37	+ 7	1	J Wilkinson	Leeds City A	17:17		
38	S Myerscough	Wesham Roa A		20:06	38:39	- 13	2	Dave Forrester	St Helens A	17:18		
39	Ryan Gould	ECH&TA A		20:42	39:04	- 18	3	Alex Pilcher	Derby Ac A	17:21		
40	Marc Elliott	Gateshead B		19:35	39:05	+ 5	4	Jonny Taylor	MorpethH&A A	17:22		
41	S Worthington	Lancaster& A		19:54	39:05	- 2	5	Jack Martin	Sunderland A	17:42		
42	Luke Berry	Blackpool A		20:41	39:08	- 19	6	James Kevan	Horwich Rm A	17:45		
43	Simon Midwood	ValleyS		19:51	39:09	- 2	7	Andy Heyes	Hallamshir A	17:58		
44	S Hargreaves	Wallsend H		20:33	39:16	- 15	8	Ian Kimpton	LincolnWA A	17:59		
45	David Connor	Derby Ac B		19:17	39:19	+ 9	9	R Challinor	Liverpool B	18:12		
46	Frazer Jardine	Bolton Uni		21:06	39:27	- 26	10	Simon Mills	Sale Harri A	18:12		
47	Liam Baister	Gateshead C		20:07	39:28	- 5						

# Northern Athletics Six Stage Road Relay at Leeds Carnegie on Saturday 26 September 2009

## Senior Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Simon Deakin	Leeds City A	17:12	52:31 + 2	48	Jeff Prest	Trafford A B	19:55	1:00:23 + 7	
2	B Rushworth	Sunderland A	18:22	53:23 - 1	49	Paul Barrett	Sale Harri B	20:47	1:00:33 + 1	
3	Gareth Raven	Sale Harri A	17:15	53:26 + 6	50	Danny Davis	Leeds City D	20:16	1:00:40 + 3	
4	Matthew Barnes	Altrincham A	17:26	53:34 + 4	51	S Williams	Blackpool A	21:36	1:00:44 - 9	
5	Ross Floyd	MorpethH&A A	18:36	53:49 - 3	52	Nick Jones	Spectrum S A	17:59	1:00:58 + 18	
6	M Jackson	Warrington	18:08	54:02 + 1	53	Dave Anderson	Wallsend H	21:44	1:01:00 - 9	
7	Richard Weir	Derby Ac A	17:42	54:15 + 6	54	D Livingstone	Altrincham B	20:46	1:01:09 - 2	
8	R Maddams	Horwich Rm A	18:36	54:27 - 2	55	David Ricketts	Kingston U B	19:38	1:01:38 + 9	
9	Ben Riddell	Salford Ha A	18:15	54:35 + 1	56	Gary Balmer	Clayton Le A	22:14	1:01:43 - 8	
10	C Gundersen	Liverpool A	17:41	54:47 + 7	57	Dave Hudson	Salford Ha C	21:02	1:01:55 0	
11	D Griffiths	St Helens A	19:04	54:54 - 6	58	A Minister	Hartlepool A	19:55	1:02:05 + 8	
12	Nick Hooker	Leeds City B	18:32	55:04 0	59	Mark Knowles	Keighley&C B	21:57	1:02:22 - 5	
13	Ian Harding	MorpethH&A B	17:53	55:11 + 8	60	C Breakell	Lancaster& B	20:24	1:02:23 + 3	
14	Rob Baker	Hallamshir A	18:43	55:27 0	61	Matthew Foggin	Sunderland B	21:10	1:02:59 + 1	
15	Harry Harper	Liverpool B	19:36	55:59 - 4	62	Ross Armstrong	Beverley A A	21:41	1:03:00 - 4	
16	Matt Nuttall	Blackburn	18:49	56:00 + 3	63	Luke Westwood	Knavesmire A	22:48	1:03:18 - 7	
17	A Carmichael	Gateshead A	19:07	56:14 + 1	64	Paul Seddon	Wigan Phoe B	22:04	1:03:30 - 5	
18	Michael Grimes	Durham Cit A	19:21	56:21 - 3	65	Steve Tate	St Helens B	22:12	1:03:49 - 4	
19	Beren Cross	LincolnWA A	20:53	56:22 - 15	66	Steve Bennett	NorthDR	21:38	1:04:23 + 2	
20	Richard Smith	Holmfirth	19:29	56:33 - 4	67	Paul Rowley	Sale Harri C	22:11	1:04:26 0	
21	P Bangani	Salford Ha B	18:45	56:49 + 6	68	Jordan Beard	Rossendale	19:59	1:04:29 + 10	
22	G Clarkson	Kingston U A	19:13	57:00 + 1	69	Keiron Blogg	City Of Hu A	21:01	1:04:30 + 5	
23	Steve Green	Bingley Ha A	19:00	57:09 + 7	70	Dan Hogg	LincolnWA B	21:44	1:04:31 - 1	
24	D Brocklehurst	Trafford A A	18:42	57:16 + 11	71	Ken Davenport	Barrow And B	21:12	1:04:31 + 1	
25	James Lavin	Leeds City C	19:17	57:22 + 3	72	R Derbyshire	Salford Ha D	22:56	1:05:04 - 7	
26	Tom Coney	Wakefield A	20:09	57:25 - 6	73	Anthony White	Wakefield B	22:26	1:05:36 - 2	
27	Adam Newton	City Of Sh A	19:17	57:26 + 4	74	Neil Worswick	Clayton Le B	22:22	1:06:07 + 1	
28	Kieran Davis	HeanorRC A	20:11	57:44 - 6	75	Paul Whalley	Blyth	20:22	1:06:21 + 6	
29	Zach Cross	ValeRA A	19:37	57:53 + 3	76	Peter Kidd	Leeds City E	22:57	1:07:04 + 1	
30	Robert Shaw	Keighley&C A	20:04	58:04 - 4	77	Anthony Hunt	Durham Cit B	23:46	1:07:11 - 4	
31	Adam Blowers	New Marske A	20:28	58:21 - 7	78	Paul Tate	Gateshead D	22:19	1:07:16 + 1	
32	Andy Ward	Wigan Phoe A	18:57	58:30 + 17	79	Paul Emmett	Wetherby R	21:08	1:07:37 + 3	
33	R Douglas	Richmond A	19:56	58:33 + 4	80	Andy Harriott	HeanorRC B	22:57	1:07:56 0	
34	K Rowlands	Lancaster& A	19:38	58:43 + 7	81	Tim Simpson	Beverley A B	24:47	1:08:39 - 5	
35	Mike Evans	Southport	20:38	58:46 - 6	Fastest runners over stage 3:					
36	Gavin Browne	ECH&TA A	19:52	58:56 + 3	1	Simon Deakin	Leeds City A	17:12		
37	N Camilleri	Gateshead B	20:10	59:15 + 3	2	Gareth Raven	Sale Harri A	17:15		
38	Steve Webb	ValleyS	20:09	59:18 + 5	3	Matthew Barnes	Altrincham A	17:26		
39	Alex Urmston	Leigh H&ac	20:52	59:19 - 5	4	C Gundersen	Liverpool A	17:41		
40	Simon Stanway	Barrow And A	21:10	59:27 - 7	5	Richard Weir	Derby Ac A	17:42		
41	Ben Pearson	Gateshead C	20:11	59:39 + 6	6	Ian Harding	MorpethH&A B	17:53		
42	Kyle Craib	Rotherham A	19:39	59:52 + 9	7	Nick Jones	Spectrum S A	17:59		
43	Ian Stevens	Derby Ac B	20:37	59:56 + 2	8	M Jackson	Warrington	18:08		
44	Alexander Rowe	Wesham Roa A	21:17	59:56 - 6	9	Ben Riddell	Salford Ha A	18:15		
45	Lewis Moses	Darlington	18:32	1:00:06 + 15	10	B Rushworth	Sunderland A	18:22		
46	Terry Hatter	Sheffield	22:08	1:00:07 - 21						
47	Ian Selby	Bolton Uni	20:51	1:00:18 - 1						

# Northern Athletics Six Stage Road Relay at Leeds Carnegie on Saturday 26 September 2009

## Senior Men Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	James Walsh	Leeds City A	17:46	1:10:17	0
2	Marius Ionescu	Altrincham A	16:52	1:10:26 +	2
3	Ian Hudspith	MorpethH&A A	17:06	1:10:55 +	2
4	James Bailey	Sale Harri A	19:14	1:12:40 -	1
5	Andrew MacRae	Sunderland A	19:28	1:12:51 -	3
6	John McCole	Liverpool A	18:08	1:12:55 +	4
7	Robert Hughes	Salford Ha A	18:33	1:13:08 +	2
8	Joe Townsend	Leeds City B	18:25	1:13:29 +	4
9	Luke Gunn	Derby Ac A	19:35	1:13:50 -	2
10	Andy Thake	Hallamshir A	18:28	1:13:55 +	4
11	Gareth Booth	Horwich Rm A	19:40	1:14:07 -	3
12	Ben Harrison	MorpethH&A B	19:06	1:14:17 +	1
13	Paul Hicken	Warrington	21:04	1:15:06 -	7
14	James Meldrum	Liverpool B	19:10	1:15:09 +	1
15	Les Ball	LincolnWA A	19:09	1:15:31 +	4
16	C Lamb	Gateshead A	19:30	1:15:44 +	1
17	David Thornton	Blackburn	19:46	1:15:46 -	1
18	Jake Healey	St Helens A	21:05	1:15:59 -	7
19	Tom Charles	Trafford A A	18:48	1:16:04 +	5
20	Elliot Cole	Leeds City C	18:45	1:16:07 +	5
21	A Langron	Holmfirth	19:36	1:16:09 -	1
22	Tim Midgeley	Bingley Ha A	19:05	1:16:14 +	1
23	Ben Homer	Wakefield A	19:07	1:16:32 +	3
24	Rob Hand	Durham Cit A	20:56	1:17:17 -	6
25	Phil Leybourne	Salford Ha B	20:38	1:17:27 -	4
26	Darren Ridout	HeanorRC A	19:45	1:17:29 +	2
27	Dominic Shaw	New Marske A	19:14	1:17:35 +	4
28	Philip Hoole	Rotherham A	18:08	1:18:00 +	14
29	Tom Smith	Kingston U A	21:24	1:18:24 -	7
30	James Stringer	ValeRA A	20:47	1:18:40 -	1
31	M Manir-Jolley	Wigan Phoe A	20:10	1:18:40 +	1
32	T Sessford	Keighley&C A	20:39	1:18:43 -	2
33	David Barratt	ECH&TA A	19:48	1:18:44 +	3
34	Mark Gardner	Lancaster& A	20:17	1:19:00	0
35	Andrew Teate	Gateshead B	19:57	1:19:12 +	2
36	Gerry Lenehan	Southport	20:27	1:19:13 -	1
37	T Zaranko	Richmond A	20:49	1:19:22 -	4
38	Dan Fisher	ValleyS	20:40	1:19:58	0
39	Martin Slater	Gateshead C	20:26	1:20:05 +	2
40	David Hook	Barrow And A	20:39	1:20:06	0
41	Mike Plint	City Of Sh A	22:43	1:20:09 -	14
42	Luke Minns	Blackpool A	19:38	1:20:22 +	9
43	Andrew Arnold	Leigh H&ac	21:03	1:20:22 -	4
44	Richard Wilson	Derby Ac B	20:36	1:20:32 -	1
45	Lee Woods	Sale Harri B	20:18	1:20:51 +	4
46	C Fitzpatrick	Trafford A B	20:47	1:21:10 +	2
47	Neil Crompton	Spectrum S A	21:04	1:22:02 +	5
48	Scott Mitchell	Leeds City D	21:38	1:22:18 +	2
49	Graham Bell	Darlington	22:16	1:22:22 -	4
50	Paul Birkett	Salford Ha C	20:29	1:22:24 +	7
51	H Thompson	Kingston U B	20:52	1:22:30 +	4
52	Mark Norton	Altrincham B	21:27	1:22:36 +	2
53	Paul Turner	Bolton Uni	22:31	1:22:49 -	6
54	Barry Allsopp	Wallsend H	22:04	1:23:04 -	1
55	Mark Midgley	Wesham Roa A	23:09	1:23:05 -	11
56	James Pearson	Beverley A A	20:21	1:23:21 +	6
57	Tony Walker	Clayton Le A	21:40	1:23:23 -	1
58	John Doherty	Sheffield	23:25	1:23:32 -	12
59	K Galbraith	Hartlepool A	22:11	1:24:16 -	1
60	Sean McMyler	Wigan Phoe B	20:56	1:24:26 +	4
61	Ron Winward	Barrow And B	20:00	1:24:31 +	10
62	M Kilbride	Sunderland B	21:36	1:24:35 -	1
63	Peter Baker	City Of Hu A	20:36	1:25:06 +	6
64	Steve Duxbury	Rossendale	20:42	1:25:11 +	4
65	Russ Parkinson	Knavesmire A	21:57	1:25:15 -	2
66	Ian White	St Helens B	21:46	1:25:35 -	1
67	John Carr	Lancaster& B	23:15	1:25:38 -	7
68	Steve Carter	Keighley&C B	23:55	1:26:17 -	9
69	F Cordingley	Sale Harri C	22:04	1:26:30 -	2
70	Sean Cordell	Salford Ha D	22:08	1:27:12 +	2
71	John Cannon	NorthDR	23:15	1:27:38 -	5
72	Simon Hill	Leeds City E	22:01	1:29:05 +	4
73	Dave Motley	Clayton Le B	23:15	1:29:22 +	1
74	David Dawson	Wakefield B	23:57	1:29:33 -	1
75	Ian Legg	Wetherby R	22:06	1:29:43 +	4
76	Crawford-Glanv	Gateshead D	22:53	1:30:09 +	2
77	Rob Garbutt	Durham Cit B	24:11	1:31:22	0
78	R Dickinson	Blyth	25:52	1:32:13 -	3
79	Neil Bant	Beverley A B	23:42	1:32:21 +	2
80	Chris Mellors	HeanorRC B	24:39	1:32:35	0

### Fastest runners over stage 4:

1	Marius Ionescu	Altrincham A	16:52
2	Ian Hudspith	MorpethH&A A	17:06
3	James Walsh	Leeds City A	17:46
4	John McCole	Liverpool A	18:08
5	Philip Hoole	Rotherham A	18:08
6	Joe Townsend	Leeds City B	18:25
7	Andy Thake	Hallamshir A	18:28
8	Robert Hughes	Salford Ha A	18:33
9	Elliot Cole	Leeds City C	18:45
10	Tom Charles	Trafford A A	18:48

# Northern Athletics Six Stage Road Relay at Leeds Carnegie on Saturday 26 September 2009

## Senior Men Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Alan Buckley	Leeds City A	17:33	1:27:50	0	47	Paul Rockliffe	Trafford A B	21:15	1:42:25	- 1
2	A Whittingham	Altrincham A	19:09	1:29:35	0	48	Duncan Mason	Salford Ha C	20:31	1:42:55	+ 2
3	Michael Dawson	MorpethH&A A	18:56	1:29:51	0	49	S Rutherford	Darlington	21:11	1:43:33	0
4	Tomas Abyu	Salford Ha A	17:04	1:30:12	+ 3	50	Richard Evans	Altrincham B	20:58	1:43:34	+ 2
5	J Mellor	Liverpool A	17:40	1:30:35	+ 1	51	Steve Martin	Spectrum S A	21:39	1:43:41	- 4
6	Adam Elliott	Sale Harri A	18:50	1:31:30	- 2	52	Lee Barlow	Wesham Roa A	20:54	1:43:59	+ 3
7	Robert Little	Hallamshir A	18:06	1:32:01	+ 3	53	Rob Snaitth	Beverley A A	20:42	1:44:03	+ 3
8	Paul Marchant	Leeds City B	18:33	1:32:02	0	54	Gary Wilkinson	Clayton Le A	20:50	1:44:13	+ 3
9	George Harden	Sunderland A	20:05	1:32:56	- 4	55	Jo Kelly	Rossendale	19:22	1:44:33	+ 9
10	J Wildrienne	Derby Ac A	19:21	1:33:11	- 1	56	D Grimshaw	Bolton Uni	22:00	1:44:49	- 3
11	A Murray	Horwich Rm A	19:17	1:33:24	0	57	Rod Hart	Wigan Phoe B	20:43	1:45:09	+ 3
12	Sean Hall	Gateshead A	18:28	1:34:12	+ 4	58	D Hindmarsh	Wallsend H	22:21	1:45:25	- 4
13	Liam Thompson	Warrington	19:15	1:34:21	0	59	Paul Redman	Sunderland B	20:51	1:45:26	+ 3
14	Paul Waterson	MorpethH&A B	20:19	1:34:36	- 2	60	Stephen Murray	Barrow And B	21:28	1:45:59	+ 1
15	Ian Lawton	Liverpool B	19:30	1:34:39	- 1	61	J Cocker	Sheffield	22:28	1:46:00	- 3
16	Lee Athersmith	Bingley Ha A	18:28	1:34:42	+ 6	62	Danny Aldus	City Of Hu A	21:06	1:46:12	+ 1
17	Wil Strangeway	LincolnWA A	19:18	1:34:49	- 2	63	Owen Williams	Kingston U B	24:28	1:46:58	- 12
18	Ian Salisbury	Trafford A A	19:02	1:35:06	+ 1	64	C Richardson	Knavesmire A	21:51	1:47:06	+ 1
19	Trevor Wilks	Leeds City C	19:28	1:35:35	+ 1	65	Dave Edwards	Hartlepool A	23:28	1:47:44	- 6
20	Nathan Elliot	Wakefield A	19:24	1:35:56	+ 3	66	S Cunningham	NorthDR	20:38	1:48:16	+ 5
21	Russell Best	New Marske A	18:31	1:36:06	+ 6	67	Matthew Sykes	Keighley&C B	22:11	1:48:28	+ 1
22	Paul Savage	Salford Ha B	18:59	1:36:26	+ 3	68	Alan McNally	St Helens B	23:54	1:49:29	- 2
23	Ian Costello	St Helens A	21:36	1:37:35	- 5	69	Jerry Smith	Sale Harri C	23:19	1:49:49	0
24	Julian Rose	Holmfirth	21:31	1:37:40	- 3	70	Paul Archer	Clayton Le B	20:59	1:50:21	+ 3
25	Mike O'Neill	Wigan Phoe A	19:18	1:37:58	+ 6	71	Mark Levine	Lancaster& B	25:26	1:51:04	- 4
26	Chris Loftus	Keighley&C A	19:30	1:38:13	+ 6	72	Martin Farran	Leeds City E	23:29	1:52:34	0
27	Danny Maynard	Blackburn	22:30	1:38:16	- 10	73	Paul Hindhaugh	Gateshead D	22:56	1:53:05	+ 3
28	Tim Calder	Gateshead B	19:06	1:38:18	+ 7	74	Tommy Daniels	Salford Ha D	25:55	1:53:07	- 4
29	Ed Crowther	ValeRA A	19:41	1:38:21	+ 1	75	T Andryszewski	Wetherby R	23:27	1:53:10	0
30	Tom McKee	Kingston U A	20:03	1:38:27	- 1	76	Adam Smith	Blyth	22:05	1:54:18	+ 2
31	Rob Berry	Southport	19:17	1:38:30	+ 5	77	K Singleton	Wakefield B	24:49	1:54:22	- 3
32	Jon Wainwright	HeanorRC A	21:13	1:38:42	- 6	78	Alan Rowell	Durham Cit B	23:29	1:54:51	- 1
33	Kevin Knight	Durham Cit A	21:31	1:38:48	- 9	79	Ian Husband	Beverley A B	22:35	1:54:56	0
34	A Connally	ECH&TA A	20:23	1:39:07	- 1	80	R Wilkinson	HeanorRC B	24:44	1:57:19	0
35	James Cordwell	City Of Sh A	19:13	1:39:22	+ 6	Fastest runners over stage 5:					
36	David Smith	Rotherham A	21:23	1:39:23	- 8	1	Tomas Abyu	Salford Ha A	17:04		
37	Philip Tedd	Sale Harri B	18:32	1:39:23	+ 8	2	Alan Buckley	Leeds City A	17:33		
38	Mark Hammond	Lancaster& A	20:24	1:39:24	- 4	3	J Mellor	Liverpool A	17:40		
39	Anthony Ryder	Richmond A	20:56	1:40:18	- 2	4	Robert Little	Hallamshir A	18:06		
40	Jim Clay	ValleyS	20:49	1:40:47	- 2	5	Lee Athersmith	Bingley Ha A	18:28		
41	Trevor Uttley	Blackpool A	20:37	1:40:59	+ 1	6	Sean Hall	Gateshead A	18:28		
42	John Knibb	Derby Ac B	20:52	1:41:24	+ 2	7	Russell Best	New Marske A	18:31		
43	Peter Savage	Barrow And A	21:53	1:41:59	- 3	8	Philip Tedd	Sale Harri B	18:32		
44	James Porteous	Gateshead C	21:56	1:42:01	- 5	9	Paul Marchant	Leeds City B	18:33		
45	A Goulding	Leigh H&ac	21:39	1:42:01	- 2	10	Adam Elliott	Sale Harri A	18:50		
46	Mark Bryant	Leeds City D	19:56	1:42:14	+ 2						

# Northern Athletics Six Stage Road Relay at Leeds Carnegie on Saturday 26 September 2009

## Senior Men Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Darran Bilton	Leeds City A	17:41	1:45:31	0
2	Andi Jones	Salford Ha A	17:00	1:47:12 +	2
3	Andrew Norman	Altrincham A	17:40	1:47:15 -	1
4	Chris Sampson	MorpethH&A A	17:26	1:47:17 -	1
5	Colin Potts	Liverpool A	18:59	1:49:34	0
6	M Gostling	Leeds City B	18:40	1:50:42 +	2
7	David Westbury	Derby Ac A	17:40	1:50:51 +	3
8	D Newbould	Hallamshir A	18:59	1:51:00 -	1
9	Rob Flannery	Sale Harri A	20:24	1:51:54 -	3
10	Stephen Parr	Gateshead A	17:47	1:51:59 +	2
11	Daniel Cliffe	Warrington	17:44	1:52:05 +	2
12	Matt Bowser	LincolnWA A	17:21	1:52:10 +	2
13	Colin Rigby	Horwich Rm A	19:36	1:53:00 -	5
14	Damien Weston	Sunderland A	20:26	1:53:22 -	5
15	Alan Ashton	Liverpool B	19:13	1:53:52	0
16	S MacDonald	Bingley Ha A	19:18	1:54:00	0
17	David Horniman	Trafford A A	19:24	1:54:30 +	1
18	Shaun O'Grady	New Marske A	18:41	1:54:47 +	3
19	G Chatterton	Leeds City C	19:20	1:54:55	0
20	Chris Price	Wakefield A	19:12	1:55:08	0
21	Phil West	Salford Ha B	20:01	1:56:27 +	1
22	Adam Sample	MorpethH&A B	22:04	1:56:40 -	8
23	Jay Tartt	Southport	18:44	1:57:14 +	8
24	Greg Williams	St Helens A	19:52	1:57:27 -	1
25	Andy Clews	ValeRA A	19:23	1:57:44 +	4
26	J Perkins	Kingston U A	19:25	1:57:52 +	4
27	John Morrissey	Wigan Phoe A	19:55	1:57:53 -	2
28	Adrian Jones	Keighley&C A	19:46	1:57:59 -	2
29	Jake Harmon	Holmfirth	20:43	1:58:23 -	5
30	Lee Loraine	Gateshead B	20:10	1:58:28 -	2
31	Paul Humphries	Rotherham A	19:22	1:58:45 +	5
32	Alastar Hobday	HeanorRC A	20:18	1:59:00	0
33	Dave Masterman	Durham Cit A	20:55	1:59:43	0
34	Jason Bowers	Sale Harri B	20:22	1:59:45 +	3
35	John Chaplin	Blackburn	21:37	1:59:53 -	8
36	Mick Thompson	City Of Sh A	20:34	1:59:56 -	1
37	Adam Higginson	Lancaster& A	20:34	1:59:58 +	1
38	Jon Orange	Richmond A	19:42	2:00:00 +	1
39	John Wright	Blackpool A	19:21	2:00:20 +	2
40	Gwil Thomas	ValleyS	20:15	2:01:02	0
41	Gary Mathews	ECH&TA A	21:59	2:01:06 -	7
42	Andrew Howarth	Leigh H&ac	19:19	2:01:20 +	3
43	Leon Foster	Leeds City D	19:24	2:01:38 +	3
44	Patrick Miller	Barrow And A	21:11	2:03:10 -	1
45	Phil Bolton	Rossendale	18:46	2:03:19 +	10
46	William Martin	Salford Ha C	20:38	2:03:33 +	2
47	Richard Hall	Gateshead C	21:34	2:03:35 -	3
48	David Meyer	Trafford A B	21:42	2:04:07 -	1
49	Gary Fallon	Derby Ac B	22:54	2:04:18 -	7
50	Nick Burke	Altrincham B	21:11	2:04:45	0
51	C Gaffney	Darlington	21:30	2:05:03 -	2
52	Nick Swift	Sheffield	19:07	2:05:07 +	9
53	Neil Garnett	Spectrum S A	21:29	2:05:10 -	2
54	Barry Brock	Clayton Le A	21:03	2:05:16	0
55	Mark Dalton	Beverley A A	21:16	2:05:19 -	2
56	Sean Kelly	Wallsend H	20:35	2:06:00 +	2
57	Dave Collins	Wigan Phoe B	21:21	2:06:30	0
58	Andrew Kelly	Hartlepool A	18:51	2:06:35 +	7
59	Adam Fozzard	City Of Hu A	20:28	2:06:40 +	3
60	David Shaw	Barrow And B	21:13	2:07:12	0
61	S Mathieson	Sunderland B	21:54	2:07:20 -	2
62	Andy Lyons	Kingston U B	20:59	2:07:57 +	1
63	Kevin Langham	Knivesmire A	21:19	2:08:25 +	1
64	Steve Leverton	NorthDR	21:04	2:09:20 +	2
65	Liam Spencer	Keighley&C B	21:24	2:09:52 +	2
66	C Balderson	Clayton Le B	21:58	2:12:19 +	4
67	Eryl Husband	Lancaster& B	21:51	2:12:55 +	4
68	Steve Clague	St Helens B	24:01	2:13:30	0
69	David Young	Wesham Roa A	29:55	2:13:54 -	17
70	Nathan Bolton	Wakefield B	20:23	2:14:45 +	7
71	Paul Windle	Wetherby R	21:36	2:14:46 +	4
72	Geoff Smith	Gateshead D	22:17	2:15:22 +	1
73	Craig Birch	Blyth	22:05	2:16:23 +	3
74	Stan Curran	Salford Ha D	23:46	2:16:53	0
75	Jonathon Sage	Beverley A B	22:36	2:17:32 +	4
76	Paul Emerson	Durham Cit B	24:04	2:18:55 +	2
77	Glen Salkeld	HeanorRC B	25:49	2:23:08 +	3

  

Fastest runners over stage 6:		
1	Andi Jones	Salford Ha A 17:00
2	Matt Bowser	LincolnWA A 17:21
3	Chris Sampson	MorpethH&A A 17:26
4	David Westbury	Derby Ac A 17:40
5	Andrew Norman	Altrincham A 17:40
6	Darran Bilton	Leeds City A 17:41
7	Daniel Cliffe	Warrington 17:44
8	Stephen Parr	Gateshead A 17:47
9	M Gostling	Leeds City B 18:40
10	Shaun O'Grady	New Marske A 18:41

  

Fastest of all legs — Provisional			
1	Marius Ionescu	Altrincham A	16:52
2	Andi Jones	Salford Ha A	17:00
3	Tomas Abyu	Salford Ha A	17:04
4	Ian Hudspith	MorpethH&A A	17:06
5	Simon Deakin	Leeds City A	17:12
6	Gareth Raven	Sale Harri A	17:15
7	J Wilkinson	Leeds City A	17:17
8	Dave Forrester	St Helens A	17:18
9	Patrick Martin	Sunderland A	17:19
10	Matt Bowser	LincolnWA A	17:21
=	Alex Pilcher	Derby Ac A	17:21

# Northern Athletics Six Stage Road Relay at Leeds Carnegie on Saturday 26 September 2009

Senior Men — Team Results — Final  
(nn) is team position after the appropriate stage.

1 Leeds City AC 'A' 1:45:31		14 Sunderland Harriers & AC 'A' 1:53:22	
1 Adam Grice (10) 18:02	2 J Wilkinson (3) 17:17	1 Patrick Martin (1) 17:19	2 Jack Martin (1) 17:42
3 Simon Deakin (1) 17:12	4 James Walsh (1) 17:46	3 B Rushworth (2) 18:22	4 Andrew MacRae (5) 19:28
5 Alan Buckley (1) 17:33	6 Darran Bilton (1) 17:41	5 George Harden (9) 20:05	6 Damien Weston (14) 20:26
2 Salford Harriers & AC 'A' 1:47:12		15 Liverpool Harriers & AC 'B' 1:53:52	
1 Carl Hardman (13) 18:07	2 Joseph Bailey (10) 18:13	1 Richard Burney (16) 18:11	2 R Challinor (11) 18:12
3 Ben Riddell (9) 18:15	4 Robert Hughes (7) 18:33	3 Harry Harper (15) 19:36	4 James Meldrum (14) 19:10
5 Tomas Abyu (4) 17:04	6 Andi Jones (2) 17:00	5 Ian Lawton (15) 19:30	6 Alan Ashton (15) 19:13
3 Altrincham 'A' 1:47:15		16 Bingley Harriers 'A' 1:54:00	
1 David Norman (2) 17:22	2 Rob Nichol (8) 18:46	1 Aidan Johnson (35) 18:53	2 John Convery (30) 19:16
3 Matthew Barnes (4) 17:26	4 Marius Ionescu (2) 16:52	3 Steve Green (23) 19:00	4 Tim Midgeley (22) 19:05
5 A Whittingham (2) 19:09	6 Andrew Norman (3) 17:40	5 Lee Athersmith (16) 18:28	6 S MacDonald (16) 19:18
4 Morpeth Harriers & AC 'A' 1:47:17		17 Trafford A.C. 'A' 1:54:30	
1 Nathan Shrubbs (7) 17:51	2 Jonny Taylor (2) 17:22	1 Graham Hogg (34) 18:51	2 James Bowness (35) 19:43
3 Ross Floyd (5) 18:36	4 Ian Hudspeth (3) 17:06	3 D Brocklehurst (24) 18:42	4 Tom Charles (19) 18:48
5 Michael Dawson (3) 18:56	6 Chris Sampson (4) 17:26	5 Ian Salisbury (18) 19:02	6 David Horniman (17) 19:24
5 Liverpool Harriers & AC 'A' 1:49:34		18 New Marske Harriers 'A' 1:54:47	
1 Mark Keeley (27) 18:38	2 Adam Peers (17) 18:28	1 Andrew Wiles (6) 17:50	2 E Jackson (24) 20:03
3 C Gundersen (10) 17:41	4 John McCole (6) 18:08	3 Adam Blowers (31) 20:28	4 Dominic Shaw (27) 19:14
5 J Mellor (5) 17:40	6 Colin Potts (5) 18:59	5 Russell Best (21) 18:31	6 Shaun O'Grady (18) 18:41
6 Leeds City AC 'B' 1:50:42		19 Leeds City AC 'C' 1:54:55	
1 Mike Burrett (11) 18:03	2 Chris Birchall (12) 18:29	1 Greg Hull (38) 19:07	2 Nyerere Plastow (28) 18:58
3 Nick Hooker (12) 18:32	4 Joe Townsend (8) 18:25	3 James Lavin (25) 19:17	4 Elliot Cole (20) 18:45
5 Paul Marchant (8) 18:33	6 M Gostling (6) 18:40	5 Trevor Wilks (19) 19:28	6 G Chatterton (19) 19:20
7 Derby AC 'A' 1:50:51		20 Wakefield Harriers 'A' 1:55:08	
1 T Lawrence (40) 19:12	2 Alex Pilcher (13) 17:21	1 Jack Hallas (15) 18:10	2 Sam Bucknall (20) 19:06
3 Richard Weir (7) 17:42	4 Luke Gunn (9) 19:35	3 Tom Coney (26) 20:09	4 Ben Homer (23) 19:07
5 J Wildriane (10) 19:21	6 David Westbury (7) 17:40	5 Nathan Elliot (20) 19:24	6 Chris Price (20) 19:12
8 Hallamshire Harriers Sheffield 'A' 1:51:00		21 Salford Harriers & AC 'B' 1:56:27	
1 Alex Smith (31) 18:46	2 Andy Heyes (14) 17:58	1 James Kovacs (30) 18:44	2 Dave Lockett (27) 19:20
3 Rob Baker (14) 18:43	4 Andy Thake (10) 18:28	3 P Bangani (21) 18:45	4 Phil Leybourne (25) 20:38
5 Robert Little (7) 18:06	6 D Newbould (8) 18:59	5 Paul Savage (22) 18:59	6 Phil West (21) 20:01
9 Sale Harriers Manchester 'A' 1:51:54		22 Morpeth Harriers & AC 'B' 1:56:40	
1 Niall Brooks (8) 17:59	2 Simon Mills (9) 18:12	1 Mark Brown (26) 18:37	2 D Swinburne (21) 18:41
3 Gareth Raven (3) 17:15	4 James Bailey (4) 19:14	3 Ian Harding (13) 17:53	4 Ben Harrison (12) 19:06
5 Adam Elliott (6) 18:50	6 Rob Flannery (9) 20:24	5 Paul Waterson (14) 20:19	6 Adam Sample (22) 22:04
10 Gateshead Harriers & Athletics 'A' 1:51:59		23 Southport Waterloo AC 1:57:14	
1 R Stephenson (9) 18:01	2 Chris Paton (18) 19:06	1 R Shearer (32) 18:47	2 Joeseeph Vis (29) 19:21
3 A Carmichael (17) 19:07	4 C Lamb (16) 19:30	3 Mike Evans (35) 20:38	4 Gerry Lenehan (36) 20:27
5 Sean Hall (12) 18:28	6 Stephen Parr (10) 17:47	5 Rob Berry (31) 19:17	6 Jay Tartt (23) 18:44
11 Warrington A.C. 1:52:05		24 St Helens Sutton AC 'A' 1:57:27	
1 Harry Ellis (3) 17:28	2 S Broadhurst (7) 18:26	1 Matt Crehan (24) 18:32	2 Dave Forrester (5) 17:18
3 M Jackson (6) 18:08	4 Paul Hicken (13) 21:04	3 D Griffiths (11) 19:04	4 Jake Healey (18) 21:05
5 Liam Thompson (13) 19:15	6 Daniel Cliffe (11) 17:44	5 Ian Costello (23) 21:36	6 Greg Williams (24) 19:52
12 Lincoln Wellington AC 'A' 1:52:10		25 Vale Royal AC 'A' 1:57:44	
1 Tom Doe (4) 17:30	2 Ian Kimpton (4) 17:59	1 Jams Griffiths (46) 19:45	2 Chris Perry (32) 18:31
3 Beren Cross (19) 20:53	4 Les Ball (15) 19:09	3 Zach Cross (29) 19:37	4 James Stringer (30) 20:47
5 Wil Strangeway (17) 19:18	6 Matt Bowser (12) 17:21	5 Ed Crowther (29) 19:41	6 Andy Clews (25) 19:23
13 Horwich Rmi Harriers 'A' 1:53:00		26 Kingston Upon Hull AC 'A' 1:57:52	
1 Gary Priestley (12) 18:06	2 James Kevan (6) 17:45	1 Robert Hodges (22) 18:26	2 Kris Lecher (23) 19:21
3 R Maddams (8) 18:36	4 Gareth Booth (11) 19:40	3 G Clarkson (22) 19:13	4 Tom Smith (29) 21:24
5 AMurray (11) 19:17	6 Colin Rigby (13) 19:36	5 Tom McKee (30) 20:03	6 J Perkins (26) 19:25

# Northern Athletics Six Stage Road Relay at Leeds Carnegie on Saturday 26 September 2009

27 Wigan Phoenix		'A' 1:57:53		41 E Cheshire H & Tameside AC		'A' 2:01:06	
1 Martyn Bell (50) 19:53	2 James Hilton (49) 19:40	1 Chris Kays (21) 18:22	2 Ryan Gould (39) 20:42	3 Andy Ward (32) 18:57	4 M Manir-Jolley (31) 20:10	3 Gavin Browne (36) 19:52	4 David Barratt (33) 19:48
5 Mike O'Neill (25) 19:18	6 John Morrissey (27) 19:55	5 A Connally (34) 20:23	6 Gary Mathews (41) 21:59				
28 Keighley & Craven AC		'A' 1:57:59		42 Leigh H&ac		2:01:20	
1 Willy Smith (18) 18:16	2 Nigel Bedell (26) 19:44	1 Tony Battersby (37) 19:00	2 Tommy Henders (34) 19:27	3 Robert Shaw (30) 20:04	4 T Sessford (32) 20:39	3 Alex Urmston (39) 20:52	4 Andrew Arnold (43) 21:03
5 Chris Loftus (26) 19:30	6 Adrian Jones (28) 19:46	5 A Goulding (45) 21:39	6 Andrew Howarth (42) 19:19				
29 Holmfirth Harriers		1:58:23		43 Leeds City AC		'D' 2:01:38	
1 Jake Rowlands (33) 18:50	2 Dave Watson (16) 18:14	1 Eddy Mason (59) 20:22	2 Ben Craddock (53) 20:02	3 Richard Smith (20) 19:29	4 A Langron (21) 19:36	3 Danny Davis (50) 20:16	4 Scott Mitchell (48) 21:38
5 Julian Rose (24) 21:31	6 Jake Harmon (29) 20:43	5 Mark Bryant (46) 19:56	6 Leon Foster (43) 19:24				
30 Gateshead Harriers & Athletics		'B' 1:58:28		44 Barrow And Furness Striders		'A' 2:03:10	
1 Conrad Franks (45) 19:30	2 Marc Elliott (40) 19:35	1 Peter Huck (14) 18:09	2 Philip Waite (33) 20:08	3 N Camilleri (37) 20:10	4 Andrew Teate (35) 19:57	3 Simon Stanway (40) 21:10	4 David Hook (40) 20:39
5 Tim Calder (28) 19:06	6 Lee Loraine (30) 20:10	5 Peter Savage (43) 21:53	6 Patrick Miller (44) 21:11				
31 Rotherham H & AC		'A' 1:58:45		45 Rossendale Harriers & AC		2:03:19	
1 J Maxfield (52) 19:59	2 Dave Tune (51) 20:14	1 Aaron Barker (69) 20:46	2 Sean Molloy (78) 23:44	3 Kyle Craib (42) 19:39	4 Philip Hoole (28) 18:08	3 Jordan Beard (68) 19:59	4 Steve Duxbury (64) 20:42
5 David Smith (36) 21:23	6 Paul Humphries (31) 19:22	5 Jo Kelly (55) 19:22	6 Phil Bolton (45) 18:46				
32 Heanor Running Club		'A' 1:59:00		46 Salford Harriers & AC		'C' 2:03:33	
1 C Rainsford (17) 18:13	2 S Ashmore (22) 19:20	1 Andrew Kay (53) 20:00	2 Dave Townsend (57) 20:53	3 Kieran Davis (28) 20:11	4 Darren Ridout (26) 19:45	3 Dave Hudson (57) 21:02	4 Paul Birkett (50) 20:29
5 Jon Wainwright (32) 21:13	6 Alastair Hobday (32) 20:18	5 Duncan Mason (48) 20:31	6 William Martin (46) 20:38				
33 Durham City Harriers		'A' 1:59:43		47 Gateshead Harriers & Athletics		'C' 2:03:35	
1 Graham Hunt (28) 18:40	2 Dan Garbutt (15) 18:20	1 Jonny Pearson (42) 19:21	2 Liam Baister (47) 20:07	3 Michael Grimes (18) 19:21	4 Rob Hand (24) 20:56	3 Ben Pearson (41) 20:11	4 Martin Slater (39) 20:26
5 Kevin Knight (33) 21:31	6 Dave Masterman (33) 20:55	5 James Porteous (44) 21:56	6 Richard Hall (47) 21:34				
34 Sale Harriers Manchester		'B' 1:59:45		48 Trafford A.C.		'B' 2:04:07	
1 M Kilmartin (68) 20:43	2 James Wignall (50) 19:03	1 Duncan Drasdo (64) 20:36	2 James Bleakley (55) 19:52	3 Paul Barrett (49) 20:47	4 Lee Woods (45) 20:18	3 Jeff Prest (48) 19:55	4 C Fitzpatrick (46) 20:47
5 Philip Tedd (37) 18:32	6 Jason Bowers (34) 20:22	5 Paul Rockliffe (47) 21:15	6 David Meyer (48) 21:42				
35 Blackburn Harriers		1:59:53		49 Derby AC		'B' 2:04:18	
1 T Cornthwaite (5) 17:41	2 Lee Passco (19) 19:30	1 David Bishop (54) 20:02	2 David Connor (45) 19:17	3 Matt Nuttall (16) 18:49	4 David Thornton (17) 19:46	3 Ian Stevens (43) 20:37	4 Richard Wilson (44) 20:36
5 Danny Maynard (27) 22:30	6 John Chaplin (35) 21:37	5 John Knibb (42) 20:52	6 Gary Fallon (49) 22:54				
36 City Of Sheffield AC		'A' 1:59:56		50 Altrincham		'B' 2:04:45	
1 Howard Wood (47) 19:46	2 Paul Green (31) 18:23	1 Neil Walker (51) 19:58	2 Dominic Scott (52) 20:25	3 Adam Newton (27) 19:17	4 Mike Plint (41) 22:43	3 D Livingstone (54) 20:46	4 Mark Norton (52) 21:27
5 James Cordwell (35) 19:13	6 Mick Thompson (36) 20:34	5 Richard Evans (50) 20:58	6 Nick Burke (50) 21:11				
37 Lancaster & Morecambe AC		'A' 1:59:58		51 Darlington Harriers & AC		2:05:03	
1 R Parrington (39) 19:11	2 S Worthington (41) 19:54	1 Thomas West (57) 20:18	2 J Rutherford (60) 21:16	3 K Rowlands (34) 19:38	4 Mark Gardner (34) 20:17	3 Lewis Moses (45) 18:32	4 Graham Bell (49) 22:16
5 Mark Hammond (38) 20:24	6 Adam Higginson (37) 20:34	5 S Rutherford (49) 21:11	6 C Gaffney (51) 21:30				
38 Richmond And Zetland Harriers		2:00:00		52 Sheffield Running Club		2:05:07	
1 James Wardman (44) 19:25	2 Nick Zissler (37) 19:12	1 Yasin Mohamed (19) 18:17	2 M Mohammed (25) 19:42	4 T Zaranko (37) 20:49	3 R Douglas (33) 19:56	3 Terry Hatter (46) 22:08	4 John Doherty (58) 23:25
6 Jon Orange (38) 19:42	5 Anthony Ryder (39) 20:56	5 J Cocker (61) 22:28	6 Nick Swift (52) 19:07				
39 Blackpool Wyre And Fylde AC		'A' 2:00:20		53 Spectrum Striders RC		'A' 2:05:10	
1 S Robinson (23) 18:27	2 Luke Berry (42) 20:41	1 Ian Bamber (56) 20:09	2 Scott Liddell (70) 22:50	3 S Williams (51) 21:36	4 Luke Minns (42) 19:38	3 Nick Jones (52) 17:59	4 Neil Crompton (47) 21:04
5 Trevor Uttley (41) 20:37	6 John Wright (39) 19:21	5 Steve Martin (51) 21:39	6 Neil Garnett (53) 21:29				
40 Valley Striders		2:01:02		54 Clayton Le Moors Harriers		'A' 2:05:16	
1 P Aristotelous (41) 19:18	2 Simon Midwood (43) 19:51	1 Gary Shaw (43) 19:22	2 Mark Aspinall (48) 20:07	3 Steve Webb (38) 20:09	4 Dan Fisher (38) 20:40	3 Gary Balmer (56) 22:14	4 Tony Walker (57) 21:40
5 Jim Clay (40) 20:49	6 Gwil Thomas (40) 20:15	5 Gary Wilkinson (54) 20:50	6 Barry Brock (54) 21:03				



# Northern Athletics Six Stage Road Relay at Leeds Carnegie on Saturday 26 September 2009

<p>55 Beverley AC 'A' 2:05:19            1 J Leskiewicz (48) 19:49 2 James McGivern (58) 21:30            3 Ross Armstrong (62) 21:41 4 James Pearson (56) 20:21            5 Rob Snaith (53) 20:42 6 Mark Dalton (55) 21:16</p> <p>56 Wallsend Harriers &amp; AC 2:06:00            1 Mark Fenwick (29) 18:43 2 S Hargreaves (44) 20:33            3 Dave Anderson (53) 21:44 4 Barry Allsopp (54) 22:04            5 D Hindmarsh (58) 22:21 6 Sean Kelly (56) 20:35</p> <p>57 Wigan Phoenix 'B' 2:06:30            1 Steve Nicholls (60) 20:24 2 P Darbyshire (59) 21:02            3 Paul Seddon (64) 22:04 4 Sean McMyler (60) 20:56            5 Rod Hart (57) 20:43 6 Dave Collins (57) 21:21</p> <p>58 Hartlepool Burn Road Harriers 'A' 2:06:35            1 Bryan Astill (73) 21:04 2 Paul Wilson (66) 21:06            3 A Minister (58) 19:55 4 K Galbraith (59) 22:11            5 Dave Edwards (65) 23:28 6 Andrew Kelly (58) 18:51</p> <p>59 City Of Hull AC 'A' 2:06:40            1 Stuart Buchan (78) 21:42 2 Stewart Rhodes (74) 21:47            3 Keiron Blogg (69) 21:01 4 Peter Baker (63) 20:36            5 Danny Aldus (62) 21:06 6 Adam Fozzard (59) 20:28</p> <p>60 Barrow And Furness Striders 'B' 2:07:12            1 David Parker (76) 21:07 2 Peter Willacy (72) 22:12            3 Ken Davenport (71) 21:12 4 Ron Winward (61) 20:00            5 Stephen Murray (60) 21:28 6 David Shaw (60) 21:13</p> <p>61 Sunderland Harriers &amp; AC 'B' 2:07:20            1 Jason Waite (49) 19:50 2 Cory Hood (62) 21:59            3 Matthew Foggin (61) 21:10 4 M Kilbride (62) 21:36            5 Paul Redman (59) 20:51 6 S Mathieson (61) 21:54</p> <p>62 Kingston Upon Hull AC 'B' 2:07:57            1 Graham Gagg (70) 20:50 2 Matthew Pye (64) 21:10            3 David Ricketts (55) 19:38 4 H Thompson (51) 20:52            5 Owen Williams (63) 24:28 6 Andy Lyons (62) 20:59</p> <p>63 York Knavesmire Harriers 'A' 2:08:25            1 Barry Atkinson (58) 20:20 2 Darren Herdley (56) 20:10            3 Luke Westwood (63) 22:48 4 Russ Parkinson (65) 21:57            5 C Richardson (64) 21:51 6 Kevin Langham (63) 21:19</p> <p>64 North Derbyshire RC 2:09:20            1 Liam Fidler (74) 21:05 2 Richad Gratton (68) 21:40            3 Steve Bennett (66) 21:38 4 John Cannon (71) 23:15            5 S Cunningham (66) 20:38 6 Steve Leverton (64) 21:04</p> <p>65 Keighley &amp; Craven AC 'B' 2:09:52            1 David Shaw (55) 20:07 2 Adrian Thomas (54) 20:18            3 Mark Knowles (59) 21:57 4 Steve Carter (68) 23:55            5 Matthew Sykes (67) 22:11 6 Liam Spencer (65) 21:24</p> <p>66 Clayton Le Moors Harriers 'B' 2:12:19            1 K Mitchell (81) 21:55 2 Sean Clare (75) 21:50            3 Neil Worswick (74) 22:22 4 Dave Motley (73) 23:15            5 Paul Archer (70) 20:59 6 C Balderson (66) 21:58</p> <p>67 Lancaster &amp; Morecambe AC 'B' 2:12:55            1 Sean Bolland (62) 20:31 2 P Worthington (63) 21:28            3 C Breakell (60) 20:24 4 John Carr (67) 23:15            5 Mark Levine (71) 25:26 6 Eryl Husband (67) 21:51</p> <p>68 St Helens Sutton AC 'B' 2:13:30            1 Mark Davies (72) 21:00 2 Barry Graney (61) 20:37            3 Steve Tate (65) 22:12 4 Ian White (66) 21:46            5 Alan McNally (68) 23:54 6 Steve Clague (68) 24:01</p>	<p>69 Wesham Road Runners 'A' 2:13:54            1 Charles Pass (25) 18:33 2 S Myerscough (38) 20:06            3 Alexander Rowe (44) 21:17 4 Mark Midgley (55) 23:09            5 Lee Barlow (52) 20:54 6 David Young (69) 29:55</p> <p>70 Wakefield Harriers 'B' 2:14:45            1 J Prideaux (79) 21:45 2 Chris Ward (71) 21:25            3 Anthony White (73) 22:26 4 David Dawson (74) 23:57            5 K Singleton (77) 24:49 6 Nathan Bolton (70) 20:23</p> <p>71 Wetherby Runners 2:14:46            1 Scott MacVicar (61) 20:29 2 Steven Close (82) 26:00            3 Paul Emmett (79) 21:08 4 Ian Legg (75) 22:06            5 T Andryszewski (75) 23:27 6 Paul Windle (71) 21:36</p> <p>72 Gateshead Harriers &amp; Athletics 'D' 2:15:22            1 Mark Hudson (80) 21:48 2 Chris Walker (79) 23:09            3 Paul Tate (78) 22:19 4 Crawford-Glanv (76) 22:53            5 Paul Hindhaugh (73) 22:56 6 Geoff Smith (72) 22:17</p> <p>73 Blyth 2:16:23            1 Robbie Barkley (67) 20:40 2 Dave Bradley (81) 25:19            3 Paul Whalley (75) 20:22 4 R Dickinson (78) 25:52            5 Adam Smith (76) 22:05 6 Craig Birch (73) 22:05</p> <p>74 Salford Harriers &amp; AC 'D' 2:16:53            1 Mark Seed (75) 21:06 2 Dale Daniels (65) 21:02            3 R Derbyshire (72) 22:56 4 Sean Cordell (70) 22:08            5 Tommy Daniels (74) 25:55 6 Stan Curran (74) 23:46</p> <p>75 Beverley AC 'B' 2:17:32            1 Steve Peacock (82) 21:58 2 Ian Boardley (76) 21:54            3 Tim Simpson (81) 24:47 4 Neil Bant (79) 23:42            5 Ian Husband (79) 22:35 6 Jonathon Sage (75) 22:36</p> <p>76 Durham City Harriers 'B' 2:18:55            1 John Nash (84) 22:17 2 Matthew Hand (73) 21:08            3 Anthony Hunt (77) 23:46 4 Rob Garbutt (77) 24:11            5 Alan Rowell (78) 23:29 6 Paul Emerson (76) 24:04</p> <p>77 Heanor Running Club 'B' 2:23:08            1 Rob Rainsford (83) 22:10 2 Peter Ivens (80) 22:49            3 Andy Harriott (80) 22:57 4 Chris Mellors (80) 24:39            5 R Wilkinson (80) 24:44 6 Glen Salkeld (77) 25:49</p> <p>Incomplete Teams:            Bolton United Harriers 16:22:56            1 Tony Valentine (20) 18:21 2 Frazer Jardine (46) 21:06            3 Ian Selby (47) 20:51 4 Paul Turner (53) 22:31            5 D Grimshaw (56) 22:00</p> <p>Sale Harriers Manchester 'C' 16:27:56            1 Tim Brett (65) 20:37 2 P Calderbank (67) 21:38            3 Paul Rowley (67) 22:11 4 F Cordingley (69) 22:04            5 Jerry Smith (69) 23:19</p> <p>Leeds City AC 'E' 16:30:41            1 Phil Townsend (63) 20:34 2 Lee Allsop (77) 23:33            3 Peter Kidd (76) 22:57 4 Simon Hill (72) 22:01            5 Martin Farran (72) 23:29</p> <p>Lincoln Wellington AC 'B' 15:42:38            1 Chris Woodger (71) 20:57 2 Jon Hughes (69) 21:50            3 Dan Hogg (70) 21:44</p> <p>Bingley Harriers 'B' 15:16:44            1 S Broadbent (36) 18:54 2 Robin Lawrence (36) 19:43</p> <p>York Acorn Running Club 14:58:45            1 Mike Raynes (66) 20:38</p> <p>Vale Royal AC 'B' 14:59:34            1 Andy Pery (77) 21:27</p>
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