

5k Race 1		York Millennium Bridge Race, 11 August 2009				
Position	Time	first name	surname	club	sex	category
1	15.08	Abdul	Abdulrahman	Birchfield Harriers	M	n/a
2	15.09	Darran	Bilton	Leeds City AC	M	40
3	15.49	Carl	Ryde	Doncaster AC	M	n/a
4	15.55	Aidan	Adams	Leeds City AC	M	
5	16.24	Josh	Schofield	Scarborough AC	M	U15
6	16.27	Iain	Lynn	York Acorn	M	U20
7	16.28	Jonathon	Maxfield	Rotherham Harriers	M	n/a
8	16.31	Phil	Elliott-Dick	York Knavesmire	M	n/a
9	16.34	John	Convery	Bingley Harriers	M	45
10	16.36	Kevin	Erskine	Tadcaster Harriers	M	n/a
11	16.42	Mark	Colling	Scarborough AC	M	45
12	16.43	Sam	O'Neill	Scunthorpe and District	M	n/a
13	16.50	Simon	Newton	Askern DRC	M	n/a
14	16.57	Andrew	Cartwright	Rothwell Harriers	M	n/a
15	17.01	Oliver	Dixon	York Acorn RC	M	U15
16	17.07	Ryan	Buck	York Acorn RC	M	U17
17	17.07	John	Trelfa	Scarborough AC	M	45
18	17.09	Nicola	Geddes	Scunthorpe AC	F - 1	n/a
19	17.23	Scott	Macvicar	Wetherby Runners AC	M	n/a
20	17.31	Jenny	Blizard	Rotherham AC	F - 2	
21	17.32	James	Palmer	York Acorn RC	M	U20
22	17.34	Lawrence	Basham	Ilkley Harriers	M	
23	17.36	George	Rutten	Rothwell Harriers	M	45
24	17.36	Dave	Emmett	u/a	M	40
25	17.40	Andrew	Wormald	Abbey Runners	M	50
26	17.47	Richard	Bewell	Wetherby Runners AC	M	45
27	17.53	Jim	Buller	Wetherby Runners AC	M	40
28	17.57	Kevin	Stott	Rothwell Harriers	M	45
29	17.59	Gavin	Dalton	City of Hull	M	55
30	17.59	Helen	Cross	Pocklington Runners	F - 3	n/a
31	18.04	Kieran	Blogg	City of Hull	M	
32	18.05	Matthew	Wheeler	Wetherby Runners AC	M	n/a
33	18.06	Gavin	Bannister	York Acorn RC	M	
34	18.09	Ian	Legg	Wetherby Runners AC	M	40
35	18.12	Chris	Plews	Wetherby Runners AC	M	
36	18.13	Paul	Smith	u/a	M	45
37	18.14	Lee	Spink	u/a	M	n/a
38	18.15	Shaun	Lawson	Whiterose TC	M	n/a
39	18.17	Jack	Jordan	Scarborough AC	M	U17
40	18.17	Lloyd	Best	Otley AC	M	45
41	18.20	Lisa	Mawer	Wetherby Runners	F - 4	40
42	18.22	Simon	Richardson	Pocklington Runners	M	55
43	18.28	Paul	Windle	Wetherby Runners AC	M	40
44	18.32	Arthur	Hugh	u/a	M	
45	18.34	Abbey	Lawrence	Knavesmire Harriers	F - 5	
46	18.37	Pat	Messrother	Loftus & Whitby	M	
47	18.38	Paul	Collingwood	Askern DRC	M	
48	18.40	Kevin	Norman	Pocklington Runners	M	45
49	18.40	Mick	Brearley	St Bedes AC	M	45
50	18.42	Stuart	Smith	Pocklington Runners	M	n/a

51	18.44	Mark	Tobin	Wetherby Runners AC	M	n/a
52	18.45	Jason	Westmoreland	Rothwell Harriers	M	40
53	18.46	Erika	Johnson	Swaledale Road Runners	F - 6	35
54	18.47	Chris	Armitage	u/a	M	
55	18.48	Robyn	Oldham	Knavesmire Harriers	F	35
56	18.49	Kevin	Lally	Easingwold	M	40
57	18.51	David	Botterill	York Acorn RC	M	45
58	18.53	Julie	Buckley	Penistone FR	F - 7	50
59	18.55	Mark	Hetherington	Abbey Runners	M	45
60	18.56	Will	Dyson	u/a	M	40
61	18.57	Keziah	Paxton	Thirsk and Sowerby	F - 8	U17
62	18.59	Simon	Thornton	u/a	M	45
63	18.59	Michael	Herbert	Otley AC	M	
64	19.04	Mick	Flaherty	Ackworth	M	45
65	19.06	Graeme	Brine	u/a	M	40
66	19.07	Sarah	Kemshall	Scunthorpe AC	F - 9	U20
67	19.08	Lindsay	Toulson	u/a	M	n/a
68	19.10	David	Beecroft	Rothwell Harriers	M	45
69	19.12	Andrew	Wheeler	Wetherby Runners AC	M	50
70	19.14	Helena	Schofield	Scarborough	F - 10	U20
71	19.16	Lewis	Cox	Selby Striders	M	U15
72	19.17	Angus	Wells	Easingwold	M	U17
73	19.18	Graham	Bell	Darlington Harriers	M	55
74	19.18	Martin	Smith	York Knavesmire	M	n/a
75	19.19	Julie	Mastrolonardo	Loftus and Whitby	F - 11	40
76	19.19	Keith	Pailing	Rothwell Harriers	M	55
77	19.20	Steven	Close	Wetherby Runners AC	M	35
78	19.23	Graham	Werrett	Askern DRC	M	55
79	19.23	Iain	Manfield	Abbey Runners	M	40
80	19.25	Dave	Horness	Loftus & Whitby	M	50
81	19.27	Andrew	Tate	Beverley AC	M	n/a
82	19.28	Angus	Wells	Easingwold	M	40
83	19.36	Martin	Fairburn	u/a	M	n/a
84	19.37	Andy	Blades	u/a	M	40
85	19.40	Alan	Boyd	Ackworth	M	45
86	19.40	Heather	Tuffs	York Acorn	F - 12	U20
87	19.41	Jonathan	Teasdale	u/a	M	40
88	19.42	Fiona	Strange	York Knavesmire	F - 13	40
89	19.44	Graham	Goodwin	Askern DRC	M	45
90	19.46	Ian	Hancox	u/a	M	45
91	19.47	Nicola	Kent	Loftus and Whitby	F - 14	35
92	19.48	Caroline	Warrington	Knavesmire Harriers	F - 15	
93	19.48	Richard	Thomas	Kirkstall	M	45
94	19.53	Karen	Best	Otley AC	F - 16	35
95	19.54	Charlotte	Mason	York Acorn	F - 17	U17
96	19.55	David	Darton	York Knavesmire	M	50
97	19.59	Mark	Dye	u/a	M	
98	20.04	Duncan	Chambers	York Knavesmire	M	45
99	20.05	Mark	Cherry	Run Britain	M	
100	20.11	Matthew	Ripley	Selby Striders	M	n/a

101	20.12	Garry	Trillo	Loftus & Whitby	M	50
102	20.16	Sharon	Williams	Abbey Runners	F - 18	45
103	20.18	Peter	Mullery	Rothwell Harriers	M	50
104	20.21	Simon	Barlow	Swaledale RR	M	n/a
105	20.27	Rory	Wells	Easingwold	M	U17
106	20.32	Kevin	Gutteridge	Askern DRC	M	40
107	20.34	Michaela	Sill	Rothwell Harriers	F - 19	n/a
108	20.35	Derrick	Scollick	u/a	M	n/a
109	20.36	Ann	Dale	Wetherby Runners	F - 20	35
110	20.37	Noel	Taylor	u/a	M	40
111	20.39	Matthew	Nutter	Rothwell Harriers	M	n/a
112	20.41	John Derek	Bonarius	York Postal Harriers	M	40
113	20.42	Yasha	Chechik	York Acorn	M	U17
114	20.43	Ashley James	Ward	Rothwell Harriers	M	n/a
115	20.52	Sharon	Gayter	North York Moors AC	F	45
116	20.58	Garry	Keenan	Wetherby Runners AC	M	40
117	21.01	Michael	Herbert	Otley AC	M	40
118	21.02	Paul	Bowers	Rothwell Harriers	M	40
119	21.03	Julia	Schumaker	Knavesmire Harriers	F	
120	21.04	Anna	Gould	u/a	F	U15
121	21.08	David	Hetherton	Pickering RC	M	50
122	21.10	Richard	Freer	Selby Striders	M	40
123	21.12	Ben	Paviour	u/a	M	
124	21.19	Phillip	Robson	Otley AC	M	60
125	21.21	Tim	Tancos	Rothwell Harriers	M	40
126	21.23	Mark	Swinden	Tadcaster Harriers	M	50
127	21.24	Steve	Ruddock	u/a	M	45
128	21.25	Thomas	Wall	u/a	M	40
129	21.26	Julian	Murray	Harrogate Harriers	M	n/a
130	21.28	Terry	Lacy	Rothwell Harriers	M	45
131	21.28	Laura	Marks	Wetherby Runners	F	40
132	21.32	Ed	Smith	u/a	M	
133	21.33	Rachel	Hanson	York Knavesmire	F	n/a
134	21.34	David	Beeson	u/a	M	40
135	21.40	Caroline	Lambert	Harrogate	F	U15
136	21.41	Michael	Mastrolanardo	u/a	M	40
137	21.43	Matthew	Jones	u/a	M	
138	21.43	Katherine	Coupland	Harrogate Harriers	F	U17
139	21.45	Adele	Antcliffe	Rothwell Harriers	F	n/a
140	21.51	Wendy	Kentish	u/a	F	
141	21.56	Helen	Brown	Totley AC	F	35
142	21.56	Dave	Ward	Pickering RC	M	40
143	21.57	J	Rossington	u/a	M	n/a
144	21.57	A	Bennett	Skyrac	M	55
145	21.58	Colin	Lea	York Knavesmire	M	40
146	21.58	Emma	Coster	Wetherby Runners	F	35
147	21.59	Stephen	Robson	u/a	M	
148	21.59	Louise	Pinder	u/a	F	
149	22.02	Roger	Ward	Rothwell Harriers	M	50
150	22.03	Arthur	Asquith	u/a	M	40

151	22.05	Jill	Dowson	Pocklington Runners	F	45
152	22.07	Andrea	Normington	Wetherby Runners	F	45
153	22.10	Alaistair	Macleod	York Knavesmire	M	45
154	22.18	Martin	Hinchcliffe	Tadcaster Harriers	M	50
155	22.19	Sharon	Jackson	Rothwell Harriers	F	35
156	22.20	Julie	Lawn	u/a	F	35
157	22.24	Becky	Smith	u/a	F	n/a
158	22.25	Jayne	Dale	Beverley AC	F	45
159	22.30	Jon	Popiolek	Pudsey Pacers	M	50
160	22.37	Peter	McGouran	Otley AC	M	50
161	22.39	Jeremy	Swinden	Tadcaster Harriers	M	50
162	22.40	Howard	Cross	Pocklington Runners	M	40
163	22.51	Matthew	Bennett	u/a	M	n/a
164	22.52	Ian	Robinson	Esk Valley Fell	M	45
165	23.02	Martin	Walker	UK Net Runners	M	40
166	23.03	Jonathan	Gillett	u/a	M	55
167	23.05	Melanie	Padgham	Scarborough	F	45
168	23.05	Stanley	Hryszkiewiczzi	New York Road Runners	M	60
169	23.06	David	Caerby	u/a	M	40
170	23.39	Amanda	Metcalfe	Helme Harriers	F	40
171	23.45	Damian	Galloway	u/a	M	
172	23.49	Kelly	McDonald	u/a	F	n/a
173	24.03	Thea	Pullen	u/a	F	40
174	24.07	Carmen	Porter	Wetherby Runners	F	40
175	24.15	Amy	Crossley	Rothwell Harriers	F	n/a
176	24.18	Elizabeth	Gillley	u/a	F	n/a
177	24.19	Ian Robert	Wilson	Ackworth	M	n/a
178	24.27	Mark	Sullivan	York Knavesmire	M	
179	24.27	Rachel	Sullivan	York Knavesmire	F	
180	24.39	William	Gayter	North Yorks Moors AC	M	45
181	25.19	Fraser	Ball	u/a	M	
182	26.37	Jane	Fascoine	u/a	F	n/a
183	27.11	Tracey	Gilbank	Pickering	F	40