

The Mid Lancs Cross Country League

at Worden Park, Leyland, Leyland on Saturday 17th January 2009

Under 11 Girls — FINAL RESULTS

Pos	Name	Club	Time
1	Elizabeth Greenwood	Blackburn Harriers & Ac	8:52
2	Sophie Brennan	Liverpool Harriers & Ac	9:23
3	Emily Borthwick	Wigan & District H & Ac	9:27
4	Emily Grey	Blackpool Wyre & Fylde AC	9:37
5	Erin McBride	Liverpool Harriers & Ac	9:51
6	Bethany Blackwell	Chorley Harriers	9:54
7	Bethany Everson	Blackpool Wyre & Fylde AC	9:57
8	Zoe Hughes	Wigan & District H & Ac	10:00
9	MMorganMythem	Kendal Amateur Athletic Club	10:19
10	Louise Graham	Liverpool Harriers & Ac	10:22
11	Olivia Daly	Liverpool Harriers & Ac	10:23
12	Emma Taylor	Wigan & District H & Ac	10:24
13	Lauren Deane	Southport Waterloo Ac	10:25
14	Alexa McTiffin	Hyndburn Ac	10:28
15	Hannah Delkaney	Liverpool Harriers & Ac	10:31
16	Isabella Lewis	Rossendale Harriers & Ac	10:36
17	Fiona Hockey	Blackpool Wyre & Fylde AC	10:37
18	Katie McKenzie	Wigan & District H & Ac	10:45
19	Shauna Williamson	Rossendale Harriers & Ac	10:48
20	Tasmin Crook	Barrow & Furness Striders Ac	10:48
21	Olivia Clinton	Lancaster & Morecambe Ac	11:01
22	Meghan Adamson	Chorley Harriers	11:02
23	Olivia Phillips	Liverpool Harriers & Ac	11:10
24	Charlotte Waddington	Rossendale Harriers & Ac	11:10
25	Katie Clark	Hyndburn Ac	11:16
26	Evie Harker	Hyndburn Ac	11:20
27	Fionnuala Hart	Chorley Harriers	11:24
28	Millie Clark	Hyndburn Ac	11:32
29	Rebecca Brown	Liverpool Harriers & Ac	11:38
30	Neve Barnes	Pendle AC	11:50
31	Sophie Hewitt	Kendal Amateur Athletic Club	11:52
32	Tenisha Maher	Liverpool Harriers & Ac	12:01
33	Mia Kearns	Liverpool Harriers & Ac	12:06
34	Lucy Hunter	Southport Waterloo Ac	12:25
35	Shona Monks	Rossendale Harriers & Ac	12:33
36	Ashleigh Broadbent	Hyndburn Ac	12:44
37	Chloe Johnson	Preston Harriers & Ac	13:03
38	Abigail Routledge	Lancaster & Morecambe Ac	13:24
39	Rebecca Dewhurst	Hyndburn Ac	13:40

Under 11 Boys — FINAL RESULTS

Pos	Name	Club	Time
1	Matthew Doey	Kendal Amateur Athletic Club	9:03
2	Corey Booth	Wigan & District H & Ac	9:17
3	Robert Bryning	Preston Harriers & Ac	9:21
4	Jake Lonsdale	Lytham St Annes Rr Club	9:29
5	William Moynihan	Hyndburn Ac	9:31
6	Kyle Smith	Blackburn Harriers & Ac	9:36
7	Kyle Ritchie	Barrow & Furness Striders Ac	9:40
8	Zach Barrow	Kendal Amateur Athletic Club	9:41
9	K Armour-Hamill	Blackburn Harriers & Ac	9:43
10	Patrick Taberner	Wigan & District H & Ac	9:44
11	Jack Eggesden	Liverpool Pembroke & Sefton H	9:49
12	Reece Farnhill	Hyndburn Ac	9:52
13	Kristian Ackinery	Blackburn Harriers & Ac	10:00
14	Patrick McGuinness	Lancaster & Morecambe Ac	10:04
15	Adam Cooper	Chorley Harriers	10:08
16	Matthew Tobin	Southport Waterloo Ac	10:19
17	Jack Mulligan	Hyndburn Ac	10:20
18	Max Haworth	Rossendale Harriers & Ac	10:20
19	Thomas Sumner	Rossendale Harriers & Ac	10:23
20	Lewis O'Donnell	Preston Harriers & Ac	10:26
21	Jack Haydock	Hyndburn Ac	10:29
22	Elliot Haram	Liverpool Pembroke & Sefton H	10:37
23	Adam Roberts	Preston Harriers & Ac	10:39
24	Matthew Smith	Hyndburn Ac	10:42
25	A Woodburn Baker	Lancaster & Morecambe Ac	10:47
26	Daemon Metcalfe	Pendle AC	10:59
27	Liam Hinnigan	Lancaster & Morecambe Ac	11:03
28	Matthew Roberts	Hyndburn Ac	11:06
29	Adam Hewitt	Kendal Amateur Athletic Club	11:07
30	Luke Spencer	Southport Waterloo Ac	11:07
31	Thomas Shearer	Southport Waterloo Ac	11:08
32	Ben Hedley	Hyndburn Ac	11:17
33	Nathan Chadwick	Glaxo Hoad Hill Harriers	11:35
34	Henry Ryder	Wigan & District H & Ac	11:43
35	Dean Swarbrick	Pendle AC	11:57
36	Michael Sherratt	Pendle AC	12:12
37	Marcus McIntyre	Hyndburn Ac	12:13
38	Sam Ronning	Wigan & District H & Ac	12:15
39	Oscare Coleman	Lancaster & Morecambe Ac	13:00
40	George Sutton	Southport Waterloo Ac	13:03
41	Alexander Chadwick	Glaxo Hoad Hill Harriers	13:33

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Under 13 Girls — FINAL RESULTS

Pos	Name	Club	Time
1	Florie McLeish	Preston Harriers & Ac	9:45
2	Alisha Johnson	Blackpool Wyre & Fylde AC	10:31
3	Jodie Ferguson	Blackpool Wyre & Fylde AC	10:32
4	Amy Moran	Pendle AC	10:32
5	Freya Sadler	Barrow & Furness Striders Ac	10:35
6	Natalie Thompson	Wigan & District H & Ac	10:39
7	Harriet Kneller	Wigan & District H & Ac	10:41
8	Megan Solomon	Rossendale Harriers & Ac	10:42
9	Amy Higham	Wigan & District H & Ac	10:45
10	Jessica Broutwell	Wigan & District H & Ac	10:50
11	Kate Lawler	Blackpool Wyre & Fylde AC	10:57
12	Alice Garnett	Pendle AC	11:00
13	Emma Hargreaves	Preston Harriers & Ac	11:01
14	Lauren Sharkey	Lancaster & Morecambe Ac	11:02
15	Kirsty Fraser	Lytham St Annes Rr Club	11:02
16	Nina Stirrup	Blackburn Harriers & Ac	11:02
17	Danielle Thompson	Wigan & District H & Ac	11:02
18	Mary Hodgson	Lancaster & Morecambe Ac	11:06
19	Hannah William	Hyndburn Ac	11:13
20	Hannah Fleet	Lancaster & Morecambe Ac	11:22
21	Ella Roberts	Preston Harriers & Ac	11:24
22	Lucy Minns	Blackpool Wyre & Fylde AC	11:29
23	Alexadra Quarmby	Blackpool Wyre & Fylde AC	11:29
24	Leah Williamson	Rossendale Harriers & Ac	11:30
25	Hannah Smith	Hyndburn Ac	11:32
26	Emily Heaviside	Eden Runners	11:36
27	Cloe Holthead	Lancaster Amateur Athletic Club	11:46
28	Layla Foley	Lytham St Annes Rr Club	11:47
29	Lucy Alderman	Pendle AC	11:47
30	Page Clinton	Lancaster & Morecambe Ac	11:50
31	Jessica McCracken	Lancaster & Morecambe Ac	11:55
32	Sophie Seddon	Barrow & Furness Striders Ac	12:03
33	Sarah Bell	Lancaster & Morecambe Ac	12:13
34	Tiffany Heaviside	Eden Runners	12:21
35	Kelly Smith	Blackpool Wyre & Fylde AC	12:29
36	Hannah Lindsay	Burnley AC	12:43
37	Molly Haydock	Hyndburn Ac	13:11
38	Chloe Law	Rossendale Harriers & Ac	13:15
39	Hannah Stanway	Barrow & Furness Striders Ac	13:17
40	Molly Neary	Rossendale Harriers & Ac	13:22
41	Jade Lorimore	Pendle AC	13:50
42	Savannah Haworth	Rossendale Harriers & Ac	14:23

Under 13 Girls — TEAM RESULTS

1 Wigan & District H & Ac	32 — 6 Natalie Thompson	7 Harriet Kneller	9 Amy Higham	10 Jessica Broutwell
2 Blackpool Wyre & Fylde AC	38 — 2 Alisha Johnson	3 Jodie Ferguson	11 Kate Lawler	22 Lucy Minns
3 Lancaster & Morecambe Ac	82 — 14 Lauren Sharkey	18 Mary Hodgson	20 Hannah Fleet	30 Page Clinton
4 Pendle AC	86 — 4 Amy Moran	12 Alice Garnett	29 Lucy Alderman	41 Jade Lorimore
5 Rossendale Harriers & Ac	110 — 8 Megan Solomon	24 Leah Williamson	38 Chloe Law	40 Molly Neary

Race 4 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	James Knox	Helm Hill Runners	11:51
2	Liam Ellis	Southport Waterloo Ac	12:13
3	Sam Johnstone	Ellenborough Ac	12:25
4	Michael Panes	Southport Waterloo Ac	12:33
5	Ross Campbell	Barrow & Furness Striders Ac	12:41
6	Gary Clark	Southport Waterloo Ac	12:42
7	James Grundy	Liverpool Pembroke & Sefton H	12:45
8	Robert Powell	Leigh Harriers & Ac	12:50
9	Patrick Dever	Preston Harriers & Ac	13:01
10	Sam Nicholson	Barrow & Furness Striders Ac	13:02
11	Luke Tyson	Southport Waterloo Ac	13:03
12	Jake Sache	Liverpool Pembroke & Sefton H	13:08
13	Owen Williams	Southport Waterloo Ac	13:11
14	Neng Wildman	Pendle AC	13:18
15	Harry Modley	Lancaster & Morecambe Ac	13:19
16	Jamie Midgeley	Blackpool Wyre & Fylde AC	13:22
17	Jack Isherwood	Preston Harriers & Ac	13:25
18	Robert Blow	Blackburn Harriers & Ac	13:27
19	Liam XEvans	Liverpool Harriers & Ac	13:29
20	Alistair Palmer	Chorley Harriers	13:30
21	Harry Collins	Liverpool Pembroke & Sefton H	13:36
22	Callum Davidson	Rossendale Harriers & Ac	13:45
23	\$George XBanks	Unattached	13:48
24	Robert Buckley	Blackburn Harriers & Ac	13:49
25	Nathan Browne	Liverpool Pembroke & Sefton H	13:50
26	Joseph Pearse	Blackburn Harriers & Ac	13:50
27	Matthew Dutton	Pendle AC	13:58
28	Albert Curran	Liverpool Pembroke & Sefton H	14:05
29	Edward Harkness	Blackburn Harriers & Ac	14:10
30	Dan Whitlock	Chorley Harriers	14:10
31	Alex Cross	Blackpool Wyre & Fylde AC	14:31
32	Gino Bradshaw	Burden Road Runners	14:41
33	Liam Kerigan	Blackpool Wyre & Fylde AC	14:53
34	Jonathan Bride	Liverpool Pembroke & Sefton H	14:57
35	Andrew Yates	Southport Waterloo Ac	15:03
36	James Salisbury	Preston Harriers & Ac	15:35
37	Thomas Navan Barnes	Lancaster & Morecambe Ac	16:27
38	Josh Birtles	Southport Waterloo Ac	16:35
39	Dean Thompson	Pendle AC	17:11

Race 4 - Under 13 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Southport Waterloo Ac	23 — 2 Liam Ellis	4 Michael Panes	6 Gary Clark	11 Luke Tyson
2 Liverpool Pembroke & Sefton H	64 — 7 James Grundy	12 Jake Sache	21 Harry Collins	24 Nathan Browne
3 Blackburn Harriers & Ac	94 — 18 Robert Blow	23 Robert Buckley	25 Joseph Pearse	28 Edward Harkness

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Race 4 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Lauren Gowland	Blackpool Wyre & Fylde AC	12:42	11	Emily Wilson	Pendle AC	14:18
2	Bianca Pedersen	Blackpool Wyre & Fylde AC	12:49	12	Jessica McDermott	Preston Harriers & Ac	14:20
3	Shannon Johnson	Leigh Harriers & Ac	12:51	13	Samantha Smith	Blackpool Wyre & Fylde AC	14:25
4	Beckie Taylor	Blackburn Harriers & Ac	13:06	14	Katie Morris	Southport Waterloo Ac	14:36
5	Sarah Hodgson	Lancaster & Morecambe Ac	13:20	15	Christina Bell	Lancaster & Morecambe Ac	14:50
6	Charlotte Atkinson	Blackburn Harriers & Ac	13:22	16	Rachel Leech	Blackburn Harriers & Ac	15:51
7	Emily Fletcher	Blackburn Harriers & Ac	13:34	17	Melissa Berry	Pendle AC	16:11
8	Catherine Hulme	Southport Waterloo Ac	14:07	18	Jessie Scott	Chorley Harriers	16:44
9	Jade Lord	Pendle AC	14:09	19	Alice Barnes	Barrow & Furness Striders Ac	17:33
10	Holly Crabtree	Pendle AC	14:15				

Race 4 - Under 15 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Blackburn Harriers & Ac	33	—	4 Beckie Taylor	6 Charlotte Atkinson	7 Emily Fletcher	16 Rachel Leech
2 Pendle AC	47	—	9 Jade Lord	10 Holly Crabtree	11 Emily Wilson	17 Melissa Berry

Race 5 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Emma Flanagan	Rossendale Harriers & Ac	18:28	6	Michaela Brolly	Clayton Le Moors Harriers	20:07
2	Abigail Mackley	Preston Harriers & Ac	18:48	7	Ellen Buckley	Preston Harriers & Ac	20:25
3	Lucie Patry	Blackburn Harriers & Ac	19:04	8	Jenny Girdler	Southport Waterloo Ac	20:43
4	Charlotte Rickards	Lancaster & Morecambe Ac	19:14	9	Louise Leek	Southport Waterloo Ac	21:01
5	Nichola Jackson	Preston Harriers & Ac	19:24				

Race 5 - Under 17 Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers & Ac	14	—	2 Abigail Mackley	5 Nichola Jackson	7 Ellen Buckley
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Race 5 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Alastair Nelson	Liverpool Pembroke & Sefton H	16:10	18	Adam Howarth	Leigh Harriers & Ac	17:59
2	Robert Warner	Blackburn Harriers & Ac	16:13	19	Kieran Monaghan	Blackburn Harriers & Ac	18:01
3	Callum Mason	Lancaster & Morecambe Ac	16:18	20	Kyle Nicholls	Liverpool Pembroke & Sefton H	18:04
4	Beau Smith	Lancaster & Morecambe Ac	16:30	21	Tom Hartley	Kendal Amateur Athletic Club	18:07
5	Richard Powell	Leigh Harriers & Ac	16:32	22	\$Jake XPerry	Wigan Tri	18:11
6	Thomas Kneller	Wigan & District H & Ac	16:36	23	Zac Howe	Horwich R M I Harriers	18:19
7	Sean Kirkbride	Liverpool Pembroke & Sefton H	16:42	24	Joseph Hanlon	Liverpool Pembroke & Sefton H	18:24
8	Adam Bateson	Lancaster & Morecambe Ac	16:44	25	Warren Turner	Liverpool Pembroke & Sefton H	18:28
9	Elliot Whyllie	Rossendale Harriers & Ac	16:49	26	Adam Weightman	Blackpool Wyre & Fylde AC	18:29
10	Liam McGuinness	Lancaster & Morecambe Ac	16:50	27	Archie McCliskey	Wigan & District H & Ac	18:46
11	Michael Hoyle	Kendal Amateur Athletic Club	16:59	28	Jake Hogg	Southport Waterloo Ac	18:56
12	Callum Rowett	Preston Harriers & Ac	17:11	29	Darren McDonald	Liverpool Pembroke & Sefton H	19:44
13	Adam Goldfarb	Liverpool Pembroke & Sefton H	17:21	30	Jake Carradus	Kendal Amateur Athletic Club	19:54
14	Daniel Quarmby	Blackpool Wyre & Fylde AC	17:24	31	Mark Brown	Chorley Harriers	20:03
15	Dave Reece	Liverpool Pembroke & Sefton H	17:37	32	James Whitaker	Preston Harriers & Ac	20:20
16	Luke Ingham	Kendal Amateur Athletic Club	17:42	33	Graham Boreham	Southport Waterloo Ac	21:21
17	George Curran	Liverpool Pembroke & Sefton H	17:57				

Race 5 - Under 15 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Lancaster & Morecambe Ac	25	—	3 Callum Mason	4 Beau Smith	8 Adam Bateson	10 Liam McGuinness
2 Liverpool Pembroke & Sefton H	36	—	1 Alastair Nelson	7 Sean Kirkbride	13 Adam Goldfarb	15 Dave Reece
3 Kendal Amateur Athletic Club	77	—	11 Michael Hoyle	16 Luke Ingham	21 Tom Hartley	29 Jake Carradus
4 Liverpool Pembroke & Sefto 'B'	84	—	17 George Curran	20 Kyle Nicholls	23 Joseph Hanlon	24 Warren Turner

Race 6 - Ladies under 20 — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time
1	Amelia Susulowsky	LJ 1	Preston Harriers & Ac	28:18
2	Katie Ireland	LJ 2	Rossendale Harriers & Ac	28:45
3	Liz Wignall	LJ 3	Lancaster & Morecambe Ac	29:30
4	\$Suzanne Bailey	LJ 4	Ribble Valley AC	33:21

Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

The Mid Lancs Cross Country League

at Worden Park, Leyland, Leyland on Saturday 17th January 2009

Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Richard Morrell	Preston Harriers & Ac	23:11	14	David Gough	Southport Waterloo Ac	25:46
2	Dave Forester	Liverpool Pembroke & Sefton H	23:21	15	\$EliotXBailey	Ribble Valley AC	26:19
3	Ashley Kay	Rossendale Harriers & Ac	23:40	16	Paul Hodgson	Lancaster & Morecambe Ac	26:20
4	Patrick Vicary	Kendal Amateur Athletic Club	23:44	17	Jack Stringfellow	Rossendale Harriers & Ac	26:21
5	Jai VernonMcGuigan	Liverpool Pembroke & Sefton H	23:45	18	James Eastham	Blackburn Harriers & Ac	26:44
6	Patrick Vis	Southport Waterloo Ac	24:14	19	Sean Dignam	Liverpool Pembroke & Sefton H	26:58
7	Chris Hesketh	Liverpool Pembroke & Sefton H	24:21	20	Jack Modley	Lancaster & Morecambe Ac	27:09
8	Mike Bride	Liverpool Pembroke & Sefton H	24:25	21	Ryan Davis	Chorley Harriers	27:45
9	Ryan Smith	Blackburn Harriers & Ac	24:31	22	\$Jason Conchie	Unattached	30:27
10	Luke Berry	Blackpool Wyre & Fylde AC	24:38	23	Jack Scarr	Blackpool Wyre & Fylde AC	31:05
11	Jordon Beard	Rossendale Harriers & Ac	24:50	24	Mark Hollowell	Blackpool Wyre & Fylde AC	31:16
12	Marcus Quarmby	Blackpool Wyre & Fylde AC	25:07	25	James Shuttleworth	Chorley Harriers	32:05
13	Joe Vis	Southport Waterloo Ac	25:34				

Race 6 - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Liverpool Pembroke & Sefton H	14 — 2 Dave Forester	5 Jai VernonMcGuigan	7 Chris Hesketh
2 Rossendale Harriers & Ac	30 — 3 Ashley Kay	11 Jordon Beard	16 Jack Stringfellow
3 Southport Waterloo Ac	33 — 6 Patrick Vis	13 Joe Vis	14 David Gough
4 Blackpool Wyre & Fylde AC	43 — 10 Luke Berry	12 Marcus Quarmby	21 Jack Scarr

Race 6 - Ladies over 35 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton Le Moors Harriers	13 — 2 Maureen Laney	3 Tracy Mitchell	8 Sue Burns
2 Blackpool Wyre & Fylde AC	28 — 4 Carolyn Robbins	11 Andrea Smith	13 Bev Wright
3 Lytham St Annes Rr Club	53 — 1 Susan Samme	23 Melanie Koth	29 Elspeth Macpherson
4 Clayton Le Moors Harriers 'B'	60 — 14 Jane Murphy	20 Irene Roche	26 Susan Clark
5 Preston Harriers & Ac	72 — 6 Philippa Walsh	17 Marion Hesketh	49 Caroline Collinson
6 Wesham Road Runners & Ac	76 — 21 Kath Hoyer	22 Michaela Dempsey	33 Julie Cruse
7 Blackpool Wyre & Fylde AC 'B'	93 — 24 Karen Dunford	34 Ruth Calderbank	35 Debbie Cardwell
8 Kendal Amateur Athletic Club	117 — 27 Dianne Priestley	36 Marion Smith	54 Susan Russell
9 Accrington Road Runners	128 — 39 Carole Morris	42 Jenny Adams	47 Nancy Bailey
10 Southport Waterloo Ac	131 — 32 Vicki Harvey	46 Carole James	53 Sharon Pardoe
11 Garstang RC	143 — 43 Sheena Cottam	48 Sue Richmond	52 Denise Hughes
12 Wesham Road Runners & Ac 'B'	149 — 40 Kerry Eccles	45 Tracy Hulme	64 Sue Fearon

Race 6 - Ladies over 45 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton Le Moors Harriers	18 — 2 Maureen Laney	5 Sue Burns	11 Irene Roche
2 Blackpool Wyre & Fylde AC	26 — 3 Carolyn Robbins	6 Bev Wright	17 Ruth Calderbank
3 Preston Harriers & Ac	38 — 4 Philippa Walsh	8 Marion Hesketh	26 Judith Deakin
4 Wesham Road Runners & Ac	48 — 12 Kath Hoyer	16 Julie Cruse	20 Kerry Eccles
5 Lytham St Annes Rr Club	49 — 1 Susan Samme	14 Elspeth Macpherson	34 Paula Hardman
6 Kendal Amateur Athletic Club	59 — 13 Dianne Priestley	18 Marion Smith	28 Susan Russell

Race 6 - Ladies over 55 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Kendal Amateur Athletic Club	19 — 3 Dianne Priestley	6 Marion Smith	10 Heather Goodman
2 Blackpool Wyre & Fylde AC	28 — 5 Ruth Calderbank	11 Hilary Goorney	12 Jenny Ryan

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Race 6 - Ladies over 18 — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time					
1	Katie Ingram		L 1 Horwich R M I Harriers	25:16					
2	Deborah Wright		L 2 Wigan Phoenix	26:09	50	Teresa Douglas	L4511 Eden Runners		32:49
3	Sarah Ridehalgh		L 3 Accrington Road Runners	26:25	51	Vicki Harvey	L40 3 Southport Waterloo Ac		33:10
4	Susan Samme		L45 1 Lytham St Annes Rr Club	26:30	52	\$Dawn Richards	L4512 Unattached		33:13
5	Gemma Unsworth		L 5 Blackpool Wyre & Fylde AC	27:23	53	Andrea Muirhead	L 53 Wigan Phoenix		33:15
6	Maureen Laney		L55 1 Clayton Le Moors Harriers	27:51	54	Julie Cruse	L4513 Wesham Road Runners & Ac		33:15
7	Tracy Mitchell		L35 1 Clayton Le Moors Harriers	28:13	55	\$Suzanne Bailey	LJ 4 Ribble Valley AC		33:21
8	Amelia Susulowsky		LJ 1 Preston Harriers & Ac	28:18	56	Jodie Wagstaff	L 56 Astley & Tyldesley Road Runner		33:24
9	Carolyn Robbins		L45 2 Blackpool Wyre & Fylde AC	28:19	57	Ruth Calderbank	L55 5 Blackpool Wyre & Fylde AC		33:25
10	Lisa Heyes		L35 2 Horwich R M I Harriers	28:23	58	Janine Needham	L 58 Red Rose Road Runners		33:35
11	M Tracey-Aguera		L 11 Astley & Tyldesley Road Runner	28:27	59	Debbie Cardwell	L3515 Blackpool Wyre & Fylde AC		33:46
12	Philippa Walsh		L45 3 Preston Harriers & Ac	28:32	60	Marion Smith	L55 6 Kendal Amateur Athletic Club		33:55
13	Lynn Manir-Jolley		L35 3 Wigan Phoenix	28:36	61	Anne Wallworth	L4514 Red Rose Road Runners		33:57
14	Rhiannon Silson		L 14 Eden Runners	28:44	62	Laura Ashworth	L 62 Lytham St Annes Rr Club		34:00
15	Katie Ireland		LJ 2 Rossendale Harriers & Ac	28:45	63	Jane Scott	L3516 Chorley Harriers		34:07
16	Sue Burns		L45 4 Clayton Le Moors Harriers	28:48	64	Carole Morris	L3517 Accrington Road Runners		34:25
17	Joanne Perry		L 17 Lancaster & Morecambe Ac	29:02	65	Bethan Burke	L 65 Glaxo Hoad Hill Harriers		34:44
18	Karen Heavyside		L35 4 Eden Runners	29:11	66	Kerry Eccles	L4515 Wesham Road Runners & Ac		34:56
19	Jackie Taylor		L40 1 Blackburn Harriers & Ac	29:21	67	Angela Crabtree	L3518 Pendle AC		35:11
20	Andrea Smith		L35 5 Blackpool Wyre & Fylde AC	29:27	68	Jenny Adams	L55 7 Accrington Road Runners		35:18
21	Tracey Dutton		L35 6 Wigan Phoenix	29:29	69	Sheena Cottam	L3519 Garstang RC		35:26
22	Liz Wignall		LJ 3 Lancaster & Morecambe Ac	29:30	70	Carole Baines	L4516 Astley & Tyldesley Road Runner		35:28
23	Bev Wright		L45 5 Blackpool Wyre & Fylde AC	29:38	71	Tracy Hulme	L4517 Wesham Road Runners & Ac		36:04
24	Jane Murphy		L35 7 Clayton Le Moors Harriers	29:51	72	Carole James	L3520 Southport Waterloo Ac		36:08
25	Tanja Slater		L 25 Preston Harriers & Ac	30:04	73	Nancy Bailey	L4518 Accrington Road Runners		36:18
26	Jane Hodgkinson		L45 6 Blackburn Harriers & Ac	30:15	74	Sue Richmond	L3521 Garstang RC		36:27
27	Helen Booth		L 27 Lancaster & Morecambe Ac	30:17	75	Caroline Collinson	L3522 Preston Harriers & Ac		36:35
28	Lauren Cooper		L 28 Lancaster & Morecambe Ac	30:32	76	Julie Lundrigan	L 76 Chorley Harriers		36:39
29	Stephanie Gillies		L35 8 Glaxo Hoad Hill Harriers	30:33	77	Marie Allen	L4519 Barrow & Furness Striders Ac		36:56
30	Kathryn Culshaw		L 30 Wigan Phoenix	30:34	78	Judith Deakin	L55 8 Preston Harriers & Ac		37:00
31	Charlotte Finch		L 31 Wigan Phoenix	30:36	79	Debbie Cooper	L 79 Lytham St Annes Rr Club		37:01
32	Marion Hesketh		L55 2 Preston Harriers & Ac	30:43	80	Denise Hughes	L4520 Garstang RC		37:09
33	Brenda Wane		L45 7 Astley & Tyldesley Road Runner	31:14	81	Sharon Pardoe	L3523 Southport Waterloo Ac		37:26
34	Sue Sharp		L45 8 Barrow & Furness Striders Ac	31:22	82	Susan Russell	L4521 Kendal Amateur Athletic Club		37:43
35	Irene Roche		L45 9 Clayton Le Moors Harriers	31:25	83	Penny Moreton	L4522 Glaxo Hoad Hill Harriers		37:56
36	Jayne Perry		L 36 Lancaster & Morecambe Ac	31:28	84	Helen Goodwin	L3524 Accrington Road Runners		38:00
37	Julie Brady		L 37 Accrington Road Runners	31:35	85	Carolyn Kevan	L4523 Kendal Amateur Athletic Club		38:26
38	Kath Hoyer		L4510 Wesham Road Runners & Ac	31:38	86	Karin Goss	L55 9 Clayton Le Moors Harriers		38:32
39	Michaela Dempsey		L35 9 Wesham Road Runners & Ac	31:44	87	Jennie Hodgson	L4524 Lancaster & Morecambe Ac		38:35
40	Melanie Koth		L3510 Lytham St Annes Rr Club	31:46	88	Heather Goodman	L5510 Kendal Amateur Athletic Club		38:50
41	Michelle Spencer		L 41 Southport Waterloo Ac	31:49	89	Paula Hardman	L50 1 Lytham St Annes Rr Club		39:52
42	Karen Dunford		L3511 Blackpool Wyre & Fylde AC	31:59	90	Faye Holden	L 90 Pendle AC		41:29
43	Tracy Ireland		L40 2 Rossendale Harriers & Ac	32:02	91	Debi Spencer	L4525 Garstang RC		41:31
44	Susan Clark		L3512 Clayton Le Moors Harriers	32:08	92	M Darcy Barron	L 92 Chorley Harriers		41:33
45	Dianne Priestley		L55 3 Kendal Amateur Athletic Club	32:14	93	Hilary Goorney	L5511 Blackpool Wyre & Fylde AC		41:42
46	Anna Crabtree		L3513 Chorley Harriers	32:28	94	Sue Fearon	L3525 Wesham Road Runners & Ac		42:24
47	Joanne Hosker		L 47 Accrington Road Runners	32:31	95	Jenny Ryan	L5512 Blackpool Wyre & Fylde AC		42:58
48	Elsbeth Macpherson		L55 4 Lytham St Annes Rr Club	32:36	96	Sue Allen	L4526 Clayton Le Moors Harriers		43:31
49	Carol Life		L3514 Clayton Le Moors Harriers	32:39	97	Dawn Lock	L5513 Lytham St Annes Rr Club		48:00

Race 6 - Ladies over 18 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton Le Moors Harriers	29 — 6 Maureen Laney	7 Tracy Mitchell	16 Sue Burns
2 Blackpool Wyre & Fylde AC	34 — 5 Gemma Unsworth	9 Carolyn Robbins	20 Andrea Smith
3 Wigan Phoenix	36 — 2 Deborah Wright	13 Lynn Manir-Jolley	21 Tracey Dutton
4 Preston Harriers & Ac	45 — 8 Amelia Susulowsky	12 Philippa Walsh	25 Tanja Slater
5 Lancaster & Morecambe Ac	66 — 17 Joanne Perry	22 Liz Wignall	27 Helen Booth
6 Eden Runners	82 — 14 Rhiannon Silson	18 Karen Heavyside	50 Teresa Douglas
7 Accrington Road Runners	87 — 3 Sarah Ridehalgh	37 Julie Brady	47 Joanne Hosker
8 Lytham St Annes Rr Club	92 — 4 Susan Samme	40 Melanie Koth	48 Elspeth Macpherson
9 Astley & Tyldesley Road Runner	98 — 11 M Tracey-Aguera	33 Brenda Wane	54 Jodie Wagstaff
10 Clayton Le Moors Harriers 'B'	103 — 24 Jane Murphy	35 Irene Roche	44 Susan Clark
11 Wigan Phoenix 'B'	113 — 30 Kathryn Culshaw	31 Charlotte Finch	52 Andrea Muirhead
12 Blackpool Wyre & Fylde AC 'B'	120 — 23 Bev Wright	42 Karen Dunford	55 Ruth Calderbank
13 Wesham Road Runners & Ac	130 — 38 Kath Hoyer	39 Michaela Dempsey	53 Julie Cruse
14 Lancaster & Morecambe Ac 'B'	149 — 28 Lauren Cooper	36 Jayne Perry	85 Jennie Hodgson
15 Southport Waterloo Ac	162 — 41 Michelle Spencer	51 Vicki Harvey	70 Carole James
16 Glaxo Hoad Hill Harriers	173 — 29 Stephanie Gillies	63 Bethan Burke	81 Penny Moreton
17 Chorley Harriers	181 — 46 Anna Crabtree	61 Jane Scott	74 Julie Lundrigan
18 Preston Harriers & Ac 'B'	181 — 32 Marion Hesketh	73 Caroline Collinson	76 Judith Deakin
19 Kendal Amateur Athletic Club	183 — 45 Dianne Priestley	58 Marion Smith	80 Susan Russell
20 Accrington Road Runners 'B'	199 — 62 Carole Morris	66 Jenny Adams	71 Nancy Bailey
21 Garstang RC	217 — 67 Sheena Cottam	72 Sue Richmond	78 Denise Hughes
22 Lytham St Annes Rr Club 'B'	224 — 60 Laura Ashworth	77 Debbie Cooper	87 Paula Hardman
23 Wesham Road Runners & Ac 'B'	225 — 64 Kerry Eccles	69 Tracy Hulme	92 Sue Fearon

The Mid Lancs Cross Country League

at Worden Park, Leyland, Leyland on Saturday 17th January 2009

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time				
1	James Douglas		Border Harriers & Ac	35:42				
2	Peter Huck	JM 1	Barrow & Furness Striders Ac	36:11				
3	Bob Atkinson	V50 1	Barrow & Furness Striders Ac	36:21				
4	Alisdair Russell		Kendal Amateur Athletic Club	36:42				
5	Matthew Nuttall	V40 1	Blackburn Harriers & Ac	36:46				
6	Mark Chippendale	V40 2	Lancaster & Morecambe Ac	36:53				
7	Stuart Robinson		Blackpool Wyre & Fylde AC	36:56				
8	Charlie Pass		Wesham Road Runners & Ac	37:02				
9	Tony Battersby		Leigh Harriers & Ac	37:06				
10	Mark Aspinall	V40 3	Clayton Le Moors Harriers	37:16				
11	Jonathan Prose		Blackpool Wyre & Fylde AC	37:18				
12	Richard Shearer		Southport Waterloo Ac	37:24				
13	Jack Thompson	JM 2	Pendle AC	37:31				
14	Steven Wilkinson		Southport Waterloo Ac	37:53				
15	Gary Shaw		Clayton Le Moors Harriers	37:57				
16	Phil Hall	V40 4	Clayton Le Moors Harriers	38:06				
17	James Kevan		Horwich R M I Harriers	38:10				
18	Mike O'Neill		Wigan Phoenix	38:13				
19	Matthew Davison	JM 3	Preston Harriers & Ac	38:25				
20	Garry Dixon		Barrow & Furness Striders Ac	38:29				
21	Colin Rigby		Horwich R M I Harriers	38:36				
22	Pat Miller	V40 5	Barrow & Furness Striders Ac	38:39				
23	Robert Ashworth	V40 6	Southport Waterloo Ac	38:55				
24	James Mulvaney		Blackpool Wyre & Fylde AC	39:03				
25	\$Martin Crosby	V40 7	Altrincham & District Ac	39:08				
26	Barry Norman		Wesham Road Runners & Ac	39:10				
27	Ashley Holt		Rosendale Harriers & Ac	39:16				
28	John Sutton		Blackburn Harriers & Ac	39:21				
29	Alex Rowe	V50 2	Wesham Road Runners & Ac	39:28				
30	Mo Manir-Jolley		Wigan Phoenix	39:33				
31	David Hamilton	V40 8	Southport Waterloo Ac	39:39				
32	John Howarth	V40 9	Leigh Harriers & Ac	39:43				
33	Denis Mason		Horwich R M I Harriers	40:03				
34	\$Paul Singleton		Ambleside Ac	40:10				
35	???		???	40:24				
36	Mark Saunders		Glaxo Hoad Hill Harriers	40:25				
37	Sam Russell	JM 4	Wigan & District H & Ac	40:28				
38	Graham Morris	V4010	Accrington Road Runners	40:32				
39	David Townsend	V4011	Wigan Phoenix	40:34				
40	Jed Bartlett		Barrow & Furness Striders Ac	40:36				
41	John Wright	V4012	Blackpool Wyre & Fylde AC	40:38				
42	Jason Parker		Preston Harriers & Ac	40:44				
43	\$Kenneth Moss	V55 1	Northern Veterans Ac	40:46				
44	Andrew Neary		Horwich R M I Harriers	40:49				
45	John Houghton	V50 3	Blackpool Wyre & Fylde AC	40:54				
46	David Barker	V50 4	Preston Harriers & Ac	40:55				
47	\$Jeremy Gold	V4013	Victoria Park & Tower Hamlets	41:01				
48	Alan Life	V4014	Clayton Le Moors Harriers	41:03				
49	Steve Nolan	V4015	Horwich R M I Harriers	41:03				
50	Chris Barnes		Accrington Road Runners	41:04				
51	Gary Pearse	V4016	Blackburn Harriers & Ac	41:04				
52	Brian Horrocks	V50 5	Clayton Le Moors Harriers	41:10				
53	David Collins	V4017	Wigan Phoenix	41:11				
54	Neil Holding	V4018	West Pennine Runners	41:15				
55	Christopher Howie	V4019	Glaxo Hoad Hill Harriers	41:17				
56	John Collier	V50 6	Wesham Road Runners & Ac	41:19				
57	Derek Buckley	V50 7	Wesham Road Runners & Ac	41:24				
58	Garry Wilkinson	V4020	Clayton Le Moors Harriers	41:27				
59	Jeffrey Chadwick	V4021	Glaxo Hoad Hill Harriers	41:30				
60	Jackie Winn	V50 8	Ellenborough AC	41:36				
61	Chris Essex-Crosby		Blackpool Wyre & Fylde AC	41:39				
62	Barry Brock	V4022	Clayton Le Moors Harriers	41:42				
63	\$Jordan Burke		Unattached	41:44				
64	Troy Topping	V4023	Astley & Tyldesley Road Runner	41:45				
65	Rob McGrath	V4024	Southport Waterloo Ac	41:48				
66	Gary Johnston	V50 9	Blackpool Wyre & Fylde AC	41:50				
67	Gregory Callaghan	V4025	Liverpool Pembroke & Sefton H	41:52				
68	Peter Savage		Barrow & Furness Striders Ac	41:53				
69	John Wiczorek	V4026	Accrington Road Runners	41:55				
70	John Lee	V4027	Astley & Tyldesley Road Runner	41:59				
71	David Parker	V4028	Barrow & Furness Striders Ac	42:06				
72	Les Endean	V5010	Blackpool Wyre & Fylde AC	42:09				
73	Peter Roome	V4029	Southport Waterloo Ac	42:13				
74	Martin Terry	V4030	Clayton Le Moors Harriers	42:15				
75	Kevin Heskeith	V5011	Preston Harriers & Ac	42:18				
76	Chris Balderson	V4031	Clayton Le Moors Harriers	42:19				
				77	Stephen McLean	V4032	Southport Waterloo Ac	42:20
				78	Darren Athersmith	V4033	Glaxo Hoad Hill Harriers	42:26
				79	Peter Willacy	V5012	Barrow & Furness Striders Ac	42:27
				80	John Sprackland	V4034	Southport Waterloo Ac	42:32
				81	Keith Broughton	V4035	Blackburn Harriers & Ac	42:34
				82	Thomas Hanlon	JM 5	Liverpool Pembroke & Sefton H	42:43
				83	Kevin Edwards	V4036	Wigan Phoenix	42:48
				84	Peter Mulleady	V4037	Astley & Tyldesley Road Runner	42:57
				85	Phil Iddon		Chorley Harriers	43:03
				86	Mike O'Donnell	V4038	Preston Harriers & Ac	43:12
				87	Ali Welsh	V45 1	Blackpool Wyre & Fylde AC	43:17
				88	Harry Melia	V4039	Barrow & Furness Striders Ac	43:21
				89	Andy Eccles	V4040	Wigan Phoenix	43:26
				90	Simon Stanway	V4041	Barrow & Furness Striders Ac	43:33
				91	Adrian Shorrock		Blackburn Harriers & Ac	43:39
				92	Chris Dunn		Southport Waterloo Ac	43:46
				93	Russell Barron		Chorley Harriers	43:47
				94	Mark Riches	V4042	Astley & Tyldesley Road Runner	43:48
				95	Neil Adsheed	V4043	Southport Waterloo Ac	43:52
				96	Colin Laidlaw	V5013	Lytham St Annes Rr Club	43:55
				97	Mike Cunningham	V4044	Southport Waterloo Ac	43:55
				98	Chris Lane		Chorley Harriers	43:57
				99	Luke Wood	JM 6	Blackpool Wyre & Fylde AC	43:58
				100	Graham Pinder	V5014	Glaxo Hoad Hill Harriers	43:58
				101	David Watson	V4045	Preston Harriers & Ac	44:00
				102	Martin Brady	V4046	Clayton Le Moors Harriers	44:06
				103	Keiron Mitchell		Clayton Le Moors Harriers	44:08
				104	Peter Ackland	V4047	Kendal Amateur Athletic Club	44:09
				105	Shaun Moran	V4048	Astley & Tyldesley Road Runner	44:11
				106	Paul Seddon		Wigan Phoenix	44:14
				107	Amrk Lee	V4049	Preston Harriers & Ac	44:16
				108	Steve Myerscough		Wesham Road Runners & Ac	44:19
				109	Craig Bradbury		Astley & Tyldesley Road Runner	44:20
				110	David Horrocks	V4050	Clayton Le Moors Harriers	44:23
				111	Alan Marshall	V5015	Eden Runners	44:33
				112	Tony Croft	V4051	Lytham St Annes Rr Club	44:38
				113	Kevin Davies	V4052	Clayton Le Moors Harriers	44:40
				114	Neil Worswick		Clayton Le Moors Harriers	44:41
				115	Colin Jennings		Garstang RC	44:43
				116	Richard Bowker	V4053	Southport Waterloo Ac	44:44
				117	Terry Hellings	V5016	Lytham St Annes Rr Club	44:47
				118	Paul Jackson	V4054	Chorley Harriers	44:48
				119	John Morrissey		Wigan Phoenix	44:50
				120	Roy Paul	V5017	Chorley Ac	44:50
				121	Craig Little		Astley & Tyldesley Road Runner	44:53
				122	Mark Ruscoe		Astley & Tyldesley Road Runner	44:57
				123	Peter Booth	V5018	Clayton Le Moors Harriers	44:58
				124	Alan Glasgow	V5019	Wesham Road Runners & Ac	44:59
				125	Joe Swarbrick	V5020	Red Rose Road Runners	45:02
				126	Barry Mitchell	V60 1	Clayton Le Moors Harriers	45:10
				127	Tony Pritchard	V5021	Garstang RC	45:14
				128	Graham Webster	V5022	Lytham St Annes Rr Club	45:16
				129	Simon Townsend	V4055	Chorley Ac	45:18
				130	Steve Foster	V4056	Astley & Tyldesley Road Runner	45:26
				131	Vincent Robinson	V5023	Wigan Phoenix	45:29
				132	Peter Broome	V5024	Blackpool Wyre & Fylde AC	45:33
				133	Paul Wareing	V4057	Chorley Ac	45:46
				134	Graham Tagg	V4058	Garstang RC	45:48
				135	Peter Leviston	V60 2	Barrow & Furness Striders Ac	45:53
				136	Steve Coleman	V4059	Astley & Tyldesley Road Runner	45:53
				137	Gary Platt	V5025	Chorley Harriers	46:00
				138	Steve Jackson	V5026	Horwich R M I Harriers	46:08
				139	Paul Wickham	V4060	Accrington Road Runners	46:10
				140	James Hickie	V4061	Clayton Le Moors Harriers	46:12
				141	Russell Mabbutt	V4062	Wesham Road Runners & Ac	46:16
				142	Craig Menzies		Garstang RC	46:17
				143	Simon Tobin	V4063	Southport Waterloo Ac	46:29
				144	David Scott	V60 3	Clayton Le Moors Harriers	46:35
				145	Phill Cornell		Garstang RC	46:37
				146	Paul Cain	V4064	Southport Waterloo Ac	46:38
				147	Martin Knowles		Garstang RC	46:39
				148	Gareth Williams	V4065	Southport Waterloo Ac	46:40
				149	Alan Webb		Astley & Tyldesley Road Runner	46:45
				150	Paul Bass		Chorley Ac	46:50
				151	Stephen James	V60 4	Southport Waterloo Ac	46:51
				152	Ian Close	V5027	Blackpool Wyre & Fylde AC	46:53

153	David Taylor	V4066 Chorley Ac	47:02	198	Dave Roberts	V45 4 Preston Harriers & Ac	52:26
154	John Bridge	V4067 Eden Runners	47:04	199	George Parrington	V60 9 Lancaster & Morecambe Ac	52:27
155	Terry Brassman	V45 2 Blackpool Wyre & Fylde AC	47:07	200	Brian Porter	V4082 Wesham Road Runners & Ac	52:33
156	Chris Whitlock	V4068 Wesham Road Runners & Ac	47:12	201	David Culshaw	V5042 Wigan & District H & Ac	52:38
157	Darren McDermott	Preston Harriers & Ac	47:15	202	Alfred Waite	V6010 Barrow & Furness Striders Ac	52:43
158	Robert White	Accrington Road Runners	47:17	203	Paul Wilson	V4083 Pendle AC	53:03
159	Dave Everson	Blackpool Wyre & Fylde AC	47:26	204	Alan Wilkinson	V6011 Blackpool Wyre & Fylde AC	53:21
160	Steve Perry	V5028 Lancaster & Morecambe Ac	47:29	205	Steve Davies	V6012 Accrington Road Runners	53:24
161	Phil Lakeland	V5029 Preston Harriers & Ac	47:32	206	Antony Walton	Preston Harriers & Ac	53:28
162	Matthew Bacon	Barrow & Furness Striders Ac	47:34	207	Richard Lawson	V6013 Clayton Le Moors Harriers	53:55
163	Philip Butler	V4069 Red Rose Road Runners	47:40	208	Philip Derbyshire	V5043 Wigan Phoenix	53:56
164	David Williams	V4070 Chorley Harriers	47:44	209	John Vis	V4084 Southport Waterloo Ac	54:02
165	Colin Wood	V5030 Horwich R M I Harriers	47:46	210	Jim Donohoe	V5044 Accrington Road Runners	54:06
166	Andy Howarth	V4071 Leigh Harriers & Ac	47:49	211	David Wright	V4085 Kendal Amateur Athletic Club	54:12
167	Paul Toman	V5031 Clayton Le Moors Harriers	47:54	212	David Graham	V5045 Accrington Road Runners	54:15
168	Peter Gleaves	V45 3 Wesham Road Runners & Ac	47:55	213	M Thistlethwaite	V5046 Clayton Le Moors Harriers	54:18
169	Jon Challinor	Glaxo Hoad Hill Harriers	47:56	214	Hogg Ian Nichols	JM 7 Lytham St Annes Rr Club	54:45
170	David Gaskill	V4072 Accrington Road Runners	47:59	215	Michael Murray	V5047 Chorley Ac	54:58
171	Willie Richmond	V4073 Lytham St Annes Rr Club	48:13	216	Peter Gibson	V5048 Blackpool Wyre & Fylde AC	55:04
172	Eric Hampton	Glaxo Hoad Hill Harriers	48:18	217	Paul Percival-Smith	V5049 Kendal Amateur Athletic Club	55:14
173	Dave Earnshaw	V5032 Red Rose Road Runners	48:37	218	Simon Barton	V5050 Glaxo Hoad Hill Harriers	55:49
174	Geoffrey Haworth	V4074 Red Rose Road Runners	48:41	219	Robert Hirst	V5051 Clayton Le Moors Harriers	56:04
175	Andy Smith	V5033 Accrington Road Runners	48:44	220	\$Kristian Lowe	Unattached	56:22
176	Phil Dean	V5034 Red Rose Road Runners	48:51	221	\$Bill Ridings	V5052 Northern Veterans Ac	56:49
177	Simon Bailey	V4075 Lytham St Annes Rr Club	48:55	222	Eddie Murray	V6014 Chorley Ac	56:54
178	Roy Upton	V4076 Lytham St Annes Rr Club	48:57	223	John Macdonald	V6015 Chorley Harriers	57:06
179	Geoff Lyons	V4077 Garstang RC	49:19	224	Barry Chester	V6016 Chorley Ac	57:20
180	Roger Quayle	V5035 Barrow & Furness Striders Ac	49:46	225	Andrew Moxon	Lytham St Annes Rr Club	57:29
181	Peter Ramsdale	V5036 Horwich R M I Harriers	49:49	226	Norman Greenwood	V6017 Blackpool Wyre & Fylde AC	57:43
182	Fred Lynch	V5037 Red Rose Road Runners	49:55	227	Paul McAllister	V4086 Lytham St Annes Rr Club	58:18
183	Marcin Blazucki	Preston Harriers & Ac	50:02	228	Jeremy Clark	V5053 Glaxo Hoad Hill Harriers	58:49
184	Carlos Irizar	V4078 Southport Waterloo Ac	50:04	229	Mike Johnson	V5054 Glaxo Hoad Hill Harriers	59:13
185	Paul Murray	V60 5 Horwich R M I Harriers	50:10	230	Richard Treitle	V5055 Clayton Le Moors Harriers	59:25
186	Richard Jones	Garstang RC	50:11	231	Dave Young	V6018 Wesham Road Runners & Ac	59:57
187	Ronald Winward	V60 6 Barrow & Furness Striders Ac	50:14	232	John Swift	V6019 Chorley Ac	1:02:25
188	Nigel Simpkin	V5038 Lytham St Annes Rr Club	50:16	233	Dave Wood	V6020 Blackpool Wyre & Fylde AC	1:02:58
189	Steve Burrowes	V4079 Kendal Amateur Athletic Club	50:24	234	Rae Willoughby	V55 2 Lytham St Annes Rr Club	1:03:31
190	David Worthington	V5039 Lancaster & Morecambe Ac	50:48	235	Phil Martin	V6021 Lytham St Annes Rr Club	1:04:00
191	Geoff Orritt	V60 7 Red Rose Road Runners	50:54	236	Phil McCullaugh	V5056 Chorley Ac	1:04:56
192	Graham Schofield	V5040 Chorley Harriers	51:18	237	Harry Manning	V6022 Clayton Le Moors Harriers	1:05:48
193	David Brooks	Blackpool Wyre & Fylde AC	51:47	238	Leslie Paul	V6023 Chorley Ac	1:06:16
194	Simon Cole	V4080 Lytham St Annes Rr Club	51:55	239	Jack McGuire	V5057 Clayton Le Moors Harriers	1:07:17
195	Ian Squire	V4081 Lytham St Annes Rr Club	51:57	240	Mike Coppin	V6024 Chorley Ac	1:09:48
196	Henry Minorczyk	V60 8 Chorley Ac	52:06	241	David Jones	V6025 Wesham Road Runners & Ac	1:10:25
197	Stuart Hartley	V5041 Clayton Le Moors Harriers	52:25	242	Malcolm Bradley	V6026 Accrington Road Runners	1:10:51

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Barrow & Furness Striders Ac	146	—	2	Peter Huck	3	Bob Atkinson	20	Garry Dixon	22	Pat Miller	37	Jed Bartlett	62	Peter Savage
2	Blackpool Wyre & Fylde AC	177	—	7	Stuart Robinson	11	Jonathan Prowse	24	James Mulvaney	38	John Wright	41	John Houghton	56	Chris Essex-Crosby
3	Clayton Le Moors Harriers	184	—	10	Mark Aspinall	15	Gary Shaw	16	Phil Hall	43	Alan Life	47	Brian Horrocks	53	Garry Wilkinson
4	Southport Waterloo Ac	205	—	12	Richard Shearer	14	Steven Wilkinson	23	Robert Ashworth	30	David Hamilton	59	Rob McGrath	67	Peter Roome
5	Wesham Road Runners & Ac	266	—	8	Charlie Pass	25	Barry Norman	28	Alex Rowe	51	John Collier	52	Derek Buckley	102	Steve Myerscough
6	Horwich R M I Harriers	286	—	17	James Kevan	21	Colin Rigby	32	Denis Mason	40	Andrew Neary	44	Steve Nolan	132	Steve Jackson
7	Wigan Phoenix	291	—	18	Mike O'Neill	29	Mo Manir-Jolley	36	David Townsend	48	David Collins	77	Kevin Edwards	83	Andy Eccles
8	Preston Harriers & Ac	344	—	19	Matthew Davison	39	Jason Parker	42	David Barker	69	Kevin Hesketh	80	Mike O'Donnell	95	David Watson
9	Glaxo Hoad Hill Harriers	466	—	33	Mark Saunders	50	Christopher Howie	54	Jeffrey Chadwick	72	Darren Athersmith	94	Graham Pinder	163	Jon Challinor
10	Astley & Tyldesley Road Runner	490	—	58	Troy Topping	64	John Lee	78	Peter Muleady	88	Mark Riches	99	Shaun Moran	103	Craig Bradbury
11	Clayton Le Moors Harriers 'B'	492	—	57	Barry Brock	68	Martin Terry	70	Chris Balderson	96	Martin Brady	97	Keiron Mitchell	104	David Horrocks
12	Southport Waterloo Ac 'B'	521	—	71	Stephen McLean	74	John Sprackland	86	Chris Dunn	89	Neil Adshear	91	Mike Cunningham	110	Richard Bowker
13	Blackpool Wyre & Fylde AC 'B'	572	—	60	Gary Johnston	66	Les Endean	81	Ali Welsh	93	Luke Wood	126	Peter Broome	146	Ian Close
14	Barrow & Furness Striders 'B'	589	—	65	David Parker	73	Peter Willacy	82	Harry Melia	84	Simon Stanway	129	Peter Leviston	156	Matthew Bacon
15	Accrington Road Runners	592	—	35	Graham Morris	45	Chris Barnes	63	John Wiecezorek	133	Paul Wickham	152	Robert White	164	David Gaskill
16	Chorley Harriers	659	—	79	Phil Iddon	87	Russell Barron	92	Chris Lane	112	Paul Jackson	131	Gary Platt	158	David Williams
17	Lytham St Annes Rr Club	766	—	90	Colin Laidlaw	106	Tony Croft	111	Terry Hellings	122	Graham Webster	165	Willie Richmond	172	Roy Upton
18	Garstang RC	774	—	109	Colin Jennings	121	Tony Pritchard	128	Graham Tagg	136	Craig Menzies	139	Phill Cornall	141	Martin Knowles
19	Chorley Ac	845	—	114	Roy Paul	123	Simon Townsend	127	Paul Wareing	144	Paul Bass	147	David Taylor	190	Henry Minorczyk
20	Red Rose Road Runners	957	—	119	Joe Swarbrick	157	Philip Butler	167	Dave Earnshaw	168	Geoffrey Haworth	170	Phil Dean	176	Fred Lynch
21	Preston Harriers & Ac 'B'	976	—	101	Amrk Lee	151	Darren McDermott	155	Phil Lakeland	177	Marcin Blazucki	192	Dave Roberts	200	Antony Walton
22	Wesham Road Runners & Ac 'B'	982	—	118	Alan Glasgow	135	Russell Mabbutt	150	Chris Whitlock	162	Peter Gleaves	194	Brian Porter	223	Dave Young
23	Accrington Road Runners 'B'	1183	—	169	Andy Smith	171	Simon Bailey	199	Steve Davies	204	Jim Donohoe	206	David Graham	234	Malcolm Bradley
24	Lytham St Annes Rr Club 'B'	1203	—	182	Nigel Simpkin	188	Simon Cole	189	Ian Squire	208	Hogg Ian Nichols	217	Andrew Moxon	219	Paul McAllister
25	Chorley Ac 'B'	1321	—	209	Michael Murray	214	Eddie Murray	216	Barry Chester	224	John Swift	228	Phil McCullaugh	230	Leslie Paul

Senior Men under 20 — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time								
1	Peter Huck	JM	1 Barrow & Furness Striders Ac	36:11	4	Sam Russell	JM	4 Wigan & District H & Ac	40:28			
2	Jack Thompson	JM	2 Pendle AC	37:31	5	Thomas Hanlon	JM	5 Liverpool Pembroke & Sefton H	42:43			
3	Matthew Davison	JM	3 Preston Harriers & Ac	38:25	6	Luke Wood	JM	6 Blackpool Wyre & Fylde AC	43:58			
					7	Hogg Ian Nichols	JM	7 Lytham St Annes Rr Club	54:45			

Senior Men under 20 — TEAM RESULTS

No complete teams

Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton Le Moors Harriers	44	—	4 Mark Aspinall	5 Phil Hall	16 Alan Life	19 Brian Horrocks
2 Southport Waterloo Ac	83	—	7 Robert Ashworth	9 David Hamilton	30 Rob McGrath	37 Peter Roome
3 Barrow & Furness Striders Ac	85	—	1 Bob Atkinson	6 Pat Miller	35 David Parker	43 Peter Willacy
4 Blackpool Wyre & Fylde AC	94	—	13 John Wright	14 John Houghton	31 Gary Johnston	36 Les Endean
5 Wesham Road Runners & Ac	127	—	8 Alex Rowe	23 John Collier	24 Derek Buckley	72 Alan Glasgow
6 Wigan Phoenix	129	—	12 David Townsend	20 David Collins	46 Kevin Edwards	51 Andy Eccles
7 Clayton Le Moors Harriers 'B'	131	—	25 Garry Wilkinson	28 Barry Brock	38 Martin Terry	40 Chris Balderson
8 Glaxo Hoad Hill Harriers	147	—	22 Christopher Howie	26 Jeffrey Chadwick	42 Darren Athersmith	57 Graham Pinder
9 Preston Harriers & Ac	160	—	15 David Barker	39 Kevin Hesketh	48 Mike O'Donnell	58 David Watson
10 Astley & Tyldesley Road Runner	163	—	29 Troy Topping	34 John Lee	47 Peter Mulleady	53 Mark Riches
11 Southport Waterloo Ac 'B'	195	—	41 Stephen McLean	44 John Sprackland	54 Neil Adshead	56 Mike Cunningham
12 Accrington Road Runners	239	—	11 Graham Morris	33 John Wiczorek	87 Paul Wickham	108 David Gaskill
13 Lytham St Annes Rr Club	264	—	55 Colin Laidlaw	65 Tony Croft	68 Terry Hellings	76 Graham Webster
14 Barrow & Furness Striders 'B'	302	—	50 Harry Melia	52 Simon Stanway	83 Peter Leviston	117 Roger Quayle
15 Blackpool Wyre & Fylde AC 'B'	322	—	49 Ali Welsh	80 Peter Broome	95 Ian Close	98 Terry Brassman
16 Chorley Ac	324	—	70 Roy Paul	77 Simon Townsend	81 Paul Wareing	96 David Taylor
17 Horwich R M I Harriers	325	—	17 Steve Nolan	86 Steve Jackson	104 Colin Wood	118 Peter Ramsdale
18 Lancaster & Morecambe Ac	361	—	3 Mark Chippendale	100 Steve Perry	125 David Worthington	133 George Parrington
19 Chorley Harriers	384	—	69 Paul Jackson	85 Gary Platt	103 David Williams	127 Graham Schofield
20 Red Rose Road Runners	396	—	73 Joe Swarbrick	102 Philip Butler	110 Dave Earnshaw	111 Geoffrey Haworth
21 Wesham Road Runners & Ac 'B'	429	—	89 Russell Mabbutt	99 Chris Whitlock	107 Peter Gleaves	134 Brian Porter
22 Lytham St Annes Rr Club 'B'	475	—	109 Willie Richmond	115 Roy Upton	123 Nigel Simpkin	128 Simon Cole
23 Kendal Amateur Athletic Club	477	—	60 Peter Ackland	124 Steve Burrowes	144 David Wright	149 Paul Percival-Smith
24 Accrington Road Runners 'B'	508	—	112 Andy Smith	114 Simon Bailey	139 Steve Davies	143 Jim Donohoe
25 Chorley Ac 'B'	583	—	130 Henry Minorczyk	147 Michael Murray	152 Eddie Murray	154 Barry Chester

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wesham Road Runners & Ac	15	—	2 Alex Rowe	6 John Collier	7 Derek Buckley
2 Blackpool Wyre & Fylde AC	22	—	3 John Houghton	9 Gary Johnston	10 Les Endean
3 Barrow & Furness Striders Ac	39	—	1 Bob Atkinson	12 Peter Willacy	26 Peter Leviston
4 Clayton Le Moors Harriers	44	—	5 Brian Horrocks	18 Peter Booth	21 Barry Mitchell
5 Preston Harriers & Ac	48	—	4 David Barker	11 Kevin Hesketh	33 Phil Lakeland
6 Lytham St Annes Rr Club	52	—	13 Colin Laidlaw	16 Terry Hellings	23 Graham Webster
7 Red Rose Road Runners	94	—	20 Joe Swarbrick	36 Dave Earnshaw	38 Phil Dean
8 Horwich R M I Harriers	102	—	28 Steve Jackson	34 Colin Wood	40 Peter Ramsdale
9 Blackpool Wyre & Fylde AC 'B'	109	—	25 Peter Broome	31 Ian Close	53 Alan Wilkinson
10 Clayton Le Moors Harriers 'B'	113	—	29 David Scott	35 Paul Toman	49 Stuart Hartley
11 Chorley Ac	125	—	17 Roy Paul	48 Henry Minorczyk	60 Michael Murray
12 Lancaster & Morecambe Ac	127	—	32 Steve Perry	45 David Worthington	50 George Parrington
13 Barrow & Furness Striders 'B'	134	—	39 Roger Quayle	43 Ronald Winward	52 Alfred Waite
14 Chorley Harriers	140	—	27 Gary Platt	47 Graham Schofield	66 John Macdonald
15 Glaxo Hoad Hill Harriers	146	—	14 Graham Pinder	63 Simon Barton	69 Jeremy Clark
16 Accrington Road Runners	148	—	37 Andy Smith	54 Steve Davies	57 Jim Donohoe
17 Wesham Road Runners & Ac 'B'	173	—	19 Alan Glasgow	72 Dave Young	82 David Jones
18 Lytham St Annes Rr Club 'B'	195	—	44 Nigel Simpkin	75 Rae Willoughby	76 Phil Martin
19 Chorley Ac 'B'	205	—	65 Eddie Murray	67 Barry Chester	73 John Swift

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton Le Moors Harriers	17	—	1 Barry Mitchell	3 David Scott	13 Richard Lawson
2 Barrow & Furness Striders Ac	18	—	2 Peter Leviston	6 Ronald Winward	10 Alfred Waite
3 Chorley Ac	38	—	8 Henry Minorczyk	14 Eddie Murray	16 Barry Chester
4 Blackpool Wyre & Fylde AC	48	—	11 Alan Wilkinson	17 Norman Greenwood	20 Dave Wood
5 Chorley Ac 'B'	66	—	19 John Swift	23 Leslie Paul	24 Mike Coppin