

# Mid Lancs Cross Country League at Liverpool on Saturday 28th November 2009

## Under 11 Girl — PROVISIONAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Elizabeth Greenwood	Blackburn Harriers & Ac	7:03	17	Leah Burtonm	Liverpool Harriers & Ac	9:14
2	Anna Rowe	Liverpool Harriers & Ac	7:29	18	Molly NewtonOBrien	Lancaster & Morecambe Ac	9:17
3	Molly Scarr	Blackpool Wyre & Fylde Ac	7:52	19	Charlotte Mawdsley	Liverpool Pembroke & Sefton H	9:17
4	Connie Hurton	Eden Runners	8:01	20	Allana Jones	Lancaster & Morecambe Ac	9:24
5	Grace Handley	Preston Harriers & Ac	8:06	21	Ellie Robinson	Wigan & District H & Ac	9:26
6	Charlotte Waddington	Rossendale Harriers & Ac	8:20	22	Georgine Newcombe	Preston Harriers & Ac	9:45
7	Shauna Williamson	Rossendale Harriers & Ac	8:20	23	Abby Williams	Liverpool Harriers & Ac	9:49
8	Tenisha Maher	Liverpool Harriers & Ac	8:26	24	Leah Ballantine	Blackburn Harriers & Ac	10:03
9	Annie Bradshaw	Blackpool Wyre & Fylde Ac	8:31	25	Gemma Walls	Wigan & District H & Ac	10:16
10	Olivia Phillips	Liverpool Harriers & Ac	8:33	26	Kimberly Walker	Barrow & Furness Striders Ac	10:27
11	Molly Scarr	Blackpool Wyre & Fylde Ac	8:38	27	Zhane Hinds	Liverpool Harriers & Ac	10:33
12	Emily Rowe	Liverpool Harriers & Ac	8:38	28	Hannah Daley	Liverpool Harriers & Ac	10:37
13	Charlotte Crook	Preston Harriers & Ac	8:46	29	Sophie Envis	Liverpool Harriers & Ac	11:00
14	Emily Gray	Liverpool Harriers & Ac	8:54	30	Emily Wain	Liverpool Harriers & Ac	11:35
15	Kiera Whittaker	Barrow & Furness Striders Ac	8:59	31	Zara Woods	Liverpool Harriers & Ac	12:25
16	Natrika Wildman	Pendle Athletic Club	9:03	32	Bethan Jones	Liverpool Harriers & Ac	12:29

## Under 11 Boys — PROVISIONAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Jake Lonsdale	Blackpool Wyre & Fylde Ac	7:15	20	Daemon Metcalfe	Pendle Athletic Club	9:00
2	Ciaran Johnson	Blackpool Wyre & Fylde Ac	7:20	21	Nathan Slack	Lancaster & Morecambe Ac	9:01
3	Kyle Ritchie	Barrow & Furness Striders Ac	7:29	22	Commor Davison	Blackburn Harriers & Ac	9:03
4	Jack Crook	Liverpool Pembroke & Sefton H	7:30	23	Joseph Twigg	Lancaster & Morecambe Ac	9:04
5	Scott Thompson	Wigan & District H & Ac	7:53	24	Jake Hurlstone	Pendle Athletic Club	9:06
6	Kristian McInery	Blackburn Harriers & Ac	7:59	25	Liam Hinnigan	Lancaster & Morecambe Ac	9:08
7	Thomas Marchant	Pendle Athletic Club	8:03	26	Christopher Archer	Clayton Le Moors Harriers	9:09
8	Scott Thompson	Wigan & District H & Ac	8:08	27	Nathan Chadwick	Glaxo Hoad Hill Harriers	9:11
9	Oliver Spencer	Pendle Athletic Club	8:16	28	Theo Rowan	Pendle Athletic Club	9:14
10	Gregan Baker	Pendle Athletic Club	8:16	29	Lorcan Hart	Chorley Harriers	9:17
11	Harry Peacock	Southport Waterloo Ac	8:22	30	Luke Thompson	Ribble Valley Ac	9:21
12	Paul Bousiquegreen	Liverpool Pembroke & Sefton H	8:32	31	Theo Rowan	Pendle Athletic Club	9:23
13	Callum Smith	Leigh Harriers & Ac	8:38	32	James McCracken	Lancaster & Morecambe Ac	9:28
14	Niall Graham	Lancaster & Morecambe Ac	8:39	33	Colin Bousiquegreen	Liverpool Pembroke & Sefton H	9:31
15	Ben Apps	Southport Waterloo Ac	8:39	34	Tom Peacock	Southport Waterloo Ac	9:35
16	Luke Spencer	Southport Waterloo Ac	8:41	35	Louis Huyton	Southport Waterloo Ac	9:49
17	Ben Apps	Southport Waterloo Ac	8:42	36	Oliver Roome	Southport Waterloo Ac	9:56
18	Joshua Taylor	Wigan & District H & Ac	8:45	37	David Spencer	Southport Waterloo Ac	10:04
19	Jude McGlynn	Southport Waterloo Ac	8:49	38	Alexander Chadwick	Glaxo Hoad Hill Harriers	11:30

## Under 13 Girl — PROVISIONAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Megan Bates	Eden Runners	11:39	34	Alice Cribb	Southport Waterloo Ac	13:31
2	Zoe Tynan	Liverpool Harriers & Ac	11:43	35	Katie McKenzie	Wigan & District H & Ac	13:36
3	Sophia Brennen	Liverpool Harriers & Ac	11:51	36	Sarah Bell	Lancaster & Morecambe Ac	13:36
4	Erin Donagh	Southport Waterloo Ac	11:58	37	Tasmin Crook	Barrow & Furness Striders Ac	13:37
5	Phoebe Howe	Horwich R M I Harriers	12:01	38	Alex Walker	Preston Harriers & Ac	13:45
6	Sally Seanson	Blackburn Harriers & Ac	12:05	39	Emily Clarke	Liverpool Harriers & Ac	13:49
7	Molly Betmead	Blackpool Wyre & Fylde Ac	12:08	40	Zoe Hughes	Wigan & District H & Ac	13:53
8	Bethany Blackwell	Preston Harriers & Ac	12:11	41	Lizzie McKay	Southport Waterloo Ac	13:55
9	Amelia Betmead	Blackpool Wyre & Fylde Ac	12:13	42	Emma Taylor	Wigan & District H & Ac	13:56
10	Danielle Thompson	Wigan & District H & Ac	12:24	43	Martha Gill	Horwich R M I Harriers	13:57
11	Lucy Lennon	Ribble Valley Ac	12:33	44	Fionnuala Hart	Chorley Harriers	13:58
12	Millie Holder	Eden Runners	12:33	45	Rebecca Sinclair	Southport Waterloo Ac	13:59
13	Ellie Roberts	Southport Waterloo Ac	12:36	46	Naomi Hegarty	Lancaster & Morecambe Ac	14:00
14	Mary Hodgson	Lancaster & Morecambe Ac	12:38	47	Emma Rainbird	Liverpool Harriers & Ac	14:04
15	Isabel Perez	Liverpool Harriers & Ac	12:40	48	Meghan Adamson	Chorley Harriers	14:05
16	Emma Hargreaves	Preston Harriers & Ac	12:43	49	Fiona Hockey	Blackpool Wyre & Fylde Ac	14:09
17	Erin McBride	Liverpool Harriers & Ac	12:44	50	Georgina Hannaway	Liverpool Pembroke & Sefton H	14:12
18	Isobel Hughes	Preston Harriers & Ac	12:46	51	Kelly Smith	Blackpool Wyre & Fylde Ac	14:14
19	Hannah Delaney	Liverpool Harriers & Ac	12:49	52	Hannah King	Liverpool Harriers & Ac	14:16
20	Abby Gray	Liverpool Harriers & Ac	12:50	53	Jessica McCracken	Lancaster & Morecambe Ac	14:27
21	Rebecca Flanagan	Rossendale Harriers & Ac	12:52	54	Alice Parkinson	Pendle Athletic Club	14:27
22	Lydia Reynolds	Liverpool Harriers & Ac	12:53	55	Sarah Hamilton	Wigan & District H & Ac	14:29
23	Emily Borthwick	Wigan & District H & Ac	12:57	56	Olivia Maccormack	Liverpool Harriers & Ac	14:32
24	Lauren Pritchard	Liverpool Harriers & Ac	13:07	57	Gaby Byrom	Barrow & Furness Striders Ac	14:35
25	Amy Moran	Pendle Athletic Club	13:09	58	Lauren Deane	Southport Waterloo Ac	14:39
26	Charlotte Haines	Liverpool Pembroke & Sefton H	13:19	59	Rachel Lever	Preston Harriers & Ac	14:42
27	Sophie Seddon	Barrow & Furness Striders Ac	13:23	60	Sadi Kenyon	Blackburn Harriers & Ac	15:01
28	Maxine Smith	Preston Harriers & Ac	13:23	61	Jessica O'Brien	Southport Waterloo Ac	15:21
29	Olivia Daly	Liverpool Harriers & Ac	13:25	62	Beth Deary	Liverpool Pembroke & Sefton H	15:31
30	Sophie Myers	Horwich R M I Harriers	13:26	63	Abbey Hempel	Barrow & Furness Striders Ac	15:48
31	Marissa Benn	Pendle Athletic Club	13:29	64	Amy Sinclair	Southport Waterloo Ac	15:52
32	Katie Walker	Liverpool Pembroke & Sefton H	13:30	65	Maddie Walls	Wigan & District H & Ac	16:13
33	Rachel McGoldrick	Leigh Harriers & Ac	13:30	66	Lucy Hunter	Southport Waterloo Ac	17:37

## Under 13 Girl — TEAM RESULTS

1 Liverpool Harriers & Ac	37	—	2 Zoe Tynan	3 Sophia Brennan	15 Isabel Perez	17 Erin McBride
2 Preston Harriers & Ac	70	—	8 Bethany Blackwell	16 Emma Hargreaves	18 Isobel Hughes	28 Maxine Smith
3 Liverpool Harriers & Ac 'B'	85	—	19 Hannah Delaney	20 Abby Gray	22 Lydia Reynolds	24 Lauren Pritchard
4 Southport Waterloo Ac	92	—	4 Erin Donogh	13 Ellie Roberts	34 Alice Cribb	41 Lizzie McKay
5 Wigan & District H & Ac	108	—	10 Danielle Thompson	23 Emily Borthwick	35 Katie McKenzie	40 Zoe Hughes
6 Blackpool Wyre & Fylde Ac	116	—	7 Molly Betmead	9 Amelia Betmead	49 Fiona Hockey	51 Kelly Smith
7 Lancaster & Morecambe Ac	149	—	14 Mary Hodgson	36 Sarah Hall	46 Naomi Hegarty	53 Jessica McCracken
8 Liverpool Pembroke & Sefton H	170	—	26 Charlotte Haines	32 Katie Walker	50 Georgina Hannaway	62 Beth Deary
9 Barrow & Furness Striders Ac	184	—	27 Sophie Seddon	37 Tasmin Crook	57 Gaby Byrom	63 Abbey Hempself
10 Southport Waterloo Ac 'B'	228	—	45 Rebecca Sinclair	58 Lauren Deane	61 Jessica O'Brien	64 Amy Sinclair

## Race 4 - Under 13 Boys — PROVISIONAL RESULTS

Pos	Name	Club	Time				
1	Jake Walley	Blackpool Wyre & Fylde Ac	10:30	23	Daniel Neal	Preston Harriers & Ac	12:00
2	Patrick Dever	Preston Harriers & Ac	10:48	24	Robert Bryning	Preston Harriers & Ac	12:07
3	Luke Tyson	Southport Waterloo Ac	10:59	25	Adam Cullen	Southport Waterloo Ac	12:12
4	Bradley Yates	Blackpool Wyre & Fylde Ac	11:05	26	Corey Boothe	Wigan & District H & Ac	12:13
5	Andrew Kershaw	Southport Waterloo Ac	11:08	27	Callum Davidson	Rossendale Harriers & Ac	12:14
6	Neil Orr	Border Harriers & Ac	11:12	28	Dominic Howarth	Leigh Harriers & Ac	12:23
7	Paul Tyson	Liverpool Harriers & Ac	11:15	29	Daniel Forde	Lancaster & Morecambe Ac	12:26
8	Dougie Ashcroft	Preston Harriers & Ac	11:17	30	Jack Hindle	Blackburn Harriers & Ac	12:28
9	Robert Wong	Blackburn Harriers & Ac	11:22	31	Zak Hogg	Southport Waterloo Ac	12:31
10	Michael Panes	Southport Waterloo Ac	11:26	32	Ben Haines	Liverpool Pembroke & Sefton H	12:40
11	Robert Hurlstone	Pendle Athletic Club	11:27	33	Matthew Auld	Ribble Valley Ac	12:41
12	Matthew Dutton	Pendle Athletic Club	11:29	34	Bradley Roscoe	Pendle Athletic Club	12:49
13	Tom Taylor	Kendal Amateur Athletic Club	11:32	35	Kirk Trusch	Preston Harriers & Ac	13:03
14	Nathan Townsend	Horwich R M I Harriers	11:32	36	Jordan Smith	Leigh Harriers & Ac	13:06
15	Luke Penswick	Preston Harriers & Ac	11:33	37	Joel Ingram	Lancaster & Morecambe Ac	13:08
16	James Marchant	Pendle Athletic Club	11:38	38	Dillan Bousiquegreen	Liverpool Pembroke & Sefton H	13:14
17	Joseph Howe	Horwich R M I Harriers	11:39	39	Patrick McGuinness	Lancaster & Morecambe Ac	13:34
18	Nathan Browne	Liverpool Pembroke & Sefton H	11:43	40	Jonathan Bride	Liverpool Pembroke & Sefton H	13:35
19	Rory Judd	Preston Harriers & Ac	11:44	41	James Blow	Blackburn Harriers & Ac	13:39
20	Thomas Lodge	Southport Waterloo Ac	11:46	42	George Hurst	Blackpool Wyre & Fylde Ac	13:41
21	Robert Blow	Blackburn Harriers & Ac	11:52	43	Will Townsend	Horwich R M I Harriers	14:10
22	Nathan Browne	Liverpool Pembroke & Sefton H	11:57	44	Nathan Billington	Blackburn Harriers & Ac	14:26

## Race 4 - Under 13 Boys — TEAM RESULTS

1 Southport Waterloo Ac	38	—	3 Luke Tyson	5 Andrew Kershaw	10 Michael Panes	20 Thomas Lodge
2 Preston Harriers & Ac	44	—	2 Patrick Dever	8 Dougie Ashcroft	15 Luke Penswick	19 Rory Judd
3 Pendle Athletic Club	73	—	11 Robert Hurlstone	12 Matthew Dutton	16 James Marchant	34 Bradley Roscoe
4 Blackburn Harriers & Ac	101	—	9 Robert Wong	21 Robert Blow	30 Jack Hindle	41 James Blow
5 Liverpool Pembroke & Sefton H	110	—	18 Nathan Browne	22 Nathan Browne	32 Ben Haines	38 Dillan Bousiquegreen

## Race 4 - Under 15 Girls — PROVISIONAL RESULTS

Pos	Name	Club	Time				
1	Matilda Lowther	Eden Runners	11:01	31	Ashley Smith	Preston Harriers & Ac	13:00
2	Florie McLeish	Preston Harriers & Ac	11:08	32	Ellon Hart	Southport Waterloo Ac	13:02
3	Shannon Johnson	Leigh Harriers & Ac	11:10	33	Lucy Alderman	Pendle Athletic Club	13:04
4	Megan Davies	Rossendale Harriers & Ac	11:30	34	Lucy Alderman	Pendle Athletic Club	13:07
5	Lauren Gowland	Blackpool Wyre & Fylde Ac	11:34	35	Lauren Evans	Liverpool Harriers & Ac	13:11
6	Olivia Perez	Liverpool Harriers & Ac	11:38	36	Christina Bell	Lancaster & Morecambe Ac	13:12
7	Rachael Scott	Preston Harriers & Ac	11:45	37	Laura Sullivan	Preston Harriers & Ac	13:14
8	Riana Burton	Liverpool Harriers & Ac	11:58	38	Laura McCourt	Liverpool Harriers & Ac	13:18
9	Olivia Miller	Barrow & Furness Striders Ac	12:02	39	Lucy Minns	Blackpool Wyre & Fylde Ac	13:19
10	Rebecca Donohue	Liverpool Harriers & Ac	12:02	40	Amy Bristow	Ribble Valley Ac	13:25
11	Sarah Hodgson	Lancaster & Morecambe Ac	12:03	41	Harriet Kneller	Wigan & District H & Ac	13:28
12	Catherine Walker	Liverpool Harriers & Ac	12:04	42	Paige Clinton	Lancaster & Morecambe Ac	13:31
13	Imogen Pierce	Blackpool Wyre & Fylde Ac	12:04	43	Amy Higham	Wigan & District H & Ac	13:36
14	Bethany Jones	Leigh Harriers & Ac	12:09	44	Alice Garnett	Pendle Athletic Club	13:38
15	Aimee Gallagher	Preston Harriers & Ac	12:13	45	Holly Ballantyne	Blackburn Harriers & Ac	13:38
16	Jade Lord	Pendle Athletic Club	12:24	46	Gariella Charnley	Ribble Valley Ac	13:41
17	Charlotte Sinclair	Southport Waterloo Ac	12:25	47	Hannah Fleet	Lancaster & Morecambe Ac	13:43
18	Helen Wallis	Ribble Valley Ac	12:26	48	Darah Darbyshire	Blackburn Harriers & Ac	13:50
19	Jodie Ferguson	Blackpool Wyre & Fylde Ac	12:28	49	Madeline Makepeace	Liverpool Pembroke & Sefton H	13:57
20	Erin Stewart	Liverpool Harriers & Ac	12:31	50	Leah Nelson	Chorley Harriers	14:05
21	Charlotte Sinclair	Southport Waterloo Ac	12:34	51	Nicole Hadlow	Lytham St Annes Rr Club	14:09
22	Lauren Clarehugh	Southport Waterloo Ac	12:41	52	Hannah Stanway	Barrow & Furness Striders Ac	14:12
23	Holly Barrett	Liverpool Harriers & Ac	12:42	53	Laura Nerenberg	Ribble Valley Ac	14:15
24	Emily Wilson	Pendle Athletic Club	12:42	54	Hannah Burgon	Liverpool Harriers & Ac	14:18
25	Rebecca Courtney	Liverpool Harriers & Ac	12:46	55	Katie Farrimond	Wigan & District H & Ac	14:24
26	Brogan Stewart	Barrow & Furness Striders Ac	12:50	56	Alicia Burke	Liverpool Pembroke & Sefton H	14:31
27	Davison Jacinta	Blackburn Harriers & Ac	12:50	57	Leah Nelson	Chorley Harriers	15:05
28	Jessica Brookwell	Wigan & District H & Ac	12:52	58	Alex Thistlethwaite	Ribble Valley Ac	15:13
29	Kirsty Fraser	Lytham St Annes Rr Club	12:57	59	Shannon Walker	Barrow & Furness Striders Ac	15:41
30	Natalie Thompson	Wigan & District H & Ac	12:58	60	Danielle McGiffes	Wigan & District H & Ac	16:02
				61	C Kumari Webster	Southport Waterloo Ac	17:03

## Race 4 - Under 15 Girls — TEAM RESULTS

1 Liverpool Harriers & Ac	36	—	6 Olivia Perez	8 Riana Burton	10 Rebecca Donohue	12 Catherine Walker
2 Preston Harriers & Ac	55	—	2 Florie McLeish	7 Rachael Scott	15 Aimee Gallagher	31 Ashley Smith
3 Blackpool Wyre & Fylde Ac	76	—	5 Lauren Gowland	13 Imogen Pierce	19 Jodie Ferguson	39 Lucy Minns
4 Southport Waterloo Ac	92	—	17 Charlotte Sinclair	21 Charlotte Sinclair	22 Lauren Clarehugh	32 Ellon Hart
5 Liverpool Harriers & Ac 'B'	103	—	20 Erin Stewart	23 Holly Barrett	25 Rebecca Courtney	35 Lauren Evans
6 Pendle Athletic Club	107	—	16 Jade Lord	24 Emily Wilson	33 Lucy Alderman	34 Lucy Alderman
7 Lancaster & Morecambe Ac	136	—	11 Sarah Hodgson	36 Christina Bell	42 Paige Clinton	47 Hannah Fleet
8 Wigan & District H & Ac	142	—	28 Jessica Brookwell	30 Natalie Thompson	41 Harriet Kneller	43 Amy Higham
9 Barrow & Furness Striders Ac	146	—	9 Olivia Miller	26 Brogan Stewart	52 Hannah Stanway	59 Shannon Walker
10 Ribble Valley Ac	157	—	18 Helen Wallis	40 Amy Bristow	46 Gariella Charnley	53 Laura Nerenberg

# Mid Lancs Cross Country League at Liverpool on Saturday 28th November 2009

## Race 5 - Under 17 Women — PROVISIONAL RESULTS

Pos	Name	Club	Time				
1	Laura Riches	Leigh Harriers & Ac	16:33	10	Nichola Jackson	Preston Harriers & Ac	18:12
2	Bianca Pedersen	Blackpool Wyre & Fylde Ac	16:42	11	Samantha Smith	Blackpool Wyre & Fylde Ac	18:51
3	Beckie Taylor	Blackburn Harriers & Ac	17:05	12	Jenny Girdler	Southport Waterloo Ac	19:17
4	Ellie Wilson	Barrow & Furness Striders Ac	17:24	13	Tess Parkinson	Ribble Valley Ac	19:22
5	Emma Spencer	Pendle Athletic Club	17:51	14	Ellen Buckley	Preston Harriers & Ac	19:42
6	Charlotte Atkinson	Blackburn Harriers & Ac	18:01	15	Catherine Hulme	Southport Waterloo Ac	19:53
7	Hannah Whiteside	Liverpool Harriers & Ac	18:03	16	Melissa Berry	Pendle Athletic Club	20:33
8	Jenny Huck	Barrow & Furness Striders Ac	18:06	17	Cherisse Walley	Ribble Valley Ac	20:34
9	Abigail Howarth	Leigh Harriers & Ac	18:08	18	Rachel Leech	Blackburn Harriers & Ac	21:37

## Race 5 - Under 17 Women — TEAM RESULTS

1 Blackburn Harriers & Ac	27 —	3 Beckie Taylor	6 Charlotte Atkinson	18 Rachel Leech
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## Race 5 - Under 15 Boys — PROVISIONAL RESULTS

Pos	Name	Club	Time				
1	Alastair Weymouth	Eden Runners	10:04				
2	Ryan Croasdale	Lancaster & Morecambe Ac	10:09	24	Chris Manning	Liverpool Harriers & Ac	11:27
3	Jack Christie	Liverpool Harriers & Ac	10:14	25	Kingsley Judd	Preston Harriers & Ac	11:28
4	Niall Cullen	Southport Waterloo Ac	10:15	26	Gary Clark	Southport Waterloo Ac	11:30
5	William Reynolds	Liverpool Harriers & Ac	10:18	27	Kyle Nicholls	Liverpool Pembroke & Sefton H	11:31
6	James Knox	Helm Hill Runners	10:22	28	Jonathan Foster	Southport Waterloo Ac	11:40
7	Adam Howarth	Leigh Harriers & Ac	10:39	29	Joe Oldfield	Ribble Valley Ac	11:42
8	Luke Towers	Liverpool Harriers & Ac	10:42	30	Dave Reece	Liverpool Pembroke & Sefton H	11:42
9	Jack Ellis	Preston Harriers & Ac	10:43	31	Patrick Cullen	Southport Waterloo Ac	11:45
10	Owen Sharpe	Liverpool Harriers & Ac	10:44	32	Neng Wildman	Pendle Athletic Club	11:46
11	Sam Storey	Barrow & Furness Striders Ac	10:46	33	Perry Judd	Preston Harriers & Ac	11:52
12	Reece Clark	Ribble Valley Ac	10:48	34	Tom Schumacher	Liverpool Harriers & Ac	11:55
13	Jack Isherwood	Preston Harriers & Ac	10:48	35	James Whitaker	Lancaster & Morecambe Ac	11:56
14	Robbie Ingham	Kendal Amateur Athletic Club	10:51	36	Declan Bulmer	Pendle Athletic Club	11:57
15	Tom Hartley	Kendal Amateur Athletic Club	10:53	37	Jake Hogg	Southport Waterloo Ac	11:58
16	Andrew Desmond	Liverpool Harriers & Ac	10:54	38	Lewis Auld	Ribble Valley Ac	12:00
17	Daniel Quarumby	Blackpool Wyre & Fylde Ac	10:55	39	George Ingram	Southport Waterloo Ac	12:06
18	Warren Turner	Liverpool Pembroke & Sefton H	10:57	40	Darren McDonald	Liverpool Pembroke & Sefton H	12:22
19	Liam Ellis	Southport Waterloo Ac	10:59	41	Alex Roome	Southport Waterloo Ac	12:23
20	Kristian Quirk	Liverpool Harriers & Ac	11:11	42	Jamie Partridge	Pendle Athletic Club	12:24
21	Sam Butters	Ribble Valley Ac	11:13	43	Callum Grant	Liverpool Harriers & Ac	12:24
22	Adam Jamson	Leigh Harriers & Ac	11:20	44	Thomas Nolan Barnes	Lancaster & Morecambe Ac	13:38
23	Jack Smith	Wigan & District H & Ac	11:26	45	Graham Boreham	Southport Waterloo Ac	14:16

## Race 5 - Under 15 Boys — TEAM RESULTS

1 Liverpool Harriers & Ac	26 —	3 Jack Christie	5 William Reynolds	8 Luke Towers	10 Owen Sharpe
2 Southport Waterloo Ac	77 —	4 Niall Cullen	19 Liam Ellis	26 Gary Clark	28 Jonathan Foster
3 Preston Harriers & Ac	80 —	9 Jack Ellis	13 Jack Isherwood	25 Kingsley Judd	33 Perry Judd
4 Liverpool Harriers & Ac 'B'	94 —	16 Andrew Desmond	20 Kristian Quirk	24 Chris Manning	34 Tom Schumacher
5 Ribble Valley Ac	100 —	12 Reece Clark	21 Sam Butters	29 Joe Oldfield	38 Lewis Auld
6 Liverpool Pembroke & Sefton H	115 —	18 Warren Turner	27 Kyle Nicholls	30 Dave Reece	40 Darren McDonald
7 Southport Waterloo Ac 'B'	148 —	31 Patrick Cullen	37 Jake Hogg	39 George Ingram	41 Alex Roome

## Race 6 - Under 17 Men — PROVISIONAL RESULTS

Pos	Name	Club	Time				
1	Toby Loveridge	Liverpool Pembroke & Sefton H	18:07	16	Sam Yates	Ribble Valley Ac	19:59
2	Chris Matthews	Blackburn Harriers & Ac	18:55	17	Sean Kirkbride	Liverpool Pembroke & Sefton H	20:01
3	Patrick Vicary	Kendal Amateur Athletic Club	18:56	18	Peter Orr	Border Harriers & Ac	20:03
4	Luke Ingham	Kendal Amateur Athletic Club	19:07	19	Jonathon Benson	Barrow & Furness Striders Ac	20:21
5	Ben Akin	Preston Harriers & Ac	19:15	20	Tom Belcher	Chorley Harriers	20:36
6	Jai McGuigan	Liverpool Pembroke & Sefton H	19:16	21	Sam Till	Dallam Running Club	20:43
7	Richard Morrell	Preston Harriers & Ac	19:23	22	Zac Howe	Horwich R M I Harriers	21:07
8	Joe Moores	Rosendale Harriers & Ac	19:27	23	Callum Rowett	Preston Harriers & Ac	21:23
9	Robert Warmer	Blackburn Harriers & Ac	19:32	24	Adam Weightman	Blackpool Wyre & Fylde Ac	21:30
10	Callum Mason	Lancaster & Morecambe Ac	19:38	25	Ryan Hodgson	Ribble Valley Ac	21:48
11	Jack Scarr	Blackpool Wyre & Fylde Ac	19:38	26	Tom Belcher	Chorley Harriers	22:10
12	Mike Wilson	Liverpool Pembroke & Sefton H	19:47	27	Ryan Downs	Chorley Harriers	22:13
13	Adam Bateson	Lancaster & Morecambe Ac	19:52	28	Mark Hollowell	Blackpool Wyre & Fylde Ac	23:19
14	Mike Bride	Liverpool Pembroke & Sefton H	19:54	29	William Capstick	Ribble Valley Ac	24:13
15	Liam McGuinness	Lancaster & Morecambe Ac	19:58				

## Race 6 - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Liverpool Pembroke & Sefton H	19 —	1 Toby Loveridge	6 Jai McGuigan	12 Mike Wilson
2 Preston Harriers & Ac	35 —	5 Ben Akin	7 Richard Morrell	23 Callum Rowett
3 Lancaster & Morecambe Ac	38 —	10 Callum Mason	13 Adam Bateson	15 Liam McGuinness
4 Blackpool Wyre & Fylde Ac	63 —	11 Jack Scarr	24 Adam Weightman	28 Mark Hollowell
5 Ribble Valley Ac	70 —	16 Sam Yates	25 Ryan Hodgson	29 William Capstick

## Under 20 Women in the U17/U20 race

1198 Lauren HOWARTH	U20W Leigh H	Mid Lancs	15.23
650 Hannah BATESON	U20W Lancaster & Morcambe AC	Mid Lancs	16.21
1134 Rhea ELLIS	U20W Liverpool Pembroke & Sefton H	Mid Lancs	16.40

# Mid Lancs Cross Country League at Liverpool on Saturday 28th November 2009

## Race 6 - Ladies over 18

Pos	Name	Cat/Pos	Club	Time						
1	Rebecca Robinson	L	1 Kendal Amateur Athletic Club	27:49	37	Robyn Anderson	L	37	Preston Harriers & Ac	38:48
2	Rebecca Howarth	L	2 Leigh Harriers & Ac	29:24	38	Jayne Perry	L	38	Lancaster & Morecambe Ac	38:57
3	Sarah Ridehalgh	L	3 Accrington Road Runners	30:45	39	Brenda Wane	L45	5	Astley & Tyldesley Road Runner	39:05
4	Lindsey Brindle	L	4 Horwich R M I Harriers	31:06	40	Wendy Dodds	L55	3	Clayton Le Moors Harriers	39:29
5	Kirsty Longley	L	5 Liverpool Pembroke & Sefton H	31:17	41	Christine Boardman	L	41	Horwich R M I Harriers	39:37
6	Katie Trickett	L	6 Clayton Le Moors Harriers	31:31	42	Lucinda McNiven	L	42	Lytham St Annes Rr Club	39:41
7	Samantha Howard	L	7 Southport Waterloo Ac	31:35	43	Kathrine Winrow	L45	6	Lancaster & Morecambe Ac	39:56
8	Lindsay Doyle	L	8 Liverpool Pembroke & Sefton H	31:57	44	Carol Handley	L45	7	Southport Waterloo Ac	40:00
9	Tracey Dutton	L35	1 Wigan Phoenix	32:00	45	Lyndsey Carter	L	45	Astley & Tyldesley Road Runner	40:11
10	Katie Trickett	L	10 Clayton Le Moors Harriers	32:23	46	Laura Ashworth	L	46	Lytham St Annes Rr Club	40:21
11	Rhiannon Silson	L	11 Border Harriers & Ac	32:38	47	Elizabeth England	L	47	Allithwaite RC	40:33
12	Emma Perrin	L	12 Horwich R M I Harriers	32:40	48	Julia Rolfe	L45	8	Lytham St Annes Rr Club	40:38
13	Lynne Clough	L35	2 Chorley Harriers	32:50	49	Carol Wright	L45	9	Southport Waterloo Ac	40:40
14	Amelia Susulowsky	LJ	1 Preston Harriers & Ac	32:54	50	Carole James	L45	10	Southport Waterloo Ac	40:47
15	Jayne Taylor	L45	1 Wigan Phoenix	33:26	51	Joan Gouldthorpe	L55	4	Red Rose Road Runners	40:49
16	Philippa Walsh	L45	2 Preston Harriers & Ac	33:48	52	?????	L	52	Unattached	41:05
17	Emma Flanagan	LJ	2 Rossendale Harriers & Ac	33:54	53	Anne Wallworth	L45	11	Red Rose Road Runners	41:26
18	Debbie Gowans	L45	3 Accrington Road Runners	34:26	54	Rachel Thomas	L	54	Southport Waterloo Ac	41:48
19	Katie Savage	L	19 Barrow & Furness Striders Ac	35:10	55	Sheena Cottam	L35	6	Garstang	41:55
20	Gretel Jackson	L	20 Accrington Road Runners	35:17	56	Katherine Thompson	L55	5	Clayton Le Moors Harriers	42:16
21	Vicci Mousley	L	21 Accrington Road Runners	35:20	57	Carole Baines	L45	12	Astley & Tyldesley Road Runner	42:39
22	Andrea Muirhead	L	22 Wigan Phoenix	35:27	58	Glenda Dobie	L45	13	Red Rose Road Runners	42:48
23	Sue Sharp	L45	4 Barrow & Furness Striders Ac	35:30	59	Helen Walker	L	59	Barrow & Furness Striders Ac	42:57
24	Michelle Devine	L	24 Horwich R M I Harriers	35:35	60	Rebecca Noblett	L35	7	Red Rose Road Runners	43:03
25	Melanie Koth	L35	3 Lytham St Annes Rr Club	35:37	61	Helen Wilson	L35	8	Garstang	43:15
26	Catherine Terry	L	26 Liverpool Pembroke & Sefton H	35:38	62	Faye Holden	L	62	Pendle Athletic Club	43:59
27	Emma Essex Crosby	L	27 Preston Harriers & Ac	36:00	63	?????	L	63	Unattached	44:02
28	Sharon McGuire	L	28 Rossendale Harriers & Ac	36:19	64	Sally Cape	L35	9	Red Rose Road Runners	44:47
29	Michelle Spencer	L	29 Southport Waterloo Ac	37:27	65	Pamela Hardman	L45	14	Lytham St Annes Rr Club	44:49
30	Laura Morris	L	30 Lancaster & Morecambe Ac	37:28	66	Judith Deakin	L55	6	Preston Harriers & Ac	45:07
31	Kathryn Culshaw	L	31 Wigan Phoenix	37:36	67	Christine Perry	L45	15	Lancaster & Morecambe Ac	45:38
32	Anna Crabtree	L35	4 Chorley Harriers	37:53	68	Sue Stewart	L	68	Southport Waterloo Ac	45:49
33	Lou Lyness	L55	1 Barrow & Furness Striders Ac	38:03	69	Karin Goss	L55	7	Clayton Le Moors Harriers	46:06
34	Dianne Priestley	L55	2 Kendal Amateur Athletic Club	38:11	70	Niz Bowker	L	70	Southport Waterloo Ac	46:55
35	Sharon Trusch	L35	5 Preston Harriers & Ac	38:23	71	Sue Allen	L45	16	Clayton Le Moors Harriers	48:39
36	Sue Hopkins	L	36 Astley & Tyldesley Road Runner	38:31	72	Dawn Lock	L55	8	Lytham St Annes Rr Club	57:54

## Race 6 - Ladies over 18 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Liverpool Pembroke & Sefton H	39	—	5	Kirsty Longley	8	Lindsay Doyle	26	Catherine Terry
2	Horwich R M I Harriers	40	—	4	Lindsey Brindle	12	Emma Perrin	24	Michelle Devine
3	Accrington Road Runners	41	—	3	Sarah Ridehalgh	18	Debbie Gowans	20	Gretel Jackson
4	Wigan Phoenix	46	—	9	Tracey Dutton	15	Jayne Taylor	22	Andrea Muirhead
5	Clayton Le Moors Harriers	56	—	6	Katie Trickett	10	Katie Trickett	40	Wendy Dodds
6	Preston Harriers & Ac	57	—	14	Amelia Susulowsky	16	Philippa Walsh	27	Emma Essex Crosby
7	Barrow & Furness Striders Ac	75	—	19	Katie Savage	23	Sue Sharp	33	Lou Lyness
8	Southport Waterloo Ac	80	—	7	Samantha Howard	29	Michelle Spencer	44	Carol Handley
9	Lancaster & Morecambe Ac	111	—	30	Laura Morris	38	Jayne Perry	43	Kathrine Winrow
10	Lytham St Annes Rr Club	113	—	25	Melanie Koth	42	Lucinda McNiven	46	Laura Ashworth
11	Astley & Tyldesley Road Runner	120	—	36	Sue Hopkins	39	Brenda Wane	45	Lyndsey Carter
12	Preston Harriers & Ac 'B'	136	—	35	Sharon Trusch	37	Robyn Anderson	64	Judith Deakin
13	Southport Waterloo Ac 'B'	152	—	49	Carol Wright	50	Carole James	53	Rachel Thomas
14	Red Rose Road Runners	160	—	51	Joan Gouldthorpe	52	Anne Wallworth	57	Glenda Dobie
15	Lytham St Annes Rr Club 'B'	181	—	48	Julia Rolfe	63	Pamela Hardman	70	Dawn Lock
16	Clayton Le Moors Harriers 'B'	191	—	55	Katherine Thompson	67	Karin Goss	69	Sue Allen

## Race 6 - Ladies over 35 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers & Ac	44	—	4	Philippa Walsh	11	Sharon Trusch	29	Judith Deakin
2	Southport Waterloo Ac	50	—	15	Carol Handley	17	Carol Wright	18	Carole James
3	Lytham St Annes Rr Club	51	—	7	Melanie Koth	16	Julia Rolfe	28	Pamela Hardman
4	Red Rose Road Runners	63	—	19	Joan Gouldthorpe	20	Anne Wallworth	24	Glenda Dobie
5	Clayton Le Moors Harriers	66	—	13	Wendy Dodds	22	Katherine Thompson	31	Karin Goss

## Race 6 - Ladies over 45 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Southport Waterloo Ac	35	—	10	Carol Handley	12	Carol Wright	13	Carole James
2	Clayton Le Moors Harriers	46	—	8	Wendy Dodds	16	Katherine Thompson	22	Karin Goss
3	Red Rose Road Runners	47	—	14	Joan Gouldthorpe	15	Anne Wallworth	18	Glenda Dobie
4	Lytham St Annes Rr Club	54	—	11	Julia Rolfe	19	Pamela Hardman	24	Dawn Lock

## Race 6 - Ladies over 55 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Clayton Le Moors Harriers	15	—	3	Wendy Dodds	5	Katherine Thompson	7	Karin Goss
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## Senior Men under 20

Pos	Name	Cat/Pos	Club	Time						
1	Peter Huck	JM	1 Barrow & Furness Striders Ac	31:48	6	David Brown	JM	6	Lancaster & Morecambe Ac	36:30
2	Nathan Bibby	JM	2 Preston Harriers & Ac	32:40	7	Paul Hodgson	JM	7	Lancaster & Morecambe Ac	37:30
3	Joe Vis	JM	3 Southport Waterloo Ac	33:11	8	Jack Lonsdale	JM	8	Blackburn Harriers & Ac	38:08
4	Patrick Vis	JM	4 Southport Waterloo Ac	33:29	9	Thomas Hanlon	JM	9	Liverpool Pembroke & Sefton H	38:16
5	Jordan Harris	JM	5 Lancaster & Morecambe Ac	35:55	10	Sean Dignam	JM	10	Liverpool Pembroke & Sefton H	38:23

## Senior Men under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Lancaster & Morecambe Ac	18	—	5	Jordan Harris	6	David Brown	7	Paul Hodgson
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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

## Senior Men — PROVISIONAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Chris Livesey		Preston Harriers & Ac	31:03	90	John Rainford	V40 35	Preston Harriers & Ac	37:59
2	Gary Priestley		Horwich R M I Harriers	31:28	91	Mark Saunders		Glaxo Hoad Hill Harriers	37:59
3	Peter Huck	JM 1	Barrow & Furness Striders Ac	31:48	92	Kevin Edwards	V40 36	Wigan Phoenix	37:59
4	Peter Matthews		Blackburn Harriers & Ac	31:52	93	Jack Lonsdale	JM 8	Blackburn Harriers & Ac	38:08
5	James Douglas		Border Harriers & Ac	31:59	94	Jeff Mason		Liverpool Pembroke & Sefton H	38:11
6	Alasdair Russell		Kendal Amateur Athletic Club	32:08	95	Clark Roberts		Liverpool Pembroke & Sefton H	38:12
7	Rob Berry	V40 1	Southport Waterloo Ac	32:25	96	Thomas Hanlon	JM 9	Liverpool Pembroke & Sefton H	38:16
8	Tom Cunningham		Blackpool Wyre & Fylde Ac	32:28	97	Mark Riches	V40 37	Astley & Tyldesley Road Runner	38:20
9	David Rigby		Preston Harriers & Ac	32:37	98	Andy Eccles	V40 38	Wigan Phoenix	38:21
10	Nathan Bibby	JM 2	Preston Harriers & Ac	32:40	99	Sean Dignam	JM 10	Liverpool Pembroke & Sefton H	38:23
11	Bob Atkinson	V50 1	Barrow & Furness Striders Ac	32:42	100	Eryl Husband	V50 8	Lancaster & Morecambe Ac	38:33
12	Richard Shearer		Southport Waterloo Ac	32:46	101	???		Southport Waterloo Ac	38:34
13	Malcolm Eadie	V40 2	Blackpool Wyre & Fylde Ac	32:57	102	Rob Jowett		Liverpool Pembroke & Sefton H	38:39
14	Mike Whyatt	V40 3	Garstang	33:10	103	Fred Lynch	V50 9	Red Rose Road Runners	38:47
15	Joe Vis	JM 3	Southport Waterloo Ac	33:11	104	Mark Ruscoe		Astley & Tyldesley Road Runner	38:49
16	Charlie Pass		Wesham Road Runners & Ac	33:21	105	Mark Almond	V40 39	Blackburn Harriers & Ac	38:51
17	Patrick Vis	JM 4	Southport Waterloo Ac	33:29	106	Harry Melia	V40 40	Barrow & Furness Striders Ac	38:51
18	Matthew Nuttall	V40 4	Blackburn Harriers & Ac	33:32	107	Harry Melia		Barrow & Furness Striders Ac	38:51
19	Richard Walker		Barrow & Furness Striders Ac	33:34	108	Phil Walsh	V50 10	Preston Harriers & Ac	38:54
20	Gary Shaw		Clayton Le Moors Harriers	33:37	109	Shaun Moran	V50 11	Astley & Tyldesley Road Runner	38:56
21	????		Unattached	33:43	110	Neil Holding	V50 12	West Pennine Runners	39:02
22	Mark Chippendale	V40 5	Lancaster & Morecambe Ac	33:49	111	Ray Handley	V50 13	Southport Waterloo Ac	39:04
23	Mark Aspinall	V40 6	Clayton Le Moors Harriers	33:52	112	Richard Jones		Garstang	39:09
24	???		???	33:57	113	Stuart Williams	V40 41	Blackpool Wyre & Fylde Ac	39:13
25	Phil Waite		Barrow & Furness Striders Ac	33:58	114	Simon Tobin	V40 42	Southport Waterloo Ac	39:14
26	Gareth Booth		Horwich R M I Harriers	34:10	115	Doug Fleming	V50 14	Horwich R M I Harriers	39:21
27	Alastair Murray		Horwich R M I Harriers	34:14	116	Graham Webster	V50 15	Lytham St Annes Rr Club	39:23
28	Mike O'Neill		Wigan Phoenix	34:20	117	Richard Noone		Wigan Phoenix	39:31
29	David Townsend	V40 7	Wigan Phoenix	34:25	118	Thomas Howarth		Lytham St Annes Rr Club	39:35
30	David Fulford		Glaxo Hoad Hill Harriers	34:27	119	Chris Lloyd		Blackpool Wyre & Fylde Ac	39:35
31	Richard Watson		Glaxo Hoad Hill Harriers	34:31	120	Garry Chadderton	V40 43	Horwich R M I Harriers	39:38
32	?????		Unattached	34:34	121	Tony Croft	V50 16	Lytham St Annes Rr Club	39:39
33	Keiron Alderson		Kendal Amateur Athletic Club	34:36	122	Ashley Nixon		Preston Harriers & Ac	39:45
34	Bernie Murphy	V40 8	Liverpool Pembroke & Sefton H	34:47	123	Gary Mason	V50 17	Barrow & Furness Striders Ac	39:54
35	John Howarth	V40 9	Leigh Harriers & Ac	34:49	124	Terry Gardiner	V40 44	Astley & Tyldesley Road Runner	39:56
36	James Tarrt		Southport Waterloo Ac	34:58	125	Craig Menzies		Garstang	40:05
37	John Morrissey		Wigan Phoenix	35:03	126	John Shepherd	V40 45	Red Rose Road Runners	40:09
38	Jeremy Gold	V40 10	Rossendale Harriers & Ac	35:03	127	Peter Hall	V60 1	Barrow & Furness Striders Ac	40:13
39	Mark Rogers	V40 11	Wigan Phoenix	35:09	128	Peter Booth	V50 18	Clayton Le Moors Harriers	40:18
40	Pat Miller	V40 12	Barrow & Furness Striders Ac	35:17	129	John Anderson	V50 19	Pendle Athletic Club	40:21
41	Simon Ford		Astley & Tyldesley Road Runner	35:24	130	Paul Jackson	V40 46	Chorley Harriers	40:24
42	Jeffrey Chadwick	V40 13	Glaxo Hoad Hill Harriers	35:29	131	Peter Broome	V50 20	Blackpool Wyre & Fylde Ac	40:27
43	Stephen Nicholls		Wigan Phoenix	35:29	132	Paul Wareing	V40 47	Chorley Ac	40:28
44	Mark Gardner		Lancaster & Morecambe Ac	35:33	133	Tom Peacock		Southport Waterloo Ac	40:31
45	Garry Dixon		Barrow & Furness Striders Ac	35:35	134	Mike Cunningham	V40 48	Southport Waterloo Ac	40:43
46	Mark Lee	V40 14	Preston Harriers & Ac	35:45	135	Gary Johnston	V50 21	Blackpool Wyre & Fylde Ac	40:50
47	David Hamilton	V40 15	Southport Waterloo Ac	35:47	136	Howard Waite	V40 49	Wigan Phoenix	40:56
48	Christopher Howie	V40 16	Glaxo Hoad Hill Harriers	35:48	137	Phil Iddon		Chorley Harriers	41:06
49	David Edmondson	V40 17	Clayton Le Moors Harriers	35:53	138	Geoff Lyons	V40 50	Garstang	41:08
50	Raymond Lees	V50 2	Clayton Le Moors Harriers	35:54	139	David Williams	V40 51	Chorley Harriers	41:11
51	Jordan Harris	JM 5	Lancaster & Morecambe Ac	35:55	140	Brian Davey	V50 22	Southport Waterloo Ac	41:14
52	Robert Ashworth	V40 18	Southport Waterloo Ac	36:01	141	Terry Helling	V50 23	Lytham St Annes Rr Club	41:15
53	Matthew Rooke		Glaxo Hoad Hill Harriers	36:05	142	Alan Appleby	V60 2	Preston Harriers & Ac	41:16
54	Chris Wilson	V40 19	Wigan Phoenix	36:07	143	Barry Mitchell	V60 3	Clayton Le Moors Harriers	41:28
55	Peter Savage		Barrow & Furness Striders Ac	36:14	144	Dave Wall	V40 52	Wigan Phoenix	41:38
56	Steven Wilkinson		Southport Waterloo Ac	36:15	145	Phillip Butler	V40 53	Red Rose Road Runners	41:42
57	Mo Manijolley		Wigan Phoenix	36:16	146	Richard Taylor	V40 54	Blackburn Harriers & Ac	41:43
58	Alex Rowe	V50 3	Wesham Road Runners & Ac	36:22	147	Gordon Everard	V50 24	Lancaster & Morecambe Ac	41:53
59	Stephen Waterhouse	V40 20	Blackpool Wyre & Fylde Ac	36:22	148	Steve Perry	V50 25	Lancaster & Morecambe Ac	42:00
60	David Brown	JM 6	Lancaster & Morecambe Ac	36:30	149	James Hickie	V50 26	Clayton Le Moors Harriers	42:03
61	Ben Johnson		Southport Waterloo Ac	36:31	150	Roy Upton	V40 55	Lytham St Annes Rr Club	42:06
62	Steve Duxbury	V50 4	Rossendale Harriers & Ac	36:32	151	Gordon Noblett		Red Rose Road Runners	42:07
63	Steve Nolan	V40 21	Horwich R M I Harriers	36:34	152	Stephen Mort		Preston Harriers & Ac	42:08
64	Chris Pedder		Liverpool Pembroke & Sefton H	36:34	153	John Griffiths	V40 56	Preston Harriers & Ac	42:09
65	Mark Salter		Liverpool Pembroke & Sefton H	36:39	154	Stephen Young		Preston Harriers & Ac	42:14
66	Gery Lenehan		Southport Waterloo Ac	36:41	155	Willie Richmond	V40 57	Lytham St Annes Rr Club	42:16
67	David Barker	V50 5	Preston Harriers & Ac	36:41	156	Andrew Nightingale		Wigan Phoenix	42:27
68	David Partington		Preston Harriers & Ac	36:43	157	Dave Robson	V40 58	Blackpool Wyre & Fylde Ac	42:31
69	Denis Mason		Horwich R M I Harriers	36:45	158	Peter Leviston	V60 4	Barrow & Furness Striders Ac	42:34
70	Chris Balderson	V40 22	Clayton Le Moors Harriers	36:47	159	Chris Nightingale	V40 59	Wigan Phoenix	42:43
71	Paul Archer	V40 23	Clayton Le Moors Harriers	37:05	160	Garry Baines	V50 27	Astley & Tyldesley Road Runner	42:47
72	Peter Roome	V40 24	Southport Waterloo Ac	37:07	161	Andy Howarth	V40 60	Leigh Harriers & Ac	42:47
73	Allister Goulding	V40 25	Leigh Harriers & Ac	37:11	162	David Scott	V60 5	Clayton Le Moors Harriers	42:56
74	Stephen McLean	V40 26	Southport Waterloo Ac	37:20	163	John Linaker	V40 61	Burnley Ac	43:04
75	Mike O'Donnell	V40 27	Preston Harriers & Ac	37:23	164	Russell Mabbutt	V40 62	Wesham Road Runners & Ac	43:09
76	Paul Hodgson	JM 7	Lancaster & Morecambe Ac	37:30	165	Mike Peat	V50 28	Lancaster & Morecambe Ac	43:29
77	Simon Stanway	V40 28	Barrow & Furness Striders Ac	37:34	166	Gordon Noblett		Red Rose Road Runners	43:32
78	Richard Bowker	V40 29	Southport Waterloo Ac	37:39	167	Rick Cordwell		Chorley Ac	43:34
79	Gary Wilson	V40 30	Preston Harriers & Ac	37:42	168	Steve Foster	V40 63	Astley & Tyldesley Road Runner	43:42
80	Kevin Hesketh	V50 6	Preston Harriers & Ac	37:43	169	Henry Minorczyk	V60 6	Chorley Ac	43:45
81	David Motley		Clayton Le Moors Harriers	37:44	170	Phil Dean	V50 29	Red Rose Road Runners	43:57
82	Ray Kenny	V40 31	Preston Harriers & Ac	37:44	171	Michael McLoughlin		Preston Harriers & Ac	44:01
83	Andy Arnold		Leigh Harriers & Ac	37:45	172	David Dyson	V50 30	Blackpool Wyre & Fylde Ac	44:07
84	David Parker	V40 32	Barrow & Furness Striders Ac	37:47	173	Gary Balmer	V40 64	Clayton Le Moors Harriers	44:09
85	Phill Cornall		Garstang	37:49	174	Will Holligan	V50 31	Allithwaite RC	44:10
86	Colin Shuttleworth	V50 7	Clayton Le Moors Harriers	37:52	175	Graham Schofield	V50 32	Chorley Harriers	44:13
87	Keith Middleman		Southport Waterloo Ac	37:55	176	Colin Nelson		Lytham St Annes Rr Club	44:18
88	Neil Worswick	V40 33	Clayton Le Moors Harriers	37:56	177	Steven Jackson	V40 65	Preston Harriers & Ac	44:21
89	Christopher Dunn	V40 34	Southport Waterloo Ac	37:57	178	Pete Bland	V60 7	Horwich R M I Harriers	44:22

179	Colin Nelson		Lytham St Annes Rr Club	44:41	193	Robbie Wood		Liverpool Pembroke & Sefton H	48:12
180	Michael Thornborough	V40 66	Allithwaite RC	45:02	194	Simon Barton	V50 37	Glaxo Hoad Hill Harriers	48:16
181	Bill Atkinson	V40 67	Allithwaite RC	45:23	195	John Orrell	V40 68	Blackburn Harriers & Ac	49:03
182	David Spencer	V60 8	Barrow & Furness Striders Ac	45:39	196	John Orrell	V40 69	Blackburn Harriers & Ac	49:05
183	Adrian Newnham	V50 33	Glaxo Hoad Hill Harriers	46:21	197	Steve Coey	V50 38	Red Rose Road Runners	49:33
184	Ted Orrell	V60 9	Clayton Le Moors Harriers	46:39	198	John Swift	V60 14	Chorley Ac	49:46
185	George Thompson	V50 34	Clayton Le Moors Harriers	47:06	199	Doug Munroe	V60 15	Clayton Le Moors Harriers	50:30
186	George Parrington	V60 10	Lancaster & Morecambe Ac	47:10	200	Jeremy Clark	V50 39	Glaxo Hoad Hill Harriers	50:47
187	Roy Hart	V60 11	Wigan Phoenix	47:20	201	Eddie Murray	V60 16	Chorley Ac	51:49
188	Phil Baxendale		Southport Waterloo Ac	47:21	202	Phil McCullaugh	V50 40	Chorley Ac	51:52
189	Geoff Orritt	V60 12	Red Rose Road Runners	47:28	203	Richard Lawson	V60 17	Clayton Le Moors Harriers	54:56
190	Stuart Hartley	V50 35	Clayton Le Moors Harriers	47:34	204	Austin McBride	V60 18	Accrington Road Runners	57:55
191	Barry Chester	V60 13	Chorley Ac	47:43	205	Mike Coppin	V60 19	Chorley Ac	1:03:03
192	Derek Henry	V50 36	Wigan Phoenix	48:02	206	???	???	???	

### Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Southport Waterloo Ac	128	—	7	RobBerry	12	RichardShearer	15	Joe Vis	17	Patrick Vis	33	James Tartt	44	David Hamilton
2	Barrow & Furness Striders Ac	135	—	3	Peter Huck	11	BobAtkinson	19	RichardWalker	23	PhilWaite	37	Pat Miller	42	Garry Dixon
3	Preston Harriers & Ac	192	—	1	Chris Livesey	9	David Rigby	10	Nathan Bibby	43	Mark Lee	64	David Barker	65	David Partington
4	Wigan Phoenix	214	—	26	Mike O'Neill	27	David Townsend	34	John Morrissey	36	Mark Rogers	40	Stephen Nicholls	51	Chris Wilson
5	Clayton Le Moors Harriers	270	—	20	Gary Shaw	22	Mark Aspinall	46	David Edmondson	47	Raymond Lees	67	Chris Balderson	68	Paul Archer
6	Glaxo Hoad Hill Harriers	279	—	28	David Fulford	29	Richard Watson	39	Jeffrey Chadwick	45	Christopher Howie	50	Matthew Rooke	88	Mark Saunders
7	Horwich R M I Harriers	289	—	2	Gary Priestley	24	Gareth Booth	25	Alastair Murray	60	Steve Nolan	66	Denis Mason	112	Doug Fleming
8	Lancaster & Morecambe Ac	337	—	21	Mark Chippendale	41	Mark Gardner	48	Jordan Harris	57	David Brown	73	Paul Hodgson	97	Eryl Husband
9	Southport Waterloo Ac 'B'	363	—	49	Robert Ashworth	53	Steven Wilkinson	58	Ben Johnson	63	Gary Lenehan	69	Peter Roome	71	Stephen McLean
10	Liverpool Pembroke & Sefton H	430	—	31	Bernie Murphy	61	Chris Pedder	62	Mark Salter	91	Jeff Mason	92	Clark Roberts	93	Thomas Hanlon
11	Blackpool Wyre & Fylde Ac	431	—	8	Tom Cunningham	13	Malcolm Eadie	56	Stephen Waterhouse	110	Stuart Williams	116	Chris Lloyd	128	Peter Broome
12	Preston Harriers & Ac 'B'	496	—	72	Mike O'Donnell	76	Gary Wilson	77	Kevin Hesketh	79	Ray Kenny	87	John Rainford	105	Phil Walsh
13	Barrow & Furness Striders 'B'	534	—	52	Peter Savage	74	Simon Stanway	81	David Parker	103	Harry Melia	104	Harry Melia	120	Gary Mason
14	Blackburn Harriers & Ac	549	—	4	Peter Matthews	18	Matthew Nuttall	90	Jack Lonsdale	102	Mark Almond	143	Richard Taylor	192	John Orrell
15	Astley & Tyldesley Road Runner	617	—	38	Simon Ford	94	Mark Riches	101	Mark Ruscoe	106	Shaun Moran	121	Terry Gardiner	157	Garry Baines
16	Wigan Phoenix 'B'	626	—	54	Mo Manijolley	89	Kevin Edwards	95	Andy Eccles	114	Richard Noone	133	Howard Waite	141	Dave Wall
17	Clayton Le Moors Harriers 'B'	657	—	78	David Motley	83	Colin Shuttleworth	85	Neil Worswick	125	Peter Booth	140	Barry Mitchell	146	James Hickie
18	Lytham St Annes Rr Club	783	—	113	Graham Webster	115	Thomas Howarth	118	Tony Croft	138	Terry Hellings	147	Roy Upton	152	Willie Richmond
19	Red Rose Road Runners	843	—	100	Fred Lynch	123	John Shepherd	142	Philip Butler	148	Gordon Noblett	163	Gordon Noblett	167	Phil Dean
20	Chorley Ac	1040	—	129	Paul Wareing	164	Rick Cordwell	166	Henry Minorczyk	188	Barry Chester	195	John Swift	198	Eddie Murray

### Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Southport Waterloo Ac	66	—	1	Rob Berry	16	David Hamilton	20	Robert Ashworth	29	Peter Roome
2	Clayton Le Moors Harriers	71	—	7	Mark Aspinall	18	David Edmondson	19	Raymond Lees	27	Chris Balderson
3	Wigan Phoenix	84	—	8	David Townsend	12	Mark Rogers	21	Chris Wilson	43	Kevin Edwards
4	Barrow & Furness Striders Ac	86	—	2	Bob Atkinson	13	Pat Miller	33	Simon Stanway	38	David Parker
5	Preston Harriers & Ac	108	—	15	Mark Lee	26	David Barker	32	Mike O'Donnell	35	Gary Wilson
6	Blackpool Wyre & Fylde Ac	147	—	3	Malcolm Eadie	23	Stephen Waterhouse	54	Stuart Williams	67	Peter Broome
7	Southport Waterloo Ac 'B'	159	—	31	Stephen McLean	34	Richard Bowker	41	Christopher Dunn	53	Ray Handley
8	Preston Harriers & Ac 'B'	165	—	36	Kevin Hesketh	37	Ray Kenny	42	John Rainford	50	Phil Walsh
9	Clayton Le Moors Harriers 'B'	171	—	28	Paul Archer	39	Colin Shuttleworth	40	Neil Worswick	64	Peter Booth
10	Lancaster & Morecambe Ac	215	—	6	Mark Chippendale	46	Eryl Husband	81	Gordon Everard	82	Steve Perry
11	Horwich R M I Harriers	243	—	25	Steve Nolan	56	Doug Fleming	58	Garry Chadderton	104	Pete Bland
12	Astley & Tyldesley Road Runner	246	—	44	Mark Riches	51	Shaun Moran	61	Terry Gardiner	90	Garry Baines
13	Blackburn Harriers & Ac	251	—	5	Matthew Nuttall	48	Mark Almond	80	Richard Taylor	118	John Orrell
14	Glaxo Hoad Hill Harriers	256	—	14	Jeffrey Chadwick	17	Christopher Howie	108	Adrian Newnham	117	Simon Barton
15	Barrow & Furness Striders 'B'	260	—	49	Harry Melia	60	Gary Mason	63	Peter Hall	88	Peter Leviston
16	Lytham St Annes Rr Club	275	—	57	Graham Webster	59	Tony Croft	75	Terry Hellings	84	Roy Upton
17	Wigan Phoenix 'B'	283	—	45	Andy Eccles	71	Howard Waite	78	Dave Wall	89	Chris Nightingale
18	Red Rose Road Runners	286	—	47	Fred Lynch	62	John Shepherd	79	Philip Butler	98	Phil Dean
19	Chorley Ac	401	—	68	Paul Wareing	97	Henry Minorczyk	115	Barry Chester	121	John Swift

### Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers & Ac	21	—	5	David Barker	6	Kevin Hesketh	10	Phil Walsh
2	Clayton Le Moors Harriers	28	—	2	Raymond Lees	7	Colin Shuttleworth	19	Peter Booth
3	Barrow & Furness Striders Ac	36	—	1	Bob Atkinson	17	Gary Mason	18	Peter Hall
4	Lytham St Annes Rr Club	55	—	15	Graham Webster	16	Tony Croft	24	Terry Hellings
5	Lancaster & Morecambe Ac	63	—	8	Eryl Husband	27	Gordon Everard	28	Steve Perry
6	Blackpool Wyre & Fylde Ac	79	—	21	Peter Broome	22	Gary Johnston	36	David Dyson
7	Clayton Le Moors Harriers 'B'	87	—	26	Barry Mitchell	29	James Hickie	32	David Scott
8	Red Rose Road Runners	90	—	9	Fred Lynch	35	Phil Dean	46	Geoff Orritt
9	Chorley Ac	134	—	34	Henry Minorczyk	48	Barry Chester	52	John Swift
10	Glaxo Hoad Hill Harriers	145	—	41	Adrian Newnham	50	Simon Barton	54	Jeremy Clark
11	Chorley Ac 'B'	170	—	55	Eddie Murray	56	Phil McCullaugh	59	Mike Coppin

### Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Barrow & Furness Striders Ac	13	—	1	Peter Hall	4	Peter Leviston	8	David Spencer
2	Clayton Le Moors Harriers	17	—	3	Barry Mitchell	5	David Scott	9	Ted Orrell
3	Chorley Ac	33	—	6	Henry Minorczyk	13	Barry Chester	14	John Swift