

# Mid Lancs Cross Country League at Kendal on Saturday 10th October 2009

## Under 11 Girl — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Elizabeth Greenwood	Blackburn Harriers & Ac	5:58	16	Emily Lockhart	Glaxo Hoad Hill Harriers	7:11
2	Anna Rowe	Liverpool Harriers & Ac	6:14	17	Allana Jones	Lancaster & Morecambe Ac	7:15
3	Grace Handley	Preston Harriers & Ac	6:43	18	Kiera Whittaker	Barrow & Furness Striders Ac	7:16
4	Shauna Williamson	Rossendale Harriers & Ac	6:48	19	Lucy Taberner	Wigan & District H & Ac	7:20
5	Charlotte Waddington	Rossendale Harriers & Ac	6:50	20	Emily Rowe	Liverpool Harriers & Ac	7:21
6	Natrika Wildman	Pendle Athletic Club	6:50	21	Ellie Robinson	Wigan & District H & Ac	7:26
7	Alexa McTiffin	Hyndburn Ac	6:52	22	Sarah Atkinson	Helm Hill Runners	7:53
8	Annie Bradshaw	Blackpool Wyre & Fylde Ac	6:53	23	Gemma Walls	Wigan & District H & Ac	8:04
9	Eleanor Solomon	Rossendale Harriers & Ac	6:56	24	\$(No. 2590)	Unattached	8:15
10	Molly Newton O'Brien	Lancaster & Morecambe Ac	7:00	25	Kayleigh Egglestone	Eden Runners	8:20
11	Abigail Howie	Glaxo Hoad Hill Harriers	7:01	26	Olivia Simpson	Dallam Running Club	8:26
12	Elizabeth Goodfellow	Dallam Running Club	7:04	27	Kimberly Walker	Barrow & Furness Striders Ac	8:41
13	Jessica Nelson	Rossendale Harriers & Ac	7:05	28	Bethany Garratty	Hyndburn Ac	8:50
14	Neve Barnes	Pendle Athletic Club	7:05	29	Ashleigh Broadbent	Hyndburn Ac	9:38
15	Hannah Maskill	Blackpool Wyre & Fylde Ac	7:05				

## Under 11 Boys — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Jake Lonsdale	Blackpool Wyre & Fylde Ac	5:50	20	Jack Scholes	Southport Waterloo Ac	7:04
2	Ciaran Johnson	Blackpool Wyre & Fylde Ac	5:55	21	Max Haworth	Rossendale Harriers & Ac	7:05
3	Kyle Ritchie	Barrow & Furness Striders Ac	6:09	22	Luke Spencer	Southport Waterloo Ac	7:12
4	Oliver Murray	Blackburn Harriers & Ac	6:15	23	Colin Bousiquegreen	Liverpool Pembroke & Sefton H	7:12
5	Kristian McInery	Blackburn Harriers & Ac	6:27	24	\$Luke Pattinson	Unattached	7:12
6	Max Kennedy	Dallam Running Club	6:31	25	Lewis Garratty	Hyndburn Ac	7:21
7	Gregan Baker	Pendle Athletic Club	6:34	26	Nathan Chadwick	Glaxo Hoad Hill Harriers	7:24
8	Niall Graham	Lancaster & Morecambe Ac	6:40	27	Finbar Morgan Mythen	Kendal Amateur Athletic Club	7:26
9	Thomas Marchant	Pendle Athletic Club	6:42	28	Thomas Gregg	Glaxo Hoad Hill Harriers	7:27
10	Harry Peacock	Southport Waterloo Ac	6:44	29	Jamie Hill	Unattached	7:30
11	Daniel Holland	Wigan & District H & Ac	6:48	30	Jonathan Whitfield	Wigan & District H & Ac	7:31
12	Sam Pattinson	Kendal Amateur Athletic Club	6:50	31	Daemon Metcalfe	Pendle Athletic Club	7:40
13	Paul Bousiquegreen	Liverpool Pembroke & Sefton H	6:52	32	Dylan Ross	Hyndburn Ac	7:42
14	Albert Woodburn Baker	Lancaster & Morecambe Ac	6:53	33	James McCracken	Lancaster & Morecambe Ac	7:42
15	Michael Mathias	Preston Harriers & Ac	6:55	34	Alistair Howie	Glaxo Hoad Hill Harriers	7:42
16	Joseph Twigg	Lancaster & Morecambe Ac	6:56	35	Christopher Wadeson	Lancaster & Morecambe Ac	7:48
17	Liam Hinnigan	Lancaster & Morecambe Ac	6:57	36	Oscar Coleman	Lancaster & Morecambe Ac	7:52
18	Harry Stringfellow	Rossendale Harriers & Ac	6:57	37	Bryn Morgan Mythen	Kendal Amateur Athletic Club	7:55
19	Jake Whittle	Wigan & District H & Ac	6:58	38	David Spencer	Southport Waterloo Ac	7:57
				39	Nagus Kennedy	Dallam Running Club	8:04
				40	Oliver Squire	Lytham St Annes Rr Club	8:04

## Under 13 Girl — PROVISIONAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Molly Betmead	Blackpool Wyre & Fylde Ac	10:10	23	Jess O'Neill	Blackpool Wyre & Fylde Ac	11:56
2	Amelia Betmead	Blackpool Wyre & Fylde Ac	10:20	24	Alice Parkinson	Pendle Athletic Club	12:10
3	Danielle Thompson	Wigan & District H & Ac	10:32	25	Freya Sadler	Barrow & Furness Striders Ac	12:13
4	Emma Hargreaves	Preston Harriers & Ac	10:33	26	Emily Grey	Blackpool Wyre & Fylde Ac	12:15
5	Bethany Blackwell	Preston Harriers & Ac	10:45	27	Becky Ingham	Preston Harriers & Ac	12:19
6	Megan Solomon	Rossendale Harriers & Ac	10:50	28	Jessica McCracken	Lancaster & Morecambe Ac	12:21
7	Alisha Johnson	Blackpool Wyre & Fylde Ac	10:53	29	Erin Proctor	Kendal Amateur Athletic Club	12:25
8	Emily Borthwick	Wigan & District H & Ac	11:06	30	Tiffany Heaviside	Eden Runners	12:26
9	Sarah Bell	Lancaster & Morecambe Ac	11:09	31	Shona Monks	Rossendale Harriers & Ac	12:29
10	Mary Hodgson	Lancaster & Morecambe Ac	11:12	32	Milly Morgan Mythen	Kendal Amateur Athletic Club	12:31
11	Hannah Williams	Hyndburn Ac	11:18	33	Katy Griffith	Glaxo Hoad Hill Harriers	12:39
12	Rebecca Flanagan	Rossendale Harriers & Ac	11:23	34	Leah Hogarth	Blackpool Wyre & Fylde Ac	12:45
13	Isobel Hughes	Preston Harriers & Ac	11:31	35	Gaby Byrom	Barrow & Furness Striders Ac	13:01
14	Cloe Holthead	Kendal Amateur Athletic Club	11:33	36	Emma Shepherd	Preston Harriers & Ac	13:08
15	Alexandra Quarmby	Blackpool Wyre & Fylde Ac	11:34	37	Sadi Kenyon	Blackburn Harriers & Ac	13:20
16	Lucy Parry	Burnley Ac	11:35	38	Maddie Walls	Wigan & District H & Ac	13:30
17	Zoe Hughes	Wigan & District H & Ac	11:43	39	Chloe Law	Rossendale Harriers & Ac	13:45
18	Kate Lawler	Blackpool Wyre & Fylde Ac	11:47	40	Hannah Lupton	Wigan & District H & Ac	13:50
19	Katie McKenzie	Wigan & District H & Ac	11:48	41	Lucy Hunter	Southport Waterloo Ac	13:53
20	Sophie Seddon	Barrow & Furness Striders Ac	11:50	42	Savannah Haworth	Rossendale Harriers & Ac	14:00
21	Tasmin Crook	Barrow & Furness Striders Ac	11:52	43	Rebecca Howard	Lancaster & Morecambe Ac	15:08
22	Fiona Hockey	Blackpool Wyre & Fylde Ac	11:54				

## Under 13 Girl — TEAM RESULTS

1	Blackpool Wyre & Fylde Ac	25	—	1	Molly Betmead	2	Amelia Betmead	7	Alisha Johnson	15	Alexandra Quarmby
2	Wigan & District H & Ac	47	—	3	Danielle Thompson	8	Emily Borthwick	17	Zoe Hughes	19	Katie McKenzie
3	Preston Harriers & Ac	49	—	4	Emma Hargreaves	5	Bethany Blackwell	13	Isobel Hughes	27	Becky Ingham
4	Rossendale Harriers & Ac	88	—	6	Megan Solomon	12	Rebecca Flanagan	31	Shona Monks	39	Chloe Law
5	Lancaster & Morecambe Ac	90	—	9	Sarah Bell	10	Mary Hodgson	28	Jessica McCracken	43	Rebecca Howard
6	Barrow & Furness Striders Ac	101	—	20	Sophie Seddon	21	Tasmin Crook	25	Freya Sadler	35	Gaby Byrom

# Mid Lancs Cross Country League at Kendal on Saturday 10th October 2009

## Race 4 - Under 13 Boys — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Jake Walley	Blackpool Wyre & Fylde Ac	10:22	26	Daniel Forde	Lancaster & Morecambe Ac	12:28
2	Fergus Tallon	Chorley Ac	10:53	27	Rafi Scott	Lancaster & Morecambe Ac	12:29
3	Matthew Dutton	Pendle Athletic Club	10:57	28	Reece Farnhill	Hyndburn Ac	12:31
4	Patrick Dever	Preston Harriers & Ac	11:00	29	Matthew Tobin	Southport Waterloo Ac	12:40
5	Michael Panes	Southport Waterloo Ac	11:08	30	Charlie Allen	Blackpool Wyre & Fylde Ac	12:41
6	Sam Nicholson	Barrow & Furness Striders Ac	11:11	31	William Murray	Blackburn Harriers & Ac	12:42
7	Luke Penswick	Preston Harriers & Ac	11:11	32	Will Townsend	Horwich R M I Harriers	12:43
8	Rory Judd	Preston Harriers & Ac	11:13	33	Joel Ingram	Lancaster & Morecambe Ac	12:43
9	Andrew Kershaw	Southport Waterloo Ac	11:13	34	Ben Hedley	Hyndburn Ac	12:45
10	Dougie Ashcroft	Preston Harriers & Ac	11:22	35	Ben Haines	Liverpool Pembroke & Sefton H	12:45
11	Nathan Browne	Liverpool Pembroke & Sefton H	11:31	36	Dillan Bousiquegreen	Liverpool Pembroke & Sefton H	12:48
12	Joseph Howe	Horwich R M I Harriers	11:31	37	Ashley Rogers	Chorley Harriers	12:48
13	Robert Blow	Blackburn Harriers & Ac	11:39	38	Kirk Trusch	Preston Harriers & Ac	12:55
14	Nathan Townsend	Horwich R M I Harriers	11:39	39	George Hurst	Blackpool Wyre & Fylde Ac	12:57
15	\$Tom Wright	Unattached	11:42	40	\$Joseph Smith	Cumberland Fell Runners	12:57
16	Matthew Doey	Kendal Amateur Athletic Club	11:48	41	Patrick Taberner	Wigan & District H & Ac	13:07
17	Dominic Howarth	Leigh Harriers & Ac	11:59	42	Jamie Hauserman	Blackburn Harriers & Ac	13:15
18	Bradley Wicks	Preston Harriers & Ac	12:03	43	Oliver Gardner	Blackburn Harriers & Ac	13:15
19	Dan Whitlock	Chorley Harriers	12:03	44	Callum Ross	Kendal Amateur Athletic Club	13:19
20	Robert Bryning	Preston Harriers & Ac	12:04	45	\$Hartley Edmondson	Hyndburn Ac	13:25
21	James Marchant	Pendle Athletic Club	12:07	46	Reece Rogers	Unattached	13:41
22	Jake Broughton	Blackburn Harriers & Ac	12:11	47	Patrick McGuinness	Chorley Harriers	13:42
23	Corey Boothe	Wigan & District H & Ac	12:14	48	Tom Harkes	Lancaster & Morecambe Ac	13:51
24	Michael Hutchinson	Dallam Running Club	12:18	49	Jonathan Bride	Dallam Running Club	14:26
25	Jack McNeil	Preston Harriers & Ac	12:28	50	Daniel Fishwick	Liverpool Pembroke & Sefton H	14:28
						Dallam Running Club	17:04

## Race 4 - Under 13 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers & Ac	29	—	4	Patrick Dever	7	Luke Penswick	8	Rory Judd	10	Dougie Ashcroft
2	Blackburn Harriers & Ac	104	—	13	Robert Blow	21	Jake Broughton	30	William Murray	40	Jamie Hauserman
3	Liverpool Pembroke & Sefton H	126	—	11	Nathan Browne	34	Ben Haines	35	Dillan Bousiquegreen	46	Jonathan Bride
4	Lancaster & Morecambe Ac	127	—	25	Daniel Forde	26	Rafi Scott	32	Joel Ingram	44	Patrick McGuinness

## Race 4 - Under 15 Girls — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Lauren Gowland	Blackpool Wyre & Fylde Ac	11:11	19	Ellon Hart	Southport Waterloo Ac	12:49
2	Imogen Pierce	Blackpool Wyre & Fylde Ac	11:28	20	Paige Clinton	Lancaster & Morecambe Ac	12:49
3	Megan Davies	Rossendale Harriers & Ac	11:34	21	Jessica Brookwell	Wigan & District H & Ac	12:57
4	Sarah Hodgson	Lancaster & Morecambe Ac	11:38	22	Hannah Fleet	Lancaster & Morecambe Ac	12:57
5	Jade Lord	Pendle Athletic Club	11:39	23	Kirsty Fraser	Lytham St Annes Rr Club	13:01
6	Rachael Scott	Preston Harriers & Ac	11:42	24	Alice Garnett	Pendle Athletic Club	13:08
7	Jodie Ferguson	Blackpool Wyre & Fylde Ac	11:46	25	Katy Ingham	Preston Harriers & Ac	13:21
8	Aimee Gallagher	Preston Harriers & Ac	11:55	26	Darah Darbyshire	Blackburn Harriers & Ac	13:22
9	Olivia Miller	Barrow & Furness Striders Ac	12:08	27	Ellen Sagarhesketh	Hyndburn Ac	13:24
10	Emily Wilson	Pendle Athletic Club	12:12	28	Laura Sullivan	Preston Harriers & Ac	13:38
11	Anna Hopkin	Chorley Harriers	12:16	29	Lucy Croston	Chorley Ac	13:40
12	Natalie Thompson	Wigan & District H & Ac	12:20	30	Patricia Irizar	Southport Waterloo Ac	13:48
13	Christina Bell	Lancaster & Morecambe Ac	12:21	31	Emily Heaviside	Eden Runners	13:51
14	Molly Broom	Chorley Harriers	12:24	32	Hannah Burgon	Liverpool Harriers & Ac	13:51
15	Leah Williamson	Rossendale Harriers & Ac	12:26	33	Hannah Stanway	Barrow & Furness Striders Ac	14:10
16	Brogan Stewart	Barrow & Furness Striders Ac	12:31	34	Leah Nelson	Chorley Harriers	14:16
17	Lucy Alderman	Pendle Athletic Club	12:48	35	Nicole Hadlow	Lytham St Annes Rr Club	14:36
18	Lucy Minns	Blackpool Wyre & Fylde Ac	12:49				

## Race 4 - Under 15 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackpool Wyre & Fylde Ac	28	—	1	Lauren Gowland	2	Imogen Pierce	7	Jodie Ferguson	18	Lucy Minns
2	Pendle Athletic Club	56	—	5	Jade Lord	10	Emily Wilson	17	Lucy Alderman	24	Alice Garnett
3	Lancaster & Morecambe Ac	59	—	4	Sarah Hodgson	13	Christina Bell	20	Paige Clinton	22	Hannah Fleet
4	Preston Harriers & Ac	67	—	6	Rachael Scott	8	Aimee Gallagher	25	Katy Ingham	28	Laura Sullivan

## Race 5 - Under 17 Women — PROVISIONAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Melanie Hyder	Helm Hill Runners	15:11	12	Samantha Smith	Blackpool Wyre & Fylde Ac	17:27
2	Bianca Pedersen	Blackpool Wyre & Fylde Ac	15:30	13	Jenny Girdler	Southport Waterloo Ac	17:30
3	Laura Riches	Leigh Harriers & Ac	15:36	14	Holly Broughton	Blackburn Harriers & Ac	17:36
4	Beckie Taylor	Blackburn Harriers & Ac	15:45	15	Melissa Berry	Pendle Athletic Club	18:10
5	Emma Spencer	Pendle Athletic Club	16:01	16	Robin Goodfellow	Dallam Running Club	18:10
6	Ellie Wilson	Barrow & Furness Striders Ac	16:09	17	Isobel Rawlinson	Lancaster & Morecambe Ac	18:13
7	Jenny Huck	Barrow & Furness Striders Ac	16:47	18	Catherine Hulme	Southport Waterloo Ac	18:24
8	Nichola Jackson	Preston Harriers & Ac	16:50	19	Ellen Buckley	Preston Harriers & Ac	18:35
9	Abigail Howarth	Leigh Harriers & Ac	16:52	20	Rachel Leech	Blackburn Harriers & Ac	19:29
10	Holly Crabtree	Pendle Athletic Club	17:18	21	Rebecca Shorrocks	Blackburn Harriers & Ac	20:19
11	Charlotte Rickards	Lancaster & Morecambe Ac	17:19	22	Alice Barnes	Barrow & Furness Striders Ac	22:35

## Race 5 - Under 17 Women — TEAM RESULTS

1	Pendle Athletic Club	30	—	5	Emma Spencer	10	Holly Crabtree	15	Melissa Berry
2	Barrow & Furness Striders Ac	35	—	6	Ellie Wilson	7	Jenny Huck	22	Alice Barnes
3	Blackburn Harriers & Ac	38	—	4	Beckie Taylor	14	Holly Broughton	20	Rachel Leech

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

# Mid Lancs Cross Country League at Kendal on Saturday 10th October 2009

## Race 5 - Under 15 Boys — PROVISIONAL RESULTS

Pos	Name	Club	Time				
1	Alastair Weymouth	Eden Runners	13:49	17	Kingsley Judd	Preston Harriers & Ac	15:39
2	Alistair Nelson	Liverpool Pembroke & Sefton H	14:02	18	Joe Ellison	Chorley Ac	15:40
3	James Knox	Helm Hill Runners	14:29	19	Dave Reece	Liverpool Pembroke & Sefton H	15:44
4	Robbie Ingham	Kendal Amateur Athletic Club	14:38	20	Perry Judd	Preston Harriers & Ac	15:54
5	Theo Messenger Jones	Barrow & Furness Striders Ac	14:48	21	Ben Ramsay	Chorley Ac	16:00
6	Adam Howarth	Leigh Harriers & Ac	14:56	22	Jonathan Foster	Southport Waterloo Ac	16:07
7	Sam Storey	Barrow & Furness Striders Ac	14:58	23	Isaac Scott	Lancaster & Morecambe Ac	16:17
8	Jack Ellis	Preston Harriers & Ac	14:59	24	Thomas Novanbarnes	Lancaster & Morecambe Ac	16:20
9	Daniel Quarmby	Blackpool Wyre & Fylde Ac	15:00	25	Neng Wildman	Pendle Athletic Club	16:20
10	Ryan Sciacca	Chorley Ac	15:04	26	Jamie Partridge	Pendle Athletic Club	16:23
11	Tom Hartley	Kendal Amateur Athletic Club	15:05	27	Sam Exton	Blackburn Harriers & Ac	16:31
12	Liam Ellis	Southport Waterloo Ac	15:15	28	George Ingram	Southport Waterloo Ac	16:43
13	Ross Campbell	Barrow & Furness Striders Ac	15:15	29	James Whitaker	Lancaster & Morecambe Ac	16:50
14	Kyle Nicholls	Liverpool Pembroke & Sefton H	15:20	30	Owen Williams	Southport Waterloo Ac	16:59
15	Adam Sciacca	Chorley Ac	15:35	31	Joseph Pearse	Blackburn Harriers & Ac	17:09
16	Jack Smith	Wigan & District H & Ac	15:37	32	Graham Boreham	Southport Waterloo Ac	19:06

## Race 5 - Under 15 Boys — TEAM RESULTS

1	Chorley Ac	64	—	10	Ryan Sciacca	15	Adam Sciacca	18	Joe Ellison	21	Ben Ramsay
2	Southport Waterloo Ac	92	—	12	Liam Ellis	22	Jonathan Foster	28	George Ingram	30	Owen Williams

## Race 6 - Under 17 Men — PROVISIONAL RESULTS

Pos	Name	Club	Time				
1	Patrick Vicary	Kendal Amateur Athletic Club	21:14	16	Ben Akin	Preston Harriers & Ac	22:53
2	Kristian Bibby	Preston Harriers & Ac	21:22	17	Callum Rowett	Preston Harriers & Ac	23:16
3	Adam Bateson	Lancaster & Morecambe Ac	21:40	18	Luke Ingham	Kendal Amateur Athletic Club	23:31
4	Chris Matthews	Blackburn Harriers & Ac	21:41	19	Michael Hoyle	Kendal Amateur Athletic Club	23:33
5	Peter Harrison	Border Harriers & Ac	21:47	20	William Fielding	Preston Harriers & Ac	23:47
6	Luke Betts	Chorley Ac	21:55	21	Tom Rowley	Blackpool Wyre & Fylde Ac	23:55
7	Callum Mason	Lancaster & Morecambe Ac	22:08	22	Zac Howe	Horwich R M I Harriers	23:59
8	Anthony Hauserman	Blackburn Harriers & Ac	22:14	23	Jack Stringfellow	Rosendale Harriers & Ac	24:22
9	Jos Addison	Helm Hill Runners	22:20	24	Ryan Downs	Chorley Harriers	24:24
10	Jonathon Benson	Barrow & Furness Striders Ac	22:23	25	Kieran Monaghan	Blackburn Harriers & Ac	24:43
11	Sam Till	Dallam Running Club	22:26	26	Edward Fish	Lancaster & Morecambe Ac	24:46
12	Rory Addison	Helm Hill Runners	22:33	27	Adam Weightman	Blackpool Wyre & Fylde Ac	24:47
13	Marcus Quarmby	Blackpool Wyre & Fylde Ac	22:34	28	Mark Hollowell	Blackpool Wyre & Fylde Ac	26:05
14	Liam McGuinness	Lancaster & Morecambe Ac	22:36	29	Mark Brown	Chorley Harriers	28:28
15	Joe Moores	Rosendale Harriers & Ac	22:42				

## Race 6 - Under 17 Men — TEAM RESULTS

1	Lancaster & Morecambe Ac	24	—	3	Adam Bateson	7	Callum Mason	14	Liam McGuinness
2	Preston Harriers & Ac	35	—	2	Kristian Bibby	16	Ben Akin	17	Callum Rowett
3	Blackburn Harriers & Ac	37	—	4	Chris Matthews	8	Anthony Hauserman	25	Kieran Monaghan
4	Kendal Amateur Athletic Club	38	—	1	Patrick Vicary	18	Luke Ingham	19	Michael Hoyle
5	Blackpool Wyre & Fylde Ac	61	—	13	Marcus Quarmby	21	Tom Rowley	27	Adam Weightman

## Race 6 - Ladies under 20

Pos	Name	Cat/Pos	Club	Time
1	Annika Jarman	LJ	1 Lancaster & Morecambe Ac	24:07
2	Catherine Whitfield	LJ	2 Wigan & District H & Ac	25:47
3	Emma Flanagan	LJ	3 Rosendale Harriers & Ac	27:06
4	Liz Wignall	LJ	4 Lancaster & Morecambe Ac	27:33
5	Alison Fowler	LJ	5 Chorley Harriers	33:11

## Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

## Senior Men under 20

Pos	Name	Cat/Pos	Club	Time					
1	Karl Billington	JM	1 Blackburn Harriers & Ac	31:46	7	Harry Stainton	JM	7 Glaxo Hoad Hill Harriers	38:31
2	Tom Addison	JM	2 Helm Hill Runners	32:01	8	Jack Lonsdale	JM	8 Blackburn Harriers & Ac	39:42
3	Luke Berry	JM	3 Blackpool Wyre & Fylde Ac	35:33	9	Paul Hodgson	JM	9 Lancaster & Morecambe Ac	40:02
4	Jack Modley	JM	4 Lancaster & Morecambe Ac	36:21	10	Matthew Towers	JM	10 Allithwaite RC	45:19
5	Ben Brown	JM	5 Liverpool Harriers & Ac	36:42	11	Tom Holmes	JM	11 Chorley Harriers	45:41
6	Jordan Harris	JM	6 Lancaster & Morecambe Ac	36:52					

## Senior Men under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Lancaster & Morecambe Ac	19	—	4	Jack Modley	6	Jordan Harris	9	Paul Hodgson
---	--------------------------	----	---	---	-------------	---	---------------	---	--------------

# Mid Lancs Cross Country League at Kendal on Saturday 10th October 2009

## Race 6 - Ladies over 18

Pos	Name	Cat/Pos	Club	Time
1	Sarah Ridehalgh	L	1 Accrington Road Runners	23:35
2	Deborah Wright	L	2 WiganPhoenix	24:00
3	Gemma Unsworth	L	3 Blackpool Wyre & Fylde Ac	24:01
4	Annika Jarman	LJ	1 Lancaster & Morecambe Ac	24:07
5	Kirsty Longley	L	5 Liverpool Pembroke & Sefton H	24:34
6	Tracey Dutton	L35	1 WiganPhoenix	24:37
7	Karen Heaviside	L35	2 Eden Runners	24:45
8	Bev Wright	L45	1 Blackpool Wyre & Fylde Ac	25:02
9	Emma Perrin	L	9 Horwich R M I Harriers	25:08
10	Sarah Biddulph	L	10 Chorley Harriers	25:12
11	Lynne Clough	L35	3 Chorley Harriers	25:18
12	Catherine Whitfield	LJ	2 Wigan & District H & Ac	25:47
13	Sharon Dixon	L35	4 Glaxo Hoad Hill Harriers	25:57
14	Charlotte Douglas	L	14 Border Harriers & Ac	25:58
15	Katie Savage	L	15 Barrow & Furness Striders Ac	26:14
16	Jacqui Jones	L45	2 WiganPhoenix	26:21
17	Laura Deegan	L	17 Blackpool Wyre & Fylde Ac	26:28
18	Joanna Goorney	L35	5 Wesham Road Runners & Ac	26:38
19	Emma Essexcrosby	L	19 Preston Harriers & Ac	26:49
20	Nicola Rowley	L	20 Blackpool Wyre & Fylde Ac	26:58
21	Helen Booth	L	21 Lancaster & Morecambe Ac	27:02
22	Emma Flanagan	LJ	3 Rossendale Harriers & Ac	27:06
23	Lesley Fisher	L45	3 Horwich R M I Harriers	27:10
24	Sarah Sherratt	L35	6 Wesham Road Runners & Ac	27:12
25	Carmel Sullivan	L35	7 Wesham Road Runners & Ac	27:15
26	Liz Wignall	LJ	4 Lancaster & Morecambe Ac	27:33
27	Jayne Perry	L	27 Lancaster & Morecambe Ac	27:37
28	Tanya Ashworth	L35	8 Blackpool Wyre & Fylde Ac	27:46
29	Stasia Bligh	L	29 Blackpool Wyre & Fylde Ac	27:49
30	Michaela Dempsey	L35	9 Wesham Road Runners & Ac	27:58
31	Lou Lyness	L55	1 Barrow & Furness Striders Ac	28:00
32	Lisa Grimes	L	32 WiganPhoenix	28:02
33	Joanne Perry	L	33 Lancaster & Morecambe Ac	28:12
34	Sharon Maguire	L35	10 Rossendale Harriers & Ac	28:18
35	Caroline Holden	L35	11 Helm Hill Runners	28:24
36	Sue Sharp	L45	4 Barrow & Furness Striders Ac	28:30
37	Dianne Priestley	L55	2 Kendal Amateur Athletic Club	28:32
38	Rachel Metcalfe	L	38 Horwich R M I Harriers	28:35
39	Melanie Koth	L35	12 Lytham St Annes Rr Club	28:38
40	Michelle Spencer	L	40 Southport Waterloo Ac	28:48
41	Julie Brady	L	41 Accrington Road Runners	28:48
42	Jade Hartley	L	42 Clayton Le Moors Harriers	28:52
43	Kathryn Culshaw	L	43 WiganPhoenix	28:55
44	Anna Crabtree	L35	13 Chorley Harriers	29:00
45	Katie Morris	L	45 Blackburn Harriers & Ac	29:12
46	Sharon Trusch	L35	14 Preston Harriers & Ac	29:14
47	Karen Dunford	L35	15 Blackpool Wyre & Fylde Ac	29:15
48	Joanne Taylor	L35	16 Kendal Amateur Athletic Club	29:25
49	Nicola Wood	L	49 Accrington Road Runners	29:25
50	Michaela Shaw	L	50 Astley & Tyldesley Road Runner	29:32
51	Kaye Callaghan	L35	17 Accrington Road Runners	29:47
52	Alison Titterington	L45	5 Blackpool Wyre & Fylde Ac	29:50
53	Kath Hoyer	L45	6 Wesham Road Runners & Ac	29:56
54	Ruth Calderbank	L55	3 Blackpool Wyre & Fylde Ac	29:58
55	Jennifer Boocock	L	55 Chorley Harriers	30:08
56	Martina Holusova	L	56 Kendal Amateur Athletic Club	30:14
57	Tracy Hulme	L45	7 Wesham Road Runners & Ac	30:20
58	Teresa Douglas	L45	8 Eden Runners	30:36
59	Elizabeth England	L	59 Allithwaite RC	30:37
60	Carol Handley	L45	9 Southport Waterloo Ac	30:45
61	Anne Wallworth	L45	10 Red Rose Road Runners	30:46
62	Sue Hopkins	L	62 Astley & Tyldesley Road Runner	30:47
63	Kathrine Winrow	L45	11 Lancaster & Morecambe Ac	30:48
64	Helen Lawrenson	L35	18 Wesham Road Runners & Ac	30:51
65	Carole James	L45	12 Southport Waterloo Ac	30:58
66	Jane Quine	L45	13 Kendal Amateur Athletic Club	31:07
67	Marion Smith	L55	4 Kendal Amateur Athletic Club	31:15
68	Michelle Fairclough	L	68 Astley & Tyldesley Road Runner	31:17
69	Jodie Wagstaff	L	69 Astley & Tyldesley Road Runner	31:17
70	Carole Baines	L45	14 Astley & Tyldesley Road Runner	31:20
71	Carolyn Douglass	L55	5 Red Rose Road Runners	31:28
72	Joan Gouldthorpe	L55	6 Red Rose Road Runners	31:32
73	Christine Cutner	L45	15 Southport Waterloo Ac	31:38
74	Lyndsey Carter	L	74 Astley & Tyldesley Road Runner	31:43
75	Sarah Norgate	L35	19 Horwich R M I Harriers	31:51
76	Victoria Lepper	L	76 Helm Hill Runners	31:52
77	Joanne Briggs	L35	20 Eden Runners	31:56
78	Sarah Tatton	L35	21 Lytham St Annes Rr Club	31:58
79	Nancy Bailey	L45	16 Accrington Road Runners	32:15
80	Abbie Eckersley	L	80 Astley & Tyldesley Road Runner	32:25
81	Helen Walker	L	81 Barrow & Furness Striders Ac	32:28
82	Michelle Gallagher	L35	22 Red Rose Road Runners	32:32
83	Bethan Burke	L	83 Glaxo Hoad Hill Harriers	32:40
84	Penny Moreton	L45	17 Glaxo Hoad Hill Harriers	33:03
85	Julia Patefield	L35	23 Garstang	33:08
86	Alison Fowler	LJ	5 Chorley Harriers	33:11
87	Beth Fellolwes	L45	18 Glaxo Hoad Hill Harriers	33:19
88	Pamela Hardman	L45	19 Lytham St Annes Rr Club	33:26
89	Jacqueline Wain	L35	24 Kendal Amateur Athletic Club	33:40
90	Chris Hart	L45	20 WiganPhoenix	33:43
91	Denise Hughes	L45	21 Garstang	34:09
92	Karin Goss	L55	7 Clayton Le Moors Harriers	34:37
93	Sally Cape	L35	25 Red Rose Road Runners	34:54
94	Edwina Parry	L35	26 Garstang	35:03
95	Debi Spencer	L45	22 Garstang	35:08
96	Elizabeth Duggan	L55	8 Kendal Amateur Athletic Club	35:15
97	Jennie Hodgson	L45	23 Lancaster & Morecambe Ac	35:29
98	Jane Sherriff	L	98 Garstang	35:53
99	Niz Bowker	L	99 Southport Waterloo Ac	35:58
100	Carolyn Kevan	L45	24 Kendal Amateur Athletic Club	37:05
101	Pauline Weller	L55	9 Wesham Road Runners & Ac	37:18
102	Faye Holden	L	102 Pendle Athletic Club	37:46
103	Karen Clark	L45	25 Red Rose Road Runners	38:02
104	Sue Allen	L45	26 Clayton Le Moors Harriers	39:09
105	Lisa Tomlinson	L35	27 Wesham Road Runners & Ac	40:48
106	Sue Jones	L35	28 Wesham Road Runners & Ac	41:26
107	Kirsty Walsh	L35	29 Red Rose Road Runners	42:30
108	Janet Saynor	L45	27 Red Rose Road Runners	43:08

## Race 6 - Ladies over 18 — TEAM RESULTS

1	Wigan Phoenix	24	—	2	Deborah Wright	6	Tracey Dutton	16	Jacqui Jones
2	Blackpool Wyre & Fylde Ac	28	—	3	Gemma Unsworth	8	Bev Wright	17	Laura Deegan
3	Lancaster & Morecambe Ac	51	—	4	Annika Jarman	21	Helen Booth	26	Liz Wignall
4	Chorley Harriers	65	—	10	Sarah Biddulph	11	Lynne Clough	44	Anna Crabtree
5	Wesham Road Runners & Ac	67	—	18	Joanna Goorney	24	Sarah Sherratt	25	Carmel Sullivan
6	Horwich R M I Harriers	70	—	9	Emma Perrin	23	Lesley Fisher	38	Rachel Metcalfe
7	Barrow & Furness Striders Ac	82	—	15	Katie Savage	31	Lou Lyness	36	Sue Sharp
8	Accrington Road Runners	91	—	1	Sarah Ridehalgh	41	Julie Brady	49	Nicola Wood
9	Kendal Amateur Athletic Club	141	—	37	Dianne Priestley	48	Joanne Taylor	56	Martina Holusova
10	Eden Runners	142	—	7	Karen Heaviside	58	Teresa Douglas	77	Joanne Briggs
11	Southport Waterloo Ac	165	—	40	Michelle Spencer	60	Carol Handley	65	Carole James
12	Astley & Tyldesley Road Runner	180	—	50	Michaela Shaw	62	Sue Hopkins	68	Michelle Fairclough
13	Glaxo Hoad Hill Harriers	180	—	13	Sharon Dixon	83	Bethan Burke	84	Penny Moreton
14	Red Rose Road Runners	204	—	61	Anne Wallworth	71	Carolyn Douglass	72	Joan Gouldthorpe
15	Lytham St Annes Rr Club	205	—	39	Melanie Koth	78	Sarah Tatton	88	Pamela Hardman
16	Clayton Le Moors Harriers	238	—	42	Jade Hartley	92	Karin Goss	104	Sue Allen
17	Garstang	270	—	85	Julia Patefield	91	Denise Hughes	94	Edwina Parry

## Race 6 - Ladies over 35 — TEAM RESULTS

1	Wesham Road Runners & Ac	26	—	7	Joanna Goorney	9	Sarah Sherratt	10	Carmel Sullivan
2	Blackpool Wyre & Fylde Ac	35	—	3	Bev Wright	11	Tanya Ashworth	21	Karen Dunford
3	Wigan Phoenix	57	—	1	Tracey Dutton	6	Jacqui Jones	50	Chris Hart
4	Eden Runners	71	—	2	Karen Heaviside	28	Teresa Douglas	41	Joanne Briggs
5	Kendal Amateur Athletic Club	73	—	17	Dianne Priestley	22	Joanne Taylor	34	Jane Quine
6	Glaxo Hoad Hill Harriers	97	—	5	Sharon Dixon	45	Penny Moreton	47	Beth Fellolwes
7	Southport Waterloo Ac	101	—	29	Carol Handley	33	Carole James	39	Christine Cutner
8	Red Rose Road Runners	105	—	30	Anne Wallworth	37	Carolyn Douglass	38	Joan Gouldthorpe
9	Lytham St Annes Rr Club	108	—	18	Melanie Koth	42	Sarah Tatton	48	Pamela Hardman
10	Garstang	151	—	46	Julia Patefield	51	Denise Hughes	54	Edwina Parry

### Race 6 - Ladies over 45 — TEAM RESULTS

1 Blackpool Wyre & Fylde Ac	17 —	1 Bev Wright	7 Alison Titterington	9 Ruth Calderbank
2 Kendal Amateur Athletic Club	39 —	6 Dianne Priestley	16 Jane Quine	17 Marion Smith
3 Southport Waterloo Ac	48 —	12 Carol Handley	15 Carole James	21 Christine Cutner
4 Wesham Road Runners & Ac	51 —	8 Kath Hoyer	10 Tracy Hulme	33 Pauline Weller
5 Red Rose Road Runners	52 —	13 Anne Wallworth	19 Carolyn Douglass	20 Joan Gouldthorpe

### Race 6 - Ladies over 55 — TEAM RESULTS

1 Kendal Amateur Athletic Club	14 —	2 Dianne Priestley	4 Marion Smith	8 Elizabeth Duggan
--------------------------------	------	--------------------	----------------	--------------------



173 Ian Walker	V40 71 Chorley Ac	44:20	208 Gordon Stone	V50 48 Horwich R M I Harriers	47:44
174 Nigel Shepherd	V50 36 Wesham Road Runners & Ac	44:21	209 David Culshaw	V50 49 Wigan Phoenix	47:49
175 David Graham	V50 37 Accrington Road Runners	44:21	210 Roy Hart	V60 13 Wigan Phoenix	47:54
176 Tony Airnes	V50 38 Blackpool Wyre & Fylde Ac	44:24	211 Marco Sciacca	V40 80 Chorley Ac	47:58
177 Tom Peacock	Southport Waterloo Ac	44:28	212 Steve Coey	V50 50 Red Rose Road Runners	48:08
178 Ken Lamb	V40 72 Glaxo Hoad Hill Harriers	44:29	213 Bill Atkinson	V40 81 Allithwaite RC	48:14
179 Peter Bartlett	V60 6 Wesham Road Runners & Ac	44:34	214 George Parrington	V60 14 Lancaster & Morecambe Ac	48:15
180 Andy Hardman	Wigan Phoenix	44:39	215 Geoff Orritt	V60 15 Red Rose Road Runners	48:24
181 Harry Melia	V40 73 Barrow & Furness Striders Ac	44:41	216 Alf Waite	V60 16 Barrow & Furness Striders Ac	48:30
182 Paul Murray	V60 7 Horwich R M I Harriers	44:48	217 Steve Fish	V50 51 Accrington Road Runners	48:33
183 Pete Bland	V60 8 Horwich R M I Harriers	44:51	218 Peter Gibson	V50 52 Blackpool Wyre & Fylde Ac	48:33
184 Will Holligan	V50 39 Allithwaite RC	44:58	219 Ted Orrell	V60 17 Clayton Le Moors Harriers	48:47
185 Jack Winder	V50 40 Accrington Road Runners	45:15	220 Alan Taylor	V40 82 Wesham Road Runners & Ac	48:55
186 Ron Winward	V60 9 Barrow & Furness Striders Ac	45:19	221 David Wright	V40 83 Kendal Amateur Athletic Club	49:02
187 Matthew Towers	JM 10 Allithwaite RC	45:19	222 Alan Wilkinson	V60 18 Blackpool Wyre & Fylde Ac	49:10
188 Carlos Irizar	V40 74 Southport Waterloo Ac	45:20	223 Richard Shields	V50 53 Lancaster & Morecambe Ac	49:32
189 Jeffrey Wright	V50 41 Blackpool Wyre & Fylde Ac	45:30	224 Simon Barton	V50 54 Glaxo Hoad Hill Harriers	49:56
190 Richard Taylor	V40 75 Blackburn Harriers & Ac	45:39	225 Peter Garratty	V40 84 Hyndburn Ac	50:15
191 Tom Holmes	JM 11 Chorley Harriers	45:41	226 Doug Munroe	V60 19 Clayton Le Moors Harriers	50:18
192 Ged Kitchen	V50 42 Accrington Road Runners	45:51	227 John Winters	V60 20 Blackpool Wyre & Fylde Ac	50:26
193 Phil Dean	V50 43 Red Rose Road Runners	46:06	228 Peter Gilham	V60 21 Chorley Harriers	50:45
194 Roger Quayle	V50 44 Barrow & Furness Striders Ac	46:25	229 Jeremy Clark	V50 55 Glaxo Hoad Hill Harriers	51:02
195 Rick Cordwell	Chorley Ac	46:29	230 Phil Molyneaux	V40 85 Chorley Harriers	51:19
196 Michael Thornborough	V40 76 Allithwaite RC	46:33	231 Pete Starkey	V50 56 Chorley Harriers	51:26
197 Jonathan Lawson	V40 77 Wesham Road Runners & Ac	46:38	232 Dave Shaw	V50 57 Barrow & Furness Striders Ac	51:46
198 Alby Douglas	V50 45 Eden Runners	46:40	233 Phil Lakeland	V50 58 Preston Harriers & Ac	52:05
199 Ian Squire	V40 78 Lytham St Annes Rr Club	46:42	234 \$Bill Ridings	V50 59 Northern Veterans Ac	52:55
200 Nigel Simpkin	V50 46 Lytham St Annes Rr Club	46:50	235 Peter James	V50 60 West Pennine Runners	53:01
201 David Spencer	V60 10 Barrow & Furness Striders Ac	46:52	236 Brian Dearnaley	V60 22 Preston Harriers & Ac	53:24
202 Robert Massey	V60 11 Blackpool Wyre & Fylde Ac	46:57	237 Dave Young	V60 23 Wesham Road Runners & Ac	53:41
203 Stephen James	V60 12 Southport Waterloo Ac	47:02	238 Phil McCullaugh	V50 61 Chorley Ac	56:23
204 David Brooks	Blackpool Wyre & Fylde Ac	47:03	239 Paul Basnett	V40 86 Astley & Tyldesley Road Runner	56:36
205 Paul Percival Smith	V50 47 Kendal Amateur Athletic Club	47:21	240 Stuart Swann	V60 24 Chorley Ac	57:28
206 ???	???	47:25	241 Austin McBride	V60 25 Accrington Road Runners	1:01:34
207 Jonathan Betts	V40 79 Chorley Ac	47:37			

### Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Barrow & Furness Striders Ac	159	—	8 Bob Atkinson	15 Richard Walker	26 Phil Waite	27 Jed Bartlett	35 Garry Dixon	48 David Hook
2 Blackpool Wyre & Fylde Ac	183	—	11 Luke Minns	20 Malcolm Eadie	22 John Wright	29 Luke Berry	50 Chris Essex Crosby	51 Stephen Waterhouse
3 Lancaster & Morecambe Ac	221	—	17 Mark Chippendale	34 Adam Hulme	37 Jack Modley	42 Mark Gardner	45 Allan Gordon	46 Jordan Harris
4 Preston Harriers & Ac	221	—	4 Chris Livesey	12 David Rigby	36 Mark Lee	49 Dave Parkinson	52 Kevin Hesketh	68 Gary Wilson
5 Southport Waterloo Ac	258	—	10 Richard Shearer	13 James Tart	28 Robert Ashworth	53 Ben Johnson	67 Stephen McLean	87 John Sprackland
6 Clayton Le Moors Harriers	317	—	30 Gary Shaw	38 David Edmondson	41 Raymond Lees	54 Paul Archer	71 John Roche	83 Mark Wightman
7 Wesham Road Runners & Ac	367	—	7 Charlie Pass	40 Lee Barlow	62 John Collier	66 Steve Myerscough	93 John Bertenshaw	99 Simon Eaton
8 Horwich R M I Harriers	403	—	5 Gary Priestley	6 Neil Pendlebury	58 Dejis Mason	89 Doug Fleming	103 Garry Chadderton	142 Tony Hesketh
9 Glaxo Hoad Hill Harriers	422	—	32 Christopher Howie	60 Jeffrey Chadwick	61 Matthew Rooke	72 Harry Stainton	84 Gary Dover	113 Graham Pinder
10 Wigan Phoenix	425	—	21 David Townsend	33 John Morrissey	47 Stephen Nicholls	85 David Waddington	114 Kevin Edwards	125 Ben McMullen
11 Kendal Amateur Athletic Club	431	—	3 Danny Parkinson	25 Keiron Alderson	81 Graeme Atkinson	95 Steve Varney	96 Richard Pyne	131 Peter Ackland
12 Chorley Harriers	440	—	31 Keith Johnston	44 David Biddulph	55 Mark Ellithorn	69 Phil Iddon	117 Malcolm Christie	124 David Williams
13 Accrington Road Runners	604	—	56 Graham Morris	70 Chris Barnes	76 Simon Bailey	106 Paul Wickham	146 Geoff Biscomb	150 David Gaskill
14 Lytham St Annes Rr Club	737	—	94 Graham Webster	110 Colin Laidlaw	115 Tony Croft	120 Roy Upton	144 Terry Hellings	154 Joe Shaw
15 Astley & Tyldesley Road Runner	813	—	64 Simon Ford	79 Mark Riches	132 Mark Ruscoe	149 Paul Jackson	157 Steve Foster	232 Paul Basnett
16 Red Rose Road Runners	866	—	75 John Shepherd	118 Philip Butler	119 Fred Lynch	160 Paul Woan	188 Phil Dean	206 Steve Coey
17 Chorley Ac	990	—	128 Paul Wareing	136 David Taylor	167 Henry Minorczyk	168 Ian Walker	190 Rick Cordwell	201 Jonathan Betts

### Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Blackpool Wyre & Fylde Ac	53	—	5 Malcolm Eadie	7 John Wright	18 Stephen Waterhouse	23 John Houghton
2 Preston Harriers & Ac	77	—	12 Mark Lee	17 Dave Parkinson	19 Kevin Hesketh	29 Gary Wilson
3 Clayton Le Moors Harriers	78	—	13 David Edmondson	15 Raymond Lees	20 Paul Archer	30 John Roche
4 Barrow & Furness Striders Ac	102	—	1 Bob Atkinson	24 Simon Stanway	27 David Parker	50 Peter Hall
5 Southport Waterloo Ac	124	—	10 Robert Ashworth	28 Stephen McLean	42 John Sprackland	44 Simon Tobin
6 Glaxo Hoad Hill Harriers	134	—	11 Christopher Howie	25 Jeffrey Chadwick	39 Gary Dover	59 Graham Pinder
7 Chorley Harriers	170	—	16 David Biddulph	21 Mark Ellithorn	63 Malc Christie	70 David Williams
8 Accrington Road Runners	197	—	22 Graham Morris	33 Simon Bailey	53 Paul Wickham	89 Geoff Biscomb
9 Wesham Road Runners & Ac	199	—	26 John Collier	46 John Bertenshaw	55 Russell Mabbutt	72 Dave Waywell
10 Wigan Phoenix	200	—	6 David Townsend	40 David Waddington	60 Kevin Edwards	94 Dave Wall
11 Lytham St Annes Rr Club	230	—	47 Graham Webster	56 Colin Laidlaw	61 Tony Croft	66 Roy Upton
12 Lancaster & Morecambe Ac	231	—	3 Mark Chippendale	67 Gordon Everard	71 Jonathan Fish	90 Steve Perry
13 Red Rose Road Runners	285	—	32 John Shepherd	64 Philip Butler	65 Fred Lynch	124 Phil Dean
14 Horwich R M I Harriers	294	—	43 Doug Fleming	51 Garry Chadderton	85 Tony Hesketh	115 Paul Murray
15 Kendal Amateur Athletic Club	321	—	48 Steve Varney	75 Peter Ackland	95 John Quine	103 Steve Burrowes
16 Chorley Ac	367	—	73 Paul Wareing	79 David Taylor	107 Henry Minorczyk	108 Ian Walker
17 Astley & Tyldesley Road Runner	394	—	36 Mark Riches	92 Paul Jackson	100 Steve Foster	166 Paul Basnett

## Senior Men (Vets) over 50 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Blackpool Wyre & Fylde Ac	33 —	5 John Houghton	10 Les Endean	18 Peter Broome
2 Clayton Le Moors Harriers	36 —	3 Raymond Lees	7 John Roche	26 Mike Eddleston
3 Barrow & Furness Striders Ac	41 —	1 Bob Atkinson	17 Peter Hall	23 Gary Mason
4 Wesham Road Runners & Ac	47 —	6 John Collier	13 John Bertenshaw	28 Dave Waywell
5 Preston Harriers & Ac	51 —	4 Kevin Hesketh	20 Phil Walsh	27 Alan Appleby
6 Lytham St Annes Rr Club	55 —	14 Graham Webster	19 Colin Laidlaw	22 Tony Croft
7 Horwich R M I Harriers	86 —	11 Doug Fleming	31 Tony Hesketh	44 Paul Murray
8 Kendal Amateur Athletic Club	109 —	15 Steve Varney	36 John Quine	58 Paul Percival Smith
9 Accrington Road Runners	121 —	33 Geoff Biscoomb	41 David Graham	47 Jack Winder
10 Lancaster & Morecambe Ac	122 —	25 Gordon Everard	34 Steve Perry	63 George Parrington
11 Red Rose Road Runners	137 —	24 Fred Lynch	51 Phil Dean	62 Steve Coey
12 Glaxo Hoad Hill Harriers	167 —	21 Graham Pinder	71 Simon Barton	75 Jeremy Clark
13 Chorley Ac	204 —	39 Henry Minorczyk	82 Phil McCullaugh	83 Stuart Swann

## Senior Men (Vets) over 60 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Horwich R M I Harriers	19 —	4 Tony Hesketh	7 Paul Murray	8 Pete Bland
2 Barrow & Furness Striders Ac	20 —	1 Peter Hall	9 Ron Winward	10 David Spencer
3 Wesham Road Runners & Ac	32 —	3 Dave Waywell	6 Peter Bartlett	23 Dave Young
4 Blackpool Wyre & Fylde Ac	49 —	11 Robert Massey	18 Alan Wilkinson	20 John Winters