

Pos			Name	Time	Name	Time	Name	Time	Name	Time	Name	Time		
1	<b>Birchfield</b>	<b>01:48:51</b>	Simon Tonui	00:17:21	Peter Whitehouse	0:19:14	Zac Kiharah	0:17:21	Adam Watt	0:19:15	Jean Ndyasenga	0:17:16	James Trollope	0:18:24
2	<b>Tipton A</b>	<b>01:49:17</b>	Ian Williams	00:17:58	Mike Aspinall	0:18:34	Phil Nicholls	0:17:29	Dan Beier	0:18:30	Martin Williams	0:17:49	Tom Holden	0:18:57
3	<b>Bristol &amp; W A</b>	<b>01:49:28</b>	Phil Wylie	00:17:45	Steve Gallienne	0:19:09	John Wills	0:17:53	Tom Merson	0:18:04	Steve Mitchell	0:18:37	Tom Russell	0:18:00
4	<b>Notts AC A</b>	<b>01:50:44</b>	Ashley Sabin	00:19:27	Ben Norris	0:18:25	Martin Whitehouse	0:18:04	Tim Hartley	0:18:01	Jonathan Thewlis	0:18:16	Bruce Raeside	0:18:31
5	<b>Telford A</b>	<b>01:51:24</b>	Paul Ward	00:18:39	Mark Dakins	0:18:28	Chris Davies	0:17:14	Chris Rimmer	0:18:47	Dan Soltys	0:18:30	Chris Bagshaw	0:19:46
6	<b>Coventry A</b>	<b>01:51:51</b>	Matt Almond	00:17:51	Ryan Kenny	0:18:13	Scott Hazell	0:18:38	Steve Emery	0:19:12	Damian Carr	0:19:28	Matt Lole	0:17:59
7	<b>OWLS A</b>	01:53:02	Mark Powell	00:18:17	Tom Mahon	0:18:57	Gaz Davies	0:18:31	Sam Stabler	0:18:46	Simon May	0:19:31	Paul Miles	0:19:00
8	<b>Staffs Moorlands</b>	<b>01:54:27</b>	Alex Derricott	00:18:24	Garath Allott	0:19:21	Ryan Holroyd	0:19:55	Matty Clowes	0:18:08	Matt Allott	0:19:33	Marc Hartley	0:19:06
9	<b>Bristol &amp; W B</b>	<b>01:55:37</b>	Phil Parry	00:18:52	Richard Peters	0:19:13	Matt Peters	0:19:10	Dan Woolford	0:19:29	Dave Green	0:19:33	Nathan Young	0:19:20
10	<b>Cheltenham A</b>	<b>01:55:56</b>	Dave Roper	00:17:57	Seb Foy	0:19:33	Russell Forsbrook	0:19:47	John Parker	0:19:22	Andrew Hussey	0:19:45	Corin Hughes	0:19:32
11	<b>Coventry B</b>	<b>01:56:46</b>	Alistair Smith	00:19:06	Tom Bark	0:19:00	Richard Burman	0:19:25	Tom Madden	0:19:15	Harvey Speed	0:20:21	Emerson Combstock	0:19:39
12	<b>Stroud A</b>	<b>01:57:17</b>	Julian Hough	00:19:28	Ander Russell	0:19:46	Carl Frapwell	0:20:14	Ben Coldray	0:19:39	Rob Gault	0:19:02	Matt Withey	0:19:08
13	<b>Cannock &amp; S</b>	<b>01:57:28</b>	Paul Leicester	00:20:09	Tom Humphries	0:17:17	Chris Harvey	0:19:16	Sam Evans	0:21:14	Phil Wolfe	0:20:01	James Houghton	0:19:31
14	<b>Notts AC B</b>	<b>01:58:13</b>	Blayne Pick	00:19:50	Paul Thompson	0:19:46	Robert Nixon	0:19:42	Chris McGurk	0:20:31	Colin Palmer	0:19:35	Billy Farquaharson	0:18:49
15	<b>Birchfield B</b>	<b>01:59:06</b>	Greg Divall	00:20:27	Chebon Chervp	0:17:43	Simon Omera	0:19:29	Simon Hall	0:20:59	Ben Sherman	0:19:37	Nick Hardy	0:20:51
16	<b>Charnwood A</b>	<b>01:59:13</b>	Steve Mears	00:18:51	Scott Baxter	0:20:13	Mark Couldwell	0:19:15	Peter Swain	0:19:22	Michael Brinde	0:21:25	Mark Crofts	0:20:07
17	<b>Severn A</b>	<b>01:59:22</b>	Gary Hope	00:18:54	Josh Lilly	0:17:45	Alex Hope	0:20:23	Simon Fortnam	0:20:49	James Rose	0:20:40	Dave Lander	0:20:41
18	<b>Tipton B</b>	<b>01:59:47</b>	Phil Clamp	00:19:31	Mike Hager	0:19:54	Dean Hill	0:20:14	Mike Buntin	0:19:10	Paul Moore	0:20:41	Henryk Piotrowski	0:20:17
19	<b>Halesowen A</b>	<b>01:59:49</b>	Christian Booker	00:20:07	Bill Nock	0:19:03	Dave Kesterton	0:19:21	Nick Hazelwood	0:21:13	Marc Turner	0:20:02	Chris Penn	0:19:53
20	<b>Gloucester A</b>	<b>01:59:56</b>	Andy De Camps	00:21:08	Stephen Millward	0:18:38	Andy Renfree	0:19:31	Luke Herbert	0:19:55	Rich De Camps	0:21:39	Pete Kelly	0:19:05
21	<b>Telford B</b>	<b>02:00:40</b>	Chris Carter	00:19:48	Nick Andrews	0:20:35	Wayne Daspher	0:20:16	Richard Lurcock	0:20:25	John Hockey	0:20:27	Dave Mansbridge	0:19:09
22	<b>Staffs Moor B</b>	<b>02:01:19</b>	Kyle Fowler	00:19:54	David Bratt	0:20:00	Vinnie Martin	0:21:01	Jon Turnock	0:20:16	Jason Burgess	0:20:22	Dave Hollins	0:19:46
23	<b>Coventry C</b>	<b>02:01:38</b>	Chris Bannon	00:18:38	Aaron Bodycote	0:21:15	Iwan Jones	0:19:57	Danny Clarke	0:20:30	James Parrott	0:21:20	John White	0:19:58
24	<b>Birm Rowheath A</b>	<b>02:01:54</b>	Rob Vaughan	00:20:10	Paul Thompson	0:18:49	Andy Kenchington	0:20:40	Ed Banks	0:20:17	Mark Ince	0:21:03	Richard Gray	0:20:55

25	<b>Westbury H A</b>	<b>02:01:58</b>										
	Daniel Studley	00:19:52	Joe Dagleish	0:19:45	Sam Dagleish	0:19:18	John Terry	0:20:52	Greg Ward	0:21:36	Rod Jones	0:20:35
26	<b>Leicester C A</b>	<b>02:02:22</b>										
	Gordon Lee	00:17:57	Simon Cotton	0:19:52	Gareth Deacon	0:19:37	Craig Sabin	0:21:24	Robin Brooks	0:23:14	Jon Grindley	0:20:53
27	<b>Mansfield H A</b>	<b>02:03:34</b>										
	Mark Johnson	00:19:12	Steve Grainger	0:21:22	Russell Betts	0:19:52	Luke Marshall	0:21:20	Peter Stafford	0:20:45	Doug Ross	0:21:03
28	<b>Leamington A</b>	<b>02:03:56</b>										
	Richard Harder	00:18:34	Jamie Langley	0:21:11	Jack Mee	0:20:29	Bernard Gaffney	0:20:52	Steve Cornfield	0:20:56	Charlie Eastaugh	0:21:54
29	<b>Worcester A</b>	<b>02:03:58</b>										
	Sam Mitchell	00:19:08	Chris Davies	0:21:52	Warren Miles	0:20:38	David O'Brien	0:21:26	Andrew Poppleton	0:22:11	Chris Wilson	0:18:43
30	<b>Halesowen B</b>	<b>02:04:21</b>										
	Andy Butler	00:20:17	Tom Kenderdine	0:19:26	Oli Holden	0:21:28	Dan Cleary	0:20:43	Dave Turvey	0:20:40	Nick Price	0:21:47
31	<b>Notts AC A</b>	<b>02:04:43</b>										
	Richard Darling	00:20:13	James Barker	0:21:39	Mike Romanineko	0:20:10	David Oxland	0:21:44	Richard Warburton	0:20:31	John Muddeman	0:20:26
32	<b>Kenilworth R A</b>	<b>02:04:58</b>										
	Paul Royal	00:21:24	Richard Simkiss	0:19:54	Martin Dorrill	0:21:28	Phil McCorquodale	0:21:38	Stuart Hopkins	0:20:44	Phil Gould	0:19:50
33	<b>R S C A</b>	<b>02:05:31</b>										
	Simon Lees	00:19:16	Steve Marklew	0:20:10	Fred Trenblay	0:21:22	Tony Hinchley	0:22:06	Paul Terleski	0:21:34	Ollie Harradence	0:21:03
34	<b>Bournville A</b>	<b>02:05:48</b>										
	Dean Parker	00:19:37	Steve McGlen	0:20:37	Rob Andrew	0:20:08	Kevin Woodward	0:20:36	Dave Harte	0:22:12	Mike Ferguson	0:22:38
35	<b>Charnwood B</b>	<b>02:06:32</b>										
	Tom Whitmore	00:21:35	Ben Lacey	0:20:08	George Buttery	0:21:19	Paul Harmer	0:21:43	Glen North	0:21:15	Richard Brown	0:20:32
36	<b>Broms &amp; Redd A</b>	<b>02:06:42</b>										
	Sean Bowden	00:19:54	Paul Collins	0:20:43	Ryan Lee	0:20:35	Calvin Scoltock	0:21:55	Rich Shardlow	0:22:24	Mark Graham	0:21:11
37	<b>Solihull &amp; S H A</b>	<b>02:06:43</b>										
	Kevin Fisher	00:21:02	Andy Kear	0:20:11	Tim Price	0:21:17	Jon Ashley	0:20:36	Steve Lidgate-Taylor	0:21:02	Steve Howes	0:22:35
38	<b>Northbrook A</b>	<b>02:07:26</b>										
	Paul Andrew	00:19:18	John Mosie	0:21:32	Nathan Holmes	0:21:08	Mick O'Shea	0:21:04	Jerry Trill	0:21:30	Pete Fellows	0:22:54
39	<b>Harborough A</b>	<b>02:07:33</b>										
	Sean Fenwick	00:18:47	Andrew Robinson	0:20:40	William Clapp	0:20:42	Martin Gore	0:21:36	Adrian King	0:22:55	Steve Costall	0:22:53
40	<b>Cheltenham B</b>	<b>02:07:54</b>										
	Will New	00:20:55	Jon Weedon	0:21:27	Elliot Prince	0:20:42	Roger Mullins	0:20:40	Dan Harrison	0:22:02	Iain Devlin	0:22:08
41	<b>Tipton H C</b>	<b>02:09:26</b>										
	Malc Eustace	00:19:58	Jason Richards	0:22:45	Billy Trueman	0:24:10	Ste Abrahams	0:21:00	Rich Brittain	0:21:55	Luke Northall	0:19:38
42	<b>Gloucester B</b>	<b>02:09:36</b>										
	Lee Smith	00:20:32	Alistair wakefield	0:21:40	Nico Constanti	0:21:39	Dave Greswell	0:21:11	Rich Moor	0:22:33	Ian Summers	0:22:01
43	<b>CLC Striders</b>	<b>02:09:55</b>										
	Will Ferguson	00:18:34	Nathan Jones	0:20:58	Paul Smith	0:22:51	Chris Hale	0:22:05	Lee Burge	0:22:50	Ashley Bishop	0:22:37
44	<b>Redhill Road R</b>	<b>02:10:40</b>										
	Matthew Clapp	00:19:52	Andrew Norton	0:21:17	David Giles	0:23:05	Andy Weatherill	0:20:08	Mark Attenborough	0:23:49	Martyn McHale	0:22:29
45	<b>Sphinx AC</b>	<b>02:11:22</b>										
	Ashley Miles	00:20:19	Mark Coyle	0:23:33	Matt Melia	0:21:35	Mick Hudspith	0:21:37	Stuart Boon	0:20:45	Ton Delaney	0:23:33
46	<b>West Bromwich A</b>	<b>02:12:19</b>										
	Gurma Dehl	00:20:12	Dave Long	0:21:08	Karl Moore	0:21:08	Ben Harding	0:22:17	Daniel Sperber	0:24:09	Malcolm Carr	0:23:25
47	<b>Hermitage Harriers</b>	<b>02:12:36</b>										
	Alistair Watson	00:18:56	Shaun Coulton	0:21:25	Darren Wilson	0:22:52	Andrew Buck	0:22:53	Matthew Domelow	0:23:50	Lee Tomlinson	0:22:40
48	<b>Team Bath</b>	<b>02:13:02</b>										
	Stephen Rose	00:20:27	Dan Jones	0:21:22	Steve Cottington	0:23:28	Nick Bower	0:23:27	Iain Cade	0:22:09	Dave Gunstone	0:22:09
49	<b>Centurion A</b>	<b>02:13:29</b>										

50	Richard White <b>Sparkhill A</b>	00:20:35 <b>02:14:15</b>	Paul Davies	0:20:57	Lee Taylor	0:23:28	Andy Money	0:23:10	Trevor Bacchiochi	0:22:50	Tom Healey	0:22:29
51	Craig Hinks <b>Westbury H B</b>	00:22:58 <b>02:16:10</b>	Paul Thompson	0:20:02	Mark Pearce	0:23:21	Patrick Finnegan	0:22:08	Nick Stringer	0:23:41	Darren Riley	0:22:05
52	Robert Pringle <b>Broms &amp; Redd B</b>	00:22:56 <b>02:16:13</b>	Chris Palmer	0:21:22	Colin Johnson	0:22:08	Clive Attwood	0:23:46	Charlie Hobbs	0:23:37	Paul Stuart	0:22:21
53	Gavin Moorhead <b>R S C B</b>	00:21:49 <b>02:16:35</b>	James Bowler	0:21:40	Jamie Dancyger	0:21:28	David Cooper	0:25:11	James King	0:24:11	Martin Aspley-Davis	0:21:54
54	Marcus Smedley <b>Dudley Kinswingford</b>	00:21:25 <b>02:17:03</b>	Russell Simpson	0:22:06	Mark Bridges	0:21:55	Darren Price	0:24:06	Steve Larcombe	0:23:48	John Fletcher	0:23:15
55	Mark Gallimore <b>Leamington B</b>	00:22:29 <b>02:17:09</b>	Kevin Duckworth	0:20:45	Dave Norman	0:22:28	Stuart Tromans	0:23:13	Richard Jones	0:23:36	Steve Wood	0:24:32
56	Jim Rothman <b>Halesowen C</b>	00:21:40 <b>02:17:58</b>	Simon Kinson	0:22:03	Paul Griffin	0:23:30	Brian Miller	0:22:49	Dave Potter	0:22:40	Tony Foster	0:24:27
57	Alex Morgan <b>Stratford AC A</b>	00:21:28 <b>02:18:12</b>	Tim Hazelwood	0:22:46	Chris Cleary	0:22:17	Andy Nock	0:22:48	Mark Hayward	0:24:37	Richard Guest	0:24:02
58	Malcolm Bowyer <b>Kenilworth R C</b>	00:23:13 <b>02:18:34</b>	Andy Cockerill	0:22:37	Tony Jackson	0:23:58	James Deacon	0:24:55	Keith Hawkes	0:22:56	Rob Minton	0:20:33
59	Steve Wright <b>Stroud B</b>	00:25:13 <b>02:18:52</b>	Steve Sidaway	0:23:21	Richard Steel	0:22:33	Pete Bryan	0:22:04	Roger Homes	0:22:23	Mick Williams	0:23:00
60	Alan Pitt <b>Staffs Moorl C</b>	00:22:27 02:19:21	George Robinson	0:21:01	Mario Mc Namara	0:22:41	Chris Young	0:23:00	Christoher Brown	0:25:23	Kenny Roberts	0:24:20
61	Kelvin Amos <b>Notts AC D</b>	00:21:06 <b>02:20:51</b>	Peter Martin	0:20:24	Dave Edge	0:23:54	Stuart Poole	0:24:59	John Walker	0:21:33	Neil Platts	0:27:25
62	Richard Belton <b>Charnwood C</b>	00:22:41 <b>02:20:53</b>	Matthew Judson	0:22:37	Paul Archer	0:21:37	Andrew Warburton	0:22:50	Chris Rischer	0:26:15	Ken Allen	0:24:51
63	Nigel Scoggins <b>Dudley &amp; Stour</b>	00:23:33 <b>02:21:07</b>	Philip Wharton	0:21:54	Kevin Lomas	0:24:30	Mark Whitmore	0:24:39	Michael Kingsbury	0:22:18	Steve Jeffers	0:23:59
64	Paul Waby <b>Gloucester AC C</b>	00:19:49 <b>02:21:09</b>	Dave Nation	0:21:34	Adam Staves	0:25:54	Eric Smith	0:23:54	Ivan Dawes	0:22:00	Jim Brown	0:27:56
65	Mark Ingram <b>Bournville B</b>	00:22:38 <b>02:22:19</b>	Matt Wade	0:23:23	Ben Jones	0:25:07	Dave Edwards	0:24:33	Nick Cousins	0:22:55	Wayne Mayer	0:22:33
66	Gareth Cadd <b>Sutton in Ashf A</b>	00:21:50 <b>02:22:27</b>	Andy Wheeler	0:23:16	Stuart Pearson	0:23:57	Nigel Abraham	0:24:29	Andy Crawford	0:23:44	Paul Foot	0:25:03
67	Steven Kerr <b>Centurion B</b>	00:24:13 <b>02:22:30</b>	David Bailey	0:24:19	Richard Robinson	0:21:14	Jason Holmes	0:23:04	Steven Chillingworth	0:23:29	Alex Brewer	0:26:08
68	Preston Eckloff <b>Wolves &amp; B B</b>	00:23:08 <b>02:23:38</b>	Gavin Davies	0:23:00	Mark Carwardine	0:23:25	Tom Sweeney	0:24:21	Marc Curtis	0:23:57	Chris McCann	0:24:39
69	Jay Toddington Birm Rowheath B	00:23:06 02:24:10	Paul Jolliff	0:22:41	Dan Vaughan	0:23:08	Richard Thompson	0:23:25	Dan Brazier	0:22:57	Darren Edwards	0:28:21
70	Jonathan Tune <b>Tipton H D</b>	00:20:53 <b>02:24:10</b>	Mark Edwards	0:25:51	Richard Carney	0:23:51	Gareth Dixon	0:26:26	Paul Archer	0:23:41	Toby Gornall	0:23:28
71	Ray Stanier <b>Halesowen D</b>	00:22:11 <b>02:25:56</b>	Jeff Taylor	0:24:09	Paul Southall	0:22:01	Glen Cox	0:24:11	Alan Grice	0:24:50	Keith Best	0:26:48
72	Barry Thompson <b>Bournville C</b>	00:24:19 <b>02:28:59</b>	Rob Weaver	0:23:19	Paul Butler	0:23:24	Aaron Crinian	0:23:05	Paul Allen	0:24:09	Paul Woods	0:27:40
73	Mike Scotney <b>Kenilworth B</b>	00:23:19 <b>02:29:15</b>	Danny Wilson	0:23:34	Chris Harlan-Marks	0:25:52	Paul Dugmore	0:25:23	Terry Doherty	0:26:47	Ed Hartley	0:24:04
	Gwyn Davies	00:24:57	Keith Blake	0:27:07	Pete Mathews	0:25:29	Mark Hall	0:25:16	Andrew Holbrook	0:22:56	Sean Mitchell	0:23:30

74	Wolves & B C	02:29:17										
	Will Gailey	00:23:38	Mark Moore	0:22:55	Tony Dutton	0:25:04	Rob Challenger	0:28:54	Steve Ingleby	0:25:00	Ian Pincher	0:23:46
75	<b>Stafford Harriers</b>	<b>02:29:20</b>										
	Tom Hobbins	00:21:20	Paul Douglas	0:22:38	Jason Littlewood	0:26:07	Andy Bourne	0:26:54	Eddie Smith	0:27:17	Mike Saint Dunn	0:25:04
76	<b>Broms &amp; Redd C</b>	<b>02:30:52</b>										
	Andy Freeman	00:22:42	Sam Moran	0:25:39	Phil Woodyatt	0:25:26	Brian Doran	0:25:35	Simon Bowen	0:26:50	Dave Stokes	0:24:40
77	<b>Stourbridge RC</b>	<b>02:31:16</b>										
	Matt Raden	00:19:55	David Rose	0:23:05	Andrew Davis	0:22:50	David Shephard	0:25:26	Alan Marshall	0:27:39	Noel Sanders	0:32:21
78	<b>Cobra RC</b>	<b>02:31:32</b>										
	David Dannils	00:21:53	Mike Elwell	0:27:37	Jordan Miller	0:27:22	Mark Perry	0:24:40	Stephen Cleary	0:23:21	Steve Hayes	0:26:39
79	<b>Nuneaton H</b>	<b>02:32:19</b>										
	Jared Wilson	00:22:22	Nick Wilson	0:23:32	Simon Hambridge	0:24:15	Eric Fowler	0:21:37	Mitchell Heath	0:29:58	Roger Farndon	0:30:35
80	<b>Centurion C</b>	<b>02:32:51</b>										
	Neil Prentice	00:25:22	Andy Rea	0:24:49	Neil Wilkes	0:25:09	Ed Wallace	0:25:56	Andy Matthews	0:26:04	Graham Robinson	0:25:31
81	<b>Northbrook B</b>	<b>02:35:36</b>										
	Pete Austin	00:23:26	John Wilson	0:28:37	Andy Ralph	0:23:37	John Ralph	0:28:20	Jason Nicholson	0:23:39	John Andrew	0:27:57
82	<b>West Bromwich B</b>	<b>02:37:41</b>										
	Gary Clifton	00:24:05	Chris Crosby	0:24:46	Bob Meek	0:27:09	Mark Stanton	0:27:40	Pat Powell	0:26:01	Neil Munroe	0:28:00
83	<b>Halesowen AC E</b>	<b>02:39:45</b>										
	Steve Millington	00:25:04	Maurice Endacot	0:27:33	Stuart Towson	0:27:15	Andy Lloyd	0:27:24	Mick Deakin	0:27:50	Andy Merrell	0:24:39
84	<b>Sparkhill B</b>	<b>02:40:38</b>										
	Rob Mills	00:23:48	Dave Johnson	0:24:17	Charles Fentiman	0:27:18	Barry Crowley	0:27:06	Pete Reeves	0:26:19	Bernard Wareing	0:31:50
85	<b>Sparkhill B</b>	02:53:44										
	John Goulding	00:28:00	Mick Edwards	0:29:18	Grahame Cooper	0:29:07	Mark Arnold	0:28:35	Gavin Kidman	0:29:17	Pete Concannon	0:29:27
	<b>Incomplete teams</b>											
	<b>Birchfield C</b>		Michael Chann	00:23:25	Steve Cauldwell	0:24:08	Don Field	0:37:15				
	<b>Birm Rowheath C</b>		Martin Ludford	00:26:14								
	<b>Bristol &amp; W C</b>		Sean Hazell	00:18:54	Iain Stuart	0:20:18						
	<b>Broms &amp; Redd D</b>		Alan Elsmere	00:24:08	Phil Anderson	0:22:06						
	<b>Cheltenham C</b>		Dave Randall	00:22:14	Ian Giles	0:22:02						
	<b>Coventry D</b>		Peter Banks	00:23:42	Tobias Gehrke	0:22:48	Mike Peters	0:22:07				
	<b>Halesowen F</b>		Ken Court	00:25:57	Les Woods	0:29:52						
	<b>Harborough B</b>		Adam Brooks	00:23:42	Martin Hughes	0:26:08	Alan Fordham	0:25:32	Chris Loake	0:27:45		
	<b>Kidd &amp; Stourport</b>		Matt Granger	00:18:49								
	<b>Mansfield H B</b>		Steve Davies	00:21:24	Tim Raynor	0:22:06	Graeme Wilkinson	0:22:33				
	<b>Owls AC B</b>		Josh Norman	00:18:15	Jason Williams	0:20:12	Paddy Radley	0:21:21	Tom Bell	0:19:26	Dan Hallam	0:19:21
	<b>R S C C</b>		Simon Ralph	00:23:45	Martin Jones	0:24:53	Bob Owen	0:28:46				
	<b>Severn AC B</b>		Gareth Howells	00:22:29	Stephen Hale	0:22:35	N Gaulder	0:23:26				
	<b>Sutton in Ashf B</b>		Paul Whittingham	00:23:14	Gary Goacher	0:24:21						
	<b>Telford AC B</b>		John Sanders	00:20:30	Mark Gadsden	0:21:28	John Garmson	0:21:30	Pete Plant	0:22:37		
	<b>Tipton H E</b>		Mark Farnell	00:25:51								
	<b>Wolves &amp; Bilston A</b>		Dave Smith	00:21:16	Paul Hammond	0:20:41	Luke Darbey	0:24:40	Richard Read	0:21:44		
	<b>Westbury H C</b>		Ewan Kilgour	00:22:15	Edd Gould	0:23:27	Chris Studley	0:25:40				
	<b>Fastest Legs</b>											
	<b>Chris Davies</b>	<b>Telford AC A</b>		<b>0:17:14</b>								
	Jean Ndyasenga	Birchfield Harriers A		0:17:16								
	Tom Humphries	Cannock & Stafford		0:17:17								