

# Manchester Area Cross Country League at Woodbank Park, Stockport on Sunday 4th January 2009

## Under11 Girls — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Lucy Donaghy	Manchester Harriers & Ac	8:04	21	Niamh Hartshorne	E Cheshire H & Tameside Ac	9:56
2	Bethany Donnelly	E Cheshire H & Tameside Ac	8:05	22	Louise Watterson	Warrington Athletic Club	9:58
3	Carys McAulay	Warrington Athletic Club	8:24	23	\$Isabella Lewis	Rossendale Harriers & Ac	10:01
4	Lizzy Smith	Warrington Athletic Club	8:30	24	Megan Daly	Sale Harriers Manchester	10:02
5	H Knowles-Jones	Warrington Athletic Club	8:32	25	Matie Yates	Sale Harriers Manchester	10:06
6	Rosie Johnson	St Helens Sutton AC	8:36	26	Isobel Shaw	Sale Harriers Manchester	10:08
7	Charlotte Simms	Salford Metropolitan Ac	8:51	27	Emily Hughes	Manchester Harriers & Ac	10:12
8	Charlotte Kelly	Manchester Harriers & Ac	8:54	28	Elsie Clare	Sale Harriers Manchester	10:20
9	Gabrielle Kelly	Manchester Harriers & Ac	8:55	29	Liah Oconnell	Stockport Harriers & Ac	10:43
10	Serena Mohtasham	Sale Harriers Manchester	9:00	30	Sally Best	Stockport Harriers & Ac	11:02
11	Danielle Webb	St Helens Sutton AC	9:00	31	Olivia Welch	Manchester Harriers & Ac	11:05
12	Julia Hassall	Sale Harriers Manchester	9:07	32	Amy Moran	Warrington Athletic Club	11:06
13	Jessica Coulson	Warrington Athletic Club	9:12	33	Allana Buckingham	Macclesfield Harriers & Ac	11:18
14	Hannah Simeen	Sale Harriers Manchester	9:19	34	Katie McAndrew	Macclesfield Harriers & Ac	11:23
15	Molly Bogin	Manchester Harriers & Ac	9:22	35	Lauren Wilcock	St Helens Sutton AC	11:26
16	Katie Huane	Stockport Harriers & Ac	9:23	36	Naomi Kershaw	Macclesfield Harriers & Ac	11:30
17	Lucy Griffiths	St Helens Sutton AC	9:23	37	Leah O'Reilly	Stockport Harriers & Ac	12:05
18	Sarah Wheelton	Macclesfield Harriers & Ac	9:28	38	Sarah Stockman	Macclesfield Harriers & Ac	13:05
19	Amy Carter	Macclesfield Harriers & Ac	9:29	39	Olivia Shaughnessy	Macclesfield Harriers & Ac	13:26
20	Alannah Newell	E Cheshire H & Tameside Ac	9:44				

## Under11 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Warrington Athletic Club	12	—	3	Carys McAulay	4	Lizzy Smith	5	H Knowles-Jones
2	Manchester Harriers & Ac	18	—	1	Lucy Donaghy	8	Charlotte Kelly	9	Gabrielle Kelly
3	St Helens Sutton AC	34	—	6	Rosie Johnson	11	Danielle Webb	17	Lucy Griffiths
4	Sale Harriers Manchester	36	—	10	Serena Mohtasham	12	Julia Hassall	14	Hannah Simeen
5	E Cheshire H & Tameside Ac	43	—	2	Bethany Donnelly	20	Alannah Newell	21	Niamh Hartshorne
6	Warrington Athletic Club 'B'	66	—	13	Jessica Coulson	22	Louise Watterson	31	Amy Moran
7	Macclesfield Harriers & Ac	69	—	18	Sarah Wheelton	19	Amy Carter	32	Allana Buckingham
8	Manchester Harriers & Ac 'B'	71	—	15	Molly Bogin	26	Emily Hughes	30	Olivia Welch
9	Sale Harriers Manchester 'B'	72	—	23	Megan Daly	24	Matie Yates	25	Isobel Shaw
10	Stockport Harriers & Ac	73	—	16	Katie Huane	28	Liah Oconnell	29	Sally Best
11	Macclesfield Harriers & Ac 'B'	105	—	33	Katie McAndrew	35	Naomi Kershaw	37	Sarah Stockman

## Race 2 - Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Christy O'Brien	Sale Harriers Manchester	10:00	19	Owen Kennedy	St Helens Sutton AC	11:56
2	KSmithman-Harding	Warrington Athletic Club	10:33	20	Saed Absiyeh	Sale Harriers Manchester	12:14
3	Leighton Sharman	Warrington Athletic Club	10:46	21	Daniel Brint	Sale Harriers Manchester	12:20
4	Ewan Gilchrist	Sale Harriers Manchester	10:53	22	Jake Gilfillan	Macclesfield Harriers & Ac	12:20
5	Charlie Dowell	Sale Harriers Manchester	10:53	23	Robbie Lee	Sale Harriers Manchester	12:21
6	Daniel Pemberton	Macclesfield Harriers & Ac	10:58	24	Jordan Bezzina	Sale Harriers Manchester	12:22
7	Lewis Guite	Sale Harriers Manchester	11:07	25	Oscar Armitage	Sale Harriers Manchester	12:25
8	Henry Jones	Trafford Athletic Club	11:12	26	Jonathan Causser	St Helens Sutton AC	12:29
9	Thomas Wiseman	Salford Metropolitan Ac	11:21	27	Christian Gallagher	E Cheshire H & Tameside Ac	12:36
10	Jake Spilsbury	Sale Harriers Manchester	11:23	28	Chris Baldwin	Macclesfield Harriers & Ac	12:43
11	Jack Sedman	Sale Harriers Manchester	11:30	29	James Shering	Macclesfield Harriers & Ac	12:43
12	CSmithman-Harding	Warrington Athletic Club	11:31	30	Shaun Miller	Stockport Harriers & Ac	13:02
13	Ben Wallis	Warrington Athletic Club	11:38	31	Edward Thompson	Macclesfield Harriers & Ac	13:12
14	Alex Thompson	Warrington Athletic Club	11:43	32	Kieran McLaughlin	Manchester Harriers & Ac	13:14
15	Ryan Dugdale	Warrington Athletic Club	11:47	33	\$Joel Baylis	Unattached	13:21
16	Adam Woosey	St Helens Sutton AC	11:49	34	Oliver Anderson	Macclesfield Harriers & Ac	13:35
17	Harry Ridgard	E Cheshire H & Tameside Ac	11:50	35	Lawrence Dowell	Sale Harriers Manchester	16:39
18	Adam Spilsbury	Sale Harriers Manchester	11:53				

## Race 2 - Under 11 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale Harriers Manchester	10	—	1	Christy O'Brien	4	Ewan Gilchrist	5	Charlie Dowell
2	Warrington Athletic Club	17	—	2	KSmithman-Harding	3	Leighton Sharman	12	CSmithman-Harding
3	Sale Harriers Manchester 'B'	28	—	7	Lewis Guite	10	Jake Spilsbury	11	Jack Sedman
4	Warrington Athletic Club 'B'	42	—	13	Ben Wallis	14	Alex Thompson	15	Ryan Dugdale
5	Macclesfield Harriers & Ac	56	—	6	Daniel Pemberton	22	Jake Gilfillan	28	Chris Baldwin
6	St Helens Sutton AC	61	—	16	Adam Woosey	19	Owen Kennedy	26	Jonathan Causser
7	Macclesfield Harriers & Ac 'B'	93	—	29	James Shering	31	Edward Thompson	33	Oliver Anderson

# Manchester Area Cross Country League

## at Woodbank Park, Stockport on Sunday 4th January 2009

### Race 2 - Under 13 Girls — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time				
1	Chelsea Jarvis		St Helens Sutton AC	10:12	22	Lucy Matthews	Salford Metropolitan Ac	12:14
2	Olivia Wild		Stockport Harriers & Ac	10:41	23	Emma Oconnell	Stockport Harriers & Ac	12:15
3	Mollie Williams		Stockport Harriers & Ac	10:48	24	Nicola Scott	Altrincham & District AC	12:15
4	Jade Evans		Vale Royal AC	10:51	25	Martha Vickers	Sale Harriers Manchester	12:26
5	Megan Ashelby		E Cheshire H & Tameside Ac	10:53	26	Aoife Gilchrist	Sale Harriers Manchester	12:30
6	\$Katie Buckley		Bury Athletic Club	10:57	27	\$Rebecca Flanagan	Rossendale Harriers & Ac	12:32
7	\$Alana Grundy		Bury Athletic Club	10:59	28	Eleanor Canham	Sale Harriers Manchester	12:33
8	\$Christie Cook		Bury Athletic Club	11:03	29	Ciara Green	Manchester Harriers & Ac	12:34
9	Abigail Fitton		Sale Harriers Manchester	11:29	30	Caitlin Thomas	Sale Harriers Manchester	12:35
10	Chloe Yates		Sale Harriers Manchester	11:34	31	Vicky Lamb	St Helens Sutton AC	12:38
11	Lucy Whittaker		Salford Metropolitan Ac	11:35	32	Alice Bennett	Sale Harriers Manchester	12:42
12	Aimee Aikin		Stockport Harriers & Ac	11:36	33	Alice Hughes	Manchester Harriers & Ac	12:55
13	Rachael Hibberd		Sale Harriers Manchester	11:37	34	Hannah Cusworth	Handforth Wa	12:55
14	Carla Edwards		Stockport Harriers & Ac	11:39	35	Louise Wilson	Salford Metropolitan Ac	13:13
15	\$Caitlin Healy		Bury Athletic Club	11:44	36	Katrina Davies	Manchester Harriers & Ac	13:34
16	Emma McCartney		St Helens Sutton AC	11:46	37	Sally Ashton	St Helens Sutton AC	14:17
17	Connie Vickers		Sale Harriers Manchester	11:48	38	Sophie Williams	Stockport Harriers & Ac	14:33
18	Rachel Woosey		St Helens Sutton AC	11:52	39	Alice Welch	Manchester Harriers & Ac	15:13
19	Imani Modahl		Sale Harriers Manchester	11:55	40	Jennifer Shering	Macclesfield Harriers & Ac	15:41
20	Jess Shaw		Stockport Harriers & Ac	12:06	41	Hannah Arnold	Stockport Harriers & Ac	16:11
21	Gemma Eyre		Salford Metropolitan Ac	12:07				

### Race 2 - Under 13 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Stockport Harriers & Ac	14 — 2 Olivia Wild	3 Mollie Williams	9 Aimee Aikin
2 Sale Harriers Manchester	23 — 6 Abigail Fitton	7 Chloe Yates	10 Rachael Hibberd
3 St Helens Sutton AC	27 — 1 Chelsea Jarvis	12 Emma McCartney	14 Rachel Woosey
4 Salford Metropolitan Ac	43 — 8 Lucy Whittaker	17 Gemma Eyre	18 Lucy Matthews
5 Stockport Harriers & Ac 'B'	46 — 11 Carla Edwards	16 Jess Shaw	19 Emma Oconnell
6 Sale Harriers Manchester 'B'	49 — 13 Connie Vickers	15 Imani Modahl	21 Martha Vickers
7 Manchester Harriers & Ac	83 — 24 Ciara Green	28 Alice Hughes	31 Katrina Davies

### Race 3 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time					
1	Joe Steward	E Cheshire H & Tameside Ac	11:48	16	Jacob Anderson	Macclesfield Harriers & Ac	13:53	
2	Daniel Lawton	Stockport Harriers & Ac	11:51	17	Daniel Gilfillan	Macclesfield Harriers & Ac	13:55	
3	\$Jack Brown	Bury Athletic Club	11:58	18	Alex Kirk	West Cheshire AC	14:18	
4	James Salt	Trafford Athletic Club	12:04	19	Adam Burgess	Warrington Athletic Club	14:21	
5	\$Benn Heywood	Bury Athletic Club	12:06	20	William Garner	Stockport Harriers & Ac	14:23	
6	\$Nathan Milligan	Bury Athletic Club	12:22	21	Michael Ellis	West Cheshire AC	14:29	
7	Kevin Acton	Handforth Wa	12:55	22	Alex Bleakley	St Helens Sutton AC	14:33	
8	Khalid Absiyeh	Sale Harriers Manchester	13:04	23	Dominic Smith	Macclesfield Harriers & Ac	15:04	
9	Tommy Donnelly	E Cheshire H & Tameside Ac	13:13	24	Daniel Bunyan	E Cheshire H & Tameside Ac	15:09	
10	Matthew Rostrom	Warrington Athletic Club	13:13	25	Joseph Duffill	Salford Metropolitan Ac	15:18	
11	Daniel Richardson	Warrington Athletic Club	13:16	26	Harry Duffill	Salford Metropolitan Ac	15:32	
12	James Taylor	Macclesfield Harriers & Ac	13:17	27	David Gerrard	Warrington Athletic Club	15:37	
13	Chris Bradley	Sale Harriers Manchester	13:24	28	Cameron Willcock	Sale Harriers Manchester	15:39	
14	Aaron Shaughnessy	Macclesfield Harriers & Ac	13:27	29	Nyle Flynn	E Cheshire H & Tameside Ac	17:23	
15	Ian Graham	E Cheshire H & Tameside Ac	13:27					

### Race 3 - Under 13 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 E Cheshire H & Tameside Ac	19 — 1 Joe Steward	6 Tommy Donnelly	12 Ian Graham
2 Warrington Athletic Club	31 — 7 Matthew Rostrom	8 Daniel Richardson	16 Adam Burgess
3 Macclesfield Harriers & Ac	33 — 9 James Taylor	11 Aaron Shaughnessy	13 Jacob Anderson
4 Sale Harriers Manchester	40 — 5 Khalid Absiyeh	10 Chris Bradley	25 Cameron Willcock

# Manchester Area Cross Country League

## at Woodbank Park, Stockport on Sunday 4th January 2009

### Race 3 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	Danielle Wallis	Macclesfield Harriers & Ac	11:57
2	Lucy Bunce	Macclesfield Harriers & Ac	12:07
3	Victoria Newell	E Cheshire H & Tameside Ac	12:10
4	Tessa McCormick	Vale Royal AC	12:11
5	Lucy Smith	Altrincham & District AC	12:34
6	Emma Peters	E Cheshire H & Tameside Ac	13:05
7	Amee Hughes	Stockport Harriers & Ac	13:09
8	Emily Burns	Altrincham & District AC	13:10
9	Helena Flippance	Altrincham & District AC	13:18
10	Jodie Guinnane	Sale Harriers Manchester	13:19
11	Imogen Nutter	Stockport Harriers & Ac	13:20
12	Elizabeth Heaven	Warrington Athletic Club	13:20
13	Sarah Simeen	Sale Harriers Manchester	13:26
14	Misha Nayakoliver	Sale Harriers Manchester	13:45
15	Victoria Calderbank	Sale Harriers Manchester	13:50
16	Kate McLelland	Sale Harriers Manchester	13:57
17	Sally Radcliffe	Trafford Athletic Club	14:01
18	Samara Mohtasham	Sale Harriers Manchester	14:04
19	Nicola Berry	Stockport Harriers & Ac	14:06
20	Katie Ashcroft	Warrington Athletic Club	14:09
21	Zoe Carter	Macclesfield Harriers & Ac	14:31
22	Rachel Wilcock	St Helens Sutton AC	14:34
23	Olivia Powell	Sale Harriers Manchester	14:35
24	Helen Shires	Trafford Athletic Club	14:37
25	Victoria Hamilton	Warrington Athletic Club	14:41
26	Nancy Clare	Sale Harriers Manchester	14:49
27	Phoebe Hartshorne	E Cheshire H & Tameside Ac	14:51
28	Sarah Tipping	Stockport Harriers & Ac	14:54
29	Chloe Grant	Sale Harriers Manchester	14:59
30	Robyn D'arcy	Trafford Athletic Club	15:02
31	Emilie Rosevere	Sale Harriers Manchester	15:04
32	Victoria Hartshorne	E Cheshire H & Tameside Ac	15:14
33	Suzanne Taylor	Salford Metropolitan Ac	15:15
34	Louise Hayes	St Helens Sutton AC	15:16
35	Jenny Lamb	St Helens Sutton AC	15:16
36	Hannah Wain	Sale Harriers Manchester	15:25
37	Laura Kassim	Salford Metropolitan Ac	15:51
38	Chloe Glewis	Salford Metropolitan Ac	16:03
39	Becky O'Brien	St Helens Sutton AC	16:29
40	Sian Davies	Manchester Harriers & Ac	16:34
41	Natasha Dunn	Trafford Athletic Club	16:37
42	Emily Cooper	Salford Metropolitan Ac	18:17

### Race 3 - Under 15 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Altrincham & District AC	22 — 5	Lucy Smith	8	Emily Burns	9	Helena Flippance
2	Macclesfield Harriers & Ac	24 — 1	Danielle Wallis	2	Lucy Bunce	21	Zoe Carter
3	E Cheshire H & Tameside Ac	36 — 3	Victoria Newell	6	Emma Peters	27	Phoebe Hartshorne
4	Sale Harriers Manchester	37 — 10	Jodie Guinnane	13	Sarah Simeen	14	Misha Nayakoliver
5	Stockport Harriers & Ac	37 — 7	Amee Hughes	11	Imogen Nutter	19	Nicola Berry
6	Sale Harriers Manchester 'B'	49 — 15	Victoria Calderbank	16	Kate McLelland	18	Samara Mohtasham
7	Warrington Athletic Club	57 — 12	Elizabeth Heaven	20	Katie Ashcroft	25	Victoria Hamilton
8	Trafford Athletic Club	71 — 17	Sally Radcliffe	24	Helen Shires	30	Robyn D'arcy
9	St Helens Sutton AC	91 — 22	Rachel Wilcock	34	Louise Hayes	35	Jenny Lamb
10	Salford Metropolitan Ac	108 — 33	Suzanne Taylor	37	Laura Kassim	38	Chloe Glewis

### Race 4 - Under 15 Boys — FINAL RESULTS

Pos	Name	Club	Time
1	Jamie White	St Helens Sutton AC	19:51
2	Josh Morse	Altrincham & District AC	19:58
3	Luke Kinch	Warrington Athletic Club	20:03
4	Richard Hindley	Stockport Harriers & Ac	20:11
5	Alex Birchall	Sale Harriers Manchester	20:49
6	Joseph Hudak	E Cheshire H & Tameside Ac	21:07
7	Dillon Bezzina	Sale Harriers Manchester	21:14
8	Nathan Brown	St Helens Sutton AC	21:24
9	Ryan Ganose	Altrincham & District AC	21:42
10	Calum Murray	Macclesfield Harriers & Ac	21:51
11	Josh Smith	Altrincham & District AC	21:55
12	Shaun Richardson	Warrington Athletic Club	21:59
13	Jamie Webb	St Helens Sutton AC	22:01
14	James Grannan	Handforth Wa	22:18
15	Russell Gibbons	Crewe&nantwich	22:43
16	Kyle Conway	Sale Harriers Manchester	22:49
17	Alex Wort	Warrington Athletic Club	22:52
18	Jack Donnelly	E Cheshire H & Tameside Ac	23:34
19	Michael Hilton	Warrington Athletic Club	24:00
20	James Hill	E Cheshire H & Tameside Ac	24:02
21	Ryan Wilson	St Helens Sutton AC	24:25
22	Kray Smith	Stockport Harriers & Ac	24:29
23	Ryan Wallis	Macclesfield Harriers & Ac	24:43
24	Michael Fagg	E Cheshire H & Tameside Ac	24:44
25	Jake Eyre	Salford Metropolitan Ac	25:32
26	James Mothershaw	Macclesfield Harriers & Ac	25:40
27	Russ Weightman	Macclesfield Harriers & Ac	27:59
28	Tom Daley	Sale Harriers Manchester	29:26
29	Michael Howgood	Warrington Athletic Club	30:42

### Race 4 - Under 15 Boys — TEAM RESULTS

1	Altrincham & District AC	22 — 2	Josh Morse	9	Ryan Ganose	11	Josh Smith
2	St Helens Sutton AC	22 — 1	Jamie White	8	Nathan Brown	13	Jamie Webb
3	Sale Harriers Manchester	28 — 5	Alex Birchall	7	Dillon Bezzina	16	Kyle Conway
4	Warrington Athletic Club	32 — 3	Luke Kinch	12	Shaun Richardson	17	Alex Wort
5	E Cheshire H & Tameside Ac	44 — 6	Joseph Hudak	18	Jack Donnelly	20	James Hill
6	Macclesfield Harriers & Ac	59 — 10	Calum Murray	23	Ryan Wallis	26	James Mothershaw

### Race 4 - Under 17 Women — FINAL RESULTS

Pos	Name	Club	Time
1	Hannah Doherty	Sale Harriers Manchester	20:23
2	Beth Chasty	Macclesfield Harriers & Ac	23:20
3	Sarah Griffiths	Warrington Athletic Club	24:01
4	Beatrice Cordingley	Sale Harriers Manchester	24:33
5	Leanne Sigsworth	Altrincham & District AC	25:38
6	H Drillingcourt	St Helens Sutton AC	25:44
7	Patricia Lewis	Salford Metropolitan Ac	30:29
8	Olivia McDermott	Salford Metropolitan Ac	30:30

### Race 4 - Under 17 Women — TEAM RESULTS

No complete teams

# Manchester Area Cross Country League

## at Woodbank Park, Stockport on Sunday 4th January 2009

### Race 5 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Ryan Worland	Sale Harriers Manchester	21:41	9	Josh Kinch	Warrington Athletic Club	23:55
2	Matthew Crehan	St Helens Sutton AC	21:56	10	Danny Hughes	St Helens Sutton AC	24:09
3	Lloyd Hilton	Macclesfield Harriers & Ac	22:23	11	Alex Lett	Sale Harriers Manchester	24:56
4	Nathan Ludlain	Stockport Harriers & Ac	22:50	12	Jake Healy	St Helens Sutton AC	25:33
5	Jack Morris	Stockport Harriers & Ac	23:03	13	David Griffiths	St Helens Sutton AC	26:00
6	\$James Ellis	Warrington Athletic Club	23:06	14	Callum Rowlinson	Sale Harriers Manchester	26:46
7	John Ashcroft	St Helens Sutton AC	23:16	15	Stewart Nichol	Altrincham & District AC	27:18
8	Ryan Gould	E Cheshire H & Tameside Ac	23:25				

### Race 5 - Under 17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 St Helens Sutton AC	17 — 2 Matthew Crehan	6 John Ashcroft	9 Danny Hughes
2 Sale Harriers Manchester	24 — 1 Ryan Worland	10 Alex Lett	13 Callum Rowlinson

### Race 5 - Under 20 Women — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	Amy Talbot	Warrington Athletic Club	25:38
2	Sarah Hudak	E Cheshire H & Tameside Ac	28:25
3	Sarah Kay	Stockport Harriers & Ac	35:26

### Race 5 - Under 20 Women — TEAM RESULTS

No complete teams

### Senior Women (Vets) — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Stella Boam	L40	1 E Cheshire H & Tameside Ac	26:44	32	Lynda Rowlinson	L45	8 Sale Harriers Manchester	31:25
2	Alison Drasdo	L40	2 Trafford Athletic Club	26:56	33	Penny Hinke	L45	9 Wilmslow Running Club	31:29
3	Alison Hartopp	L40	3 Macclesfield Harriers & Ac	27:20	34	Maureen Wilkins	L40	12 Stockport Harriers & Ac	31:47
4	Michaela Stepto	L40	4 Stockport Harriers & Ac	27:37	35	Annie Hirsch	L50	3 Belle Vue Racers	31:57
5	Estelle McGuire	L40	5 Stockport Harriers & Ac	27:38	36	Julie Fairclough	L40	13 Stockport Harriers & Ac	32:08
6	Sally Gilliver	L45	1 Wilmslow Running Club	27:51	37	Deborah Beresford	L40	14 Manchester Harriers & Ac	32:09
7	Hanny Stockman	L40	6 Macclesfield Harriers & Ac	28:00	38	Angela Maziere	L45	10 Wilmslow Running Club	32:17
8	Alison Vesey	L45	2 Altrincham & District AC	28:07	39	Lisa Davies	L35	11 West Cheshire AC	32:19
9	Claire Hawkes	L45	3 Wilmslow Running Club	28:17	40	Maggie McClelland	L45	11 Swinton Running Club	32:46
10	Jude Wall	L35	1 Mantriathlon	28:23	41	Cecilia Boodhoo	L45	12 Belle Vue Racers	33:05
11	Jackie Cordingley	L50	1 Sale Harriers Manchester	28:28	42	Tracy Livesey	L35	12 Manchester Harriers & Ac	33:13
12	Bev Ganose	L40	7 Altrincham & District AC	28:29	43	Ann McLaughlin	L45	13 Manchester Harriers & Ac	34:03
13	Jan Nichols	L35	2 Sale Harriers Manchester	28:30	44	Julie Lucas	L45	14 Wilmslow Running Club	34:12
14	Katy Green	L35	3 Wilmslow Running Club	28:40	45	Janet Booker	L50	4 Stockport Harriers & Ac	34:51
15	Sarah Aylmer	L45	4 Stockport Harriers & Ac	28:41	46	Sue Todd	L45	15 Manchester Ymca Harriers	35:04
16	Lauren Marsden	L35	4 Swinton Running Club	28:44	47	Sue Exon	L55	2 Trafford Athletic Club	35:14
17	Sally Hales	L45	5 Macclesfield Harriers & Ac	29:13	48	Michelle Wilder	L40	15 Mantriathlon	35:57
18	Kate Sutton	L45	6 Wilmslow Running Club	29:21	49	Susan Sheehan	L35	13 Belle Vue Racers	36:31
19	Carole Harrison	L40	8 Altrincham & District AC	29:28	50	Christine Barber	L55	3 Belle Vue Racers	36:45
20	Helen Garner	L35	5 Stockport Harriers & Ac	29:30	51	Julia Foy	L35	14 Belle Vue Racers	36:49
21	Jane Mellor	L40	9 Stockport Harriers & Ac	29:45	52	Maxine Grimshaw	L45	16 Belle Vue Racers	37:20
22	Barbara Murray	L50	2 Macclesfield Harriers & Ac	29:54	53	Anne Marrinan	L50	5 Stockport Harriers & Ac	38:05
23	Sonia Harris	L35	6 Mantriathlon	29:56	54	Janice Pugh	L50	6 Middleton Harriers Ac	38:29
24	Nell Moore	L45	7 Macclesfield Harriers & Ac	30:10	55	Mandy Webber	L40	16 Salford Metropolitan Ac	38:31
25	Eleanor Robinson	L35	7 West Cheshire AC	30:20	56	Maira Farrelly	L50	7 Salford Metropolitan Ac	38:32
26	Jayne Lawton	L35	8 Stockport Harriers & Ac	30:26	57	Nicky Mowat	L50	8 Wilmslow Running Club	39:07
27	Steph Goodchild	L40	10 Manchester Ymca Harriers	30:35	58	Naomi Grant	L35	15 Sale Harriers Manchester	39:08
28	Helen Walch	L40	11 Stockport Harriers & Ac	30:45	59	Jean Bayley	L45	17 Manchester Harriers & Ac	39:39
29	Miranda Clarke	L35	9 Manchester Ymca Harriers	31:02	60	Shelagh Ackers	L50	9 Middleton Harriers Ac	40:41
30	Marie Kay	L35	10 Stockport Harriers & Ac	31:07	61	Jean Skitt	L60	1 Manchester Harriers & Ac	42:31
31	Alexis Dinsmor	L55	1 Stockport Harriers & Ac	31:21	62	Clare Welch	L40	17 Mantriathlon	43:21

### Senior Women (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Stockport Harriers & Ac	24 — 4 Michaela Stepto	5 Estelle McGuire	15 Sarah Aylmer
2 Macclesfield Harriers & Ac	27 — 3 Alison Hartopp	7 Hanny Stockman	17 Sally Hales
3 Wilmslow Running Club	29 — 6 Sally Gilliver	9 Claire Hawkes	14 Katy Green
4 Altrincham & District AC	39 — 8 Alison Vesey	12 Bev Ganose	19 Carole Harrison
5 Sale Harriers Manchester	56 — 11 Jackie Cordingley	13 Jan Nichols	32 Lynda Rowlinson
6 Stockport Harriers & Ac 'B'	67 — 20 Helen Garner	21 Jane Mellor	26 Jayne Lawton
7 Mantriathlon	81 — 10 Jude Wall	23 Sonia Harris	48 Michelle Wilder
8 Wilmslow Running Club 'B'	89 — 18 Kate Sutton	33 Penny Hinke	38 Angela Maziere
9 Manchester Ymca Harriers	102 — 27 Steph Goodchild	29 Miranda Clarke	46 Sue Todd
10 Manchester Harriers & Ac	122 — 37 Deborah Beresford	42 Tracy Livesey	43 Ann McLaughlin
11 Belle Vue Racers	125 — 35 Annie Hirsch	41 Cecilia Boodhoo	49 Susan Sheehan
12 Belle Vue Racers 'B'	153 — 50 Christine Barber	51 Julia Foy	52 Maxine Grimshaw

# Manchester Area Cross Country League

## at Woodbank Park, Stockport on Sunday 4th January 2009

### Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Ruth Waller		Sale Harriers Manchester	24:24	50	MirandaClarke	L35 9	Manchester Ymca Harriers	31:02
2	Vicky McKinnon		Wilmslow Running Club	24:57	51	Marie Kay	L35 10	Stockport Harriers & Ac	31:07
3	Claire Stevinson		Wilmslow Running Club	25:42	52	Deborah Tout		Mantriathlon	31:19
4	GemmaConnolly		St Helens Sutton AC	25:59	53	Alexis Dinsmor	L55 1	Stockport Harriers & Ac	31:21
5	EmilyBeedham		Sale Harriers Manchester	26:17	54	Lynda Rowlinson	L45 8	Sale Harriers Manchester	31:25
6	Carley Davies		Stockport Harriers & Ac	26:23	55	IonaCummings		Macclesfield Harriers & Ac	31:27
7	StellaBoam	L40 1	E Cheshire H & Tameside Ac	26:44	56	Fiona Green		Manchester Harriers & Ac	31:28
8	Alison Drasdo	L40 2	Trafford Athletic Club	26:56	57	PennyHinke	L45 9	Wilmslow Running Club	31:29
9	Kristy Readman		Macclesfield Harriers & Ac	27:05	58	Maureen Wilkins	L40 12	Stockport Harriers & Ac	31:47
10	Alison Hartopp	L40 3	Macclesfield Harriers & Ac	27:20	59	Annie Hirsch	L50 3	Belle Vue Racers	31:57
11	Cara Kavanagh		Manchester Harriers & Ac	27:36	60	JennyClink		Sale Harriers Manchester	31:57
12	Michaela Stepto	L40 4	Stockport Harriers & Ac	27:37	61	JulieFairclough	L40 13	Stockport Harriers & Ac	32:08
13	Estelle McGuire	L40 5	Stockport Harriers & Ac	27:38	62	Deborah Beresford	L40 14	Manchester Harriers & Ac	32:09
14	Sally Gilliver	L45 1	Wilmslow Running Club	27:51	63	Angela Maziere	L45 10	Wilmslow Running Club	32:17
15	Sandra Lewis		Altrincham & District AC	27:53	64	Lisa Davies	L35 11	West Cheshire AC	32:19
16	Hanny Stockman	L40 6	Macclesfield Harriers & Ac	28:00	65	MaggieMcClelland	L45 11	Swinton Running Club	32:46
17	Alison Vesey	L45 2	Altrincham & District AC	28:07	66	\$Helen Raymond		Unattached	32:55
18	Claire Hawkes	L45 3	Wilmslow Running Club	28:17	67	Cecilia Boodhoo	L45 12	Belle Vue Racers	33:05
19	Jude Wall	L35 1	Mantriathlon	28:23	68	\$Ann Macdonald		Unattached	33:06
20	Jackie Cordingley	L50 1	Sale Harriers Manchester	28:28	69	Tracy Livesey	L35 12	Manchester Harriers & Ac	33:13
21	Bev Ganose	L40 7	Altrincham & District AC	28:29	70	\$Kate Graham		Unattached	33:18
22	Jan Nichols	L35 2	Sale Harriers Manchester	28:30	71	Lauren Davies		Sale Harriers Manchester	33:20
23	Katy Green	L35 3	Wilmslow Running Club	28:40	72	Ann McLaughlin	L45 13	Manchester Harriers & Ac	34:03
24	Sarah Aylmer	L45 4	Stockport Harriers & Ac	28:41	73	Julie Lucas	L45 14	Wilmslow Running Club	34:12
25	Lauren Marsden	L35 4	Swinton Running Club	28:44	74	Arlett Schmidt		Mantriathlon	34:21
26	Fiona Baird		Sale Harriers Manchester	28:59	75	Janet Booker	L50 4	Stockport Harriers & Ac	34:51
27	Jill Osgood		Belle Vue Racers	28:59	76	Sue Todd	L45 15	Manchester Ymca Harriers	35:04
28	RachelMalbom		Stockport Harriers & Ac	29:08	77	ElaineBlades		Middleton Harriers Ac	35:12
29	Alice Welch		Altrincham & District AC	29:09	78	Sue Exon	L55 2	Trafford Athletic Club	35:14
30	Sally Hales	L45 5	Macclesfield Harriers & Ac	29:13	79	Louisa Gilbert		Wilmslow Running Club	35:17
31	Kate Sutton	L45 6	Wilmslow Running Club	29:21	80	Michelle Wilder	L40 15	Mantriathlon	35:57
32	Carole Harrison	L40 8	Altrincham & District AC	29:28	81	Joanne Sullivan		Middleton Harriers Ac	36:08
33	Melissa Davis		Trafford Athletic Club	29:29	82	Susan Sheehan	L35 13	Belle Vue Racers	36:31
34	Helen Garner	L35 5	Stockport Harriers & Ac	29:30	83	Christine Barber	L55 3	Belle Vue Racers	36:45
35	JaneMellor	L40 9	Stockport Harriers & Ac	29:45	84	Julia Foy	L35 14	Belle Vue Racers	36:49
36	Vicky Cordingley		Sale Harriers Manchester	29:52	85	Maxine Grimshaw	L45 16	Belle Vue Racers	37:20
37	Barbara Murray	L50 2	Macclesfield Harriers & Ac	29:54	86	Anne Marrinan	L50 5	Stockport Harriers & Ac	38:05
38	Vicky Smith		Belle Vue Racers	29:55	87	Claire Irons		Warrington Athletic Club	38:10
39	Sonia Harris	L35 6	Mantriathlon	29:56	88	Janice Pugh	L50 6	Middleton Harriers Ac	38:29
40	Catherine Voyce		Macclesfield Harriers & Ac	29:57	89	Mandy Webber	L40 16	Salford Metropolitan Ac	38:31
41	Nell Moore	L45 7	Macclesfield Harriers & Ac	30:10	90	Moir Farrelly	L50 7	Salford Metropolitan Ac	38:32
42	EleanorRobinson	L35 3	West Cheshire AC	30:20	91	Nicky Mowat	L50 8	Wilmslow Running Club	39:07
43	Jayne Lawton	L35 8	Stockport Harriers & Ac	30:26	92	\$Emma Mowat		Unattached	39:07
44	Alison Pye		Sale Harriers Manchester	30:30	93	NaomiGrant	L35 15	Sale Harriers Manchester	39:08
45	Steph Goodchild	L40 10	Manchester Ymca Harriers	30:35	94	Jean Bayley	L45 17	Manchester Harriers & Ac	39:39
46	Joanne Street		Sale Harriers Manchester	30:40	95	Shelagh Ackers	L50 9	Middleton Harriers Ac	40:41
47	Catherine Jones		Sale Harriers Manchester	30:44	96	Jean Skitt	L60 1	Manchester Harriers & Ac	42:31
48	Helen Walch	L40 11	Stockport Harriers & Ac	30:45	97	Clare Welch	L40 17	Mantriathlon	43:21
49	Karen McCrackle		Stockport Harriers & Ac	30:50					

### Senior Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Wilmslow Running Club	37	—	2	Vicky McKinnon	3	Claire Stevinson	14	Sally Gilliver	18	Claire Hawkes
2	Sale Harriers Manchester	48	—	1	Ruth Waller	5	EmilyBeedham	20	Jackie Cordingley	22	Jan Nichols
3	Stockport Harriers & Ac	55	—	6	Carley Davies	12	Michaela Stepto	13	Estelle McGuire	24	Sarah Aylmer
4	Macclesfield Harriers & Ac	65	—	9	Kristy Readman	10	Alison Hartopp	16	Hanny Stockman	30	Sally Hales
5	Altrincham & District AC	82	—	15	Sandra Lewis	17	Alison Vesey	21	Bev Ganose	29	Alice Welch
6	Stockport Harriers & Ac 'B'	140	—	28	RachelMalbom	34	Helen Garner	35	JaneMellor	43	Jayne Lawton
7	Sale Harriers Manchester 'B'	152	—	26	Fiona Baird	36	Vicky Cordingley	44	Alison Pye	46	Joanne Street
8	Macclesfield Harriers & Ac 'B'	173	—	37	Barbara Murray	40	Catherine Voyce	41	Nell Moore	55	IonaCummings
9	Wilmslow Running Club 'B'	174	—	23	Katy Green	31	Kate Sutton	57	PennyHinke	63	Angela Maziere
10	Mantriathlon	181	—	19	Jude Wall	39	Sonia Harris	52	Deborah Tout	71	Arlett Schmidt
11	Belle Vue Racers	190	—	27	Jill Osgood	38	Vicky Smith	59	Annie Hirsch	66	Cecilia Boodhoo
12	Manchester Harriers & Ac	196	—	11	Cara Kavanagh	56	Fiona Green	62	Deborah Beresford	67	Tracy Livesey
13	Belle Vue Racers 'B'	322	—	79	Susan Sheehan	80	Christine Barber	81	Julia Foy	82	Maxine Grimshaw
14	Middleton Harriers Ac	328	—	74	ElaineBlades	78	Joanne Sullivan	85	Janice Pugh	91	Shelagh Ackers