

Manchester Area Cross Country League

at Sherdley Park, St Helens on Sunday 15th November 2009

Under11 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	375	Lucy Donaghy	Stockport H&ac	9:20	26	337	Jenny Pyatt	Halton & Frodsham H	11:23
2	910	\$Bethany Foster	Wirral AC	9:24	27	333	Charlie Harding	Halton & Frodsham H	11:29
3	330	Georgia Astonmassey	Halton & Frodsham H	9:59	28	376	Juliet Downs	Stockport H&ac	11:35
4	908	\$Molly Thompson	Wirral AC	10:03	29	393	Amy Moran	Warrington AC	11:36
5	382	Katy Whiteoak	Stockport H&ac	10:07	30	334	Charlotte King	Halton & Frodsham H	11:48
6	377	Grace Garner	Stockport H&ac	10:10	31	859	Alex Bottomley	St Helens Sutton	11:57
7	896	Ellie Twite	Sale H Manchester	10:18	32	390	Claudia Hall	Warrington AC	12:02
8	916	Francesca Brint	Sale H Manchester	10:21	33	386	Annie Williams	Trafford AC	12:05
9	385	Ciara Lydon	Trafford AC	10:29	34	332	Alex Harding	Halton & Frodsham H	12:11
10	361	Zara Thompson	Manchester H&ac	10:31	35	366	Jade Drinkwater	Moston & District H	12:16
11	368	Kielle Thompson	Moston & District H	10:33	36	380	Rebecca Paolo	Stockport H&ac	12:18
12	936	Danielle Stringer	Manchester H&ac	10:35	37	348	Abigail Cook	Macclesfield H&ac	12:22
13	372	Francesca Carosi	Stockport H&ac	10:37	38	886	Adele Tate	St Helens Sutton	12:24
14	379	Emily Hughes	Stockport H&ac	10:39	39	864	Hannah Seabrook	St Helens Sutton	12:25
15	384	Gabrielle Kelly	Trafford AC	10:43	40	357	Jessica Morrissey	Manchester H&ac	12:33
16	928	Emma Wright	Salford Met AC	10:45	41	937	Heather Corden	Stockport H&ac	12:35
17	381	Gemma Scoble	Stockport H&ac	10:49	42	929	\$Alfi Farrell	Moston & District H	12:50
18	329	Alannah Newell	E Cheshire H&tameside AC	10:53	43	863	Abbie Roberts	St Helens Sutton	13:13
19	378	Jasmine Hannon	Stockport H&ac	11:01	44	362	Olivia Welch	Manchester H&ac	13:13
20	925	Lydia Lewis	Sale H Manchester	11:03	45	895	Nadine Eunous	Sale H Manchester	13:16
21	354	Sarah Stockman	Macclesfield H&ac	11:07	46	358	Zoe Morrissey	Manchester H&ac	13:41
22	930	Lilly Muir	Stockport H&ac	11:09	47	880	Kelsey Grady	Halton & Frodsham H	13:42
23	387	Abbie Dickenson	Warrington AC	11:21	48	926	\$Chloe Orrick	St Helens Sutton	13:55
24	933	Ciara O'Neill	Sale H Manchester	11:22	49	391	Susanna Hall	Warrington AC	14:30
25	388	Lauren Ferris	Warrington AC	11:22	50	924	Megan Slater	Trafford AC	14:42

Under11 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H&ac	8	—	1	Lucy Donaghy	3	Katy Whiteoak	4	Grace Garner
2	Sale H Manchester	29	—	5	Ellie Twite	6	Francesca Brint	18	Lydia Lewis
3	Stockport H&ac	38	—	11	Francesca Carosi	12	Emily Hughes	15	Gemma Scoble
4	Halton & Frodsham H	51	—	2	Georgia Astonmassey	24	Jenny Pyatt	25	Charlie Harding
5	Trafford AC	51	—	7	Ciara Lydon	13	Gabrielle Kelly	31	Annie Williams
6	Manchester H&ac	56	—	8	Zara Thompson	10	Danielle Stringer	38	Jessica Morrissey
7	Warrington AC	71	—	21	Abbie Dickenson	23	Lauren Ferris	27	Amy Moran
8	St Helens Sutton	102	—	29	Alex Bottomley	36	Adele Tate	37	Hannah Seabrook
9	Halton & Frodsham H	104	—	28	Charlotte King	32	Alex Harding	44	Kelsey Grady

Race 2 - Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	311	Michael Quinn	Sale H Manchester	9:04	18	857	Joseph Walker	St Helens Sutton	10:19
2	322	Kiro Smithmanharding	Warrington AC	9:06	19	285	Callum Ahern	Macclesfield H&ac	10:33
3	314	Jake Spilsbury	Sale H Manchester	9:24	20	902	Sam Richardson	Warrington AC	10:33
4	858	Adam Woosey	St Helens Sutton	9:31	21	296	Ben Skertchley	Manchester H&ac	10:38
5	323	Cory Smithmanharding	Warrington AC	9:36	22	309	Joe Hammond	Sale H Manchester	10:40
6	320	Ryan Dugdale	Warrington AC	9:37	23	303	Dillon Birchill	Sale H Manchester	10:44
7	919	Colin Daly	Trafford AC	9:38	24	920	Nicholas Criddle	Trafford AC	11:03
8	305	Charlie Brett	Sale H Manchester	9:46	25	299	Jovonni Stevens	Moston & District H	11:06
9	271	Chris Larkin	Halton & Frodsham H	9:47	26	300	Remell Walker	Moston & District H	11:09
10	267	Oliver Stevenson	Altrincham&district AC	9:52	27	927	Anthony Walker	St Helens Sutton	11:13
11	298	Dillon Cooper	Moston & District H	9:54	28	287	Christopher Baldwin	Macclesfield H&ac	11:19
12	313	Adam Spilsbury	Sale H Manchester	9:55	29	918	Jack Daly	Sale H Manchester	11:21
13	310	Adam Kinghorn	Sale H Manchester	9:57	30	938	Cameron Ward	Sale H Manchester	11:29
14	286	Callum Bailey	Macclesfield H&ac	10:07	31	921	James Frazer	Trafford AC	11:52
15	301	Saeed Absiyeh	Sale H Manchester	10:10	32	289	Ben Gayne	Macclesfield H&ac	12:24
16	297	Kyle Anderson	Moston & District H	10:13	33	294	Joseph Goode	Manchester H&ac	13:41
17	932	Ethan Hartshorne	E Cheshire H&tameside AC	10:17					

Race 2 - Under 11 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	12	—	1	Michael Quinn	3	Jake Spilsbury	8	Charlie Brett
2	Warrington AC	13	—	2	Kiro Smithmanharding	5	Cory Smithmanharding	6	Ryan Dugdale
3	Sale H Manchester	40	—	12	Adam Spilsbury	13	Adam Kinghorn	15	Saeed Absiyeh
4	St Helens Sutton	49	—	4	Adam Woosey	18	Joseph Walker	27	Anthony Walker
5	Moston & District H	52	—	11	Dillon Cooper	16	Kyle Anderson	25	Jovonni Stevens
6	Macclesfield H&ac	61	—	14	Callum Bailey	19	Callum Ahern	28	Christopher Baldwin
7	Trafford AC	62	—	7	Colin Daly	24	Nicholas Criddle	31	James Frazer

Manchester Area Cross Country League

at Sherdley Park, St Helens on Sunday 15th November 2009

Race 2 - Under 13 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/PosClub	Time					
1	829	Beth Donnelly	E Cheshire H&tameside AC	9:08	26	511	Eleanor Canham	Sale H Manchester	10:37
2	809	Holly Barnes	Salford Met AC	9:18	27	893	Maria McGoldrick	St Helens Sutton	10:39
3	783	Megan Ashelby	E Cheshire H&tameside AC	9:25	28	816	Niamh Hartshorne	E Cheshire H&tameside AC	10:41
4	900	Elizabeth Smith	Warrington AC	9:28	29	540	Beth Goddard	Trafford AC	10:42
5	527	Charlotte Simms	Salford Met AC	9:34	30	777	Rachel Woosey	St Helens Sutton	10:43
6	515	Rachel Hibberd	Sale H Manchester	9:41	31	513	Aoife Gilchrist	Sale H Manchester	10:45
7	522	Connie Vickers	Sale H Manchester	9:48	32	542	Rachel McManus	Trafford AC	10:46
8	917	Lucy Whittaker	Salford Met AC	9:50	33	911	Harriet McKie	Sale H Manchester	10:47
9	808	Megan Lowe	Salford Met AC	9:51	34	810	Hattie Yates	Sale H Manchester	10:55
10	514	Julia Hassall	Sale H Manchester	9:58	35	508	Ashleigh Davis	Moston & District H	10:58
11	781	Danielle Web	St Helens Sutton	10:00	36	915	Zara Brunins	Sale H Manchester	11:00
12	776	Roisin Clegg	E Cheshire H&tameside AC	10:03	37	510	Sophie Hill	Moston & District H	11:07
13	526	Robyn Saunders	Salford Met AC	10:09	38	906	\$Aileen Kearney	Wirral AC	11:08
14	892	Rachel McGoldrick	St Helens Sutton	10:13	39	782	Sally Ashton	St Helens Sutton	11:14
15	521	Lucy Vernon	Sale H Manchester	10:19	40	827	Elsie Clare	Sale H Manchester	11:15
16	778	Lucy Griffiths	St Helens Sutton	10:21	41	481	Kiera Grady	Halton & Frodsham H	11:17
17	475	Jemma Eyre	Altrincham&district AC	10:23	42	495	Naomi Kershaw	Macclesfield H&ac	11:36
18	532	Ellen Downs	Stockport H&ac	10:26	43	500	Jess Simms	Macclesfield H&ac	11:44
19	538	Sophie Williams	Stockport H&ac	10:28	44	507	Caitlin Whitehead	Manchester H&ac	11:46
20	535	Alice Hughes	Stockport H&ac	10:29	45	883	Sian Ellis	Halton & Frodsham H	11:57
21	923	Nikita Stirrup	Salford Met AC	10:31	46	523	Abigail Casson	Salford Met AC	12:00
22	512	Megan Daly	Sale H Manchester	10:32	47	539	Tameika Cuff	Trafford AC	12:07
23	913	Catherine Podmore	Sale H Manchester	10:33	48	1034	\$Chloe Jones	Blackley & N Manchester	12:30
24	536	Leah O'Connell	Stockport H&ac	10:33	49	528	Lilli Smyth	Salford Met AC	12:39
25	502	Molly Bogin	Manchester H&ac	10:36	50	1039	\$Natrika Wildman	Pendle AC	12:40
					51	817	Sophie Rice	Warrington AC	13:09
					52	780	Lauren Wilcock	St Helens Sutton	13:25

Race 2 - Under 13 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Salford Met AC	15 — 2 Holly Barnes	5 Charlotte Simms	8 Lucy Whittaker
2 E Cheshire H&tameside AC	16 — 1 Beth Donnelly	3 Megan Ashelby	12 Roisin Clegg
3 Sale H Manchester	23 — 6 Rachel Hibberd	7 Connie Vickers	10 Julia Hassall
4 St Helens Sutton	41 — 11 Danielle Web	14 Rachel McGoldrick	16 Lucy Griffiths
5 Salford Met AC 'B'	43 — 9 Megan Lowe	13 Robyn Saunders	21 Nikita Stirrup
6 Stockport H&ac	57 — 18 Ellen Downs	19 Sophie Williams	20 Alice Hughes
7 Sale H Manchester 'B'	60 — 15 Lucy Vernon	22 Megan Daly	23 Catherine Podmore
8 St Helens Sutton 'B'	95 — 27 Maria McGoldrick	30 Rachel Woosey	38 Sally Ashton
9 Trafford AC	107 — 29 Beth Goddard	32 Rachel McManus	46 Tameika Cuff

Race 3 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	1033	\$Jake Whalley	Blackpool Wyre & Fylde	12:02	19	818	Robert Dykes	Warrington AC	14:16
2	449	Christy O'Brien	Sale H Manchester	12:47	20	787	Daniel Elston	St Helens Sutton	14:20
3	458	Daniel Lawton	Stockport H&ac	12:58	21	398	Harry Ridgard	E Cheshire H&tameside AC	14:21
4	438	Lorenzo Thompson	Moston & District H	13:03	22	454	Ethan Wilson	Salford Met AC	14:26
5	1032	\$Nathan Townsend	Horwich Rmi Harriers	13:09	23	461	Jay Wood	Stockport H&ac	14:27
6	470	Matt Wigelsworth	Warrington AC	13:13	24	451	Jack Sedman	Sale H Manchester	14:35
7	431	Donnacha Maguire	Manchester H&ac	13:17	25	439	Jordan Bezzina	Sale H Manchester	14:37
8	469	Leighton Sharman	Warrington AC	13:26	26	839	Alex Minshull	Stockport H&ac	14:43
9	455	Ryan Babcock	Stockport H&ac	13:29	27	394	Joe Duffill	Altrincham&district AC	14:50
10	434	Thomas Taylor	Manchester H&ac	13:32	28	833	Ciaran Conway	Trafford AC	14:54
11	935	Matthew Graham	Manchester H&ac	13:35	29	442	Josh Daly	Sale H Manchester	14:55
12	468	Jack Richardson	Warrington AC	13:40	30	425	Sam Stockman	Macclesfield H&ac	15:09
13	423	Aaron Shaughnessy	Macclesfield H&ac	13:44	31	786	Owen Kennedy	St Helens Sutton	15:18
14	1037	\$Dominic Howarth	Leigh Harriers	13:47	32	939	John Dempsey	Wilmslow RC	15:24
15	457	William Garner	Stockport H&ac	13:49	33	452	Cameron Willcock	Sale H Manchester	16:20
16	443	Euan Gilchrist	Sale H Manchester	13:54	34	427	Edward Thompson	Macclesfield H&ac	17:25
17	467	Daniel Richardson	Warrington AC	14:00	35	788	Paul Tait	St Helens Sutton	22:20
18	437	Lewis James	Moston & District H	14:08					

Race 3 - Under 13 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Warrington AC	20 — 4 Matt Wigelsworth	6 Leighton Sharman	10 Jack Richardson
2 Stockport H&ac	21 — 2 Daniel Lawton	7 Ryan Babcock	12 William Garner
3 Manchester H&ac	22 — 5 Donnacha Maguire	8 Thomas Taylor	9 Matthew Graham
4 Sale H Manchester	35 — 1 Christy O'Brien	13 Euan Gilchrist	21 Jack Sedman
5 Macclesfield H&ac	69 — 11 Aaron Shaughnessy	27 Sam Stockman	31 Edward Thompson
6 St Helens Sutton	77 — 17 Daniel Elston	28 Owen Kennedy	32 Paul Tait
7 Sale H Manchester 'B'	78 — 22 Jordan Bezzina	26 Josh Daly	30 Cameron Willcock

Manchester Area Cross Country League at Sherdley Park, St Helens on Sunday 15th November 2009

Race 3 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	628	Danielle Wallis	Macclesfield H&ac	13:06
2	664	Olivia Wild	Stockport H&ac	13:10
3	660	Imogen Nutter	Stockport H&ac	13:38
4	874	Hannah Bishop	Vale Royal AC	14:15
5	668	Sophia Bates	Warrington AC	14:19
6	659	Carla Edwards	Stockport H&ac	14:25
7	667	Nicola Scott	Trafford AC	14:29
8	905	\$Emily Kearney	Wirral AC	14:38
9	641	Misha Nayakoliver	Sale H Manchester	14:42
10	791	Chelsea Jarvis	St Helens Sutton	14:44
11	663	Sarah Tipping	Stockport H&ac	14:45
12	655	Aimee Aikin	Stockport H&ac	14:57
13	618	Emma Pyatt	Halton & Frodsham H	15:01
14	650	Lucy Matthews	Salford Met AC	15:04
15	661	Emma O'Connell	Stockport H&ac	15:11
16	646	Chloe Yates	Sale H Manchester	15:11
17	637	Danielle Dignan	Sale H Manchester	15:11

Race 3 - Under 15 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Stockport H&ac	11 — 2 Olivia Wild	3 Imogen Nutter	6 Carla Edwards
2 Stockport H&ac 'B'	35 — 10 Sarah Tipping	11 Aimee Aikin	14 Emma O'Connell
3 Sale H Manchester	39 — 8 Misha Nayakoliver	15 Chloe Yates	16 Danielle Dignan
4 St Helens Sutton	50 — 9 Chelsea Jarvis	19 Vicky Lamb	22 Rachel Wilcock
5 Sale H Manchester 'B'	64 — 17 Nancy Clare	23 Clare Dignan	24 Emilie Rosevere

Race 4 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	795	Matt Shirling	St Helens Sutton	16:33
2	555	Leon Gregory	E Cheshire H&tameside AC	16:47
3	599	Richard Powell	Trafford AC	17:17
4	587	Kyle Conway	Sale H Manchester	17:30
5	1036	\$Adam Howarth	Leigh Harriers	17:46
6	582	Alex Birchill	Sale H Manchester	17:55
7	581	Dillon Bezzina	Sale H Manchester	17:57
8	569	Ryan Wallis	Macclesfield H&ac	17:59
9	612	Chris Smith	Warrington AC	18:14
10	828	Jack Donnelly	E Cheshire H&tameside AC	18:17
11	600	Robert Powell	Trafford AC	18:29
12	579	Mathew Metcalf	Moston & District H	18:39
13	603	Henry Buttress	Warrington AC	18:44

Race 4 - Under 15 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	15 — 4 Kyle Conway	5 Alex Birchill	6 Dillon Bezzina
2 E Cheshire H&tameside AC	26 — 2 Leon Gregory	9 Jack Donnelly	15 Alex Allen
3 Macclesfield H&ac	41 — 7 Ryan Wallis	16 Will Gayne	18 Jacob Anderson
4 Warrington AC	43 — 8 Chris Smith	12 Henry Buttress	23 Michael Hawgood
5 St Helens Sutton	44 — 1 Matt Shirling	21 Chris Garrity	22 Alex Bleakley

Race 4 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	811	Lucy Smith	Altrincham&district AC	19:08
2	761	Sarah Barker	Trafford AC	19:36
3	804	Beth Chasty	Macclesfield H&ac	20:10
4	941	Sally Ratcliffe	E Cheshire H&tameside AC	20:29
5	747	\$Helena Flippance	Sale H Manchester	21:04
6	768	Elizabeth Heaven	Warrington AC	21:15
7	756	Bethany Saunders	Salford Met AC	21:23

Race 4 - Under 17 Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Trafford AC	25 — 2 Sarah Barker	10 Robyn D'arcy	13 Natasha Dunn
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Manchester Area Cross Country League at Sherdley Park, St Helens on Sunday 15th November 2009

Race 5 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	701	Charlie Hulson	Sale H Manchester	23:27	12	704	Callum Rowlinson	Sale H Manchester	26:13
2	797	John Ashcroft	St Helens Sutton	23:28	13	684	Joseph Hudak	E Cheshire H&tameside AC	26:17
3	714	Jack Nixon	Stockport H&ac	24:07	14	700	Matt Holmes	Sale H Manchester	26:34
4	845	Liam Renton	Warrington AC	24:26	15	706	Glyn Windebank	Sale H Manchester	26:35
5	1041	\$Adam Bateson	Lancaster & Morecambe	24:53	16	685	James Grannan	Handforth Wa	26:37
6	678	Ryan Ganose	Altrincham&district AC	25:05	17	899	Lewis Sanders	Stockport H&ac	27:10
7	689	Lloyd Hilton	Macclesfield H&ac	25:21	18	719	Paul Beesley	Warrington AC	27:18
8	799	Jamie White	St Helens Sutton	25:30	19	731	Shaun Richardson	Warrington AC	28:40
9	702	Josh Oguntayo	Sale H Manchester	25:35	20	695	David Murray	Moston & District H	29:51
10	690	Calum Murray	Macclesfield H&ac	26:03	21	680	Stewart Nichol	Altrincham&district AC	30:25
11	798	Dave Griffiths	St Helens Sutton	26:08	22	693	Robert Hill	Moston & District H	30:27

Race 5 - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 St Helens Sutton	19 — 2 John Ashcroft	7 Jamie White	10 Dave Griffiths
2 Sale H Manchester	20 — 1 Charlie Hulson	8 Josh Oguntayo	11 Callum Rowlinson
3 Warrington AC	39 — 4 Liam Renton	17 Paul Beesley	18 Shaun Richardson

Senior Women (Vets) — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos Club	Time					
1	40	Alison Hartopp	L40 1 Macclesfield H&ac	28:32	37	853	Shirley Pennells	L3511 Middleton H AC	34:00
2	848	Sarah Aylmer	L45 1 Stockport H&ac	28:50	38	869	Pauline Davies	L55 2 Vale Royal AC	34:21
3	235	Anna Verges	L35 1 Trafford AC	28:54	39	178	Mandy Webber	L40 8 Salford Met AC	34:27
4	196	Helen Walch	L45 2 Stockport H&ac	29:01	40	223	Sue Exon	L55 3 Trafford AC	34:56
5	249	Katy Green	L35 2 Wilmslow RC	29:30	41	820	Cheryl Orrick	L3512 St Helens Sutton	35:34
6	265	Kate Sutton	L45 3 Wilmslow RC	29:40	42	824	Pam Appleton	L55 4 St Helens Sutton	35:52
7	51	Hanny Stockman	L45 4 Macclesfield H&ac	29:47	43	53	Alyson Adams	L40 9 Manchester H&ac	36:14
8	5	Katherine Harvey	L50 1 Altrincham&district AC	29:57	44	819	Chris Dempsey	L4513 St Helens Sutton	36:24
9	850	Anne Pugh	L55 1 Altrincham&district AC	30:17	45	826	Linsey Wilson	L3513 St Helens Sutton	36:28
10	99	Jude Wall	L35 3 Manchester Triathlon	30:38	46	189	Marie Kay	L3514 Stockport H&ac	36:43
11	208	Lauren Marsden	L35 4 Swinton RC	30:48	47	842	Andrea Minshull	L4514 Stockport H&ac	37:02
12	37	Andrea Frost	L40 2 Macclesfield H&ac	30:56	48	197	Hilary West	L50 7 Stockport H&ac	37:10
13	228	Joan Howe	L50 2 Trafford AC	31:01	49	101	Michelle Wilder	L4010 Manchester Triathlon	37:11
14	258	Nicky Mowat	L50 3 Wilmslow RC	31:10	50	849	Janet Leigh	L4011 Stockport H&ac	37:16
15	252	Sue Hool	L35 5 Wilmslow RC	31:18	51	855	Christine Comerford	L50 8 Middleton H AC	37:41
16	38	Hales Sally Ann	L45 5 Macclesfield H&ac	31:21	52	116	Christine Eckersley	L60 1 Middleton H AC	37:45
17	846	Louise Hogg	L35 6 St Helens Sutton	31:29	53	182	Janet Booker	L55 5 Stockport H&ac	37:57
18	185	Helen Garner	L35 7 Stockport H&ac	31:41	54	46	Pauline Lynch	L60 2 Macclesfield H&ac	38:08
19	250	Claire Hawkes	L45 6 Wilmslow RC	31:46	55	206	Dawn Green	L50 9 Swinton RC	38:16
20	107	Steph Goodchild	L40 3 Manchester Ymca H	32:00	56	16	Julia Foy	L3515 Belle Vue Racers	38:29
21	226	Lucy Hickey	L45 7 Trafford AC	32:13	57	891	Patricia Quirke	L3516 Manchester Triathlon	38:42
22	192	Jayne Lawton	L40 4 Stockport H&ac	32:15	58	13	Christine Barber	L55 6 Belle Vue Racers	39:54
23	890	Karen Jarvis	L45 8 ABC Runners	32:23	59	65	Kathryn Holmes	L4515 Manchester H&ac	40:11
24	230	Siobhan Lydon	L35 8 Trafford AC	32:46	60	17	Maxine Grimshaw	L4516 Belle Vue Racers	41:38
25	89	Sonia Harris	L35 9 Manchester Triathlon	33:01	61	207	Carol Hart	L4517 Swinton RC	41:47
26	251	Penny Hinke	L50 4 Wilmslow RC	33:03	62	55	Jean Bayley	L5010 Manchester H&ac	43:40
27	87	Claire Deane	L40 5 Manchester Triathlon	33:10	63	823	Pauline Picton	L55 7 St Helens Sutton	44:43
28	944	Marite Moore	L50 5 Stockport H&ac	33:21	64	22	Marie Lavin	L4518 Belle Vue Racers	44:59
29	888	Christine Dickinson	L45 9 ABC Runners	33:22	65	75	[65] Jean Skitt	L65 1 Manchester H&ac	45:34
30	14	Cecilia Boodhoo	L4510 Belle Vue Racers	33:25	66	127	Sue Taylor	L5011 Middleton H AC	46:16
31	48	Barbara Murray	L50 6 Macclesfield H&ac	33:27	67	100	Clare Welch	L4012 Manchester Triathlon	47:20
32	104	Miranda Clarke	L3510 Manchester Ymca H	33:29	68	63	Mavis Gregory	L60 3 Manchester H&ac	48:09
33	205	Sarah Green	L40 6 Swinton RC	33:43	69	123	Alyson Lamb	L5012 Middleton H AC	48:24
34	847	Gillian Doolan	L40 7 Stockport H&ac	33:45	70	772	Rosemary Lane	L4519 Manchester Triathlon	54:42
35	199	Maureen Wilkins	L4511 Stockport H&ac	33:46	71	868	Savage Fiona	L4013 Manchester Triathlon	54:42
36	945	Jackie Worrall	L4512 Stockport H&ac	33:49					

Senior Women (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Macclesfield H&ac	20 — 1 Alison Hartopp	7 Hanny Stockman	12 Andrea Frost
2 Stockport H&ac	24 — 2 Sarah Aylmer	4 Helen Walch	18 Helen Garner
3 Wilmslow RC	25 — 5 Katy Green	6 Kate Sutton	14 Nicky Mowat
4 Trafford AC	37 — 3 Anna Verges	13 Joan Howe	21 Lucy Hickey
5 Wilmslow RC	'B' 30 — 15 Sue Hool	19 Claire Hawkes	26 Penny Hinke
6 Manchester Triathlon	62 — 10 Jude Wall	25 Sonia Harris	27 Claire Deane
7 Stockport H&ac	'B' 84 — 22 Jayne Lawton	28 Marite Moore	34 Gillian Doolan
8 Swinton RC	99 — 11 Lauren Marsden	33 Sarah Green	55 Dawn Green
9 St Helens Sutton	100 — 17 Louise Hogg	41 Cheryl Orrick	42 Pam Appleton
10 Macclesfield H&ac	'B' 101 — 16 Hales Sally Ann	31 Barbara Murray	54 Pauline Lynch
11 Middleton H AC	140 — 37 Shirley Pennells	51 Christine Comerford	52 Christine Eckersley
12 Belle Vue Racers	144 — 30 Cecilia Boodhoo	56 Julia Foy	58 Christine Barber
13 St Helens Sutton	'B' 152 — 44 Chris Dempsey	45 Linsey Wilson	63 Pauline Picton
14 Manchester H&ac	164 — 43 Alyson Adams	59 Kathryn Holmes	62 Jean Bayley
15 Manchester Triathlon	'B' 173 — 49 Michelle Wilder	57 Patricia Quirke	67 Clare Welch

Senior Women - U20 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos Club	Time
1	1042	\$Hannah Bateson	Lancaster & Morecambe	26:09

No complete teams

Manchester Area Cross Country League

at Sherdley Park, St Helens on Sunday 15th November 2009

Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos/Club	Time					
1	224	Jackie Fairchild	Trafford AC	25:38	62	154	Alison Pye	Sale H Manchester	33:13
2	1042	\$Hannah Bateson	U20 1 Lancaster & Morecambe	26:09	63	93	Sarah Kenny	Manchester Triathlon	33:20
3	158	Donna Riding	Sale H Manchester	26:15	64	944	Marite Moore	L50 5 Stockport H&ac	33:21
4	39	Sarah Harris	Macclesfield H&ac	26:58	65	888	Christine Dickinson	L45 9 ABC Runners	33:22
5	168	Samantha Briggs	Salford H&ac	27:00	66	14	Cecilia Boodhoo	L4510 Belle Vue Racers	33:25
6	822	Gemma Connolly	St Helens Sutton	27:16	67	48	Barbara Murray	L50 6 Macclesfield H&ac	33:27
7	131	Emily Beedham	Sale H Manchester	27:25	68	104	Miranda Clarke	L3510 Manchester Ymca H	33:29
8	1043	\$Emily Brown	Cardiff Aac	27:35	69	205	Sarah Green	L40 6 Swinton RC	33:43
9	183	Carley Davies	Stockport H&ac	28:01	70	847	Gillian Doolan	L40 7 Stockport H&ac	33:45
10	947	Jackie Slack	Manchester Triathlon	28:17	71	199	Maureen Wilkins	L4511 Stockport H&ac	33:46
11	946	Louise Rudd	Wilmslow RC	28:29	72	945	Jackie Worrall	L4512 Stockport H&ac	33:49
12	40	Alison Hartopp	L40 1 Macclesfield H&ac	28:32	73	263	Stef Sperring	Wilmslow RC	33:56
13	109	Hayley Kuter	Manchester Ymca H	28:36	74	853	Shirley Pennells	L3511 Middleton HAC	34:00
14	50	Kristy Readman	Macclesfield H&ac	28:39	75	21	Kath Horwill	Belle Vue Racers	34:17
15	848	Sarah Aylmer	L45 1 Stockport H&ac	28:50	76	869	Pauline Davies	L55 2 Vale Royal AC	34:21
16	9	Vanessa Mulholland	Altrincham&district AC	28:53	77	178	Mandy Webber	L40 8 Salford Met AC	34:27
17	235	Anna Verges	L35 1 Trafford AC	28:54	78	943	Jennifer Hopes	Stockport H&ac	34:34
18	96	\$Sarah Rhodes	Manchester Triathlon	28:57	79	62	Fiona Green	Manchester H&ac	34:35
19	196	Helen Walch	L45 2 Stockport H&ac	29:01	80	149	Catherine Jones	Sale H Manchester	34:42
20	188	Ruth Jenyon	Stockport H&ac	29:06	81	223	Sue Exon	L55 3 Trafford AC	34:56
21	233	Victoria O'Donnell	Trafford AC	29:08	82	820	Cheryl Orrick	L3512 St Helens Sutton	35:34
22	249	Katy Green	L35 2 Wilmslow RC	29:30	83	824	Pam Appleton	L55 4 St Helens Sutton	35:52
23	8	Sandra Lewis	Altrincham&district AC	29:34	84	114	Elaine Blades	Middleton HAC	36:03
24	155	Fiona Randles	Sale H Manchester	29:39	85	53	Alyson Adams	L40 9 Manchester H&ac	36:14
25	265	Kate Sutton	L45 3 Wilmslow RC	29:40	86	819	Chris Dempsey	L4513 St Helens Sutton	36:24
26	51	Hanny Stockman	L45 4 Macclesfield H&ac	29:47	87	826	Linsey Wilson	L3513 St Helens Sutton	36:28
27	150	Cara Kavanagh	Sale H Manchester	29:51	88	212	Rebecca Mills	Swinton RC	36:32
28	31	Ginny Harding	Halton & Frodsham H	29:55	89	189	Marie Kay	L3514 Stockport H&ac	36:43
29	5	Katherine Harvey	L50 1 Altrincham&district AC	29:57	90	842	Andrea Minshull	L4514 Stockport H&ac	37:02
30	217	Liz Austen	Trafford AC	30:00	91	197	Hilary West	L50 7 Stockport H&ac	37:10
31	187	Kaisleigh Greenham	Stockport H&ac	30:07	92	101	Michelle Wilder	L4010 Manchester Triathlon	37:11
32	151	Morag Macniven	Sale H Manchester	30:10	93	849	Janet Leigh	L4011 Stockport H&ac	37:16
33	135	Lateefa Burton	Sale H Manchester	30:16	94	245	Nina Birch	Wilmslow RC	37:20
34	850	Anne Pugh	L55 1 Altrincham&district AC	30:17	95	157	Katie Reece	Sale H Manchester	37:31
35	186	Laura Greenham	Stockport H&ac	30:32	96	948	Syreeta Spence	Trafford AC	37:35
36	99	Jude Wall	L35 3 Manchester Triathlon	30:38	97	855	Christine Comerford	L50 8 Middleton HAC	37:41
37	208	Lauren Marsden	L35 4 Swinton RC	30:48	98	116	Christine Eckersley	L60 1 Middleton HAC	37:45
38	37	Andrea Frost	L40 2 Macclesfield H&ac	30:56	99	182	Janet Booker	L55 5 Stockport H&ac	37:57
39	132	Rose Blackburn	Sale H Manchester	30:58	100	46	Pauline Lynch	L60 2 Macclesfield H&ac	38:08
40	228	Joan Howe	L50 2 Trafford AC	31:01	101	206	Dawn Green	L50 9 Swinton RC	38:16
41	229	Teresa Kemp	Trafford AC	31:06	102	16	Julia Foy	L3515 Belle Vue Racers	38:29
42	258	Nicky Mowat	L50 3 Wilmslow RC	31:10	103	15	Toni Bradley	Belle Vue Racers	38:37
43	163	Joanne Street	Sale H Manchester	31:12	104	775	Monique Geraghty	Wilmslow RC	38:40
44	252	Sue Hool	L35 5 Wilmslow RC	31:18	105	891	Patricia Quirke	L3516 Manchester Triathlon	38:42
45	38	Hales Sally Ann	L45 5 Macclesfield H&ac	31:21	106	871	Carole Williams	Vale Royal AC	39:18
46	846	Louise Hogg	L35 6 St Helens Sutton	31:29	107	13	Christine Barber	L55 6 Belle Vue Racers	39:54
47	95	Deirdre McCarthy	Manchester Triathlon	31:30	108	65	Kathryn Holmes	L4515 Manchester H&ac	40:11
48	175	Carolyn Lewtas	Salford Met AC	31:32	109	821	Sarah Hattersley	St Helens Sutton	40:52
49	185	Helen Garner	L35 7 Stockport H&ac	31:41	110	17	Maxine Grimshaw	L4516 Belle Vue Racers	41:38
50	250	Claire Hawkes	L45 6 Wilmslow RC	31:46	111	207	Carol Hart	L4517 Swinton RC	41:47
51	107	Steph Goodchild	L40 3 Manchester Ymca H	32:00	112	55	Jean Bayley	L5010 Manchester H&ac	43:40
52	226	Lucy Hickey	L45 7 Trafford AC	32:13	113	823	Pauline Picton	L55 7 St Helens Sutton	44:43
53	192	Jayne Lawton	L40 4 Stockport H&ac	32:15	114	22	Marie Lavin	L4518 Belle Vue Racers	44:59
54	890	Karen Jarvis	L45 8 ABC Runners	32:23	115	75	[65] Jean Skitt	L65 1 Manchester H&ac	45:34
55	219	Melissa Davis	Trafford AC	32:35	116	127	Sue Taylor	L5011 Middleton HAC	46:16
56	230	Siobhan Lydon	L35 8 Trafford AC	32:46	117	100	Clare Welch	L4012 Manchester Triathlon	47:20
57	144	Belinda Hammond	Sale H Manchester	32:54	118	63	Mavis Gregory	L60 3 Manchester H&ac	48:09
58	26	Vicky Smith	Belle Vue Racers	32:56	119	123	Alyson Lamb	L5012 Middleton HAC	48:24
59	89	Sonia Harris	L35 9 Manchester Triathlon	33:01	120	772	Rosemary Lane	L4519 Manchester Triathlon	54:42
60	251	Penny Hinke	L50 4 Wilmslow RC	33:03	121	868	Savage Fiona	L4013 Manchester Triathlon	54:42
61	87	Claire Deane	L40 5 Manchester Triathlon	33:10					

Senior Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Macclesfield H&ac	48	—	3	Sarah Harris	10	Alison Hartopp	12	Kristy Readman	23	Hanny Stockman
2	Stockport H&ac	53	—	7	Carley Davies	13	Sarah Aylmer	16	Helen Walch	17	Ruth Jenyon
3	Sale H Manchester	53	—	2	Donna Riding	6	Emily Beedham	21	Fiona Randles	24	Cara Kavanagh
4	Trafford AC	61	—	1	Jackie Fairchild	15	Anna Verges	18	Victoria O'Donnell	27	Liz Austen
5	Wilmslow RC	89	—	9	Louise Rudd	19	Katy Green	22	Kate Sutton	39	Nicky Mowat
6	Altrincham&district AC	91	—	14	Vanessa Mulholland	20	Sandra Lewis	26	Katherine Harvey	31	Anne Pugh
7	Sale H Manchester 'B'	135	—	29	Morag Macniven	30	Lateefa Burton	36	Rose Blackburn	40	Joanne Street
8	Manchester Triathlon	141	—	8	Jackie Slack	33	Jude Wall	44	Deirdre McCarthy	56	Sonia Harris
9	Stockport H&ac 'B'	156	—	28	Kaisleigh Greenham	32	Laura Greenham	46	Helen Garner	50	Jayne Lawton
10	Trafford AC 'B'	176	—	37	Joan Howe	38	Teresa Kemp	49	Lucy Hickey	52	Melissa Davis
11	St Helens Sutton	207	—	5	Gemma Connolly	43	Louise Hogg	79	Cheryl Orrick	80	Pam Appleton
12	Wilmslow RC 'B'	215	—	41	Sue Hool	47	Claire Hawkes	57	Penny Hinke	70	Stef Sperring
13	Macclesfield H&ac 'B'	238	—	35	Andrea Frost	42	Hales Sally Ann	64	Barbara Murray	97	Pauline Lynch
14	Swinton RC	283	—	34	Lauren Marsden	66	Sarah Green	85	Rebecca Mills	98	Dawn Green
15	Belle Vue Racers	289	—	55	Vicky Smith	63	Cecilia Boodhoo	72	Kath Horwill	99	Julia Foy
16	Manchester Triathlon 'B'	309	—	58	Claire Deane	60	Sarah Kenny	89	Michelle Wilder	102	Patricia Quirke
17	Middleton HAC	341	—	71	Shirley Pennells	81	Elaine Blades	94	Christine Comerford	95	Christine Eckersley
18	Manchester H&ac	372	—	76	Fiona Green	82	Alyson Adams	105	Kathryn Holmes	109	Jean Bayley
19	St Helens Sutton 'B'	383	—	83	Chris Dempsey	84	Linsey Wilson	106	Sarah Hattersley	110	Pauline Picton
20	Belle Vue Racers 'B'	422	—	100	Toni Bradley	104	Christine Barber	107	Maxine Grimshaw	111	Marie Lavin