

# Manchester Area Cross Country League

## at Wythenshawe Park, Manchester on Saturday 7th February 2009

### Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Garry Bristow		Trafford Athletic Club	33:02	85	Philip Holmes	V50 4	Manchester Harriers & Ac	40:51
2	Ian Salisbury		Trafford Athletic Club	33:05	86	Chris Dawson		Salford Harriers	40:55
3	Daniel Cliffe	JM 1	Warrington Athletic Club	33:08	87	James Corrigan		Belle Vue Racers	40:56
4	David Norman		Altrincham & District Ac	33:40	88	John Murray	V40 20	Mantriathlon	40:59
5	\$Ian Grimes		Newham & Essex Beagles	34:03	89	Frank Cordingley	V45 17	Sale Harriers Manchester	41:00
6	Owen Green		Trafford Athletic Club	35:04	90	Stephen Jones		Sale Harriers Manchester	41:11
7	William Crowther	V40 1	Altrincham & District Ac	35:07	91	Chris Hibbert	V40 21	Manchester Harriers & Ac	41:12
8	Graham Hogg	Jun 1	Trafford Athletic Club	35:14	92	Gareth Woodcock		Trafford Athletic Club	41:13
9	Michael Hunt		Trafford Athletic Club	35:23	93	Peter Johnson	V40 22	St Helens Sutton Ac	41:14
10	Jim Pendrill		Wilmslow Running Club	35:30	94	Gary Wolstencroft		Mantriathlon	41:31
11	Rob Downs	V40 2	Wilmslow Running Club	35:42	95	Chris Brown		Swinton Running Club	41:32
12	Rob Nichol	Jun 2	Altrincham & District Ac	36:09	96	Bill Fox	V50 5	Sale Harriers Manchester	41:33
13	Tom McGaff	V50 1	Wilmslow Running Club	36:19	97	Derek Hughes	V45 18	E Cheshire H & Tameside Ac	41:36
14	Craig Cox		Trafford Athletic Club	36:25	98	Elton Davies		Sale Harriers Manchester	41:46
15	Gary Matthews	V45 1	E Cheshire H & Tameside Ac	36:33	99	Kevin Bryden		Trafford Athletic Club	41:50
16	Alec Beaney	Jun 3	West Cheshire Athletic Club	36:36	100	Mark Messenger	V40 23	Macclesfield Harriers & Ac	41:52
17	James Bleakley		Trafford Athletic Club	36:40	101	Dimitri Panayiotu	V50 6	Altrincham & District Ac	41:56
18	Jonathan Powell		Mantriathlon	36:50	102	Ian Hayburn	V40 24	St Helens Sutton Ac	41:58
19	Richard Byers	V40 3	Trafford Athletic Club	36:53	103	Nigel Sedman	V40 25	Belle Vue Racers	42:02
20	Dave Gilchrist	V40 4	Altrincham & District Ac	36:59	104	David Burke	V55 4	Swinton Running Club	42:03
21	Stuart Parrott	V45 2	Wilmslow Running Club	37:03	105	Dominic Partridge	Jun 7	Stockport Harriers & Ac	42:05
22	Michael Flatley		Middleton Harriers Ac	37:04	106	Richard Waring	V40 26	Swinton Running Club	42:10
23	Andrew Lister		Trafford Athletic Club	37:09	107	Jeff Norman	V60 3	Altrincham & District Ac	42:12
24	Kevin Garner	V40 5	Stockport Harriers & Ac	37:15	108	Andrew Cole	V40 27	E Cheshire H & Tameside Ac	42:13
25	Adrian Nutter		Stockport Harriers & Ac	37:26	109	Andrew Hartshorne	Jun 8	E Cheshire H & Tameside Ac	42:18
26	Liam Bartlett	Jun 4	Manchester Harriers & Ac	37:27	110	Don Bullough	V50 7	Wilmslow Running Club	42:46
27	Paul Hicken		Warrington Athletic Club	37:29	111	Mike Jones	V50 8	Altrincham & District Ac	42:49
28	David Safranauskas	V40 6	Trafford Athletic Club	37:41	112	Jerry Smith	V50 9	Sale Harriers Manchester	43:01
29	Ian White	V45 3	St Helens Sutton Ac	37:47	113	Gareth Trimble		Wilmslow Running Club	43:03
30	Paul Barrett		Sale Harriers Manchester	37:49	114	Geoff Gilbert	V55 5	Wilmslow Running Club	43:05
31	Richard Marlton	V40 7	Stockport Harriers & Ac	37:51	115	Graham Harrison	V45 19	Altrincham & District Ac	43:11
32	\$Ed Gamble	V40 8	Cheshire Hill Racers	37:54	116	Andrew Farley	V50 10	E Cheshire H & Tameside Ac	43:15
33	Colin Gell		Sale Harriers Manchester	37:57	117	Timothy Rainey	V40 28	Sale Harriers Manchester	43:19
34	Trevor Morris	V45 4	Wilmslow Running Club	38:00	118	Anthony Lowe	V45 20	Middleton Harriers Ac	43:21
35	Vinny Booth	V45 5	Trafford Athletic Club	38:08	119	\$Brian Schofield	V55 6	Oldham & Royton H & Ac	43:24
36	Andy Skitt		Manchester Harriers & Ac	38:14	120	Andy Fowler	V40 29	Stockport Harriers & Ac	43:57
37	Neil Walker		Altrincham & District Ac	38:20	121	Alan Webster	V45 21	Macclesfield Harriers & Ac	44:08
38	Len Best	V55 1	Stockport Harriers & Ac	38:21	122	Gary Thomason	V50 11	Salford Harriers	44:14
39	Mike Hutchinson	V40 9	Trafford Athletic Club	38:26	123	Steve Webb		Belle Vue Racers	44:16
40	Steve Doxey	V45 6	Swinton Running Club	38:27	124	Gavin Mendham	V55 7	Wilmslow Running Club	44:21
41	Chris Bentley		Macclesfield Harriers & Ac	38:29	125	Andy Quicke		Mantriathlon	44:22
42	Ray Eagle	V50 2	Wilmslow Running Club	38:31	126	Mark Davies		St Helens Sutton Ac	44:24
43	Jason Bowers		Sale Harriers Manchester	38:32	127	Steve Symons	V40 30	Manchester Ymca Harriers	44:30
44	Graham Marsland	V40 10	Stockport Harriers & Ac	38:39	128	Tony Faulkner		E Cheshire H & Tameside Ac	44:33
45	Nick Burke	V40 11	Altrincham & District Ac	38:41	129	Chris Holden		Macclesfield Harriers & Ac	44:39
46	Rob Harper		Mantriathlon	38:43	130	Robin Beaumont	V40 31	Trafford Athletic Club	44:42
47	Anthony Connolly		E Cheshire H & Tameside Ac	38:46	131	Warren Bowden	V40 32	Sale Harriers Manchester	44:48
48	Louis Humphries	Jun 5	West Cheshire Athletic Club	38:47	132	Alan Kennedy	V45 22	E Cheshire H & Tameside Ac	44:50
49	James O'Connor		Middleton Harriers Ac	38:48	133	Philip D'netto	V40 33	Belle Vue Racers	45:16
50	Paul Dalton	V40 12	E Cheshire H & Tameside Ac	38:49	134	Daniel Bamber		E Cheshire H & Tameside Ac	45:26
51	Tony Flanagan	V40 13	Swinton Running Club	38:55	135	Michael Cunningham	V60 4	Manchester Harriers & Ac	45:33
52	Dave Rudd	V45 7	Altrincham & District Ac	38:59	136	Malcolm Fowler	V45 23	Wilmslow Running Club	45:40
53	Maurice Collins	V45 8	St Helens Sutton Ac	39:03	137	Chris Jones	V40 34	Salford Metropolitan Ac	45:46
54	Mike Shaw	V40 14	Stockport Harriers & Ac	39:07	138	Andy Chalmers	V45 24	Mantriathlon	45:50
55	Simon Grundy	V40 15	E Cheshire H & Tameside Ac	39:10	139	Mark Wheelton	V45 25	Macclesfield Harriers & Ac	46:03
56	Mark Evans	V45 9	Trafford Athletic Club	39:17	140	Fechin McCormick	V55 8	Sale Harriers Manchester	46:11
57	Steven Robinson	V45 10	E Cheshire H & Tameside Ac	39:19	141	Stuart Mairs		Salford Metropolitan Ac	46:13
58	Tom Partington	Jun 6	Sale Harriers Manchester	39:24	142	Nigel Oldham		Manchester Ymca Harriers	46:15
59	Steven Worthington		Mantriathlon	39:25	143	Alan Littler	Jun 9	West Cheshire Athletic Club	46:16
60	Rick Smith	V55 2	E Cheshire H & Tameside Ac	39:26	144	Mike Wharton		Sale Harriers Manchester	46:18
61	John Mooney	V45 11	Macclesfield Harriers & Ac	39:27	145	Mark Ferns	V45 26	Sale Harriers Manchester	46:21
62	Rob Gilbert	V40 16	Wilmslow Running Club	39:29	146	Andy Roberts	V40 35	Belle Vue Racers	46:27
63	Francis Day	V55 3	E Cheshire H & Tameside Ac	39:31	147	Bryn Machin		Manchester Ymca Harriers	46:38
64	Andrew Gray	V45 12	Macclesfield Harriers & Ac	39:33	148	Ian Welsh	V45 27	Mantriathlon	46:46
65	Alan Carroll	V60 1	E Cheshire H & Tameside Ac	39:39	149	Jack Carney	V50 12	Salford Metropolitan Ac	46:55
66	Eddie Gilligan	V45 13	Manchester Ymca Harriers	39:43	150	Martin McGann	V60 5	E Cheshire H & Tameside Ac	46:59
67	Andrew Mooney		Sale Harriers Manchester	39:47	151	Michael Blackburn		Stockport Harriers & Ac	47:07
68	Paul Rowley		Sale Harriers Manchester	39:50	152	Miran Arahamian	V55 9	Sale Harriers Manchester	47:10
69	David Livingstone		Altrincham & District Ac	39:52	153	Andrew Evans	V45 28	Salford Metropolitan Ac	47:14
70	David Henshaw		Manchester Harriers & Ac	39:59	154	Roland Bowness	V60 6	Salford Harriers	47:29
71	Lachlan Campbell		Wilmslow Running Club	40:03	155	\$John Purdy	V40 36	Rochdale Harriers & Ac	47:40
72	Mark Bale		Wilmslow Running Club	40:04	156	Steve Lyons	V40 37	E Cheshire H & Tameside Ac	47:50
73	Phil Jacques	V40 17	E Cheshire H & Tameside Ac	40:05	157	Mansel Pope	V55 10	Altrincham & District Ac	47:52
74	Neil Bradshaw		E Cheshire H & Tameside Ac	40:06	158	Anthony Ward	V45 29	Stockport Harriers & Ac	47:56
75	Sean Cordell	V40 18	Salford Harriers	40:09	159	Stefan Schumacher	V50 13	Sale Harriers Manchester	48:24
76	Dave Carrington	V50 3	Altrincham & District Ac	40:12	160	Brian Eyre	V50 14	Salford Metropolitan Ac	48:30
77	Dave Keeling	V45 14	Trafford Athletic Club	40:16	161	Howard Bamber	V50 15	E Cheshire H & Tameside Ac	48:48
78	Barry Blyth	V60 2	Macclesfield Harriers & Ac	40:19	162	Mark Wallwork	V45 30	Salford Metropolitan Ac	49:00
79	Steve Tate	V45 15	St Helens Sutton Ac	40:25	163	Tony Houghton	V45 31	Belle Vue Racers	49:13
80	Michael Hibbert	V40 19	Manchester Harriers & Ac	40:29	164	Andy Bright		Mantriathlon	50:04
81	Ian Jones		Mantriathlon	40:32	165	\$Paul Hawgood	V40 38	Stockport Primary Care Trust R	50:05
82	Gary Willcock	V45 16	Manchester Ymca Harriers	40:32	166	Alan Romagnolo	V40 39	Sale Harriers Manchester	50:14
83	David Hudson		Salford Harriers	40:44	167	Jon Paramor	V55 11	Manchester Ymca Harriers	50:35
84	\$Daniel Timperley		Oldham & Royton H & Ac	40:47	168	Dennis Moran	V60 7	Salford Harriers	50:41

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169	Colin Timpson	V60	8	E Cheshire H & Tameside Ac	50:49	176	Mark Danaher	E Cheshire H & Tameside Ac	55:11
170	Roy Pownall	V60	9	Wilmslow Running Club	51:09	177	Sean McCarthy	V40 40 Unattached	57:13
171	Simon Fenton	V65	1	Wilmslow Running Club	51:30	178	Trevor Faulkner	V65 3 Wilmslow Running Club	57:51
172	Steve Russell Ingram	V50	16	West Cheshire Athletic Club	51:43	179	Ian Berry	V60 10 Stockport Harriers & Ac	59:09
173	Kevin Egerton	V55	12	Belle Vue Racers	52:03	180	Andy Smith	Swinton Running Club	1:07:15
174	Derek Walton	V65	2	Altrincham & District Ac	52:13	181	Mike Owen	V40 41 Trafford Athletic Club	1:10:35
175	David Shoemith	V55	13	Macclesfield Harriers & Ac	52:37				

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Trafford Athletic Club	36	—	1	Garry Bristow	2	Ian Salisbury	5	Owen Green	7	Graham Hogg	8	Michael Hunt	13	Craig Cox
2	Altrincham & District Ac	118	—	4	David Norman	6	William Crowther	11	Rob Nichol	19	Dave Gilchrist	35	Neil Walker	43	Nick Burke
3	Wilmslow Running Club	123	—	9	Jim Pendrill	10	Rob Downs	12	Tom McGaff	20	Stuart Parrott	32	Trevor Morris	40	Ray Eagle
4	Trafford Athletic Club 'B'	153	—	16	James Bleakley	18	Richard Byers	22	Andrew Lister	27	David Safranauskas	33	Vinny Booth	37	Mike Hutchinson
5	Stockport Harriers & Ac	207	—	23	Kevin Gamer	24	Adrian Nutter	30	Richard Marltton	36	Len Best	42	Graham Marsland	52	Mike Shaw
6	E Cheshire H & Tameside Ac	273	—	14	Gary Matthews	45	Anthony Connolly	48	Paul Dalton	53	Simon Grundy	55	Steven Robinson	58	Rick Smith
7	Sale Harriers Manchester	288	—	29	Paul Barrett	31	Colin Gell	41	Jason Bowers	56	Tom Partington	65	Andrew Mooney	66	Paul Rowley
8	Mantriathlon	373	—	17	Jonathan Powell	44	Rob Harper	57	Steven Worthington	79	Ian Jones	85	John Murray	91	Gary Wolstencroft
9	Manchester Harriers & Ac	375	—	25	Liam Bartlett	34	Andy Skitt	68	David Henshaw	78	Michael Hibbert	82	Philip Holmes	88	Chris Hibbert
10	Macclesfield Harriers & Ac	450	—	39	Chris Bentley	59	John Mooney	62	Andrew Gray	76	Barry Blyth	97	Mark Messenger	117	Alan Webster
11	E Cheshire H & Tameside Ac 'B'	466	—	61	Francis Day	63	Alan Carroll	71	Phil Jacques	72	Neil Bradshaw	94	Derek Hughes	105	Andrew Cole
12	St Helens Sutton Ac	467	—	28	Ian White	51	Maurice Collins	77	Steve Tate	90	Peter Johnson	99	Ian Hayburn	122	Mark Davies
13	Altrincham & District Ac 'B'	501	—	50	Dave Rudd	67	David Livingstone	74	Dave Carrington	98	Dimitri Panayiotu	104	Jeff Norman	108	Mike Jones
14	Wilmslow Running Club 'B'	527	—	60	Rob Gilbert	69	Lachlan Campbell	70	Mark Bale	107	Don Bullough	110	Gareth Trimble	111	Geoff Gilbert
15	Swinton Running Club	556	—	38	Steve Doxey	49	Tony Flanagan	92	Chris Brown	101	David Burke	103	Richard Waring	173	Andy Smith
16	Sale Harriers Manchester 'B'	584	—	86	Frank Cordingley	87	Stephen Jones	93	Bill Fox	95	Elton Davies	109	Jerry Smith	114	Timothy Rainey
17	Salford Harriers	667	—	73	Sean Cordell	81	David Hudson	83	Chris Dawson	118	Gary Thomason	150	Roland Bowness	162	Dennis Moran
18	Manchester Ymca Harriers	709	—	64	Eddie Gilligan	80	Gary Wilcock	123	Steve Symons	138	Nigel Oldham	143	Bryn Machin	161	Jon Paramor
19	Belle Vue Racers	732	—	84	James Corrigan	100	Nigel Sedman	119	Steve Webb	129	Philip D'netto	142	Andy Roberts	158	Tony Houghton
20	Salford Metropolitan Ac	876	—	133	Chris Jones	137	Stuart Mairs	145	Jack Carney	149	Andrew Evans	155	Brian Eyre	157	Mark Wallwork

## Senior Men - Junior — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time
1	Daniel Cliffe		Warrington Athletic Club	33:08
2	Graham Hogg		Trafford Athletic Club	35:14
3	Rob Nichol		Altrincham & District Ac	36:09
4	Alec Beaney		West Cheshire Athletic Club	36:36
5	Liam Bartlett		Manchester Harriers & Ac	37:27
6	Louis Humphries		West Cheshire Athletic Club	38:47
7	Tom Partington		Sale Harriers Manchester	39:24
8	Dominic Partridge		Stockport Harriers & Ac	42:05
9	Andrew Hartshorne		E Cheshire H & Tameside Ac	42:18
10	Alan Littler		West Cheshire Athletic Club	46:16

## Senior Men - Junior — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	West Cheshire Athletic Club	20	—	4	Alec Beaney	6	Louis Humphries	10	Alan Littler
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# Manchester Area Cross Country League

## at Wythenshawe Park, Manchester on Saturday 7th February 2009

### Senior Men (Vets) — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	William Crowther	V40	1 Altrincham & District Ac	35:07	58	Andrew Cole	V40	27 E Cheshire H & Tameside Ac	42:13
2	Rob Downs	V40	2 Wilmslow Running Club	35:42	59	Don Bullough	V50	7 Wilmslow Running Club	42:46
3	Tom McGaff	V50	1 Wilmslow Running Club	36:19	60	Mike Jones	V50	8 Altrincham & District Ac	42:49
4	Gary Matthews	V45	1 E Cheshire H & Tameside Ac	36:33	61	Jerry Smith	V50	9 Sale Harriers Manchester	43:01
5	Richard Byers	V40	3 Trafford Athletic Club	36:53	62	Geoff Gilbert	V55	5 Wilmslow Running Club	43:05
6	Dave Gilchrist	V40	4 Altrincham & District Ac	36:59	63	Graham Harrison	V45	19 Altrincham & District Ac	43:11
7	Stuart Parrott	V45	2 Wilmslow Running Club	37:03	64	Andrew Farley	V50	10 E Cheshire H & Tameside Ac	43:15
8	Kevin Garner	V40	5 Stockport Harriers & Ac	37:15	65	Timothy Rainey	V40	28 Sale Harriers Manchester	43:19
9	David Safranauskas	V40	6 Trafford Athletic Club	37:41	66	Anthony Lowe	V45	20 Middleton Harriers Ac	43:21
10	Ian White	V45	3 St Helens Sutton Ac	37:47	67	£Brian Schofield	V55	6 Oldham & Royton H & Ac	43:24
11	Richard Marilton	V40	7 Stockport Harriers & Ac	37:51	68	Andy Fowler	V40	29 Stockport Harriers & Ac	43:57
12	£Ed Gamble	V40	8 Cheshire Hill Racers	37:54	69	Alan Webster	V45	21 Macclesfield Harriers & Ac	44:08
13	Trevor Morris	V45	4 Wilmslow Running Club	38:00	70	Gary Thomason	V50	11 Salford Harriers	44:14
14	Vinny Booth	V45	5 Trafford Athletic Club	38:08	71	Gavin Mendham	V55	7 Wilmslow Running Club	44:21
15	Len Best	V55	1 Stockport Harriers & Ac	38:21	72	Steve Symons	V40	30 Manchester Ymca Harriers	44:30
16	Mike Hutchinson	V40	9 Trafford Athletic Club	38:26	73	Robin Beaumont	V40	31 Trafford Athletic Club	44:42
17	Steve Doxey	V45	6 Swinton Running Club	38:27	74	Warren Bowden	V40	32 Sale Harriers Manchester	44:48
18	Ray Eagle	V50	2 Wilmslow Running Club	38:31	75	Alan Kennedy	V45	22 E Cheshire H & Tameside Ac	44:50
19	Graham Marsland	V40	10 Stockport Harriers & Ac	38:39	76	Philip D'netto	V40	33 Belle Vue Racers	45:16
20	Nick Burke	V40	11 Altrincham & District Ac	38:41	77	Michael Cunningham	V60	4 Manchester Harriers & Ac	45:33
21	Paul Dalton	V40	12 E Cheshire H & Tameside Ac	38:49	78	Malcolm Fowler	V45	23 Wilmslow Running Club	45:40
22	Tony Flanagan	V40	13 Swinton Running Club	38:55	79	Chris Jones	V40	34 Salford Metropolitan Ac	45:46
23	Dave Rudd	V45	7 Altrincham & District Ac	38:59	80	Andy Chalmers	V45	24 Mantriathlon	45:50
24	Maurice Collins	V45	8 St Helens Sutton Ac	39:03	81	Mark Wheelton	V45	25 Macclesfield Harriers & Ac	46:03
25	Mike Shaw	V40	14 Stockport Harriers & Ac	39:07	82	Fechin McCormick	V55	8 Sale Harriers Manchester	46:11
26	Simon Grundy	V40	15 E Cheshire H & Tameside Ac	39:10	83	Mark Ferns	V45	26 Sale Harriers Manchester	46:21
27	Mark Evans	V45	9 Trafford Athletic Club	39:17	84	Andy Roberts	V40	35 Belle Vue Racers	46:27
28	Steven Robinson	V45	10 E Cheshire H & Tameside Ac	39:19	85	Ian Welsh	V45	27 Mantriathlon	46:46
29	Rick Smith	V55	2 E Cheshire H & Tameside Ac	39:26	86	Jack Carney	V50	12 Salford Metropolitan Ac	46:55
30	John Mooney	V45	11 Macclesfield Harriers & Ac	39:27	87	Martin McGann	V60	5 E Cheshire H & Tameside Ac	46:59
31	Rob Gilbert	V40	16 Wilmslow Running Club	39:29	88	Miran Aprahamian	V55	9 Sale Harriers Manchester	47:10
32	Francis Day	V55	3 E Cheshire H & Tameside Ac	39:31	89	Andrew Evans	V45	28 Salford Metropolitan Ac	47:14
33	Andrew Gray	V45	12 Macclesfield Harriers & Ac	39:33	90	Roland Bowness	V60	6 Salford Harriers	47:29
34	Alan Carroll	V60	1 E Cheshire H & Tameside Ac	39:39	91	£John Purdy	V40	36 Rochdale Harriers & Ac	47:40
35	Eddie Gilligan	V45	13 Manchester Ymca Harriers	39:43	92	Steve Lyons	V40	37 E Cheshire H & Tameside Ac	47:50
36	Phil Jacques	V40	17 E Cheshire H & Tameside Ac	40:05	93	Mansel Pope	V55	10 Altrincham & District Ac	47:52
37	Sean Cordell	V40	18 Salford Harriers	40:09	94	Anthony Ward	V45	29 Stockport Harriers & Ac	47:56
38	Dave Carrington	V50	3 Altrincham & District Ac	40:12	95	Stefan Schumacher	V50	13 Sale Harriers Manchester	48:24
39	Dave Keeling	V45	14 Trafford Athletic Club	40:16	96	Brian Eyre	V50	14 Salford Metropolitan Ac	48:30
40	Barry Blyth	V60	2 Macclesfield Harriers & Ac	40:19	97	Howard Bamber	V50	15 E Cheshire H & Tameside Ac	48:48
41	Steve Tate	V45	15 St Helens Sutton Ac	40:25	98	Mark Wallwork	V45	30 Salford Metropolitan Ac	49:00
42	Michael Hibbert	V40	19 Manchester Harriers & Ac	40:29	99	Tony Houghton	V45	31 Belle Vue Racers	49:13
43	Gary Willcock	V45	16 Manchester Ymca Harriers	40:32	100	£Paul Hawgood	V40	38 Stockport Primary Care Trust R	50:05
44	Philip Holmes	V50	4 Manchester Harriers & Ac	40:51	101	Alan Romagnolo	V40	39 Sale Harriers Manchester	50:14
45	John Murray	V40	20 Mantriathlon	40:59	102	Jon Paramor	V55	11 Manchester Ymca Harriers	50:35
46	Frank Cordingley	V45	17 Sale Harriers Manchester	41:00	103	Dennis Moran	V60	7 Salford Harriers	50:41
47	Chris Hibbert	V40	21 Manchester Harriers & Ac	41:12	104	Colin Timpson	V60	8 E Cheshire H & Tameside Ac	50:49
48	Peter Johnson	V40	22 St Helens Sutton Ac	41:14	105	Roy Pownall	V60	9 Wilmslow Running Club	51:09
49	Bill Fox	V50	5 Sale Harriers Manchester	41:33	106	Simon Fenton	V65	1 Wilmslow Running Club	51:30
50	Derek Hughes	V45	18 E Cheshire H & Tameside Ac	41:36	107	Steve RussellIngram	V50	16 West Cheshire Athletic Club	51:43
51	Mark Messenger	V40	23 Macclesfield Harriers & Ac	41:52	108	Kevin Egerton	V55	12 Belle Vue Racers	52:03
52	Dimitri Panayiotu	V50	6 Altrincham & District Ac	41:56	109	Derek Walton	V65	2 Altrincham & District Ac	52:13
53	Ian Hayburn	V40	24 St Helens Sutton Ac	41:58	110	David Shoesmith	V55	13 Macclesfield Harriers & Ac	52:37
54	Nigel Sedman	V40	25 Belle Vue Racers	42:02	111	£Sean McCarthy	V40	40 Unattached	57:13
55	David Burke	V55	4 Swinton Running Club	42:03	112	Trevor Faulkner	V65	3 Wilmslow Running Club	57:51
56	Richard Waring	V40	26 Swinton Running Club	42:10	113	Ian Berry	V60	10 Stockport Harriers & Ac	59:09
57	Jeff Norman	V60	3 Altrincham & District Ac	42:12	114	Mike Owen	V40	41 Trafford Athletic Club	1:10:35

### Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow Running Club	24 — 2 Rob Downs	3 Tom McGaff	7 Stuart Parrott	12 Trevor Morris
2 Trafford Athletic Club	42 — 5 Richard Byers Mike Hutchinson	9 David Safranauskas	13 Vinny Booth	15
3 Altrincham & District Ac	48 — 1 William Crowther	6 Dave Gilchrist	19 Nick Burke	22 Dave Rudd
4 Stockport Harriers & Ac	51 — 8 Kevin Garner	11 Richard Marilton	14 Len Best	18 Graham Marsland
5 E Cheshire H & Tameside Ac	76 — 4 Gary Matthews	20 Paul Dalton	25 Simon Grundy	27 Steven Robinson
6 St Helens Sutton Ac	120 — 10 Ian White	23 Maurice Collins	40 Steve Tate	47 Peter Johnson
7 E Cheshire H & Tameside Ac 'B'	127 — 28 Rick Smith	31 Francis Day	33 Alan Carroll	35 Phil Jacques
8 Swinton Running Club	146 — 16 Steve Doxey	21 Tony Flanagan	54 David Burke	55 Richard Waring
9 Macclesfield Harriers & Ac	150 — 29 John Mooney	32 Andrew Gray	39 Barry Blyth	50 Mark Messenger
10 Wilmslow Running Club 'B'	166 — 17 Ray Eagle	30 Rob Gilbert	58 Don Bullough	61 Geoff Gilbert
11 Altrincham & District Ac 'B'	203 — 37 Dave Carrington	51 Dimitri Panayiotu	56 Jeff Norman	59 Mike Jones
12 Manchester Harriers & Ac	205 — 41 Michael Hibbert	43 Philip Holmes	46 Chris Hibbert	75 Michael Cunningham
13 Sale Harriers Manchester	217 — 45 Frank Cordingley	48 Bill Fox	60 Jerry Smith	64 Timothy Rainey
14 Manchester Ymca Harriers	244 — 34 Eddie Gilligan	42 Gary Willcock	70 Steve Symons	98 Jon Paramor
15 Trafford Athletic Club 'B'	244 — 26 Mark Evans	38 Dave Keeling	71 Robin Beaumont	109 Mike Owen
16 Stockport Harriers & Ac 'B'	289 — 24 Mike Shaw	66 Andy Fowler	91 Anthony Ward	108 Ian Berry
17 Salford Harriers	291 — 36 Sean Cordell	68 Gary Thomason	88 Roland Bowness	99 Dennis Moran
18 Belle Vue Racers	305 — 53 Nigel Sedman	74 Philip D'netto	82 Andy Roberts	96 Tony Houghton
19 Sale Harriers Manchester 'B'	319 — 72 Warren Bowden	80 Fechin McCormick	81 Mark Ferns	86 Miran Aprahamian
20 Salford Metropolitan Ac	341 — 77 Chris Jones	84 Jack Carney	87 Andrew Evans	93 Brian Eyre