

# Manchester Area Cross Country League at Boggart Hole Clough on Saturday 12th December 2009

## Under11 Girls — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	Lucy Donaghy	Stockport H & AC	5:33
2	\$Bethany Foster	Wirral AC	5:39
3	Georgia Astonmassey	Halton & Frodsham H	5:44
4	Ellie Twite	Sale H Manchester	5:50
5	Katy Whiteoak	Stockport H & AC	5:53
6	Francesca Brint	Sale H Manchester	5:55
7	Grace Garner	Stockport H & AC	5:57
8	Emma Donaghy	Stockport H & AC	5:58
9	\$Molly Thompson	Wirral AC	6:06
10	Ciara Lydon	Trafford AC	6:08
11	Zara Thompson	Manchester H&AC	6:17
12	E Brackenridgejones	Stockport H & AC	6:18
13	Gemma Scoble	Stockport H & AC	6:19
14	Francesca Carosi	Stockport H & AC	6:19
15	Alannah Newell	E Chesh H & Tameside AC	6:20
16	Danielle Stringer	Manchester H&AC	6:22
17	Jasmine Hannon	Stockport H & AC	6:23
18	Alice Bruce	Sale H Manchester	6:25
19	Emily Hughes	Stockport H & AC	6:31
20	Charlie Harding	Halton & Frodsham H	6:32
21	Juliet Downs	Stockport H & AC	6:39
22	Jenny Pyatt	Halton & Frodsham H	6:40
23	Meghan Stevenson	Moston & District H	6:41
24	Nadine Eunous	Sale H Manchester	6:46
25	Abbie Dickenson	Warrington AC	6:48
26	Amelia Donohoe	Moston & District H	6:50
27	Lauren Ferris	Warrington AC	6:51
28	Claudia Hall	Warrington AC	6:52
29	Alex Harding	Halton & Frodsham H	6:53
30	Jade Drinkwater	Moston & District H	6:58
31	\$Natrika Wildman	Pendle AC	7:00
32	Amy Moran	Warrington AC	7:00
33	Abbie Roberts	St Helens Sutton	7:01
34	Lilly Muir	Stockport H & AC	7:03
35	Jessica Morrissey	Manchester H&AC	7:05
36	Charlotte King	Halton & Frodsham H	7:07
37	Kelsey Grady	Halton & Frodsham H	7:21
38	Hannah Seabrook	St Helens Sutton	7:21
39	Heather Corden	Stockport H & AC	7:22
40	Rebecca Paolo	Stockport H & AC	7:33

## Under11 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H & AC	11	—	1	Lucy Donaghy	4	Katy Whiteoak	6	Grace Garner
2	Sale H Manchester	24	—	3	Ellie Twite	5	Francesca Brint	16	Alice Bruce
3	Stockport H & AC	28	—	7	Emma Donaghy	10	E Brackenridgejones	11	Gemma Scoble
4	Halton & Frodsham H	40	—	2	Georgia Astonmassey	18	Charlie Harding	20	Jenny Pyatt
5	Manchester H&AC	55	—	9	Zara Thompson	14	Danielle Stringer	32	Jessica Morrissey
6	Moston & District H	73	—	21	Meghan Stevenson	24	Amelia Donohoe	28	Jade Drinkwater
7	Warrington AC	74	—	23	Abbie Dickenson	25	Lauren Ferris	26	Claudia Hall
8	Halton & Frodsham H	94	—	27	Alex Harding	33	Charlotte King	34	Kelsey Grady

## Race 2 - Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	Charles Dowell	Sale H Manchester	8:51
2	Kiro Smithmanharding	Warrington AC	8:58
3	Michael Quinn	Sale H Manchester	9:00
4	Thomas Wiseman	Salford Met AC	9:17
5	Jake Spilsbury	Sale H Manchester	9:21
6	Adam Spilsbury	Sale H Manchester	9:27
7	Adam Woosey	St Helens Sutton	9:32
8	Chris Larkin	Halton & Frodsham H	9:32
9	Ryan Dugdale	Warrington AC	9:33
10	Cory Smithmanharding	Warrington AC	9:42
11	Oliver Stevenson	Altrincham & Dist AC	9:49
12	Kyle Anderson	Moston & District H	9:54
13	Dillon Cooper	Moston & District H	10:01
14	Saeed Absiyeh	Sale H Manchester	10:06
15	Ben Lanagan	Stockport H & AC	10:09
16	Charlie Brett	Sale H Manchester	10:13
17	Adam Kinghorn	Sale H Manchester	10:23
18	Ben Skertchley	Manchester H&AC	10:26
19	Joe Hammond	Sale H Manchester	10:29
20	Ethan Hartshorne	E Chesh H & Tameside AC	10:31
21	Remell Walker	Moston & District H	10:52
22	Nicholas Criddle	Trafford AC	11:09
23	Tom Byers	Trafford AC	11:09
24	Bradley Phillips	Halton & Frodsham H	11:14
25	Jack Daly	Sale H Manchester	11:15
26	Cameron Ward	Sale H Manchester	11:25
27	James Frazer	Trafford AC	11:53
28	Joseph Goode	Manchester H&AC	13:45

## Race 2 - Under 11 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	9	—	1	Charles Dowell	3	Michael Quinn	5	Jake Spilsbury
2	Warrington AC	21	—	2	Kiro Smithmanharding	9	Ryan Dugdale	10	Cory Smithmanharding
3	Sale H Manchester	36	—	6	Adam Spilsbury	14	Saeed Absiyeh	16	Charlie Brett
4	Moston & District H	46	—	12	Kyle Anderson	13	Dillon Cooper	21	Remell Walker
5	Trafford AC	72	—	22	Nicholas Criddle	23	Tom Byers	27	James Frazer

# Manchester Area Cross Country League at Boggart Hole Clough on Saturday 12th December 2009

## Race 2 - Under 13 Girls — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time			Club	Time
1	Beth Donnelly		E Chesh H & Tameside AC	8:50	27	Niamh Hartshorne	E Chesh H & Tameside AC	10:30
2	Megan Ashelby		E Chesh H & Tameside AC	9:15	28	Ellen Downs	Stockport H & AC	10:31
3	Rosie Johnson		St Helens Sutton	9:19	29	Ashleigh Davis	Moston & District H	10:34
4	Holly Barnes		Salford Met AC	9:22	30	Rachel McGoldrick	St Helens Sutton	10:38
5	Mollie Williams		Stockport H & AC	9:25	31	Aoife Gilchrist	Sale H Manchester	10:40
6	Rachel Hibberd		Sale H Manchester	9:28	32	Hattie Yates	Sale H Manchester	10:40
7	\$Christie Cook		Bury AC	9:29	33	Alice Hughes	Stockport H & AC	10:46
8	Jess Wright		Halton & Frodsham H	9:41	34	Natalia Nunes	Trafford AC	10:51
9	Evie Carter		Stockport H & AC	9:43	35	Rebecca Lawless	Sale H Manchester	10:53
10	Rachel Woosey		St Helens Sutton	9:44	36	Elsie Clare	Sale H Manchester	10:54
11	Connie Vickers		Sale H Manchester	9:46	37	Beth Goddard	Trafford AC	10:55
12	Caitlin Thomas		Sale H Manchester	9:50	38	Kiera Grady	Halton & Frodsham H	10:56
13	Jemma Eyre		Altrincham & Dist AC	9:52	39	Naomi Kershaw	Macclesfield H&AC	11:00
14	Nina Rawlings		Sale H Manchester	9:55	40	Sophie Williams	Stockport H & AC	11:08
15	Roisin Clegg		E Chesh H & Tameside AC	10:05	41	Maria McGoldrick	St Helens Sutton	11:08
16	Robyn Saunders		Salford Met AC	10:07	42	Ellie Donohoe	Moston & District H	11:20
17	Sophie Hill		Moston & District H	10:08	43	Caitlin Whitehead	Manchester H&AC	11:36
18	Hannah Simeen		Sale H Manchester	10:09	44	Tameika Cuff	Trafford AC	11:47
19	Lucy Griffiths		St Helens Sutton	10:10	45	Sabrina Trivedi	Altrincham & Dist AC	11:51
20	Charlotte Kelly		Manchester H&AC	10:21	46	Sophie Rice	Warrington AC	11:58
21	Molly Bogin		Manchester H&AC	10:24	47	Lilli Smyth	Salford Met AC	12:00
22	Leah O'Connell		Stockport H & AC	10:25	48	Abigail Casson	Salford Met AC	12:05
23	Rachel McManus		Trafford AC	10:26	49	Alice Welch	Manchester H&AC	13:11
24	Harriet McKie		Sale H Manchester	10:27	50	Catherine Torpey	Trafford AC	13:42
25	Emma McCartney		St Helens Sutton	10:28	51	Lauren Wilcock	St Helens Sutton	13:47
26	Isobel Howe		Trafford AC	10:30				

## Race 2 - Under 13 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	E Chesh H & Tameside AC	17	—	1	Beth Donnelly	2	Megan Ashelby	14	Roisin Clegg	
2	Sale H Manchester	27	—	6	Rachel Hibberd	10	Connie Vickers	11	Caitlin Thomas	
3	St Helens Sutton	30	—	3	Rosie Johnson	9	Rachel Woosey	18	Lucy Griffiths	
4	Stockport H & AC	34	—	5	Mollie Williams	8	Evie Carter	21	Leah O'Connell	
5	Sale H Manchester	'B'	53	—	13	Nina Rawlings	17	Hannah Simeen	23	Harriet McKie
6	Salford Met AC		65	—	4	Holly Barnes	15	Robyn Saunders	46	Lilli Smyth
7	Trafford AC		80	—	22	Rachel McManus	25	Isobel Howe	33	Natalia Nunes
8	Manchester H&AC		81	—	19	Charlotte Kelly	20	Molly Bogin	42	Caitlin Whitehead
9	Moston & District H		85	—	16	Sophie Hill	28	Ashleigh Davis	41	Ellie Donohoe
10	St Helens Sutton	'B'	93	—	24	Emma McCartney	29	Rachel McGoldrick	40	Maria McGoldrick
11	Stockport H & AC	'B'	98	—	27	Ellen Downs	32	Alice Hughes	39	Sophie Williams
12	Trafford AC	'B'	128	—	36	Beth Goddard	43	Tameika Cuff	49	Catherine Torpey

## Race 3 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time				Club	Time
1	Christy O'Brien	Sale H Manchester	13:32	14	Alistair Thornton		Macclesfield H&AC	15:13
2	Daniel Evans	Warrington AC	13:40	15	Jay Wood		Stockport H & AC	15:16
3	\$Nathan Townsend	Horwich RMI Harriers	14:01	16	Thomas Taylor		Manchester H&AC	15:36
4	Ryan Babcock	Stockport H & AC	14:01	17	Josh Daly		Sale H Manchester	15:39
5	Donnacha Maguire	Manchester H&AC	14:28	18	Harry Palmer		Macclesfield H&AC	15:45
6	Euan Gilchrist	Sale H Manchester	14:32	19	Christian Gallagher		E Chesh H & Tameside AC	16:07
7	Matt Graham	Manchester H&AC	14:52	20	Jordan Bezzina		Sale H Manchester	16:08
8	William Garner	Stockport H & AC	15:00	21	Dan Gayne		Macclesfield H&AC	16:13
9	Jack Richardson	Warrington AC	15:01	22	\$Curtis Henderson		Blackley & N Manchester	16:13
10	Robert Dykes	Warrington AC	15:02	23	Nick Gale		Macclesfield H&AC	16:20
11	Daniel Richardson	Warrington AC	15:04	24	Ciaran Conway		Trafford AC	16:46
12	Aaron Shaughnessy	Macclesfield H&AC	15:05	25	Harry Duffill		Altrincham & Dist AC	17:18
13	Daniel Elston	St Helens Sutton	15:09					

## Race 3 - Under 13 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warrington AC	19	—	2	Daniel Evans	8	Jack Richardson	9	Robert Dykes
2	Sale H Manchester	22	—	1	Christy O'Brien	5	Euan Gilchrist	16	Josh Daly
3	Stockport H & AC	24	—	3	Ryan Babcock	7	William Garner	14	Jay Wood
4	Manchester H&AC	25	—	4	Donnacha Maguire	6	Matt Graham	15	Thomas Taylor
5	Macclesfield H&AC	41	—	11	Aaron Shaughnessy	13	Alistair Thornton	17	Harry Palmer

# Manchester Area Cross Country League at Boggart Hole Clough on Saturday 12th December 2009

## Race 3 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	Danielle Wallis	Macclesfield H&AC	13:45
2	Tessa McCormick	Vale Royal AC	13:49
3	Chelsea Jarvis	St Helens Sutton	13:59
4	Imogen Nutter	Stockport H & AC	14:30
5	Hannah Bishop	Vale Royal AC	15:10
6	Nicola Scott	Trafford AC	15:11
7	Misha Nayakoliver	Sale H Manchester	15:24
8	Nicola Berry	Stockport H & AC	15:26
9	Aimee Aikin	Stockport H & AC	15:35
10	Carla Edwards	Stockport H & AC	15:40
11	Maddy Norman	Trafford AC	15:46
12	Sarah Tipping	Stockport H & AC	15:51
13	Hayley Simpson	E Chesh H & Tameside AC	15:58
14	Sophia Bates	Warrington AC	16:03
15	Emma Pyatt	Halton & Frodsham H	16:09

## Race 3 - Under 15 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H & AC	21	—	4	Imogen Nutter	8	Nicola Berry	9	Aimee Aikin	
2	Sale H Manchester	40	—	7	Misha Nayakoliver	16	Nancy Clare	17	Chloe Yates	
3	Stockport H & AC	'B'	40	—	10	Carla Edwards	12	Sarah Tipping	18	Emma O'Connell
4	Trafford AC	40	—	6	Nicola Scott	11	Maddy Norman	23	Olivia Rosser	
5	St Helens Sutton	50	—	3	Chelsea Jarvis	22	Vicky Lamb	25	Rachel Wilcock	
6	Sale H Manchester	'B'	70	—	20	Danielle Dignan	24	Clare Dignan	26	Alex Ward

## Race 4 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	Matt Shirling	St Helens Sutton	12:44
2	Richard Powell	Trafford AC	12:51
3	Jack Gleave	Warrington AC	13:10
4	Alex Birchill	Sale H Manchester	13:15
5	Leon Gregory	E Chesh H & Tameside AC	13:22
6	Kyle Conway	Sale H Manchester	13:23
7	Michael Murphy	E Chesh H & Tameside AC	13:36
8	Ryan Wallis	Macclesfield H&AC	13:47
9	Henry Buttress	Warrington AC	13:56
10	Jack Donnelly	E Chesh H & Tameside AC	14:05
11	Alex Bradford	Sale H Manchester	14:12
12	Dillon Bezzina	Sale H Manchester	14:14
13	Mathew Metcalf	Moston & District H	14:19
14	Robert Powell	Trafford AC	14:36
15	\$Neng Wildman	Pendle AC	14:36

## Race 4 - Under 15 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	21	—	4	Alex Birchill	6	Kyle Conway	11	Alex Bradford	
2	E Chesh H & Tameside AC	22	—	5	Leon Gregory	7	Michael Murphy	10	Jack Donnelly	
3	Warrington AC	27	—	3	Jack Gleave	9	Henry Buttress	15	Cameron Field	
4	Macclesfield H&AC	41	—	8	Ryan Wallis	16	Will Gayne	17	James Taylor	
5	Macclesfield H&AC	'B'	69	—	19	James Mothershaw	23	Jacob Anderson	27	Russ Weightman

## Race 4 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	Lucy Smith	Altrincham & Dist AC	15:02
2	Victoria Newell	E Chesh H & Tameside AC	15:08
3	Beth Chasty	Macclesfield H&AC	15:24
4	Sally Ratcliffe	E Chesh H & Tameside AC	15:51
5	Katie Ashcroft	Warrington AC	16:11
6	Beatrice Cordingley	Sale H Manchester	16:26
7	Bethany Saunders	Salford Met AC	16:37
8	\$Helena Flippance	Sale H Manchester	17:24

## Race 4 - Under 17 Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	E Chesh H & Tameside AC	17	—	2	Victoria Newell	4	Sally Ratcliffe	11	Victoria Hartshorne
2	Sale H Manchester	24	—	6	Beatrice Cordingley	8	Jodie Guinnane	10	Sarah Simeen

# Manchester Area Cross Country League

## at Boggart Hole Clough on Saturday 12th December 2009

### Race 5 - Under 17 Men — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	John Ashcroft	St Helens Sutton	16:00	12	Dave Griffiths	St Helens Sutton	17:47
2	Liam Renton	Warrington AC	16:06	13	James Grannan	Handforth WA	17:53
3	Jamie White	St Helens Sutton	16:23	14	Glyn Windebank	Sale H Manchester	17:55
4	Callum Greenwood	Sale H Manchester	16:27	15	Daniel McIlmunn	Moston & District H	18:13
5	Ryan Ganose	Altrincham & Dist AC	16:30	16	Anthas Brown	St Helens Sutton	18:19
6	Chris Goodwin	West Cheshire AC	16:41	17	Joshua Smith	Altrincham & Dist AC	18:27
7	Matt Pentifex	Warrington AC	16:53	18	Stewart Nichol	Altrincham & Dist AC	18:53
8	Calum Murray	Macclesfield H&AC	16:57	19	Robert Hill	Moston & District H	19:01
9	Joseph Hudak	E Chesh H & Tameside AC	17:05	20	Shaun Richardson	Warrington AC	19:10
10	Josh Morse	Altrincham & Dist AC	17:10	21	Michael Fagg	E Chesh H & Tameside AC	23:28
11	Callum Rowlinson	Sale H Manchester	17:15				

### Race 5 - Under 17 Men — TEAM RESULTS

1	St Helens Sutton	16 — 1 John Ashcroft	3	Jamie White	12	Dave Griffiths
2	Sale H Manchester	29 — 4 Callum Greenwood	11	Callum Rowlinson	14	Glyn Windebank
3	Warrington AC	29 — 2 Liam Renton	7	Matt Pentifex	20	Shaun Richardson
4	Altrincham & Dist AC	32 — 5 Ryan Ganose	10	Josh Morse	17	Joshua Smith

### Senior Women (Vets) — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Anna Verges	L35	1 Trafford AC	30:43	29	Sue Exon	L55	1 Trafford AC	38:10
2	Alison Drasdo	L40	1 Trafford AC	30:54	30	Lynda Rowlinson	L45	9 Sale H Manchester	38:26
3	Helen Walch	L45	1 Stockport H & AC	32:08	31	Chris Dempsey	L45	10 St Helens Sutton	38:26
4	Stella Boam	L40	2 E Chesh H & Tameside AC	32:30	32	Kyrynda Hurstmoore	L40	7 Middleton H&AC	38:30
5	Katherine Harvey	L50	1 Altrincham & Dist AC	32:44	33	Maggie Davies	L50	9 Altrincham & Dist AC	38:35
6	Kate Sutton	L45	2 Wilmslow RC	32:52	34	Andrea Minshull	L45	11 Stockport H & AC	39:08
7	Hales Sally Ann	L45	3 Macclesfield H&AC	33:03	35	Ann McLaughlin	L45	12 Manchester H&AC	39:16
8	Helen Garner	L35	2 Stockport H & AC	33:06	36	Sarah Taylor	L40	8 Manchester H&AC	39:32
9	Jayne Lawton	L40	3 Stockport H & AC	33:28	37	Sacha Kendallwoods	L35	6 West Cheshire AC	39:34
10	Jackie Cordingley	L50	2 Sale H Manchester	33:42	38	Michelle Wilder	L40	9 Manchester Triathlon	40:02
11	Lauren Marsden	L35	3 Swinton RC	33:49	39	Janet Booker	L55	2 Stockport H & AC	40:46
12	Nicky Mowat	L50	3 Wilmslow RC	34:00	40	\$Joyce Boyd	L45	13 Unattached	40:48
13	Sarah Blunt	L35	4 Trafford AC	34:02	41	Jennifer Jackson	L45	14 Macclesfield H&AC	41:20
14	Joan Howe	L50	4 Trafford AC	34:14	42	Pauline Lynch	L60	2 Macclesfield H&AC	41:52
15	Sally Howarth	L45	4 Trafford AC	34:31	43	Dawn Green	L50	10 Swinton RC	41:57
16	Lynne Yates	L50	5 Sale H Manchester	34:36	44	Julia Foy	L35	7 Belle Vue Racers	42:15
17	Siobhan Lydon	L35	5 Trafford AC	35:15	45	Hilary West	L50	11 Stockport H & AC	43:05
18	Steph Goodchild	L40	4 Manchester YMCA H	35:23	46	Fay Whitehead	L40	10 Middleton H&AC	43:21
19	Claire Hawkes	L45	5 Wilmslow RC	35:32	47	Marie Lavin	L45	15 Belle Vue Racers	43:53
20	Marite Moore	L50	6 Stockport H & AC	35:47	48	Sandra Hutchinson	L45	16 Middleton H&AC	46:58
21	Jane Mellor	L40	5 Stockport H & AC	35:59	49	Carol Hart	L45	17 Swinton RC	47:16
22	Barbara Murray	L50	7 Macclesfield H&AC	36:00	50	Jean Bayley	L50	12 Manchester H&AC	48:20
23	Christine Dickinson	L45	6 ABC Runners	36:13	51	[65] Jean Skitt	L65	1 Manchester H&AC	49:52
24	Jackie Worrall	L45	7 Stockport H & AC	36:21	52	Clare Welch	L40	11 Manchester Triathlon	50:21
25	Cecilia Boodhoo	L45	8 Belle Vue Racers	37:01	53	Mavis Gregory	L60	3 Manchester H&AC	51:21
26	Claire Deane	L40	6 Manchester Triathlon	37:16	54	Sue Taylor	L50	13 Middleton H&AC	51:41
27	Annie Hirsch	L50	8 Belle Vue Racers	37:32	55	Alyson Lamb	L50	14 Middleton H&AC	52:15
28	Alexis Dinsmoor	L60	1 Stockport H & AC	37:39					

### Senior Women (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford AC	16 — 1 Anna Verges	2	Alison Drasdo	13	Sarah Blunt
2	Stockport H & AC	20 — 3 Helen Walch	8	Helen Garner	9	Jayne Lawton
3	Wilmslow RC	37 — 6 Kate Sutton	12	Nicky Mowat	19	Claire Hawkes
4	Trafford AC	46 — 14 Joan Howe	15	Sally Howarth	17	Siobhan Lydon
5	Sale H Manchester	56 — 10 Jackie Cordingley	16	Lynne Yates	30	Lynda Rowlinson
6	Stockport H & AC	65 — 20 Marite Moore	21	Jane Mellor	24	Jackie Worrall
7	Macclesfield H&AC	69 — 7 Hales Sally Ann	22	Barbara Murray	40	Jennifer Jackson
8	Belle Vue Racers	95 — 25 Cecilia Boodhoo	27	Annie Hirsch	43	Julia Foy
9	Swinton RC	101 — 11 Lauren Marsden	42	Dawn Green	48	Carol Hart
10	Manchester Triathlon	115 — 26 Claire Deane	38	Michelle Wilder	51	Clare Welch
11	Manchester H&AC	120 — 35 Ann McLaughlin	36	Sarah Taylor	49	Jean Bayley
12	Middleton H&AC	124 — 32 Kyrynda Hurstmoore	45	Fay Whitehead	47	Sandra Hutchinson

### Senior Women - U20 Women — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time
1	Ruth Jenyon		Stockport H & AC	30:10

### Senior Women - U20 Women — TEAM RESULTS

No complete teams

# Manchester Area Cross Country League at Boggart Hole Clough on Saturday 12th December 2009

## Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time
1	Jackie Fairchild		Trafford AC	26:33
2	Lucy O'Gorman		Sale H Manchester	26:41
3	Tessa Walker		Salford H & AC	27:14
4	Louisa Wood		Warrington AC	27:36
5	Emily Beedham		Sale H Manchester	28:13
6	Samantha Briggs		Salford H & AC	28:47
7	Gemma Connolly		St Helens Sutton	29:18
8	Ruth Jenyon	U20	1 Stockport H & AC	30:10
9	Hayley Kuter		Manchester YMCA H	30:15
10	Carley Davies		Stockport H & AC	30:22
11	Sarah Rhodes		Manchester Triathlon	30:24
12	Louise Rudd		Wilmslow RC	30:30
13	Nicola Pugh		Trafford AC	30:32
14	Anna Verges	L35	1 Trafford AC	30:43
15	Rachael Lawrance		Macclesfield H&AC	30:51
16	Victoria O'Donnell		Trafford AC	30:52
17	Sandra Lewis		Altrincham & Dist AC	30:53
18	Alison Drasdo	L40	1 Trafford AC	30:54
19	Kristy Readman		Macclesfield H&AC	30:55
20	Joanne Dawes		Trafford AC	31:19
21	Amy Hibbert		Manchester Triathlon	31:24
22	Virginia Roberts		Halton & Frodsham H	31:25
23	Liz Austen		Trafford AC	31:54
24	Helen Walch	L45	1 Stockport H & AC	32:08
25	Stella Boam	L40	2 E Chesh H & Tameside AC	32:30
26	Sarah Newman		Trafford AC	32:42
27	Katherine Harvey	L50	1 Altrincham & Dist AC	32:44
28	Fiona Randles		Sale H Manchester	32:49
29	Kate Sutton	L45	2 Wilmslow RC	32:52
30	Pauline Griffin		Manchester Triathlon	32:59
31	Teresa Kemp		Trafford AC	33:01
32	Hales Sally Ann	L45	3 Macclesfield H&AC	33:03
33	Helen Garner	L35	2 Stockport H & AC	33:06
34	Sian Holland		Sale H Manchester	33:09
35	Holly Teague		E Chesh H & Tameside AC	33:14
36	Jayne Lawton	L40	3 Stockport H & AC	33:28
37	Joanne Street		Sale H Manchester	33:31
38	Jackie Cordingley	L50	2 Sale H Manchester	33:42
39	Lauren Marsden	L35	3 Swinton RC	33:49
40	Deirdre McCarthy		Manchester Triathlon	33:53
41	Nicky Mowat	L50	3 Wilmslow RC	34:00
42	Sarah Blunt	L35	4 Trafford AC	34:02
43	Joan Howe	L50	4 Trafford AC	34:14
44	Carolyn Lewtas		Salford Met AC	34:28
45	Sally Price		Wilmslow RC	34:29
46	Sally Howarth	L45	4 Trafford AC	34:31
47	Emily Hughes		Middleton HAC	34:35
48	Lynne Yates	L50	5 Sale H Manchester	34:36
49	Jenny Clink		Sale H Manchester	34:59
50	Deborah Tout		Manchester Triathlon	35:11
51	Slobhan Lydon	L35	5 Trafford AC	35:15
52	Lindsey Johnson		Trafford AC	35:18
53	Steph Goodchild	L40	4 Manchester YMCA H	35:23
54	Claire Hawkes	L45	5 Wilmslow RC	35:32
55	Jane Bilton		Salford H & AC	35:37
56	Marite Moore	L50	6 Stockport H & AC	35:47
57	Belinda Hammond		Sale H Manchester	35:56
58	Jane Mellor	L40	5 Stockport H & AC	35:59
59	Barbara Murray	L50	7 Macclesfield H&AC	36:00
60	Christine Dickinson	L45	6 ABC Runners	36:13
61	Jackie Worrall	L45	7 Stockport H & AC	36:21
62	Laura Bostock		Altrincham & Dist AC	36:27
63	Julie Price		Sale H Manchester	36:50
64	Cecilia Boodhoo	L45	8 Belle Vue Racers	37:01
65	Helen Hyder	Und	1 Manchester Triathlon	37:08
66	Claire Deane	L40	6 Manchester Triathlon	37:16
67	Annie Hirsch	L50	8 Belle Vue Racers	37:32
68	Alexis Dinsmoor	L60	1 Stockport H & AC	37:39
69	Sue Exon	L55	1 Trafford AC	38:10
70	Lynda Rowlinson	L45	9 Sale H Manchester	38:26
71	Chris Dempsey	L45	10 St Helens Sutton	38:26
72	Kyrinda Hurstmoore	L40	7 Middleton HAC	38:30
73	Maggie Davies	L50	9 Altrincham & Dist AC	38:35
74	Tina Hicks		Belle Vue Racers	39:00
75	Andrea Minshull	L45	11 Stockport H & AC	39:08
76	Ann McLaughlin	L45	12 Manchester H&AC	39:16
77	\$Kate Graham		Unattached	39:31
78	Sarah Taylor	L40	8 Manchester H&AC	39:32
79	Rebecca Mills		Swinton RC	39:33
80	Sacha Kendallwoods	L35	6 West Cheshire AC	39:34
81	\$Faye Holden		Pendle AC	39:49
82	Michelle Wilder	L40	9 Manchester Triathlon	40:02
83	Reah Palmer		Salford Met AC	40:08
84	Stephanie Bennett		Manchester Met Uni	40:23
85	Stacey Benson		Manchester H&AC	40:43
86	Janet Booker	L55	2 Stockport H & AC	40:46
87	\$Joyce Boyd	L45	13 Unattached	40:48
88	Jennifer Jackson	L45	14 Macclesfield H&AC	41:20
89	Pauline Lynch	L60	2 Macclesfield H&AC	41:52
90	Dawn Green	L50	10 Swinton RC	41:57
91	Julia Foy	L35	7 Belle Vue Racers	42:15
92	Nina Birch		Wilmslow RC	42:41
93	Monique Geraghty		Wilmslow RC	43:04
94	Hilary West	L50	11 Stockport H & AC	43:05
95	Fay Whitehead	L40	10 Middleton HAC	43:21
96	Marie Lavin	L45	15 Belle Vue Racers	43:53
97	Anna Heaton		Manchester Met Uni	43:55
98	Sandra Hutchinson	L45	16 Middleton HAC	46:58
99	Carol Hart	L45	17 Swinton RC	47:16
100	Jean Bayley	L50	12 Manchester H&AC	48:20
101	Claire Irons		Warrington AC	48:25
102	Holly Myatt		Manchester Met Uni	49:08
103	Clare Robinson		Manchester Triathlon	49:09
104	[65] Jean Skitt	L65	1 Manchester H&AC	49:52
105	Clare Welch	L40	11 Manchester Triathlon	50:21
106	Mavis Gregory	L60	3 Manchester H&AC	51:21
107	Sue Taylor	L50	13 Middleton HAC	51:41
108	Alyson Lamb	L50	14 Middleton HAC	52:15

## Senior Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford AC	44	—	1	Jackie Fairchild	13	Nicola Pugh	14	Anna Verges	16	Victoria O'Donnell	
2	Sale H Manchester	69	—	2	Lucy O'Gorman	5	Emily Beedham	28	Fiona Randles	34	Sian Holland	
3	Stockport H & AC	75	—	8	Ruth Jenyon	10	Carley Davies	24	Helen Walch	33	Helen Garner	
4	Trafford AC	'B'	87	—	18	Alison Drasdo	20	Joanne Dawes	23	Liz Austen	26	Sarah Newman
5	Manchester Triathlon		102	—	11	Sarah Rhodes	21	Amy Hibbert	30	Pauline Griffin	40	Deirdre McCarthy
6	Macclesfield H&AC		125	—	15	Rachael Lawrance	19	Kristy Readman	32	Hales Sally Ann	50	Barbara Murray
7	Wilmslow RC		127	—	12	Louise Rudd	29	Kate Sutton	41	Nicky Mowat	45	Sally Price
8	Sale H Manchester	'B'	172	—	37	Joanne Street	38	Jackie Cordingley	48	Lynne Yates	49	Jenny Clink
9	Altrincham & Dist AC		179	—	17	Sandra Lewis	27	Katherine Harvey	62	Laura Bostock	73	Maggie Davies
10	Stockport H & AC	'B'	211	—	36	Jayne Lawton	56	Marite Moore	58	Jane Mellor	61	Jackie Worrall
11	Manchester Triathlon	'B'	261	—	50	Deborah Tout	65	Helen Hyder	66	Claire Deane	80	Michelle Wilder
12	Belle Vue Racers		293	—	64	Cecilia Boodhoo	67	Annie Hirsch	74	Tina Hicks	88	Julia Foy
13	Swinton RC		300	—	39	Lauren Marsden	78	Rebecca Mills	87	Dawn Green	96	Carol Hart
14	Middleton HAC		306	—	47	Emily Hughes	72	Kyrinda Hurstmoore	92	Fay Whitehead	95	Sandra Hutchinson
15	Manchester H&AC		333	—	76	Ann McLaughlin	77	Sarah Taylor	83	Stacey Benson	97	Jean Bayley