

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties - Mens 12 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Josh Lilly	Severn Ac	26:42	30	Steve Edmonds	Birchfield B	30:48
2	Paul Miles	Owls Ac	26:44	31	Simon Lanckham	Bromsgrove	31:01
3	Craig Hopkins	Swansea Ha	26:51	32	Dave O'Brien	Worcester	31:12
4	Matt Almond	Coventry G A	26:55	33	P Whittingham	Sutton	31:15
5	Ian Williams	Tipton Har A	26:57	34	Lee Smith	Gloucester	31:21
6	Warren Frey	Birchfield A	27:39	35	John Muddeman	Notts Ac B	31:23
7	Steve Mitchell	Bristol & A	27:49	36	Paul Gibbings	Trentham R	31:23
8	Matt Grainger	Kiddermins	28:04	37	N Richardson	Team Bath	31:27
9	Chris Illman	Cirenceste	28:14	38	Kevin Fisher	Solihull &	31:28
10	Matt Blunden	Notts Ac A	28:17	39	Glen North	Charnwood	31:30
11	Dave Kesterton	Halesowen A	28:18	40	Simon Bond	Royal Sutt	31:44
12	Nigel Marley	Rugby & No	28:23	41	Steve Brown	Sparkhill	32:00
13	M Matthews	Birmingham A	28:25	42	Jim Darcy	Silson Jog	32:08
14	Dave Evans	Wolverhamp A	28:59	43	Tom Hobbins	Stafford H	32:08
15	Seb Foy	Cheltenham	29:11	44	Andy Adkin	Saracens R	32:16
16	Paul Waby	Dudley & S	29:16	45	P Wooddisse	Bristol & B	32:25
17	Marc Hartley	Staffordsh	29:17	46	Nick Price	Halesowen B	32:41
18	Wayne Dashper	Telford Ac	29:43	47	J Breytenbach	Stratford	32:43
19	James Mee	Mansfield A	29:46	48	Patrick Riley	Lichfield	33:28
20	Paul Andrew	Northbrook A	29:51	49	Tony Jackson	StratfordB	33:42
21	Dean Parker	Bournville A	29:54	50	*Not Declared*	Notts Ac D	33:44
22	Leigh Stubbs	Redhill Ro	30:00	51	Allen El-Sour	Coventry G B	34:14
23	Rod Jones	Westbury H	30:03	52	Mike Berry	(Bournville B)	34:15
24	Sean Fenwick	Harborough	30:10	53	David Peet	Mansfield B	34:19
25	Paul Mountford	Tipton Har B	30:17	54	David Daniels	Cobra Runn	34:22
26	Richard White	Centurion	30:22	55	Daniel Brazier	Wolverhamp B	35:19
27	Mark Garratt	Stourbridg	30:28	56	Andrew Ralph	Northbrook B	35:43
28	Gurmal Dehl	West Bromw	30:29	57	Barry Meir	Halesowen C	39:35
29	Daniel Keating	Corby Ac	30:35	58	Mark Lynock	Bournville C	39:55
				59	Martin Ludford	Birmingham B	51:58

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties - Mens 12 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Gaz Davies	Owls Ac	14:52	41:36	+ 1	37	Adam Hartley	Corby Ac	19:04	49:39	- 8
2	Jon White	Coventry G A	15:15	42:10	+ 2	38	Andy Lomas	Charnwood	18:11	49:41	+ 1
3	Jelle Verwer	Tipton Har A	15:19	42:16	+ 2	39	Jerry Hogan	Bristol & B	17:28	49:53	+ 6
4	Daniel Beynon	Swansea Ha	15:42	42:33	- 1	40	Jon Williamson	Trentham R	18:42	50:05	- 4
5	P Whitehouse	Birchfield A	15:48	43:27	+ 1	41	Dan Taylor	Silson Jog	18:27	50:35	+ 1
6	Mick O'Doherty	Bristol & A	15:50	43:39	+ 1	42	Kevin Monk	Halesowen B	18:09	50:50	+ 4
7	Rob Keal	Notts Ac A	15:23	43:40	+ 3	43	J Shepstone	Sutton	19:39	50:54	- 10
8	Gareth Howells	Severn Ac	17:40	44:22	- 7	44	Tom Madden	Coventry G B	16:44	50:58	+ 7
9	Alex Derricott	Staffordsh	15:07	44:24	+ 8	45	M Mumford	Mansfield B	18:05	52:24	+ 8
10	M Bayliss	Birmingham A	16:06	44:31	+ 3	46	*Not Declared*	Notts Ac D	18:42	52:26	+ 4
11	Dom Morton	Halesowen A	16:15	44:33	0	47	Paul Feltham	Saracens R	20:17	52:33	- 3
12	Chris Lamb	Rugby & No	16:29	44:52	0	48	Gareth Stubbs	Lichfield	19:46	53:14	0
13	Barry Sampson	Cirenceste	16:40	44:54	- 4	49	Michael Harris	Stafford H	21:12	53:20	- 6
14	Lee Slater	Dudley & S	15:42	44:58	+ 2	50	Barry Crowley	Sparkhill	21:40	53:40	- 9
15	Stuart King	Mansfield A	15:19	45:05	+ 4	51	Nigel Abraham	(Bournville B)	19:26	53:41	+ 1
16	Roger Mullins	Cheltenham	16:18	45:29	- 1	52	Paul Mansell	West Bromw	23:22	53:51	- 24
17	Chris Carter	Telford Ac	15:49	45:32	+ 1	53	Mark Moore	Wolverhamp B	19:12	54:31	+ 2
18	Jon Grix	Bournville A	15:57	45:51	+ 3	54	Paul Orme	Cobra Runn	20:46	55:08	0
19	Dan Stimpson	Tipton Har B	15:44	46:01	+ 6	55	Phil Brennan	StratfordB	21:33	55:15	- 6
20	Alex Hobson	Kiddermins	18:13	46:17	- 12	56	Paul Costain	Northbrook B	21:24	57:07	0
21	Sam Dalglish	Westbury H	16:23	46:26	+ 2	57	Rob Weaver	Halesowen C	19:09	58:44	0
22	Martyn Brunt	Northbrook A	17:03	46:54	- 2	58	Oliver Hindle	Bournville C	20:39	1:00:34	0
23	Dave Hall	Worcester	16:19	47:31	+ 9	59	Geoff Mann	Birmingham B	19:26	1:11:24	0
24	Simon Nash	Redhill Ro	17:36	47:36	- 2	<b>Fastest runners over stage 2:</b>					
25	Matt Raden	Stourbridg	17:11	47:39	+ 2	1	Gaz Davies	Owls Ac	14:52		
26	Dan Vaughan	Wolverhamp A	18:44	47:43	- 12	2	Alex Derricott	Staffordsh	15:07		
27	J Brocklehurst	Stratford	15:12	47:55	+ 20	3	J Brocklehurst	Stratford	15:12		
28	Simon Leese	Royal Sutt	16:13	47:57	+ 12	4	Jon White	Coventry G A	15:15		
29	Matthew Green	Harborough	17:54	48:04	- 5	5	Stuart King	Mansfield A	15:19		
30	Richard Dando	Bromsgrove	17:09	48:10	+ 1	6	Jelle Verwer	Tipton Har A	15:19		
31	Andy Kear	Solihull &	16:52	48:20	+ 7	7	Rob Keal	Notts Ac A	15:23		
32	A Warburton	Notts Ac B	17:06	48:29	+ 3	8	Lee Slater	Dudley & S	15:42		
33	Tom Beer	Team Bath	17:19	48:46	+ 4	9	Daniel Beynon	Swansea Ha	15:42		
34	Lee Taylor	Centurion	18:26	48:48	- 8	10	Dan Stimpson	Tipton Har B	15:44		
35	Peter Dimbleby	Birchfield B	18:28	49:16	- 5						
36	Nick Cousins	Gloucester	17:57	49:18	- 2						

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties - Mens 12 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Tom Mahon	Owls Ac	15:16	56:52	0	37	Gavin Davies	Centurion	18:55	1:07:43	- 3
2	Pat Kavanagh	Tipton Har A	15:54	58:10	+ 1	38	Geoff Davis	Team Bath	18:58	1:07:44	- 5
3	Tom Bark	Coventry G A	16:19	58:29	- 1	39	Tom Whitmore	Charnwood	18:14	1:07:55	- 1
4	Andy Gourley	Swansea Ha	16:15	58:48	0	40	Keith Short	Gloucester	19:07	1:08:25	- 4
5	Alec Woods	Bristol & A	15:58	59:37	+ 1	41	Tim Hazelwood	Halesowen B	18:29	1:09:19	+ 1
6	R McWilliam	Birchfield A	16:19	59:46	- 1	42	Andy Taylor	Silson Jog	18:47	1:09:22	- 1
7	Rob Nixon	Notts Ac A	16:09	59:49	0	43	Guy Martin	Trentham R	19:45	1:09:50	- 3
8	Matt Allott	Staffordsh	15:46	1:00:10	+ 1	44	*Not Declared*	Notts Ac D	18:33	1:10:59	+ 2
9	Nick Hazelwood	Halesowen A	16:11	1:00:44	+ 2	45	Andy Saker	(Bournville B)	18:07	1:11:48	+ 6
10	A Kenchington	Birmingham A	16:43	1:01:14	0	46	Alex Lloyd	Mansfield B	19:30	1:11:54	- 1
11	C Brown-Monks	Mansfield A	16:14	1:01:19	+ 4	47	David Brayer	Lichfield	19:35	1:12:49	+ 1
12	Dave Gilbert	Severn Ac	17:12	1:01:34	- 4	48	Alan Dickens	Sutton	22:32	1:13:26	- 5
13	R Forsbrook	Cheltenham	16:15	1:01:44	+ 3	49	Phil Ross	Sparkhill	19:52	1:13:32	+ 1
14	Chris Bagshaw	Telford Ac	16:22	1:01:54	+ 3	50	John Abbiss	Wolverhamp B	19:34	1:14:05	+ 3
15	Matt Shannon	Cirenceste	17:09	1:02:03	- 2	51	Edwin Smith	Stafford H	21:13	1:14:33	- 2
16	Rob Andrew	Bournville A	16:13	1:02:04	+ 2	52	Robert Meek	West Bromw	21:16	1:15:07	0
17	Harvey Maguire	Tipton Har B	16:39	1:02:40	+ 2	53	Neil Hale	Cobra Runn	20:27	1:15:35	+ 1
18	Joe Dalgleish	Westbury H	16:35	1:03:01	+ 3	54	Martin Todman	StratfordB	20:53	1:16:08	+ 1
19	Dave Nation	Dudley & S	18:06	1:03:04	- 5	55	Jack Edwards	Saracens R	24:12	1:16:45	- 8
20	John Saw	Rugby & No	18:29	1:03:21	- 8	56	John Ralph	Northbrook B	22:46	1:19:53	0
21	Rory Johnson	Worcester	16:24	1:03:55	+ 2	57	Geoff Meadows	Bournville C	20:25	1:20:59	+ 1
22	James Adie	Bromsgrove	16:23	1:04:33	+ 8	58	Mike Morton	Halesowen C	24:24	1:23:08	- 1
23	M Benford	Notts Ac B	16:25	1:04:54	+ 9	59	Richard Carney	Birmingham B	2:33:21	3:44:45	0
24	Jon Ashley	Solihull &	16:49	1:05:09	+ 7	<b>Fastest runners over stage 3:</b>					
25	Daniel Worley	Harborough	17:12	1:05:16	+ 4	1	Tom Mahon	Owls Ac	15:16		
26	Paul Stead	Northbrook A	18:32	1:05:26	- 4	2	Matt Allott	Staffordsh	15:46		
27	Fred Tremblay	Royal Sutt	17:36	1:05:33	+ 1	3	Alistair Smith	Coventry G B	15:50		
28	Neil Bradley	Wolverhamp A	17:58	1:05:41	- 2	4	Pat Kavanagh	Tipton Har A	15:54		
29	Keith Hawkes	Stratford	17:47	1:05:42	- 2	5	Alec Woods	Bristol & A	15:58		
30	Chris Aston	Birchfield B	16:43	1:05:59	+ 5	6	Rob Nixon	Notts Ac A	16:09		
31	Daniel Layton	Bristol & B	16:15	1:06:08	+ 8	7	Nick Hazelwood	Halesowen A	16:11		
32	Graham Pearson	Kiddermins	19:55	1:06:12	- 12	8	Rob Andrew	Bournville A	16:13		
33	Terry Chambers	Redhill Ro	18:40	1:06:16	- 9	9	C Brown-Monks	Mansfield A	16:14		
34	Martin Johnson	Corby Ac	16:43	1:06:22	+ 3	10	Daniel Layton	Bristol & B	16:15		
35	Alistair Smith	Coventry G B	15:50	1:06:48	+ 9	11	R Forsbrook	Cheltenham	16:15		
36	Barry Green	Stourbridg	19:56	1:07:35	- 11	12	Andy Gourley	Swansea Ha	16:15		

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## Midland Counties - Mens 12 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Mark Powell	Owls Ac	27:37	1:24:29	0
2	Nigel Stirk	Tipton Har A	28:08	1:26:18	0
3	Ryan Kenny	Coventry G A	27:50	1:26:19	0
4	Ben Livesey	Birchfield A	27:01	1:26:47+	2
5	Daniel Gurmin	Swansea Ha	28:08	1:26:56 -	1
6	Matt Clowes	Staffordsh	27:48	1:27:58+	2
7	Phil Parry	Bristol & A	28:25	1:28:02 -	2
8	A Ramonas	Notts Ac A	28:46	1:28:35 -	1
9	Bill Nock	Halesowen A	28:55	1:29:39	0
10	Sean Ledger	Mansfield A	28:44	1:30:03+	1
11	Chris Rimmer	Telford Ac	28:30	1:30:24+	3
12	Darren Jordan	Cheltenham	29:01	1:30:45+	1
13	Mike Cadman	Bournville A	29:37	1:31:41+	3
14	A Williams	Cirenceste	29:46	1:31:49+	1
15	Stuart Nelson	Rugby & No	28:44	1:32:05+	5
16	Dave Lander	Severn Ac	31:13	1:32:47 -	4
17	Mark Ince	Birmingham A	31:59	1:33:13 -	7
18	Sam Mitchell	Worcester	30:08	1:34:03+	3
19	Stuart Male	Tipton Har B	31:49	1:34:29 -	2
20	Wonciech Gajny	Notts Ac B	30:03	1:34:57+	3
21	Steve Marklew	Royal Sutt	29:30	1:35:03+	6
22	Richard Wallis	Westbury H	32:07	1:35:08 -	4
23	Nathan Holmes	Northbrook A	29:59	1:35:25+	3
24	Ryan Lee	Bromsgrove	31:33	1:36:06 -	2
25	Mark Couldwell	Charnwood	28:11	1:36:06+	14
26	Rob Minton	Stratford	30:32	1:36:14+	3
27	Rene Vergo	Solihull &	31:31	1:36:40 -	3
28	Troy Garrity	Corby Ac	30:19	1:36:41+	6
29	Jason Pitcher	Harborough	31:53	1:37:09 -	4
30	Phil Lucker	Bristol & B	31:38	1:37:46+	1
31	A Buckingham	Team Bath	30:22	1:38:06+	7
32	Nigel Cobb	Redhill Ro	32:04	1:38:20+	1
33	Richard Read	Wolverhamp A	32:51	1:38:32 -	5
34	Frank Handy	Birchfield B	32:45	1:38:44 -	4
35	Peter Kellie	Gloucester	30:29	1:38:54+	5
36	Paul Davies	Centurion	31:32	1:39:15+	1
37	Aaron Bodycote	Coventry G B	33:24	1:40:12 -	2
38	Martin Davies	Kiddermins	34:13	1:40:25 -	6
39	Sam Freeman	Dudley & S	37:27	1:40:31 -	20
40	Mike Anslow	Stourbridg	33:18	1:40:53 -	4
41	Simon Woodward	Silson Jog	32:15	1:41:37+	1
42	Dave Pearsall	Trentham R	31:55	1:41:45+	1
43	Andy Nock	Halesowen B	34:00	1:43:19 -	2
44	James Shipman	Lichfield	32:46	1:45:35+	3
45	*Not Declared*	Notts Ac D	34:58	1:45:57 -	1
46	P Finnegan	Sparkhill	33:14	1:46:46+	3
47	Karl Moore	West Bromw	32:04	1:47:11+	5
48	Ed Hartley	(Bournville B)	35:31	1:47:19 -	3
49	Dan Bailey	Sutton	34:58	1:48:24 -	1
50	Paul Douglas	Stafford H	33:55	1:48:28+	1
51	Tim Raynor	Mansfield B	37:33	1:49:27 -	5
52	Steve Cleary	Cobra Runn	34:16	1:49:51+	1
53	John O'Brien	Saracens R	33:36	1:50:21+	2
54	Luke Darby	Wolverhamp B	38:09	1:52:14 -	4
55	Bob Hockenhull	Bournville C	37:42	1:58:41+	2
56	David Lee	Northbrook B	41:17	2:01:10	0
57	Ken Court	Halesowen C	38:36	2:01:44+	1
58	Paddy Davies	StratfordB	46:43	2:02:51 -	4

  

Fastest runners over stage 4:			
1	Ben Livesey	Birchfield A	27:01
2	Mark Powell	Owls Ac	27:37
3	Matt Clowes	Staffordsh	27:48
4	Ryan Kenny	Coventry G A	27:50
5	Daniel Gurmin	Swansea Ha	28:08
6	Nigel Stirk	Tipton Har A	28:08
7	Mark Couldwell	Charnwood	28:11
8	Phil Parry	Bristol & A	28:25
9	Chris Rimmer	Telford Ac	28:30
10	Stuart Nelson	Rugby & No	28:44
11	Sean Ledger	Mansfield A	28:44

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties - Mens 12 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Chris O'Neill	Owls Ac	15:59	1:40:28	0	36	Tim Dove	Redhill Ro	19:25	1:57:45	- 4
2	Dan Beier	Tipton Har A	15:12	1:41:30	0	37	P Eckloff	Centurion	18:45	1:58:00	- 1
3	Scott Hazell	Coventry G A	15:27	1:41:46	0	38	Jason Cornes	Stourbridg	17:16	1:58:09+	2
4	David Notman	Swansea Ha	15:46	1:42:42+	1	39	Eric Smith	Dudley & S	18:44	1:59:15	0
5	Jonny Cullen	Birchfield A	16:05	1:42:52	- 1	40	Dan Clowes	Trentham R	18:07	1:59:52+	2
6	Bruce Raeside	Notts Ac A	14:27	1:43:02+	2	41	Roger Carder	Kiddermins	20:55	2:01:20	- 3
7	Tom Kingsnorth	Bristol & A	16:07	1:44:09	0	42	Tom Bowen	Halesowen B	18:34	2:01:53+	1
8	Vincent Martin	Staffordsh	17:01	1:44:59	- 2	43	Brian Keers	Silson Jog	21:29	2:03:06	- 2
9	Marc Turner	Halesowen A	16:02	1:45:41	0	44	Simon Pennock	Lichfield	18:24	2:03:59	0
10	Paul Ward	Telford Ac	15:19	1:45:43+	1	45	S Williams	Sutton	17:13	2:05:37+	4
11	Matt Warley	Cheltenham	16:15	1:47:00+	1	46	Jason Plant	(Bournville B)	18:49	2:06:08+	2
12	Luke Marshall	Mansfield A	17:10	1:47:13	- 2	47	Stephen Awre	Sparkhill	20:06	2:06:52	- 1
13	Andy Crawford	Bournville A	17:31	1:49:12	0	48	*Not Declared*	Notts Ac D	21:01	2:06:58	- 3
14	Bill Leggate	Cirenceste	17:40	1:49:29	0	49	David Jones	West Bromw	20:23	2:07:34	- 2
15	Steve Reeves	Rugby & No	17:36	1:49:41	0	50	J Littlewood	Stafford H	20:08	2:08:36	0
16	Luke Northall	Tipton Har B	16:18	1:50:47+	3	51	Bryan Borrill	Mansfield B	19:11	2:08:38	0
17	Chris Davies	Worcester	16:46	1:50:49+	1	52	Paul Westwood	Cobra Runn	22:20	2:12:11	0
18	Chris McGurk	Notts Ac B	15:59	1:50:56+	2	53	Michael George	Saracens R	21:53	2:12:14	0
19	Steve Hale	Severn Ac	18:50	1:51:37	- 3	54	Will Ganley	Wolverhamp B	21:45	2:13:59	0
20	C Scoltock	Bromsgrove	15:54	1:52:00+	4	55	Jerry Trill	Northbrook B	18:38	2:19:48+	1
21	Mark Grace	Birmingham A	19:20	1:52:33	- 4	56	Duncan Ross	Bournville C	23:04	2:21:45	- 1
22	John Fletcher	Royal Sutt	17:42	1:52:45	- 1	57	Mick Deakin	Halesowen C	22:02	2:23:46	0
23	Robert Pringle	Westbury H	18:02	1:53:10	- 1	58	Luke Watkins	StratfordB	21:31	2:24:22	0
24	J Nicholson	Northbrook A	18:42	1:54:07	- 1	<b>Fastest runners over stage 5:</b>					
25	Brian Curtis	Corby Ac	18:09	1:54:50+	3	1	Bruce Raeside	Notts Ac A	14:27		
26	Rob Whitham	Bristol & B	17:10	1:54:56+	4	2	Dan Beier	Tipton Har A	15:12		
27	Paddy Taylor	Stratford	18:49	1:55:03	- 1	3	Paul Ward	Telford Ac	15:19		
28	Mark Whitmore	Charnwood	19:26	1:55:32	- 3	4	Scott Hazell	Coventry G A	15:27		
29	Roy Dale	Solihull &	19:02	1:55:42	- 2	5	Richard Burman	Coventry G B	15:34		
30	Iain Cade	Team Bath	17:39	1:55:45+	1	6	David Notman	Swansea Ha	15:46		
31	Richard Burman	Coventry G B	15:34	1:55:46+	6	7	C Scoltock	Bromsgrove	15:54		
32	Adam Brooks	Harborough	18:41	1:55:50	- 3	8	Chris O'Neill	Owls Ac	15:59		
33	Matthew Walton	Wolverhamp A	17:19	1:55:51	0	9	Chris McGurk	Notts Ac B	15:59		
34	James Lynch	Birchfield B	17:59	1:56:43	0	10	Marc Turner	Halesowen A	16:02		
35	A Wakefield	Gloucester	18:13	1:57:07	0						

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties - Mens 12 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	J Millington	Tipton Har A	14:41	1:56:11 +	1	36	Tony Haden	Centurion	18:47	2:16:47 + 1
2	James Franklin	Owls Ac	16:12	1:56:40 -	1	37	Gareth Cadd	DISQUALIFIED	10:53	2:17:01 + 9
3	E Combstock	Coventry G A	15:46	1:57:32	0	38	Ivan Dawes	Dudley & S	18:15	2:17:30 + 1
4	Ashley Sabin	Notts Ac A	15:28	1:58:30 +	2	39	Rob Tabbanor	Trentham R	17:56	2:17:48 + 1
5	Kevin Heywood	Bristol & A	14:36	1:58:45 +	2	40	B Worthington	Birchfield B	21:14	2:17:57 - 6
6	Alex Lewis	Swansea Ha	16:11	1:58:53 -	2	41	Tony Lowe	Redhill Ro	21:29	2:19:14 - 5
7	Simon O'Meara	Birchfield A	16:21	1:59:13 -	2	42	John Hill	Halesowen B	19:04	2:20:57 0
8	Chris Davies	Telford Ac	14:01	1:59:44 +	2	43	Mike Francis	Kiddermins	20:12	2:21:32 - 2
9	Chris Penn	Halesowen A	15:42	2:01:23	0	44	Robert Gillies	Silson Jog	20:29	2:23:35 - 1
10	Jason Burgess	Staffordsh	16:33	2:01:32 -	2	45	M Shortall	Lichfield	20:04	2:24:03 - 1
11	Mark Norris	Cheltenham	16:07	2:03:07	0	46	*Not Declared*	Notts Ac D	17:36	2:24:34 + 2
12	Steve Grainger	Mansfield A	17:05	2:04:18	0	47	Mark Pearce	Sparkhill	17:54	2:24:46 0
13	Robbie Brown	Cirenceste	17:59	2:07:28 +	1	48	Daniel Sperber	West Bromw	18:55	2:26:29 + 1
14	Brian Summers	Rugby & No	17:59	2:07:40 +	1	49	D Pickering	Sutton	21:53	2:27:30 - 4
15	Kevin Woodward	Bournville A	18:36	2:07:48 -	2	50	George Mafu	Stafford H	19:12	2:27:48 0
16	J Hutchinson	Notts Ac B	17:20	2:08:16 +	2	51	Mark Jenkins	Mansfield B	21:34	2:30:12 0
17	Alex Hope	Severn Ac	17:04	2:08:41 +	2	52	Wayne Edwards	Saracens R	19:33	2:31:47 + 1
18	Richard Hunter	Tipton Har B	18:21	2:09:08 -	2	53	Jordan Miller	Cobra Runn	22:13	2:34:24 - 1
19	Mark Hill	Worcester	18:56	2:09:45 -	2	54	Tony Dutton	Wolverhamp B	20:28	2:34:27 0
20	R Simpson	Royal Sutt	17:25	2:10:10 +	2	55	Mark Baker	Northbrook B	20:02	2:39:50 0
21	Andy Freeman	Bromsgrove	18:58	2:10:58 -	1	56	Barrie Roberts	Bournville C	23:11	2:44:56 0
22	J Bailey-Gard	Westbury H	18:08	2:11:18 +	1	57	Andy List	StratfordB	21:53	2:46:15 + 1
23	Matthew Hart	Bristol & B	16:39	2:11:35 +	3	58	Keith Perry	Halesowen C	25:03	2:48:49 - 1
24	Henry James	Birmingham A	19:13	2:11:46 -	3	<b>Fastest runners over stage 6:</b>				
25	Tony Hoy	Northbrook A	18:12	2:12:19 -	1	1	Gareth Cadd	DISQUALIFIED	10:53	
26	Iwan Jones	Coventry G B	16:44	2:12:30 +	5	2	Chris Davies	Telford Ac	14:01	
27	Graeme Hall	Corby Ac	17:42	2:12:32 -	2	3	Kevin Heywood	Bristol & A	14:36	
28	Malcolm Bowyer	Stratford	18:02	2:13:05 -	1	4	J Millington	Tipton Har A	14:41	
29	Tom Fisher	Wolverhamp A	17:27	2:13:18 +	4	5	Ashley Sabin	Notts Ac A	15:28	
30	Dave Gunstone	Team Bath	18:17	2:14:02	0	6	Chris Penn	Halesowen A	15:42	
31	Nigel Scoggins	Charnwood	18:51	2:14:23 -	3	7	E Combstock	Coventry G A	15:46	
32	Ian Summers	Gloucester	17:45	2:14:52 +	3	8	Mark Norris	Cheltenham	16:07	
33	Tony Harrison	Harborough	20:01	2:15:51 -	1	9	Alex Lewis	Swansea Ha	16:11	
34	Dave Rose	Stourbridg	18:19	2:16:28 +	4	10	James Franklin	Owls Ac	16:12	
35	Ian Voaden	Solihull &	20:52	2:16:34 -	6					

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties - Mens 12 Stage Stage 7 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Phil Nicholls	Tipton Har A	25:54	2:22:05	0
2	Ben Jones	Coventry G A	27:05	2:24:37 +	1
3	Ian Boneham	Notts Ac A	26:51	2:25:21 +	1
4	Jason Williams	Owls Ac	29:00	2:25:40 -	2
5	Marc Hobbs	Swansea Ha	27:52	2:26:45 +	1
6	Steve McGuigan	Bristol & A	28:09	2:26:54 -	1
7	James Trollope	Birchfield A	30:12	2:29:25	0
8	Jamie Davies	Telford Ac	30:54	2:30:38	0
9	Tom Kenderdine	Halesowen A	29:25	2:30:48	0
10	Sam Lucking	Staffordsh	29:44	2:31:16	0
11	Jon Norris	Cheltenham	29:46	2:32:53	0
12	Feidhlim Fahy	Mansfield A	32:35	2:36:53	0
13	Jamie Sewell	Rugby & No	30:04	2:37:44 +	1
14	David Wright	Cirenceste	30:30	2:37:58 -	1
15	Mark Hobbs	Bournville A	30:28	2:38:16	0
16	Kevin Hope	Notts Ac B	31:05	2:39:21	0
17	James Rose	Severn Ac	32:12	2:40:53	0
18	Andy Cooper	Tipton Har B	31:53	2:41:01	0
19	S Sternkopf	Worcester	31:24	2:41:09	0
20	Dan O'Mara	DISQUALIFIED	25:23	2:42:24 +	17
21	Chris Curtis	Corby Ac	29:54	2:42:26 +	6
22	Dan Noad	Bristol & B	30:54	2:42:29 +	1
23	Anthony Glover	Westbury H	31:28	2:42:46 -	1
24	G Moorehead	Bromsgrove	31:53	2:42:51 -	3
25	V Balachandra	Royal Sutt	32:57	2:43:07 -	5
26	Craig Walker	Wolverhamp A	30:00	2:43:18 +	3
27	Richard Gray	Birmingham A	31:42	2:43:28 -	3
28	S Millward	Gloucester	28:38	2:43:30 +	4
29	Mick O'Shea	Northbrook A	31:13	2:43:32 -	4
30	Richard Brown	Charnwood	31:43	2:46:06 +	1
31	William Clapp	Harborough	30:46	2:46:37 +	2
32	Guy Landon	Team Bath	33:01	2:47:03 -	2
33	Wayne Vickers	Stratford	34:31	2:47:36 -	5
34	Mike Peters	Coventry G B	36:53	2:49:23 -	8
35	Leon Bond	Centurion	32:37	2:49:24 +	1
36	R O'Donnell	Birchfield B	32:06	2:50:03 +	4
37	Steve Howes	Solihull &	34:07	2:50:41 -	2
38	Clive Greyson	Redhill Ro	32:56	2:52:10 +	3
39	Sam Newton	Trentham R	34:57	2:52:45	0
40	Trevor Buckley	Dudley & S	36:40	2:54:10 -	2
41	Kirk Andrews	Stourbridg	38:18	2:54:46 -	7
42	P Gillingham	Lichfield	31:39	2:55:42 +	3
43	Chris Wood	Silson Jog	32:36	2:56:11 +	1
44	Darren Riley	Sparkhill	31:45	2:56:31 +	3
45	Paul Butler	Halesowen B	35:36	2:56:33 -	3
46	Malcolm Carr	West Bromw	33:02	2:59:31 +	2
47	Mark Hawkins	Kiddermins	38:44	3:00:16 -	4
48	*Not Declared*	Notts Ac D	37:35	3:02:09 -	2
49	Chillingworth	Sutton	35:49	3:03:19	0
50	Dave Edwards	Saracens R	34:19	3:06:06 +	2
51	Steve Davies	Mansfield B	36:42	3:06:54	0
52	Steve Turner	Stafford H	39:58	3:07:46 -	2
53	Andrew Bave	Wolverhamp B	34:38	3:09:05 +	1
54	Richard Brooks	Cobra Runn	35:49	3:10:13 -	1
55	Richard French	Northbrook B	36:48	3:16:38	0
56	Stuart Pearson	Bournville C	36:34	3:21:30	0
57	Phil Marshall	StratfordB	39:50	3:26:05	0
58	Andy Lloyd	Halesowen C	38:27	3:27:16	0

### Fastest runners over stage 7:

1	Dan O'Mara	DISQUALIFIED	25:23
2	Phil Nicholls	Tipton Har A	25:54
3	Ian Boneham	Notts Ac A	26:51
4	Ben Jones	Coventry G A	27:05
5	Marc Hobbs	Swansea Ha	27:52
6	Steve McGuigan	Bristol & A	28:09
7	S Millward	Gloucester	28:38
8	Jason Williams	Owls Ac	29:00
9	Tom Kenderdine	Halesowen A	29:25
10	Sam Lucking	Staffordsh	29:44

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties - Mens 12 Stage Stage 8 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Steve Marriott	Tipton Har A	15:08	2:37:13	0	34	Andy Money	Centurion	19:06	3:08:30+	1
2	Richard Taylor	Coventry G A	14:54	2:39:31	0	35	Andy Dean	Solihull &	19:21	3:10:02+	2
3	R Birchall	Notts Ac A	15:29	2:40:50	0	36	Mark Tomlinson	Redhill Ro	18:36	3:10:46+	2
4	Tom Meakin	Owls Ac	15:59	2:41:39	0	37	Ryan Procter	Trentham R	18:38	3:11:23+	2
5	James Tugwell	Bristol & A	15:57	2:42:51+	1	38	Kevin Burke	Stourbridg	18:31	3:13:17+	3
6	Jon Williams	Swansea Ha	16:24	2:43:09-	1	39	Andy Pacey	Silson Jog	17:43	3:13:54+	4
7	Greg Divall	Birchfield A	15:32	2:44:57	0	40	Mark Hayward	Halesowen B	19:06	3:15:39+	5
8	Mark Dalkins	Telford Ac	15:58	2:46:36	0	41	Jim Brown	Dudley & S	21:41	3:15:51-	1
9	Andy Butler	Halesowen A	16:23	2:47:11	0	42	Pete Reeves	Sparkhill	20:50	3:17:21+	2
10	Darren Perry	Staffordsh	16:15	2:47:31	0	43	Alan Pritchard	Lichfield	23:01	3:18:43-	1
11	James Miller	Cheltenham	16:26	2:49:19	0	44	T McNeil	West Bromw	20:59	3:20:30+	2
12	Russell Betts	Mansfield A	17:44	2:54:37	0	45	Phil Taylor	Kiddermins	21:44	3:22:00+	2
13	Matthew Emery	Rugby & No	17:21	2:55:05	0	46	Keith Brown	Sutton	18:48	3:22:07+	3
14	Martyn Gibbons	Notts Ac B	16:25	2:55:46+	2	47	*Not Declared*	Notts Ac D	20:18	3:22:27+	1
15	Steve James	Bournville A	17:45	2:56:01	0	48	D Robertson	Mansfield B	18:09	3:25:03+	3
16	Stephen Elverd	Cirenceste	18:40	2:56:38-	2	49	A O'Brien	Saracens R	21:36	3:27:42+	1
17	Warren Miles	Worcester	16:39	2:57:48+	2	50	Paul Tabor	Wolverhamp B	20:01	3:29:06+	3
18	Chris Holloway	Tipton Har B	18:02	2:59:03	0	51	Mark Perry	Cobra Runn	20:17	3:30:30+	3
19	Nick Horton	Bromsgrove	16:21	2:59:12+	5	52	Roy Clay	Stafford H	24:10	3:31:56	0
20	Nick Gaulder	Severn Ac	19:20	3:00:13-	3	53	Declan Logue	StratfordB	18:51	3:44:56+	4
21	Chris Palmer	Westbury H	17:49	3:00:35+	2	54	Stuart Towlson	Halesowen C	23:48	3:51:04+	4
22	S Titmarsh	Birmingham A	18:09	3:01:37+	5	<b>Fastest runners over stage 8:</b>					
23	Darren Edwards	Wolverhamp A	18:20	3:01:38+	3	1	Richard Taylor	Coventry G A	14:54		
24	S Larcombe	Royal Sutt	18:36	3:01:43+	1	2	Steve Marriott	Tipton Har A	15:08		
25	Pete Fellows	Northbrook A	18:41	3:02:13+	4	3	R Birchall	Notts Ac A	15:29		
26	Chris Wheeler	Corby Ac	19:50	3:02:16-	5	4	Greg Divall	Birchfield A	15:32		
27	Paul Foot	(Bournville B)	20:16	3:02:40-	7	5	James Tugwell	Bristol & A	15:57		
28	Ben Jones	Gloucester	19:34	3:03:04	0	6	Mark Dalkins	Telford Ac	15:58		
29	S Costall	Harborough	18:10	3:04:47+	2	7	Tom Meakin	Owls Ac	15:59		
30	Alan Every	Team Bath	18:52	3:05:55+	2	8	Darren Perry	Staffordsh	16:15		
31	Duncan Dickie	Charnwood	20:10	3:06:16-	1	9	Nick Horton	Bromsgrove	16:21		
32	Andy Cockerill	Stratford	19:07	3:06:43+	1	10	Andy Butler	Halesowen A	16:23		
33	M Timothy	Coventry G B	18:09	3:07:32+	1						



# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties - Mens 12 Stage Stage 9 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Phil Clamp	Tipton Har A	15:33	2:52:46	0
2	James Griggs	Coventry G A	15:28	2:54:59	0
3	William Speake	Notts Ac A	15:41	2:56:31	0
4	Dan Woolford	Bristol & A	15:47	2:58:38+	1
5	Andy Davies	Swansea Ha	16:05	2:59:14+	1
6	Adam Watt	Birchfield A	15:36	3:00:33+	1
7	Simon May	Owls Ac	19:04	3:00:43	- 3
8	C Booker	Halesowen A	16:22	3:03:33+	1
9	Ioan Ilie	Telford Ac	17:27	3:04:03	- 1
10	David Bratt	Staffordsh	16:45	3:04:16	0
11	Andy Gore	Cheltenham	16:44	3:06:03	0
12	Paul Birch	Rugby & No	16:24	3:11:29+	1
13	Paul Archer	Notts Ac B	17:06	3:12:52+	1
14	Craig Wood	Mansfield A	18:56	3:13:33	- 2
15	Derek Gardner	Cirenceste	18:49	3:15:27+	1
16	Phil Bullock	Worcester	17:52	3:15:40+	1
17	Damian Lewis	Bromsgrove	16:38	3:15:50+	2
18	J Iacangelo	Bournville A	20:51	3:16:52	- 3
19	Paul Southall	Tipton Har B	18:32	3:17:35	- 1
20	A Blackburn	Severn Ac	19:04	3:19:17	0
21	Jon Fogarty	Wolverhamp A	17:57	3:19:35+	2
22	C Hackforth	Royal Sutt	17:53	3:19:36+	2
23	G Torrington	Westbury H	19:15	3:19:50	- 2
24	L Montgomery	Corby Ac	17:54	3:20:10+	2
25	Ian Emery	Birmingham A	18:45	3:20:22	- 3
26	Richard Hoidge	Northbrook A	18:27	3:20:40	- 1
27	Arthur Daley	Gloucester	19:01	3:22:05+	1
28	Paul Harmer	Charnwood	17:13	3:23:29+	3
29	Hugh Delargy	Harborough	19:05	3:23:52	0
30	Dan Jones	Team Bath	18:07	3:24:02	0
31	Andy Workman	(Bournville B)	21:48	3:24:28	- 4
32	Satterthwaite	Centurion	17:24	3:25:54+	2
33	Steve Kirk	Stratford	19:24	3:26:07	- 1
34	Darryl Teager	Redhill Ro	19:01	3:29:47+	2
35	Paul Froggatt	Solihull &	20:06	3:30:08	0
36	Alan Evans	Trentham R	18:52	3:30:15+	1
37	Kevin Reboul	Silson Jog	17:42	3:31:36+	2
38	Paul Allen	Halesowen B	19:36	3:35:15+	2
39	Rob Mills	Sparkhill	20:45	3:38:06+	3
40	Justin Phipps	Stourbridg	25:19	3:38:36	- 2
41	David Heeley	West Bromw	19:33	3:40:03+	3
42	Rob Starr	Sutton	20:10	3:42:17+	4
43	Tim Thacker	Lichfield	23:52	3:42:35	0
44	*Not Declared*	Notts Ac D	22:39	3:45:06+	3
45	Chris Auger	Kiddermins	23:32	3:45:32	0
46	Glyn Lawson	Saracens R	22:41	3:50:23+	3
47	Frank Thomas	Wolverhamp B	22:05	3:51:11+	3
48	Mark Bentley	Stafford H	20:04	3:52:00+	4
49	Steve Amos	Cobra Runn	21:48	3:52:18+	2
50	Roger Wilson	StratfordB	17:37	4:02:33+	3
51	Richard White	Halesowen C	19:48	4:10:52+	3

  

Fastest runners over stage 9:			
1	James Griggs	Coventry G A	15:28
2	Phil Clamp	Tipton Har A	15:33
3	Adam Watt	Birchfield A	15:36
4	William Speake	Notts Ac A	15:41
5	Dan Woolford	Bristol & A	15:47
6	Andy Davies	Swansea Ha	16:05
7	C Booker	Halesowen A	16:22
8	Paul Birch	Rugby & No	16:24
9	Damian Lewis	Bromsgrove	16:38
10	Andy Gore	Cheltenham	16:44

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties - Mens 12 Stage Stage 10 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	M Williams	Tipton Har A	27:32	3:20:18	0
2	Matt Lole	Coventry G A	26:53	3:21:52	0
3	Tim Hartley	Notts Ac A	27:06	3:23:37	0
4	Craig Peters	Bristol & A	27:42	3:26:20	0
5	Lewys Hobbs	Swansea Ha	28:03	3:27:17	0
6	J Ndyasienga	Birchfield A	27:38	3:28:11	0
7	Eddie Highton	Owls Ac	28:21	3:29:04	0
8	R Sedman-Smith	Telford Ac	29:19	3:33:22 +	1
9	Gareth Briggs	Staffordsh	29:46	3:34:02 +	1
10	Mark Hadley	Halesowen A	30:47	3:34:20 -	2
11	Andrew Hussey	Cheltenham	29:23	3:35:26	0
12	R Darling	Notts Ac B	30:39	3:43:31 +	1
13	Stephen Milner	Rugby & No	32:49	3:44:18 -	1
14	S Capewell	Mansfield A	32:36	3:46:09	0
15	Paul Barlow	Cirenceste	31:09	3:46:36	0
16	Paul Collins	Bromsgrove	31:42	3:47:32 +	1
17	Sean Rose	Bournville A	31:15	3:48:07 +	1
18	Richard Walsh	Worcester	32:51	3:48:31 -	2
19	Jason Richards	Tipton Har B	32:22	3:49:57	0
20	Ian Grindley	Wolverhamp A	30:32	3:50:07 +	1
21	Neal Humphreys	Corby Ac	31:12	3:51:22 +	3
22	Tony Hinchley	Royal Sutt	32:02	3:51:38	0
23	Paddy Allaway	Birmingham A	31:23	3:51:45 +	2
24	Luke Herbert	Gloucester	29:43	3:51:48 +	3
25	Tom Meheran	Severn Ac	33:00	3:52:17 -	5
26	John Hosie	Northbrook A	32:30	3:53:10	0
27	Graham Clarke	Westbury H	35:01	3:54:51 -	4
28	David Coales	Team Bath	30:57	3:54:59 +	2
29	Michael Brind	Charnwood	31:41	3:55:10 -	1
30	Martin Gore	Harborough	32:23	3:56:15 -	1
31	Tom Healey	Centurion	34:17	4:00:11 +	1
32	Danny Wilson	(Bournville B)	35:45	4:00:13 -	1
33	Phil Howell	Stratford	35:32	4:01:39	0
34	Martyn McHale	Redhill Ro	34:15	4:04:02	0
35	Jeff Haynes	Silson Jog	32:28	4:04:04 +	2
36	G Lawrence	Solihull &	35:06	4:05:14 -	1
37	Paul Thomas	Trentham R	36:02	4:06:17 -	1
38	Nick Stringer	Sparkhill	33:33	4:11:39 +	1
39	Barry Thompson	Halesowen B	36:43	4:11:58 -	1
40	David Long	West Bromw	33:15	4:13:18 +	1
41	Andy Boardman	Stourbridg	35:40	4:14:16 -	1
42	Matthew Hinks	Lichfield	34:21	4:16:56 +	1
43	Brian Bailey	Sutton	34:46	4:17:03 -	1
44	*Not Declared*	Notts Ac D	32:23	4:17:29	0
45	Robert Chrzan	Kiddermins	34:05	4:19:37	0
46	M Mountford	Stafford H	36:30	4:28:30 +	2
47	Mark Woodall	Cobra Runn	38:14	4:30:32 +	2
48	Pete Tingle	StratfordB	36:34	4:39:07 +	2
49	Richard Guest	Halesowen C	34:48	4:45:40 +	2

### Fastest runners over stage 10:

1	Matt Lole	Coventry G A	26:53
2	Tim Hartley	Notts Ac A	27:06
3	M Williams	Tipton Har A	27:32
4	J Ndyasienga	Birchfield A	27:38
5	Craig Peters	Bristol & A	27:42
6	Lewys Hobbs	Swansea Ha	28:03
7	Eddie Highton	Owls Ac	28:21
8	R Sedman-Smith	Telford Ac	29:19
9	Andrew Hussey	Cheltenham	29:23
10	Luke Herbert	Gloucester	29:43

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties - Mens 12 Stage Stage 11 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Neil Burton	Tipton Har A	16:01	3:36:19	0	32	M Carwardine	Centurion	20:08	4:20:19	- 1
2	Harvey Speed	Coventry G A	15:37	3:37:29	0	33	Mark Francis	Stratford	20:10	4:21:49	0
3	M Whitehouse	Notts Ac A	15:13	3:38:50	0	34	Lidgate-Taylor	Solihull &	17:28	4:22:42+	2
4	Harry Webb	Bristol & A	15:00	3:41:20	0	35	Jon Morley	Redhill Ro	18:54	4:22:56	- 1
5	Adam Blundell	Birchfield A	15:28	3:43:39+	1	36	Stewart Shears	Silson Jog	21:05	4:25:09	- 1
6	Neil Carter	Owls Ac	17:00	3:46:04+	1	37	M Rushton	Trentham R	20:31	4:26:48	0
7	Gareth Allott	Staffordsh	15:09	3:49:11+	2	38	Craig Hinks	Sparkhill	19:01	4:30:40	0
8	Sam Cruchley	Halesowen A	15:57	3:50:17+	2	39	S Millington	Halesowen B	19:32	4:31:30	0
9	Chris Talbot	Telford Ac	17:20	3:50:42 -	1	40	Gary Clifton	West Bromw	18:57	4:32:15	0
10	Andrew Kaighin	Cheltenham	17:00	3:52:26+	1	41	*Not Declared*	Notts Ac D	17:07	4:34:36+	3
11	Colin Palmer	Notts Ac B	16:27	3:59:58+	1	42	Bruce Clarke	Sutton	18:08	4:35:11+	1
12	Daniel Thomas	Swansea Ha	34:28	4:01:45 -	7	43	Chris Cox	Lichfield	21:25	4:38:21 -	1
13	John Gercs	Rugby & No	17:52	4:02:10	0	44	Noel Sanders	Stourbridg	25:10	4:39:26 -	3
14	Peter Stafford	Mansfield A	16:53	4:03:02	0	45	Steve Poulton	Kiddermins	19:49	4:39:26	0
15	Kevin Lanckham	Bromsgrove	17:34	4:05:06+	1	46	Keith Skerton	Stafford H	18:49	4:47:19	0
16	J Barrowclough	Cirenceste	18:56	4:05:32 -	1	47	Chris Pearson	Cobra Runn	20:39	4:51:11	0
17	Andy Wheeler	Bournville A	18:24	4:06:31	0	48	D Wolstencroft	StratfordB	19:04	4:58:11	0
18	Dave Smith	Wolverhamp A	16:48	4:06:55+	2	49	Andy Banham	Halesowen C	21:29	5:07:09	0
19	P Richardson	Worcester	18:36	4:07:07 -	1	<b>Fastest runners over stage 11:</b>					
20	L Heathcock	Tipton Har B	18:07	4:08:04 -	1	1	Harry Webb	Bristol & A	15:00		
21	Richard Moor	Gloucester	18:35	4:10:23+	3	2	Gareth Allott	Staffordsh	15:09		
22	John Dardis	Royal Sutt	18:50	4:10:28	0	3	M Whitehouse	Notts Ac A	15:13		
23	Simon Franklin	Corby Ac	19:13	4:10:35 -	2	4	Adam Blundell	Birchfield A	15:28		
24	Stephen Mears	Charnwood	16:00	4:11:10+	5	5	Harvey Speed	Coventry G A	15:37		
25	Alex Maton	Severn Ac	19:05	4:11:22	0	6	Sam Cruchley	Halesowen A	15:57		
26	Stuart Keen	Northbrook A	18:43	4:11:53	0	7	Stephen Mears	Charnwood	16:00		
27	Mark Edwards	Birmingham A	20:10	4:11:55 -	4	8	Neil Burton	Tipton Har A	16:01		
28	Nick Bower	Team Bath	18:41	4:13:40	0	9	Colin Palmer	Notts Ac B	16:27		
29	Philip Court	Westbury H	19:35	4:14:26 -	2	10	Dave Smith	Wolverhamp A	16:48		
30	H Crabtree	Harborough	19:50	4:16:05	0						
31	Simon Varcoe	(Bournville B)	19:40	4:19:53+	1						

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties - Mens 12 Stage Stage 12 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Mike Buntin	Tipton Har A	15:36	3:51:55	0	32	Paul Hawkins	Stratford	20:07	4:41:56+	1
2	Henry Hammond	Coventry G A	15:38	3:53:07	0	33	Graham Linnell	Silson Jog	19:00	4:44:09+	3
3	J Thewlis	Notts Ac A	14:49	3:53:39	0	34	C Middleton	Redhill Ro	21:45	4:44:41+	1
4	Richard Peters	Bristol & A	15:44	3:57:04	0	35	Ian Yates	Trentham R	19:27	4:46:15+	2
5	Ben Sharman	Birchfield A	15:53	3:59:32	0	36	B Wareing	Sparkhill	19:26	4:50:06+	2
6	Josh Norman	Owls Ac	16:13	4:02:17	0	37	Roger Mallard	Halesowen B	19:17	4:50:47+	2
7	Neil Platts	Staffordsh	17:59	4:07:10	0	38	Craig Dale	Solihull &	31:15	4:53:57 -	4
8	Oli Holden	Halesowen A	16:59	4:07:16	0	39	James Stott	West Bromw	22:49	4:55:04+	1
9	Richard Lucock	Telford Ac	17:43	4:08:25	0	40	Andrew Thomas	Sutton	19:58	4:55:09+	2
10	Andy Prophett	Cheltenham	16:03	4:08:29	0	41	*Not Declared*	Notts Ac D	21:40	4:56:16	0
11	Alex Bostock	Notts Ac B	17:19	4:17:17	0	42	Robert Park	Kiddermins	19:16	4:58:42+	3
12	Douglas Ross	Mansfield A	17:13	4:20:15+	2	43	Andrew Ritchie	Lichfield	20:36	4:58:57	0
13	Nigel Sewell	Rugby & No	18:28	4:20:38	0	44	James Sutton	Stourbridg	20:12	4:59:38	0
14	Marc Fallows	Cirenceste	15:47	4:21:19+	2	45	Bernard Wilkes	Stafford H	18:56	5:06:15+	1
15	R Shardlow	Bromsgrove	17:37	4:22:43	0	46	Mike Elwell	Cobra Runn	22:30	5:13:41+	1
16	Tom Watts	Worcester	16:54	4:24:01+	3	47	Steve Donnelly	StratfordB	20:46	5:18:57+	1
17	Mike Ferguson	Bournville A	17:46	4:24:17	0	48	Les Woods	Halesowen C	24:20	5:31:29+	1
18	Ian Pincher	Wolverhamp A	18:28	4:25:23	0	<b>Fastest runners over stage 12:</b>					
19	Tom Randles	Gloucester	16:28	4:26:51+	2	1	J Thewlis	Notts Ac A	14:49		
20	Bryan Mills	Tipton Har B	20:41	4:28:45	0	2	Mike Buntin	Tipton Har A	15:36		
21	Kevin Pye	Charnwood	18:11	4:29:21+	3	3	Henry Hammond	Coventry G A	15:38		
22	H Anderson	Northbrook A	17:31	4:29:24+	4	4	Richard Peters	Bristol & A	15:44		
23	Martin Jones	Royal Sutt	19:37	4:30:05 -	1	5	Marc Fallows	Cirenceste	15:47		
24	Toby Gosnall	Birmingham A	18:15	4:30:10+	3	6	Ben Sharman	Birchfield A	15:53		
25	Craig Bridges	Team Bath	17:44	4:31:24+	3	7	Andy Prophett	Cheltenham	16:03		
26	Charlie Hobbs	Westbury H	17:58	4:32:24+	3	8	Josh Norman	Owls Ac	16:13		
27	Rob Cytla	Severn Ac	22:47	4:34:09 -	2	9	Tom Randles	Gloucester	16:28		
28	Richard Bufton	Harborough	18:17	4:34:22+	2	10	Tom Watts	Worcester	16:54		
29	Roger Garrity	Corby Ac	25:10	4:35:45 -	6						
30	T Bacciochi	Centurion	18:38	4:38:57+	2						
31	Andy Edgar	(Bournville B)	19:07	4:39:00	0						

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## Midland Counties — Team Results — Final (nn) is team position after the appropriate stage.

<b>1 Tipton Harriers</b>		<b>'A' 3:51:55</b>		<b>9 Telford Ac</b>		<b>4:08:25</b>	
1 Ian Williams (5)	26:57	2 Jelle Verwer (3)	15:19	1 Wayne Dashper (18)	29:43	2 Chris Carter (17)	15:49
3 Pat Kavanagh (2)	15:54	4 Nigel Stirk (2)	28:08	3 Chris Bagshaw (14)	16:22	4 Chris Rimmer (11)	28:30
5 Dan Beier (2)	15:12	6 J Millington (1)	14:41	5 Paul Ward (10)	15:19	6 Chris Davies (8)	14:01
7 Phil Nicholls (1)	25:54	8 Steve Marriott (1)	15:08	7 Jamie Davies (8)	30:54	8 Mark Dalbins (8)	15:58
9 Phil Clamp (1)	15:33	10 M Williams (1)	27:32	9 Ioan Ilie (9)	17:27	10 R Sedman-Smith (8)	29:19
11 Neil Burton (1)	16:01	12 Mike Buntin (1)	15:36	11 Chris Talbot (9)	17:20	12 Richard Lucock (9)	17:43
<b>2 Coventry Godiva Harriers</b>		<b>'A' 3:53:07</b>		<b>10 Cheltenham &amp; County H</b>		<b>4:08:29</b>	
1 Matt Almond (4)	26:55	2 Jon White (2)	15:15	1 Seb Foy (15)	29:11	2 Roger Mullins (16)	16:18
3 Tom Bark (3)	16:19	4 Ryan Kenny (3)	27:50	3 R Forsbrook (13)	16:15	4 Darren Jordan (12)	29:01
5 Scott Hazell (3)	15:27	6 E Combstock (3)	15:46	5 Matt Warley (11)	16:15	6 Mark Norris (11)	16:07
7 Ben Jones (2)	27:05	8 Richard Taylor (2)	14:54	7 Jon Norris (11)	29:46	8 James Miller (11)	16:26
9 James Griggs (2)	15:28	10 Matt Lole (2)	26:53	9 Andy Gore (11)	16:44	10 Andrew Hussey (11)	29:23
11 Harvey Speed (2)	15:37	12 Henry Hammond (2)	15:38	11 Andrew Kaighin (10)	17:00	12 Andy Prophet (10)	16:03
<b>3 Notts Ac</b>		<b>'A' 3:53:39</b>		<b>11 Notts Ac</b>		<b>'B' 4:17:17</b>	
1 Matt Blunden (10)	28:17	2 Rob Keal (7)	15:23	1 John Muddeman (35)	31:23	2 A Warburton (32)	17:06
3 Rob Nixon (7)	16:09	4 A Ramonas (8)	28:46	3 M Benford (23)	16:25	4 Wonciech Gajny (20)	30:03
5 Bruce Raeside (6)	14:27	6 Ashley Sabin (4)	15:28	5 Chris McGurk (18)	15:59	6 J Hutchinson (16)	17:20
7 Ian Boneham (3)	26:51	8 R Birchall (3)	15:29	7 Kevin Hope (16)	31:05	8 Martyn Gibbons (14)	16:25
9 William Speake (3)	15:41	10 Tim Hartley (3)	27:06	9 Paul Archer (13)	17:06	10 R Darling (12)	30:39
11 M Whitehouse (3)	15:13	12 J Thewlis (3)	14:49	11 Colin Palmer (11)	16:27	12 Alex Bostock (11)	17:19
<b>4 Bristol &amp; West Ac</b>		<b>'A' 3:57:04</b>		<b>12 Mansfield Harriers &amp; Ac</b>		<b>'A' 4:20:15</b>	
1 Steve Mitchell (7)	27:49	2 Mick O'Doherty (6)	15:50	1 James Mee (19)	29:46	2 Stuart King (15)	15:19
3 Alec Woods (5)	15:58	4 Phil Parry (7)	28:25	3 C Brown-Monks (11)	16:14	4 Sean Ledger (10)	28:44
5 Tom Kingsnorth (7)	16:07	6 Kevin Heywood (5)	14:36	5 Luke Marshall (12)	17:10	6 Steve Grainger (12)	17:05
7 Steve McGuigan (6)	28:09	8 James Tugwell (5)	15:57	7 Feidhlim Fahy (12)	32:35	8 Russell Betts (12)	17:44
9 Dan Woolford (4)	15:47	10 Craig Peters (4)	27:42	9 Craig Wood (14)	18:56	10 S Capewell (14)	32:36
11 Harry Webb (4)	15:00	12 Richard Peters (4)	15:44	11 Peter Stafford (14)	16:53	12 Douglas Ross (12)	17:13
<b>5 Birchfield Harriers</b>		<b>'A' 3:59:32</b>		<b>13 Rugby &amp; Northampton Ac</b>		<b>4:20:38</b>	
1 Warren Frey (6)	27:39	2 P Whitehouse (5)	15:48	1 Nigel Marley (12)	28:23	2 Chris Lamb (12)	16:29
3 R McWilliam (6)	16:19	4 Ben Livesey (4)	27:01	3 John Saw (20)	18:29	4 Stuart Nelson (15)	28:44
5 Jonny Cullen (5)	16:05	6 Simon O'Meara (7)	16:21	5 Steve Reeves (15)	17:36	6 Brian Summers (14)	17:59
7 James Trollope (7)	30:12	8 Greg Divall (7)	15:32	7 Jamie Sewell (13)	30:04	8 Matthew Emery (13)	17:21
9 Adam Watt (6)	15:36	10 J Ndyasienga (6)	27:38	9 Paul Birch (12)	16:24	10 Stephen Milner (13)	32:49
11 Adam Blundell (5)	15:28	12 Ben Sharman (5)	15:53	11 John Geracs (13)	17:52	12 Nigel Sewell (13)	18:28
<b>6 Owls Ac</b>		<b>4:02:17</b>		<b>14 Cirencester Ac</b>		<b>4:21:19</b>	
1 Paul Miles (2)	26:44	2 Gaz Davies (1)	14:52	1 Chris Illman (9)	28:14	2 Barry Sampson (13)	16:40
3 Tom Mahon (1)	15:16	4 Mark Powell (1)	27:37	3 Matt Shannon (15)	17:09	4 A Williams (14)	29:46
5 Chris O'Neill (1)	15:59	6 James Franklin (2)	16:12	5 Bill Leggate (14)	17:40	6 Robbie Brown (13)	17:59
7 Jason Williams (4)	29:00	8 Tom Meakin (4)	15:59	7 David Wright (14)	30:30	8 Stephen Elverd (16)	18:40
9 Simon May (7)	19:04	10 Eddie Highton (7)	28:21	9 Derek Gardner (15)	18:49	10 Paul Barlow (15)	31:09
11 Neil Carter (6)	17:00	12 Josh Norman (6)	16:13	11 J Barrowclough (16)	18:56	12 Marc Fallows (14)	15:47
<b>7 Staffordshire Moorlands</b>		<b>4:07:10</b>		<b>15 Bromsgrove &amp; Redditch Ac</b>		<b>4:22:43</b>	
1 Marc Hartley (17)	29:17	2 Alex Derricott (9)	15:07	1 Simon Lanckham (31)	31:01	2 Richard Dando (30)	17:09
3 Matt Allott (8)	15:46	4 Matt Clowes (6)	27:48	3 James Adie (22)	16:23	4 Ryan Lee (24)	31:33
5 Vincent Martin (8)	17:01	6 Jason Burgess (10)	16:33	5 C Scoltock (20)	15:54	6 Andy Freeman (21)	18:58
7 Sam Lucking (10)	29:44	8 Darren Perry (10)	16:15	7 G Moorehead (24)	31:53	8 Nick Horton (19)	16:21
9 David Bratt (10)	16:45	10 Gareth Briggs (9)	29:46	9 Damian Lewis (17)	16:38	10 Paul Collins (16)	31:42
11 Gareth Allott (7)	15:09	12 Neil Platts (7)	17:59	11 Kevin Lanckham (15)	17:34	12 R Shardlow (15)	17:37
<b>8 Halesowen A &amp; Cc</b>		<b>'A' 4:07:16</b>		<b>16 Worcester Ac</b>		<b>4:24:01</b>	
1 Dave Kesterton (11)	28:18	2 Dom Morton (11)	16:15	1 Dave O'Brien (32)	31:12	2 Dave Hall (23)	16:19
3 Nick Hazelwood (9)	16:11	4 Bill Nock (9)	28:55	3 Rory Johnson (21)	16:24	4 Sam Mitchell (18)	30:08
5 Marc Turner (9)	16:02	6 Chris Penn (9)	15:42	5 Chris Davies (17)	16:46	6 Mark Hill (19)	18:56
7 Tom Kenderdine (9)	29:25	8 Andy Butler (9)	16:23	7 S Sternkopf (19)	31:24	8 Warren Miles (17)	16:39
9 C Booker (8)	16:22	10 Mark Hadley (10)	30:47	9 Phil Bullock (16)	17:52	10 Richard Walsh (18)	32:51
11 Sam Cruchley (8)	15:57	12 Oli Holden (8)	16:59	11 P Richardson (19)	18:36	12 Tom Watts (16)	16:54

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

<p><b>17 Bournville Harriers</b> 'A' 4:24:17</p> <p>1 Dean Parker (21) 29:54 3 Rob Andrew (16) 16:13 5 Andy Crawford (13) 17:31 7 Mark Hobbs (15) 30:28 9 J Iacangelo (18) 20:51 11 Andy Wheeler (17) 18:24</p> <p>2 Jon Grix (18) 15:57 4 Mike Cadman (13) 29:37 6 Kevin Woodward (15) 18:36 8 Steve James (15) 17:45 10 Sean Rose (17) 31:15 12 Mike Ferguson (17) 17:46</p>	<p><b>26 Westbury Harriers</b> 4:32:24</p> <p>1 Rod Jones (23) 30:03 3 Joe Dalgleish (18) 16:35 5 Robert Pringle (23) 18:02 7 Anthony Glover (23) 31:28 9 G Torrington (23) 19:15 11 Philip Court (29) 19:35</p> <p>2 Sam Dalgleish (21) 16:23 4 Richard Wallis (22) 32:07 6 J Bailey-Gard (22) 18:08 8 Chris Palmer (21) 17:49 10 Graham Clarke (27) 35:01 12 Charlie Hobbs (26) 17:58</p>
<p><b>18 Wolverhampton &amp; Bilston Ac</b> 'A' 4:25:23</p> <p>1 Dave Evans (14) 28:59 3 Neil Bradley (28) 17:58 5 Matthew Walton (33) 17:19 7 Craig Walker (26) 30:00 9 Jon Fogarty (21) 17:57 11 Dave Smith (18) 16:48</p> <p>2 Dan Vaughan (26) 18:44 4 Richard Read (33) 32:51 6 Tom Fisher (29) 17:27 8 Darren Edwards (23) 18:20 10 Ian Grindley (20) 30:32 12 Ian Pincher (18) 18:28</p>	<p><b>27 Severn Ac</b> 4:34:09</p> <p>1 Josh Lilly (1) 26:42 3 Dave Gilbert (12) 17:12 5 Steve Hale (19) 18:50 7 James Rose (17) 32:12 9 A Blackburn (20) 19:04 11 Alex Maton (25) 19:05</p> <p>2 Gareth Howells (8) 17:40 4 Dave Lander (16) 31:13 6 Alex Hope (17) 17:04 8 Nick Gaulder (20) 19:20 10 Tom Meheran (25) 33:00 12 Rob Cytla (27) 22:47</p>
<p><b>19 Gloucester Ac</b> 4:26:51</p> <p>1 Lee Smith (34) 31:21 3 Keith Short (40) 19:07 5 A Wakefield (35) 18:13 7 S Millward (28) 28:38 9 Arthur Daley (27) 19:01 11 Richard Moor (21) 18:35</p> <p>2 Nick Cousins (36) 17:57 4 Peter Kellie (35) 30:29 6 Ian Summers (32) 17:45 8 Ben Jones (28) 19:34 10 Luke Herbert (24) 29:43 12 Tom Randles (19) 16:28</p>	<p><b>28 Harborough Ac</b> 4:34:22</p> <p>1 Sean Fenwick (24) 30:10 3 Daniel Worley (25) 17:12 5 Adam Brooks (32) 18:41 7 William Clapp (31) 30:46 9 Hugh Delargy (29) 19:05 11 H Crabtree (30) 19:50</p> <p>2 Matthew Green (29) 17:54 4 Jason Pitcher (29) 31:53 6 Tony Harrison (33) 20:01 8 S Costall (29) 18:10 10 Martin Gore (30) 32:23 12 Richard Bufton (28) 18:17</p>
<p><b>20 Tipton Harriers</b> 'B' 4:28:45</p> <p>1 Paul Mountford (25) 30:17 3 Harvey Maguire (17) 16:39 5 Luke Northall (16) 16:18 7 Andy Cooper (18) 31:53 9 Paul Southall (19) 18:32 11 L Heathcock (20) 18:07</p> <p>2 Dan Stimpson (19) 15:44 4 Stuart Male (19) 31:49 6 Richard Hunter (18) 18:21 8 Chris Holloway (18) 18:02 10 Jason Richards (19) 32:22 12 Bryan Mills (20) 20:41</p>	<p><b>29 Corby Ac</b> 4:35:45</p> <p>1 Daniel Keating (29) 30:35 3 Martin Johnson (34) 16:43 5 Brian Curtis (25) 18:09 7 Chris Curtis (21) 29:54 9 L Montgomery (24) 17:54 11 Simon Franklin (23) 19:13</p> <p>2 Adam Hartley (37) 19:04 4 Troy Garrity (28) 30:19 6 Graeme Hall (27) 17:42 8 Chris Wheeler (26) 19:50 10 Neal Humphreys (21) 31:12 12 Roger Garrity (29) 25:10</p>
<p><b>21 Charnwood Ac</b> 4:29:21</p> <p>1 Glen North (39) 31:30 3 Tom Whitmore (39) 18:14 5 Mark Whitmore (28) 19:26 7 Richard Brown (30) 31:43 9 Paul Harmer (28) 17:13 11 Stephen Mears (24) 16:00</p> <p>2 Andy Lomas (38) 18:11 4 Mark Couldwell (25) 28:11 6 Nigel Scoggins (31) 18:51 8 Duncan Dickie (31) 20:10 10 Michael Brind (29) 31:41 12 Kevin Pye (21) 18:11</p>	<p><b>30 Centurion Rc</b> 4:38:57</p> <p>1 Richard White (26) 30:22 3 Gavin Davies (37) 18:55 5 P Eckloff (37) 18:45 7 Leon Bond (35) 32:37 9 Satterthwaite (32) 17:24 11 M Carwardine (32) 20:08</p> <p>2 Lee Taylor (34) 18:26 4 Paul Davies (36) 31:32 6 Tony Haden (36) 18:47 8 Andy Money (34) 19:06 10 Tom Healey (31) 34:17 12 T Bacciochi (30) 18:38</p>
<p><b>22 Northbrook Ac</b> 'A' 4:29:24</p> <p>1 Paul Andrew (20) 29:51 3 Paul Stead (26) 18:32 5 J Nicholson (24) 18:42 7 Mick O'Shea (29) 31:13 9 Richard Hoidge (26) 18:27 11 Stuart Keen (26) 18:43</p> <p>2 Martyn Brunt (22) 17:03 4 Nathan Holmes (23) 29:59 6 Tony Hoy (25) 18:12 8 Pete Fellows (25) 18:41 10 John Hosie (26) 32:30 12 H Anderson (22) 17:31</p>	<p><b>31 Stratford Upon Avon Ac</b> 4:41:56</p> <p>1 J Breytenbach (47) 32:43 3 Keith Hawkes (29) 17:47 5 Paddy Taylor (27) 18:49 7 Wayne Vickers (33) 34:31 9 Steve Kirk (33) 19:24 11 Mark Francis (33) 20:10</p> <p>2 J Brocklehurst (27) 15:12 4 Rob Minton (26) 30:32 6 Malcolm Bowyer (28) 18:02 8 Andy Cockerill (32) 19:07 10 Phil Howell (33) 35:32 12 Paul Hawkins (32) 20:07</p>
<p><b>23 Royal Sutton Coldfield Ac</b> 4:30:05</p> <p>1 Simon Bond (40) 31:44 3 Fred Tremblay (27) 17:36 5 John Fletcher (22) 17:42 7 V Balachandra (25) 32:57 9 C Hackforth (22) 17:53 11 John Dardis (22) 18:50</p> <p>2 Simon Leese (28) 16:13 4 Steve Marklew (21) 29:30 6 R Simpson (20) 17:25 8 S Larcombe (24) 18:36 10 Tony Hinchley (22) 32:02 12 Martin Jones (23) 19:37</p>	<p><b>32 Silson Joggers</b> 4:44:09</p> <p>1 Jim Darcy (42) 32:08 3 Andy Taylor (42) 18:47 5 Brian Keers (43) 21:29 7 Chris Wood (43) 32:36 9 Kevin Reboul (37) 17:42 11 Stewart Shears (36) 21:05</p> <p>2 Dan Taylor (41) 18:27 4 Simon Woodward (41) 32:15 6 Robert Gillies (44) 20:29 8 Andy Pacey (39) 17:43 10 Jeff Haynes (35) 32:28 12 Graham Linnell (33) 19:00</p>
<p><b>24 Birmingham Rowheath Ac</b> 'A' 4:30:10</p> <p>1 M Matthews (13) 28:25 3 A Kenchington (10) 16:43 5 Mark Grace (21) 19:20 7 Richard Gray (27) 31:42 9 Ian Emery (25) 18:45 11 Mark Edwards (27) 20:10</p> <p>2 M Bayliss (10) 16:06 4 Mark Ince (17) 31:59 6 Henry James (24) 19:13 8 S Titmarsh (22) 18:09 10 Paddy Allaway (23) 31:23 12 Toby Gosnall (24) 18:15</p>	<p><b>33 Redhill Road Runners</b> 4:44:41</p> <p>1 Leigh Stubbs (22) 30:00 3 Terry Chambers (33) 18:40 5 Tim Dove (36) 19:25 7 Clive Greyson (38) 32:56 9 Darryl Teager (34) 19:01 11 Jon Morley (35) 18:54</p> <p>2 Simon Nash (24) 17:36 4 Nigel Cobb (32) 32:04 6 Tony Lowe (41) 21:29 8 Mark Tomlinson (36) 18:36 10 Martyn McHale (34) 34:15 12 C Middleton (34) 21:45</p>
<p><b>25 Team Bath Ac</b> 4:31:24</p> <p>1 N Richardson (37) 31:27 3 Geoff Davis (38) 18:58 5 Iain Cade (30) 17:39 7 Guy Landon (32) 33:01 9 Dan Jones (30) 18:07 11 Nick Bower (28) 18:41</p> <p>2 Tom Beer (33) 17:19 4 A Buckingham (31) 30:22 6 Dave Gunstone (30) 18:17 8 Alan Every (30) 18:52 10 David Coales (28) 30:57 12 Craig Bridges (25) 17:44</p>	<p><b>34 Trentham Rc</b> 4:46:15</p> <p>1 Paul Gibbings (36) 31:23 3 Guy Martin (43) 19:45 5 Dan Clowes (40) 18:07 7 Sam Newton (39) 34:57 9 Alan Evans (36) 18:52 11 M Rushton (37) 20:31</p> <p>2 Jon Williamson (40) 18:42 4 Dave Pearsall (42) 31:55 6 Rob Tabbanor (39) 17:56 8 Ryan Procter (37) 18:38 10 Paul Thomas (37) 36:02 12 Ian Yates (35) 19:27</p>

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

## 35 Sparkhill Harriers

1 Steve Brown (41) 32:00	2 Barry Crowley (50) 21:40
3 Phil Ross (49) 19:52	4 P Finnegan (46) 33:14
5 Stephen Awre (47) 20:06	6 Mark Pearce (47) 17:54
7 Darren Riley (44) 31:45	8 Pete Reeves (42) 20:50
9 Rob Mills (39) 20:45	10 Nick Stringer (38) 33:33
11 Craig Hinks (38) 19:01	12 B Wareing (36) 19:26

**4:50:06**

## 43 Stourbridge RC

1 Mark Garratt (27) 30:28	2 Matt Raden (25) 17:11
3 Barry Green (36) 19:56	4 Mike Anslow (40) 33:18
5 Jason Cornes (38) 17:16	6 Dave Rose (34) 18:19
7 Kirk Andrews (41) 38:18	8 Kevin Burke (38) 18:31
9 Justin Phipps (40) 25:19	10 Andy Boardman (41) 35:40
11 Noel Sanders (44) 25:10	12 James Sutton (44) 20:12

**4:59:38**

## 36 Halesowen A & Cc

1 Nick Price (46) 32:41	2 Kevin Monk (42) 18:09
3 Tim Hazelwood (41) 18:29	4 Andy Nock (43) 34:00
5 Tom Bowen (42) 18:34	6 John Hill (42) 19:04
7 Paul Butler (45) 35:36	8 Mark Hayward (40) 19:06
9 Paul Allen (38) 19:36	10 Barry Thompson (39) 36:43
11 S Millington (39) 19:32	12 Roger Mallard (37) 19:17

**'B' 4:50:47**

## 44 Stafford Harriers

1 Tom Hobbins (43) 32:08	2 Michael Harris (49) 21:12
3 Edwin Smith (51) 21:13	4 Paul Douglas (50) 33:55
5 J Littlewood (50) 20:08	6 George Mafu (50) 19:12
7 Steve Turner (52) 39:58	8 Roy Clay (52) 24:10
9 Mark Bentley (48) 20:04	10 M Mountford (46) 36:30
11 Keith Skerton (46) 18:49	12 Bernard Wilkes (45) 18:56

**5:06:15**

## 37 Solihull & Small Heath Ac

1 Kevin Fisher (38) 31:28	2 Andy Kear (31) 16:52
3 Jon Ashley (24) 16:49	4 Rene Vergo (27) 31:31
5 Roy Dale (29) 19:02	6 Ian Voaden (35) 20:52
7 Steve Howes (37) 34:07	8 Andy Dean (35) 19:21
9 Paul Froggatt (35) 20:06	10 G Lawrence (36) 35:06
11 Lidgate-Taylor (34) 17:28	12 Craig Dale (38) 31:15

**4:53:57**

## 45 Cobra Running Club

1 David Daniels (54) 34:22	2 Paul Orme (54) 20:46
3 Neil Hale (53) 20:27	4 Steve Cleary (52) 34:16
5 Paul Westwood (52) 22:20	6 Jordan Miller (53) 22:13
7 Richard Brooks (54) 35:49	8 Mark Perry (51) 20:17
9 Steve Amos (49) 21:48	10 Mark Woodall (47) 38:14
11 Chris Pearson (47) 20:39	12 Mike Elwell (46) 22:30

**5:13:41**

## 38 West Bromwich Harriers

1 Gurmah Dehl (28) 30:29	2 Paul Mansell (52) 23:22
3 Robert Meek (52) 21:16	4 Karl Moore (47) 32:04
5 David Jones (49) 20:23	6 Daniel Sperber (48) 18:55
7 Malcolm Carr (46) 33:02	8 T McNeil (44) 20:59
9 David Heeley (41) 19:33	10 David Long (40) 33:15
11 Gary Clifton (40) 18:57	12 James Stott (39) 22:49

**4:55:04**

## 46 Stratford Upon Avon Ac 'B'

1 Tony Jackson (49) 33:42	2 Phil Brennan (55) 21:33
3 Martin Todman (54) 20:53	4 Paddy Davies (58) 46:43
5 Luke Watkins (58) 21:31	6 Andy List (57) 21:53
7 Phil Marshall (57) 39:50	8 Declan Logue (53) 18:51
9 Roger Wilson (50) 17:37	10 Pete Tingle (48) 36:34
11 D Wolstencroft (48) 19:04	12 Steve Donnelly (47) 20:46

**5:18:57**

## 39 Sutton In Ashfield HAC

1 P Whittingham (33) 31:15	2 J Shepstone (43) 19:39
3 Alan Dickens (48) 22:32	4 Dan Bailey (49) 34:58
5 S Williams (45) 17:13	6 D Pickering (49) 21:53
7 Chillingworth (49) 35:49	8 Keith Brown (46) 18:48
9 Rob Starr (42) 20:10	10 Brian Bailey (43) 34:46
11 Bruce Clarke (42) 18:08	12 Andrew Thomas (40) 19:58

**4:55:09**

## 47 Halesowen A & Cc

1 Barry Meir (57) 39:35	2 Rob Weaver (57) 19:09
3 Mike Morton (58) 24:24	4 Ken Court (57) 38:36
5 Mick Deakin (57) 22:02	6 Keith Perry (58) 25:03
7 Andy Lloyd (58) 38:27	8 Stuart Towilson (54) 23:48
9 Richard White (51) 19:48	10 Richard Guest (49) 34:48
11 Andy Banham (49) 21:29	12 Les Woods (48) 24:20

**'C' 5:31:29**

## 40 Notts Ac

1 Undeclared (50) 33:44	2 Undeclared (46) 18:42
3 Undeclared (44) 18:33	4 Undeclared (45) 34:58
5 Undeclared (48) 21:01	6 Undeclared (46) 17:36
7 Undeclared (48) 37:35	8 Undeclared (47) 20:18
9 Undeclared (44) 22:39	10 Undeclared (44) 32:23
11 Undeclared (41) 17:07	12 Undeclared (41) 21:40

**'D' 4:56:16**

## Disqualified -

### Bournville Harriers

1 Mike Berry (52) 34:15	2 Nigel Abraham (51) 19:26
3 Andy Saker (45) 18:07	4 Ed Hartley (48) 35:31
5 Jason Plant (46) 18:49	6 DISQUALIFIED (37) 10:53
7 DISQUALIFIED (20) 25:23	8 Paul Foot (27) 20:16
9 Andy Workman (31) 21:48	10 Danny Wilson (32) 35:45
11 Simon Varcoe (31) 19:40	12 Andy Edgar (31) 19:07

**'B' 4:39:00**

## 41 Kidderminster & Stourport Ac

1 Matt Grainger (8) 28:04	2 Alex Hobson (20) 18:13
3 Graham Pearson (32) 19:55	4 Martin Davies (38) 34:13
5 Roger Carder (41) 20:55	6 Mike Francis (43) 20:12
7 Mark Hawkins (47) 38:44	8 Phil Taylor (45) 21:44
9 Chris Auger (45) 23:32	10 Robert Chrzan (45) 34:05
11 Steve Poulton (45) 19:49	12 Robert Park (42) 19:16

**4:58:42**

## Incomplete Teams:

### Swansea Harriers (guest Team)

1 Craig Hopkins (3) 26:51	2 Daniel Beynon (4) 15:42
3 Andy Gourley (4) 16:15	4 Daniel Gurmin (5) 28:08
5 David Notman (4) 15:46	6 Alex Lewis (6) 16:11
7 Marc Hobbs (5) 27:52	8 Jon Williams (6) 16:24
9 Andy Davies (5) 16:05	10 Lewys Hobbs (5) 28:03
11 Daniel Thomas (12) 34:28	

**4:01:45**

### Saracens Rc

1 Andy Adkin (44) 32:16	2 Paul Feltham (47) 20:17
3 Jack Edwards (55) 24:12	4 John O'Brien (53) 33:36
5 Michael George (53) 21:53	6 Wayne Edwards (52) 19:33
7 Dave Edwards (50) 34:19	8 A O'Brien (49) 21:36
9 Glyn Lawson (46) 22:41	

**3:50:23**

## 42 Lichfield Rc

1 Patrick Riley (48) 33:28	2 Gareth Stubbs (48) 19:46
3 David Brayer (47) 19:35	4 James Shipman (44) 32:46
5 Simon Pennock (44) 18:24	6 M Shortall (45) 20:04
7 P Gillingham (42) 31:39	8 Alan Pritchard (43) 23:01
9 Tim Thacker (43) 23:52	10 Matthew Hinks (42) 34:21
11 Chris Cox (43) 21:25	12 Andrew Ritchie (43) 20:36

**4:58:57**

# The Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 4th April 2009

<b>Wolverhampton &amp; Bilston Ac</b>		<b>'B'</b>	<b>3:51:11</b>
1 Daniel Brazier (55)	35:19	2 Mark Moore (53)	19:12
3 John Abbiss (50)	19:34	4 Luke Darby (54)	38:09
5 Will Ganley (54)	21:45	6 Tony Dutton (54)	20:28
7 Andrew Bave (53)	34:38	8 Paul Tabor (50)	20:01
9 Frank Thomas (47)	22:05		

<b>Coventry Godiva Harriers</b>		<b>'B'</b>	<b>3:07:32</b>
1 Allen El-Sour (51)	34:14	2 Tom Madden (44)	16:44
3 Alistair Smith (35)	15:50	4 Aaron Bodycote (37)	33:24
5 Richard Burman (31)	15:34	6 Iwan Jones (26)	16:44
7 Mike Peters (34)	36:53	8 M Timothy (33)	18:09

<b>Dudley &amp; Stourbridge H</b>			<b>3:15:51</b>
1 Paul Waby (16)	29:16	2 Lee Slater (14)	15:42
3 Dave Nation (19)	18:06	4 Sam Freeman (39)	37:27
5 Eric Smith (39)	18:44	6 Ivan Dawes (38)	18:15
7 Trevor Buckley (40)	36:40	8 Jim Brown (41)	21:41

<b>Mansfield Harriers &amp; Ac</b>		<b>'B'</b>	<b>3:25:03</b>
1 David Peet (53)	34:19	2 M Mumford (45)	18:05
3 Alex Lloyd (46)	19:30	4 Tim Raynor (51)	37:33
5 Bryan Borrill (51)	19:11	6 Mark Jenkins (51)	21:34
7 Steve Davies (51)	36:42	8 D Robertson (48)	18:09

<b>Bristol &amp; West Ac</b>		<b>'B'</b>	<b>2:42:29</b>
1 P Wooddisse (45)	32:25	2 Jerry Hogan (39)	17:28
3 Daniel Layton (31)	16:15	4 Phil Lucker (30)	31:38
5 Rob Whitham (26)	17:10	6 Matthew Hart (23)	16:39
7 Dan Noad (22)	30:54		

<b>Birchfield Harriers</b>		<b>'B'</b>	<b>2:50:03</b>
1 Steve Edmonds (30)	30:48	2 Peter Dimpleby (35)	18:28
3 Chris Aston (30)	16:43	4 Frank Handy (34)	32:45
5 James Lynch (34)	17:59	6 B Worthington (40)	21:14
7 R O'Donnell (36)	32:06		

<b>Northbrook Ac</b>		<b>'B'</b>	<b>3:16:38</b>
1 Andrew Ralph (56)	35:43	2 Paul Costain (56)	21:24
3 John Ralph (56)	22:46	4 David Lee (56)	41:17
5 Jerry Trill (55)	18:38	6 Mark Baker (55)	20:02
7 Richard French (55)	36:48		

<b>Bournville Harriers</b>		<b>'C'</b>	<b>3:21:30</b>
1 Mark Lynock (58)	39:55	2 Oliver Hindle (58)	20:39
3 Geoff Meadows (57)	20:25	4 Bob Hockenull (55)	37:42
5 Duncan Ross (56)	23:04	6 Barrie Roberts (56)	23:11
7 Stuart Pearson (56)	36:34		

<b>Birmingham Rowheath Ac</b>		<b>'B'</b>	<b>3:44:45</b>
1 Martin Ludford (59)	51:58	2 Geoff Mann (59)	19:26
3 Richard Carney (59)	?3:21		