

The Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 10th January 2009

Under 11 Boys — FINAL RESULTS

Pos	Name	Club	Time				
1	Bradley Yates	Blackpool Wyre & Fylde AC	6:34	22	Luke Thompson	Ribble Valley AC	8:08
2	Matthew Doey	Kendal Amateur Athletic Club	7:02	23	Lewis O'Donnell	Unattached	8:09
3	Matthew Auld	Ribble Valley AC	7:05	24	A Woodburn-Baker	Lancaster & Morecambe Ac	8:12
4	Jack Weiss	Blackburn Harriers & Ac	7:06	25	Liam Hinnigan	Lancaster & Morecambe Ac	8:16
5	Ciaran Johnson	Blackpool Wyre & Fylde AC	7:11	26	James Edmondson	Preston Harriers & Ac	8:17
6	Kyle Smith	Blackburn Harriers & Ac	7:12	27	Liam McDermott	Preston Harriers & Ac	8:18
7	Robert Bryning	Preston Harriers & Ac	7:14	28	Lewis Garratty	Hyndburn Ac	8:19
8	Jake Broughton	Blackburn Harriers & Ac	7:15	29	Michael Law	Blackburn Harriers & Ac	8:20
9	William Moynihan	Hyndburn Ac	7:16	30	Adam Roberts	Preston Harriers & Ac	8:21
10	Reece Farnhill	Hyndburn Ac	7:18	31	Jim Casson	Blackburn Harriers & Ac	8:30
11	Jake Lonsdale	Lytham St Annes Rr Club	7:24	32	Benedict Hedley	Hyndburn Ac	8:32
12	Zach Barrow	Kendal Amateur Athletic Club	7:27	33	Mark McDonaldK	Ribble Valley AC	8:38
13	Conor Davies	Manx Harriers	7:39	34	Joshua Richardson	Blackburn Harriers & Ac	8:40
14	K Armour-Hamill	Blackburn Harriers & Ac	7:41	35	Daemon Metcalfe	Pendle Athletic Club	8:41
15	Cameron Critchley	Unattached	7:50	36	Harry Stringfellow	Rossendale Harriers & Ac	8:49
16	Samuel Charnley	Blackburn Harriers & Ac	7:54	37	Alex Wilson	Ribble Valley AC	8:55
17	Jordan Cartwright	Lytham St Annes Rr Club	7:57	38	Henry Kneale	Unattached	9:02
18	Patrick McGuinness	Lancaster & Morecambe Ac	7:58	39	Thomas Heatherington	Unattached	9:04
19	Kristian McInery	Blackburn Harriers & Ac	7:59	40	Dominic Rutter	Hyndburn Ac	9:10
20	Jack Haydock	Hyndburn Ac	8:02	41	Oscar Coleman	Lancaster & Morecambe Ac	9:27
21	Nathan Billington	Blackburn Harriers & Ac	8:06				

Under 11 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackburn Harriers & Ac	32	—	4	Jack Weiss	6	Kyle Smith	8	Jake Broughton	14	K Armour-Hamill
2	Hyndburn Ac	64	—	9	William Moynihan	10	Reece Farnhill	19	Jack Haydock	26	Lewis Garratty
3	Preston Harriers & Ac	83	—	7	Robert Bryning	24	James Edmondson	25	Liam McDermott	27	Michael Law
4	Ribble Valley AC	90	—	3	Matthew Auld	21	Luke Thompson	31	Mark McDonaldK	35	Alex Wilson
5	Lancaster & Morecambe Ac	99	—	17	Patrick McGuinness	22	A Woodburn-Baker	23	Liam Hinnigan	37	Oscar Coleman

Under 11 Girls — FINAL RESULTS

Pos	Name	Club	Time				
1	Elizabeth Greenwood	Blackburn Harriers & Ac	6:56	19	Hannah Newell	Blackpool Wyre & Fylde AC	8:18
2	Bethany Everson	Blackpool Wyre & Fylde AC	7:15	20	Polly Pearse	Blackburn Harriers & Ac	8:23
3	Amelia Betmead	Blackpool Wyre & Fylde AC	7:16	21	Shauna Williamson	Rossendale Harriers & Ac	8:26
4	Danielle Barton	Manx Harriers	7:19	22	Olivia Huyton	Preston Harriers & Ac	8:35
5	Katie Astin	Manx Harriers	7:20	23	Melissa Allen	Blackburn Harriers & Ac	8:36
6	Josie McGarrigle	Manx Harriers	7:36	24	Keeley Allen	Blackburn Harriers & Ac	8:37
7	Isobel Hughes	Preston Harriers & Ac	7:43	25	Katie Clark	Hyndburn Ac	8:39
8	Maxine Smith	Preston Harriers & Ac	7:47	26	Eleanor Graham	Ribble Valley AC	8:41
9	Sarah Chadwick	Preston Harriers & Ac	7:49	27	Millie Clark	Hyndburn Ac	8:47
10	Bethany Blackwell	Chorley Harriers	7:50	28	Esme Pearse	Blackburn Harriers & Ac	8:50
11	Isabella Lewis	Rossendale Harriers & Ac	7:54	29	Fionnuala Hart	Chorley Harriers	8:54
12	Emily Grey	Blackpool Wyre & Fylde AC	7:58	30	Sophie Murphy	Rossendale Harriers & Ac	9:02
13	Ruth Whipp	Chorley Ac	8:03	31	Becky Ingham	Preston Harriers & Ac	9:12
14	Charlotte Crook	Preston Harriers & Ac	8:07	32	Eloise Halliday	Blackburn Harriers & Ac	9:21
15	Eleanor Solomon	Rossendale Harriers & Ac	8:12	33	Shona Monks	Rossendale Harriers & Ac	9:36
16	Fiona Hockey	Blackpool Wyre & Fylde AC	8:14	34	Emily Harris	Blackburn Harriers & Ac	9:47
17	Alexa McTiffin	Hyndburn Ac	8:16	35	Ashleigh Broadbent	Hyndburn Ac	10:16
18	Charlotte Waddington	Rossendale Harriers & Ac	8:17	36	Bethany Garratty	Hyndburn Ac	10:39

Under 11 Girls — TEAM RESULTS

1	Blackpool Wyre & Fylde AC	33	—	2	Bethany Everson	3	Amelia Betmead	12	Emily Grey	16	Fiona Hockey
2	Preston Harriers & Ac	38	—	7	Isobel Hughes	8	Maxine Smith	9	Sarah Chadwick	14	Charlotte Crook
3	Rossendale Harriers & Ac	65	—	11	Isabella Lewis	15	Eleanor Solomon	18	Charlotte Waddington	21	Shauna Williamson
4	Blackburn Harriers & Ac	68	—	1	Elizabeth Greenwood	20	Polly Pearse	23	Melissa Allen	24	Keeley Allen
5	Hyndburn Ac	104	—	17	Alexa McTiffin	25	Katie Clark	27	Millie Clark	35	Ashleigh Broadbent

The Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 10th January 2009

Under 13 - Boys — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Ben Everson	Blackpool Wyre & Fylde AC	11:46	17	Robert Buckley	Blackburn Harriers & Ac	14:27
2	Daniel Bebbington	Preston Harriers & Ac	12:26	18	Isaac Scott	Lancaster & Morecambe Ac	14:35
3	Jake Walley	Blackpool Wyre & Fylde AC	12:32	19	Alex Walker	Chorley Harriers	14:36
4	Jack Isherwood	Preston Harriers & Ac	12:48	20	Luke Pepper	Blackpool Wyre & Fylde AC	14:38
5	Patrick Dever	Preston Harriers & Ac	12:55	21	Edward Harkness	Blackburn Harriers & Ac	14:41
6	Ashley Allen	Blackburn Harriers & Ac	13:06	22	Luke Monks	Rossendale Harriers & Ac	14:47
7	Declan Bulmer	Pendle Athletic Club	13:08	23	Tom Booth	Preston Harriers & Ac	15:04
8	Callum Davidson	Rossendale Harriers & Ac	13:12	24	James Blow	Blackburn Harriers & Ac	15:09
9	Robert Blow	Blackburn Harriers & Ac	13:32	25	Jack Edmonson	Pendle Athletic Club	15:16
10	Michael Hampson	Preston Harriers & Ac	13:36	26	Craig Clayton	Blackpool Wyre & Fylde AC	15:22
11	Alex Cross	Blackpool Wyre & Fylde AC	13:39	27	Callum Hudson	Blackburn Harriers & Ac	15:26
12	Nathan Browne	Liverpool Pembroke & Sefton H	13:43	28	Rafi Scott	Lancaster & Morecambe Ac	15:33
13	Robert Jeffers	Blackburn Harriers & Ac	13:46	29	Daniel James	Unattached	15:54
14	Dale Allen	Blackburn Harriers & Ac	13:48	30	Jamie Hauserman	Blackburn Harriers & Ac	16:09
15	Joseph Pearse	Blackburn Harriers & Ac	13:56	31	Tom Barnes	Ribble Valley AC	16:36
16	Jack Hindle	Blackburn Harriers & Ac	14:09	32	Declan Cartwright	Lytham St Annes Rr Club	19:35

Under 13 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Preston Harriers & Ac	21	—	2	Daniel Bebbington	4	Jack Isherwood	5	Patrick Dever	10	Michael Hampson
2	Blackpool Wyre & Fylde AC	35	—	1	Ben Everson	3	Jake Walley	11	Alex Cross	20	Luke Pepper
3	Blackburn Harriers & Ac	42	—	6	Ashley Allen	9	Robert Blow	13	Robert Jeffers	14	Dale Allen

Under 13 - Girls — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Florie McLeish	Preston Harriers & Ac	12:38	19	Nina Stirrup	Blackburn Harriers & Ac	14:54
2	Rachael Scott	Preston Harriers & Ac	12:55	20	Megan Solomon	Rossendale Harriers & Ac	14:56
3	Jodie Ferguson	Blackpool Wyre & Fylde AC	12:57	21	Kate Lawler	Blackpool Wyre & Fylde AC	14:56
4	Sally Seanson	Blackburn Harriers & Ac	13:04	22	Leah Williamson	Rossendale Harriers & Ac	15:03
5	Molly Betmead	Blackpool Wyre & Fylde AC	13:32	23	Holly Ballantyne	Blackburn Harriers & Ac	15:06
6	Imogen Poerce	Blackpool Wyre & Fylde AC	13:49	24	Kelly Smith	Blackpool Wyre & Fylde AC	15:17
7	Mary Hodgson	Lancaster & Morecambe Ac	14:07	25	Ellen Duke	Ribble Valley AC	15:19
8	Aiisha Johnson	Blackpool Wyre & Fylde AC	14:17	26	Katy Ingham	Preston Harriers & Ac	15:26
9	Alice Ashe	Manx Harriers	14:21	27	Kirsty Fraser	Lytham St Annes Rr Club	15:33
10	Lucy Alderman	Pendle Athletic Club	14:29	28	Alexandra Quarmby	Blackpool Wyre & Fylde AC	15:35
11	Alice Garnett	Pendle Athletic Club	14:32	29	Ella Roberts	Preston Harriers & Ac	15:38
12	Lucy Lennon	Ribble Valley AC	14:37	30	Lucy Minns	Blackpool Wyre & Fylde AC	15:39
13	Hannah Williams	Hyndburn Ac	14:41	31	Kaylie Blaser	Blackburn Harriers & Ac	16:35
14	Lauren Sharkey	Lancaster & Morecambe Ac	14:45	32	Alex Thistlethwaite	Ribble Valley AC	16:51
15	Rebecca Flanagan	Rossendale Harriers & Ac	14:47	33	Katie Buckingham	Blackburn Harriers & Ac	17:08
16	Emma Hargreaves	Preston Harriers & Ac	14:47	34	Laura Nerenberg	Ribble Valley AC	17:09
17	Hannah Fleet	Lancaster & Morecambe Ac	14:52	35	Jessica McCracken	Lancaster & Morecambe Ac	17:33
18	Sosanna Cox	Manx Harriers	14:53				

Under 13 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackpool Wyre & Fylde AC	22	—	3	Jodie Ferguson	5	Molly Betmead	6	Imogen Poerce	8	Aiisha Johnson
2	Preston Harriers & Ac	45	—	1	Florie McLeish	2	Rachael Scott	16	Emma Hargreaves	26	Katy Ingham
3	Lancaster & Morecambe Ac	73	—	7	Mary Hodgson	14	Lauren Sharkey	17	Hannah Fleet	35	Jessica McCracken
4	Blackburn Harriers & Ac	77	—	4	Sally Seanson	19	Nina Stirrup	23	Holly Ballantyne	31	Kaylie Blaser
5	Ribble Valley AC	103	—	12	Lucy Lennon	25	Ellen Duke	32	Alex Thistlethwaite	34	Laura Nerenberg

The Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 10th January 2009

Under 15 - Boys — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Alistair Nelson	Liverpool Pembroke & Sefton H	13:03	20	Nick Colburn	Northern (IOM) AC	14:14
2	Luke Tasker	Blackburn Harriers & Ac	13:04	21	Dominic Walton	Blackburn Harriers & Ac	14:14
3	Alan McKeown	Blackburn Harriers & Ac	13:07	22	Sammy Holt	Manx Harriers	14:17
4	Elliott Wylie	Rossendale Harriers & Ac	13:27	23	Kieran Monaghan	Blackburn Harriers & Ac	14:28
5	Luke Betts	Chorley Ac	13:28	24	Daniel Quarmby	Blackpool Wyre & Fylde AC	14:32
6	Sean Kirkbride	Liverpool Pembroke & Sefton H	13:30	25	Kyle Nicholls	Liverpool Pembroke & Sefton H	14:40
7	Liam McGuinness	Lancaster & Morecambe Ac	13:35	26	Sam Butters	Ribble Valley AC	14:41
8	Alex Evans	Blackpool Wyre & Fylde AC	13:39	27	Craig Jeffers	Blackburn Harriers & Ac	14:45
9	Callum Mason	Lancaster & Morecambe Ac	13:43	28	Jason Paleothadolos	Preston Harriers & Ac	14:57
10	Beau Smith	Lancaster & Morecambe Ac	13:54	29	Ryan Hodgson	Ribble Valley AC	14:59
11	Daniel Walsh	Rossendale Harriers & Ac	14:00	30	Joseph Hanlon	Liverpool Pembroke & Sefton H	15:21
12	Callum Rowett	Preston Harriers & Ac	14:02	31	Adam Weightman	Blackpool Wyre & Fylde AC	15:36
13	Adam Bateson	Lancaster & Morecambe Ac	14:02	32	Joseph Ellison	Chorley Ac	15:38
14	Adam Goldfarb	Liverpool Pembroke & Sefton H	14:09	33	Lewis Auld	Ribble Valley AC	16:24
15	David Reece	Liverpool Pembroke & Sefton H	14:10	34	Darren McDonald	Liverpool Pembroke & Sefton H	16:37
16	Reece Clark	Ribble Valley AC	14:10	35	Adam Sciacca	Chorley Ac	16:41
17	Joe O'Donnell	Preston Harriers & Ac	14:11	36	Luke Hodgson	Lancaster & Morecambe Ac	18:02
18	Ryan Sciacca	Chorley Ac	14:11	37	James Whitaker	Lancaster & Morecambe Ac	19:03
19	???	Unattached	14:13				

Under 15 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Liverpool Pembroke & Sefton H	36	—	1	Alistair Nelson	6	Sean Kirkbride	14	Adam Goldfarb	15	David Reece
2	Lancaster & Morecambe Ac	39	—	7	Liam McGuinness	9	Callum Mason	10	Beau Smith	13	Adam Bateson
3	Blackburn Harriers & Ac	47	—	2	Luke Tasker	3	Alan McKeown	20	Dominic Walton	22	Kieran Monaghan
4	Chorley Ac	88	—	5	Luke Betts	18	Ryan Sciacca	31	Joseph Ellison	34	Adam Sciacca
5	Ribble Valley AC	101	—	16	Reece Clark	25	Sam Butters	28	Ryan Hodgson	32	Lewis Auld

Under 15 - Girls — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Bianca Pedersen	Blackpool Wyre & Fylde AC	14:33	13	Caitriona Cox	Manx Harriers	16:21
2	Lauren Gowland	Blackpool Wyre & Fylde AC	14:43	14	Jessica Crook	Preston Harriers & Ac	16:26
3	Emma Spencer	Pendle Athletic Club	14:55	15	Samantha Smith	Blackpool Wyre & Fylde AC	16:31
4	Sarah Astin	Manx Harriers	15:08	16	Rebecca Noblet	Preston Harriers & Ac	16:36
5	Beckie Taylor	Blackburn Harriers & Ac	15:14	17	Holly Broughton	Blackburn Harriers & Ac	16:47
6	Charlotte Evans	Blackpool Wyre & Fylde AC	15:19	18	Anna Watson	Blackburn Harriers & Ac	17:02
7	Emily Fletcher	Blackburn Harriers & Ac	15:23	19	Jessica McDermott	Preston Harriers & Ac	17:10
8	Jade Lord	Pendle Athletic Club	15:36	20	Gabriella Charnley	Ribble Valley AC	17:19
9	Ashley Smith	Preston Harriers & Ac	15:46	21	Amy Bristow	Ribble Valley AC	17:30
10	Holly Crabtree	Pendle Athletic Club	15:50	22	Savanna Cairns	Blackpool Wyre & Fylde AC	17:31
11	Sarah Hodgson	Lancaster & Morecambe Ac	16:06	23	Helen Wallis	Ribble Valley AC	19:10
12	Emily Wilson	Pendle Athletic Club	16:14				

Under 15 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackpool Wyre & Fylde AC	24	—	1	Bianca Pedersen	2	Lauren Gowland	6	Charlotte Evans	15	Samantha Smith
2	Pendle Athletic Club	33	—	3	Emma Spencer	8	Jade Lord	10	Holly Crabtree	12	Emily Wilson
3	Blackburn Harriers & Ac	47	—	5	Beckie Taylor	7	Emily Fletcher	17	Holly Broughton	18	Anna Watson
4	Preston Harriers & Ac	58	—	9	Ashley Smith	14	Jessica Crook	16	Rebecca Noblet	19	Jessica McDermott

U/17 Women — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Gemma Astin	Manx Harriers	22:39	6	Lucy Sumner	Preston Harriers & Ac	24:56
2	Emma Flanagan	Rossendale Harriers & Ac	23:20	7	Pollyanna Rogerson	Manx Harriers	25:25
3	Nichola Jackson	Preston Harriers & Ac	23:22	8	Ellen Buckley	Preston Harriers & Ac	26:50
4	Lucie Harrison-Patry	Blackburn Harriers & Ac	24:13	9	Nicole Garner	Liverpool Pembroke & Sefton H	30:04
5	Jenny Davies	Blackpool Wyre & Fylde AC	24:21	10	Rebecca Kemp	Ribble Valley AC	30:32

U/17 Women — TEAM RESULTS

1	Preston Harriers & Ac	17	—	3	Nichola Jackson	6	Lucy Sumner	8	Ellen Buckley
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The Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 10th January 2009

Race 6 - Under 17 Men — FINAL RESULTS

Pos	Name	Club	Time
1	Karl Billington	Blackburn Harriers & Ac	20:19
2	Richard Morrell	Preston Harriers & Ac	20:57
3	Ben Akin	Preston Harriers & Ac	21:03
4	Kristian Bibby	Preston Harriers & Ac	21:07
5	Ashley Kay	Rossendale Harriers & Ac	21:15
6	Ryan Smith	Blackburn Harriers & Ac	21:41
7	Jordan Beard	Rossendale Harriers & Ac	21:45
8	Joe Johnston	Rossendale Harriers & Ac	21:58
9	Anthony Hauserman	Blackburn Harriers & Ac	22:27
10	Ben White	Pendle Athletic Club	22:47
11	Danny Maynard	Blackburn Harriers & Ac	22:51
12	Luke Berry	Blackpool Wyre & Fylde AC	22:55
13	Marcus Quarmby	Blackpool Wyre & Fylde AC	23:05
14	Christopher Matthews	Blackburn Harriers & Ac	23:06
15	Paul Hodgson	Lancaster & Morecambe Ac	23:26
16	Eliot Bailey	Ribble Valley AC	23:43
17	Daniel Evans	Pendle Athletic Club	23:45
18	Jack Lonsdale	Blackburn Harriers & Ac	23:49
19	William Worrall	Blackburn Harriers & Ac	23:55
20	Tom Rowley	Blackpool Wyre & Fylde AC	23:59
21	James Eastham	Blackburn Harriers & Ac	24:11
22	Jack Modley	Lancaster & Morecambe Ac	24:23
23	Jack Stringfellow	Rossendale Harriers & Ac	24:50
24	Jack Scarr	Blackpool Wyre & Fylde AC	24:54
25	Ryan Downs	Chorley Harriers	25:08
26	Samuel Walsh	Rossendale Harriers & Ac	26:45
27	Sam Richards	Pendle Athletic Club	29:53

Race 6 - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers & Ac	9 —	2 Richard Morrell	3 Ben Akin	4 Kristian Bibby
2 Blackburn Harriers & Ac	16 —	1 Karl Billington	6 Ryan Smith	9 Anthony Hauserman
3 Rossendale Harriers & Ac	20 —	5 Ashley Kay	7 Jordan Beard	8 Joe Johnston
4 Blackpool Wyre & Fylde AC	45 —	12 Luke Berry	13 Marcus Quarmby	20 Tom Rowley
5 Pendle Athletic Club	54 —	10 Ben White	17 Daniel Evans	27 Sam Richards

Race 6 - Under 20 — FINAL RESULTS

Pos	Name	Club	Time
1	Alison Leonard	Blackburn Harriers & Ac	23:29
2	Anna Anderson	Pendle Athletic Club	25:02
3	Kate Hindle	Preston Harriers & Ac	25:32
4	Rachael Wood	Blackburn Harriers & Ac	25:39
5	Katie Ireland	Rossendale Harriers & Ac	25:49
6	Melanie Taylor	Blackburn Harriers & Ac	27:16
7	Suzanne Bailey	Ribble Valley AC	28:36

Race 6 - Under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Blackburn Harriers & Ac	11 —	1 Alison Leonard	4 Rachael Wood	6 Melanie Taylor
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The Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 10th January 2009

Race 6 - Senior Women — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time
1	Pauline Powell	L35	1 Blackburn Harriers & Ac	22:28
2	Candice Taylor	L	2 Clayton Le Moors Harriers	22:36
3	Caroline Betmead	L35	2 Blackpool Wyre & Fylde AC	23:19
4	Sarah Ridehalgh	L	4 Accrington Road Runners	24:21
5	Katie Trickett	L	5 Clayton Le Moors Harriers	24:37
6	Danielle McCann	L	6 Preston Harriers & Ac	24:58
7	Jacqueline Redmayne	L35	3 Chorley Harriers	25:28
8	Joanne Bradford	L	8 Ashford AC	25:41
9	Carolyn Robbins	L45	1 Blackpool Wyre & Fylde AC	25:42
10	Sara Burns	L	10 Pendle Athletic Club	25:57
11	Philippa Walsh	L	11 Preston Harriers & Ac	26:02
12	Carmel Sullivan	L40	1 Wesham Road Runners & Ac	26:08
13	Helen Booth	L	13 Lancaster & Morecambe Ac	26:12
14	Sharon McGuire	L40	2 Rossendale Harriers & Ac	26:20
15	Amanda Pyrah	L	15 Lancaster & Morecambe Ac	26:28
16	Sarah Curphey	L	16 Manx Harriers	26:36
17	Joanne Perry	L	17 Lancaster & Morecambe Ac	26:48
18	Andrea Smith	L40	3 Blackpool Wyre & Fylde AC	26:53
19	Davina Raidy	L40	4 Rossendale Harriers & Ac	27:02
20	Jane Murphy	L40	5 Clayton Le Moors Harriers	27:09
21	Kath Wallis	L50	1 Unattached	27:29
22	Jackie Taylor	L40	6 Blackburn Harriers & Ac	27:54
23	Vikki Hardwicke	L40	7 Unattached	28:01
24	Melanie Koth	L35	4 Lytham St Annes Rr Club	28:04
25	Rachel Metcalfe	L	25 Horwich R M I Harriers	28:06
26	Kathryn Culshaw	L	26 Wigan Phoenix	28:09
27	Tracy Ireland	L40	8 Rossendale Harriers & Ac	28:31
28	Marian Hesketh	L55	1 Preston Harriers & Ac	28:38
29	Shelley Tattersall	L	29 Rossendale Harriers & Ac	28:53
30	Darah Sherratt	L35	5 Wesham Road Runners & Ac	28:55
31	Kath Hoyer	L45	2 Wesham Road Runners & Ac	29:36
32	Karen Dunford	L40	9 Blackpool Wyre & Fylde AC	29:42
33	Elspeth Macpherson	L55	2 Lytham St Annes Rr Club	29:54
34	Alison Armour	L45	3 Blackburn Harriers & Ac	30:07
35	Michaela Dempsey	L40	10 Wesham Road Runners & Ac	30:26
36	Ruth Calderbank	L55	3 Blackpool Wyre & Fylde AC	30:28
37	Deborah Cardwell	L40	11 Blackpool Wyre & Fylde AC	30:29
38	Julie Cruse	L45	4 Wesham Road Runners & Ac	31:02
39	Carole Morris	L40	12 Accrington Road Runners	31:11
40	Alison Hargreaves	L40	13 Accrington Road Runners	33:05
41	Bernadette Dickinson	L45	5 Wesham Road Runners & Ac	33:16
42	Kerry Eccles	L45	6 Wesham Road Runners & Ac	33:45
43	Jennifer Adams	L55	4 Accrington Road Runners	33:53
44	Judith Eakin	L60	1 Preston Harriers & Ac	34:12
45	Hilary Goorney	L65	1 Blackpool Wyre & Fylde AC	37:13
46	Christine Leathley	L55	5 Clayton Le Moors Harriers	38:26
47	Susan Joes	L40	14 Wesham Road Runners & Ac	40:36

Race 6 - Senior Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Clayton Le Moors Harriers	27	—	2	Candice Taylor	5	Katie Trickett	20	Jane Murphy
2	Blackpool Wyre & Fylde AC	30	—	3	Caroline Betmead	9	Carolyn Robbins	18	Andrea Smith
3	Preston Harriers & Ac	43	—	6	Danielle McCann	11	Philippa Walsh	26	Marian Hesketh
4	Lancaster & Morecambe Ac	45	—	13	Helen Booth	15	Amanda Pyrah	17	Joanne Perry
5	Blackburn Harriers & Ac	54	—	1	Pauline Powell	21	Jackie Taylor	32	Alison Armour
6	Rossendale Harriers & Ac	58	—	14	Sharon McGuire	19	Davina Raidy	25	Tracy Ireland
7	Wesham Road Runners & Ac	69	—	12	Carmel Sullivan	28	Darah Sherratt	29	Kath Hoyer
8	Accrington Road Runners	79	—	4	Sarah Ridehalgh	37	Carole Morris	38	Alison Hargreaves

Race 6 - Senior Women (Vets) — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time
1	Pauline Powell	L35	1 Blackburn Harriers & Ac	22:28
2	Caroline Betmead	L35	2 Blackpool Wyre & Fylde AC	23:19
3	Jacqueline Redmayne	L35	3 Chorley Harriers	25:28
4	Carolyn Robbins	L45	1 Blackpool Wyre & Fylde AC	25:42
5	Carmel Sullivan	L40	1 Wesham Road Runners & Ac	26:08
6	Sharon McGuire	L40	2 Rossendale Harriers & Ac	26:20
7	Andrea Smith	L40	3 Blackpool Wyre & Fylde AC	26:53
8	Davina Raidy	L40	4 Rossendale Harriers & Ac	27:02
9	Jane Murphy	L40	5 Clayton Le Moors Harriers	27:09
10	Kath Wallis	L50	1 Unattached	27:29
11	Jackie Taylor	L40	6 Blackburn Harriers & Ac	27:54
12	Vikki Hardwicke	L40	7 Unattached	28:01
13	Melanie Koth	L35	4 Lytham St Annes Rr Club	28:04
14	Tracy Ireland	L40	8 Rossendale Harriers & Ac	28:31
15	Marian Hesketh	L55	1 Preston Harriers & Ac	28:38
16	Darah Sherratt	L35	5 Wesham Road Runners & Ac	28:55
17	Kath Hoyer	L45	2 Wesham Road Runners & Ac	29:36
18	Karen Dunford	L40	9 Blackpool Wyre & Fylde AC	29:42
19	Elspeth Macpherson	L55	2 Lytham St Annes Rr Club	29:54
20	Alison Armour	L45	3 Blackburn Harriers & Ac	30:07
21	Michaela Dempsey	L40	10 Wesham Road Runners & Ac	30:26
22	Ruth Calderbank	L55	3 Blackpool Wyre & Fylde AC	30:28
23	Deborah Cardwell	L40	11 Blackpool Wyre & Fylde AC	30:29
24	Julie Cruse	L45	4 Wesham Road Runners & Ac	31:02
25	Carole Morris	L40	12 Accrington Road Runners	31:11
26	Alison Hargreaves	L40	13 Accrington Road Runners	33:05
27	Bernadette Dickinson	L45	5 Wesham Road Runners & Ac	33:16
28	Kerry Eccles	L45	6 Wesham Road Runners & Ac	33:45
29	Jennifer Adams	L55	4 Accrington Road Runners	33:53
30	Judith Eakin	L60	1 Preston Harriers & Ac	34:12
31	Hilary Goorney	L65	1 Blackpool Wyre & Fylde AC	37:13
32	Christine Leathley	L55	5 Clayton Le Moors Harriers	38:26
33	Susan Joes	L40	14 Wesham Road Runners & Ac	40:36

Race 6 - Senior Women (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackpool Wyre & Fylde AC	13	—	2	Caroline Betmead	4	Carolyn Robbins	7	Andrea Smith
2	Rossendale Harriers & Ac	26	—	6	Sharon McGuire	8	Davina Raidy	12	Tracy Ireland
3	Blackburn Harriers & Ac	29	—	1	Pauline Powell	10	Jackie Taylor	18	Alison Armour
4	Wesham Road Runners & Ac	34	—	5	Carmel Sullivan	14	Darah Sherratt	15	Kath Hoyer
5	Accrington Road Runners	74	—	23	Carole Morris	24	Alison Hargreaves	27	Jennifer Adams

The Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 10th January 2009

Race 7 - Under 20 — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Luke Minns		Blackpool Wyre & Fylde AC	27:39	6	Philip Bolton	Rossendale Harriers & Ac		30:50
2	Peter Street		Preston Harriers & Ac	29:17	7	Joshua Skinner	Preston Harriers & Ac		31:37
3	Joe Kelly		Rossendale Harriers & Ac	29:22	8	Thomas Hanlon	Liverpool Pembroke & Sefton H		31:40
4	Matt Davison		Preston Harriers & Ac	29:23	9	Benjamin Lambden	Manx Harriers		35:14
5	Jack Thompson		Pendle Athletic Club	30:34					

Race 7 - Under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers & Ac 13 — 2 Peter Street 4 Matt Davison 7 Joshua Skinner

Race 7 - Senior Men — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Ben Fish		Blackburn Harriers & Ac	35:42	48	Kevin Hesketh	V50 9 Preston Harriers & Ac		45:51
2	Anthony Ford		Blackpool Wyre & Fylde AC	35:56	49	Mark Almond	Blackburn Harriers & Ac		46:07
3	Keith Gerrard		Manx Harriers	36:30	50	Gary Johnston	V50 10 Blackpool Wyre & Fylde AC		46:27
4	Thomas Cornthwaite		Blackburn Harriers & Ac	36:44	51	Richard Stott	V45 5 Rossendale Harriers & Ac		46:50
5	Kevin Loundes		Manx Harriers	37:17	52	Tony Jackson	V50 11 Newburgh Nomads Rc		46:52
6	Rob Hope		Pudsey & Bramley	37:44	53	Phil Walsh	V50 12 Preston Harriers & Ac		46:54
7	Darren Gray		Manx Harriers	38:30	54	Martin Brady	V45 6 Clayton Le Moors Harriers		46:58
8	Andy Buttery		Rossendale Harriers & Ac	38:30	55	Adrian Shorrocks	Blackburn Harriers & Ac		47:03
9	Mat Nuttall	V40 1	Blackburn Harriers & Ac	39:08	56	Colin Laidlaw	V50 13 Lytham St Annes Rr Club		47:35
10	Stuart Robinson		Blackpool Wyre & Fylde AC	39:29	57	Pete Booth	V55 2 Clayton Le Moors Harriers		47:48
11	Charlie Pass		Wesham Road Runners & Ac	39:44	58	Alan Glasgow	V55 3 Wesham Road Runners & Ac		47:54
12	David Thornton		Blackburn Harriers & Ac	39:45	59	John Anderson	Pendle Athletic Club		48:14
13	Peter Hoyle		Spennorth AC	40:04	60	Peter Broome	V50 14 Blackpool Wyre & Fylde AC		48:38
14	Josh Tighe		Blackburn Harriers & Ac	40:10	61	Roy Paul	V55 4 Chorley Ac		48:42
15	Gregory Seddon	V45 1	Blackpool Wyre & Fylde AC	40:47	62	Neil McDonald	V40 10 Preston Harriers & Ac		48:45
16	Paul Bradshaw		Blackburn Harriers & Ac	40:50	63	Simon Townsend	V40 11 Chorley Ac		48:48
17	Marc Tillotson		Notts AC	40:51	64	Terry Hellings	V55 5 Lytham St Annes Rr Club		48:50
18	Martin Malone		Manx Harriers	41:00	65	Paul Wareing	V45 7 Chorley Ac		49:00
19	Philip Hall	V45 2	Clayton Le Moors Harriers	41:05	66	Wally Coppelov	V50 15 Newburgh Nomads Rc		49:12
20	Nigel Armstrong	V40 2	Manx Harriers	41:10	67	Mark Midgley	V40 12 Wesham Road Runners & Ac		49:29
21	Paul Guinan		Blackburn Harriers & Ac	41:20	68	James Hickie	V45 8 Clayton Le Moors Harriers		49:44
22	Brian Fogarty		Blackburn Harriers & Ac	41:22	69	Michael Edge	V45 9 Wesham Road Runners & Ac		50:03
23	Edward Gumbley		Manx Harriers	41:32	70	Russell Mabbett	V40 13 Wesham Road Runners & Ac		50:25
24	Mike Wallis	V50 1	Clayton Le Moors Harriers	42:14	71	Gary Platt	V50 16 Chorley Harriers		50:33
25	Chris Quine	V40 3	Manx Harriers	42:31	72	David Scott	V65 1 Clayton Le Moors Harriers		50:49
26	Gianni Epifani		Manx Harriers	42:35	73	Ian Close	V50 17 Blackpool Wyre & Fylde AC		50:55
27	Keith Thomas	V50 2	Lostock AC	42:37	74	Peter Gleaves	V45 10 Wesham Road Runners & Ac		50:58
28	Alex Rowe	V50 3	Wesham Road Runners & Ac	42:40	75	Jeffrey Wright	V50 18 Blackpool Wyre & Fylde AC		51:24
29	Christian Varley		Manx Harriers	43:03	76	Darren Marsden	Unattached		52:25
30	Murray Lambden	V50 4	Manx Harriers	43:10	77	Michael Leck	V55 6 Lancaster & Morecambe Ac		53:37
31	Andy Fox	V45 3	Manx Harriers	43:16	78	Shaun Heggarty	V45 11 Unattached		53:57
32	John Wright	V40 4	Blackpool Wyre & Fylde AC	43:30	79	Chris Warren	V50 19 Lancaster & Morecambe Ac		53:59
33	Sean Molloy		Rossendale Harriers & Ac	43:40	80	Jim Cosgrove	V50 20 Chorley Ac		55:00
34	Gary Pearce	V40 5	Blackburn Harriers & Ac	43:50	81	David Culshaw	V55 7 Wigan & District H & Ac		55:12
35	John Roche	V50 5	Clayton Le Moors Harriers	44:03	82	Graham Schofield	V55 8 Chorley Harriers		55:35
36	Colin Shuttleworth	V50 6	Clayton Le Moors Harriers	44:17	83	Steve Thomas	V50 21 Chorley Harriers		56:47
37	Michael Coppelov		Newburgh Nomads Rc	44:22	84	Simon Maughan	V40 14 Unattached		57:23
38	John Houghton	V50 7	Blackpool Wyre & Fylde AC	44:23	85	Michael Murray	V50 22 Chorley Ac		57:44
39	John Collier	V55 1	Wesham Road Runners & Ac	44:53	86	Brian Porter	V45 12 Wesham Road Runners & Ac		59:02
40	Graham Morris	V40 6	Accrington Road Runners	45:00	87	Robert Lambden	Manx Harriers		59:26
41	Philip Nicholson		Preston Harriers & Ac	45:00	88	Peter Gibson	V55 9 Blackpool Wyre & Fylde AC		59:35
42	Ged Walsh	V40 7	Rossendale Harriers & Ac	45:06	89	Andrew McAllister	V40 15 Lytham St Annes Rr Club		1:01:22
43	Derek Buckley	V50 8	Wesham Road Runners & Ac	45:08	90	Bill Atkinson	V70 1 Northern Veterans AC		1:01:26
44	Keith Broughton	V45 4	Blackburn Harriers & Ac	45:14	91	Barry Chester	V60 1 Chorley Ac		1:02:30
45	Russell Collister	V40 8	Manx Harriers	45:36	92	David Sinnott	V55 10 Saddleworth Runners Club		1:03:15
46	Michael Garrett		Manx Harriers	45:44	93	Philip McCullagh	V50 23 Chorley Ac		1:13:42
47	David Miles	V40 9	Newburgh Nomads Rc	45:47	94	Mike Coppin	V60 2 Chorley Ac		1:17:12

Race 7 - Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Blackburn Harriers & Ac	56 —	1 Ben Fish	4 Thomas Cornthwaite	9 Mat Nuttall	12 David Thornton	14 Josh Tighe	16 Paul Bradshaw
2 Manx Harriers	76 —	3 Keith Gerrard	5 Kevin Loundes	7 Darren Gray	18 Martin Malone	20 Nigel Armstrong	23 Edward Gumbley
3 Blackpool Wyre & Fylde AC	147 —	2 Anthony Ford	10 Stuart Robinson	15 Gregory Seddon	32 John Wright	38 John Houghton	50 Gary Johnston
4 Clayton Le Moors Harriers	225 —	19 Philip Hall	24 Mike Wallis	35 John Roche	36 Colin Shuttleworth	54 Martin Brady	57 Pete Booth
5 Wesham Road Runners & Ac	246 —	11 Charlie Pass	28 Alex Rowe	39 John Collier	43 Derek Buckley	58 Alan Glasgow	67 Mark Midgley
6 Chorley Ac	437 —	61 Roy Paul	63 Simon Townsend	65 Paul Wareing	78 Jim Cosgrove	82 Michael Murray	88 Barry Chester

The Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 10th January 2009

Race 7 - Senior Men (Vets) — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time
1	Mat Nuttall	V40	1 Blackburn Harriers & Ac	39:08
2	Gregory Seddon	V45	1 Blackpool Wyre & Fylde AC	40:47
3	Philip Hall	V45	2 Clayton Le Moors Harriers	41:05
4	Nigel Armstrong	V40	2 Manx Harriers	41:10
5	Mike Wallis	V50	1 Clayton Le Moors Harriers	42:14
6	Chris Quine	V40	3 Manx Harriers	42:31
7	Keith Thomas	V50	2 Lostock AC	42:37
8	Alex Rowe	V50	3 Wesham Road Runners & Ac	42:40
9	Murray Lambden	V50	4 Manx Harriers	43:10
10	Andy Fox	V45	3 Manx Harriers	43:16
11	John Wright	V40	4 Blackpool Wyre & Fylde AC	43:30
12	Gary Pearse	V40	5 Blackburn Harriers & Ac	43:50
13	John Roche	V50	5 Clayton Le Moors Harriers	44:03
14	Colin Shuttleworth	V50	6 Clayton Le Moors Harriers	44:17
15	John Houghton	V50	7 Blackpool Wyre & Fylde AC	44:23
16	John Collier	V55	1 Wesham Road Runners & Ac	44:53
17	Graham Morris	V40	6 Accrington Road Runners	45:00
18	Ged Walsh	V40	7 Rossendale Harriers & Ac	45:06
19	Derek Buckley	V50	8 Wesham Road Runners & Ac	45:08
20	Keith Broughton	V45	4 Blackburn Harriers & Ac	45:14
21	Russell Collister	V40	8 Manx Harriers	45:36
22	David Miles	V40	9 Newburgh Nomads Rc	45:47
23	Kevin Hesketh	V50	9 Preston Harriers & Ac	45:51
24	Gary Johnston	V50	10 Blackpool Wyre & Fylde AC	46:27
25	Richard Stott	V45	5 Rossendale Harriers & Ac	46:50
26	Tony Jackson	V50	11 Newburgh Nomads Rc	46:52
27	Phil Walsh	V50	12 Preston Harriers & Ac	46:54
28	Martin Brady	V45	6 Clayton Le Moors Harriers	46:58
29	Colin Laidlaw	V50	13 Lytham St Annes Rr Club	47:35
30	Pete Booth	V55	2 Clayton Le Moors Harriers	47:48
31	Alan Glasgow	V55	3 Wesham Road Runners & Ac	47:54
32	Peter Broome	V50	14 Blackpool Wyre & Fylde AC	48:38
33	Roy Paul	V55	4 Chorley Ac	48:42
34	Neil McDonald	V40	10 Preston Harriers & Ac	48:45
35	Simon Townsend	V40	11 Chorley Ac	48:48
36	Terry Hellings	V55	5 Lytham St Annes Rr Club	48:50
37	Paul Wareing	V45	7 Chorley Ac	49:00
38	Wally Coppelov	V50	15 Newburgh Nomads Rc	49:12
39	Mark Midgley	V40	12 Wesham Road Runners & Ac	49:29
40	James Hickie	V45	8 Clayton Le Moors Harriers	49:44
41	Michael Edge	V45	9 Wesham Road Runners & Ac	50:03
42	Russell Mabbett	V40	13 Wesham Road Runners & Ac	50:25
43	Gary Platt	V50	16 Chorley Harriers	50:33
44	David Scott	V65	1 Clayton Le Moors Harriers	50:49
45	Ian Close	V50	17 Blackpool Wyre & Fylde AC	50:55
46	Peter Gleaves	V45	10 Wesham Road Runners & Ac	50:58
47	Jeffrey Wright	V50	18 Blackpool Wyre & Fylde AC	51:24
48	Michael Leck	V55	6 Lancaster & Morecambe Ac	53:37
49	Shaun Heggarty	V45	11 Unattached	53:57
50	Chris Warren	V50	19 Lancaster & Morecambe Ac	53:59
51	Jim Cosgrove	V50	20 Chorley Ac	55:00
52	David Culshaw	V55	7 Wigan & District H & Ac	55:12
53	Graham Schofield	V55	8 Chorley Harriers	55:35
54	Steve Thomas	V50	21 Chorley Harriers	56:47
55	Simon Maughan	V40	14 Unattached	57:23
56	Michael Murray	V50	22 Chorley Ac	57:44
57	Brian Porter	V45	12 Wesham Road Runners & Ac	59:02
58	Peter Gibson	V55	9 Blackpool Wyre & Fylde AC	59:35
59	Andrew McAllister	V40	15 Lytham St Annes Rr Club	1:01:22
60	Bill Atkinson	V70	1 Northern Veterans AC	1:01:26
61	Barry Chester	V60	1 Chorley Ac	1:02:30
62	David Sinnott	V55	10 Saddleworth Runners Club	1:03:15
63	Philip McCullagh	V50	23 Chorley Ac	1:13:42
64	Mike Coppin	V60	2 Chorley Ac	1:17:12

Race 7 - Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Manx Harriers	29 —	4 Nigel Armstrong	6 Chris Quine	9 Murray Lambden	10 Andy Fox
2 Clayton Le Moors Harriers	35 —	3 Philip Hall	5 Mike Wallis	13 John Roche	14 Colin Shuttleworth
3 Blackpool Wyre & Fylde AC	52 —	2 Gregory Seddon	11 John Wright	15 John Houghton	24 Gary Johnston
4 Wesham Road Runners & Ac	74 —	8 Alex Rowe	16 John Collier	19 Derek Buckley	31 Alan Glasgow
5 Chorley Ac	155 —	33 Roy Paul	35 Simon Townsend	37 Paul Wareing	50 Jim Cosgrove