



Northern Athletics in conjunction with Leeds Met Carnegie

Present the

2009 MEN'S SIX STAGE ROAD RELAY CHAMPIONSHIPS

Under UKA Rules: Licence No 10219

Saturday 26th September 2009 at Leeds Met Carnegie Campus, Leeds

6 Stages of approximately 6K

Qualifying event for the ERRA 6 Stage Championships CLUB COLOURS & VEST/CROP TOP ALL OF THE SAME DESIGN MUST BE WORN

Medals will be awarded to the first three "A" Teams to finish

Minimum age: 17 and over at midnight 31st August / 1st September 2009

Entries

Entry is on line at www.race-results.co.uk
Otherwise contact Judith Temperton on 01924.457922 for entry form

Closing Date for Entries

On line: 11th September 2009 Postal: 4th September 2009

Entry Fees - £27 per team - Cheques made payable to Northern Athletics

Postal Entries to

Northern Athletics, 7A Wellington Road East, Dewsbury. West Yorkshire. WF 13 1HF

IMPORTANT NOTES

- Entries from Clubs will only be accepted if the Club is currently affiliated to Northern Athletics and England Athletics. Team members MUST be first claim members of that club AND registered with England Athletics. England Athletics Registration Numbers MUST be included. Athletes without registration numbers will not be entered.
- Entries must be submitted online or on the official entry form with the correct fees
- Late & incorrectly submitted entries will not be accepted and will be returned
- Acknowledgement of entry and final instructions will only be sent to those Clubs that submit a SAE with entry
- Clubs that knowingly run ineligible or unregistered runners will be disqualified and may have their entry refused for the 2010 event
- The first 25 Team finishers will be eligible to compete in the 2009 ERRA Championships but **no more than TWO Teams from the same Club.**
- Entry forms for ERRA Championships will be e mailed to successful clubs.