

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

UNDER 13 BOYS				
Posn	Bib	Athlete	Club	Time
1	273	Adam Howard	Oldham & Royton	9.14
2	260	Michael Murphy	East Cheshire	9.20
3	286	David Moores	Trafford	9.26
4	261	Joe Steward	East Cheshire	9.35
5	262	Robert Powell	Leigh	9.42
6	267	Lorenzo Thompson	Moston	9.47
7	281	Daniel Lawton	Stockport	9.48
8	287	James Salt	Trafford	9.49
9	250	Nathan Milligan	Bury	10.03
10	272	Robert Smith	Oldham & Royton	10.10
11	249	Jack Brown	Bury	10.14
12	251	Benn Haywood	Bury	10.22
13	274	Khalid Absiyeh	Sale H Mcr	10.28
14	269	Mathew Metcalf	Moston	10.30
15	268	Callum Jones	Moston	10.32
16	283	Eddie Boyle	Trafford	10.38
17	259	Tom Donnelly	East Cheshire	10.39
18	265	Jonathon Stewart	Mcr Harriers	10.43
19	284	Kamran Haque	Trafford	10.54
20	270	Lewis James	Moston	10.55
21	2	Joe Burns	Altrincham	10.57
22	248	Hywell Scourfield	Bolton	10.58
23	253	Alex Allen	East Cheshire	11.08
24	257	Ian Graham	East Cheshire	11.16
25	264	William Banks	Leigh	11.33
26	252	Nicky Brisbane	Bury	11.34
27	282	William Garner	Stockport	12.00
28	254	Daniel Bunyan	East Cheshire	12.18
29	276	Cameron Wilcock	Sale H Mcr	12.38
TEAMS				
1		East Cheshire "A"		23
2		Trafford "A"		27
3		Bury "A"		32
4		East Cheshire "B"		75

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

UNDER 13 GIRLS				
Posn	Bib	Athlete	Club	Time
1	53	Olivia Wild	Stockport	10.12
2	9	Megan Ashelby	East Cheshire	10.16
3	4	Katie Buckley	Bury	10.17
4	38	Rachael Hibbard	Sale H Mcr	10.18
5	5	Alana Grundy	Bury	10.20
6	37	Abigail Fitton	Sale H Mcr	10.29
7	51	Mollie Williams	Stockport	10.36
8	6	Christie Cook	Bury	10.40
9	29	Leah Peploe	Bolton	10.57
10	577	Megan Davies	Rossendale	10.58
11	62	Natalie Thompson	Wigan Harriers	11.04
12	28	Lucy Matthews	Salford Met	11.10
13	54	Aimee Aikin	Stockport	11.12
14	48	Chloe Yates	Sale H Mcr	11.13
15	33	Alice Bennett	Sale H Mcr	11.19
16	7	Caitlin Healy	Bury	11.24
17	25	Lucy Whittaker	Salford Met	11.25
18	8	Lauren Alford	East Cheshire	11.26
19	61	Harriet Kneller	Wigan Harriers	11.27
20	11	Courtney Donald	East Cheshire	11.28
21	36	Danielle Dignan	Sale H Mcr	11.29
22	43	Lucy Vernon	Sale H Mcr	11.30
23	52	Jessica Shaw	Stockport	11.32
24	18	Grace Warburton	Leigh Harriers	11.37
25	30	Nicole Robson	Moston	11.40
26	56	Emma O'Connell	Stockport	11.40
27	20	Ciara Green	Mcr Harriers	11.41
28	41	Imani Modahl	Sale H Mcr	11.42
29	65	Emily Borthwick	Wigan Harriers	11.43
30	10	Hannah Davies	East Cheshire	11.45
31	63	Danielle Thompson	Wigan Harriers	11.45
32	44	Connie Vickers	Sale H Mcr	11.46
33	42	Caitlin Thomas	Sale H Mcr	11.47
34	39	Rebecca Henning-Lee	Sale H Mcr	11.49
35	57	Alice Bowden	Stockport	11.54
36	34	Eleanor Canham	Sale H Mcr	11.55
37	13	Hayley Simpson	East Cheshire	11.56
38	49	Rebecca Lawless	Sale H Mcr	11.57
39	589	Aoife Gilchrist	Sale H Mcr	11.58
40	14	Maria McGoldrick	Leigh Harriers	11.59
41	1	Nicola Scott	Altrincham	12.03
42	15	Rachel McGoldrick	Leigh Harriers	12.15
43	21	Alice Hughes	Mcr Harriers	12.17
44	24	Katrina Davies	Mcr Harriers	12.20
45	27	Abigail Casson	Salford Met	12.21
46	35	Clare Dignan	Sale H Mcr	12.26
47	31	Paige Rideings	Moston	12.51
TEAMS				
1	Bury "A"			17
2	Stockport "A"			23
3	Sale H Mcr "A"			26
4	East Cheshire "A"			42

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

UNDER 13 GIRLS		
5	Sale H Mcr "B"	61
6	Wigan Harriers "A"	62
7	Salford Met "A"	77
8	Stockport "B"	87
9	Sale H Mcr "C"	96
10	Sale H Mcr "D"	111
11	Mcr Harriers "A"	117

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

UNDER 15 BOYS				
Posn	Bib	Athlete	Club	Time
1	323	Jack Nixon	Stockport	10.34
2	325	Richard Hindley	Stockport	10.39
3	305	Richard Powell	Leigh	10.40
4	292	Joe Morse	Altrincham	10.43
5	327	Adam Sixsmith	Trafford	10.47
6	302	Chris Middleton	East Cheshire	10.52
7	313	Alex Birchill	Sale H Mcr	10.56
8	291	Ryan Ganose	Altrincham	11.02
9	328	Thomas Kneller	Wigan Harriers	11.07
10	303	Leon Gregory	East Cheshire	11.20
11	311	Dillon Bezzina	Sale H Mcr	11.23
12	301	Joseph Hudak	East Cheshire	11.37
13	309	Michael Smith	Oldham & Royton	11.39
14	315	Kyle Conway	Sale H Mcr	11.40
15	290	Joshua Smith	Altrincham	11.46
16	293	Daniel Johnson	Bolton	11.50
17	310	Christian Garvey	Rossendale	11.52
18	307	Patrick Jagger	Moston	11.54
19	582	Eddie Kirby	Bury	12.12
20	298	James Hill	East Cheshire	12.19
21	326	Jack Walsh	Rochdale	12.20
22	324	Jaime Henderson	Stockport	12.27
23	295	Andrew Brisbane	Bury	12.40
24	588	Kray Smith	Stockport	13.40
25	300	Michael Fagg	East Cheshire	13.27
26	306	Jack Jones	Leigh	14.16
27	296	Jack Donnelly	East Cheshire	18.53
TEAMS				
1		Stockport "A"		25
2		Altrincham "A"		27
3		East Cheshire "A"		28
4		Sale H Mcr "A"		32
5		East Cheshire "B"		72

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

UNDER 15 GIRLS				
Posn	Bib	Athlete	Club	Time
1	81	Katie Reynolds	East Cheshire	11.34
2	82	Georgia Taylor-Brown	East Cheshire	11.49
3	79	Victoria Newell	East Cheshire	11.52
4	80	Emma Peters	East Cheshire	11.55
5	86	Shannon Johnson	Leigh	12.02
6	84	Bethany Jones	Leigh	12.08
7	67	Lucy Smith	Altrincham	12.22
8	77	Kirsten McAslan	East Cheshire	12.35
9	119	Imogen Nutter	Stockport	12.39
10	69	Helena Flippance	Altrincham	12.40
11	85	Elizabreth Lee	Leigh	12.41
12	101	Jodie Guinnane	Sale H Mcr	12.49
13	92	Amber Hicks	Moston	12.55
14	87	Georgina Leck	Leigh	13.03
15	68	Emily Burns	Altrincham	13.05
16	109	Sarah Simeen	Sale H Mcr	13.22
17	117	Nicola Berry	Stockport	13.25
18	106	Misha Nayal Oliver	Sale H Mcr	13.27
19	105	Samara Mohtasham	Sale H Mcr	13.28
20	70	Emma Wiggans	Bolton	13.28
21	127	Sally Ratcliffe	Trafford	13.31
22	104	Kate McLelland	Sale H Mcr	13.32
23	98	Victoria Calderbank	Sale H Mcr	13.48
24	102	Chloe Grant	Sale H Mcr	13.52
25	99	Nancy Clare	Sale H Mcr	14.00
26	128	Chenisse Whalley	Wigan Harriers	14.05
27	114	Daniella Dagnall	Salford Met	14.07
28	130	Catherine Jones	Bolton	14.09
29	78	Sally McIntyre	East Cheshire	14.12
30	118	Sarah Tipping	Stockport	14.13
31	115	Suzanne Taylor	Salford Met	14.27
32	108	Emilie Rosevere	Sale H Mcr	14.35
33	122	Robyn D`Arcy	Trafford	14.39
34	89	Tyler Colderley	Leigh	14.40
35	74	Evie McDermott	Bury	14.49
36	112	Laura Kassim	Salford Met	14.51
37	587	Jane Courttnall	Oldham & Royton	14.59
38	113	Chloe Glewis	Salford Met	15.02
39	88	Lauren O`Malley	Leigh	15.20
40	90	Sian Davies	Mcr Harriers	16.03
41	123	Natasha Dunn	Trafford	16.04
42	116	Emily Cooper	Salford Met	19.30

TEAMS		
1	East Cheshire "A"	6
2	Leigh "A"	22
3	Altrincham "A"	32
4	East Cheshire "B"	41
5	Sale H Mcr "A"	46
6	Stockport "A"	56
7	Sale H Mcr "B"	64
8	Sale H Mcr "C"	81
9	Leigh "B"	87
10	Salford Met "A"	94
11	Trafford "A"	95

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

UNDER 17 MEN				
Posn	Bib	Athlete	Club	Time
1	355	Matthew Crehan	St Helens Sutton	20.49
2	362	Dominic Coyle	Trafford	21.22
3	332	Tom Carson	Bolton	21.32
4	340	Jamie Crompton	Horwich	21.52
5	335	Louis Szymanski	Bury	22.00
6	356	Harry Long	Stockport	22.00
7	346	Andy Partington	Sale H Mcr	22.12
8	357	Nathan Ludlaim	Stockport	22.23
9	366	Tom Nuttall	Trafford	22.26
10	367	Christian Preece	Trafford	22.38
11	336	Ben Coop	Bury	23.04
12	358	Jack Morris	Stockport	23.09
13	334	Zak Haywood	Bolton	23.09
14	359	David Thompson	Stockport	23.46
15	341	Thomas Powell	Leigh	24.06
16	347	Callum Rowlinson	Sale H Mcr	24.11
17	344	Alex Lett	Sale H Mcr	24.35
18	353	J Wilson	Salford Harriers	24.39
19	342	Daniel McIlmunn	Moston	25.07
20	365	David Meyer	Trafford	25.22
21	591	Tristan Honeybourne	Trafford	25.22
22	354	Nathan Cooper	Salford Met	26.22
23	360	Michael Logue	Stockport	27.14
24	352	Glyn Windebank	Sale H Mcr	27.21
25	333	Christopher Kay	Bolton	27.46
TEAMS				
1		Trafford "A"		21
2		Stockport "A"		26
3		Sale H Mcr "A"		40
4		Bolton "A"		41

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

UNDER 17 WOMEN				
Posn	Bib	Athlete	Club	Time
1	154	Hannah Doherty	Sale H Mcr	19.52
2	141	Laura Riches	Leigh	21.31
3	147	Bryony Pearce	Stockport	21.45
4	143	Jane Augsburg	Oldham & Royton	22.01
5	148	Sarah Hicks	Moston	22.49
6	150	Lateefa Burton	Sale H Mcr	23.12
7	132	Leanne Sigsworth	Altrincham	24.30
8	578	Bethan Faulkner	Horwich	24.45
9	134	Alex McDermott	Bury	26.59
10	136	Grace Conroy	Bury	27.49
11	144	Patricia Lewis	Salford Met	27.52
12	145	Olivia McDermott	Salford Met	28.31

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

UNDER 20 WOMEN				
Posn	Bib	Athlete	Club	Time
1	162	Leanne Sheehy	Leigh	20.53
2	163	Lucy McLoughlin	Stockport	21.55
3	161	Sarah Hudak	East Cheshire	22.43
4	168	Catherine Whitfield	Wigan Harriers	23.55
5	592	Sarah Kay	Stockport	26.28

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

UNDER 20 MEN				
Posn	Bib	Athlete	Club	Time
1	379	Niall Brooks	Sale H Mcr	28.22
2	371	Scott Evans	Bury	28.31
3	382	Michael Cooke	Stockport	28.47
4	387	Sam Witter	Trafford	29.15
5	369	Fraser Jardine	Bolton	31.18
6	377	Liam Bennett	Mcr Harriers	31.42
7	368	Dominic Scott	Altrincham	#####

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

SENIOR WOMEN				
Posn	Bib	Athlete	Club	Time
1	233	Tessa Walker	Salford Harriers	31.07
2	580	Jacqui Fairchild	Trafford	31.29
3	165	Anna Lupton	Radcliffe	32.19
4	216	Rachel Deegan	Sale H Mcr	32.44
5	228	Ruth Waller	Sale H Mcr	32.52
6	243	Joanne Dawes	Trafford	33.08
7	599	Jenny Knass	Stockport	33.27
8	182	Rebecca Howarth	Leigh	34.50
9	242	Alison Drasdo	Trafford	35.19
10	198	Donna Cartwright	Radcliffe	35.59
11	213	Margaret Boleman	Sale H Mcr	36.05
12	236	Nicola Pugh	Trafford	36.13
13	179	Holly Teague	East Cheshire	36.24
14	241	Victoria O'Donnell	Trafford	37.05
15	170	Sandra Lewis	Altrincham	37.09
16	187	Cara Kavanagh	Mcr Harriers	37.17
17	214	Jackie Cordingley	Sale H Mcr	37.32
18	208	Josefa Terim	Rochdale	37.33
19	171	Bev Ganose	Altrincham	37.47
20	176	Jill Osgood	Belle Vue	37.49
21	212	Fiona Baird	Sale H Mcr	38.20
22	245	Sarah Newman	Trafford	39.01
23	232	Anneka Sanders	Salford Harriers	39.04
24	596	Sarah Aylmer	Stockport	39.11
25	598	Karen McCrackle	Stockport	39.45
26	600	Kayleigh greenham	Stockport	39.50
27	223	Joanne Street	Sale H Mcr	40.02
28	220	Alison Pye	Sale H Mcr	40.05
29	595	Helen Garner	Stockport	40.34
30	597	Julie Fairclough	Stockport	41.07
31	191	Fiona Green	Mcr Harriers	41.08
32	201	Nicky Taylor	Radcliffe	41.14
33	594	Marie Kay	Stockport	41.37
34	197	Denise Wakefield	NVAC	41.53
35	227	Jenny Clink	Sale H Mcr	41.58
36	593	Maureen Williams	Stockport	42.16
37	205	Rachel Gee	Radcliffe	42.38
38	173	Ceceila Boodoo	Belle Vue	42.59
39	186	Debbie Beresford	Mcr Harriers	43.11
40	234	Maggie McLelland	Swinton	43.24
41	579	Nicola Ellis	Trafford	44.16
42	177	Dee O'Neill	Belle Vue	46.52
43	172	Margaret Davies	Altrincham	47.07
44	175	Julia Foy	Belle Vue	48.24
45	174	Maxine Grimshaw	Belle Vue	50.39
TEAMS				
1		Trafford "A"		17
2		Sale H Mcr "A"		20
3		Radcliffe "A"		45
4		Trafford "B"		48
5		Stockport "A"		56
6		Sale H Mcr "B"		65
7		Altrincham "A"		77
8		Stockport "B"		85
9		Mcr Harriers "A"		86
10		Belle Vue "A"		100

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

SENIOR MEN				
Posn	Bib	Athlete	Club	Time
1	529	A Jones	Salford Harriers	35.36
2	506	Gareth Raven	Sale H Mcr	36.06
3	569	Tom Minshull	Trafford	36.56
4	547	Andy Nixon	Stockport	37.13
5	519	J Brown	Salford Harriers	37.32
6	525	C Hardman	Salford Harriers	37.41
7	531	J Kovacs	Salford Harriers	38.54
8	575	Jon Holt	Trafford	39.12
9	391	Nick Leigh	Altrincham	39.18
10	378	Michael Mannings	Oldham & Royton	39.31
11	546	Jamie Loxam	Stockport	39.36
12	570	Gary Bristow	Trafford	39.59
13	504	Stef North	Sale H Mcr	40.01
14	533	W Martin	Salford Harriers	40.22
15	532	D Lockett	Salford Harriers	40.34
16	376	Aaron Denevon	Moston	40.46
17	566	Michael Hunt	Trafford	40.57
18	413	Jason Dunkerley	East Cheshire	40.59
19	501	Dave Howlett	Sale H Mcr	41.00
20	383	Dean Matkin	Stockport	42.02
21	508	Rob Whittaker	Sale H Mcr	42.18
22	550	Jon Walch	Stockport	42.42
23	421	Gary Matthews	East Cheshire	42.42
24	567	Andy Lister	Trafford	42.48
25	576	Graham Hogg	Trafford	42.52
26	402	Ian Selby	Bolton	43.26
27	571	Vinny Booth	Trafford	44.05
28	539	J Williams	Salford Harriers	44.12
29	166	Adrian Nutter	Stockport	44.19
30	500	Mike Hatch	Sale H Mcr	44.24
31	412	Anthony Connally	East Cheshire	44.33
32	438	John Howarth	Leigh	44.37
33	489	Paul Barrett	Sale H Mcr	44.52
34	548	Bashir Hussain	Stockport	45.01
35	167	Ben Stiles	Stockport	45.11
36	483	Paul Leary	Rochdale	45.14
37	551	Mike Shaw	Stockport	45.18
38	453	Mike O'Brien	Mcr YMCA	45.43
39	556	Tony Flanagan	Swinton	45.57
40	418	Simon Grundy	East Cheshire	46.01
41	456	Eddie Gilligan	Mcr YMCA	46.17
42	476	Ian Stainthorpe	Rochdale	46.32
43	494	Frank Cordingley	Sale H Mcr	46.37
44	507	Paul Rowley	Sale H Mcr	46.41
45	573	Kevin Brydon	Trafford	46.54
46	561	Steve Doxey	Swinton	47.00
47	484	Jon Lane	Rochdale	47.02
48	564	Duncan Drasdo	Trafford	47.03
49	440	Michael Hibbert	Mcr Harriers	47.07
50	478	Chris Leach	Rochdale	47.26
51	396	Nigel Sedman	Belle Vue	48.08
52	535	J Sacks	Salford Harriers	48.30
53	511	Mike Kilmartin	Sale H Mcr	48.45

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

SENIOR MEN				
54	455	Matt Wade	Mcr YMCA	48.47
55	493	Chris Bratt	Sale H Mcr	48.57
56	497	Bill Fox	Sale H Mcr	49.13
57	488	Barry Greaves	Royton RR	49.20
58	553	Chris Brown	Swinton	49.37
59	557	Chris Lomax	Swinton	49.48
60	516	Lee Whitley	Sale H Mcr	49.59
61	465	Dave Bartlett	Radcliffe	50.20
62	545	Shane Wolstencroft	Salford Met	50.40
63	583	Phil Dovetto	Belle Vue	50.44
64	397	Steve Webb	Belle Vue	51.09
65	462	Brian Schofield	Oldham & Royton	51.19
66	505	Tim Rainey	Sale H Mcr	51.28
67	542	Bill Prout	Salford Met	51.38
68	481	Nick Walsh	Rochdale	52.04
69	477	Ray Dalby	Rochdale	53.21
70	544	Stuart Mairs	Salford Met	53.55
71	470	Stve Hamer	Radcliffe	54.00
72	389	Mike Jones	Altrincham	54.11
73	431	Peter Ramsdale	Horwich	54.23
74	445	Stephen Symons	Mcr YMCA	54.28
75	560	Richard Waring	Swinton	54.55
76	540	Jack Carney	Salford Met	54.59
77	458	Roger Carter	Mcr YMCA	55.08
78	390	Colin Davies	Altrincham	55.30
79	480	Matt Cox	Rochdale	55.33
80	398	Andy Roberts	Belle Vue	55.49
81	466	Kev McGilvray	Radcliffe	56.44
82	518	R Bowness	Salford Harriers	57.03
83	399	Tony Houghton	Belle Vue	57.34
84	444	Jon Paramor	Mcr YMCA	58.17
85	471	Jim Sutcliffe	Radcliffe	58.24
86	541	Mark Hulme	Salford Met	58.33
87	443	Dave Wood	Mcr Harriers	59.05
88	472	Mark Emmett	Radcliffe	59.07
89	473	Mark Cartwright	Radcliffe	59.24
90	464	George Critchley	Radcliffe	59.41
91	441	Steve McCall	Mcr Harriers	59.53
92	424	Colin Timpson	East Cheshire	59.57
93	394	Kevin Egerton	Belle Vue	62.20
94	414	Andy Farley	East Cheshire	64.14

TEAMS

1	Salford Harriers "A"	19
2	Trafford "A"	40
3	Sale H Mcr "A"	55
4	Stockport "A"	57
5	East Cheshire "A"	112
6	Sale H Mcr "B"	150
7	Rochdale "A"	175
8	Swinton "A"	202
9	Mcr YMCA "A"	207
10	Belle Vue "A"	258
11	Salford Met "A"	275

GREATER MANCHESTER A.A.
CROSS COUNTRY CHAMPIONSHIPS 2009
AT WOODBANK PARK, STOCKPORT ON SATURDAY JAN 10th 2009

SENIOR MEN		
12	Radcliffe "A"	298