

Elswick Harriers
Good Friday Road Races, 10th April 2009
Senior Men's Relay 4 x 2.28 miles

Team		1st Leg	2nd Leg	3rd Leg	4th Leg	TIME
1	Morpeth H	A	K Forster 11.19	M Brown 11.05	D Swinburne 11.23	M Nicholson 11.00 44.47
2	Gateshead H	A	S Hall 11.13	M Elliott 11.17	A Teate 11.21	A Carmichael 11.02 44.53
3	Chester le St		S Bell 11.04	C Smith 11.06	D Old 12.32	P Coulson 11.40 46.22
4	Heaton H	A	L Roe 11.24	I Robinson 12.36	M Likeman 12.35	L Smith 12.01 48.36
5	Elswick H	A	P Hurst 10.52	M Ketley 12.28	P Dodd 12.32	I Fenwick 13.28 49.20
6	Gateshead H	B	C Burrows 12.39	C Franks 11.48	C Paton 11.57	J Stobbs 13.02 49.26
7	Nene Valley H		J Reed 11.27	J Vernam 11.51	O Rich 12.40	G Williams 13.34 49.32
8	Claremont RR	A	P Newton 10.57	B McMillan 12.01	C Gillis 13.23	S Carratta 13.30 49.51
9	Low Fell RC	A	J Stephens 12.05	J Long 13.43	J Archer 12.28	B Kelly 12.48 50.04
10	Gosforth H	A	P Hutton 10.35	S Finlay 12.33	R Curran 13.21	C Sloan 13.36 50.05
11	Blyth RC	A	R Barkley 13.05	C Birch 13.05	A Smith 13.18	P Whalley 12.54 52.22
12	North Shields Poly	A	J Hewitt 12.31	D Watt 13.12	S Maley 13.00	S Ellis 13.47 52.30
13	Gateshead H	C	K Connelly(guest) 13.13	R Stevenson 11.06	R Robinson 13.48	N Corbiere 14.46 52.53
14	Birtley AC	A	K Oakes 12.39	I Glasgow 14.28	S Laws 12.59	L Milmore 12.54 53.00
15	Tynedale H		P Jamieson 12.55	R Coupland 12.49	I Bromley 13.09	I Marsden 14.19 53.12
16	Wallsend H		L Phillips 12.43	D Reed 14.41	B Allsopp 13.24	M Skeldon 13.07 53.55
17	Morpeth H	B	M Davies 11.46	G Clark 14.32	S Robson 13.41	R Driscoll 14.27 54.26
18	Sunderland H		L Christopher 14.14	P Cooper 13.12	F Judson 14.12	S Mathieson 13.17 54.55
19	Blyth RC	B	M Stott 12.49	G Hope 14.26	S Richardson 13.55	S Dodd 14.59 56.09
20	Derwentside AC		J Donnelly 12.27	A Hulme 14.40	B Buckley 14.06	N Milburn 16.38 57.51
21	Claremont RR	B	O Fallon 15.01	R Marzo 14.22	D Kear 16.19	J Ellman 14.48 60.30
22	Heaton H	B	M Gibson 14.05	D Robins 14.21	E Appleby 19.35	B Cross 13.05 61.06
23	Gosforth H	B	S Bond 14.41	R McQuade 16.12	J Loughran 17.16	T Bird 12.56 62.05
24	Houghton H		C Pearson 16.32	S Pearson 15.32		
25	Jarrow & Hebb		G Taylor 12.10	M Bunn 13.27		
26	Elswick H	B	A Combie 12.31	A Southern 14.09		
27	Belgrave H		S Moralee 10.41			
28	North Shields Poly	B	R Baker 15.32			

5 Fastest Leg Times:	1st Leg	2nd Leg	3rd Leg	4th Leg
	P Hutton 10.35	M Brown 11.05	A Teate 11.21	M Nicholson 11.00
	S Moralee 10.41	R Stevenson 11.06	D Swinburne 11.23	A Carmichael 11.02
	P Hurst 10.52	C Smith 11.06	C Paton 11.57	P Coulson 11.40
	P Newton 10.57	M Elliott 11.17	J Archer 12.28	L Smith 12.01
	S Bell 11.04	C Franks 11.48	D Old 12.32	B Kelly 12.48

Elswick Harriers
Good Friday Road races, 10th April 2009
Veteran Men's Relay 4 x 2.28 miles

Team		1st Leg	2nd Leg	3rd Leg	4th Leg	TIME
1	Morpeth H	A	N Wilkinson 11.00	P Waterson 11.55	P Walker 11.39	C McBurney 11.18 45.52
2	Sunderland H	A	M Thompson 11.38	B Rushworth 11.01	B Bewick 12.00	T Doughty 11.24 46.03
3	Sunderland H	B	K Bell 12.02	T Field 12.24	G Harden 12.08	P Redman 12.26 49.00
4	Wallsend H	A	P Hilton 12.00	P Leigh 12.48	M Hall 12.25	D Embleton 12.21 49.34
5	Elswick H	A	P Dixon 12.08	S Grey 12.24	P Prior 12.39	A Thompson 12.27 49.38
6	Morpeth H	B	G Bayne 13.07	A Jenkins 13.29	G Nixon 13.06	A McDonaghy 12.33 52.15
7	Low Fell RC	A	C Watkins 13.35	J Stephens 12.50	S Dunlop 14.19	P Charlton 14.28 55.12
8	North Shields Poly	A	V Hemy 13.12	S Borlos 13.40	A Loughney 14.14	P Hughes 14.19 55.25
9	Gateshead H	A	B Weightman 14.19	M Thirlaway 14.21	S Parr 13.46	A Smith 14.14 56.40
10	Gosforth H		T Bird 12.34	K Thomas 13.55	D Robson 15.17	J Reid 15.20 57.06
11	North Shields Poly	B	B Young 13.58	P Rees 14.20	B Hemy 14.42	A Webb 16.32 59.32
12	Blyth RC	A	D Bradley 14.45	J Mallon 15.25	S Walker 13.55	R Dickinson 15.31 59.36
13	Wallsend H	B	T Maddocks 16.00	M Telford 14.25	P Brown 14.44	K Payne 15.06 60.15
14	Derwentside AC		J Donnelly 16.13	D Graham 14.37	N Smith 15.12	P Fox 14.29 60.31
15	Low Fell RC	B	W Doidge 15.06	B Hulme 15.49	G Long 15.15	M Stacey 15.16 61.26
16	Low Fell RC	C	S Richardson 15.28	J Young 16.35	G Hulme 17.58	A Clark 13.21 63.22
17	Gateshead H	B	K Alnwick 15.21	D Leng 15.50	T Gardner 15.59	J McDonald 16.23 63.33
18	Blyth RC	B	K Willshire 15.30	T Hart 17.48		
19	Tynedale H		R Parker 12.38			
20	Chester le St		I Bloomfield 12.52			
21	Elswick H	B	M McNally 13.09			
22	Claremont RR		B Milbourne 17.22			
23	Birtley AC		P Kelly 18.48			
24	Heaton H		G Routledge 20.01			

5 Fastest Leg Times:	1st Leg	2nd Leg	3rd Leg	4th Leg
	N Wilkinson 11.00	B Rushworth 11.01	P Walker 11.39	C McBurney 11.18
	M Thompson 11.38	P Waterson 11.55	B Bewick 12.00	T Doughty 11.24
	P Hilton 12.00	T Field 12.24	G Harden 12.08	D Embleton 12.21
	K Bell 12.02	S Grey 12.24	M Hall 12.25	P Redman 12.26
	P Dixon 12.08	P Leigh 12.48	P Prior 12.39	A Thompson 12.27

Elswick Harriers
Good Friday Road Races, 10th April 2009
Under 17 / U20 / Senior / Veteran Women: 2.28 miles

	Name	Club	Cat	Cat Pos	TIME
1	K Avery	Shildon H			11.52
2	M Ferrier	Gateshead H			12.33
3	D James	Morpeth H			12.37
4	M Holt	Sunderland H			12.57
5	J Trowbridge	Gateshead H			13.23
6	S Bell	Gateshead H	U17	1	13.33
7	V Hindson	Wallsend H			13.55
8	Z Armstrong	Morpeth H	U17	2	14.02
9	? Darie	Elswick H			14.05
10	G Cavill	Morpeth H	V	1	14.08
11	I Hope	Sunderland H	V	2	14.12
12	V Butler	Claremont RR			14.13
13	J Williams	Leeds City	U20	1	14.14
14	K Jones	North Shields Poly	V	3	14.21
15	W Pawsey	North Shields Poly			14.23
16	M Herworth	Claremont RR	V	4	14.26
17	S Crosby	Sunderland H	U17	3	14.28
18	G Floyd	Morpeth H			14.32
19	H Waddell	Gosforth H	U17	4	14.32
20	R Turnbull	Morpeth H	U20	2	14.33
21	J Fenwick	Wallsend H			14.35
22	L Herron	Blyth RC			14.36
23	R Lundgren	Gosforth H	U17	5	14.51
24	D Pickavance	Chester le St	U17	6	15.11
25	K Loughney	North Shields Poly	V	5	15.16
26	G Taylor	Elswick H	U20	3	15.19
27	K Sergeant	Claremont RR			15.21
28	L Marr	Tynedale H	V	6	15.26
29	B Blakeman	Sunderland H	V	7	15.30
30	L Nixon	Morpeth H	U20	4	15.33
31	H Bruce	Blyth RC			15.41
32	C Young	Blyth RC	V	8	15.45
33	N Douglas	Gateshead H			15.52
34	L Griffin	Tynedale H	V	9	16.02
35	J Kilgour	Claremont RR	V	10	16.10
36	G Dolan	Jarrow & Hebb			16.15
37	E Hope	Sunderland H	U17	7	16.21
38	S Woods	North Shields Poly	U17	8	16.22
39	H Smith	Jarrow & Hebb			16.26
40	V Thompson	Jarrow & Hebb			16.32
41	C Hasson	Wallsend H			16.36
42	B Campbell	Sunderland H	U17	9	16.46
43	C MacDonald	Morpeth H	U17	10	16.57
44	L Douglas	Blyth RC			17.18
45	J Potts	Gosforth H	U17	11	18.05
46	S Robinson	Birtley AC	U17	12	18.21
47	B Copeland	Morpeth H	U17	13	20.18
48	S Ramsay	Blyth RC	U17	14	20.50

Elswick Harriers
Good Friday Road Races, 10th April 2009
Under 17 / U20 / Senior / Veteran Women: 2.28 miles

Team Positions (3 to count ~ Any Ages ~)

1	Gateshead H	13
2	Morpeth H	21
3	Sunderland H	32
4	North Shields Poly	48
5	Claremont RR	55
6	Morpeth H 'B'	65
7	Wallsend	78
8	Blyth RC	82
9	Gosforth H	90
10	Sunderland H 'B'	108
11	Jarrow & Hebb	115

Elswick Harriers
Good Friday Road Races, 10th April 2009

Under 13 Girls (1.8mile)

<i>Name</i>	<i>Club</i>	<i>TIME</i>	<i>TEAMS (3 to count)</i>	
1 S Forster	Birtley AC	10.31	1 Birtley AC	10
2 L Turner	Birtley AC	10.37	2 Morpeth H	25
3 A Fawcett	Chester le St AC	10.43	3 Morpeth H 'B'	53
4 S Burnett	Sunderland H	10.59		
5 S Montgomery	Blaydon H	11.45		
6 A Brown	Morpeth H	11.45		
7 P Gilhespy	Birtley AC	11.47		
8 A Eastham	Alnwick H	11.58		
9 F Price	Morpeth H	12.07		
10 S Wilkes	Morpeth H	12.15		
11 E Smith	Elswick H	12.28		
12 R Ward	Birtley AC	12.33		
13 C Moody	Gosforth H	12.47		
14 C Ramsay	Blyth RC	12.54		
15 R Todd	Morpeth H	13.01		
16 J Richardson	Elswick H	13.06		
17 A Leigh	Gosforth H	13.27		
18 M McDonald	Morpeth H	13.45		
19 B Sproat	Blyth RC	13.56		
20 R McDonald	Morpeth H	14.28		
21 S K Murray	Chester le St AC	14.29		
22 L Lucas	Low Fell RC	15.04		
23 K Down	Morpeth H	15.24		

Under 13 Boys (1.8mile)

<i>Name</i>	<i>Club</i>	<i>TIME</i>	<i>TEAMS (3 to count)</i>	
1 C Peverley	Chester le St AC	9.45	1 Chester le St	18
2 M Bunn	Jarrow & Hebb	10.01	2 Blyth RC	23
3 A Wallett	North Shields Poly	10.03	3 Gosforth H	38
4 M Jackson	Blyth RC	10.06	4 Alnwick H	52
5 I Irvine	Sunderland H	10.10	5 Gosforth H 'B'	59
6 D Pickering	Chester le St AC	10.12	6 Elswick H	73
7 J Hall	Blyth RC	10.26	7 Blyth RC 'B'	73
8 J Campbell	Gateshead H	10.34	8 Gosforth H 'C'	89
9 A Ewart	Gosforth H	10.41	9 Low Fell RC	116
10 J Mallen	Alnwick H	10.51		
11 T Goulding	Chester le St Ac	10.52		
12 C Arkless	Blyth RC	10.55		
13 R Thorne	Alnwick H	11.08		
14 G Dobinson	Gosforth H	11.09		
15 N Cartwright	Gosforth H	11.10		
16 J Lewis	Gosforth H	11.13		
17 J Walker	Elswick H	11.16		
18 R Laidlaw	Elswick H	11.17		
19 G Skirrow	Alnwick H	11.19		
20 P Skirrow	Alnwick H	11.21		
21 B McQuade	Gosforth H	11.30		
22 B Chamley	Gosforth H	11.35		
23 J Young	Blyth RC	11.36		
24 L Henderson	Blyth RC	11.39		
25 J Hewett	Birtley AC	11.45		
26 M Nicholson	Blyth RC	11.51		
27 J Dungworth	Blyth RC	11.53		
28 M Thomas	Gosforth H	11.57		
29 A Sharpe	Gosforth H	12.12		
30 J Harvey	Blyth RC	12.13		
31 R Peverley	Chester le St Ac	12.26		
32 S Reed	Gosforth H	12.28		
33 B Steel	Morpeth H	12.30		
34 S Ridley	Birtley AC	12.31		
35 L Turnbull	Low Fell RC	12.36		
36 E Keeler	Gosforth H	13.11		
37 W Brightman	Gateshead H	13.31		
38 D Taylor	Elswick H	13.45		
39 A Mackay	Gosforth H	14.14		
40 K Hope	Low Fell RC	16.55		
41 R Turnbull	Low Fell RC	16.55		

Elswick Harriers
Good Friday Road Races, 10th April 2009

Under 15 Girls (1.8mile)

<i>Name</i>	<i>Club</i>	<i>TIME</i>	<i>TEAMS (3 to count)</i>	
1 S Taylor	Birtley AC	10.56	1 Morpeth H	15
2 R Oram	Elswick H	10.57	2 Elswick H	26
3 B Oakes	Birtley AC	11.01	3 Gosforth H	35
4 H Rank	Morpeth H	11.02		
5 R Steel	Morpeth H	11.37		
6 M Inverarity	Morpeth H	11.44		
7 A Watt	Gateshead H	11.48		
8 H Waddell	Gosforth H	11.49		
9 G Wallett	North Shields Poly	11.57		
10 C Sloan	Elswick H	12.06		
11 L Shuttleworth	Morpeth H	12.15		
12 C Falconer	Gosforth H	12.24		
13 R Nail	Blyth RC	12.48		
14 B Taylor	Elswick H	13.11		
15 N Johnson	Gosforth H	13.37		

Under 15 Boys (2.28 miles)

<i>Name</i>	<i>Club</i>	<i>TIME</i>	<i>TEAMS (3 to count)</i>	
1 G Lowrey	Jarrow & Hebb	12.09	1 Gateshead H	19
2 J Nisbet	Morpeth H	12.22	2 Elswick H	31
3 C Johnson	Elswick H	12.22		
4 R Costello	Gateshead H	12.23		
5 M Fearn	Jarrow & Hebb	12.33		
6 C Roberts	Chester le St	12.40		
7 B Maskell	Gateshead H	12.44		
8 J Boyd	Gateshead H	12.49		
9 D Turner	Birtley AC	13.04		
10 T Oliver	Gateshead H	13.08		
11 J Reed	Gosforth H	13.12		
12 T Bird	Gosforth H	13.17		
13 C Laidlaw	Elswick H	13.30		
14 A Bailes	Birtley AC	13.40		
15 A Tibbs	Elswick H	14.07		
16 D Balmain	Elswick H	14.27		
17 S Povey	Blyth RC	14.48		
18 S Goodfellow	Blyth RC	15.18		
19 J Bell	Blackhill B	18.27		

Under 17 Men (2.28 miles)

<i>Name</i>	<i>Club</i>	<i>TIME</i>	<i>TEAMS (3 to count)</i>	
1 C Wright	Nene Valley H	11.01	1 Sunderland H	19
2 G Ritchie	Jarrow & Hebb	11.25	2 Gosforth H	41
3 M Priestley	North Shields Poly	11.35		
4 N Reed	Sunderland H	11.38		
5 L Johnstone	Jarrow & Hebb	11.41		
6 L Baistel	Gateshead H	11.54		
7 J Waite	Sunderland H	12.01		
8 J Archer	Sunderland H	12.10		
9 E Hewitt	Nene Valley H	12.20		
10 T Walker	Gosforth H	12.24		
11 M Kilbride	Sunderland H	12.29		
12 P Shuttleworth	Morpeth H	12.34		
13 J Dowdle	Durham C	12.41		
14 L Creagh	North Shields Poly	12.56		
15 F Affleck-Brodie	Gosforth H	13.10		
16 J Anderson	Gosforth H	13.29		
17 J Campbell	Sunderland H	13.47		
18 A Bennett	Birtley AC	14.22		
19 D Fletcher	Birtley AC	15.24		