

ALTRINCHAM AND DISTRICT ATHLETIC CLUB

DUNHAM MASSEY 5k RESULTS

Friday 12th June 2009

Pos	umber	First Name	Surname	Cat.	Club	Time
1	683	Matthew	Barnes	Senior Men(18-39)	Altrincham & District AC	15.29
2	55	Marc	Tillotson	Senior Men(18-39)	Notts AC	16.08
3	79	Mike	Hatch	Senior Men(18-39)	Sale Harriers Mcr	16.13
4	95	Rob	Downs	Male Vet 45	Wilmslow RC	16.17
5	42	Andrew	Whittingham	Senior Men(18-39)	Altrincham & District AC	16.37
6	51	Stuart	Doyle	Senior Men(18-39)	Vale Royal AC	16.45
7	130	Graham	Macneil	Male Vet 45	Wilmslow RC	16.51
8	99	Graham	Ratcliffe	Male Vet 50	Wirral AC	16.58
9	19	Paul	Hicken	Senior Men(18-39)	Warrington AC	17.03
10	118	Stephen	Nicholls	Senior Men(18-39)	Wigan Phoenix	17.16
11	3	Colin	Martin	Male Vet 50	Spectrum Striders	17.25
12	91	David	Gee	Male Vet 55	Manchester Harriers	17.26
13	990	John	Houghton	Senior Men(18-39)	Spectrum Striders	17.27
14	676	Rob	Harvey	Senior Men(18-39)	Manchester Triathlon	17.32
15	50	Neil	Walker	Senior Men(18-39)	Altrincham & District AC	17.32
16	59	William	Tyler	Senior Men(18-39)	Unattached	17.33
17	10	Stephen	Martin	Male Vet 45	Spectrum Striders	17.36
18	182	Stephen	Watmough	Male Vet 45	Spectrum Striders	17.37
19	187	Anthony	Barbat	Male Vet 45	Wallasey A.C.	17.39
20	36	Andrew	Clague	Male Vet 40	West Cheshire AC	17.42
21	68	Mark	Norton	Senior Men(18-39)	Altrincham & District AC	17.47
22	965	Richard	Evans	Male Vet 40	Unattached	17.48
23	974	Andy	Yates	Male Vet 50	Sale Harriers Mcr	17.50
24	116	Mike	Welsby	Senior Men(18-39)	Spectrum Striders	17.59
25	189	Adrian	Fuller	Senior Men(18-39)	Altrincham & District AC	18.00
26	177	Phil	Burns	Senior Men(18-39)	Stockport Harriers	18.04
27	74	Lee	Wood	Senior Men(18-39)	Sale Harriers Mcr	18.07
28	669	Dave	Shackley	Senior Men(18-39)	Manchester Triathlon	18.15
29	9	Georges	Rouillon	Junior Man(13-17)	Spectrum Striders	18.16
30	98	Chris	Bratt	Male Vet 40	Sale Harriers Mcr	18.17
31	4	Liz	Whitfield	Senior Lady(18-34)	Spectrum Striders	18.18
32	659	Peter	Hopley	Male Vet 40	Lostock AC	18.19
33	24	Dominic	Scott	Junior Man(13-17)	Altrincham & District AC	18.31
34	73	Mark	Davies	Senior Men(18-39)	St Helens-Sutton AC	18.33
35	951	Charles	Layfield	Senior Men(18-39)	Unattached	18.36
36	196	Shoaib	Gill	Senior Men(18-39)	Unattached	18.38
37	666	Scott	Christey	Male Vet 40	Astley & Tyldesley AC	18.40
38	89	Leanne	Sheehy	Senior Lady(18-34)	Leigh Harriers &AC	18.46
39	125	Markus	Huesken	Senior Men(18-39)	Unattached	18.50
40	173	Michael	Berks	Senior Men(18-39)	Unattached	18.55
41	992	Alan	Burton	Senior Men(18-39)	Unattached	19.01
42	190	Jayne	Taylor	Lady Vet 45	Wigan Phoenix	19.03
43	960	Josh	Smith	Senior Men(18-39)	Altrincham & District AC	19.06
44	984	Chris	Dawson	Senior Men(18-39)	Spectrum Striders	19.08
45	29	John	Kelly	Male Vet 45	Penny Lane Striders	19.08
46	980	Christopher	Harding	Male Vet 50	Goyt Valley Striders	19.10
47	988	John	Parrott	Male Vet 50	Stockport Harriers	19.12
48	114	Daniel	Chadwick	Senior Men(18-39)	Spectrum Striders	19.17
49	12	Colin	McDonald	Senior Men(18-39)	Spectrum Striders	19.20
50	77	Tim	Murphy	Male Vet 45	Spectrum Striders	19.21
51	662	Gareth	Trimble	Senior Men(18-39)	Wilmslow RC	19.28
52	94	Brad	Ehlen	Senior Men(18-39)	Spectrum Striders	19.32

53	969	Mike	Jones	Male Vet 50	Altrincham & District AC	19.33
54	123	Keith	Brown	Male Vet 45	Warrington Road Runners	19.35
55	973	John	Carroll	Male Vet 45	Vale Royal AC	19.37
56	20	Marian	Martin	Lady Vet 50	Spectrum Striders	19.40
57	93	David	Pinnington	Male Vet 45	Penny Lane Striders	19.43
58	111	Sue	Hool	Lady Vet 35	Wilmslow RC	19.44
59	985	Jim	Dawson	Male Vet 45	Warrington Road Runners	19.44
60	71	Andrew	Barton	Senior Men(18-39)	Altrincham & District AC	19.47
61	64	Geoff	Gilbert	Male Vet 55	Wilmslow RC	19.48
62	997	John	Clarke	Male Vet 55	Vale Royal AC	19.48
63	172	Lora	Blann	Senior Lady(18-34)	Sale Harriers Mcr	19.52
64	109	Andy	Garnett	Male Vet 55	Spectrum Striders	19.56
65	115	Michael	Stuart	Male Vet 40	Altrincham & District AC	19.57
66	199	Caroline	Hemmins	Lady Vet 40	Spectrum Striders	20.02
67	92	Mark	Freeman	Male Vet 40	Unattached	20.03
68	33	Alasdair	Dyde	Male Vet 45	South Cheshire Harriers	20.03
69	106	Sarah	Waite	Senior Lady(18-34)	Wilmslow RC	20.04
70	108	Rob	McHarry	Male Vet 45	Spectrum Striders	20.05
71	6	Stephen	Pickford	Senior Men(18-39)	Spectrum Striders	20.22
72	41	Andrew	Dooley	Male Vet 50	Styal RC	20.25
73	40	Dave	Tomkins	Male Vet 60+	Northern Vets AC	20.26
74	49	Ally	Briscoe	Lady Vet 40	Unattached	20.31
75	679	Bruce	Owen	Male Vet 40	Unattached	20.39
76	62	Jackie	Cordingley	Senior Lady(18-34)	Sale Harriers Mcr	20.44
77	96	Stuart	Mairs	Senior Men(18-39)	Salford Met	20.55
78	31	Nigel	Stanhope	Male Vet 40	Spectrum Striders	21.01
79	35	Carole	Harrison	Lady Vet 40	Altrincham & District AC	21.05
80	194	Fiona	Randles	Senior Lady(18-34)	Sale Harriers Mcr	21.05
81	119	Barrie	Ainscow	Male Vet 45	Dragon's RC (Sale)	21.09
82	104	Matthew	Atkinson	Senior Men(18-39)	Wilmslow RC	21.11
83	197	Alan	Budenberg	Male Vet 40	Unattached	21.13
84	961	Brad	Smith	Male Vet 50	Altrincham & District AC	21.15
85	54	Michael	Escolme	Senior Men(18-39)	Sandbach Striders	21.16
86	682	Gareth	Howells	Senior Men(18-39)	Unattached	21.17
87	175	Colin	Gill	Senior Men(18-39)	Unattached	21.17
88	995	Miran	Aprahamian	Male Vet 50	Sale Harriers Mcr	21.18
89	996	Geoff	Beattie	Male Vet 55	Sale Harriers Mcr	21.19
90	122	Chris	March	Senior Men(18-39)	Unattached	21.21
91	671	Helen	Smith	Lady Vet 40	Vale Royal AC	21.22
92	955	Alan	Bennett	Male Vet 50	Unattached	21.24
93	976	John	Houghton	Male Vet 50	Warrington Road Runners	21.25
94	663	Christine	Geraghty	Lady Vet 45	Wilmslow RC	21.26
95	129	Michael	Charman	Male Vet 55	Spectrum Striders	21.26
96	63	Anthony	Collier	Male Vet 50	Styal RC	21.27
97	664	Stefan	Schumacher	Male Vet 50	Sale Harriers Mcr	21.29
98	684	Anne	Pugh	Lady Vet 50	Altrincham & District AC	21.30
99	83	Toby	Percival	Senior Men(18-39)	Unattached	21.30
100	998	David	McAlister	Male Vet 50	Wallasey A.C.	21.34
101	61	Jonathan	Clarke	Male Vet 40	Styal RC	21.34
102	48	Gerry	Rogers	Male Vet 50	Styal RC	21.38
103	120	Louise	Dempster	Lady Vet 45	Spectrum Striders	21.39
104	5	Kit	Whitfield	Male Vet 45	Spectrum Striders	21.40
105	970	Barry	Chambers	Male Vet 55	Vale Royal AC	21.40
106	186	Mike	Hill	Male Vet 50	Dallam R.C.	21.41
107	21	Tim	Norman	Male Vet 50	Cheshire Tally Ho	21.44
108	80	Joanne	Street	Senior Lady(18-34)	Sale Harriers Mcr	21.47

109	981	Alan	Romagnolo	Male Vet 40	Sale Harriers Mcr	21.47
110	176	Paul	Martin	Senior Men(18-39)	Unattached	21.48
111	185	Emily	Hughes	Senior Lady(18-34)	Middleton Harriers	21.52
112	989	Jason	Bowers	Senior Men(18-39)	Sale Harriers Mcr	21.56
113	668	Karen	Jarvis	Lady Vet 45	Unattached	21.57
114	180	Catriona	Marshall	Lady Vet 40	Wilmslow RC	21.58
115	70	Nigel	Powell	Male Vet 45	Altrincham & District AC	22.00
116	97	Dale	Pickard	Male Vet 50	Dragon's RC (Sale)	22.03
117	107	Alan	Peers	Male Vet 60+	Spectrum Striders	22.09
118	37	Sally	Howarth	Lady Vet 40	Trafford AC	22.17
119	677	Rosie	Fearon	Senior Lady(18-34)	Trafford AC	22.19
120	44	Charles	Lowthian	Male Vet 50	Styal RC	22.26
121	14	John P	Dooley	Male Vet 60+	Spectrum Striders	22.32
122	670	Liz	Turton	Senior Lady(18-34)	Stockport Harriers	22.35
123	191	Penny	Hinke	Lady Vet 50	Wilmslow RC	22.36
124	975	Lynne	Yates	Lady Vet 50	Sale Harriers Mcr	22.37
125	11	Aimee	McCullogh	Senior Lady(18-34)	Spectrum Striders	22.44
126	184	Andrew	Gerrard	Male Vet 45	Unattached	22.51
127	678	Stephen	McVeigh	Senior Men(18-39)	Trafford AC	22.54
128	188	Paul	McClorry	Senior Men(18-39)	Unattached	22.54
129	43	John	Riley	Male Vet 60+	Northern Vets AC	22.56
130	27	Rosemary	Rogers	Lady Vet 50	Deestriders RC	22.56
131	675	Christine	Dickinson	Lady Vet 45	Unattached	23.12
132	72	Alan	Jenkinson	Male Vet 60+	Styal RC	23.14
133	195	Bill	Randles	Senior Men(18-39)	Unattached	23.17
134	665	Anthony	Clegg	Senior Men(18-39)	Unattached	23.17
135	8	Philippe	Rouillon	Male Vet 50	Spectrum Striders	23.24
136	87	David	Redpath	Male Vet 55	Spectrum Striders	23.35
137	667	Nick	Walpole	Male Vet 40	Unattached	23.38
138	171	Daniel	Tiley	Senior Men(18-39)	Unattached	23.38
139	170	Jenny	Clink	Senior Lady(18-34)	Sale Harriers Mcr	23.39
140	686	Wendy	Waters	Lady Vet 50	Spectrum Striders	23.45
141	75	Ian	Dunbar	Male Vet 55	Spectrum Striders	23.47
142	178	Rachel	Thackray	Senior Lady(18-34)	Unattached	23.48
143	76	Graham	Kitchen	Male Vet 45	Dragon's RC (Sale)	23.50
144	964	Catherine	Evans	Senior Lady(18-34)	Unattached	23.57
145	23	Nicola	Scott	Junior Lady (13-17)	Altrincham & District AC	23.58
146	28	Michelle	Kelly	Lady Vet 50	Penny Lane Striders	24.14
147	192	Daniel	Kirschen	Male Vet 50	Unattached	24.30
148	661	Nina	Birch	Senior Lady(18-34)	Wilmslow RC	24.33
149	887	Nicola	Lord	Lady Vet 35	Unattached	24.38
150	121	Theresa	Weller	Lady Vet 45	Styal RC	24.41
151	181	Janis	Brazier	Lady Vet 40	Unattached	24.50
152	954	Stephanie	Bennett	Senior Lady(18-34)	Unattached	24.51
153	88	Janet	Redpath	Lady Vet 50	Spectrum Striders	24.54
154	15	Brian	Higgins	Male Vet 55	Styal RC	24.59
155	968	Maggie	Jones	Lady Vet 50	Altrincham & District AC	25.02
156	7	William	Bradley	Male Vet 45	Spectrum Striders	25.10
157	174	Chloe	Ashcroft	Senior Lady(18-34)	Unattached	25.16
158	30	Charles	Thackray	Male Vet 60+	West Cheshire AC	25.19
159	128	Stephanie	Charman	Lady Vet 55	Spectrum Striders	25.22
160	952	Andrew	Stein	Male Vet 40	Unattached	25.28
161	32	Sarah	Dyde	Lady Vet 40	South Cheshire Harriers	25.39
162	18	David	Cresswell	Senior Men(18-39)	Unattached	25.54
163	971	Carolyn	Smith	Lady Vet 40	Unattached	26.03
164	685	Caroline	Thomas	Senior Lady(18-34)	Unattached	26.08

165	956	Kirsty	McGlennon	Senior Lady(18-34)	Unattached	26.15
166	113	Don	George	Male Vet 60+	Sale Harriers Mcr	26.17
167	987	Derek	Howarth	Male Vet 60+	Leigh Harriers &AC	26.55
168	78	Sarah	Jones	Lady Vet 35	Dragon's RC (Sale)	26.56
169	117	Val	Hutson	Lady Vet 45	Spectrum Striders	27.07
170	673	Hayley	Stevens	Senior Lady(18-34)	Unattached	27.11
171	110	Sarah	Bundock	Lady Vet 35	Dragon's RC (Sale)	27.37
172	979	Stephanie	McGall	Lady Vet 50	Unattached	27.44
173	674	Andrew	Reed	Senior Men(18-39)	Unattached	28.02
174	978	John	Wolstenholm	Male Vet 60+	Dragon's RC (Sale)	28.34
175	680	Alexandra	Stanley	Senior Lady(18-34)	Unattached	28.49
176	179	Mike	Marshall	Male Vet 60+	Unattached	28.57
177	966	Jenny	Taylor	Lady Vet 35	Unattached	29.11
178	967	Amanda	Hall	Lady Vet 35	Unattached	29.19
179	39	Carol	Fell	Lady Vet 50	Warrington Road Runners	29.34
180	17	Lisa	Cresswell	Lady Vet 35	Unattached	29.42
181	681	Natalie	Howells	Senior Lady(18-34)	Unattached	29.56
182	22	Lisa	Scobbie	Lady Vet 35	Unattached	30.33
183	672	Andrew	Butterworth	Senior Men(18-39)	Unattached	31.00
184	90	Arthur	Walsham	Male Vet 60+	Salford Harriers	31.31
185	47	Dave	Attwell	Male Vet 60+	Altrincham & District AC	31.33