

# CASTLETON SHOW RUN - 12 SEPTEMBER 2009

## North York Moors AC

### RESULTS

Position	Name	Club	Time	Category
1	Alec Duffield	Loftus & Whitby AC	32.53	1 Senior
2	Paul Lowe	North York Moors AC	35.01	1 Vet 40
3	Tom Danby	New Marske Harriers	35.15	2 Senior
4	Dez Fielden	North York Moors AC	37.16	3 Senior
5	Jon Skidmore	North York Moors AC	38.11	4 Senior
6	Gareth Wilson	North York Moors AC	39.00	5 Senior
7	Charlotte Sanderson	Thirsk & Sowerby	40.11	1 Female (S)
8	Tom Watson	York Knavesmire Harriers	40.16	6 Senior
9	Richard Watson	Sale Harriers	40.17	7 Senior
10	Paul Figg	North York Moors AC	41.06	2 Vet 40
11	Paul Christon	North York Moors AC	41.07	3 Vet 40
12	Paul Kelly	Darlington Harriers	41.22	1 Vet 50
13	Graham Lyons	U/A	41.55	4 Vet 40
14	Gordon Brown	North York Moors AC	42.07	2 Vet 50
15	Neil Scruton	Scarborough AC	42.09	1 Vet 60
16	Chris Richardson	York Knavesmire Harriers	42.36	5 Vet 40
17	Paul McGough	North York Moors AC	43.06	8 Senior
18	Martin Clements	North York Moors AC	43.33	9 Senior
19	John Pearson	U/A	43.42	6 Vet 40
20	Dave Shipley	Scarborough AC	43.43	3 Vet 50
21	Aly Raw	Bingley Harriers	43.58	2 Female (F45)
22	Philip Paxman	York Acorn	44.20	4 Vet 50
23	John Gray	Billingham Marsh House Harr	44.22	7 Vet 40
24	Howard Cross	Pocklington Runners	44.28	8 Vet 40
25	Ian Glover	U/A	44.47	9 Vet 40
26	Andrew Race	North York Moors AC	45.10	10 Senior
27	Paul Thornton	North York Moors AC	45.12	5 Vet 50
28	David Dedman	Esk Valley Fell Club	45.19	10 Vet 40
29	Sarah Nettleton	York Knavesmire Harriers	46.36	3 Female (F45)
30	Barry Warrington	FRA	47.13	2 Vet 60
31	Kay Neesam	New Marske Harriers	47.15	4 Female (F40)
32	Paul Lambert	North York Moors AC	47.17	11 Vet 40
33	Mark Raw	U/A	47.18	11 Senior
34	Kath Aspin	New Marske Harriers	47.21	5 Female (F40)
35	Eddie Meehan	North York Moors AC	47.25	6 Vet 50
36	Ralph Broadley	Scarborough AC	47.33	3 Vet 60
37	Shelli Gordon	New Marske Harriers	47.38	6 Female (S)
38	Bob Lillie	Esk Valley Fell Club	48.48	7 Vet 50
39	Chris Jamieson	FRA	49.18	8 Vet 50
40	Ronnie Sherwood	New Marske Harriers	48.26	1 Vet 70
41	Geoff Hine	Sunderland Strollers	49.48	9 Vet 50
42	Tony Wilkinson	North York Moors AC	50.23	12 Vet 40
43	Max Wood	SKYRAC	50.37	10 Vet 50
44	Jon Zigmond	Veg Cycling & AC	51.08	11 Vet 50
45	Ernie Huck	Thirsk & Sowerby	51.56	4 Vet 60
46	Trevor Symonds	FRA	51.58	12 Vet 50

47	Russell Burton	U/A	53.15	12 Senior
48	Tony Main	U/A	53.16	13 Vet 50
49	Dave Parke	Scarborough AC	53.57	14 Vet 50
50	Paul Keogh	U/A	54.10	13 Vet 40
51	Jane Kelly	U/A	54.35	7 Female (V40)
52	Barry Moody	North York Moors AC	54.54	5 Vet 60
53	Ian Robinson	Esk Valley Fell Club	55.11	14 Vet 40
54	Joe Houlgate	U/A	55.28	8 Female (S)
55	Trish Kay	Newton Aycliffe	55.37	9 Female (V40)
56=	Charlotte Ellis	New Marske Harriers	55.50	10= Female (S)
56=	Louise Tinsley	New Marske Harriers	56.50	10= Female (S)
58	Paul Garrity	Scarborough AC	56.54	15 Vet 50
59	Anthony Corbett	Quakers	56.59	15 Vet 40
60	John Daniels	U/A	60.11	16 Vet 50
61	Stephan Shaw	Billingham Marsh House Harr	62.08	16 Vet 40
62	Patrick Heagney	Loftus & Whitby AC	63.57	17 Vet 50
63	Elizabeth Duggan	Kendal	64.02	12 Female (V60)
64	Amanda Went	New Marske Harriers	64.13	13 Female (V40)
65	Sandra Main	North York Moors AC	64.20	14 Female (V50)
66	Susan Adams	York Knavesmire Harriers	64.25	15 Female (V50)
67	Paul Adams	York Knavesmire Harriers	64.26	18 Vet 50
68	Gordon Peacock	North York Moors AC	76.28	19 Vet 50

### **Teams**

1st Men	North York Moors AC 'A' - (2+4+5)	11 pts
2nd Men	North York Moors AC 'B' - (6+10+11)	27 pts
1st Women	New Marske Harriers - (4+5+6)	15 pts

### **First locals (M/F)**

Mark Raw (Castleton)                      Joe Houlgate (Castleton)

### **Organiser's Comments**

Thank you all for turning out and supporting not only the eighth Castleton Show Run (approx 10km) (a record field) but also the Castleton Show - a smashing day weatherwise, some might say too warm! Great runs by Alec Duffield (11 secs away from the men's record) and Charlotte Sanderson (44 secs away from the ladies record). Well done to all the other prizewinners!

As well as winning the two men's team prizes, NYMAC entered a team in the tug-of-war competition later on - unfortunately they turned out to be a bunch of light weights!! Fell shoes next year for extra grip!

I hope that you all enjoyed your runs on this undulating course - and your afternoon at the Show - please pass the word around, and bring along a friend next year!!

All being well I will organise the run again next year, which will be on Show Day, second Saturday in September 2010 (which I make to be the 11th).

Finally, many thanks to Dave Parry for again acting as race official and to the marshals for their help - my wife Di as 'sweeper', Dave and Viv Murphy, Peter Connor, Neil Hunter, Janet Cordingley and Sid at the difficult crossroads. Thanks also to John Hunter and the other kids for handing out the water at the finish.

**Chris Wright**