

# The Rufford 10K

## at Rufford on Sunday 7th September 2008

### Rufford 10K — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Paul Sankey		Liverpool Running Club	33:12	43	Steve Foster	V45 14	Astley & Tyldesley Road Runner	41:32
2	Gary Priestley		Horwich R M I Harriers	33:39	44	P Rutherford	V40 12	Swinton Running Club	41:57
3	Keith Johnston		Chorley Harriers	34:33	45	Terry Hughes	V45 15	Astley & Tyldesley Road Runner	41:59
4	Bren Bolland	V40 1	Horwich R M I Harriers	34:47	46	Paul Jackson	V40 13	Astley & Tyldesley Road Runner	42:03
5	Peter Chan	V40 2	Astley & Tyldesley Road Runner	35:22	47	Steve James	V70 1	Southport Waterloo AC	42:05
6	Rob Ashworth	V40 3	Southport Waterloo AC	35:32	48	Mike Cunliffe	V40 14	Radcliffe AC	42:11
7	Robert McGrath	V40 4	Southport Waterloo AC	35:38	49	Tracy Peters	L 4	Southport Waterloo AC	42:52
8	Steve Nolan	V45 1	Horwich R M I Harriers	35:45	50	Gary Stevens		Astley & Tyldesley Road Runner	42:59
9	Matthew Kay		Wigan Phoenix	35:47	51	Ter Gardener	V45 16	Astley & Tyldesley Road Runner	43:11
10	Stephen Morran	V50 1	Northern Veterans AC	36:02	52	Ray Smith	V60 1	Northern Veterans AC	43:25
11	Mark Ellithorn	V40 5	Chorley Harriers	36:07	53	Alan Hilton		Astley & Tyldesley Road Runner	43:28
12	Shaun Moran	V45 2	Astley & Tyldesley Road Runner	36:13	54	Gary Baines	V50 4	Astley & Tyldesley Road Runner	44:04
13	Steven Doxey	V45 3	Swinton Running Club	36:21	55	Lauren Marsden	L35 2	Swinton Running Club	44:26
14	Michael Green	V40 6	Lostock AC	36:36	56	Kevin Curran	V40 15	Radcliffe AC	44:37
15	Simon Ford		Astley & Tyldesley Road Runner	36:45	57	M Letwenjuk	V40 16	Red Rose Road Runners	44:58
16	S Parkinson		Horwich R M I Harriers	36:51	58	Karen Faloon	L60 1	Southport Waterloo AC	45:08
17	Rick Bowker	V45 4	Southport Waterloo AC	36:54	59	Ian Hamilton	V55 2	Astley & Tyldesley Road Runner	45:15
18	Glyn Kay		Horwich R M I Harriers	37:24	60	Andrew Pearson	V40 17	Red Rose Road Runners	45:26
19	Mauric Collins	V45 5	Liverpool Running Club	37:32	61	Brenda Wayne	L45 1	Astley & Tyldesley Road Runner	45:39
20	David Miles	V40 7	Newburgh Nomads RC	37:52	62	Daniel Lawton	U16 1	Unattached	46:27
21	Troy Topping	V40 8	Astley & Tyldesley Road Runner	37:54	63	Eliz Haynes	L 8	Astley & Tyldesley Road Runner	46:29
22	Phil Iddon		Chorley Harriers	38:16	64	Geo Critchley	V50 5	Radcliffe AC	46:48
23	Tony Jackson	V45 6	Newburgh Nomads RC	38:19	65	Emmy Petersson	L 9	Unattached	47:12
24	Simon Wright	V50 2	Wigan Phoenix	38:22	66	Mike Ogle	V55 3	Chorley Harriers	47:15
25	Mark Riches	V45 7	Astley & Tyldesley Road Runner	38:27	67	Jaqui Redmayne	L35 3	Chorley Harriers	47:15
26	Stephen Agger	V45 8	Skelmersdale Boundary Harriers	39:03	68	AnnM Rampley	L40 1	Radcliffe AC	47:20
27	Paul Jackson	V40 9	Chorley Harriers	39:05	69	Chris Cutner	L50 1	Southport Waterloo AC	47:22
28	Ben Johnson	JM 1	Unattached	39:17	70	Michael Newell		Astley & Tyldesley Road Runner	47:39
29	Lee John	V40 10	Astley & Tyldesley Road Runner	39:18	71	John Pickup	V45 17	Swinton Running Club	47:44
30	Scott Christey	V40 11	Astley & Tyldesley Road Runner	39:24	72	Mark Emmett	V50 6	Radcliffe AC	47:48
31	Vicky Bryant	L 1	Wigan Phoenix	39:26	73	Mark Crowley	V45 18	Astley & Tyldesley Road Runner	48:13
32	Steve Coleman	V45 9	Astley & Tyldesley Road Runner	39:38	74	M Fairclough	L 13	Astley & Tyldesley Road Runner	49:16
33	Rob Johnson	V50 3	Unattached	39:41	75	Raymond Taylor	V50 7	Astley & Tyldesley Road Runner	49:48
34	Peter Mulleady	V45 10	Astley & Tyldesley Road Runner	39:44	76	Michael Lilley	V50 8	Swinton Running Club	50:15
35	Simon Barker		Unattached	39:58	77	Carole Baines	L40 2	Astley & Tyldesley Road Runner	51:32
36	Susan Cooper	L55 1	Southport Waterloo AC	40:07	78	M Macdougall	L 15	Unattached	52:14
37	Gar Chadderton	V45 11	Horwich R M I Harriers	40:18	79	Eileen Royle	L60 2	Radcliffe AC	52:24
38	Tracy Dutton	L35 1	Wigan Phoenix	40:23	80	N Pickanance		Unattached	52:31
39	Carlos Irizar	V45 12	Southport Waterloo AC	40:34	81	Yasmin Parapia	L 17	Radcliffe AC	53:20
40	Keith Sutton	V45 13	Unattached	40:57	82	Malcolm Towler	V65 1	Northern Veterans AC	56:38
41	James Matthews		Chorley Harriers	41:00	83	Den Adelsberg	V75 1	Skelmersdale Boundary Harriers	1:14:45
42	Terry Lonergan	V55 1	Ilkley Harriers AC	41:30					

### Rufford 10K - Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Horwich R M I Harriers	30 —	2 Gary Priestley	4 Bren Bolland	8 Steve Nolan	16 S Parkinson
2 Astley & Tyldesley Road Runner	53 —	5 Peter Chan	12 Shaun Moran	15 Simon Ford	21 Troy Topping
3 Chorley Harriers	63 —	3 Keith Johnston	11 Mark Ellithorn	22 Phil Iddon	27 Paul Jackson
4 Southport Waterloo AC	63 —	6 Rob Ashworth	7 Robert McGrath	17 Rick Bowker	33 Carlos Irizar
5 Swinton Running Club	162 —	13 Steven Doxey	37 P Rutherford	54 John Pickup	58 Michael Lilley
6 Radcliffe AC	194 —	41 Mike Cunliffe	47 Kevin Curran	51 Geo Critchley	55 Mark Emmett

### Rufford 10K - Ladies — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Southport Waterloo AC	12 —	2 Susan Cooper	4 Tracy Peters	6 Karen Faloon
2 Astley & Tyldesley Road Runner	27 —	7 Brenda Wayne	8 Eliz Haynes	12 M Fairclough
3 Radcliffe AC	39 —	10 AnnM Rampley	14 Eileen Royle	15 Yasmin Parapia