

Start Fitness North Eastern Harrier League : Prudhoe 1st March

The Presentation Evening for the Individual Grand Prix for Men, Women and Under 17/20 Women is on Thursday 13th March at 6pm at Start Fitness, Pilgrim St, Newcastle. All welcome.

Senior Men									
1	0:31:19	SMITH, Mark	(1) Durham City H	S	76	0:35:57	HAINSWORTH, Chris	Gateshead H	F
2	0:31:56	YOUNGER, Norman	(1) Sunderland Harriers	S	77	0:35:57	SYERS, Graham	(1) Alnwick Harriers	M
3	0:32:39	STRATTON, Simon	Gateshead H	S	78	0:35:58	BELL, Willie	(1) Crook AC	S(V)
4	0:32:41	COFFEY, Matthew	Oxford City AC	M	79	0:36:02	MAKIN, Elliot	(1) Durham City H	M
5	0:32:58	LARKIN, John	Gateshead H	S(V)	80	0:36:04	MOORE, John	(2) Heaton Harriers	F
6	0:33:16	GREEN, Andy	(1) Tynedale H	S(V)	81	0:36:04	DALEY, Sam	(2) Heaton Harriers	S(V)
7	0:33:30	CRELLIN, Rob	(1) Durham City H	M	82	0:36:05	VINCENT, Phil	(1) Tynedale H	M
8	0:33:32	BROWN, Mark	(2) Morpeth H	F	83	0:36:06	WOODS, John	(2) Morpeth H	M
9	0:33:46	DODD, Paul	(1) Elswick H	S	84	0:36:06	ARMSTRONG, David	(1) Tynedale H	M(V)
10	0:33:47	MACDONALD, Alistair	(2) Morpeth H	S(V)	85	0:36:07	GIBSON, Nathan	(1) South Shields	S
11	0:33:53	MILLIKEN, Don	(2) Heaton Harriers	M	86	0:36:08	LILLICO, Jim	(1) Alnwick Harriers	S(V)
12	0:33:59	NEWTON, Peter	(2) Claremont RR	F	87	0:36:09	GOODE, Phillip	(2) Saltwell Harriers	M
13	0:34:00	MALLEEN, Mike	(1) Crook AC	S(V)	88	0:36:10	LYDON, Dan	(1) Sunderland Strollers	F
14	0:34:01	BUIJS, James	(2) Heaton Harriers	F	89	0:36:13	WYLLIE, Tim	(1) Tynedale H	F(V)
15	0:34:19	WEIGHTMAN, Owen	(1) Crook AC	S	90	0:36:15	BOWMAN, William	(2) Houghton AC	S(V)
16	0:34:23	HILL, Michael	(1) Sunderland Harriers	S(V)	91	0:36:19	TAIT, Ted	(1) Durham City H	M(V)
17	0:34:32	CARTEY, Tony	(1) Wallsend H	F	92	0:36:20	ARTHUR, George	(1) South Shields	S(V)
18	0:34:34	HALL, Richard	Gateshead H	S	93	0:36:21	THOMAS, Kevin	Gosforth H	S(V)
19	0:34:35	HAND, Rob	(1) Durham City H	F(V)	94	0:36:22	MORRIS, Neil	(2) Low Fell RC	M(V)
20	0:34:37	BURROWS, Chris	Gateshead H	S	95	0:36:22	DAVIS, Geoff	(2) Elvet Striders	S(V)
21	0:34:38	BELL, Stewy	Chester-le-Street	F(V)	96	0:36:24	FAIRLESS, Chris	(1) Crook AC	S
22	0:34:39	CROWE, Martin	(1) Elswick H	S(V)	97	0:36:25	STEPHENS, Jonathan	(2) Low Fell RC	M
23	0:34:41	MAYNARD, Ken	(1) Sunderland Strollers	M(V)	98	0:36:26	MAYNARD, Ray	(1) Sunderland Strollers	S(V)
24	0:34:42	KNOX, Adam	(2) Low Fell RC	M	99	0:36:27	FRIEL, Liam	(1) Blaydon Harriers	S(V)
25	0:34:42	DENT, Alan	(1) Blaydon Harriers	M(V)	100	0:36:27	DARKE, Peter	(1) Sunderland Strollers	S(V)
26	0:34:43	DAWSON, Michael	(2) North Shields Poly	F	101	0:36:27	AGAN, Richard	(1) Alnwick Harriers	M
27	0:34:45	METTERS, Neil	(1) Sunderland Harriers	S	102	0:36:28	BIRD, Trevor	Gosforth H	M(V)
28	0:34:48	LONGMAN, Lucas	(2) Heaton Harriers	M	103	0:36:31	GREY, Stephen	(1) Elswick H	F(V)
29	0:34:49	CONNELLY, Kevin	Gateshead H	S	104	0:36:32	BROWN, Nigel	Chester-le-Street	S(V)
30	0:34:52	STEPHENS, John	(2) Low Fell RC	M(V)	105	0:36:33	PEACOCK, Robert	(1) Blaydon Harriers	S
31	0:34:55	BRADY, Melvin	(2) Saltwell Harriers	S(V)	106	0:36:34	BINGHAM, Hugh	(1) Tynedale H	M(V)
32	0:34:56	STEEL, David	(2) Morpeth H	M(V)	107	0:36:35	CARTER, Stuart	(1) Alnwick Harriers	S
33	0:35:01	CAMPBELL, Gary	(2) North Shields Poly	S	108	0:36:35	MORRIS, David	(2) North Shields Poly	S(V)
34	0:35:04	POTTS, Steven	(1) Sunderland Harriers	F	109	0:36:36	BARKLEY, Rob	(2) Blyth RC	M
35	0:35:06	KEMP, Will	(1) Durham City H	F	110	0:36:37	BUNN, Michael	(2) Jarrow & Hebburn AC	M(V)
36	0:35:06	SHAW, Barry	Blackhill Bounders	S(V)	111	0:36:38	ROE, Darryl	(1) Wallsend H	S
37	0:35:11	ALLISON, Jason	(1) Crook AC	M	112	0:36:40	THOMPSON, Jim	(2) Saltwell Harriers	M(V)
38	0:35:12	ELLIOTT, Keith	(1) Sunderland Harriers	S(V)	113	0:36:44	MITSIDES, Chris	(1) Wallsend H	M
39	0:35:13	BELL, David	Gosforth H	S(V)	114	0:36:51	HUGHES, David	(2) North Shields Poly	S(V)
40	0:35:14	HARGREAVES, Stephen	(1) Wallsend H	M	115	0:36:52	STEPHENSON, Kevin	(1) Elswick H	F(V)
41	0:35:16	BELL, Graham	(1) Elswick H	M	116	0:36:55	ROBINSON, Adam	(2) Blyth RC	M(V)
42	0:35:17	WINTER, Mike	(2) Morpeth H	S	117	0:36:56	BILLMORE, Sam	Durham (NC)	S
43	0:35:17	JAMESON, Philip	(1) Tynedale H	M	118	0:36:57	NETTLEWORTH, Rich	(1) South Shields	S
44	0:35:21	COPLAND, Alan	(1) Tynedale H	M	119	0:36:58	JONES, Mike	(1) South Shields	M(V)
45	0:35:22	REAY, David	(2) Derwentside AC	S	120	0:36:58	BURNS, Graham	Blackhill Bounders	M(V)
46	0:35:23	DOUGHTY, Tom	(1) Sunderland Harriers	F(V)	121	0:36:59	NASH, John	(1) Durham City H	M
47	0:35:24	TURNER, Paul	(1) Elswick H	F	122	0:37:00	DRISCOLL, Richard	(2) Morpeth H	S(V)
48	0:35:24	ATWELL, Stephen	(2) North Shields Poly	S	123	0:37:02	OAKES, Karl	Birtley	M
49	0:35:25	REDMAN, Paul	(1) Sunderland Harriers	M(V)	124	0:37:03	WESTERMAN, Andrew	(1) Durham City H	S(V)
50	0:35:25	HALL, Mark	(1) Wallsend H	M	125	0:37:04	MCENTEE, Scott	(2) Heaton Harriers	S
51	0:35:26	MOIR, David	(1) Wallsend H	M	126	0:37:07	GREY, Peter	(1) Alnwick Harriers	M(V)
52	0:35:27	HOPKINS, Richard	Birtley	S	127	0:37:10	ARMSTRONG, Liam	(1) Crook AC	S
53	0:35:27	THOMPSON, Alan	(1) Elswick H	M(V)	128	0:37:11	MULLARKEY, Peter	(2) Saltwell Harriers	S(V)
54	0:35:29	ALDER, Jim	(2) Morpeth H	S(V)	129	0:37:12	MAIN, Robert	(1) Elswick H	S
55	0:35:30	COXON, Syd	(1) Tynedale H	M(V)	130	0:37:14	MUIR, Chris	(1) South Shields	F
56	0:35:31	MARSHALL, Stephen	(1) Durham City H	M(V)	131	0:37:14	MACKAY, Keith	(1) South Shields	F(V)
57	0:35:32	HEMY, Vaughan	(2) North Shields Poly	M(V)	132	0:37:15	MCMILLAN, Brendan	(2) Claremont RR	F
58	0:35:33	LIKEMAN, Mark	(2) Heaton Harriers	S	133	0:37:16	BEANEY, David	(2) Claremont RR	S(V)
59	0:35:34	HEWITSON, Geoff	(1) Crook AC	S(V)	134	0:37:17	PULHAM, Andy	Gateshead H	S(V)
60	0:35:36	FIELD, Tim	(1) Sunderland Harriers	F(V)	135	0:37:19	O'NEILL, Kevin	(1) Sunderland Strollers	S(V)
61	0:35:37	BYRON, Marcus	(1) Tynedale H	S(V)	136	0:37:20	ANDERSON, David	(1) Wallsend H	M(V)
62	0:35:37	PATON, Chris	Gateshead H	F	137	0:37:21	ARMSTRONG, Geoff	(1) Sunderland Harriers	M(V)
63	0:35:38	WOOD, Keith	(2) Saltwell Harriers	M(V)	138	0:37:22	HAYDEN, Ian	Aurora	M
64	0:35:39	SQUIRES, Andy	(1) Alnwick Harriers	S(V)	139	0:37:23	CRAIGS, Neville	(1) Alnwick Harriers	M(V)
65	0:35:41	PULLAN, Graeme	(1) Sunderland Strollers	S	140	0:37:27	HENRY, Mike	(1) Alnwick Harriers	S(V)
66	0:35:42	AULD, Chris	(2) Heaton Harriers	S	141	0:37:28	YOUNG, Barry	(2) North Shields Poly	S(V)
67	0:35:43	CLEMITSON, Michael	Blackhill Bounders	M	142	0:37:30	KENNEDY, Jonathan	(2) Saltwell Harriers	S
68	0:35:44	MEDD, Steven	Gateshead H	S	143	0:37:31	LOUGHNEY, Andrew	(2) North Shields Poly	S(V)
69	0:35:49	HILL, Steve	(1) Blaydon Harriers	S(V)	144	0:37:32	BENNETT, Michael	(2) Elvet Striders	S(V)
70	0:35:51	DRUETT, Adam	(1) Sunderland Strollers	S	145	0:37:33	CARROLL, Paul	(2) Claremont RR	M
71	0:35:52	ALEXANDER, Martin	(2) Low Fell RC	S	146	0:37:34	DAGLISH, Ross	(2) Low Fell RC	S
72	0:35:53	RANSON, David	Birtley	S(V)	147	0:37:35	BROWN, Steven	(1) Tynedale H	M(V)
73	0:35:54	REEVES, Thomas	(2) Elvet Striders	S(V)	148	0:37:38	UNKNOWN,		NDB
74	0:35:55	PRATHALINGHAM, Nilendran	(2) Claremont RR	S	149	0:37:39	BREWIS, Stephen	(2) Houghton AC	M
75	0:35:56	MCKINNON, Iain	(2) Heaton Harriers	S	150	0:37:40	GIBSON, Malcolm	(2) Heaton Harriers	S

151	0:37:41	STEPHENS, Jonathan	(1) Tynedale H	S	231	0:42:57	GRAY, David	Blackhill Bounders	S(V)
152	0:37:42	MILLMORE, Lee	Birtley	F	232	0:43:03	BRADLEY, David	(2) Blyth RC	S(V)
153	0:37:43	HANSON, Tom	(1) Elswick H	S(V)	233	0:43:09	BAKER, Micky	(1) Wallsend H	S(V)
154	0:37:44	SHIPLEY, Paul	(1) South Shields	S(V)	234	0:43:12	RELTON, Melvyn	North East Vets	S(V)
155	0:37:45	ROBINS, Dan	(2) Heaton Harriers	F	235	0:43:15	ROBSON, Dave	(2) Elvet Striders	S(V)
156	0:37:47	FRANKS, Conrad	Gateshead H	F	236	0:43:19	MULLISS, Allen	(2) Heaton Harriers	S(V)
157	0:37:49	COLES, Louis	(2) Claremont RR	S	237	0:43:25	BROWN, Brian	(1) Durham City H	S(V)
158	0:37:51	WARNABY, David	(1) Sunderland Strollers	S(V)	238	0:43:28	COWELL, Ian	(1) Tynedale H	S(V)
159	0:37:52	BELL, Jon	(1) Elswick H	F(V)	239	0:43:39	HART, Terry	(2) Blyth RC	S(V)
160	0:37:53	COOPER, Nick	(2) Claremont RR	S	240	0:43:40	WHITAKER, Eric	Blackhill Bounders	S(V)
161	0:37:53	ROBSON, Dean	(1) Sunderland Strollers	S	241	0:43:41	ROBSON, Colin	(2) Jarrow & Hebburn AC	M
162	0:37:54	WHITE, Conrad	(2) Elvet Striders	S(V)	242	0:43:42	STRAND, Frank	(1) South Shields	S(V)
163	0:37:55	DIXON, Paul	(1) Sunderland Strollers	S(V)	243	0:44:24	RICHARDSON, Paul	(2) Saltwell Harriers	S
164	0:37:56	COLVER, Philip	(1) Elswick H	S	244	0:44:49	DICKINSON, Michael	(2) Houghton AC	S(V)
165	0:37:58	DONNEKY, John S	(2) Derwentside AC	F	245	0:45:34	BLACKWELL, Peter	(2) Derwentside AC	S(V)
166	0:38:00	DUNLOP, Sean	(2) Low Fell RC	M(V)	246	0:46:06	MURRAY, Barry	(2) Derwentside AC	S(V)
167	0:38:05	KINGSTON, Matthew	(2) Claremont RR	S	247	0:46:25	MILBOURNE, Bill	(2) Claremont RR	S(V)
168	0:38:07	WESSON, Keith	(2) Elvet Striders	S(V)	248	0:47:33	PRINCE, Tony	(1) Elswick H	S(V)
169	0:38:13	ROBERTS, Shaun	(2) Elvet Striders	S(V)	249	0:47:35	MAXWELL, Ross	(1) Tynedale H	S(V)
170	0:38:15	DOXFORD, Paul	(1) South Shields	M(V)	250	0:47:57	PINKNEY, Robert	(1) South Shields	S(V)
171	0:38:16	SMITH, Paul	(1) Crook AC	S(V)	251	0:48:32	MCCORMICK, Ken	(2) Claremont RR	S(V)
172	0:38:17	LOWE, David	(1) Alnwick Harriers	S(V)	252	0:49:11	PASCOE, Barry	(2) Jarrow & Hebburn AC	S(V)
173	0:38:18	STOBBS, Jason	Gateshead H	S	253	0:50:52	PURDHAM, Allen	(1) Crook AC	S(V)
174	0:38:20	DANIELS, David	(1) Wallsend H	M	254	0:50:58	YOUNG, Dennis	(2) Heaton Harriers	S(V)
175	0:38:21	DIXON, David	(1) Sunderland Strollers	S(V)	255	0:54:53	KELLY, Patrick	Birtley	S(V)
176	0:38:29	RICHARDSON, Peter	(1) Sunderland Harriers	S(V)					
177	0:38:30	SMITH, Neil	(2) Derwentside AC	S(V)			Division 1		
178	0:38:30	COOK, Simon	(1) Alnwick Harriers	M(V)			1 Sunderland H 80		
179	0:38:33	JONSON, Dave	(1) South Shields	S			2 Durham C 101		
180	0:38:35	EMMETT, Vince	(1) Sunderland Harriers	M(V)			3 Elswick 142		
181	0:38:38	WRIGHT, David	(2) Houghton AC	S(V)			4 Tynedale 149		
182	0:38:39	REED, Derek	(1) Wallsend H	M			5 Crook 149		
183	0:38:41	LUMLEY, Ian	(1) Sunderland Strollers	S			6 Wallsend 198		
184	0:38:45	JOHNSON, Lawrence	(2) Low Fell RC	S(V)			7 Sunderland S 232		
185	0:38:49	LAVERY, Lindsay	(1) South Shields	M(V)			8 Alnwick 289		
186	0:38:50	HARTE, Michael	(1) Sunderland Strollers	S			9 S Shields 351		
187	0:38:56	RUSSELL, George	(2) Low Fell RC	M(V)					
188	0:38:58	LAIDLER, Paul	Birtley	S(V)			Division 2		
189	0:38:59	WELSH, David	(1) Crook AC	S(V)			1 Morpeth 70		
190	0:39:00	MADDISON, Ian	Ryton Tri	S(V)			2 Heaton 78		
191	0:39:02	BERYL, Stuart	(1) Blaydon Harriers	S(V)			3 NSP 121		
192	0:39:11	MCENTEE, Ken	(2) Heaton Harriers	S(V)			4 Low Fell 148		
193	0:39:12	INSKIP, Paul	(2) Heaton Harriers	S(V)			5 Saltwell 179		
194	0:39:12	BLYTH, Kevin	(1) Sunderland Strollers	M(V)			6 Claremont 213		
195	0:39:17	SHAW, Ian	Blackhill Bounders	S(V)			7 Elvet 273		
196	0:39:23	ALLSOP, Tim	(1) Sunderland Strollers	M			8 Houghton 355		
197	0:39:24	WHEELER, Kenneth	Concordia R&P	S(V)			9 Blyth 374		
198	0:39:27	WRIGHT, Roger	(1) Durham City H	S(V)			10 Derwentside 381		
199	0:39:39	WILLSHIRE, Keith	(2) Blyth RC	S(V)					
200	0:39:44	DICKINSON, Ralph	(2) Blyth RC	S(V)			Division 3		
201	0:39:48	READMAN, Alan	(2) Houghton AC	S(V)			1 Gateshead 31		
202	0:39:50	CROFT, James	(2) Houghton AC	S(V)			2 Blackhill B 138		
203	0:39:51	BUCKLEY, Brian	(2) Derwentside AC	S			3 Birtley 138		
204	0:39:57	MARKS, Steven	(2) North Shields Poly	S					
205	0:40:03	CHRISTOPHER, Len	(1) Sunderland Harriers	M(V)			Fastest		
206	0:40:05	RICHARDSON, Ian	(2) North Shields Poly	S(V)			1 Brown		
207	0:40:16	BATY, Edward	(2) Heaton Harriers	S(V)			2 Newton		
208	0:40:18	NESBIT, Andrew	Blackhill Bounders	S(V)			3 Buis		
209	0:40:22	KHAN, Adnan	(1) Sunderland Strollers	S					
210	0:40:26	PEARSON, Stephen	(2) Houghton AC	S(V)					
211	0:40:29	ROCHELLE, Steven	(2) Saltwell Harriers	S(V)					
212	0:40:29	THOMPSON, Aaron	Concordia R&P	S					
213	0:40:32	USHER, Brian	Aurora	S(V)					
214	0:40:32	DIXON, Derek	(1) Sunderland Strollers	S(V)					
215	0:40:33	LONG, Brian	(1) Sunderland Harriers	S(V)					
216	0:40:40	JUDSON, Fred	(1) Sunderland Harriers	M(V)					
217	0:40:41	KEAR, David	(2) Claremont RR	S(V)					
218	0:40:44	JAMES, Phil	(2) Saltwell Harriers	S(V)					
219	0:40:47	ADAMSON, George	(2) North Shields Poly	S(V)					
220	0:40:52	COCKBURN, John	(1) Alnwick Harriers	S(V)					
221	0:40:55	CURRY, Stephen	(1) Elswick H	S(V)					
222	0:41:07	WOODWARD, John	(1) Sunderland Strollers	S(V)					
223	0:41:17	KAY, Jonathan	(1) Alnwick Harriers	S(V)					
224	0:41:20	ATWELL, Chris	(1) Alnwick Harriers	S(V)					
225	0:41:30	THOMPSON, Andrew	Aurora	S(V)					
226	0:41:41	MIDDLETON, Andy	(1) Elswick H	S					
227	0:41:55	HUGHES, Paul	(2) Claremont RR	S					
228	0:41:58	JACKSON, Paul	(1) Alnwick Harriers	S(V)					
229	0:42:18	SCOTT, Richard	Blackhill Bounders	M					
230	0:42:32	GRAHAM, Andrew	(2) Claremont RR	S					

Under 17 Men Handicap 2 min 40s

1	0:20:25	BATTISTA, Louis	Gosforth H		9	0:22:34	URWIN, Greg	Tynedale H	F
2	0:20:33	VENUS, Tristan	Tynedale H	F	10	0:22:58	KILBRIDE, Michael	Sunderland H	
3	0:20:35	HOOD, Cory	Houghton AC		11	0:23:04	CAUSEBROOK, Samuel	Tynedale H	F
4	0:20:52	GREY, Thomas	Houghton AC		12	0:23:05	PEARSON, Christopher	Houghton AC	
5	0:21:23	SCOTT, Jordan	Morpeth H	F	13	0:23:25	WILSON, Andrew	Blaydon Harriers	F
6	0:21:41	CALDER, Timmy	Tynedale H	F	14	0:23:29	WAITE, Jason	Sunderland H	F
7	0:21:58	RITCHIE, Greg	Jarrow & Hebburn	F	15	0:26:05	GIBBONS, Dan	Houghton AC	F
8	0:22:28	ASKEW, James	Newton Aycliffe	F					

Teams

- 1 Tynedale 17
- 2 Houghton 19

Fastest

- 1 Venus
- 2 Scott
- 3 Calder

Under 15 Boys Handicap : 1 min 40s

1	0:13:48	NEWBY, Marc	Jarrow & Hebburn	F	11	0:15:00	GOFFEY, Ryan	Houghton AC	
2	0:13:56	LOWRY, George	Jarrow & Hebburn	F	12	0:15:04	HARDY, Matt	Alnwick Harriers	F
3	0:13:57	BROWN, Josh	Tynedale H	F	13	0:15:05	WOOLLETT, James	Alnwick Harriers	
4	0:14:08	BARRAS, Shaun	Jarrow & Hebburn	F	14	0:15:14	ROBLEY, Kieran	Tynedale H	F
5	0:14:10	HEARN, Samuel	Tynedale H	F	15	0:15:20	CREAGH, Lloyd	North Shields Poly	F
6	0:14:11	CAMPBELL, Joe	Sunderland H	F	16	0:15:21	BALMAIN, Daniel	Elswick H	F
7	0:14:25	GREENWOOD, Simeon	Tynedale H	F	17	0:15:24	FEARN, Matthew	Jarrow & Hebburn	F
8	0:14:30	SHUTTLEWORTH, Philip	Morpeth H	F	18	0:15:34	LUNDGREN, Mark	Gosforth H	F
9	0:14:33	NEWTON, Nathan	Gateshead H	F	19	0:15:42	MCGARR, James	Gosforth H	F
10	0:14:57	DAVISON, Ben	Alnwick Harriers	F	20	0:15:54	LEWIS, Edward	Gosforth H	

Teams

- 1 Jarrow & Hebburn 7
- 2 Tynedale 15
- 3 Alnwick 35
- 4 Gosforth 57

Fastest

- 1 Newby
- 2 Lowry
- 3 Brown

Under 13 Boys Handicap : 1 min 20s

1	0:11:09	JOHNSON, Tom	Sunderland H		24	0:12:41	BROOKS, Liam	Morpeth H	F
2	0:11:26	NISBET, Jonathan	Morpeth H	F	25	0:12:42	SIGNORE, Marcus	Sunderland H	F
3	0:11:32	MASKELL, Barry	Gateshead H	F	26	0:12:44	BOLAM, Christopher	Alnwick Harriers	
4	0:11:36	HURST, Kalvin	Blyth RC	F	27	0:12:54	HEWITT, Jonathan	Birtley AC	F
5	0:11:39	WATERS, Dale	Derwentside AC		28	0:12:55	STEWART, James	Tynedale H	F
6	0:11:40	REED, Jack	Gosforth H	F	29	0:12:56	MALLEN, Joseph	Alnwick Harriers	F
7	0:11:44	DODDS, Ryan	Morpeth H		30	0:13:04	ROBSON, Ethan	Elswick H	F
8	0:11:44	JACKSON, Matthew	Blyth RC		31	0:13:04	SADLER, Andrew	Tynedale H	
9	0:11:45	PEVERLEY, Christopher	Chester-le-Street	F	32	0:13:05	THOMAS, Mark	Gosforth H	
10	0:11:51	BAILES, Adrian	Birtley AC	F	33	0:13:08	KIRK, Jonathan	Houghton AC	
11	0:11:55	HETHERINGTON, Ellis	Blyth RC	F	34	0:13:10	DENTON, Matthew	Morpeth H	
12	0:12:01	TAYLOR, Conner	Sunderland H		35	0:13:13	EWART, Adam	Gosforth H	F
13	0:12:01	WILSON, Michael	Sunderland H	F	36	0:13:14	CLARKE, Kieran	Birtley AC	
14	0:12:04	IRVINE, Luca	Sunderland H	F	37	0:13:15	ROBERTSON, Corey	Blyth RC	F
15	0:12:08	CRIPWELL, James	Gateshead H		38	0:13:38	ROBERTSHAW, Joe	Morpeth H	F
16	0:12:10	WALLETT, Anthony	North Shields Poly		39	0:13:39	RIDLEY, Sean	Birtley AC	
17	0:12:12	BUNN, Mark	Jarrow & Hebburn	F	40	0:13:55	ELDER, Joe	Morpeth H	
18	0:12:21	WILKIE, Thomas	Tynedale H	F	41	0:14:02	LAIDLAW, Robert	Elswick H	F
19	0:12:23	GOFFEY, Daniel	Houghton AC		42	0:14:15	MAXWELL-GRAY, Alistair	Tynedale H	
20	0:12:25	ORAM, Jack	Elswick H	F	43	0:14:23	TODHUNTER, Mark	Tynedale H	
21	0:12:26	STEEL, Ben	Morpeth H		44	0:14:59	THOMSON, Tom	Tynedale H	
22	0:12:33	NEWTON, Keiron	Gateshead H	F	45	0:15:04	BELL, Jordan	Blackhill Bounders	
23	0:12:35	CRAGO, Andrew	Sunderland H						

Teams

- 1 Blyth 23
- 2 Sunderland H 26
- 3 Morpeth 30
- 4 Gateshead 40
- 5 Gosforth 73
- 6 Birtley 73
- 7 Tynedale 77
- 8 Elswick 91

Senior Women		Handicap : 2 min 40s							
1	0:23:20	JAMES, Donna	Elvet Striders	F(V)	30	0:25:35	ROFFE-SILVESTER, Alice	Claremont RR	F
2	0:23:36	SIMPSON, Kim	Gateshead Harriers	F	31	0:25:36	TURLEY, Fiona	Heaton Harriers	F
3	0:23:42	HOLT, Michelle	Sunderland Harriers	F	32	0:25:42	DOOLEY, Joanne	Tynedale Harriers	F
4	0:23:46	NOBLE, Louise	Sunderland Harriers	S	33	0:25:53	ARCHIBOLD, Judith	Claremont RR	S(V)
5	0:23:56	JOHNSON, Helen	Heaton Harriers	F	34	0:26:03	BARRY, Gillian	Sunderland Harriers	F
6	0:24:07	NUTT, Judith	Elswick Harriers	F	35	0:26:09	HINDSON, Victoria	Wallsend Harriers	F
7	0:24:10	ZOPPI, Joanna	Heaton Harriers	F	36	0:26:11	HERWORTH, Mandy	Claremont RR	F(V)
8	0:24:14	LORENZI, Alice	Heaton Harriers	S(V)	37	0:26:15	STRONG, Anne	Tynedale Harriers	S
9	0:24:19	KERR, Rachel	Claremont RR	S	38	0:26:22	SCOTT, Amy	Elswick Harriers	S
10	0:24:27	ROBERTSON, Karen	Tynedale Harriers	F(V)	39	0:26:37	LAMB, Liz	Elvet Striders	S(V)
11	0:24:29	WALKER, Lisa	Wallsend Harriers	S(V)	40	0:26:46	BATEY, Natalie	Ryton Tri	F
12	0:24:34	ROBINSON, Heather	Chester-le-Street	F(V)	41	0:26:57	NIELSON, Karen	North Shields Poly	S(V)
13	0:24:41	FRIEND, Jenny	Heaton Harriers	S(V)	42	0:26:58	ROBINSON, Joanne	Derwentside AC	S
14	0:24:42	RICH, Tamsin	Gateshead Harriers	S	43	0:26:58	MACHIN, Anna	Sunderland Strollers	S
15	0:24:43	REED, Hayley	Sunderland Harriers	F	44	0:27:09	HOWELL, Joanne	Saltwell Harriers	S
16	0:24:46	PEARCE, Arabella	Claremont RR	S(V)	45	0:27:15	WALTON, Emma	Wallsend Harriers	F
17	0:24:47	BUIS, Clare	Heaton Harriers	F	46	0:27:18	GODDARD, Debs	Elvet Striders	S(V)
18	0:24:47	ELLIOTT, Dawn	Sunderland Strollers	S(V)	47	0:27:25	MACDONALD, Margaret	Morpeth Harriers	S(V)
19	0:24:51	CAMERON, Nina	Heaton Harriers	S(V)	48	0:27:35	ROWELL, Wendy	Elvet Striders	S(V)
20	0:25:01	SKELDEN, Krystal	Wallsend Harriers	S(V)	49	0:27:38	BAIN, Emma	Elvet Striders	F(V)
21	0:25:04	SHENTON, Fiona	Elvet Striders	F(V)	50	0:27:48	AULD, Susan	Heaton Harriers	F
22	0:25:04	CHINNERY, Rachel	Tynedale Harriers	S(V)	51	0:28:21	MORRIS, Grace	Sunderland Strollers	S(V)
23	0:25:06	FORD, Helen	Sunderland Harriers	S	52	0:28:29	YOUNG, Jan	Elvet Striders	S(V)
24	0:25:09	LAYTON, Roz	Elvet Striders	S(V)	53	0:29:07	CLUGHEN, Susan	Sunderland Harriers	S(V)
25	0:25:12	DAVIS, Susan	Elvet Striders	S(V)	54	0:29:22	LOUGHNEY, Karen	North Shields Poly	S(V)
26	0:25:15	GARDENER, Dawn	Birtley AC	S(V)	55	0:29:32	BENTHAM, Kerry	Wallsend Harriers	S
27	0:25:16	WYLIE, Angela	Tynedale Harriers	S(V)	56	0:32:41	GRIFFIN, Louise	Tynedale Harriers	S(V)
28	0:25:26	PEACOCK, Laura	Blaydon Harriers	S	57	0:38:39	FOSTER, Lesley	Sunderland Strollers	S
29	0:25:32	CHANEY, Diane	Ryton Tri	S(V)	58	0:38:39	ISHERWOOD, Morgan	Sunderland Strollers	S(V)

Teams

- 1 Heaton 20
- 2 Sunderland H 22
- 3 Elvet 46
- 4 Claremont 55
- 5 Tynedale 59
- 6 Wallsend 66
- 7 Sunderland S 112

Fastest

- 1 James
- 2 Simpson
- 3 Holt

Under 17/20 Women		Handicap : 2 min 20s				Teams	
1	0:19:58	FERRIER (U20), Mary	Gateshead Harriers	F		1	Gateshead 10
2	0:21:47	LEWIS (U17), Megan	Tynedale Harriers	F			
3	0:22:14	OAKLEY (U17), Deborah	Morpeth Harriers	F			
4	0:22:54	JAMIESON (U17), Rebecca	Gateshead Harriers	F			
5	0:23:39	DODSWORTH (U20), Lyndsey	Gateshead Harriers	F			
6	0:23:40	BELL (U17), Maresa	Blackhill Bounders	F			
7	0:24:03	GRIEVES (U17), Rebecca	Blaydon Harriers	F			

Fastest

- 1 Ferrier
- 2 Lewis
- 3 Oakley

Under 15 Girls		Handicap : 1 min 40s							
1	0:15:31	LUNDGREN, Rachael	Gosforth	F	13	0:17:36	BARKER, Bethany	Alnwick Harriers	F
2	0:15:55	WADDELL, Helen	Gosforth	F	14	0:17:39	MAUGHAM, Rebecca	Houghton AC	
3	0:16:24	FERGUSON, Rebecca	Gateshead Harriers	F	15	0:17:42	CAMPBELL, Beth	Sunderland Harriers	F
4	0:16:27	STEEL, Rachael	Morpeth Harriers	F	16	0:17:50	SADLER, Charlotte	Tynedale Harriers	F
5	0:16:43	LORRAINE, Stephanie	Birtley AC	F	17	0:17:54	LOWDON, Kate	Tynedale Harriers	F
6	0:16:46	JOHNSON, Kirstie	Blyth RC	F	18	0:18:04	RODGERS, Erin	Jarrow & Hebburn AC	F
7	0:16:53	ORAM, Rebecca	Elswick Harriers	F	19	0:18:06	WOOD, Jayne	Gateshead Harriers	F
8	0:17:13	BAIN, Loren	Blyth RC		20	0:18:14	HOPE, Emily	Sunderland Harriers	F
9	0:17:14	PAGE, Lyndsay	Houghton AC	F	21	0:18:19	SWORDY, Louise	Alnwick Harriers	F
10	0:17:26	BROWN, Cassie	Derwentside AC		22	0:19:03	ROBINSON, Sophie	Birtley AC	F
11	0:17:30	HALL, Amie	Gateshead Harriers	F	23	0:19:58	RAMSAY, Stephanie	Blyth RC	
12	0:17:32	EDWARDS, Sally	Gosforth	F	24	0:20:43	BRODIE, Lauren	Tynedale Harriers	F

Teams

- 1 Gosforth 15
- 2 Gateshead 33
- 3 Blyth 37
- 4 Tynedale 57

Fastest

- 1 Lundgren
- 2 Waddell
- 3 Ferguson

Under 13 Girls		Handicap : 1 min 20s							
1	0:12:40	BRUCE, Stephanie	Tynedale Harriers	F	17	0:14:09	SLOAN, Charlotte	Elswick Harriers	F
2	0:12:43	FORSTER, Sophie	Birtley AC	F	18	0:14:12	WARBURTON, Helen	Gosforth	F
3	0:12:49	TAYLOR, Sophie	Birtley AC	F	19	0:14:14	DIXON, Leigh	Blaydon Harriers	
4	0:13:00	WILKES, Sarah	Morpeth Harriers		20	0:14:14	BROWN, Megan	Jarrow & Hebburn AC	
5	0:13:02	MOMBEYARA, Dionne	Gateshead Harriers	F	21	0:14:15	HANEY, Melissa	Blaydon Harriers	
6	0:13:08	ROBINSON, Stacey	Blyth RC	F	22	0:14:20	BELLAMY, Lydia	Houghton AC	F
7	0:13:09	LOCKHART, Faye	Gateshead Harriers	F	23	0:14:22	EASTHAM, Alix	Alnwick Harriers	F
8	0:13:16	WAITES, Alex	Sunderland Harriers	F	24	0:14:31	SIMPSON, Rachael	Houghton AC	F
9	0:13:22	OAKES, Bethan	Birtley AC	F	25	0:14:34	JOHNSON, Kate	Birtley AC	
10	0:13:22	JONES, Paige	Gateshead Harriers	F	26	0:14:56	TAYLOR, Jodie	Gateshead Harriers	F
11	0:13:27	FALCONER, Charlotte	Gosforth	F	27	0:15:04	BENNETT, Sinead	Houghton AC	F
12	0:13:29	TURNER, Lydia	Birtley AC	F	28	0:15:11	SIMPSON, Grace	Gateshead Harriers	F
13	0:13:32	GILL, Bethany	Gateshead Harriers	F	29	0:15:36	MURRAY, Sarah	Derwentside AC	
14	0:13:42	PARKER, Chloe	Sunderland Harriers		30	0:15:37	CALDER, Alice	Tynedale Harriers	F
15	0:13:43	TINDALE, Georgia	Durham City	F	31	0:16:02	GRAHAM, Amy	Houghton AC	
16	0:13:49	WINLOW, Yasmin	Houghton AC		32	0:16:07	EMBERSON, Ashleigh	Derwentside AC	

Teams

1	Birtley	14
2	Gateshead	22
3	Houghton	62

Fastest

1	Bruce
2	Forster
3	Taylor