

The Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 29th November 2008

Under 11 Girls — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Elizabeth Greenwood	Blackburn Harriers & Ac	7:02	20	Olivia Phillips	Liverpool Harriers & Ac	8:48
2	Amelia Betmead	Blackpool Wyre & Fylde AC	7:27	21	Polly Pearse	Blackburn Harriers & Ac	8:48
3	Bethany Everson	Blackpool Wyre & Fylde AC	7:33	22	Hannah O'Malley	Leigh Harriers & Ac	8:50
4	Sophie Brennan	Liverpool Harriers & Ac	7:37	23	Meghan Adamson	Chorley Harriers	8:54
5	Emily Grey	Blackpool Wyre & Fylde AC	7:53	24	Shaunna Devine	Leigh Harriers & Ac	8:57
6	Louise Graham	Liverpool Harriers & Ac	7:56	25	Chloe Parker	Liverpool Harriers & Ac	8:58
7	Lauren Dean	Southport Waterloo Ac	8:06	26	Olivia Ekebugo	Barrow & Furness Striders Ac	8:59
8	Bethany Blackwell	Chorley Harriers	8:11	27	Shauna Williamson	Rossendale Harriers & Ac	9:02
9	Erin McBride	Liverpool Harriers & Ac	8:16	28	Mia Kearns	Liverpool Harriers & Ac	9:09
10	Zoe Hughes	Wigan & District H & Ac	8:17	29	Esme Pearse	Blackburn Harriers & Ac	9:11
11	Olivia Maccormack	Liverpool Harriers & Ac	8:17	30	Charlotte Waddington	Rossendale Harriers & Ac	9:11
12	Courtney Riley	Leigh Harriers & Ac	8:23	31	Emily Rowe	Liverpool Harriers & Ac	9:11
13	Charlotte Crook	Preston Harriers & Ac	8:25	32	Paris Huitson	Barrow & Furness Striders Ac	9:14
14	Tasmin Crook	Barrow & Furness Striders Ac	8:34	33	Demi Wilson	Liverpool Harriers & Ac	9:21
15	Rebecca Brown	Liverpool Harriers & Ac	8:35	34	Abby Williams	Liverpool Harriers & Ac	9:31
16	Olivia Daly	Liverpool Harriers & Ac	8:38	35	Trisha Maher	Liverpool Harriers & Ac	9:35
17	Fiona Hockey	Blackpool Wyre & Fylde AC	8:38	36	Shona Monks	Rossendale Harriers & Ac	9:37
18	Lauren Pritchard	Liverpool Harriers & Ac	8:41	37	Leah Burton	Liverpool Harriers & Ac	9:40
19	Jess O'Neill	Blackpool Wyre & Fylde AC	8:47				

Under 11 Boys — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Bradley Yates	Blackpool Wyre & Fylde AC	6:49	14	Jack Eggesden	Liverpool Pembroke & Sefton H	7:55
2	James Curtis	Barrow & Furness Striders Ac	7:00	15	Patrick McGuinness	Lancaster & Morecambe Ac	8:08
3	Dominic Howarth	Leigh Harriers & Ac	7:04	16	Owen Merigan	Leigh Harriers & Ac	8:10
4	Matthew Doey	Kendal Amateur Athletic Club	7:11	17	Liam McDermott	Preston Harriers & Ac	8:10
5	Jack Weiss	Blackburn Harriers & Ac	7:16	18	J Smith	Leigh Harriers & Ac	8:11
6	Benjamin Roberts	Lancaster & Morecambe Ac	7:23	19	Michael Sherratt	Pendle AC	8:13
7	Kyle Ritchie	Barrow & Furness Striders Ac	7:25	20	Elliot Haram	Liverpool Pembroke & Sefton H	8:18
8	K Armour-Hamill	Blackburn Harriers & Ac	7:35	21	Jack Barrow	Kendal Amateur Athletic Club	8:19
9	Jake Broughton	Blackburn Harriers & Ac	7:36	22	Nathan Billington	Blackburn Harriers & Ac	8:30
10	Corey Booth	Wigan & District H & Ac	7:38	23	Harry Stringfellow	Rossendale Harriers & Ac	8:33
11	Patrick Taberner	Wigan & District H & Ac	7:43	24	???	???	8:41
12	William Atkinson	Blackburn Harriers & Ac	7:43	25	Daemon Metcalfe	Pendle AC	8:51
13	Matthew Tobin	Southport Waterloo Ac	7:55				

Under 13 Girls — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Florie McLeish	Preston Harriers & Ac	11:05	30	Alice Garnett	Pendle AC	13:11
2	Hannah Bethwaite	Ellenborough AC	11:10	31	Bella Gray	Kendal Amateur Athletic Club	13:14
3	Megan Bates	Eden Runners	11:36	32	Alice Cribb	Southport Waterloo Ac	13:15
4	Jodie Ferguson	Blackpool Wyre & Fylde AC	11:40	33	Leah Williamson	Rossendale Harriers & Ac	13:18
5	Sally Seanson	Blackburn Harriers & Ac	11:41	34	Lucy Alderman	Pendle AC	13:23
6	Molly Betmead	Blackpool Wyre & Fylde AC	11:56	35	Kelly Smith	Blackpool Wyre & Fylde AC	13:25
7	Rachael Scott	Preston Harriers & Ac	11:58	36	Lucy Minns	Blackpool Wyre & Fylde AC	13:30
8	Erin Donagh	Southport Waterloo Ac	12:03	37	Rachel McGoldrick	Leigh Harriers & Ac	13:31
9	Sally Wareing	Southport Waterloo Ac	12:14	38	Georgina Hannaway	Liverpool Pembroke & Sefton H	13:31
10	Imogen Pierce	Blackpool Wyre & Fylde AC	12:20	39	Lucy Croston	Chorley Ac	13:35
11	Ellie Roberts	Southport Waterloo Ac	12:26	40	Anna Forde	Liverpool Harriers & Ac	13:41
12	Riana Burton	Liverpool Harriers & Ac	12:27	41	Lauren Evans	Liverpool Harriers & Ac	13:43
13	Isabel Perez	Liverpool Harriers & Ac	12:29	42	Ella Roberts	Preston Harriers & Ac	13:46
14	Emma Hargreaves	Preston Harriers & Ac	12:34	43	Laura Cairns	Liverpool Harriers & Ac	13:48
15	Megan Davies	Rossendale Harriers & Ac	12:35	44	Sophie Myers	Horwich R M I Harriers	13:52
16	Brogan Stewart	Barrow & Furness Striders Ac	12:42	45	Katie Farrimond	Wigan & District H & Ac	13:52
17	Alisha Johnson	Blackpool Wyre & Fylde AC	12:43	46	Kirsty Fraser	Lytham St Annes Rr Club	13:58
18	Kate Lawler	Blackpool Wyre & Fylde AC	12:48	47	Charlotte Haines	Liverpool Pembroke & Sefton H	14:01
19	Mary Hodgson	Lancaster & Morecambe Ac	12:48	48	Ashley Hayes	Leigh Harriers & Ac	14:04
20	Grace Warburton	Leigh Harriers & Ac	12:48	49	Eleanor Cooke	Liverpool Harriers & Ac	14:05
21	Rachel Mason	Liverpool Harriers & Ac	12:49	50	Sophie Seddon	Barrow & Furness Striders Ac	14:25
22	Marnie Jones	Liverpool Harriers & Ac	12:51	51	Erin Devlin	Liverpool Pembroke & Sefton H	14:31
23	Amy Higham	Wigan & District H & Ac	12:52	52	Alex Walker	Preston Harriers & Ac	15:00
24	Mazia McGoldrick	Leigh Harriers & Ac	12:53	53	Beth Deary	Liverpool Pembroke & Sefton H	15:04
25	Megan Solomon	Rossendale Harriers & Ac	12:53	54	Rachael Molyneux	Liverpool Harriers & Ac	15:11
26	Laura McCourt	Liverpool Harriers & Ac	12:56	55	Molly Neary	Rossendale Harriers & Ac	15:16
27	Rebecca Flanagan	Rossendale Harriers & Ac	12:59	56	Chloe Law	Rossendale Harriers & Ac	15:32
28	Freya Sadler	Barrow & Furness Striders Ac	13:02	57	Amy Hayes	Leigh Harriers & Ac	15:40
29	Hannah XFleet	Lancaster & Morecambe Ac	13:08	58	M Kaufmann Harding	Liverpool Harriers & Ac	16:09

Under 13 Girls — TEAM RESULTS

1	Blackpool Wyre & Fylde AC	37	—	4	Jodie Ferguson	6	Molly Betmead	10	Imogen Pierce	17	Alisha Johnson
2	Southport Waterloo Ac	60	—	8	Erin Donagh	9	Sally Wareing	11	Ellie Roberts	32	Alice Cribb
3	Preston Harriers & Ac	64	—	1	Florie McLeish	7	Rachael Scott	14	Emma Hargreaves	42	Ella Roberts
4	Liverpool Harriers & Ac	68	—	12	Riana Burton	13	Isabel Perez	21	Rachel Mason	22	Marnie Jones
5	Rossendale Harriers & Ac	100	—	15	Megan Davies	25	Megan Solomon	27	Rebecca Flanagan	33	Leah Williamson
6	Leigh Harriers & Ac	129	—	20	Grace Warburton	24	Mazia McGoldrick	37	Rachel McGoldrick	48	Ashley Hayes
7	Liverpool Harriers & Ac 'B'	150	—	26	Laura McCourt	40	Anna Forde	41	Lauren Evans	43	Laura Cairns
8	Liverpool Pembroke & Sefton H	189	—	38	Georgina Hannaway	47	Charlotte Haines	51	Erin Devlin	53	

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

The Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 29th November 2008

Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Ben Everson	Blackpool Wyre & Fylde AC	10:41	21	Nathan Browne	Liverpool Pembroke & Sefton H	11:55
2	Liam Ellis	Southport Waterloo Ac	10:47	22	Owen Williams	Southport Waterloo Ac	12:03
3	Sam Johnstone	Ellenborough Ac	10:48	23	Matthew Dutton	Pendle AC	12:04
4	Ross Campbell	Barrow & Furness Striders Ac	10:53	24	Alex Cross	Blackpool Wyre & Fylde AC	12:08
5	Owen Sharp	Liverpool Harriers & Ac	10:58	25	Joseph Pearse	Blackburn Harriers & Ac	12:18
6	Michael Panes	Southport Waterloo Ac	11:03	26	Adam Jamson	Leigh Harriers & Ac	12:21
7	Daniel Bebbington	Preston Harriers & Ac	11:17	27	Albert Curran	Liverpool Pembroke & Sefton H	12:32
8	Robert Powell	Leigh Harriers & Ac	11:24	28	Kirk Trusch	Preston Harriers & Ac	12:34
9	Neng Wildman	Pendle AC	11:27	29	Robert Jeffers	Blackburn Harriers & Ac	12:36
10	Tom Taylor	Kendal Amateur Athletic Club	11:29	30	William Banks	Leigh Harriers & Ac	12:36
11	Jack Isherwood	Preston Harriers & Ac	11:31	31	Niall McGuinness	Lancaster & Morecambe Ac	12:38
12	Kristian Quirk	Liverpool Harriers & Ac	11:33	32	Daniel XWhitlock	Chorley Harriers	12:51
13	Jack Courtney	Liverpool Harriers & Ac	11:36	33	James Blow	Blackburn Harriers & Ac	12:57
14	Callum Davidson	Rosendale Harriers & Ac	11:37	34	Matthew Crowley	Liverpool Harriers & Ac	13:04
15	Robert Blow	Blackburn Harriers & Ac	11:39	35	Jonathan Bride	Liverpool Pembroke & Sefton H	13:13
16	James Grundy	Liverpool Pembroke & Sefton H	11:42	36	Craig Clayton	Blackpool Wyre & Fylde AC	13:14
17	Patrick Dever	Preston Harriers & Ac	11:49	37	Jamie Hauserman	Blackburn Harriers & Ac	13:20
18	Luke Tyson	Southport Waterloo Ac	11:51	38	Calum Hudson	Blackburn Harriers & Ac	13:41
19	Declan Bulmer	Pendle AC	11:53	39	Scott Swarbrick	Pendle AC	14:01
20	Mark X Sullivan	Kendal Amateur Athletic Club	11:54	40	Kieran Andrew	Southport Waterloo Ac	15:51

Race 4 - Under 13 Boys — TEAM RESULTS

1	Southport Waterloo Ac	48	—	2	Liam Ellis	6	Michael Panes	18	Luke Tyson	22	Owen Williams
2	Preston Harriers & Ac	63	—	7	Daniel Bebbington	11	Jack Isherwood	17	Patrick Dever	28	Kirk Trusch
3	Liverpool Harriers & Ac	64	—	5	Owen Sharp	12	Kristian Quirk	13	Jack Courtney	34	Matthew Crowley
4	Pendle AC	90	—	9	Neng Wildman	19	Declan Bulmer	23	Matthew Dutton	39	Scott Swarbrick
5	Liverpool Pembroke & Sefton H	99	—	16	James Grundy	21	Nathan Browne	27	Albert Curran	35	Jonathan Bride
6	Blackburn Harriers & Ac	102	—	15	Robert Blow	25	Joseph Pearse	29	Robert Jeffers	33	James Blow

Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Lauren Gowland	Blackpool Wyre & Fylde AC	11:19	23	Sarah McDonough	Liverpool Harriers & Ac	12:33
2	Shannon Johnson	Leigh Harriers & Ac	11:31	24	Jessica McDermott	Preston Harriers & Ac	12:34
3	Charlotte XAtkinson	Blackburn Harriers & Ac	11:40	25	Molly Watters	Wigan & District H & Ac	12:36
4	Bianca Pedersen	Blackpool Wyre & Fylde AC	11:46	26	Samantha Smith	Blackpool Wyre & Fylde AC	12:43
5	Olivia Perez	Liverpool Harriers & Ac	11:52	27	Emily Wilson	Pendle AC	12:45
6	Charlotte Evans	Blackpool Wyre & Fylde AC	11:53	28	Poppy Lang	Liverpool Harriers & Ac	12:47
7	Jade Lord	Pendle AC	11:54	29	Jessica Crook	Preston Harriers & Ac	12:50
8	Bethany Jones	Leigh Harriers & Ac	11:55	30	Kim Little	Barrow & Furness Striders Ac	12:53
9	Emma Spencer	Pendle AC	11:56	31	Rebecca Noblet	Preston Harriers & Ac	12:55
10	Hannah Whiteside	Liverpool Harriers & Ac	11:57	32	Patricia Irizar	Southport Waterloo Ac	13:01
11	Kathryn Walker	Liverpool Harriers & Ac	12:02	33	Ellon Hart	Southport Waterloo Ac	13:16
12	Elizabeth Lee	Leigh Harriers & Ac	12:05	34	Sophie Broome	Chorley Harriers	13:21
13	Beth Mason	Liverpool Harriers & Ac	12:05	35	Anna Watson	Blackburn Harriers & Ac	13:32
14	Olivia Miller	Barrow & Furness Striders Ac	12:12	36	Eilidh McLeish	Preston Harriers & Ac	13:42
15	Rebecca Donohue	Liverpool Harriers & Ac	12:13	37	Abby Kelly	Liverpool Pembroke & Sefton H	13:48
16	Katie Morris	Southport Waterloo Ac	12:15	38	Tyler Colderley	Leigh Harriers & Ac	13:52
17	Ashley Smith	Preston Harriers & Ac	12:16	39	Lauren O'Malley	Leigh Harriers & Ac	13:53
18	Katie Bowers	Liverpool Harriers & Ac	12:17	40	Imogen Crabtree	Chorley Harriers	13:56
19	Catherine Hulme	Southport Waterloo Ac	12:18	41	Jessica Scott	Chorley Harriers	14:20
20	Holly Crabtree	Pendle AC	12:19	42	Alice Barnes	Barrow & Furness Striders Ac	15:13
21	Holly Barrett	Liverpool Harriers & Ac	12:21	43	Megan Farrimond	Wigan & District H & Ac	15:18
22	Rebecca Courtney	Liverpool Harriers & Ac	12:30				
44	Danielle McGrifford	Wigan & District H & Ac	16:15				

Race 4 - Under 15 Girls — TEAM RESULTS

1	Blackpool Wyre & Fylde AC	37	—	1	Lauren Gowland	4	Bianca Pedersen	6	Charlotte Evans	26	Samantha Smith
2	Liverpool Harriers & Ac	39	—	5	Olivia Perez	10	Hannah Whiteside	11	Kathryn Walker	13	Beth Mason
3	Leigh Harriers & Ac	60	—	2	Shannon Johnson	8	Bethany Jones	12	Elizabeth Lee	38	Tyler Colderley
4	Pendle AC	63	—	7	Jade Lord	9	Emma Spencer	20	Holly Crabtree	27	Emily Wilson
5	Liverpool Harriers & Ac 'B'	76	—	15	Rebecca Donohue	18	Katie Bowers	21	Holly Barrett	22	Rebecca Courtney
6	Southport Waterloo Ac	100	—	16	Katie Morris	19	Catherine Hulme	32	Patricia Irizar	33	Ellon Hart
7	Preston Harriers & Ac	101	—	17	Ashley Smith	24	Jessica McDermott	29	Jessica Crook	31	Rebecca Noblet

The Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 29th November 2008

Race 5 - Under 17 Women — FINAL RESULTS

Pos	Name	Club	Time
1	Laura Park	Ellenborough AC	14:59
2	Annika Jarman	Lancaster & Morecambe Ac	16:15
3	Rebecca Linley	Liverpool Harriers & Ac	16:19
4	Laura Riches	Leigh Harriers & Ac	16:27
5	Kristie Leybourne	Blackpool Wyre & Fylde AC	16:31
6	Amelia Susolowsky	Preston Harriers & Ac	17:18
7	Megan Davies	Liverpool Harriers & Ac	17:31
8	Nichola Jackson	Preston Harriers & Ac	17:50
9	Emma Flanagan	Rossendale Harriers & Ac	18:12
10	Catherine Whitfield	L	18:24
11	Michaela Brolly	Clayton Le Moors Harriers	18:44
12	Jenny Girdler	Southport Waterloo Ac	18:48
13	Jennifer Davies	Blackpool Wyre & Fylde AC	19:02
14	Laurice Hyland	Liverpool Harriers & Ac	19:04
15	F Messenger-Jones	Barrow & Furness Striders Ac	19:07
16	Alex Forde	Liverpool Harriers & Ac	19:37
17	Louise Leek	Southport Waterloo Ac	19:54
18	Nicole Garner	Liverpool Pembroke & Sefton H	20:35

Race 5 - Under 17 Women — TEAM RESULTS

1 Liverpool Harriers & Ac	24 — 3 Rebecca Linley	7 Megan Davies	14 Laurice Hyland
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Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Name	Club	Time
1	Alan McKeown	Blackburn Harriers & Ac	10:12
2	Robert Warner	Blackburn Harriers & Ac	10:13
3	Beau Smith	Lancaster & Morecambe Ac	10:17
4	Joseph Gigli	Blackpool Wyre & Fylde AC	10:18
5	Richard Powell	Leigh Harriers & Ac	10:22
6	Sean Kirkbride	Liverpool Pembroke & Sefton H	10:23
7	William Reynolds	Liverpool Harriers & Ac	10:24
8	Callum Mason	Lancaster & Morecambe Ac	10:25
9	Ryan Croasdale	Lancaster & Morecambe Ac	10:25
10	Thomas Kneller	Wigan & District H & Ac	10:26
11	Liam McGuinness	Lancaster & Morecambe Ac	10:28
12	Sam Till	Dallam AC	10:33
13	Alex Evans	Blackpool Wyre & Fylde AC	10:34
14	Luke Betts	Chorley Ac	10:35
15	Luke Towers	Liverpool Harriers & Ac	10:36
16	Elliot Whyllie	Rossendale Harriers & Ac	10:39
17	Theo Messenger-Jones	Barrow & Furness Striders Ac	10:41
18	Luke Ingham	Kendal Amateur Athletic Club	10:48
19	Michael Hoyle	Kendal Amateur Athletic Club	10:48
20	George Curran	Liverpool Pembroke & Sefton H	10:52
21	Samuel Storey	Barrow & Furness Striders Ac	10:57
22	Daniel Walsh	Rossendale Harriers & Ac	10:58
23	Rory Addison	Helm Hill Runners	11:02
24	Tom Crowley	Liverpool Harriers & Ac	11:03
25	Callum Rowet	Preston Harriers & Ac	11:05
26	Ryan Sciacca	Chorley Ac	11:06
27	Zac Howe	Horwich R M I Harriers	11:07
28	Tom Hartley	Kendal Amateur Athletic Club	11:08
29	Andrew Desmond	Liverpool Harriers & Ac	11:10
30	Joseph O'Donnell	Preston Harriers & Ac	11:11
31	Adam Howarth	Leigh Harriers & Ac	11:16
32	Iafon Paleothodoro	Preston Harriers & Ac	11:23
33	Craig Jeffers	Blackburn Harriers & Ac	11:26
34	Dave Reece	Liverpool Pembroke & Sefton H	11:28
35	Adam Weightman	Blackpool Wyre & Fylde AC	11:37
36	Alexander Nash	Blackpool Wyre & Fylde AC	11:45
37	Robbie Ingham	Kendal Amateur Athletic Club	11:49
38	Graham Morris	Lancaster & Morecambe Ac	11:54
39	Jake Oldham	Liverpool Pembroke & Sefton H	12:01
40	Mark Brown	Chorley Harriers	12:08
41	Jake Carradus	Kendal Amateur Athletic Club	12:12
42	Calum Ryan Jones	Blackburn Harriers & Ac	12:45
43	Michael Murray	Chorley Ac	12:48
44	Jack Fielding	Lytham St Annes Rr Club	13:00
45	Jack Jones	Leigh Harriers & Ac	13:25
46	James Whitaker	Lancaster & Morecambe Ac	13:49

Race 5 - Under 15 Boys — TEAM RESULTS

1 Lancaster & Morecambe Ac	31 — 3 Beau Smith	8 Callum Mason	9 Ryan Croasdale	11 Liam McGuinness
2 Liverpool Harriers & Ac	75 — 7 William Reynolds	15 Luke Towers	24 Tom Crowley	29 Andrew Desmond
3 Blackburn Harriers & Ac	78 — 1 Alan McKeown	2 Robert Warner	33 Craig Jeffers	42 Calum Ryan Jones
4 Blackpool Wyre & Fylde AC	88 — 4 Joseph Gigli	13 Alex Evans	35 Adam Weightman	36 Alexander Nash
5 Liverpool Pembroke & Sefton H	99 — 6 Sean Kirkbride	20 George Curran	34 Dave Reece	39 Jake Oldham
6 Kendal Amateur Athletic Club	102 — 18 Luke Ingham	19 Michael Hoyle	28 Tom Hartley	37 Robbie Ingham

The Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 29th November 2008

Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	Karl Billington	Blackburn Harriers & Ac	17:43
2	Toby Loveridge	Liverpool Pembroke & Sefton H	17:59
3	Richard Morrell	Preston Harriers & Ac	18:08
4	Ben Atkin	Preston Harriers & Ac	18:48
5	Patrick Vicary	Kendal Amateur Athletic Club	18:49
6	Patrick Vis	Southport Waterloo Ac	18:50
7	Joe Vis	Southport Waterloo Ac	19:03
8	Ashley Kay	Rossendale Harriers & Ac	19:07
9	Jos Addison	Helm Hill Runners	19:13
10	Chris Hesketh	Liverpool Pembroke & Sefton H	19:26
11	Anthony Hauserman	Blackburn Harriers & Ac	19:44
12	Mark Loveridge	Liverpool Harriers & Ac	19:47
13	Scott Thwaites	Kendal Amateur Athletic Club	19:48
14	Jake Helm	Liverpool Pembroke & Sefton H	19:50
15	Joe Johnston	Rossendale Harriers & Ac	19:51
16	Jai VernonMcGuigan	Liverpool Pembroke & Sefton H	19:58
17	Edward Rimmer	Liverpool Pembroke & Sefton H	20:08
18	Danny Maynard	Blackburn Harriers & Ac	20:09
19	Daniel McNiffe	Liverpool Harriers & Ac	20:11
20	Andrew Warren	Lancaster & Morecambe Ac	20:14
21	Luke Croasdale	Lancaster & Morecambe Ac	20:16
22	Luke Berry	Blackpool Wyre & Fylde AC	20:18
23	Daniel Evans	Pendle AC	20:19
24	Tom Doyle	Helm Hill Runners	20:19
25	Paul Hodgson	Lancaster & Morecambe Ac	20:22
26	David Gough	Southport Waterloo Ac	20:25
27	Chris Matthews	Blackburn Harriers & Ac	20:29
28	James Eastham	Blackburn Harriers & Ac	21:15
29	Ben White	Pendle AC	21:21
30	Will Fielding	Preston Harriers & Ac	21:31
31	Sam XMorgan	Preston Harriers & Ac	21:36
32	Tom Rowley	Blackpool Wyre & Fylde AC	21:38
33	Jonathon Benson	Barrow & Furness Striders Ac	21:42
34	Sam Entwistle	Chorley Harriers	21:46
35	Tom Powell	Leigh Harriers & Ac	21:47
36	Ryan Downs	Chorley Harriers	21:52
37	Luke Gregory	Rossendale Harriers & Ac	21:54
38	Sean Dignam	Liverpool Pembroke & Sefton H	22:08
39	James Bale	Lancaster & Morecambe Ac	22:16
40	Daniel Fairclough	Horwich R M I Harriers	22:28
41	Mark Hollowell	Blackpool Wyre & Fylde AC	22:44
42	Gregory Nash	Blackpool Wyre & Fylde AC	22:54
43	Sam Richards	Pendle AC	23:40
44	Jack Stringfellow	Rossendale Harriers & Ac	23:55
45	James Shuttleworth	Chorley Harriers	34:29

Race 6 - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Liverpool Pembroke & Sefton H	26	—	2	Toby Loveridge	10	Chris Hesketh	14	Jake Helm
2	Blackburn Harriers & Ac	30	—	1	Karl Billington	11	Anthony Hauserman	18	Danny Maynard
3	Preston Harriers & Ac	37	—	3	Richard Morrell	4	Ben Atkin	30	Will Fielding
4	Southport Waterloo Ac	39	—	6	Patrick Vis	7	Joe Vis	26	David Gough
5	Rossendale Harriers & Ac	60	—	8	Ashley Kay	15	Joe Johnston	37	Luke Gregory
6	Lancaster & Morecambe Ac	66	—	20	Andrew Warren	21	Luke Croasdale	25	Paul Hodgson
7	Liverpool Pembroke & Sefton H	71	—	16	Jai VernonMcGuigan	17	Edward Rimmer	38	Sean Dignam
8	Blackpool Wyre & Fylde AC	95	—	22	Luke Berry	32	Tom Rowley	41	Mark Hollowell
9	Pendle AC	95	—	23	Daniel Evans	29	Ben White	43	Sam Richards
10	Chorley Harriers	115	—	34	Sam Entwistle	36	Ryan Downs	45	James Shuttleworth

Race 6 - Ladies under 20 — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time
1	Stephanie James	LJ 1	Southport Waterloo Ac	39:27

Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

Race 6 - Ladies under 20 — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time
1	Lauren Howarth		Leigh Harriers	14:57
2	Hannah Bateson		Lancaster & Morecambe	15:57
3	Charlotte Arter		Eden Runners	16:17
4	Rhea Ellis		Liverpool Pembroke sefton	16:20
5	Alison Leonard		Blackburn Harriers	16:21
6	Rebecca Howarth		Leigh Harriers	16:30
7	Leanmne Sheehy		Leigh Harriers	16:41
8	Rachel Wood		Blackburn Harriers	16:56
9	Sophie Whiteside		Liverpool Harriers	18:13
10	Elizabeth Wignall		Lancaster & Morecambe	18:16
11	Jenny Gridker		Southport Waterloo	18:48
12	Hannah McManus		Liverpool Harriers	19:21

Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

The Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 29th November 2008

Race 6 - Ladies over 18 — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time
1	Gemma Miles	L 1	Kendal Amateur Athletic Club	27:35
2	Helen Clitheroe	L 2	Preston Harriers & Ac	27:35
3	Sarah Tunstall	L 3	Kendal Amateur Athletic Club	27:56
4	Katie Ingram	L 4	Horwich R M I Harriers	28:55
5	Rebecca Robinson	L 5	Kendal Amateur Athletic Club	29:41
6	Caroline Betmead	L35 1	Blackpool Wyre & Fylde AC	30:41
7	Kirsty Longley	L 7	Liverpool Pembroke & Sefton H	32:31
8	Maureen Laney	L55 1	Clayton Le Moors Harriers	32:43
9	\$Katie Trickett	L 9	Accrington Road Runners	32:50
10	Suzanne Budgett	L45 1	Horwich R M I Harriers	33:10
11	Vicky Weller	L35 2	Blackpool Wyre & Fylde AC	33:27
12	Sharon Dixon	L35 3	Glaxo Hoad Hill Harriers	33:36
13	Bev Wright	L45 2	Blackpool Wyre & Fylde AC	33:41
14	Carolyn Robbins	L45 3	Blackpool Wyre & Fylde AC	33:45
15	Rhiannon Silson	L 15	Eden Runners	33:47
16	Jacqui Jones	L35 4	Wigan Phoenix	34:02
17	Sue Burns	L45 4	Clayton Le Moors Harriers	34:47
18	Sue Cooper	L55 2	Southport Waterloo Ac	35:04
19	Tracey Peters	L 19	Southport Waterloo Ac	35:53
20	Emma Essex-Crosby	L 20	Preston Harriers & Ac	36:07
21	Jane Murphy	L35 5	Clayton Le Moors Harriers	36:12
22	Brigitte Guillard	L 22	Liverpool Harriers & Ac	36:47
23	Becky Foster	L 23	Liverpool Pembroke & Sefton H	36:57
24	Lisa Gawthorne	L 24	Liverpool Pembroke & Sefton H	37:26
25	Kathryn Culshaw	L 25	Wigan Phoenix	37:27
26	Sue Sharp	L45 5	Barrow & Furness Striders Ac	37:29
27	Karen Faloon	L55 3	Southport Waterloo Ac	37:33
28	Brenda Wane	L45 6	Astley & Tyldesley Road Runner	37:41
29	Karen Dunford	L35 6	Blackpool Wyre & Fylde AC	37:43
30	Melanie Koth	L35 7	Lytham St Annes Rr Club	37:47
31	Hayley Corbishley	L 31	Rossendale Harriers & Ac	37:54
32	Shelley Tattersall	L 32	Rossendale Harriers & Ac	38:01
				64 Sue Allen
				65 Dawn Lock
				L55 4 Kendal Amateur Athletic Club 38:17
				L 34 Chorley Harriers 38:35
				L45 7 Eden Runners 38:43
				L45 8 Wesham Road Runners & Ac 38:46
				L35 8 Clayton Le Moors Harriers 38:48
				L35 9 Preston Harriers & Ac 39:06
				L3510 Lancaster & Morecambe Ac 39:10
				LJ 1 Southport Waterloo Ac 39:27
				L55 5 Blackpool Wyre & Fylde AC 39:40
				L3511 Blackpool Wyre & Fylde AC 40:00
				L3512 Pendle AC 40:29
				L45 9 Blackburn Harriers & Ac 40:37
				L 45 Lytham St Annes Rr Club 40:39
				L4510 Red Rose Road Runners 40:56
				L 47 Astley & Tyldesley Road Runner 41:19
				L4511 Wesham Road Runners & Ac 41:33
				L4512 Wesham Road Runners & Ac 41:50
				L 50 Glaxo Hoad Hill Harriers 42:27
				L3513 Red Rose Road Runners 42:36
				L4513 Glaxo Hoad Hill Harriers 42:40
				L3514 Preston Harriers & Ac 43:23
				L4514 Barrow & Furness Striders Ac 43:51
				L55 6 Preston Harriers & Ac 44:32
				L 56 Southport Waterloo Ac 44:42
				L 57 Southport Waterloo Ac 44:52
				L4515 Lytham St Annes Rr Club 45:31
				L4516 Kendal Amateur Athletic Club 46:24
				L 60 Pendle AC 47:23
				L55 7 Clayton Le Moors Harriers 47:44
				L55 8 Blackpool Wyre & Fylde AC 50:33
				L55 9 Blackpool Wyre & Fylde AC 54:02
				L4517 Clayton Le Moors Harriers 54:53
				L5510 Lytham St Annes Rr Club 57:15

Race 6 - Ladies over 18 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Kendal Amateur Athletic Club	9	— 1	Gemma Miles	3	Sarah Tunstall	5	Rebecca Robinson
2	Blackpool Wyre & Fylde AC	28	— 6	Caroline Betmead	10	Vicky Weller	12	Bev Wright
3	Clayton Le Moors Harriers	44	— 8	Maureen Laney	16	Sue Burns	20	Jane Murphy
4	Liverpool Pembroke & Sefton H	52	— 7	Kirsty Longley	22	Becky Foster	23	Lisa Gawthorne
5	Preston Harriers & Ac	58	— 2	Helen Clitheroe	19	Emma Essex-Crosby	37	Sharon Trusch
6	Southport Waterloo Ac	61	— 17	Sue Cooper	18	Tracey Peters	26	Karen Faloon
7	Blackpool Wyre & Fylde AC 'B'	81	— 13	Carolyn Robbins	28	Karen Dunford	40	Ruth Calderbank
8	Glaxo Hoad Hill Harriers	111	— 11	Sharon Dixon	49	Bethan Burke	51	Penny Moreton
9	Wesham Road Runners & Ac	130	— 35	Julie Cruse	47	Kerry Eccles	48	Bernadette Dickinson
10	Lytham St Annes Rr Club	130	— 29	Melanie Koth	44	Laura Ashworth	57	Pamela Hardman
11	Southport Waterloo Ac 'B'	150	— 39	Stephanie James	55	Sharon Pardoe	56	Niz Bowker
12	Clayton Le Moors Harriers 'B'	159	— 36	Carol Life	60	Karin Goss	63	Sue Allen

Race 6 - Ladies over 35 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackpool Wyre & Fylde AC	11	— 1	Caroline Betmead	4	Vicky Weller	6	Bev Wright
2	Clayton Le Moors Harriers	22	— 2	Maureen Laney	9	Sue Burns	11	Jane Murphy
3	Blackpool Wyre & Fylde AC 'B'	45	— 7	Carolyn Robbins	15	Karen Dunford	23	Ruth Calderbank
4	Wesham Road Runners & Ac	76	— 19	Julie Cruse	28	Kerry Eccles	29	Bernadette Dickinson
5	Preston Harriers & Ac	87	— 21	Sharon Trusch	32	Caroline Collinson	34	Judith Deakin
6	Lytham St Annes Rr Club	92	— 16	Melanie Koth	35	Pamela Hardman	41	Dawn Lock
7	Clayton Le Moors Harriers 'B'	97	— 20	Carol Life	37	Karin Goss	40	Sue Allen

Race 6 - Ladies over 45 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackpool Wyre & Fylde AC	20	— 3	Bev Wright	4	Carolyn Robbins	13	Ruth Calderbank
2	Clayton Le Moors Harriers	29	— 1	Maureen Laney	5	Sue Burns	23	Karin Goss
3	Wesham Road Runners & Ac	45	— 12	Julie Cruse	16	Kerry Eccles	17	Bernadette Dickinson

Race 6 - Ladies over 55 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Blackpool Wyre & Fylde AC	22	— 5	Ruth Calderbank	8	Hilary Goorney	9	Jenny XRyan
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The Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 29th November 2008

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time					
1	Anthony Ford		Blackpool Wyre & Fylde AC	30:10	76	Neil Holding	V4032 West Pennine Runners	39:31	
2	Ricky Lightfoot		Ellenborough AC	31:24	77	Eryl Husband	V50 8 Lancaster & Morecambe Ac	39:32	
3	Michael Aspinall		Lancaster & Morecambe Ac	31:31	78	Chris Balderson	V4033 Clayton Le Moors Harriers	39:40	
4	Mark Croasdale	V40 1	Lancaster & Morecambe Ac	33:14	79	Graham Pinder	V50 9 Glaxo Hoad Hill Harriers	39:50	
5	James Douglas		Border Harriers & Ac	33:18	80	David Collins	V4034 Wigan Phoenix	40:01	
6	Matthew Nuttall	V40 2	Blackburn Harriers & Ac	33:43	81	Mark Almond	Blackburn Harriers & Ac	40:06	
7	Andy Buttery		Rossendale Harriers & Ac	33:59	82	Alistair Welsh	V4035 Blackpool Wyre & Fylde AC	40:10	
8	Gareth Booth		Horwich R M I Harriers	34:01	83	Tony Hesketh	V60 1 Horwich R M I Harriers	40:14	
9	Alasdair Russell		Kendal Amateur Athletic Club	34:03	84	Peter Ackland	V4036 Kendal Amateur Athletic Club	40:16	
10	Bob Atkinson	V50 1	Barrow & Furness Striders Ac	34:05	85	Tony Croft	V4037 Lytham St Annes Rr Club	40:19	
11	Jonathan Prowse		Blackpool Wyre & Fylde AC	34:12	86	Adrian Shorrocks	Blackburn Harriers & Ac	40:22	
12	Gary Shaw		Clayton Le Moors Harriers	34:15	87	Phil Walsh	V5010 Preston Harriers & Ac	40:23	
13	Steve Swarbrick		Blackpool Wyre & Fylde AC	34:15	88	Craig Bradbury	Astley & Tyldesley Road Runner	40:27	
14	James Horman		Liverpool Harriers & Ac	34:20	89	Terry Helligs	V5011 Lytham St Annes Rr Club	40:29	
15	Stuart Robinson		Blackpool Wyre & Fylde AC	34:21	90	Colin Laidlaw	V5012 Lytham St Annes Rr Club	40:39	
16	Matthew Davison	JM 1	Preston Harriers & Ac	34:22	91	Craig Menzies	Garstang RC	40:43	
17	David Hook		Barrow & Furness Striders Ac	34:24	92	Gary Johnston	V5013 Blackpool Wyre & Fylde AC	40:45	
18	Angus Halford	JM 2	Lancaster & Morecambe Ac	34:36	93	Mike Cunningham	V4038 Southport Waterloo Ac	40:45	
19	Tony Battersby		Leigh Harriers & Ac	34:37	94	Alan Glasgow	V5014 Wesham Road Runners & Ac	40:46	
20	Josh Tighe		Blackburn Harriers & Ac	34:40	95	Paul Jackson	V4039 Chorley Harriers	40:59	
21	David Rigby	JM 3	Preston Harriers & Ac	34:41	96	Phill Cornall	Garstang RC	41:00	
22	C Chippendale	V40 3	Lancaster & Morecambe Ac	34:45	97	Colin Jennings	Garstang RC	41:01	
23	Andy Stubbs	V40 4	Clayton Le Moors Harriers	34:50	98	Paul Wareing	V4040 Chorley Ac	41:05	
24	Alastair Murray		Horwich R M I Harriers	34:51	99	Martin Brady	V4041 Clayton Le Moors Harriers	41:16	
25	Keith Johnston		Chorley Harriers	34:52	100	Tony Pritchard	V5015 Garstang RC	41:17	
26	Garry Dixon		Barrow & Furness Striders Ac	34:58	101	Peter Mulleady	V4042 Astley & Tyldesley Road Runner	41:27	
27	Marc Tillotson		Southport Waterloo Ac	34:59	102	Sean Wareing	JM 5 Chorley Ac	41:28	
28	Malcolm Eadie	V40 5	Blackpool Wyre & Fylde AC	35:16	103	Neil Worswick	Clayton Le Moors Harriers	41:32	
29	David Hamilton	V40 6	Southport Waterloo Ac	35:39	104	Graham Webster	V5016 Lytham St Annes Rr Club	41:33	
30	Paul Bradshaw		Blackburn Harriers & Ac	35:48	105	Peter Broome	V5017 Blackpool Wyre & Fylde AC	41:34	
31	Mark Ellithorn	V40 7	Chorley Harriers	35:50	106	Pete Leviston	V5018 Barrow & Furness Striders Ac	41:35	
32	Ashley Holt		Rossendale Harriers & Ac	35:51	107	Peter Booth	V5019 Clayton Le Moors Harriers	41:36	
33	Guy Heyes		Horwich R M I Harriers	36:07	108	Mark Ruscoe	Astley & Tyldesley Road Runner	41:40	
34	Robert Ashworth	V40 8	Southport Waterloo Ac	36:08	109	Dave Wall	V4043 Wigan Phoenix	41:59	
35	Keiran Alderson	JM 4	Kendal Amateur Athletic Club	36:10	110	Richard Taylor	V4044 Blackburn Harriers & Ac	41:59	
36	Charlie Pass		Wesham Road Runners & Ac	36:16	111	Andy Arnold	Leigh Harriers & Ac	42:00	
37	Richard Shearer		Southport Waterloo Ac	36:18	112	Phil Iddon	Chorley Harriers	42:05	
38	Alex Rowe	V50 2	Wesham Road Runners & Ac	36:27	113	Simon Tobin	V4045 Southport Waterloo Ac	42:26	
39	Ian Greenwood	V40 9	Clayton Le Moors Harriers	36:28	114	Gareth Williams	V4046 Southport Waterloo Ac	42:44	
40	Christopher Howie	V4010	Glaxo Hoad Hill Harriers	36:30	115	Roger Quayle	V5020 Barrow & Furness Striders Ac	42:48	
41	Mo Manir-Jolley		Wigan Phoenix	36:45	116	Stephen James	V60 2 Southport Waterloo Ac	42:49	
42	Chris Essex-Crosby		Blackpool Wyre & Fylde AC	37:03	117	Steve Murray	V5021 Barrow & Furness Striders Ac	42:53	
43	Pat Miller	V4011	Barrow & Furness Striders Ac	37:05	118	Gary Platt	V5022 Chorley Harriers	42:55	
44	Steve Nolan	V4012	Horwich R M I Harriers	37:10	119	Philip Butler	V4047 Red Rose Road Runners	43:17	
45	Jeffrey Chadwick	V4013	Glaxo Hoad Hill Harriers	37:11	120	James Hickie	V4048 Clayton Le Moors Harriers	43:19	
46	Brendan Bolland	V4014	Horwich R M I Harriers	37:22	121	Peter Simpson	V60 3 Liverpool Harriers & Ac	43:23	
47	Paul Archer	V4015	Clayton Le Moors Harriers	37:25	122	Martin Knowles	Garstang RC	43:25	
48	Jackie Winn	V50 3	Ellenborough AC	37:28	123	Philip Derbyshire	V5023 Wigan Phoenix	43:29	
49	Ben Proctor		Helm Hill Runners	37:39	124	David Scott	V60 4 Clayton Le Moors Harriers	43:31	
50	Colin Shuttleworth	V50 4	Clayton Le Moors Harriers	37:53	125	Peter Cruse	V4049 Wesham Road Runners & Ac	43:48	
51	Keith Middleman		Southport Waterloo Ac	37:55	126	Steve Burrowes	V4050 Kendal Amateur Athletic Club	44:01	
52	Chris Wilson	V4016	Wigan Phoenix	37:59	127	Geoffrey Haworth	V4051 Red Rose Road Runners	44:02	
53	John Worthington		Wigan Phoenix	38:04	128	Andy Howarth	V4052 Leigh Harriers & Ac	44:04	
54	Gary Pearse	V4017	Blackburn Harriers & Ac	38:05	129	Paul Toman	V5024 Clayton Le Moors Harriers	44:26	
55	Peter Roome	V4018	Southport Waterloo Ac	38:06	130	Phil Dean	V4053 Red Rose Road Runners	44:32	
56	\$Chris Brogan	V50 5	Barrow & Furness Striders Ac	38:14	131	Pete Bland	V60 5 Horwich R M I Harriers	44:34	
57	Brian Horrocks	V50 6	Clayton Le Moors Harriers	38:15	132	David Williams	V4054 Chorley Harriers	44:41	
58	Mark Saunders		Bowland Fell Runners	38:17	133	David Taylor	V4055 Chorley Ac	44:43	
59	Philip Nicholson		Preston Harriers & Ac	38:18	134	Michael Leck	V5025 Lancaster & Morecambe Ac	44:44	
60	Simon Ford		Astley & Tyldesley Road Runner	38:18	135	Peter Gleaves	V45 1 Wesham Road Runners & Ac	45:06	
61	Alan Life	V4019	Clayton Le Moors Harriers	38:19	136	Alan Webb	Astley & Tyldesley Road Runner	45:17	
62	David Edmondson	V4020	Clayton Le Moors Harriers	38:25	137	Graham Schofield	V5026 Chorley Harriers	45:18	
63	Shaun Addison	V4021	Helm Hill Runners	38:25	138	Peter Ramsdale	V5027 Horwich R M I Harriers	45:27	
64	Derek Buckley	V50 7	Wesham Road Runners & Ac	38:31	139	Jim Cosgrove	V5028 Chorley Ac	45:39	
65	Stephen McClean	V4022	Southport Waterloo Ac	38:34	140	Stephen Young	Preston Harriers & Ac	45:41	
66	Martin Terry	V4023	Clayton Le Moors Harriers	38:47	141	Carlos Irizar	V4056 Southport Waterloo Ac	45:55	
67	John Sprackland	V4024	Southport Waterloo Ac	38:48	142	Paul Percival-Smith	V5029 Kendal Amateur Athletic Club	45:59	
68	Stuart Fogg		Clayton Le Moors Harriers	38:50	143	Jack Winder	V5030 Accrington Road Runners	46:27	
69	David Parker	V4025	Barrow & Furness Striders Ac	38:59	144	David Large	V4057 Preston Harriers & Ac	46:30	
70	Keith Broughton	V4026	Blackburn Harriers & Ac	39:02	145	Simon Cole	V4058 Lytham St Annes Rr Club	46:43	
71	Harry Melia	V4027	Barrow & Furness Striders Ac	39:14	146	Barry Allman	V5031 Horwich R M I Harriers	46:56	
72	Simon Stanway	V4028	Barrow & Furness Striders Ac	39:15	147	Mark Hendersson	V45 2 Wigan Phoenix	46:57	
73	Mark Riches	V4029	Astley & Tyldesley Road Runner	39:19	148	Martin Blazuki	Preston Harriers & Ac	47:12	
74	Gary Wilson	V4030	Preston Harriers & Ac	39:28	149	Steven Jackson	V4059 Preston Harriers & Ac	47:14	
75	Neil Adshead	V4031	Southport Waterloo Ac	39:30	150	George Parrington	V60 6 Lancaster & Morecambe Ac	47:19	

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

151 Richard Lawson	V60 7 Clayton Le Moors Harriers	47:57	162 Maurice Bulmer	V4061 Pendle AC	50:36
152 Alby Douglas	V5032 Eden Runners	47:59	163 John Macdonald	V6011 Chorley Harriers	52:05
153 Henry Minorczyk	V60 8 Chorley Ac	47:59	164 Eddie Murray	V6012 Chorley Ac	52:18
154 Antony Walton	Preston Harriers & Ac	48:04	165 Jeremy Clark	V5037 Glaxo Hoad Hill Harriers	53:08
155 David Culshaw	V5033 Wigan & District H & Ac	48:16	166 Dave Young	V6013 Wesham Road Runners & Ac	53:50
156 Ron Chappell	V60 9 Clayton Le Moors Harriers	48:46	167 Norman Greenwood	V6014 Blackpool Wyre & Fylde AC	54:06
157 Barry Chester	V5034 Chorley Ac	49:08	168 John Swift	V6015 Chorley Ac	54:42
158 David Roberts	V6010 Preston Harriers & Ac	49:15	169 Harry Manning	V6016 Clayton Le Moors Harriers	55:54
159 Ian Squire	V4060 Lytham St Annes Rr Club	49:57	170 Dave Wood	V6017 Blackpool Wyre & Fylde AC	59:24
160 Michael Murray	V5035 Chorley Ac	50:17	171 Mike Coppin	V6018 Chorley Ac	1:05:05
161 Mike Johnson	V5036 Glaxo Hoad Hill Harriers	50:26			

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Blackpool Wyre & Fylde AC	110	—	1 Anthony Ford	11 Jonathan Prowse	13 Steve Swarbrick	15 Stuart Robinson	28 Malcolm Eadie	42 Chris Essex-Crosby
2 Clayton Le Moors Harriers	227	—	12 Gary Shaw	23 Andy Stubbs	39 Ian Greenwood	47 Paul Archer	50 Colin Shuttleworth	56 Brian Horrocks
3 Southport Waterloo Ac	233	—	27 Marc Tillotson	29 David Hamilton	34 Robert Ashworth	37 Richard Shearer	51 Keith Middleman	55 Peter Roome
4 Barrow & Furness Striders Ac	234	—	10 Bob Atkinson	17 David Hook	26 Garry Dixon	43 Pat Miller	68 David Parker	70 Harry Melia
5 Horwich R M I Harriers	237	—	8 Gareth Booth	24 Alastair Murray	33 Guy Heyes	44 Steve Nolan	46 Brendan Bolland	82 Tony Hesketh
6 Lancaster & Morecambe Ac	256	—	3 Michael Aspinall	4 Mark Croasdale	18 Angus Holford	22 C Chippendale	76 Eryl Husband	133 Michael Leck
7 Blackburn Harriers & Ac	259	—	6 Matthew Nuttall	20 Josh Tighe	30 Paul Bradshaw	54 Gary Pearce	69 Keith Broughton	80 Mark Almond
8 Preston Harriers & Ac	393	—	16 Matthew Davison	21 David Rigby	58 Philip Nicholson	73 Gary Wilson	86 Phil Walsh	139 Stephen Young
9 Clayton Le Moors Harriers 'B'	428	—	60 Alan Life	61 David Edmondson	65 Martin Terry	67 Stuart Fogg	77 Chris Balderson	98 Martin Brady
10 Wigan Phoenix	455	—	41 Mo Manir-Jolley	52 Chris Wilson	53 John Worthington	79 David Collins	108 Dave Wall	122 Philip Derbyshire
11 Wesham Road Runners & Ac	488	—	36 Charlie Pass	38 Alex Rowe	63 Derek Buckley	93 Alan Glasgow	124 Peter Cruse	134 Peter Gleaves
12 Chorley Harriers	509	—	25 Keith Johnston	31 Mark Ellithorn	94 Paul Jackson	111 Phil Iddon	117 Gary Platt	131 David Williams
13 Southport Waterloo Ac 'B'	521	—	64 Stephen McClean	66 John Sprackland	74 Neil Adshead	92 Mike Cunningham	112 Simon Tobin	113 Gareth Williams
14 Astley & Tyldesley Road Runner	560	—	59 Simon Ford	72 Mark Riches	87 Craig Bradbury	100 Peter Muleady	107 Mark Ruscoe	135 Alan Webb
15 Lytham St Annes Rr Club	666	—	84 Tony Croft	88 Terry Hellings	89 Colin Laidlaw	103 Graham Webster	144 Simon Cole	158 Ian Squire
16 Chorley Ac	776	—	97 Paul Wareing	101 Sean Wareing	132 David Taylor	138 Jim Cosgrove	152 Henry Minorczyk	156 Barry Chester

Senior Men under 20 — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time				
1	Tom Farrell		Border Harriers & Ac	20:55	5	Tom Addison	Helm Hill Runners	26:03
2	Craig Gunderson		Liverpool Harriers & Ac	21:21	6	Luke Wood	Blackpool Wyre & Fylde AC	27:16
3	Luke Minns		Blackpool Wyre & Fylde AC	22:13				
4	Peter Hugh		Barrow & Furness Striders Ac	22:39				
5	Sean Wareing	JM 5	Chorley Ac	41:28				

Senior Men under 20 — TEAM RESULTS

No complete teams

Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton Le Moors Harriers	52	—	5 Andy Stubbs	11 Ian Greenwood	17 Paul Archer	19 Colin Shuttleworth
2 Southport Waterloo Ac	66	—	7 David Hamilton	9 Robert Ashworth	22 Peter Roome	28 Stephen McClean
3 Barrow & Furness Striders Ac	80	—	3 Bob Atkinson	13 Pat Miller	31 David Parker	33 Harry Melia
4 Clayton Le Moors Harriers 'B'	101	—	23 Brian Horrocks	24 Alan Life	25 David Edmondson	29 Martin Terry
5 Blackburn Harriers & Ac	118	—	2 Matthew Nuttall	21 Gary Pearce	32 Keith Broughton	63 Richard Taylor
6 Lancaster & Morecambe Ac	128	—	1 Mark Croasdale	4 C Chippendale	39 Eryl Husband	84 Michael Leck
7 Horwich R M I Harriers	155	—	14 Steve Nolan	16 Brendan Bolland	44 Tony Hesketh	81 Pete Bland
8 Blackpool Wyre & Fylde AC	158	—	6 Malcolm Eadie	43 Alistair Welsh	50 Gary Johnston	59 Peter Broome
9 Wesham Road Runners & Ac	164	—	10 Alex Rowe	27 Derek Buckley	52 Alan Glasgow	75 Peter Cruse
10 Glaxo Hoad Hill Harriers	175	—	12 Christopher Howie	15 Jeffrey Chadwick	41 Graham Pinder	107 Mike Johnson
11 Southport Waterloo Ac 'B'	182	—	30 John Sprackland	37 Neil Adshead	51 Mike Cunningham	64 Simon Tobin
12 Wigan Phoenix	197	—	20 Chris Wilson	42 David Collins	62 Dave Wall	73 Philip Derbyshire
13 Lytham St Annes Rr Club	201	—	46 Tony Croft	48 Terry Hellings	49 Colin Laidlaw	58 Graham Webster
14 Chorley Harriers	212	—	8 Mark Ellithorn	53 Paul Jackson	69 Gary Platt	82 David Williams
15 Barrow & Furness Striders 'B'	228	—	34 Simon Stanway	60 Pete Leviston	66 Roger Quayle	68 Steve Murray
16 Preston Harriers & Ac	271	—	36 Gary Wilson	47 Phil Walsh	92 David Large	96 Steven Jackson
17 Chorley Ac	325	—	54 Paul Wareing	83 David Taylor	88 Jim Cosgrove	100 Henry Minorczyk
18 Chorley Ac 'B'	433	—	103 Barry Chester	106 Michael Murray	110 Eddie Murray	114 John Swift

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wesham Road Runners & Ac	22	—	2 Alex Rowe	6 Derek Buckley	14 Alan Glasgow
2 Clayton Le Moors Harriers	28	—	4 Colin Shuttleworth	5 Brian Horrocks	19 Peter Booth
3 Lytham St Annes Rr Club	39	—	11 Terry Hellings	12 Colin Laidlaw	16 Graham Webster
4 Barrow & Furness Striders Ac	39	—	1 Bob Atkinson	18 Pete Leviston	20 Roger Quayle
5 Horwich R M I Harriers	68	—	9 Tony Hesketh	28 Pete Bland	31 Peter Ramsdale
6 Lancaster & Morecambe Ac	72	—	7 Eryl Husband	29 Michael Leck	36 George Parrington
7 Blackpool Wyre & Fylde AC	80	—	13 Gary Johnston	17 Peter Broome	50 Norman Greenwood
8 Clayton Le Moors Harriers 'B'	90	—	26 David Scott	27 Paul Toman	37 Richard Lawson
9 Chorley Harriers	99	—	23 Gary Platt	30 Graham Schofield	46 John Macdonald
10 Glaxo Hoad Hill Harriers	101	—	8 Graham Pinder	45 Mike Johnson	48 Jeremy Clark
11 Chorley Ac	113	—	32 Jim Cosgrove	39 Henry Minorczyk	42 Barry Chester
12 Chorley Ac 'B'	142	—	44 Michael Murray	47 Eddie Murray	51 John Swift

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton Le Moors Harriers	20	—	4 David Scott	7 Richard Lawson	9 Ron Chappell
2 Chorley Ac	35	—	8 Henry Minorczyk	12 Eddie Murray	15 John Swift

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