

Manchester Area Cross Country League

at Boggart Hole Clough on Sunday 16th November 2008

Senior Men — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time			Club	Time
1	Tom Minshull		Trafford Athletic Club	34:52	85	Mark Bale	Wilmslow Running Club	43:10
2	James Kovacs		Salford Harriers	36:02	86	Chris Bentley	Macclesfield Harriers & Ac	43:15
3	Ian Salisbury		Trafford Athletic Club	36:16	87	Rob Harper	Mantriathlon	43:19
4	Lee Dunn		Manchester Ymca Harriers	36:24	88	Steven Worthington	Mantriathlon	43:20
5	Jamie Loxam		Stockport Harriers & Ac	36:32	89	Paul Connolly	Salford Metropolitan Ac	43:21
6	Malcolm Fowler	V45 1	Wilmslow Running Club	36:49	90	Philip Garside	V55 3 Swinton Running Club	43:27
7	Jonny Holt		Trafford Athletic Club	36:52	91	Chris Dawson	Salford Harriers	43:33
8	Michael Hunt		Trafford Athletic Club	37:14	92	Graham Marsland	V40 14 Stockport Harriers & Ac	43:34
9	Alex Young	Jun 1	Trafford Athletic Club	37:17	93	David Ainsworth	V45 17 Altrincham & District Ac	43:35
10	Jim Pendrill		Wilmslow Running Club	37:21	94	Paul Knowles	V45 18 Altrincham & District Ac	43:37
11	Chris Leigh		Trafford Athletic Club	37:48	95	Duncan Drasdo	V40 15 Trafford Athletic Club	43:41
12	Phil West		Salford Harriers	38:01	96	David Henshaw	Manchester Harriers & Ac	43:42
13	Alec Beaney	Jun 2	West Cheshire Athletic Club	38:10	97	Brian Mullan	Mantriathlon	43:43
14	David Howlett		Sale Harriers Manchester	38:14	98	Paul Dalton	V40 16 E Cheshire H & Tameside Ac	43:43
15	Jason Dunkerley		E Cheshire H & Tameside Ac	38:16	99	Dave Telford	V60 1 Altrincham & District Ac	43:45
16	Billy Martin		Salford Harriers	38:31	100	Gary Willcock	V45 19 Manchester Ymca Harriers	43:46
17	Tom Wild		Macclesfield Harriers & Ac	38:35	101	Stephen Cocker	Jun 7 Trafford Athletic Club	43:47
18	Phil Nichol	V40 1	Altrincham & District Ac	38:44	102	Eddie Gilligan	V45 20 Manchester Ymca Harriers	43:48
19	Mike Halman		Wilmslow Running Club	38:53	103	Bill Fox	V50 6 Sale Harriers Manchester	43:52
20	Rob Downs	V40 2	Wilmslow Running Club	38:53	104	Robert Wilson	V40 17 Mantriathlon	43:54
21	Joe Bailey		Salford Harriers	38:57	105	Barry Blyth	V60 2 Macclesfield Harriers & Ac	43:56
22	Tim Taylor	V45 2	Macclesfield Harriers & Ac	39:02	106	Mike Cooper	V45 21 Wilmslow Running Club	43:59
23	Jonathon Walsh		Stockport Harriers & Ac	39:10	107	Francis Day	V55 4 E Cheshire H & Tameside Ac	44:01
24	Mark Roberts		Mantriathlon	39:13	108	Philip Holmes	V50 7 Manchester Harriers & Ac	44:10
25	Tom McGaff	V50 1	Wilmslow Running Club	39:22	109	Dominic Scott	Jun 8 Altrincham & District Ac	44:11
26	Richard Byers	V40 3	Trafford Athletic Club	39:28	110	Michael Hibbert	V40 18 Manchester Harriers & Ac	44:15
27	Tom Grundy	Jun 3	Macclesfield Harriers & Ac	39:37	111	Frank Cordingley	V45 22 Sale Harriers Manchester	44:18
28	Ross Wilson		Macclesfield Harriers & Ac	39:43	112	Brian McCourbey	Swinton Running Club	44:20
29	Richard Watson		Sale Harriers Manchester	39:56	113	David Jury	Trafford Athletic Club	44:21
30	Liam Bartlett	Jun 4	Manchester Harriers & Ac	40:04	114	David Southern	V50 8 Altrincham & District Ac	44:23
31	Gavin Browne		E Cheshire H & Tameside Ac	40:09	115	John Murray	V40 19 Mantriathlon	44:25
32	Gary Matthews	V45 3	E Cheshire H & Tameside Ac	40:14	116	Paul Schofield	V40 20 Mantriathlon	44:28
33	Michael Flatley		Middleton Harriers Ac	40:17	117	Ian Smallwood	V45 23 Wilmslow Running Club	44:33
34	Des Gibbons	V40 4	Altrincham & District Ac	40:19	118	Nigel Sedman	V40 21 Belle Vue Racers	44:38
35	Andrew Clague	V40 5	West Cheshire Athletic Club	40:27	119	Sean Cordell	V40 22 Salford Harriers	44:40
36	Kevin Garner	V40 6	Stockport Harriers & Ac	40:29	120	Mark Messenger	V40 23 Macclesfield Harriers & Ac	44:41
37	James Bleakley		Trafford Athletic Club	40:33	121	Richard Thomas	V45 24 Macclesfield Harriers & Ac	44:47
38	Dave Garner	V40 7	Manchester Ymca Harriers	40:35	122	Derek Hughes	V45 25 E Cheshire H & Tameside Ac	44:49
39	Tim Johns	V40 8	Mantriathlon	40:41	123	Elton Davies	Sale Harriers Manchester	44:58
40	Nick Burke	V40 9	Altrincham & District Ac	40:45	124	Jeff Norman	V60 3 Altrincham & District Ac	45:07
41	Rob Pemberton		Sale Harriers Manchester	40:47	125	Liam Browne	E Cheshire H & Tameside Ac	45:12
42	Stuart Parrott	V45 4	Wilmslow Running Club	40:48	126	Denis Wharton	V50 9 St Helens Sutton Ac	45:19
43	David Safranasukas	V40 10	Trafford Athletic Club	40:53	127	Dave Carrington	V50 10 Altrincham & District Ac	45:22
44	Darren Moran		Salford Harriers	40:54	128	Matthew Wade	Manchester Ymca Harriers	45:25
45	Ian White	V45 5	St Helens Sutton Ac	40:55	129	Jonathan Sacks	Salford Harriers	45:26
46	James Corden		Stockport Harriers & Ac	40:56	130	Dave Shaw	V40 24 Salford Harriers	45:29
47	Andy Skitt		Manchester Harriers & Ac	40:56	131	Chris Lomax	V40 25 Swinton Running Club	45:44
48	Vinny Booth	V45 6	Trafford Athletic Club	40:57	132	Pat Byrne	V45 26 Middleton Harriers Ac	45:50
49	Chris Brobin		Mantriathlon	41:01	133	David Hudson	Salford Harriers	45:57
50	Peter Wood	V50 2	Middleton Harriers Ac	41:03	134	Phil Jacques	V40 26 E Cheshire H & Tameside Ac	46:06
51	Daniel Ansell		Trafford Athletic Club	41:06	135	Gavin Mendham	V55 5 Wilmslow Running Club	46:14
52	Adrian Nutter		Stockport Harriers & Ac	41:22	136	Timothy Rainey	V40 27 Sale Harriers Manchester	46:18
53	Len Best	V55 1	Stockport Harriers & Ac	41:26	137	Tim Edwards	V40 28 Stockport Harriers & Ac	46:19
54	Dave Rudd	V45 7	Altrincham & District Ac	41:34	138	Paul Kenny	V45 27 E Cheshire H & Tameside Ac	46:21
55	Steven Robinson	V45 8	E Cheshire H & Tameside Ac	41:36	139	Ian Jones	Mantriathlon	46:22
56	James Williams		Salford Harriers	41:38	140	Gareth Trimble	Wilmslow Running Club	46:32
57	Marcus Gregory		E Cheshire H & Tameside Ac	41:40	141	Ian Hayburn	V40 29 St Helens Sutton Ac	46:39
58	Matt Bigley		Macclesfield Harriers & Ac	41:43	142	Chris Holden	Macclesfield Harriers & Ac	46:51
59	Steve Doxey	V45 9	Swinton Running Club	41:54	143	Sean Walsh	V40 30 Mantriathlon	47:00
60	David Livingstone		Altrincham & District Ac	42:01	144	Mike Jones	V50 11 Altrincham & District Ac	47:02
61	Mark Norton		Altrincham & District Ac	42:05	145	Steve Bunyan	Belle Vue Racers	47:12
62	John Mooney	V45 10	Macclesfield Harriers & Ac	42:06	146	Andrew Hartshorne	Jun 9 E Cheshire H & Tameside Ac	47:18
63	Maurice Collins	V45 11	St Helens Sutton Ac	42:08	147	Andrew Cole	V40 31 E Cheshire H & Tameside Ac	47:24
64	David Marsh		Sale Harriers Manchester	42:11	148	Robert Taylor	V55 6 Stockport Harriers & Ac	47:32
65	Rob Marsh		St Helens Sutton Ac	42:12	149	Gareth Simpson	E Cheshire H & Tameside Ac	47:40
66	Daniel McParland		Mantriathlon	42:13	150	James O'Connor	Middleton Harriers Ac	48:08
67	Paul Barrett		Sale Harriers Manchester	42:14	151	John Battersby	V50 12 Sale Harriers Manchester	48:12
68	Jim Crehan	V50 3	St Helens Sutton Ac	42:14	152	Shane Wolstencroft	Salford Metropolitan Ac	48:29
69	Louis Humphries	Jun 5	West Cheshire Athletic Club	42:15	153	Chris Bratt	V40 32 Sale Harriers Manchester	48:34
70	Rick Smith	V55 2	E Cheshire H & Tameside Ac	42:19	154	Gary Coxson	V50 13 E Cheshire H & Tameside Ac	48:35
71	Dominic Partridge	Jun 6	Stockport Harriers & Ac	42:20	155	Steve Webb	Belle Vue Racers	48:39
72	Tony Jolly		Mantriathlon	42:30	156	Steve Matkin	V45 28 Stockport Harriers & Ac	48:40
73	Ray Eagle	V50 4	Wilmslow Running Club	42:43	157	Paul Rutherford	V40 33 Swinton Running Club	48:41
74	Neil Walker		Altrincham & District Ac	42:44	158	Michael Symons	V40 34 Manchester Ymca Harriers	48:42
75	Mark Evans	V45 12	Trafford Athletic Club	42:45	159	Lee Whitley	Jun 10 Sale Harriers Manchester	48:43
76	Paul Mannion	V40 11	Trafford Athletic Club	42:46	160	Steve Symons	V40 35 Manchester Ymca Harriers	48:45
77	Steve Dempsey	V45 13	Wilmslow Running Club	42:47	161	Jerry Smith	V50 14 Sale Harriers Manchester	48:46
78	James Corrigan		Belle Vue Racers	42:52	162	Tony Faulkner	E Cheshire H & Tameside Ac	49:01
79	Paul Calderbank	V45 14	Sale Harriers Manchester	42:56	163	Robin Beaumont	V40 36 Trafford Athletic Club	49:03
80	Peter Johnson	V40 12	St Helens Sutton Ac	42:59	164	Ged Carney	V45 29 Belle Vue Racers	49:06
81	Steve Tate	V45 15	St Helens Sutton Ac	43:01	165	Alan Littler	Jun 11 West Cheshire Athletic Club	49:07
82	Dave Keeling	V45 16	Trafford Athletic Club	43:03	166	Tom Snaith	V40 37 Belle Vue Racers	49:09
83	Raph Murray	V50 5	Macclesfield Harriers & Ac	43:05	167	Geoff Gilbert	V55 7 Wilmslow Running Club	49:25
84	Bill Heaton	V40 13	Wilmslow Running Club	43:08	168	Fechin McCormick	V55 8 Sale Harriers Manchester	49:26

169	Dave Hough	V55	9	West Cheshire Athletic Club	49:33	194	Dave Wood	V45	36	Manchester Harriers & Ac	53:45
170	Rob Gray			Mantriathlon	49:46	195	John Pickup	V45	37	Swinton Running Club	53:50
171	Mark Hadfield			Middleton Harriers Ac	50:05	196	Mark Hulme	V50	17	Salford Metropolitan Ac	53:53
172	Jack Carney	V50	15	Salford Metropolitan Ac	50:10	197	Howard Bamber	V50	18	E Cheshire H & Tameside Ac	54:26
173	Michael Cunningham	V60	4	Manchester Harriers & Ac	50:11	198	Paddy Farrelly	V50	19	Salford Metropolitan Ac	54:34
174	Mark Wheelton	V45	30	Macclesfield Harriers & Ac	50:13	199	Steve McCall	V45	38	Manchester Harriers & Ac	54:36
175	Daniel Bamber			E Cheshire H & Tameside Ac	50:22	200	John Davies	V60	8	Vale Royal Ac	54:43
176	\$John Purdy	V40	38	Rochdale Harriers & Ac	50:25	201	Alan Romagnolo	V40	41	Sale Harriers Manchester	54:52
177	\$Darren Riley	V40	39	Unattached	50:32	202	David Shoesmith	V55	10	Macclesfield Harriers & Ac	54:56
178	Colin Rathbone	V60	5	Vale Royal Ac	50:34	203	Andy Brigg			Mantriathlon	55:04
179	Tommy Daniels	V60	6	Salford Harriers	50:39	204	Barry Guy	V55	11	Belle Vue Racers	55:05
180	Anthony Ward	V45	31	Stockport Harriers & Ac	50:40	205	\$Stuart Shears			Unattached	55:08
181	Mike Wharton			Sale Harriers Manchester	50:41	206	Tony Houghton	V45	39	Belle Vue Racers	55:13
182	Mark Wallwork	V45	32	Salford Metropolitan Ac	50:43	207	Colin Timpson	V60	9	E Cheshire H & Tameside Ac	55:27
183	Chris Jones	V40	40	Salford Metropolitan Ac	51:24	208	Neil Atherton	V45	40	Manchester Ymca Harriers	55:37
184	Nigel Oldham			Manchester Ymca Harriers	51:35	209	James Lambe	V45	41	Sale Harriers Manchester	55:38
185	Ian Welsh	V45	33	Mantriathlon	51:37	210	David Okopochini	V40	42	Belle Vue Racers	55:59
186	Andy Chalmers	V45	34	Mantriathlon	51:39	211	Steve Ingham	V50	20	Manchester Ymca Harriers	56:15
187	Daniel Harle			Macclesfield Harriers & Ac	52:06	212	Chris Johnson	V60	10	E Cheshire H & Tameside Ac	57:06
188	Andy Schofield			E Cheshire H & Tameside Ac	52:32	213	Jon Paramor	V55	12	Manchester Ymca Harriers	57:11
189	Andrew Evans	V45	35	Salford Metropolitan Ac	52:34	214	Kevin Egerton	V55	13	Belle Vue Racers	1:00:30
190	\$Paul Bates			Unattached	52:49	215	Bob Horrocks	V60	11	Middleton Harriers Ac	1:02:04
191	Roland Bowness	V60	7	Salford Harriers	53:21	216	Tony Thackery	V60	12	West Cheshire Athletic Club	1:02:29
192	Stefan Schumacher	V50	16	Sale Harriers Manchester	53:30	217	Andy Smith			Swinton Running Club	1:06:23
193	Stuart Mairs			Salford Metropolitan Ac	53:32						

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford Athletic Club	39	—	1	Tom Minshull	3	Ian Salisbury	7	Jonny Holt	8	Michael Hunt	9	Alex Young	11	Chris Leigh
2	Wilmslow Running Club	122	—	6	Malcolm Fowler	10	Jim Pendrill	19	Mike Halman	20	Rob Downs	25	Tom McGaff	42	Stuart Parrott
3	Salford Harriers	151	—	2	James Kovacs	12	Phil West	16	Billy Martin	21	Joe Bailey	44	Darren Moran	56	James Williams
4	Macclesfield Harriers & Ac	214	—	17	Tom Wild	22	Tim Taylor	27	Tom Grundy	28	Ross Wilson	58	Matt Bigley	62	John Mooney
5	Stockport Harriers & Ac	215	—	5	Jamie Loxam	23	Jonathon Walsh	36	Kevin Gamer	46	James Corden	52	Adrian Nutter	53	Len Best
6	E Cheshire H & Tameside Ac	260	—	15	Jason Dunkerley	31	Gavin Browne	32	Gary Matthews	55	Steven Robinson	57	Marcus Gregory	70	Rick Smith
7	Altrincham & District Ac	267	—	18	Phil Nichol	34	Des Gibbons	40	Nick Burke	54	Dave Rudd	60	David Livingstone	61	Mark Norton
8	Trafford Athletic Club 'B'	280	—	26	Richard Byers	37	James Bleakley	43	David Safranauskas	48	Vinny Booth	51	Daniel Ansell	75	Mark Evans
9	Sale Harriers Manchester	294	—	14	David Howlett	29	Richard Watson	41	Rob Pemberton	64	David Marsh	67	Paul Barrett	79	Paul Calderbank
10	Mantriathlon	337	—	24	Mark Roberts	39	Tim Johns	49	Chris Brobin	66	Daniel McParland	72	Tony Jolly	87	Rob Harper
11	St Helens Sutton Ac	402	—	45	Ian White	63	Maurice Collins	65	Rob Marsh	68	Jim Crehan	80	Peter Johnson	81	Steve Tate
12	Manchester Ymca Harriers	530	—	4	Lee Dunn	38	Dave Garner	100	Gary Willcock	102	Eddie Gilligan	128	Matthew Wade	158	Michael Symons
13	Wilmslow Running Club 'B'	542	—	73	Ray Eagle	77	Steve Dempsey	84	Bill Heaton	85	Mark Bale	106	Mike Cooper	117	Ian Smallwood
14	Manchester Harriers & Ac	564	—	30	Liam Bartlett	47	Andy Skitt	96	David Henshaw	108	Philip Holmes	110	Michael Hibbert	173	Michael Cunningham
15	Altrincham & District Ac 'B'	583	—	74	Neil Walker	93	David Ainsworth	94	Paul Knowles	99	Dave Telford	109	Dominic Scott	114	David Southern
16	Macclesfield Harriers & Ac 'B'	657	—	83	Raph Murray	86	Chris Bentley	105	Barry Blyth	120	Mark Messenger	121	Richard Thomas	142	Chris Holden
17	Mantriathlon 'B'	659	—	88	Steven Worthington	97	Brian Mullan	104	Robert Wilson	115	John Murray	116	Paul Schofield	139	Ian Jones
18	West Cheshire Athletic Club	663	—	13	Alec Beaney	35	Andrew Clague	69	Louis Humphries	165	Alan Littler	169	Dave Hough	212	Tony Thackery
19	E Cheshire H & Tameside Ac 'B'	724	—	98	Paul Dalton	107	Francis Day	122	Derek Hughes	125	Liam Browne	134	Phil Jacques	138	Paul Kenny
20	Swinton Running Club	741	—	59	Steve Doxey	90	Philip Garside	112	Brian McCourbey	131	Chris Lomax	157	Paul Rutherford	192	John Pickup
21	Middleton Harriers Ac	747	—	33	Michael Flatley	50	Peter Wood	132	Pat Byrne	150	James O'Connor	171	Mark Hadfield	211	Bob Horrocks
22	Sale Harriers Manchester 'B'	777	—	103	Bill Fox	111	Frank Cordingley	123	Elton Davies	136	Timothy Rainey	151	John Battersby	153	Chris Bratt
23	Salford Harriers 'B'	779	—	91	Chris Dawson	119	Sean Cordell	129	Jonathan Sacks	130	Dave Shaw	133	David Hudson	177	Tommy Daniels
24	Stockport Harriers & Ac 'B'	782	—	71	Dominic Partridge	92	Graham Marsland	137	Tim Edwards	148	Robert Taylor	156	Steve Matkin	178	Anthony Ward
25	Belle Vue Racers	826	—	78	James Corrigan	118	Nigel Sedman	145	Steve Bunyan	155	Steve Webb	164	Ged Carney	166	Tom Snaith
26	Salford Metropolitan Ac	961	—	89	Paul Connolly	152	Shane Wolstencroft	172	Jack Carney	180	Mark Wallwork	181	Chris Jones	187	Andrew Evans

Senior Men - Junior — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time
1	Alex Young		Trafford Athletic Club	37:17
2	Alec Beaney		West Cheshire Athletic Club	38:10
3	Tom Grundy		Macclesfield Harriers & Ac	39:37
4	Liam Bartlett		Manchester Harriers & Ac	40:04
5	Louis Humphries		West Cheshire Athletic Club	42:15
6	Dominic Partridge		Stockport Harriers & Ac	42:20
7	Stephen Cocker		Trafford Athletic Club	43:47
8	Dominic Scott		Altrincham & District Ac	44:11
9	Andrew Hartshorne		E Cheshire H & Tameside Ac	47:18
10	Lee Whitley		Sale Harriers Manchester	48:43
11	Alan Littler		West Cheshire Athletic Club	49:07

Senior Men - Junior — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	West Cheshire Athletic Club	18	—	2	Alec Beaney	5	Louis Humphries	11	Alan Littler
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Manchester Area Cross Country League

at Boggart Hole Clough on Sunday 16th November 2008

Senior Men (Vets) — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time					
1	Malcolm Fowler	V45 1	Wilmslow Running Club	36:49	65	Dave Carrington	V50 10	Altrincham & District Ac	45:22
2	Phil Nichol	V40 1	Altrincham & District Ac	38:44	66	Dave Shaw	V40 24	Salford Harriers	45:29
3	Rob Downs	V40 2	Wilmslow Running Club	38:53	67	Chris Lomax	V40 25	Swinton Running Club	45:44
4	Tim Taylor	V45 2	Macclesfield Harriers & Ac	39:02	68	Pat Byrne	V45 26	Middleton Harriers Ac	45:50
5	Tom McGaff	V50 1	Wilmslow Running Club	39:22	69	Phil Jacques	V40 26	E Cheshire H & Tameside Ac	46:06
6	Richard Byers	V40 3	Trafford Athletic Club	39:28	70	Gavin Mendham	V55 5	Wilmslow Running Club	46:14
7	Gary Matthews	V45 3	E Cheshire H & Tameside Ac	40:14	71	Timothy Rainey	V40 27	Sale Harriers Manchester	46:18
8	Des Gibbons	V40 4	Altrincham & District Ac	40:19	72	Tim Edwards	V40 28	Stockport Harriers & Ac	46:19
9	Andrew Clague	V40 5	West Cheshire Athletic Club	40:27	73	Paul Kenny	V45 27	E Cheshire H & Tameside Ac	46:21
10	Kevin Garner	V40 6	Stockport Harriers & Ac	40:29	74	Ian Hayburn	V40 29	St Helens Sutton Ac	46:39
11	Dave Garner	V40 7	Manchester Ymca Harriers	40:35	75	Sean Walsh	V40 30	Mantriathlon	47:00
12	Tim Johns	V40 8	Mantriathlon	40:41	76	Mike Jones	V50 11	Altrincham & District Ac	47:02
13	Nick Burke	V40 9	Altrincham & District Ac	40:45	77	Andrew Cole	V40 31	E Cheshire H & Tameside Ac	47:24
14	Stuart Parrott	V45 4	Wilmslow Running Club	40:48	78	Robert Taylor	V55 6	Stockport Harriers & Ac	47:32
15	David Safranauskas	V40 10	Trafford Athletic Club	40:53	79	John Battersby	V50 12	Sale Harriers Manchester	48:12
16	Ian White	V45 5	St Helens Sutton Ac	40:55	80	Chris Bratt	V40 32	Sale Harriers Manchester	48:34
17	Vinny Booth	V45 6	Trafford Athletic Club	40:57	81	Gary Coxson	V50 13	E Cheshire H & Tameside Ac	48:35
18	Peter Wood	V50 2	Middleton Harriers Ac	41:03	82	Steve Matkin	V45 28	Stockport Harriers & Ac	48:40
19	Len Best	V55 1	Stockport Harriers & Ac	41:26	83	Paul Rutherford	V40 33	Swinton Running Club	48:41
20	Dave Rudd	V45 7	Altrincham & District Ac	41:34	84	Michael Symons	V40 34	Manchester Ymca Harriers	48:42
21	Steven Robinson	V45 8	E Cheshire H & Tameside Ac	41:36	85	Steve Symons	V40 35	Manchester Ymca Harriers	48:45
22	Steve Doxey	V45 9	Swinton Running Club	41:54	86	Jerry Smith	V50 14	Sale Harriers Manchester	48:46
23	John Mooney	V45 10	Macclesfield Harriers & Ac	42:06	87	Robin Beaumont	V40 36	Trafford Athletic Club	49:03
24	Maurice Collins	V45 11	St Helens Sutton Ac	42:08	88	Ged Carney	V45 29	Belle Vue Racers	49:06
25	Jim Crehan	V50 3	St Helens Sutton Ac	42:14	89	Tom Snaith	V40 37	Belle Vue Racers	49:09
26	Rick Smith	V55 2	E Cheshire H & Tameside Ac	42:19	90	Geoff Gilbert	V55 7	Wilmslow Running Club	49:25
27	Ray Eagle	V50 4	Wilmslow Running Club	42:43	91	Fechin McCormick	V55 8	Sale Harriers Manchester	49:26
28	Mark Evans	V45 12	Trafford Athletic Club	42:45	92	Dave Hough	V55 9	West Cheshire Athletic Club	49:33
29	Paul Mannion	V40 11	Trafford Athletic Club	42:46	93	Jack Carney	V50 15	Salford Metropolitan Ac	50:10
30	Steve Dempsey	V45 13	Wilmslow Running Club	42:47	94	Michael Cunningham	V60 4	Manchester Harriers & Ac	50:11
31	Paul Calderbank	V45 14	Sale Harriers Manchester	42:56	95	Mark Wheelton	V45 30	Macclesfield Harriers & Ac	50:13
32	Peter Johnson	V40 12	St Helens Sutton Ac	42:59	96	\$John Purdy	V40 38	Rochdale Harriers & Ac	50:25
33	Steve Tate	V45 15	St Helens Sutton Ac	43:01	97	\$Darren Riley	V40 39	Unattached	50:32
34	Dave Keeling	V45 16	Trafford Athletic Club	43:03	98	Colin Rathbone	V60 5	Vale Royal Ac	50:34
35	Raph Murray	V50 5	Macclesfield Harriers & Ac	43:05	99	Tommy Daniels	V60 6	Salford Harriers	50:39
36	Bill Heaton	V40 13	Wilmslow Running Club	43:08	100	Anthony Ward	V45 31	Stockport Harriers & Ac	50:40
37	Philip Garside	V55 3	Swinton Running Club	43:27	101	Mark Wallwork	V45 32	Salford Metropolitan Ac	50:43
38	Graham Marsland	V40 14	Stockport Harriers & Ac	43:34	102	Chris Jones	V40 40	Salford Metropolitan Ac	51:24
39	David Ainsworth	V45 17	Altrincham & District Ac	43:35	103	Ian Welsh	V45 33	Mantriathlon	51:37
40	Paul Knowles	V45 18	Altrincham & District Ac	43:37	104	Andy Chalmers	V45 34	Mantriathlon	51:39
41	Duncan Drasdo	V40 15	Trafford Athletic Club	43:41	105	Andrew Evans	V45 35	Salford Metropolitan Ac	52:34
42	Paul Dalton	V40 16	E Cheshire H & Tameside Ac	43:43	106	Roland Bowness	V60 7	Salford Harriers	53:21
43	Dave Telford	V60 1	Altrincham & District Ac	43:45	107	Stefan Schumacher	V50 16	Sale Harriers Manchester	53:30
44	Gary Willcock	V45 19	Manchester Ymca Harriers	43:46	108	Dave Wood	V45 36	Manchester Harriers & Ac	53:45
45	Eddie Gilligan	V45 20	Manchester Ymca Harriers	43:48	109	John Pickup	V45 37	Swinton Running Club	53:50
46	Bill Fox	V50 6	Sale Harriers Manchester	43:52	110	Mark Hulme	V50 17	Salford Metropolitan Ac	53:53
47	Robert Wilson	V40 17	Mantriathlon	43:54	111	Howard Bamber	V50 18	E Cheshire H & Tameside Ac	54:26
48	Barry Blyth	V60 2	Macclesfield Harriers & Ac	43:56	112	Paddy Farrelly	V50 19	Salford Metropolitan Ac	54:34
49	Mike Cooper	V45 21	Wilmslow Running Club	43:59	113	Steve McCall	V45 38	Manchester Harriers & Ac	54:36
50	Francis Day	V55 4	E Cheshire H & Tameside Ac	44:01	114	John Davies	V60 8	Vale Royal Ac	54:43
51	Philip Holmes	V50 7	Manchester Harriers & Ac	44:10	115	Alan Romagnolo	V40 41	Sale Harriers Manchester	54:52
52	Michael Hibbert	V40 18	Manchester Harriers & Ac	44:15	116	David Shoesmith	V55 10	Macclesfield Harriers & Ac	54:56
53	Frank Cordingley	V45 22	Sale Harriers Manchester	44:18	117	Barry Guy	V55 11	Belle Vue Racers	55:05
54	David Southern	V50 8	Altrincham & District Ac	44:23	118	Tony Houghton	V45 39	Belle Vue Racers	55:13
55	John Murray	V40 19	Mantriathlon	44:25	119	Colin Timpson	V60 9	E Cheshire H & Tameside Ac	55:27
56	Paul Schofield	V40 20	Mantriathlon	44:28	120	Neil Atherton	V45 40	Manchester Ymca Harriers	55:37
57	Ian Smallwood	V45 23	Wilmslow Running Club	44:33	121	James Lambe	V45 41	Sale Harriers Manchester	55:38
58	Nigel Sedman	V40 21	Belle Vue Racers	44:38	122	David Okopochini	V40 42	Belle Vue Racers	55:59
59	Sean Cordell	V40 22	Salford Harriers	44:40	123	Steve Ingham	V50 20	Manchester Ymca Harriers	56:15
60	Mark Messenger	V40 23	Macclesfield Harriers & Ac	44:41	124	Chris Johnson	V60 10	E Cheshire H & Tameside Ac	57:06
61	Richard Thomas	V45 24	Macclesfield Harriers & Ac	44:47	125	Jon Paramor	V55 12	Manchester Ymca Harriers	57:11
62	Derek Hughes	V45 25	E Cheshire H & Tameside Ac	44:49	126	Kevin Egerton	V55 13	Belle Vue Racers	1:00:30
63	Jeff Norman	V60 3	Altrincham & District Ac	45:07	127	Bob Horrocks	V60 11	Middleton Harriers Ac	1:02:04
64	Denis Wharton	V50 9	St Helens Sutton Ac	45:19	128	Tony Thackery	V60 12	West Cheshire Athletic Club	1:02:29

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wilmslow Running Club	23 — 1 Malcolm Fowler	3 Rob Downs	5 Tom McGaff	14 Stuart Parrott
2 Altrincham & District Ac	43 — 2 Phil Nichol	8 Des Gibbons	13 Nick Burke	20 Dave Rudd
3 Trafford Athletic Club	66 — 6 Richard Byers	15 David Safranauskas	17 Vinny Booth	28 Mark Evans
4 E Cheshire H & Tameside Ac	96 — 7 Gary Matthews	21 Steven Robinson	26 Rick Smith	42 Paul Dalton
5 St Helens Sutton Ac	97 — 16 Ian White	24 Maurice Collins	25 Jim Crehan	32 Peter Johnson
6 Macclesfield Harriers & Ac	110 — 4 Tim Taylor	23 John Mooney	35 Raph Murray	48 Barry Blyth
7 Stockport Harriers & Ac	139 — 10 Kevin Garner	19 Len Best	38 Graham Marsland	72 Tim Edwards
8 Wilmslow Running Club 'B'	142 — 27 Ray Eagle	30 Steve Dempsey	36 Bill Heaton	49 Mike Cooper
9 Mantriathlon	170 — 12 Tim Johns	47 Robert Wilson	55 John Murray	56 Paul Schofield
10 Altrincham & District Ac 'B'	176 — 39 David Ainsworth	40 Paul Knowles	43 Dave Telford	54 David Southern
11 Manchester Ymca Harriers	184 — 11 Dave Garner	44 Gary Willcock	45 Eddie Gilligan	84 Michael Symons
12 Trafford Athletic Club 'B'	191 — 29 Paul Mannion	34 Dave Keeling	41 Duncan Drasdo	87 Robin Beaumont
13 Sale Harriers Manchester	201 — 31 Paul Calderbank	46 Bill Fox	53 Frank Cordingley	71 Timothy Rainey
14 Swinton Running Club	209 — 22 Steve Doxey	37 Philip Garside	67 Chris Lomax	83 Paul Rutherford
15 E Cheshire H & Tameside Ac 'B'	254 — 50 Francis Day	62 Derek Hughes	69 Phil Jacques	73 Paul Kenny
16 Manchester Harriers & Ac	303 — 51 Philip Holmes	52 Michael Hibbert	94 Michael Cunningham	106 Dave Wood
17 Salford Harriers	326 — 59 Sean Cordell	66 Dave Shaw	97 Tommy Daniels	104 Roland Bowness
18 Macclesfield Harriers & Ac 'B'	330 — 60 Mark Messenger	61 Richard Thomas	95 Mark Wheelton	114 David Shoesmith
19 Sale Harriers Manchester 'B'	336 — 79 John Battersby	80 Chris Bratt	86 Jerry Smith	91 Fechin McCormick
20 Belle Vue Racers	350 — 58 Nigel Sedman	88 Ged Carney	89 Tom Snaith	115 Barry Guy
21 Salford Metropolitan Ac	395 — 93 Jack Carney	99 Mark Wallwork	100 Chris Jones	103 Andrew Evans
22 Manchester Ymca Harriers 'B'	447 — 85 Steve Symons	118 Neil Atherton	121 Steve Ingham	123 Jon Paramor