

The Manchester Sizzlers at Sale on Thursday 28th June 2007

Sizzler — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time				
1	Carl Hardman		Salford Harriers	15:11	85	Graham Screann	Unattached	19:29
2	Colin Rigby		Horwich R M I Harriers	15:51	86	Sarah Lomas	L 11 Stockport Harriers & Ac	19:30
3	Mike Hatch		Sale Harriers Manchester	15:57	87	Angus Robinson	V40 20 Gt Manchester Fire Service Aa	19:31
4	Robert Flannery		Sale Harriers Manchester	16:05	88	Gareth Woodcock	Lancaster & Morecambe Ac	19:32
5	Simon Bruton		Raddcliffe Ac	16:07	89	Peter Maher	V50 7 Vale Royal Ac	19:36
6	Andrew Blair		Sale Harriers Manchester	16:15	90	Ian Johnson	V50 8 Salford Harriers	19:36
7	Stuart Doyle		Vale Royal Ac	16:16	91	William Prout	U8 1 Salford Metropolitan Ac	19:36
8	Kieran White		Unattached	16:18	92	Damian Jones	Unattached	19:38
9	David Lockett	V40 1	Salford Harriers	16:22	93	Julian Spencer	V40 21 Spectrum Striders	19:38
10	David Howlett	JM 1	Sale Harriers Manchester	16:25	94	Andy Farley	V40 22 E Cheshire H & Tameside Ac	19:40
11	Mike Shaw	V40 2	Stockport Harriers & Ac	16:27	95	David Honour	Unattached	19:41
12	Colin Gell		Sale Harriers Manchester	16:27	96	Mark Widdup	V40 23 Rochdale Harriers & Ac	19:47
13	Paul Backhouse		E Cheshire H & Tameside Ac	16:31	97	Ken Burgess	V60 2 Altrincham & District AC	19:47
14	Daniel Vaughan	V40 3	E Cheshire H & Tameside Ac	16:41	98	David Jackson	V40 24 Northern Veterans Ac	19:51
15	Stuart Heaton		E Cheshire H & Tameside Ac	16:49	99	Timothy Rainey	V40 25 Sale Harriers Manchester	19:52
16	David Gee	V50 1	Manchester Harriers & Ac	16:51	100	Anne Pugh	L50 2 Altrincham & District AC	19:54
17	Chris Heys		Sale Harriers Manchester	16:54	101	Graham Harrison	Unattached	19:56
18	Carl Price	V50 2	Swinton Running Club	16:59	102	Paul Wright	V40 26 Manchester Tri Club	20:07
19	Adrian Fuller		Altrincham & District AC	17:04	103	Sergey Ryabov	V50 9 Vale Royal Ac	20:09
20	Darren Cottier		Vale Royal Ac	17:07	104	Nigel Sedman	V40 27 Belle Vue Racers	20:10
21	Konrad Steinert		Manchester Harriers & Ac	17:08	105	Mark Ferns	V40 28 Sale Harriers Manchester	20:10
22	Gary Rowlinson	V40 4	Sale Harriers Manchester	17:16	106	Derek Walton	V60 3 Altrincham & District AC	20:10
23	Mark Dodd		Ellesmere Port	17:19	107	Katie Ireland	LJ 1 Rossendale Harriers & Ac	20:11
24	Jonathan Prideaux		Leeds City Athletic Club	17:21	108	Jerry Smith	V50 10 Chorlton Runners	20:11
25	Ian Jackson		Salford Harriers	17:23	109	Andrew Papworth	Unattached	20:12
26	Frank Cordingley	V40 5	Sale Harriers Manchester	17:25	110	Steve Gibbons	V40 29 Unattached	20:12
27	David Livingstone		Altrincham & District AC	17:25	111	Kevin Connelly	Unattached	20:13
28	Mark Norton		Altrincham & District AC	17:29	112	Alison Vesey	L 14 Altrincham & District AC	20:13
29	G Murphy	L 1	Sale Harriers Manchester	17:32	113	Ben Lupton	V40 30 Unattached	20:14
30	Lee Woods		Sale Harriers Manchester	17:32	114	Carol Wolstenholme	L60 1 Hallamshire Harriers Sheffield	20:14
31	Tessa Walker	L 2	Salford Harriers	17:36	115	Adam Barker	Unattached	20:15
32	Sean McMyler	V40 6	Salford Harriers	17:42	116	Tom Daniels	V50 11 Salford Harriers	20:15
33	Gavin Browne	JM 2	E Cheshire H & Tameside Ac	17:49	117	Gary Coxon	V50 12 E Cheshire H & Tameside Ac	20:16
34	James Corden		Stockport Harriers & Ac	17:53	118	Tristan Pocock	Dragons Running Club (sale)	20:19
35	Mark Seed	V40 7	Salford Harriers	17:55	119	Stuart Mairs	Salford Metropolitan Ac	20:19
36	Andrew Yates	V40 8	Sale Harriers Manchester	17:56	120	Darren Tyldesley	V40 31 Unattached	20:20
37	Ben Beleman		Wigan Phoenix	17:57	121	John Matson	V40 32 Unattached	20:22
38	Kristian Robinson		Rochdale Harriers & Ac	18:02	122	Stephen Wright	Unattached	20:28
39	Andrew Whittingham		Altrincham & District AC	18:02	123	Chris Yiani	V40 33 Belle Vue Racers	20:34
40	Anthony Sheldon		Unattached	18:03	124	Dave Pearson	V50 13 Lostock Ac	20:34
41	James Lewis		Sale Harriers Manchester	18:05	125	Alan Burton	Unattached	20:37
42	Michael Garside		Staffs Moorlands AC	18:07	126	David Ashton	Unattached	20:39
43	Michael Hibbert	V40 9	Manchester Harriers & Ac	18:08	127	Jon Wood	Unattached	20:39
44	Louise Rudd	L 3	Unattached	18:14	128	Su Calvert	L 16 Dragons Running Club (sale)	20:40
45	Neil Walker		Manchester Harriers & Ac	18:15	129	Nigel Fielden	V50 14 Sale Harriers Manchester	20:40
46	Ben Liu		Newcastle (staffs)	18:16	130	Chris Chandler	Unattached	20:49
47	Sue Becconsall	L40 1	Bingley Harriers & Ac	18:17	131	Warren Bowden	V40 34 Sale Harriers Manchester	20:54
48	Rachael Moore	L 5	Wigan Phoenix	18:20	132	Jason Land	Unattached	20:56
49	David Williams	V40 10	Salford Harriers	18:20	133	Tony Collier	V50 15 Styal Running Club	20:58
50	Michael Taggart	V40 11	Unattached	18:20	134	Michael Gubbins	Hyde Village Striders Rc	21:00
51	Chris Floyd		Unattached	18:22	135	Brian Manchester	Unattached	21:00
52	James Hart		Salford Metropolitan Ac	18:24	136	Robert Kellett	V40 35 Royton Road Runners	21:05
53	Andrew Taylor		Horwich R M I Harriers	18:24	137	Patrick Graham	Unattached	21:07
54	Andy Oldham		Stockport Harriers & Ac	18:33	138	Joanne Street	L 17 Sale Harriers Manchester	21:07
55	Colin Hammond	V40 12	Unattached	18:34	139	Barrie Ainscow	V40 36 Dragons Running Club (sale)	21:08
56	Andrew McDougall		Unattached	18:35	140	Duncan Drasdo	V40 37 Trafford Athletic Club	21:08
57	Chris Lomax		Swinton Running Club	18:37	141	Ben Gibbins	JM 3 Unattached	21:09
58	Toni McIntosh	L 6	Stockport Harriers & Ac	18:42	142	Stefan Schumacher	V50 16 Sale Harriers Manchester	21:09
59	Matthew Hargreaves		Unattached	18:44	143	Mark Land	Unattached	21:10
60	Aron Myers		Sale Harriers Manchester	18:44	144	Jason Mayoh	Unattached	21:10
61	Maria Lowe	L 7	Salford Harriers	18:48	145	Lois Brooks	L 18 Stockport Harriers & Ac	21:11
62	Dan Brooks		Altrincham & District AC	18:49	146	Jane Britton	L 19 Salford Harriers	21:15
63	Janette Stevenson	L50 1	Falkirk Victoria Harriers	18:50	147	Timothy Warn	V50 17 United Utilities Harriers	21:22
64	David Telford	V50 3	Altrincham & District AC	18:51	148	John Purdy	V40 38 Rochdale Harriers & Ac	21:22
65	Keith Hatton	V40 13	Liverpool Harriers & Ac	18:52	149	Dave Farmer	V60 4 Sale Harriers Manchester	21:24
66	Kevin Brydon		Manchester University	18:54	150	John Starbuck	V40 39 Salford Harriers	21:24
67	Philip Omorere	V40 14	Belle Vue Racers	18:55	151	Vicki Robinson	L 20 Stockport Harriers & Ac	21:25
68	Mike Smith	V60 1	Bingley Harriers & Ac	18:57	152	Mary Taverner	L40 2 Vale Royal Ac	21:26
69	Dale Chadwick	V40 15	Belle Vue Racers	18:59	153	John Delany	V60 5 Stockport Harriers & Ac	21:33
70	John Battersby	V40 16	Sale Harriers Manchester	18:59	154	Ray Dalby	V50 18 Rochdale Harriers & Ac	21:35
71	John Parrott	V50 4	Stockport Harriers & Ac	18:59	155	Mark Chidgey	Stockport Primary Care Trust R	21:37
72	Paul Leary	V40 17	Rochdale Harriers & Ac	19:05	156	Geoffrey Beattie	V50 19 Sale Harriers Manchester	21:37
73	Brian Moore	V40 18	Rochdale Harriers & Ac	19:06	157	Lucy Hickey	L40 3 Trafford Athletic Club	21:44
74	James Darvey		Unattached	19:07	158	Paul Hargreaves	V40 40 Unattached	21:45
75	Beverley Jenkins	L 9	Salford Harriers	19:08	159	Andrew Dooley	V40 41 Styal Running Club	21:46
76	Chris Hibbert		Manchester Harriers & Ac	19:09	160	Tracy Ireland	L40 4 Rossendale Harriers & Ac	21:47
77	Jon Sargeant	V40 19	Belle Vue Racers	19:12	161	David Bunyan	V40 42 Hyde Village Striders Rc	21:48
78	Mike Jones	V50 5	Altrincham & District AC	19:16	162	Sarah Russ	L 24 Salford Harriers	21:49
79	Stan Curran	V50 6	Salford Harriers	19:17	163	Dean Preston	JM 4 Unattached	21:50
80	Mark Roper		Unattached	19:17	164	Gabrielle Pickard	L 25 Unattached	21:51
81	Shane Wolstencroft		Salford Metropolitan Ac	19:23	165	Cara Kavanagh	L 26 Manchester Harriers & Ac	21:52
82	Andrew Mooney		Unattached	19:23	166	Denise Wakefield	L50 3 Horwich R M I Harriers	21:54
83	Estelle Malm	L 10	Salford Harriers	19:27	167	Neil Smitham	V40 43 Gt Manchester Police Ac	21:55
84	Newman		Unattached	19:29	168	Jacqueline Redmayne	L 28 Chorley Harriers	21:58

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169	Ant Waters	V40 44	Unattached	22:02	260	Ian Newlett	Unattached	25:31
170	Adam Reid		Unattached	22:03	261	Sally Watson	L 65 Unattached	25:34
171	David Booth		Unattached	22:05	262	Kate Fowles	L 66 Unattached	25:35
172	Anthony Brown		Gateshead Harriers & Ac	22:06	263	David Maddison	Unattached	25:36
173	Graham Preston	V40 45	Unattached	22:08	264	Tony Totham	V45 1 Chorley Harriers	25:38
174	Alan Jenkinson	V50 20	Styal Running Club	22:09	265	Steve Bassam	Unattached	25:41
175	Paul Williams		Unattached	22:11	266	Nigel Miligan	Unattached	25:41
176	Carole Harrison	L40 5	Unattached	22:13	267	Gillian Doolan	L 67 Unattached	25:43
177	Tom Johnston		Unattached	22:15	268	Philip McCann	V50 29 Stockport Harriers & Ac	25:46
178	Thomas Lavender		Unattached	22:18	269	Scott Ellis	Unattached	25:48
179	John Adams	V40 46	Unattached	22:20	270	Brian Higgins	V50 30 Styal Running Club	25:50
180	Robert Buckley	V50 21	Altrincham & District AC	22:22	271	Luisa Giordiano	L 68 Winston Runners	25:51
181	Aidan Thomas	V40 47	Styal Running Club	22:23	272	Michael Holt	V40 59 Unattached	25:51
182	Michael Gordon		Unattached	22:24	273	Ken Fox	V50 31 Unattached	25:54
183	Kirstin Johnson	L 30	Rochdale Harriers & Ac	22:25	274	Aileen Davidson	L 69 Unattached	25:56
184	David Gill		Sale Harriers Manchester	22:26	275	Wanda Canning	L50 5 Unattached	25:58
185	Richard Broster		Sale Harriers Manchester	22:28	276	Janet Screann	L40 18 Unattached	25:59
186	Richard Lawson	V60 6	Clayton Le Moors Harriers	22:30	277	Jennifer Cordingley	LJ 2 Sale Harriers Manchester	26:00
187	Duncan Astle		Unattached	22:30	278	Nicola Johnson	L 73 Unattached	26:01
188	Tim Criddle	V40 48	Unattached	22:30	279	Andy Ross	Gt Manchester Police Ac	26:01
189	Maryte Moore	L40 6	Stockport Harriers & Ac	22:31	280	R Myers	V50 32 Unattached	26:04
190	Jonathan Clarke		Styal Running Club	22:33	281	Gary Myers	Unattached	26:06
191	Steve Townsley		Unattached	22:34	282	Paula Wheeler	L 74 Unattached	26:06
192	Kirsty Read	L 32	Fitness First Gorton Running C	22:36	283	Sherali Khan	Unattached	26:07
193	Stuart Adamson		Horwich R M I Harriers	22:38	284	Badshah Khna	Unattached	26:10
194	Charles Lowthian	V40 49	Styal Running Club	22:40	285	David Wright	V40 60 Unattached	26:14
195	Cioli Kemper	L 33	Unattached	22:42	286	Joanne Owen	L40 19 Unattached	26:14
196	Dave Drabble	V40 50	Unattached	22:45	287	Jane Abbott	L40 20 Unattached	26:19
197	Jamie Barry		Unattached	22:46	288	Lee Ramsden	Hyde Village Striders Rc	26:20
198	Nicholas Ham	L40 7	Stockport Harriers & Ac	22:48	289	Hayley Goddard	LJ 3 Chorlton Runners	26:38
199	Sally Johnston	L40 8	Unattached	22:49	290	Richard Ingram	Unattached	26:43
200	Joe Graham		Unattached	22:51	291	Isaac Harari	Unattached	26:46
201	Simon Gray		Unattached	22:53	292	Simon Howles	Unattached	26:47
202	Sarah Turrell	L 36	Sale Harriers Manchester	22:55	293	Colin Webb	V60 11 Unattached	26:53
203	Paul Seymour	V40 51	Unattached	22:57	294	Sharon Holt	L 78 Unattached	26:59
204	Ian Johnston	V40 52	Unattached	22:59	295	Janet Bunyan	L40 21 Hyde Village Striders Rc	26:59
205	Anna Bergstrom	L 37	Manchester Tri Club	23:01	296	Michael Hayes	L 80 Unattached	26:59
206	Kelly Percival	L 38	Hyde Village Striders Rc	23:03	297	Victoria Barker	L 81 Unattached	27:03
207	Stephen Cannon		Unattached	23:05	298	Sarah Webb	L40 22 Unattached	27:07
208	Diane Winterburn	L40 9	Rochdale Harriers & Ac	23:05	299	Debbie Barlow	L 83 Unattached	27:13
209	Steve Burgess		Unattached	23:13	300	Julia Stratford	L40 23 Unattached	27:25
210	David Sinnott	V50 22	Saddleworth Runners Club	23:13	301	Cherry Collison	L 85 Lostock Ac	27:37
211	Andrew Mackie	V40 53	Salford Metropolitan Ac	23:14	302	Louise Hadcroft	L 86 UK Netrunner	27:42
212	Rebecca Easthope	L 40	Unattached	23:22	303	Sue Goddard	L40 24 Chorlton Runners	27:44
213	Matthew Thomas		Unattached	23:25	304	Michael Gilbert	V60 12 Liverpool Harriers & Ac	27:48
214	Karen Sheen	L40 10	Sale Harriers Manchester	23:27	305	Margaret Smith	L50 6 Chapel Allerton Road Runners	27:50
215	Roy Baxter		Salford Metropolitan Ac	23:29	306	Antony Alton	Unattached	27:51
216	Helen Todd	L50 4	Stockport Harriers & Ac	23:30	307	Lara Pugh	L 89 Unattached	27:59
217	Jo Racle	L40 11	Unattached	23:34	308	Jane Lamont	L 90 Unattached	28:01
218	Jerry Lawson	V50 23	Tamworth AC	23:35	309	Janet Barker	L40 25 Rochdale Harriers & Ac	28:03
219	Amie Allen	L 44	Manchester Harriers & Ac	23:36	310	Gareth Wilson	Unattached	28:04
220	Matthew Hussey		Manchester Tri Club	23:37	311	Chris Rogers	V40 61 Unattached	28:05
221	Deborah Beresford	L40 12	Manchester Harriers & Ac	23:38	312	Alison Fitzpatrick	L 92 Oldham & Royton H & Ac	28:07
222	Stuart Davey		Unattached	23:39	313	John Lyons	V40 62 Unattached	28:07
223	George Lawson	V60 7	Manchester Harriers & Ac	23:41	314	Alan Leonard	Unattached	28:08
224	Steven Johnson	V40 54	Stockport Harriers & Ac	23:42	315	Sandie Townsley	L 93 Unattached	28:10
225	Ian Storer		Unattached	23:43	316	Carl Gannon	V40 63 Unattached	28:12
226	Maggie Jones	L40 13	Altrincham & District AC	23:44	317	Jenny Miles	L 94 Chorlton Runners	28:14
227	John Riley	V60 8	Northern Veterans Ac	23:48	318	Paul Hayhurst	Unattached	28:15
228	Michael Valentine	V50 24	Unattached	23:49	319	Heather Cairns	L 95 Stockport Harriers & Ac	28:15
229	Mark Anderson		Dragons Running Club (sale)	23:50	320	Clare Welch	L40 26 Manchester Tri Club	28:33
230	Trevor Stratford	V40 55	Unattached	23:53	321	Arthur Walsham	V60 13 Salford Harriers	28:35
231	Fergus Green		Unattached	23:58	322	Tom Rimm	Unattached	28:43
232	Victoria Buckley	L40 14	Stockport Harriers & Ac	23:59	323	Pauline Smith	L50 7 Bingley Harriers & Ac	28:47
233	Jenny Kinnaird	L 48	Stockport Harriers & Ac	24:02	324	Dave Jones	V40 64 Unattached	28:48
234	Jenny Clink	L 49	Sale Harriers Manchester	24:03	325	Sarah Manning	L 98 Unattached	28:48
235	Darren Burns	V40 56	Unattached	24:05	326	Matthew Rowlinson	Unattached	28:49
236	Greg Houghton	V40 57	Hyde Village Striders Rc	24:06	327	Jo Christopher	L 99 Unattached	28:51
237	Louise Chapman	L 50	Unattached	24:08	328	Don George	V60 14 Sale Harriers Manchester	29:00
238	Laura Pilley	L 51	Dragons Running Club (sale)	24:10	329	John Sorriento	V40 65 Hyde Village Striders Rc	29:01
239	Derek Howarth	V60 9	Leigh Harriers & Ac	24:10	330	Keith Crosby	V60 15 Sale Harriers Manchester	29:08
240	Joanne Brown	L 52	Manchester Harriers & Ac	24:11	331	Kevin Hodgkinson	V40 66 Hyde Village Striders Rc	29:34
241	Lynne Yates	L40 15	Sale Harriers Manchester	24:16	332	Carolyn Watts	L 100 Unattached	29:39
242	Jan O'Rafferty	L40 16	Sale Harriers Manchester	24:19	333	Prue Yeoman	L 101 Unattached	29:44
243	Apul Battersby	V50 25	Vale Royal Ac	24:25	334	Rachel Hurns	L 102 Unattached	29:46
244	Sally Gubbins	L 55	Hyde Village Striders Rc	24:26	335	Donald Bramwell	V60 16 Northern Veterans Ac	29:46
245	Claire Churchill	L 56	Unattached	24:28	336	Liz Brooks Allen	L 103 Unattached	29:48
246	Sarah Dutton	L40 17	Unattached	24:39	337	Jill Dearden	L 104 Gt Manchester Police Ac	29:48
247	John Smith	V50 26	Sale Harriers Manchester	24:41	338	Julie Stinson	L 105 Unattached	29:49
248	Morna Maines	L 58	Mossley Hill	24:44	339	James Keenan	Unattached	29:50
249	Caroline Williams	L 59	Unattached	24:45	340	Lisa Murphy	L 106 Unattached	29:51
250	Ian Hobbs	V50 27	Sale Harriers Manchester	24:50	341	Debbie Garside	L 107 Unattached	29:52
251	Louise Breed	L 60	Unattached	24:52	342	Valerie Lawson	L60 3 Clayton Le Moors Harriers	29:53
252	Sid Bailey	V50 28	Deestriders	25:02	343	Jane Jackson	L40 27 Northern Veterans Ac	29:54
253	Leslie Jackson	V60 10	Clayton Le Moors Harriers	25:03	344	Alison Neild	L 110 Unattached	29:55
254	Claire Bennett	L 61	Unattached	25:10	345	Louisa Prest	L 111 Unattached	29:56
255	Victoria Healey	L 62	Stockport Harriers & Ac	25:11	346	Ruth Evans	L 112 Unattached	29:57
256	Jackie Bradley	L 63	Unattached	25:14	347	Jennifer Pan	L 113 Unattached	30:01
257	Jonathan Wood		Unattached	25:17	348	Gill Dickinson	L40 28 Stockport Primary Care Trust R	30:05
258	Steven Milnes	V40 58	Unattached	25:20	349	Nicola Roe	L40 29 Unattached	30:09
259	Brenda Robinson	L60 2	Rochdale Harriers & Ac	25:22	350	Richard Lord	Unattached	30:12

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351	Louise Lomas	L 116	Unattached	30:14	377	John Wadsworth	V40 67	Unattached	32:36
352	Hiren Patel		Unattached	30:14	378	Sue Henshall	L40 38	Unattached	32:41
353	Julie Holland	L40 30	Unattached	30:19	379	Victoria Catlow	L 141	Unattached	32:47
354	Garnet Fazackerley	L40 31	Unattached	30:19	380	Bernice Totham	L50 12	Northern Veterans Ac	32:53
355	Emma Gostling	L 119	Unattached	30:25	381	Amanda Bostock	L40 39	Unattached	32:53
356	Liz French	L 120	Unattached	30:26	382	Alison Campbell	L 144	Unattached	32:58
357	Elisabeth Durn	L 121	Unattached	30:30	383	Desmond Campbell	V50 34	Unattached	32:58
358	Caroline Sorriento	L40 32	Hyde Village Striders Rc	30:44	384	Caroline Hinchliffe	L40 40	Unattached	33:00
359	Jacqueline Terry	L 123	Unattached	30:59	385	Lynn Jones	L50 13	Unattached	33:21
360	Helen Shepherd	L50 8	Unattached	31:12	386	Susan Flint	L50 14	Hyde Village Striders Rc	33:30
361	Draga Grizels	L40 33	Unattached	31:12	387	Julie Rushworth	L40 41	Hyde Village Striders Rc	33:32
362	Joanna Booth	L 126	Unattached	31:13	388	Jackie Gurrie	L40 42	Unattached	33:32
363	J Leather	L40 34	Unattached	31:15	389	Anna Coles	L 150	Unattached	33:33
364	Emma Woodward	L 128	Unattached	31:23	390	Charlotte Eastman	L 151	Unattached	33:33
365	Victoria Rogers	L 129	Unattached	31:23	391	Elaine Percival	L50 15	Hyde Village Striders Rc	34:09
366	Lesley Lawson	L50 9	Legal & General AC	31:24	392	Sue Welbourn	L50 16	Unattached	35:11
367	Hannah Rogers	L40 35	Unattached	31:25	393	Tracey Ball	L40 43	Unattached	35:28
368	Jolan Sulinski	L 132	Manchester Frontrunners	31:30	394	Cuhana Mortadir	LJ 4	Unattached	36:44
369	Margaret Carleton	L50 10	Winston Runners	31:38	395	Nadia Ali	LJ 5	Unattached	36:44
370	Susan Burrow	L50 11	Hyde Village Striders Rc	31:39	396	Resma Patel	L 157	Bolton United Harriers & Ac	37:00
371	Nicola Fletcher	L 135	Unattached	31:39	397	Katrina Wilkinson	L50 17	Bolton United Harriers & Ac	37:00
372	Christine Law	L40 36	Unattached	31:46	398	Jennifer Smith	L60 4	Unattached	37:26
373	Jacqueline Gumbley	L 137	Unattached	31:46	399	M Ashworth March	L 160	Unattached	41:06
374	Clare Convery	L 138	Unattached	31:56	400	Kerry Schumacker	L 161	Unattached	42:58
375	John O'Brien	V50 33	Manchester Harriers & Ac	32:09	401	D Attiwell	V60 17	Altrincham & District AC	42:58
376	Clare Smith	L40 37	Unattached	32:24					