

The Nick Beer 10k Road Race

at Llandudno on Sunday 11th February 2007

Nick Beer 10k — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Luke Northall		Tipton Harriers	33:28	86	Robert Hind	V50 6	Unattached	43:52
2	Ben Gamble		Stone Master Marathoners	33:32	87	Paul Jones		Eryri Harriers	43:56
3	Rob Samuel		Bangor Uni	33:51	88	Keith Elliott	V45 14	Abergele Harriers	43:58
4	Matt Cullen		St Helens Sutton	34:19	89	Gwyn Jones	V40 13	David Lloyd	43:59
5	Richard Roberts		Eryri Harriers	34:26	90	Robert Armstrong		Eryri Harriers	44:00
6	Harry Jones	JM 1	Colwyn Bay Athletic Club	35:28	91	Paul Buoye		Unattached	44:07
7	Paul Wathan	JM 2	Eryri Harriers	35:34	92	Alison Tickner	L35 4	Oswestry Olympians	44:11
8	Mike Weedall	V50 1	Wrexham	35:36	93	Richard Eyre		Unattached	44:12
9	John Earlston	V45 1	Abergele Harriers	35:42	94	Ryan Davies		Unattached	44:13
10	Iwan Norton		Eryri Harriers	36:32	95	Ian Williams	V45 15	Cybi Striders	44:21
11	Sean McCormack	V40 1	Abergele Harriers	36:49	96	Tim Jenkins	V40 14	Unattached	44:23
12	James McQueen		Eryri Harriers	37:00	97	Paul Tye	V45 16	Unattached	44:24
13	Vincent Edwards		Unattached	37:22	98	Ben JacksRobson		Unattached	44:25
14	Andrew Davies		Stourbridge RC	37:35	99	A Smith-O'Shea		Unattached	44:34
15	Richard Williams		Eryri Harriers	37:38	100	Steven Roberts	V40 15	Unattached	44:38
16	Steven McCormack	U18 1	Abergele Harriers	37:43	101	Steve Hughes	V40 16	Unattached	44:38
17	Richard Watson		Colwyn Bay Athletic Club	37:55	102	Joanna Bleakley	L 7	Stockport Harriers & Ac	44:40
18	Nigel Haskins	V40 2	Unattached	37:59	103	Andrew Huxley		Unattached	44:41
19	Dewi Roberts		Bro Dysynni AC	38:07	104	Earl Goodall		Village Road Runners	44:44
20	Michael Jones		Buckley Runners	38:11	105	Liz Thornton	L45 1	Liverpool Running Club	44:46
21	Paul Aird	V45 2	Last Inn Runners	38:18	106	Carl Stoneley	V40 17	Unattached	44:49
22	Paul Stimson		Buckley Runners	38:20	107	Duncan Jones	V45 17	Denbigh Harriers	44:50
23	David Williams	V40 3	Salford Harriers#	38:24	108	John Walker	V40 18	Nwrrc	44:51
24	Paul Howarth	V40 4	Clwydian Range Runners	38:34	109	Joseph McKeown	V40 19	Unattached	44:56
25	Lynne Wright	L35 1	Unattached	38:45	110	Richard Scamans		Unattached	44:57
26	David Nolan		Nwrrc	38:52	111	Wendy Trimbel	L 9	Unattached	44:58
27	Arwel Lewis	V45 3	Eryri Harriers	38:54	112	Andrew Pugh	V40 20	Unattached	45:04
28	Simon Edwards		Buckley Runners	39:05	113	Stuart Hancock		Unattached	45:06
29	Paul Evans		Wrccsam Tri	39:29	114	Richard Clee		Unattached	45:09
30	David Pryce	V40 5	Colwyn Bay Athletic Club	39:35	115	Kevin Williams		Unattached	45:10
31	George Nicholls		Prestatyn RC	39:37	116	Gareth Hughes	V60 3	Prestatyn RC	45:13
32	Anna Bartlett	L35 2	Shrewsbury AC	39:43	117	Simon Leeson	V45 18	Unattached	45:15
33	Carmen Anthony	L 3	Belle Vue Racers	39:58	118	Keith Craig	V40 21	Littlewoods RC	45:18
34	Steve Broadfoot	V45 4	Northern Vets AC	40:14	119	Ian Rothery	V50 7	Cybi Striders	45:21
35	S Butterworth		Eryri Harriers	40:15	120	Kevin Higgins	V45 19	Unattached	45:22
36	Isabel Redfern	L 4	Colwyn Bay Athletic Club	40:20	121	Nic Pugh		Unattached	45:23
37	Ian Price	V40 6	Stourbridge RC	40:23	122	Tony Davies	V40 22	Unattached	45:26
38	Arfon Owen	V40 7	Cybi Striders	40:28	123	Clifford Wigzell		Unattached	45:27
39	Alan Pitchford	V55 1	Unattached	40:29	124	Helen Macarthur	L35 5	Colwyn Bay Athletic Club	45:28
40	Clifford Evans	V45 5	Aberystwyth University	40:31	125	Robert Spotswood	V45 20	Abergele Harriers	45:31
41	Chris Coppenhall	JM 3	Sandbach Striders	40:34	126	Desmond Rothery		Cybi Striders	45:33
42	Donald Williams	V60 1	Eryri Harriers	40:52	127	Graham Howell	V55 6	Liverpool Harriers	45:34
43	Simon Grant	JM 4	Abergele Harriers	41:02	128	Storm Bate	V40 23	Unattached	45:35
44	Dave Haden	V40 8	Stourbridge RC	41:05	129	J HughesRoberts	V45 21	Prestatyn RC	45:39
45	Martyn Green		Nwrrc	41:10	130	Debbie Kirkman	L35 6	Unattached	45:40
46	Darren Williams		Unattached	41:14	131	David Owen	V40 24	Unattached	45:41
47	David Bewley	V55 2	Unattached	41:20	132	Gwydion Evans		Unattached	45:46
48	Tony Hodgson	V55 3	Meirionnydd RC	41:24	133	Keith Humphreys	V45 22	Denbigh Harriers	45:47
49	Simon Barker		Unattached	41:32	134	Gwennan Henstock	L 12	Unattached	45:49
50	John Donaldson	V45 6	Unattached	41:33	135	Ryan Howard		Unattached	45:51
51	Paul Marlow	V40 9	Liverpool Running Club	41:45	136	John Houghton	V45 23	Warrington Road Runners	45:55
52	Adrian Brown		Unattached	41:49	137	Sheila Bickerton	L50 1	South Cheshire Harriers	45:59
53	Iolo Jones	V40 10	Eryri Harriers	41:51	138	Gwynfor Owen	V50 8	Unattached	46:01
54	Russell Eaton		Unattached	41:55	139	David Holmes		Unattached	46:02
55	Jac Hughes	U18 2	Unattached	41:58	140	Kevin Chivers	V55 7	Unattached	46:03
56	Stuart Jones		Unattached	42:03	141	Mary Taverner	L45 2	Vale Royal AC	46:04
57	Gerard McTague		Liverpool Harriers	42:04	142	Ryan McMullan		Unattached	46:06
58	Paul Ballinger	V45 7	Denbigh Harriers	42:13	143	Paul Johansen	V40 25	Unattached	46:07
59	Keith Large		Unattached	42:17	144	Tony Man		Penny Lane Striders	46:11
60	Ian McNeill	V45 8	Penny Lane Striders	42:22	145	Phil Jones	V60 4	Unattached	46:13
61	Stephen O'Neill	V55 4	Unattached	42:26	146	Tracey Williams	L40 1	Denbigh Harriers	46:15
62	Neil Hindle	V50 2	Unattached	42:26	147	Mark Hobson		Unattached	46:18
63	Aaron Aspinall		Prestatyn RC	42:27	148	Simon Watson		Unattached	46:20
64	Alan Cawley	V45 9	Nwrrc	42:29	149	Richard Borne		Unattached	46:23
65	Duncan Quincey		Unattached	42:33	150	Alison Cooke	L45 3	Hereford Couriers	46:24
66	Andrew Waring	V50 3	Birkenhead AC	42:51	151	Michael Long	V40 26	Unattached	46:25
67	Lifon Foulkes		Eryri Harriers	42:53	152	Robert Mandley		Unattached	46:27
68	Ashley Wager	V45 10	Eryri Harriers	42:56	153	Ali Lewis	L35 7	Wirral Ac	46:28
69	D Booth-Taylor		Unattached	43:01	154	Roger Sandland	V65 1	Telford AC	46:30
70	Billy Stott		Unattached	43:02	155	Daniel Burford		Unattached	46:33
71	Jon Hawker	V40 11	Ellesmere Port RC	43:03	156	Barrie Jackson	V65 2	Bro Dysynni AC	46:34
72	Clive Baggaley	V60 2	Uttoxeter Road Runners	43:10	157	Nicola Davies	L 18	Stourbridge RC	46:35
73	Robert Warrenger	V45 11	Unattached	43:12	158	Noel Culseldine		Village Road Runners	46:36
74	Robert Aldcroft	V55 5	Village Road Runners	43:14	159	Keith Robins	V50 9	Unattached	46:38
75	Peter Carpenter	V45 12	Unattached	43:15	160	Alan Williams	V45 24	Unattached	46:41
76	David Biddle	V45 13	Unattached	43:16	161	Rachel Lloyd	L35 8	Wrexham	46:42
77	Graham Davies	V40 12	Unattached	43:18	162	Rebecca Law	L 20	Bangor Uni	46:43
78	David McGrath	V50 4	South Cheshire Harriers	43:22	163	Paul Owen		Unattached	46:44
79	Llyr Emanuel		Unattached	43:23	164	Anne Budenberg	L40 2	Vale Royal AC	46:46
80	C Earing		Unattached	43:25	165	David Kirkham	V55 8	Cybi Striders	46:48
81	Alexander Marks	JM 5	Village Road Runners	43:27	166	Mike Cutler	V45 25	South Cheshire Harriers	46:50
82	Ashley Cooke	V50 5	Hereford Couriers	43:31	167	Richard Adamson	V40 27	Unattached	46:57
83	Paula Jones	L35 3	Unattached	43:35	168	Sharon Jones	L40 3	David Lloyd	46:58
84	Dean Longley		Unattached	43:43	169	Peter Doyle	V40 28	Littlewoods RC	46:59
85	Simon Matthews		Unattached	43:49	170	Peter Smith	V40 29	Abergele Harriers	47:00

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

171	Andy Woodward		Unattached	47:06	262	Bryan Bridges	V40 44	Telford AC	50:55
172	Arwel Jones	V40 30	Unattached	47:10	263	David Meech	V50 14	Unattached	50:56
173	Patrick Henley	V60 5	Liverpool Harriers	47:11	264	Sarah Bayliss	L35 9	Denbigh Harriers	50:58
174	Martin Aldrich		Unattached	47:12	265	Jack Bradley	V40 45	Nwrrc	51:02
175	Shaun Dutton		Unattached	47:15	266	Idris Jones	V45 39	Unattached	51:03
176	Peter Elliott	V45 26	Pensby Runners Club	47:17	267	Jayne Lomax	L35 10	Vale Royal AC	51:08
177	Rebecca Milne	L 23	Bangor Uni	47:19	268	Fiona Hamilton	L 41	Unattached	51:10
178	Deborah Clift	L40 4	Abergele Harriers	47:22	269	Thomas Richards	JM 8	Unattached	51:11
179	Janet Frost	L40 5	Chester Tri Club	47:24	270	Zoe Hancock	L 42	Deeside Acc	51:16
180	N Mackarel	V40 31	Unattached	47:25	271	Ian Booth	V55 12	Sandbach Striders	51:20
181	Evan Thomas		Unattached	47:30	272	Chris Sutton		Unattached	51:21
182	Andrew Collins	V45 27	Unattached	47:31	273	Frank Blakeley		Unattached	51:22
183	Tony Agnew		Unattached	47:32	274	Peter Macmillen	V40 46	Unattached	51:27
184	Stephen Whittle	V50 10	Red Herrings	47:33	275	Martin Williams	V60 8	Eryri Harriers	51:28
185	Ian Dickson	V40 32	Red Herrings	47:34	276	Iorwerth Roberts	V60 9	Eryri Harriers	51:29
186	Gareth Jones		Unattached	47:35	277	Mark Williamson		Unattached	51:30
187	Arwel Pritchard		Unattached	47:36	278	Stuart Marson	V55 13	Nwrrc	51:31
188	M Doyle	L50 2	Liverpool Running Club	47:37	279	Mike Story	V60 10	Village Road Runners	51:32
189	Craig Wilkinson		Unattached	47:38	280	Peter Connolly		Unattached	51:39
190	John Feegan	V40 33	Unattached	47:39	281	David McAdam	V60 11	Unattached	51:40
191	Neil McAleece		Unattached	47:41	282	Jason Nodwell		Unattached	51:41
192	C Wright	V45 28	Unattached	47:44	283	Anne Kemp-Eyre	L35 11	Unattached	51:46
193	Paul Kelly		Unattached	47:46	284	Ellen Ashton	L35 12	Unattached	51:48
194	Ron Hornsby	V40 34	Unattached	47:47	285	David Buckley		Unattached	51:49
195	Philippa Milward	L55 1	Unattached	47:50	286	John Lyon	V60 12	Cybi Striders	51:50
196	Clare Aldrich	L 28	Unattached	47:54	287	Andrew Bannaghan		Unattached	51:51
197	Dylan Parry		Unattached	47:57	288	Mike Gilbert	V55 14	Unattached	51:53
198	Ian Macpherson	V45 29	Unattached	47:58	289	Brenda Jones	L65 1	Bro Dysynni AC	51:57
199	Andrew Taylor		Unattached	47:59	290	Bryan Tucker	V45 40	Unattached	51:59
200	?David Jones		Unattached	48:03	291	Richard Highcock		Unattached	52:00
201	Keith Richards	V45 30	Unattached	48:06	292	Simon Hughes		Unattached	52:01
202	Gavin Reeves		Unattached	48:07	293	E Winston	L 46	Unattached	52:06
203	Karl Bryers		Unattached	48:08	294	Sharon Edwards	L35 13	Unattached	52:13
204	John Biard	V40 35	Unattached	48:14	295	Julian Mahy	V50 15	Colwyn Bay Athletic Club	52:16
205	Gareth Williams	V45 31	Unattached	48:16	296	Hannah Morley	L 48	Bangor Uni	52:17
206	Gay Waring	L 29	Prestatyn RC	48:17	297	David Perrin	V60 13	Road Runners Club	52:22
207	Alison Smith	L40 6	Pensby Runners Club	48:18	298	Gary Hocking		Unattached	52:38
208	Ben May		Unattached	48:21	299	Katie Wilson	L 49	Deeside Acc	52:39
209	Chris Reid	V40 36	Unattached	48:22	300	Ross Thomas		Unattached	52:41
210	Mark Kenyon		Unattached	48:23	301	Roger Pickles	V50 16	Road Runners Club	52:55
211	Edward Cheshier		Unattached	48:29	302	Margaret Ludden	L45 8	Buckley Runners	53:02
212	Robert Thomas	JM 6	Meirionnydd RC	48:32	303	Sue Stafford	L60 1	Goyt Valley Striders	53:06
213	Barry Powell	V40 37	Unattached	48:38	304	Sharon Jones	L35 14	Unattached	53:11
214	Brian Duckworth	V45 32	Unattached	48:40	305	Mark Coleman	V45 41	Unattached	53:16
215	Derek Owen	V50 11	Unattached	48:42	306	Alison Guillemain	L40 8	Abergele Harriers	53:17
216	C Williams	V40 38	Unattached	48:46	307	Louisa Dever	L35 15	Unattached	53:21
217	Rhian Jones		Cybi Striders	48:47	308	Jane Honey	L40 9	Unattached	53:25
218	Scott Roberts	JM 7	Colwyn Bay Athletic Club	48:51	309	Elizabeth Lynan	L 56	Penny Lane Striders	53:31
219	Anthony Rees	V55 9	Unattached	48:55	310	Stuart Jones	V40 47	Unattached	53:33
220	Pam Grant	L45 4	Abergele Harriers	48:56	311	Silvester Wilson	V45 42	Unattached	53:34
221	Graham Lloyd	V40 39	Helsby Running Club	49:00	312	Erika Dawson	L35 16	Unattached	53:35
222	Lee Pownall		Nwrrc	49:03	313	Adam James		Unattached	53:49
223	Robert Davies		Prestatyn RC	49:05	314	Lynne Williams	L40 10	Unattached	53:51
224	Geoffrey Lawton	V50 12	Unattached	49:06	315	Graham Parry	V50 17	Unattached	53:55
225	Ian Blakemore	V45 33	Eryri Harriers	49:07	316	Dennis Smith	V60 14	Unattached	54:02
226	Russell Murray	V40 40	Unattached	49:09	317	Chris Brideson		Unattached	54:04
227	Tess Beech	L 32	Village Road Runners	49:10	318	Kirstin Jones	L35 17	Unattached	54:05
228	Clive Boyden	V45 34	Unattached	49:12	319	Alan Daniels	V50 18	Unattached	54:11
229	Gary Jenkinson		Village Road Runners	49:15	320	Lynn Grayson	L35 18	David Lloyd	54:12
230	Jane Fedrick	L40 7	Unattached	49:16	321	Gareth Ward	V40 48	Littlewoods RC	54:13
231	Jonathan Aveyard		Unattached	49:20	322	Andrew Davies	V40 49	Unattached	54:17
232	Rutyh Bowman	L 34	Unattached	49:21	323	Ruth Harvey	L40 11	Cybi Striders	54:20
233	Carol Crowther	L45 5	Unattached	49:23	324	Barry Pierce	V55 15	Unattached	54:28
234	Philip Allman		Unattached	49:24	325	June Cooke	L50 3	Prestatyn RC	54:29
235	Malcolm Taylor	V60 6	Bro Dysynni AC	49:27	326	Ellis Williams	V45 43	Unattached	54:36
236	Phillip Hammond	V55 10	Shropshire Shufflers	49:30	327	Barry Picton		Unattached	54:38
237	Ankur Shukla		Unattached	49:34	328	Paul Mayers	V45 44	Unattached	54:39
238	Dewi Roberts		Unattached	49:38	329	Alan McMullam	V55 16	Unattached	54:46
239	Rosemary Rogers	L55 2	Deestridders	49:39	330	Mike Murray	V55 17	FRA	54:53
240	Terry Coppenhall	V40 41	Sandbach Striders	49:50	331	Amanda Alcock	L 63	Unattached	54:59
241	Joseph McArdle	V40 42	Village Road Runners	49:53	332	Guisef Sami	V40 50	Littlewoods RC	55:05
242	Adrian Potter		Unattached	49:58	333	Liz O'Keefe	L50 4	Sandbach Striders	55:06
243	Neil Atkinson		Unattached	49:59	334	Nina Tomlin	L 65	Unattached	55:07
244	Stephen Lister		Unattached	50:00	335	William Murphy	V65 3	Ford Halewood AC	55:08
245	Gareth Ellis		Unattached	50:02	336	Carol Bedwell	L40 12	Unattached	55:12
246	Grant Watson		Unattached	50:06	337	Michael Ganby		Unattached	55:22
247	Chris Neukom	V50 13	Unattached	50:09	338	Liz Simpson	L60 2	Village Road Runners	55:24
248	Linda Edmondson	L45 6	Wrekin Road Runners	50:11	339	Edward Ryan	V50 19	Unattached	55:25
249	Donald Pegg	V55 11	Unattached	50:13	340	Jane Roberts	L45 9	Unattached	55:28
250	?David Jones		Unattached	50:20	341	Kevin Hamp	V45 45	Unattached	55:29
251	Mark Williams	V45 35	Unattached	50:20	342	Ann Jones	L55 3	Wrexham	55:33
252	Melanie Williams	L45 7	Abergele Harriers	50:23	343	Brian Bennion		Unattached	55:36
253	Martin Holohan		Unattached	50:25	344	David Beard	V50 20	Eryri Harriers	55:37
254	Simon Harrison		Unattached	50:27	345	Cat Roberts	L 70	Unattached	55:38
255	Ian Branthwaite	V45 36	Unattached	50:28	346	Ian McLonnell		Village Road Runners	55:45
256	Charles Trotman	V60 7	Unattached	50:30	347	Michelle Jones	L35 19	Unattached	55:46
257	David Godwin	V45 37	Wallasey AC	50:32	348	Lynda Roberts	L35 20	Unattached	55:47
258	Joe Park	V70 1	Cheshire Tally Ho	50:33	349	Carl Evans		Unattached	55:49
259	Graham McVey		Unattached	50:39	350	Ian Munro	V50 21	Unattached	55:51
260	David Scott	V45 38	Unattached	50:45	351	Siobhan Kavanagh	L 73	Stourbridge RC	55:53
261	Steve Preece	V40 43	Unattached	50:45	352	Helen Baxandall	L40 13	Prestatyn RC	55:59

353	Stella Elliott	L50 5	Pensby Runners Club	56:01	398	Tracey Wright	L40 18	Abergele Harriers	1:00:33
354	Stephen Richards	V40 51	Unattached	56:05	399	Louise Hadcroft	L 97	Unattached	1:01:34
355	Peter Estick	V65 4	Massey Ferguson RC	56:16	400	Pat Adams	L50 7	Wrekin Road Runners	1:02:01
356	Michael Wakem	V60 15	Spectrum Striders	56:17	401	Colin Fisher	V45 49	Unattached	1:02:34
357	J Blakemore	L35 21	Unattached	56:39	402	Bridget Jones	L40 19	Unattached	1:03:14
358	Donald Wilkinson	V45 46	Unattached	56:44	403	Margaret McNelis	L45 12	Wallasey AC	1:03:42
359	Steven Green	V50 22	Unattached	56:53	404	Shari Shallard	L 101	Unattached	1:03:44
360	Lisa Shaw	L35 22	Unattached	56:54	405	Andrew Griffiths	V40 57	Unattached	1:04:05
361	Caroline Tye	L40 14	Unattached	56:56	406	Anthony Moore	V55 19	Congleton Harriers	1:04:05
362	Robin Jarrett		Unattached	56:56	407	Janet Jones	L50 8	Unattached	1:04:12
363	Helen Warhurst	L 79	Unattached	57:00	408	Sian Thomas	L40 20	Unattached	1:04:18
364	Paul Dix	V55 18	Unattached	57:10	409	Stephanie Smart	L45 13	Team Midland	1:04:25
365	Edward Hughes	V40 52	Unattached	57:14	410	Rachel Jones	L45 14	Unattached	1:04:26
366	Michael Waters		Unattached	57:19	411	Simon Jones	V45 50	Unattached	1:04:27
367	Matthew Nugent	V40 53	Unattached	57:29	412	Liam Williams		Unattached	1:04:28
368	Dawn Rogers	L35 23	Unattached	57:41	413	Ann Ablett	L50 9	Buckley Runners	1:04:36
369	Kevin Rogers		Unattached	57:41	414	James Murphy	V40 58	Unattached	1:04:55
370	Jonathan Walker	V40 54	Unattached	57:42	415	Craig Long	U16 1	Unattached	1:04:57
371	Suzanna Jackson	L 81	Bangor Uni	57:49	416	James Hutchinson	V45 51	Unattached	1:04:58
372	John Reynolds		Unattached	57:51	417	Susan McHugh	L50 10	Unattached	1:04:58
373	Bethan Jones	L35 24	Unattached	57:52	418	Andrew Walker		Unattached	1:05:32
374	Martin Varley	V40 55	Southport Waterloo AC	57:56	419	Clare Natschowney	L 108	Unattached	1:05:32
375	Kathryn Woolford	L40 15	Unattached	58:21	420	Elizabeth Davies	L60 3	Macclesfield Harriers	1:05:51
376	M Griffiths	V45 47	Unattached	58:25	421	D Van	L35 25	Unattached	1:05:51
377	T Billington	V70 2	Wrexham	58:27	422	Cleo Roberts	L 111	Unattached	1:05:52
378	Lucy Kay	L40 16	Unattached	58:42	423	Elaine Doga	L35 26	Maidenhead Athletic Club	1:06:19
379	Leanne Emberton	LJ 1	Unattached	58:53	424	Mark Salter		Unattached	1:06:34
380	Kenneth Richards	V60 16	Newcastle (staffs) AC	58:57	425	Maxine Grimshaw	L45 15	Belle Vue Racers	1:06:38
381	Martin Tompkins		Unattached	58:59	426	Annwen Begley	L35 27	Abergele Harriers	1:06:45
382	Magda Fattah	L 86	Prestatyn RC	59:07	427	Linda Dix	L 115	Unattached	1:07:16
383	Elaine Tatham	L 87	Sandbach Striders	59:15	428	Patricia Linney	L55 4	Unattached	1:07:44
384	John McHugh		Red Herrings	59:16	429	Margaret Williams	L65 2	Unattached	1:07:57
385	Elaine Williams	L50 6	Northern Vets AC	59:18	430	Daniel Reynolds		Unattached	1:09:03
386	Huw Jones	V45 48	Unattached	59:34	431	Gail Atkinson	L35 28	Unattached	1:10:16
387	Joanne Price	L 89	Unattached	59:35	432	A McKelvie	V45 52	Unattached	1:10:36
388	David Barton	V60 17	Ford Halewood AC	59:36	433	John Albutt	V50 23	Unattached	1:10:42
389	Keith Tubman	V60 18	Unattached	59:37	434	Denise Albutt	L50 11	Unattached	1:10:42
390	David Jones		Unattached	59:38	435	Colin Dutton	V45 53	Unattached	1:11:26
391	Donna Jones	L40 17	Unattached	59:42	436	Jim Aveyard	V55 20	Unattached	1:11:53
392	Bethan Royles	L 91	Unattached	59:47	437	M Brayshay	L55 5	Unattached	1:12:15
393	Gareth Hughes	V40 56	Unattached	59:50	438	Neisi Rosler	L40 21	Unattached	1:12:41
394	Kim Westell	L 92	Unattached	59:51	439	Karla Raymann	L40 22	Unattached	1:12:42
395	Michaela Heyes	L 93	Unattached	59:53	440	Helen Webster	L35 29	Unattached	1:13:26
396	C Morrisette	L45 10	Staffs Moorlands AC	1:00:11	441	Kathy Ling	L60 4	Wrekin Road Runners	1:15:54
397	Sandra Mayers	L45 11	Prestatyn RC	1:00:13	442	Paul Long	V45 54	Unattached	1:16:16

Nick Beer 10k - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Eryri Harriers	22	—	5	Richard Roberts	7	Paul Wathan	10	Iwan Norton
2	Abergele Harriers	35	—	9	John Earlston	11	Sean McCormack	15	Steven McCormack
3	Colwyn Bay Athletic Club	49	—	6	Harry Jones	16	Richard Watson	27	David Pryce
4	Buckley Runners	63	—	18	Michael Jones	20	Paul Stimton	25	Simon Edwards
5	Stourbridge RC	81	—	13	Andrew Davies	31	Ian Price	37	Dave Haden
6	Nwrrc	107	—	23	David Nolan	38	Martyn Green	46	Alan Cawley
7	Prestatyn RC	137	—	28	George Nicholls	45	Aaron Aspinall	64	Gareth Hughes
8	Cybi Striders	158	—	32	Arfon Owen	60	Ian Williams	66	Ian Rothery
9	Village Road Runners	167	—	52	Robert Aldcroft	54	Alexander Marks	61	Earl Goodall
10	Denbigh Harriers	176	—	43	Paul Ballinger	62	Duncan Jones	71	Keith Humphreys
11	Bro Dysynni AC	185	—	17	Dewi Roberts	75	Barrie Jackson	93	Malcolm Taylor
12	Liverpool Harriers	192	—	42	Gerard McTague	69	Graham Howell	81	Patrick Henley
13	Sandbach Striders	230	—	34	Chris Coppenhall	95	Terry Coppenhall	101	Ian Booth
14	Littlewoods RC	254	—	65	Keith Craig	79	Peter Doyle	110	Gareth Ward
15	Red Herrings	288	—	83	Stephen Whittle	84	Ian Dickson	121	John McHugh

Nick Beer 10k - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Vale Royal AC	55	—	9	Mary Taverner	16	Anne Budenberg	30	Jayne Lomax
2	Bangor Uni	66	—	15	Rebecca Law	18	Rebecca Milne	33	Hannah Morley
3	Abergele Harriers	71	—	19	Deborah Clift	24	Pam Grant	28	Melanie Williams
4	Prestatyn RC	109	—	22	Gay Waring	41	June Cooke	46	Helen Baxandall
5	Wrekin Road Runners	145	—	27	Linda Edmondson	55	Pat Adams	63	Kathy Ling