

English National Cross Country Championships at Sunderland on Saturday 10th March 2007

Senior Men — FINAL RESULTS (\$=non-counter)

Distance = 12000m

Pos	Name	Club	Time				
1	F Tickner	Wells City Harriers	37:31	84	A Woods	Bristol & West AC	41:03
2	H Lobb	Bedford & County AC	38:11	85	D Lacy	Cambridge Harriers	41:05
3	G Raven	Sale Harriers Manchester	38:14	86	N Miller	Bedford & County AC	41:08
4	D Bannister	Shaftesbury Barnet Harriers	38:28	87	R Baker	Hallamshire Harriers Sheffield	41:09
5	G Thornton	Kent AC	38:38	88	T Bark	Corby AC	41:10
6	I Hudspith	Morpeth H & AC	38:40	89	S Ablitt	Aldershot Farnham & Dist AC	41:13
7	J Mays	Kent AC	38:42	90	C O'Neill	OWLS	41:19
8	K Heywood	Bristol & West AC	38:44	91	J Leinonen	Gateshead H & AC	41:19
9	D Deed	Bedford & County AC	38:47	92	M Byansi	Belgrave Harriers	41:20
10	O Freeman	Bodyworks XTC Tri RC	38:52	93	M Bond	Sale Harriers Manchester	41:22
11	B Tickner	Wells City Harriers	38:55	94	J Boxell	OWLS	41:24
12	M Barnes	Altrincham & District AC	38:59	95	C Riley	Bedford & County AC	41:27
13	J Gilby	Derby AC	39:00	96	S Farah	Newham & Essex Beagles AC	41:29
14	D Webb	Leeds City AC	39:06	97	A Barber	Newham & Essex Beagles AC	41:32
15	R Williams	Shaftesbury Barnet Harriers	39:08	98	R Hope	Pudsey & Bramley AC	41:33
16	K Critchley	Knavesmire Harriers	39:15	99	R Burney	Liverpool H & AC	41:33
17	P Hinch	Tipton Harriers	39:16	100	D Swinburne	Morpeth H & AC	41:35
18	D Norman	Altrincham & District AC	39:17	101	P Tulba	Basingstoke & Mid Hants AC	41:38
19	K Gerrard	Newham & Essex Beagles AC	39:22	102	S Body	Bedford & County AC	41:39
20	O Jones	Windsor Slough Eton&HounslowAC	39:25	103	A Fooks	Thames Valley Harriers	41:40
21	M Powell	OWLS	39:25	104	K Robertson	Shaftesbury Barnet Harriers	41:42
22	J Walsh	Leeds City AC	39:27	105	M Buntin	Tipton Harriers	41:43
23	M Hudspith	Morpeth H & AC	39:27	106	M Blunden	Notts AC	41:44
24	M Janes	Bedford & County AC	39:28	107	P Edmundson	Tipton Harriers	41:45
25	M Hilton	Leeds City AC	39:28	108	D Moore	Bristol & West AC	41:46
26	B Farquharson	Notts AC	39:29	109	R Falkner	OWLS	41:47
27	T Hartley	Notts AC	39:29	110	L Siemaszko	Liverpool H & AC	41:48
28	C Smith	Thames Valley Harriers	39:30	111	R Cole	Newham & Essex Beagles AC	41:50
29	A Marriot	Wells City Harriers	39:33	112	S Phillips	Winchester & District AC	41:57
30	S Deakin	Leeds City AC	39:34	113	Trapmore	Shaftesbury Barnet Harriers	42:00
31	J Beattie	Winchester & District AC	39:35	114	S Potts	Sunderland H & AC	42:04
32	A Thake	Hallamshire Harriers Sheffield	39:36	115	A Adams	Leeds City AC	42:06
33	J Lilly	Severn AC	39:37	116	T Field	Sunderland H & AC	42:11
34	B Fish	Blackburn H & AC	39:37	117	W Grant	Shaftesbury Barnet Harriers	42:13
35	D Bilton	Leeds City AC	39:38	118	B Powell	Woodford Green AC With Essex L	42:17
36	M Roscoe	Leeds City AC	39:41	119	G Clarkson	Kingston Upon Hull AC	42:18
37	A Robinson	Newham & Essex Beagles AC	39:43	120	H Dodwell	Highgate Harriers	42:18
38	A Hennessy	Wells City Harriers	39:44	121	W Dashper	Telford AC	42:19
39	D Fowlie	Notts AC	39:46	122	A Gibbins	Blackheath & Bromley Harriers	42:19
40	M Whitehouse	Notts AC	39:47	123	M Claff	Kent AC	42:20
41	S North	Sale Harriers Manchester	39:48	124	D Nevins	Harrow AC	42:20
42	N Hall	Bedford & County AC	39:49	125	P Swaine	Harborough AC	42:20
43	J Symonds	Kendal AAC	39:50	126	E Messer	Chelmsford AC	42:22
44	P Pollock	Kent AC	39:56	127	L Cragg	Mansfield H & AC	42:22
45	M Whitfield	Bingley H & AC	39:57	128	C Leigh	Trafford AC	42:23
46	M Williams	Tipton Harriers	39:58	129	J Whitehead	Leeds City AC	42:23
47	M Gostling	Leeds City AC	40:00	130	D Lewis	Shaftesbury Barnet Harriers	42:26
48	S Mills	Sale Harriers Manchester	40:02	131	P Hoole	Rotherham H & AC	42:28
49	G Hull	Leeds City AC	40:04	132	T Doughty	Sunderland H & AC	42:29
50	T Cornthwaite	Blackburn H & AC	40:05	133	P Leybourne	Salford H & AC	42:30
51	A Osborne	Leeds City AC	40:05	134	I Hollingsworth	Morpeth H & AC	42:31
52	B Raeside	Notts AC	40:07	135	P Tucker	Blackheath & Bromley Harriers	42:34
53	J Heneghan	Pudsey & Bramley AC	40:08	136	J Halligan	Manx Harriers	42:37
54	M Hood	Sunderland H & AC	40:10	137	M Muir	Ilford AC	42:39
55	L Jones	Newham & Essex Beagles AC	40:11	138	P Critchlow	Beaumont RC	42:40
56	O Edwards	Shaftesbury Barnet Harriers	40:12	139	J Cordwell	City Of Sheffield AC	42:40
57	A Hilton	Nestle Rowntree AC	40:18	140	D Hope	Pudsey & Bramley AC	42:41
58	I Holmes	Bingley H & AC	40:19	141	T Meakin	OWLS	42:42
59	J Thewlis	Rotherham H & AC	40:20	142	A Cross	Bedford & County AC	42:42
60	C Birchall	Leeds City AC	40:21	143	S Hallas	Preston Harriers	42:44
61	D Augustus	Sale Harriers Manchester	40:23	144	C Needham	Leeds City AC	42:47
62	P Willie	Bristol & West AC	40:24	145	J Downes	London Irish AC	42:47
63	O Matthews	Bedford & County AC	40:25	146	N Wilkinson	Morpeth H & AC	42:48
64	P Green	Sale Harriers Manchester	40:26	147	P Grist	Wells City Harriers	42:48
65	M Morris	Morpeth H & AC	40:30	148	S MacDonald	Bingley H & AC	42:49
66	K Murphy	Woodford Green AC With Essex L	40:31	149	M Radlak	Coventry Godiva Harriers	42:51
67	H Care	Nestle Rowntree AC	40:32	150	T Woodthorpe	Notts AC	42:52
68	M Ashton	Aldershot Farnham & Dist AC	40:34	151	M Sanders	Ackworth RR & AC	42:52
69	Grice	Leeds City AC	40:34	152	S Hazell	Coventry Godiva Harriers	42:55
70	P Tedd	Sale Harriers Manchester	40:35	153	T Honniball	Bourne Town Harriers	42:59
71	S Jones	Belgrave Harriers	40:41	154	A Lawrence	Morpeth H & AC	43:02
72	S Wurr	Thames Hare & Hounds	40:45	155	D Turvey	Halesowen A & CC	43:03
73	C Clement	Aldershot Farnham & Dist AC	40:51	156	B Paviour	Herne Hill Harriers	43:03
74	P Bangani	Salford H & AC	40:52	157	I Boneham	Notts AC	43:04
75	J Mooney	Morpeth H & AC	40:52	158	G Brook	The Stragglers	43:05
76	J McCole	Liverpool H & AC	40:53	159	M Johnson	Hallamshire Harriers Sheffield	43:08
77	J Lockett	Herne Hill Harriers	40:55	160	R Dewhurst	Liverpool H & AC	43:09
78	A Peace	Bingley H & AC	40:56	161	J Wills	Bristol & West AC	43:10
79	J Frost	East Hull Harriers & AC	40:57	162	T Naylor	Bedford & County AC	43:12
80	R Jebb	Bingley H & AC	40:58	163	A Dunwoody	Kent AC	43:14
81	B Rushworth	Sunderland H & AC	40:59	164	D Clark	Thames Valley Harriers	43:17
82	S Platts	OWLS	41:00	165	\$A Bush	Hallamshire Harriers Sheffield	43:17
83	J Connor	Kent AC	41:02	166	M Jubb	St Albans Striders	43:18

English National Cross Country Championships at Sunderland on Saturday 10th March 2007

167	M Granger	Kidderminster & Stourport AC	43:19	258	J Kelly	Hercules Wimbledon AC	45:22
168	A Robertshaw	Otley AC	43:21	259	JPike	Newham & Essex Beagles AC	45:26
169	J Muddeman	Leamington C & AC	43:25	260	P Taylor	Bridlington RR	45:26
170	J Millington	Tipton Harriers	43:26	261	S Coombes	Herne Hill Harriers	45:27
171	A Churchill	Hartlepool Burn Road H & AC	43:26	262	A Dent	Blaydon H & AC	45:29
172	M Lockyer	Newcastle (Staffs) AC	43:27	263	A Grenfell	Rossendale H & AC	45:30
173	T Doran	OWLS	43:27	264	G Hope	Severn AC	45:31
174	R Munn	Kent AC	43:28	265	M Lee	Rossendale H & AC	45:33
175	T Holden	Tipton Harriers	43:28	266	R Darling	Notts AC	45:34
176	P Williams	Lincoln Wellington AC	43:29	267	C Flood	Cambridge & Coleridge AC	45:36
177	P Bridger	Luton AC	43:30	268	V Booth	Trafford AC	45:37
178	J Thorpe	Blackheath & Bromley Harriers	43:31	269	C Curtis	Corby AC	45:38
179	H Wyber	Woodford Green AC With Essex L	43:32	270	M Yates	Redhill RR	45:40
180	A William	Nene Valley Harriers	43:32	271	M Ponting	Thames Valley Harriers	45:41
181	G Williams	St Helens Sutton AC	43:36	272	M Peace	Bingley H & AC	45:41
182	B Harrison	Morpeth H & AC	43:36	273	P Goble	Nestle Rowntree AC	45:42
183	C Heys	Sale Harriers Manchester	43:37	274	D Rayner	Crawley AC	45:42
184	P Walker	Blaydon H & AC	43:38	275	D Gray	Manx Harriers	45:44
185	M Hulmstom	Wirral AC	43:39	276	I Yates	Trentham RC	45:45
186	R Batchelor	Aldershot Farnham & Dist AC	43:40	277	J Worthington	Wigan Phoenix	45:45
187	J Mann	Winchester & District AC	43:42	278	N Gunstone	Dundee Hawkhill Harriers	45:46
188	J Hayden	Notts AC	43:44	279	A Thompson	Elswick Harriers	45:46
189	C Pass	Wesham RR & AC	43:44	280	J McKeown	Coventry Godiva Harriers	45:48
190	P Haarer	Ranelagh Harriers	43:45	281	G Shaw	Clayton-Le-Moors Harriers	45:49
191	G Etherington	Sedgefield Harriers	43:46	282	K Stephenson	Elswick Harriers	45:51
192	R Hughes	Salford H & AC	43:47	283	G Matthews	East Cheshire H & Tameside AC	45:52
193	W Nock	Halesowen A & CC	43:48	284	K Maynard	Sunderland Strollers	45:52
194	W Cockerell	Belgrave Harriers	43:50	285	M Ellithorn	Chorley Harriers	45:53
195	D Williams	Beverley AC	43:52	286	D Battersby	Bedford & County AC	45:54
196	D Noad	Bristol & West AC	43:52	287	J Armstrong	Bexley AC	45:55
197	S Taylor	Kent AC	43:54	288	P Stafford	Mansfield H & AC	46:01
198	D Hill	Tipton Harriers	43:55	289	J Sutton	Chorley Harriers	46:01
199	M Cronshaw	Blackpool Wyre & Fylde AC	43:57	290	L Rielly	Kent AC	46:02
200	J Elsworthy	Bedford & County AC	43:57	291	A Murphy	Shaftesbury Barnet Harriers	46:03
201	D Connor	Ripley RC	43:58	292	S Costall	Harborough AC	46:04
202	D Kesterton	Bromsgrove & Redditch AC	43:59	293	A Lilliendale	Sunderland H & AC	46:05
203	M Corbishley	Rossendale H & AC	44:00	294	B Graney	St Helens Sutton AC	46:06
204	D Purvis	Chester-Le-Street & Dist AC	44:03	295	A Pearson	Loftus & Whitby AC	46:07
205	C Brogan	Woodford Green AC With Essex L	44:04	296	B Coulter	Hartlepool Burn Road H & AC	46:07
206	E Prendergast	Blackheath & Bromley Harriers	44:05	297	M Bateman	Hillingdon AC	46:08
207	T Elly	Salford H & AC	44:05	298	M Hegarty	Morpeth H & AC	46:09
208	T Kimber	Crawley AC	44:07	299	S Rutherford	Darlington H & AC	46:10
209	N Altmann	Thames Hare & Hounds	44:08	300	C Jackson	Sunderland Strollers	46:11
210	T Midgeley	Bingley H & AC	44:09	301	D Symons	Thames Hare & Hounds	46:11
211	T Bush	Altrincham & District AC	44:11	302	A Combie	Newark AC	46:12
212	J Cunningham	Herne Hill Harriers	44:12	303	D Barks	Mansfield H & AC	46:12
213	J Quint	City Of Norwich AC	44:16	304	N Ashcroft	Warrington AC	46:15
214	R Flannery	Sale Harriers Manchester	44:18	305	C McDonald	South Shields H & AC	46:16
215	S Ratcliffe	Newcastle (Staffs) AC	44:22	306	R Nixon	Ilford AC	46:17
216	R Forsbrook	Cheltenham & County Harriers	44:24	307	K Loundas	Manx Harriers	46:18
217	T Wilks	Leeds City AC	44:26	308	G Jones	Thames Valley Harriers	46:19
218	M Farran	Leeds City AC	44:27	309	M Wilkins	Invicta East Kent AC	46:20
219	N Marley	Kettering Town Harriers	44:29	310	A Johnson	Luton AC	46:21
220	A Rowe	Wesham RR & AC	44:32	311	D Kennedy	Winchester & District AC	46:21
221	N Keys	Enfield & Haringey AC	44:33	312	S Norris	Thames Valley Harriers	46:22
222	S Still	Luton AC	44:35	313	P Sutcliffe	Keighley & Craven AC	46:23
223	P West	Salford H & AC	44:37	314	S Davies	Mansfield H & AC	46:24
224	R Minton	Stratford On Avon AC	44:37	315	S Mounsey	Rotherham H & AC	46:25
225	C Franks	Gateshead H & AC	44:38	316	S Webb	Valley Striders AC	46:26
226	S Jennings	Notts AC	44:38	317	D Lydon	Sunderland Strollers	46:26
227	S Bell	Chester-Le-Street & Dist AC	44:38	318	G Hawking	Knavesmire Harriers	46:28
228	A Morton	Kent AC	44:42	319	J Broom	Holmfirth Harriers AC	46:29
229	D Middlemass	Loftus & Whitby AC	44:46	320	N Carroll	Cambridge & Coleridge AC	46:30
230	M Beamish	City Of Norwich AC	44:47	321	J Wilkins	Invicta East Kent AC	46:31
231	P Waterston	Morpeth H & AC	44:49	322	P Leppard	Hillingdon AC	46:32
232	C Osborn	Blackheath & Bromley Harriers	44:50	323	L Talbot	Blyth RC	46:34
233	L Foster	Wirral AC	44:50	324	C Daniels	Thames Hare & Hounds	46:36
234	T McKee	Kingston Upon Hull AC	44:51	325	K Mackey	South Shields H & AC	46:38
235	J Gilling	Wells City Harriers	44:51	326	L Mathews	Thames Hare & Hounds	46:39
236	E Gumbley	Manx Harriers	44:51	327	N Burke	Altrincham & District AC	46:40
237	W Smith	Keighley & Craven AC	44:52	328	L Cornwall	Wesham RR & AC	46:41
238	A Jackson	Shaftesbury Barnet Harriers	44:53	329	G William	Nene Valley Harriers	46:42
239	M Armstrong	Hartlepool Burn Road H & AC	44:55	330	A Skitt	Manchester H & AC	46:42
240	P Norris	Harrow AC	44:55	331	M Whiting	Belgrave Harriers	46:42
241	J Lowe	Highgate Harriers	44:56	332	I Hayburn	St Helens Sutton AC	46:42
242	L Haze	Kent AC	44:57	333	M Allen	Halesowen A & CC	46:44
243	J Russell	Chester-Le-Street & Dist AC	44:57	334	I Su'-Hutchinson	Crook & District AC	46:44
244	J Kimaiyo	Belgrave Harriers	44:58	335	J Kazer	Cambridge & Coleridge AC	46:45
245	S Rennie	Kingston Upon Hull AC	44:59	336	J Sewell	Rugby & Northampton AC	46:45
246	J S Donnelly	Derwentside AC	45:00	337	N Strange	Knavesmire Harriers	46:46
247	D Kilbey	East Cheshire H & Tameside AC	45:01	338	P Embleton	Chester-Le-Street & Dist AC	46:46
248	P Merrison	Sunderland H & AC	45:02	339	P Lemmon	London Heathside Runners	46:46
249	N Humphreys	Blackheath & Bromley Harriers	45:02	340	L Armitage	Kent AC	46:47
250	D Mason	Belgrave Harriers	45:07	341	D Coetzee	Hercules Wimbledon AC	46:51
251	M Branco	Serpentine RC	45:10	342	G Huxley	Wallsend H & AC	46:52
252	A Welshman	London Heathside Runners	45:13	343	K Robinson	Rochdale H & AC	46:52
253	G Chatterton	Chelmsford AC	45:15	344	P Lazo	Kent AC	46:53
254	A Fox	Manx Harriers	45:16	345	P Bowell	Invicta East Kent AC	46:54
255	M Salt	Cambridge & Coleridge AC	45:18	346	K Hesketh	Preston Harriers	46:55
256	K Donkin	Aldershot Farnham & Dist AC	45:19	347	A Normandale	Nestle Rowntree AC	46:57
257	D McKinlay	Blackheath & Bromley Harriers	45:21	348	A Duncan	Manx Harriers	46:58

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

English National Cross Country Championships at Sunderland on Saturday 10th March 2007

349	T Button	Hartlepool Burn Road H & AC	46:59	440	J Morley	Cambridge & Coleridge AC	48:47
350	L Barlow	Wesham RR & AC	46:59	441	T Egan	Rugby & Northampton AC	48:47
351	D Hendley	Knavesmire Harriers	46:59	442	A Coleman	Woodford Green AC With Essex L	48:47
352	R Sunley	Horsforth Harriers	47:00	443	M Raynes	Nestle Rowntree AC	48:48
353	I Warren	Victoria Park H&Tower Hamlets	47:01	444	J Cox	Middlebrough & Cleveland H	48:48
354	S Griffiths	Kent AC	47:01	445	G Brooks	Wirral AC	48:48
355	J Flahive	London Heathside Runners	47:03	446	C Butcher	Hartlepool Burn Road H & AC	48:49
356	B Atkinson	Knavesmire Harriers	47:03	447	S Robinson	East Cheshire H & Tameside AC	48:51
357	C Shephard	Woodford Green AC With Essex L	47:04	448	D Griffin	Blackheath & Bromley Harriers	48:52
358	D Coales	City Of Bath AC	47:04	449	S Howes	Solihull & Small Heath AC	48:53
359	P Leigh	Wallsend H & AC	47:06	450	B Horrock	Clayton-Le-Moors Harriers	48:53
360	P McCoy	East Hull Harriers & AC	47:06	451	D Pavitt	Chelmsford AC	48:54
361	I Cumming	Woodford Green AC With Essex L	47:07	452	R Vose	St Helens Sutton AC	48:54
362	J Booty	Chelmsford AC	47:07	453	M Clews	Aldershot Farnham & Dist AC	48:55
363	I Stainthorpe	Rochdale H & AC	47:08	454	R Jones	City Of Bath AC	48:55
364	A Smith	Woodford Green AC With Essex L	47:10	455	A Thomas	Keighley & Craven AC	48:55
365	M Vinegrad	East Hull Harriers & AC	47:11	456	D Jones	Rotherham H & AC	48:56
366	P Crockford	London Heathside Runners	47:12	457	D McAtominey	Low Fell RC	48:58
367	N Craigs	Alnwick Harriers	47:14	458	H Bingham	Tynedale H & AC	48:58
368	J Farquharson	Mansfield H & AC	47:15	459	C Leach	Rochdale H & AC	48:59
369	B McMillan	Claremont RR & AC	47:17	460	S Lynas	Severn AC	48:59
370	P McMahan	Trafford AC	47:20	461	A Bangert	Victory AC	48:59
371	A Goodhaie	Askern District AC	47:21	462	M Bailey	Newcastle (Staffs) AC	49:00
372	J Robertson	Derby AC	47:22	463	H Darwin	Rotherham H & AC	49:02
373	R Owen	Tonbridge AC	47:23	464	S Scott	Kent AC	49:02
374	S Livingstone	Garden City Runners	47:26	465	C Laidlaw	Lytham St Annes RR	49:03
375	A Morgan	Halesowen A & CC	47:28	466	K Kemp	London Heathside Runners	49:03
376	A Budarkiewicz	Kingston AC & Polytechnic H	47:30	467	D Wright	Newbury AC	49:04
377	B Wilson	Darlington H & AC	47:31	468	J Potter	Bridlington RR	49:04
378	M Tomlinson	Ripley RC	47:32	469	R Hall	Blackheath & Bromley Harriers	49:04
379	T Marlow	London Heathside Runners	47:33	470	M Senior	Horsforth Harriers	49:06
380	G Harden	Sunderland H & AC	47:33	471	I Pudge	Rossendale H & AC	49:08
381	N Sisson	East Hull Harriers & AC	47:34	472	M Brown	Clayton-Le-Moors Harriers	49:09
382	V Carroll	Rugby & Northampton AC	47:34	473	J McDermott	Houghton & Peterlee AC	49:11
383	M Gore	Invicta East Kent AC	47:35	474	M Gibbons	Houghton & Peterlee AC	49:12
384	J Brook	Louth AC	47:36	475	B Saysell	Middlebrough & Cleveland H	49:12
385	J Griggs	Coventry Godiva Harriers	47:38	476	P Vincent	Tynedale H & AC	49:16
386	R Harn	Wigan Phoenix	47:38	477	E Dalby	Blaydon H & AC	49:19
387	J Watson	Thames Hare & Hounds	47:39	478	P Parker	Royal Sutton Coldfield AC	49:21
388	N Mitchell	London Heathside Runners	47:41	479	J Thompson	Saltwell Harriers	49:22
389	B Holroyd	Holmfirth Harriers AC	47:43	480	A Owen	London Heathside Runners	49:22
390	J Ward	Herne Hill Harriers	47:44	481	N Morris	Low Fell RC	49:22
391	A Watson	Manx Harriers	47:45	482	B McShane	Blackheath & Bromley Harriers	49:23
392	D Foster	Otley AC	47:46	483	N Percival	Manx Harriers	49:23
393	P Wildmore	Loftus & Whitby AC	47:47	484	J Michaelson	Liverpool H & AC	49:25
394	D Kelley	Newark AC	47:49	485	A Norgate	Longwood Harriers AC	49:29
395	A Nesom	Nestle Rowntree AC	47:50	486	P Goode	Saltwell Harriers	49:30
396	C Hodgson	East Hull Harriers & AC	47:51	487	G Pendlebury	Wesham RR & AC	49:36
397	N Ayrton	Blackheath & Bromley Harriers	47:51	488	D Robins	Heaton Harriers	49:39
398	P Whetton	Thames Valley Harriers	47:52	489	T McCarthy	Woodford Green AC With Essex L	49:40
399	R Marsh	St Helens Sutton AC	47:53	490	B Shiveley	Knavesmire Harriers	49:40
400	J Marvin	Amber Valley AC	47:53	491	S Hargreaves	Lytham St Annes RR	49:41
401	K Galbraith	Hartlepool Burn Road H & AC	47:53	492	D Clowes	Trentham RC	49:45
402	P Redman	Sunderland H & AC	47:54	493	D Shortridge	Victoria Park H&Tower Hamlets	49:47
403	T Parkin	Shaftesbury Barnet Harriers	47:56	494	N Chester	Liverpool H & AC	49:49
404	A Simpson	Stubbington Green Runners	47:59	495	R Thompson	Kenilworth Runners	49:53
405	L Millmore	Birtley AC	48:00	496	S Brazil	The Stragglers	49:56
406	P Mason	Tonbridge AC	48:01	497	K Oakes	Birtley AC	49:57
407	R Garforth	Hartlepool Burn Road H & AC	48:06	498	D Richardson	Alnwick Harriers	49:59
408	P Higham	Norfolk Gazelles	48:07	499	P Riley	Wallasey AC	49:59
409	J Johnson	Wallasey AC	48:09	500	G Johnson	Blackpool Wyre & Fylde AC	50:03
410	M Maple	Ilford AC	48:11	501	I Boardley	Beverley AC	50:07
411	C Dickinson	East Hull Harriers & AC	48:12	502	P Slater	South Shields H & AC	50:10
412	S Burthem	Warrington AC	48:15	503	N Stephens	Warrington AC	50:11
413	P Mitchell	South London Harriers	48:18	504	T Simpson	Beverley AC	50:14
414	A Short	Grantham AC	48:19	505	C Ellis	Loftus & Whitby AC	50:14
415	F Smith	Saltwell Harriers	48:19	506	S Hough	Blackheath & Bromley Harriers	50:15
416	R Murray	Macclesfield H & AC	48:20	507	D Ranson	Birtley AC	50:16
417	K Wood	Saltwell Harriers	48:21	508	E Gilligan	Manchester H & AC	50:19
418	A Tuttle	Newbury AC	48:24	509	C Gray	Bingley H & AC	50:21
419	V Hemy	North Shields Poly	48:25	510	B Greaves	Royton RR	50:23
420	L Browne	East Cheshire H & Tameside AC	48:27	511	A Shorrocks	Blackburn H & AC	50:24
421	C Taylor	Watford Joggers	48:28	512	D Daniels	Wallsend H & AC	50:26
422	N Price	Halesowen A & CC	48:30	513	P Scarr	Rochdale H & AC	50:27
423	A Walker	Reigate Priory AC	48:31	514	I Taylor	Blackheath & Bromley Harriers	50:28
424	M Barlow	Kent AC	48:31	515	S Medhurst	Nene Valley Harriers	50:28
425	N Adams	Bristol & West AC	48:32	516	N Wilson	Nuneaton Harriers	50:30
426	R Williamson	Loftus & Whitby AC	48:32	517	G Wilson	Preston Harriers	50:32
427	K Lee	Wesham RR & AC	48:33	518	K Hoyer	Chelmsford AC	50:33
428	B Dyson	Derby AC	48:33	519	K Edwards	Hartlepool Burn Road H & AC	50:36
429	M Benford	Notts AC	48:34	520	R Sharp	Rotherham H & AC	50:37
430	W Oakes	Kenilworth Runners	48:36	521	P Woodyatt	City Of Norwich AC	50:38
431	C Waugh	Chelmsford AC	48:37	522	N W-Griffiths	South Shields H & AC	50:39
432	M Dalton	Beverley AC	48:38	523	J Bertenshaw	Wesham RR & AC	50:39
433	M Jenkins	Mansfield H & AC	48:38	524	P Ackland	Kendal AAC	50:40
434	D Flett	Mansfield H & AC	48:38	525	F Nolan	Queens Park Harriers	50:40
435	J Collier	Wesham RR & AC	48:39	526	S Hutchinson	Darlington H & AC	50:41
436	C Greenough	Blackburn H & AC	48:41	527	L Christopher	Sunderland H & AC	50:41
437	A Clarke	Liverpool H & AC	48:42	528	P Johnson	Cleethorpes AC	50:42
438	S Brown	Tynedale H & AC	48:43	529	S Wells	Chester-Le-Street & Dist AC	50:45
439	R Maw	Scarborough AC	48:46	530	S Williams	Blackpool Wyre & Fylde AC	50:47

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

English National Cross Country Championships at Sunderland on Saturday 10th March 2007

531	M Ketley	Elswick Harriers	50:50	622	G Stevens	Hartlepool Burn Road H & AC	52:54
532	R Wilkinson	Long Eaton RC	50:52	623	D Chappell	Herne Hill Harriers	52:56
533	M Riches	Belper Harriers	50:53	624	M Bennett	Elvet Striders	53:00
534	N Brown	The Stragglers	50:54	625	B Jackson	Valley Striders AC	53:02
535	P Gulc	Bridlington RR	50:56	626	N Bant	Beverley AC	53:05
536	M Harris	Victory AC	50:57	627	L Pickering	Chelmsford AC	53:08
537	B Hutchinson	Kent AC	50:58	628	T Hiscox	Mansfield H & AC	53:10
538	H Pearson	Otley AC	50:59	629	L Cavill	Morpeth H & AC	53:11
539	R Fairhurst	Keighley & Craven AC	51:00	630	R Gatenby	Leeds City AC	53:12
540	K Ayre	South Shields H & AC	51:01	631	P Foot	Bournville Harriers	53:13
541	J Rees	Barrow Runners	51:02	632	B Wake	Kettering Town Harriers	53:16
542	G Jones	Wallasey AC	51:03	633	C Russell	Mansfield H & AC	53:17
543	R Read	Darlington H & AC	51:04	634	P Galpin	Leamington C & AC	53:17
544	D Dixon	Watford Joggers	51:04	635	L Spencer	Keighley & Craven AC	53:19
545	K Freeman	Blyth RC	51:05	636	A Pestell	Trentham RC	53:20
546	D Warren	Croydon Harriers	51:06	637	I Richardson	North Shields Poly	53:21
547	P Gooding	Bedford & County AC	51:07	638	L Friel	Blaydon H & AC	53:23
548	K McDonald	South Shields H & AC	51:09	639	R Howard	Loftus & Whitby AC	53:23
549	S Fox	Wirral AC	51:10	640	B Myers	Rugby & Northampton AC	53:23
550	P Mullarkey	Saltwell Harriers	51:12	641	A Holford	Woodford Green AC With Essex L	53:25
551	S Saandham	The Stragglers	51:14	642	M Henry	Alnwick Harriers	53:29
552	P Hunter	Aurora Harriers	51:14	643	N Rothwell	The Stragglers	53:33
553	J Saw	Rugby & Northampton AC	51:14	644	D Dunn	Lytham St Annes RR	53:34
554	E Wilson	South Shields H & AC	51:16	645	M Todd	Wallsend H & AC	53:37
555	M Kirby	Nestle Rowntree AC	51:17	646	S Walker	Bexley AC	53:38
556	G Ward	Westbury Harriers	51:18	647	A Glasgow	Wesham RR & AC	53:38
557	A Young	Bristol & West AC	51:18	648	G Boyter	Ealing Southall & Middlesex AC	53:39
558	V Robinson	Wigan Phoenix	51:19	649	G Hewitson	Crook & District AC	53:41
559	K McCormick	Claremont RR & AC	51:19	650	J McKernan	Blaydon H & AC	53:42
560	B Thompson	Halesowen A & CC	51:20	651	J Spencer	Hallamshire Harriers Sheffield	53:45
561	D Smith	Oldham & Royton H & AC	51:20	652	T Towler	Valley Striders AC	53:47
562	G Everard	Lancaster & Morecambe AC	51:21	653	T MacDonald	Bridlington RR	53:48
563	P Stubbs	Hallamshire Harriers Sheffield	51:22	654	L Coles	Claremont RR & AC	53:49
564	B Bailes	Birtley AC	51:23	655	R Dickinson	Blyth RC	53:50
565	M Johnson	North Shields Poly	51:26	656	I Pass	St Helens Sutton AC	53:52
566	D Pearsall	Trentham RC	51:29	657	D Murray	Valley Striders AC	53:52
567	P Doxford	South Shields H & AC	51:30	658	A Hartley	Elswick Harriers	53:53
568	J Edgar	Serpentine RC	51:32	659	S Small	Middlebrough & Cleveland H	53:54
569	G Russell	Low Fell RC	51:33	660	J Henderson	Pactrac	54:00
570	J Queenan	Ilkeston RC	51:36	661	I White	Corby AC	54:01
571	E Kraft	Scarborough AC	51:36	662	S Smith	Garden City Runners	54:02
572	M Cunningham	Manchester H & AC	51:37	663	S McEntee	Heaton Harriers	54:03
573	M Graham	Low Fell RC	51:40	664	M Slevin	Coventry Godiva Harriers	54:04
574	D Newton	Manx Harriers	51:41	665	S Atwell	North Shields Poly	54:06
575	W Fraser	Saltwell Harriers	51:41	666	R Starr	Sutton-In-Ashfield H & AC	54:07
576	M Fone	Enfield & Haringey AC	51:43	667	B Ellis	Horsforth Harriers	54:08
577	P Dixon	Sunderland Strollers	51:44	668	D Wotton	Claremont RR & AC	54:11
578	O Reay	Derwentside AC	51:45	669	P Tait	Tynedale H & AC	54:12
579	L Medley	Longwood Harriers AC	51:45	670	P Bates	Derby AC	54:14
580	P Thomas	Trentham RC	51:47	671	I Lumley	Sunderland Strollers	54:15
581	F Reddington	Spenborough & District AC	51:53	672	P Dark	Sunderland Strollers	54:16
582	K Langan	Knivesmire Harriers	51:56	673	P Banks	Coventry Godiva Harriers	54:16
583	A Farley	East Cheshire H & Tameside AC	51:57	674	T Fowler	Buxton AC	54:18
584	M Baker	Wallsend H & AC	52:01	675	D Walton	Wallasey AC	54:22
585	A Dickson	London Heathside Runners	52:04	676	T Forster	Saltwell Harriers	54:24
586	C Ross	Stafford Harriers	52:05	677	W Richmond	Lytham St Annes RR	54:27
587	I Hughes	Macclesfield H & AC	52:06	678	P Stockings	Woodford Green AC With Essex L	54:27
588	I Lambert	Eton Manor AC	52:13	679	I Hayden	Aurora Harriers	54:29
589	M Kingston	Claremont RR & AC	52:15	680	P Jacob	Holme Pierrepont RC	54:30
590	D Chambers	Derby AC	52:16	681	G Watson	Durham City H & AC	54:31
591	K Hawkes	Stratford On Avon AC	52:17	682	S Keys	Enfield & Haringey AC	54:31
592	G Baird	Middlebrough & Cleveland H	52:17	683	S Cook	Alnwick Harriers	54:31
593	A Hayes	North Shields Poly	52:18	684	D Hughes	East Cheshire H & Tameside AC	54:32
594	A Marriott	Amber Valley AC	52:19	685	D Morris	North Shields Poly	54:32
595	C Bentley	Macclesfield H & AC	52:25	686	D Horness	Loftus & Whitby AC	54:35
596	A Kennis	Thames Hare & Hounds	52:25	687	S Kyte	Elswick Harriers	54:36
597	D Edwards	Garden City Runners	52:28	688	S Perry	Lancaster & Morecambe AC	54:37
598	S Beryl	Blaydon H & AC	52:29	689	J Pearse	New Marske Harriers	54:37
599	P Clark	Beverley AC	52:31	690	B Schofield	Oldham & Royton H & AC	54:40
600	J Murphy	Barnet & District AC	52:33	691	S Leonard	Houghton & Peterlee AC	54:47
601	G Wilkinson	East Hull Harriers & AC	52:33	692	R Beaumont	Trafford AC	54:47
602	L Lavert	South Shields H & AC	52:33	693	S Peacock	Beverley AC	54:51
603	J Holmes	Lincoln Wellington AC	52:34	694	P Hawkins	Stratford On Avon AC	54:53
604	G Fallon	Derby AC	52:35	695	I Povey	New Marske Harriers	54:54
605	P Sloan	Elswick Harriers	52:35	696	K Tietz	Ripley RC	54:55
606	N Cooper	Claremont RR & AC	52:36	697	G Rutherford	Elswick Harriers	54:56
607	D Shaw	Salford H & AC	52:37	698	G Brandie	Lytham St Annes RR	54:58
608	G Pullan	Sunderland Strollers	52:38	699	P York	Ealing Southall & Middlesex AC	55:00
609	R Piggott	Amber Valley AC	52:41	700	P Kidd	Leeds City AC	55:01
610	R Dalby	Rochdale H & AC	52:44	701	J Dancyger	Bromsgrove & Redditch AC	55:02
611	M Chaplin	Cambridge & Coleridge AC	52:45	702	C Conway	Rochdale H & AC	55:03
612	T McGrath	Middlebrough & Cleveland H	52:46	703	M Thirlaway	Gateshead H & AC	55:04
613	G Whitt	Long Eaton RC	52:46	704	D Bottrill	Ilford AC	55:07
614	B Buckley	Derwentside AC	52:47	705	R Mabbutt	Wesham RR & AC	55:08
615	E Lewis	Blaydon H & AC	52:47	706	M Peat	Lancaster & Morecambe AC	55:08
616	P Prior	Claremont RR & AC	52:47	707	A Pemberton	The Stragglers	55:08
617	K Grainger	Darlington H & AC	52:48	708	A Evans	Trentham RC	55:14
618	J Bateman	Ripley RC	52:49	709	I Hodge	Serpentine RC	55:15
619	T Hellings	Lytham St Annes RR	52:50	710	T Baker	Middlebrough & Cleveland H	55:15
620	M Creighton	East Cheshire H & Tameside AC	52:51	711	F Judson	Sunderland H & AC	55:16
621	C Griffin	Blackheath & Bromley Harriers	52:51	712	N Shaw	Rochdale H & AC	55:17

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

English National Cross Country Championships at Sunderland on Saturday 10th March 2007

713	S Buchan	Kingston Upon Hull AC	55:19	804	A Devoy	Wirral AC	57:55
714	K Willshire	Blyth RC	55:25	805	M Wheelton	Macclesfield H & AC	57:57
715	P Manson	Woodford Green AC With Essex L	55:26	806	A Vais	Long Eaton RC	58:01
716	R Brown	Harborough AC	55:28	807	J Clarke	Springfield Striders	58:07
717	A Lynn	Nestle Rowntree AC	55:29	808	D Kear	Claremont RR & AC	58:10
718	A Storey	Blaydon H & AC	55:30	809	S Curry	Elswick Harriers	58:12
719	N Oldham	Manchester H & AC	55:31	810	M Leck	Lancaster & Morecambe AC	58:14
720	P Smith	Darlington H & AC	55:31	811	A Mulliss	Heaton Harriers	58:22
721	J Whiffin	Loughton AC	55:32	812	M Relton	North East Veterans AC	58:25
722	P Watkinson	Beverley AC	55:33	813	S Pearson	Houghton & Peterlee AC	58:26
723	S Williams	Garden City Runners	55:34	814	P Walters	Long Eaton RC	58:26
724	K Allen	Notts AC	55:35	815	P Johnson	Hartlepool Burn Road H & AC	58:28
725	D Preston	Preston Harriers	55:36	816	G Wilkinson	Mansfield H & AC	58:29
726	G Westley	Stubbington Green Runners	55:38	817	J Henderson	North East Veterans AC	58:31
727	D Gunstone	Fife AC	55:39	818	S Moss	Teesdale AC	58:33
728	S Jackson	Preston Harriers	55:41	819	P Dixon	Elswick Harriers	58:39
729	S Hindmarsh	Manchester H & AC	55:42	820	R Hardcastle	Longwood Harriers AC	58:47
730	M Mack	Woodford Green AC With Essex L	55:44	821	R Clay	Stafford Harriers	58:50
731	L Willitson	Elswick Harriers	55:45	822	G Cotter	Cheltenham & County Harriers	58:57
732	S Wilkinson	Wallasey AC	55:46	823	A Webb	North Shields Poly	58:59
733	A Brown	Enfield & Haringey AC	55:46	824	L Boardman	Chorley Harriers	59:01
734	K Wesson	Elvet Striders	55:47	825	D Brignall	Heaton Harriers	59:09
735	A Sellars	Kent AC	55:47	826	A Roberts	Vale Of Aylesbury AC	59:14
736	C Gillon	Alnwick Harriers	55:49	827	D McKay	Kent AC	59:22
737	S Hydon	Sedgefield Harriers	55:50	828	M Peggs	Loftus & Whitby AC	59:29
738	R Wilson	Elswick Harriers	55:50	829	R Sharratt	Ilkeston RC	59:31
739	D Cleverley	Bromsgrove & Redditch AC	55:52	830	A Barclay	Manchester H & AC	59:33
740	A White	Rugby & Northampton AC	55:55	831	K Pyle	Chester-Le-Street & Dist AC	59:36
741	C Burgess	Eye Community Runners	55:56	832	M Munson	Havering 90 Joggers	59:39
742	R Norman	Belper Harriers	55:58	833	D Ford	Tynedale H & AC	59:49
743	D Foster	Bridlington RR	56:00	834	W Raine	Aurora Harriers	59:53
744	E Mathieson	Long Eaton RC	56:00	835	I Humphreys	Mendip AC	59:55
745	E Baty	Heaton Harriers	56:02	836	D Wood	Blackpool Wyre & Fylde AC	1:00:00
746	S Symons	Manchester H & AC	56:02	837	G Kelley	Newark AC	1:00:03
747	C Atwell	Alnwick Harriers	56:03	838	P Kilbey	East Cheshire H & Tameside AC	1:00:11
748	G Gardner	Hartlepool Burn Road H & AC	56:03	839	J Harding	Claremont RR & AC	1:00:14
749	S Millington	Halesowen A & CC	56:08	840	P Robinson	Notts AC	1:00:20
750	N McGraw	Glossopdale Harriers	56:09	841	T Pope	Sinfin RC	1:00:22
751	M Midgeley	Wesham RR & AC	56:15	842	G Adamson	North Shields Poly	1:00:26
752	M Walker	Rochdale H & AC	56:17	843	J Falvey	Ealing Southall & Middlesex AC	1:00:38
753	M Edge	Wesham RR & AC	56:19	844	R Greenhalf	Kenilworth Runners	1:00:42
754	S Adams	Eton Manor AC	56:20	845	F Henderson	North East Veterans AC	1:00:42
755	R Bloom	Herts Phoenix AC	56:22	846	R Green	Woodford Green AC With Essex L	1:00:45
756	V Pauzers	Herne Hill Harriers	56:23	847	P Jackson	Sunderland Strollers	1:00:49
757	D Ainsley	Middlebrough & Cleveland H	56:26	848	A Charles	Horsforth Harriers	1:00:55
758	D Warnaby	Sunderland Strollers	56:27	849	J Paramor	Manchester H & AC	1:01:02
759	A Davy	Leeds City AC	56:33	850	P McArdle	Wallasey AC	1:01:10
760	P Simpson	Vegan Runners UK	56:35	851	D Shoesmith	Macclesfield H & AC	1:01:11
761	G Skerrett	Valley Striders AC	56:37	852	M Dickinson	Houghton & Peterlee AC	1:01:13
762	N Harding	Poole AC	56:40	853	A Willerton	Watford Joggers	1:01:15
763	M Lambert	Kenilworth Runners	56:41	854	G Harrold	Enfield & Haringey AC	1:01:19
764	A Dodd	Ealing Southall & Middlesex AC	56:42	855	R Maxwell	Watford Joggers	1:01:21
765	P Young	Kettering Town Harriers	56:42	856	T Dable	Kenilworth Runners	1:01:23
766	E Parsons	Sedgefield Harriers	56:43	857	D Manners	Claremont RR & AC	1:01:43
767	R Orgill	Newark AC	56:48	858	R Moore	Tynedale H & AC	1:01:53
768	Mike O'Brien	Manchester H & AC	56:49	859	M Clay	Halesowen A & CC	1:02:04
769	M Savage	Springfield Striders	56:49	860	F Strand	South Shields H & AC	1:02:08
770	A Jaconelli	Sunderland Strollers	56:52	861	P Sanderson	Valley Striders AC	1:02:10
771	J Bignell	Hillingdon AC	56:52	862	R Bennett	Newark AC	1:02:14
772	M Jones	Sedgefield Harriers	56:54	863	P Meighen	Blaydon H & AC	1:02:18
773	S Williams	Wallasey AC	56:55	864	S Carter	Middlebrough & Cleveland H	1:02:21
774	N Smith	Derwentside AC	56:56	865	K Hardcastle	Winchester & District AC	1:02:26
775	A Readman	Houghton & Peterlee AC	56:59	866	M Aston	Leamington C & AC	1:02:30
776	N Pratten	Wirral AC	57:03	867	G Little	Horsforth Harriers	1:02:31
777	R Hardy	Luton AC	57:08	868	A Kitchen	Ilkley Harriers	1:02:32
778	J Scholes	Longwood Harriers AC	57:10	869	I Manners	Manchester YMCA Harriers	1:02:34
779	R Bell	Thames Valley Harriers	57:11	870	R PINKNEY	South Shields H & AC	1:02:37
780	M McGann	East Cheshire H & Tameside AC	57:11	871	S Shillington	Kenilworth Runners	1:02:49
781	R Mitson	Notts AC	57:14	872	J Downey	Wirral AC	1:02:51
782	G Winter	Derwentside AC	57:15	873	P Roberts	Rochdale H & AC	1:03:04
783	G Walden	Werrington Joggers	57:16	874	I Park	Horsforth Harriers	1:03:09
784	K Holbrook	Salford H & AC	57:17	875	B Murray	Derwentside AC	1:03:43
785	T Woolridge	Watford Joggers	57:19	876	I Beattie	Telford AC	1:03:45
786	S Rochelle	Saltwell Harriers	57:20	877	D Fereday	Barnet & District AC	1:03:48
787	M Lynock	Bournville Harriers	57:21	878	P Hall	Grantham AC	1:03:53
788	M Brown	Blyth RC	57:29	879	R Powell	Bedford & County AC	1:04:11
789	P Dugmore	Bournville Harriers	57:33	880	Martin O'Brien	Manchester H & AC	1:04:19
790	C Burn	Heaton Harriers	57:35	881	A Edwards	Blackheath & Bromley Harriers	1:04:21
791	J Mayall	Rochdale H & AC	57:35	882	C Jenkins	Newham & Essex Beagles AC	1:04:27
792	T Hanson	Elswick Harriers	57:37	883	L Greaves	Aurora Harriers	1:04:38
793	T Hannah	Otley AC	57:40	884	K Wright	Springfield Striders	1:04:50
794	I Squire	Lytham St Annes RR	57:42	885	D Whitehead	Rochdale H & AC	1:05:02
795	J Skevington	Wreake Runners	57:43	886	D McArdle	Wallasey AC	1:05:09
796	N Hemming	Croydon Harriers	57:44	887	D Collins	South Shields H & AC	1:05:10
797	B Usher	Aurora Harriers	57:47	888	C Russel	Low Fell RC	1:05:13
798	G Vickers	Wesham RR & AC	57:48	889	G Steanson	North East Veterans AC	1:05:29
799	D Hunter	Blackheath & Bromley Harriers	57:49	890	J Armistead	Otley AC	1:05:30
800	N Simpkin	Lytham St Annes RR	57:50	891	I Clarke	Stourbridge RC	1:05:36
801	D Saunders	Claremont RR & AC	57:52	892	A Hodgkiss	Telford AC	1:05:44
802	J Cockburn	Alnwick Harriers	57:52	893	J Brant	Darlington H & AC	1:06:02
803	W Southgate	Rolls-Royce Harriers	57:53	894	S Ingham	Manchester YMCA Harriers	1:06:21

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Sport
Soft

English National Cross Country Championships

at Sunderland on Saturday 10th March 2007

895	M Partridge	Mansfield H & AC	1:06:24	906	R Curwin	Preston Harriers	1:09:12
896	K Weavers	Aurora Harriers	1:06:27	907	K Holland	Long Eaton RC	1:09:31
897	G Hillier	Harborough AC	1:06:32	908	D Baker	Woodford Green AC With Essex L	1:09:49
898	A Keeler	Ealing Southall & Middlesex AC	1:06:33	909	J Fogarty	Garden City Runners	1:11:24
899	K McGregor	Werrington Joggers	1:06:45	910	R Jones	Havering 90 Joggers	1:12:36
900	A Musgrove	Hartlepool Burn Road H & AC	1:06:51	911	T Millmore	Birtley AC	1:14:30
901	A Lea-Gerrard	Herne Hill Harriers	1:07:52	912	A Purvis	Elvet Striders	1:14:42
902	B Loughton	Werrington Joggers	1:07:56	913	P Kelly	Birtley AC	1:15:03
903	H Manning	Clayton-Le-Moors Harriers	1:08:10	914	N Cook	Aurora Harriers	1:17:14
904	T Allen	Garden City Runners	1:08:22	915	C Bricher	Kenilworth Runners	1:17:19
905	M Lazenby	Middlebrough & Cleveland H	1:08:56	916	G Routledge	Heaton Harriers	1:19:33

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Leeds City AC	162	—	14	D Webb	22	J Walsh	25	M Hilton	30	S Deakin	35	D Bilton	36	M Roscoe
2	Bedford & County AC	226	—	2	H Lobb	9	D Deed	24	M Janes	42	N Hall	63	O Matthews	86	N Miller
3	Sale Harriers Manchester	287	—	3	G Raven	41	S North	48	S Mills	61	D Agustus	64	P Green	70	P Tedd
4	Notts AC	290	—	26	B Farquharson	27	T Hartley	39	D Fowlie	40	M Whitehouse	52	B Raeside	106	M Blunden
5	Morpeth H & AC	403	—	6	I Hudspith	23	M Hudspith	65	M Morris	75	J Mooney	100	D Swinburne	134	I Hollingsworth
6	Shaftesbury Barnet Harriers	409	—	4	D Bannister	15	R Williams	56	O Edwards	104	K Robertson	113	Trapmore	117	W Grant
7	Newham & Essex Beagles AC	415	—	19	K Gerrard	37	A Robinson	55	L Jones	96	S Farah	97	A Barber	111	R Cole
8	Kent AC	425	—	5	G Thornton	7	J Mays	44	P Pollock	83	J Connor	123	M Claff	163	A Dunwoody
9	Wells City Harriers	460	—	1	F Tickner	11	B Tickner	29	A Marriot	38	A Hennessy	147	P Grist	234	J Gilling
10	OWLS	537	—	21	M Powell	82	S Platts	90	C O'Neill	94	J Boxell	109	R Falkner	141	T Meakin
11	Tipton Harriers	618	—	17	P Hinch	46	M Williams	105	M Buntin	107	P Edmundson	169	J Millington	174	T Holden
12	Bristol & West AC	618	—	8	K Heywood	62	P Willie	84	A Woods	108	D Moore	161	J Wills	195	D Noad
13	Bingley H & AC	618	—	45	M Whitfield	58	I Holmes	78	A Peace	80	R Jebb	148	S MacDonald	209	T Midgeley
14	Sunderland H & AC	744	—	54	M Hood	81	B Rushworth	114	S Potts	116	T Field	132	T Doughty	247	P Merrison
15	Blackheath & Bromley Harriers	1118	—	122	A Gibbins	135	P Tucker	177	J Thorpe	205	E Prendergast	231	C Osborn	248	N Humphreys
16	Aldershot Farnham & Dist AC	1122	—	68	M Ashton	73	C Clement	89	S Abilit	185	R Batchelor	255	K Donkin	452	M Clews
17	Belgrave Harriers	1178	—	71	S Jones	92	M Byansi	193	W Cockerell	243	J Kimaiyo	249	D Mason	330	M Whiting
18	Thames Valley Harriers	1183	—	28	C Smith	103	A Fooks	164	D Clark	270	M Ponting	307	G Jones	311	S Norris
19	Woodford Green AC With Essex L	1282	—	66	K Murphy	118	B Powell	178	H Wyber	204	C Brogan	356	C Shephard	360	I Cumming
20	Liverpool H & AC	1364	—	76	J McCole	99	R Burney	110	L Siemaszko	160	R Dewhurst	436	A Clarke	483	J Michaelson
21	Salford H & AC	1432	—	74	P Bangani	133	P Leybourne	191	R Hughes	206	T Elly	222	P West	606	D Shaw
22	Manx Harriers	1551	—	136	J Halligan	235	E Gumbley	253	A Fox	274	D Gray	306	K Loundas	347	A Duncan
23	Nestle Rowntree AC	1578	—	57	A Hilton	67	H Care	272	P Goble	346	A Normandale	394	A Nesom	442	M Raynes
24	Thames Hare & Hounds	1614	—	72	S Wurr	208	N Altmann	300	D Symons	323	C Daniels	325	L Mathews	386	J Watson
25	Herne Hill Harriers	1715	—	77	J Lockett	156	B Paviour	211	J Cunningham	260	S Coombes	389	J Ward	622	D Chappell
26	Mansfield H & AC	1828	—	127	L Cragg	287	P Stafford	302	D Barkes	313	S Davies	367	J Farquharson	432	M Jenkins
27	Hartlepool Burn Road H & AC	1857	—	170	A Churchill	238	M Armstrong	295	B Coulter	348	T Button	400	K Galbraith	406	R Garforth
28	Knivesmire Harriers	1863	—	16	K Critchley	317	G Hawking	336	N Strange	350	D Hendley	355	B Atkinson	489	B Shiveley
29	Rotherham H & AC	1940	—	59	J Thewlis	131	P Hoole	314	S Mounsey	455	D Jones	462	H Darwin	519	R Sharp
30	Wesham RR & AC	1943	—	188	C Pass	219	A Rowe	327	L Cornwall	349	L Barlow	426	K Lee	434	J Collier
31	East Hull Harriers & AC	1987	—	79	J Frost	359	P McCoy	364	M Vinograd	380	N Sisson	395	C Hodgson	410	C Dickinson
32	Halesowen A & CC	2033	—	155	D Turvey	192	W Nock	332	M Allen	374	A Morgan	421	N Price	559	B Thompson
33	London Heathside Runners	2073	—	251	A Welshman	338	P Lemmon	354	J Flahive	365	P Crockford	378	T Marlow	387	N Mitchell
34	Chelmsford AC	2136	—	126	E Messer	252	G Chatterton	361	J Booty	430	C Waugh	450	D Pavitt	517	K Hoye
35	Cambridge & Coleridge AC	2222	—	254	M Salt	266	C Flood	319	N Carroll	334	J Kazer	439	J Morley	610	M Chaplin
36	Coventry Godiva Harriers	2299	—	149	M Radlak	152	S Hazell	279	J McKeown	384	J Griggs	663	M Slevin	672	P Banks
37	St Helens Sutton AC	2308	—	180	G Williams	293	B Graney	331	I Hayburn	398	R Marsh	451	R Vose	655	I Pass
38	Chester-Le-Street & Dist AC	2366	—	203	D Purvis	226	S Bell	242	J Russell	337	P Embleton	528	S Wells	830	K Pyle
39	Loftus & Whitby AC	2481	—	228	D Middlemass	294	A Pearson	392	P Wildmore	425	R Williamson	504	C Ellis	638	R Howard
40	East Cheshire H & Tameside AC	2594	—	246	D Kilbey	282	G Matthews	419	L Browne	446	S Robinson	582	A Farley	619	M Creighton
41	Derby AC	2672	—	13	J Gilby	371	J Robertson	427	B Dyson	589	D Chambers	603	G Fallon	669	P Bates
42	South Shields H & AC	2736	—	304	C McDonald	324	K Mackey	501	P Slater	521	N W-Griffiths	539	K Ayre	547	K McDonald
43	Sunderland Strollers	2751	—	283	K Maynard	299	C Jackson	316	D Lydon	576	P Dixon	607	G Pullan	670	I Lumley
44	Blaydon H & AC	2768	—	183	P Walker	261	A Dent	476	E Dalby	597	S Beryl	614	E Lewis	637	L Friel
45	Beverley AC	2851	—	194	D Williams	431	M Dalton	500	I Boardley	503	T Simpson	598	P Clark	625	N Bant
46	Saltwell Harriers	2916	—	414	F Smith	416	K Wood	478	J Thompson	485	P Goode	549	P Mularkey	574	W Fraser
47	Rochdale H & AC	2984	—	342	K Robinson	362	I Stainthorpe	458	C Leach	512	P Scarr	609	R Darby	701	C Conway
48	Wirral AC	2986	—	184	M Hulmstom	232	L Foster	444	G Brooks	548	S Fox	775	N Pratten	803	A Devoy
49	Elswick Harriers	3036	—	278	A Thompson	281	K Stephenson	530	M Ketley	604	P Sloan	657	A Hartley	686	S Kyte
50	Darlington H & AC	3076	—	298	S Rutherford	376	B Wilson	525	S Hutchinson	542	R Read	616	K Grainger	719	P Smith
51	The Stragglers	3084	—	158	G Brook	495	S Brazil	533	N Brown	550	S Saandham	642	N Rothwell	706	A Pemberton
52	Rugby & Northampton AC	3086	—	335	J Sewell	381	V Carroll	440	T Egan	552	J Saw	639	B Myers	739	A White
53	Thretham RC	3252	—	275	I Yates	491	D Clowes	565	D Pearsall	579	P Thomas	635	A Pestell	707	A Evans
54	Preston Harriers	3360	—	143	S Hallas	345	K Hesketh	516	G Wilson	724	D Preston	727	S Jackson	905	R Curwin
55	Claremont RR & AC	3387	—	368	B McMillan	558	K McCormick	588	M Kingston	605	N Cooper	615	P Prior	653	L Coles
56	Middlebrough & Cleveland H	3486	—	443	J Cox	474	B Saysell	591	G Baird	611	T McGrath	658	S Small	709	T Baker
57	North Shields Poly	3558	—	418	V Hemye	564	M Johnson	592	A Hayes	636	I Richardson	664	S Atwell	684	D Morris
58	Lytham St Annes RR	3588	—	464	C Laidlaw	490	S Hargreaves	618	T Hellings	643	D Dunn	676	W Richmond	697	G Brandie
59	Manchester H & AC	3598	—	329	A Skitt	507	E Gilligan	571	M Cunningham	718	N Oldham	728	S Hindmarsh	745	S Symons
60	Wallasey AC	3624	—	408	J Johnson	498	P Riley	541	G Jones	674	D Walton	731	S Wilkinson	772	S Williams
61	Alnwick Harriers	3667	—	366	N Craigs	497	D Richardson	641	M Henry	682	S Cook	735	C Gillon	746	C Atwell
62	Tynedale H & AC	3726	—	437	S Brown	457	H Bingham	475	P Vincent	668	P Tait	832	D Ford	857	R Moore
63	Birtley AC	3791	—	404	L Millmore	496	K Oakes	506	D Ranson	563	B Bailes	910	T Millmore	912	P Kelly
64	Derwentside AC	3863	—	245	J S Donnelly	577	O Reay	613	B Buckley	773	N Smith	781	G Winter	874	B Murray
65	Valley Striders AC	3866	—	315	S Webb	624	B Jackson	675	P Towler	656	D Murray	760	G Skerrett	860	P Sanderson
66	Houghton & Peterlee AC	4072	—	472	J McDermott	473	M Gibbons	690	S Leonard	774	A Readman	812	S Pearson	851	M Dickinson
67	Horsforth Harriers	4072	—	351	R Sunley	469	M Senior	666	B Ellis	847	A Charles	866	G Little	873	I Park
68	Garden City Runners	4163	—	373	S Livingstone	596	D Edwards	661	S Smith	722	S Williams	903	T Allen	908	J Fogarty
69	Kenilworth Runners	4253	—	429	W Oakes	494	R Thompson	762	M Lambert	843	R Greenhalf	855	T Dable	870	S Shillington
70	Heaton Harriers	4316	—	487	D Robins	662	S McEntee	744	E Batty	789	C Burn	810	A Mulliss	824	D Brignall
71	Long Eaton RC	4410	—	531	R Wilkinson	612	G Whitt	743	E Mathieson	805	A Vais	813	P Walters	906	K Holland
72	Aurora Harriers	4635	—	551	P Hunter	678	I Hayden	796	B Usher	833	W Raine	882	L Greaves	895	K Weavers