

English National Cross Country Championships at Sunderland on Saturday 10th March 2007

Junior Men — FINAL RESULTS

Distance = 10000m

Pos	Name	Club	Time	Pos	Name	Club	Time
1	K Deighton	Bridlington RR	32:12	71	M Hartly	Preston Harriers	36:01
2	T Russell	Stroud & District AC	32:14	72	J Holden	Tipton Harriers	36:02
3	N Swinburn	Morpeth H & AC	32:30	73	Z Scott	Birtley AC	36:02
4	J Mellor	Liverpool H & AC	32:34	74	J Shaw	East Cheshire H & Tameside AC	36:03
5	R Fraser	OWLS AC	32:44	75	J Stone	Lincoln Wellington AC	36:04
6	A Holliday	Trafford AC	32:46	76	K Lecher	Hull Achilles	36:15
7	M Goose	City Of Norwich AC	33:00	77	T Pattison	Macclesfield H & AC	36:24
8	K Hardy	Ipswich Harriers	33:10	78	A Holford	Woodford Green AC With Essex L	36:29
9	S Perkins	Ranelagh Harriers	33:15	79	M Gibbons	Notts AC	36:30
10	M Mashford	Aldershot Farnham & District	33:19	80	N Hussain	Hallamshire Harriers Sheffield	36:31
11	M Burgess	Woodford Green AC With Essex L	33:24	81	A Mitchell	Middlesbrough AC (Mandale)	36:32
12	B Lindsay	Pendle AC	33:30	82	J Totterdell	Stroud & District AC	36:40
13	M Clough	Leeds City AC	33:32	83	A Conway	Blackheath & Bromley Harriers	36:45
14	C Peters	Bristol & West AC	33:35	84	P Graves	Nestle Rowntree AC	36:49
15	J Taylor	Morpeth H & AC	33:46	85	S Aspinwall	Sale Harriers Manchester	36:57
16	J Tyler	Medway & Maidstone AC	33:47	86	D Brocklehurst	Trafford AC	37:07
17	J Van-Deventer	Aldershot Farnham & District	33:48	87	T Carter	Wallsend H & AC	37:08
18	C Gunderson	Liverpool H & AC	33:57	88	M Mannings	Oldham & Royton H & AC	37:09
19	T Dalton	Severn AC	33:59	89	B Corfield	Leighton Buzzard AC	37:11
20	G Watts	Peterborough AC	34:00	90	S Payne	Derby AC	37:13
21	A Wiles	Middlesbrough AC (Mandale)	34:01	91	R Whittaker	Sale Harriers Manchester	37:17
22	A Duffield	Loftus & Whitby AC	34:01	92	S Martyn	HIGHGATE Harriers	37:20
23	M Crawley	Durham City Harriers & AC	34:02	93	L Winterbottom	Sale Harriers Manchester	37:21
24	A Russell	Stroud & District AC	34:04	94	C McGurk	Notts AC	37:22
25	J Hare	Halfax H & AC	34:05	95	J Vintner	Blackheath & Bromley Harriers	37:24
26	B Tyler	Medway & Maidstone AC	34:07	96	S May	OWLS AC	37:25
27	D Mullett	Bristol & West AC	34:18	97	J Perkins	Scunthorpe & District AC	37:26
28	L Moses	Newton Aycliffe AC	34:19	98	B Robinson	Bristol & West AC	37:30
29	D Catt	Liverpool H & AC	34:20	99	T Minshull	Trafford AC	37:31
30	C Hopkins	City Of Norwich AC	34:23	100	J Dean	Leeds City AC	37:33
31	R Morrell	Middlesbrough AC (Mandale)	34:26	101	O Crux	Ashford AC	37:43
32	C Cullen	OWLS AC	34:32	102	R Armstrong	Beverley AC	37:47
33	J Tuttle	Bedford & County AC	34:33	103	B Proctor	Scarborough AC	37:56
34	A Donno	Brighton & Hove City AC	34:34	104	D Marsh	Sale Harriers Manchester	37:59
35	J Poole	Blackheath & Bromley Harriers	34:35	105	T Jobborn	Tipton Harriers	38:04
36	J Russell	Liverpool H & AC	34:37	106	J Fairbourn	Belgrave Harriers	38:08
37	C Davison	Derby AC	34:38	107	A Connally	East Cheshire H & Tameside AC	38:11
38	J McGonigle	Warrington AC	34:43	108	D Manassib	London Heathside Runners	38:13
39	S Scullion	Aldershot Farnham & District	34:46	109	A Davy	Leeds City AC	38:23
40	J Johnson	Kingston Upon Hull AC	34:48	110	R Daniel	Blackheath & Bromley Harriers	38:26
41	E Highton	OWLS AC	34:51	111	S Rollason	Tipton Harriers	38:29
42	M Holden	Tipton Harriers	34:53	112	K Alderson	Kendal AAC	38:32
43	N Shrubbs	Morpeth H & AC	34:54	113	A Newton	Manx Harriers	38:35
44	G Davis	OWLS AC	34:59	114	A Atkinson	Blackheath & Bromley Harriers	38:38
45	C Bradbury	Reading AC	35:00	115	M Plaskett	Lincoln Wellington AC	38:39
46	A Nixon	Stockport H & AC	35:03	116	S Huntington	City Of Norwich AC	38:43
47	C Price	Wakefield District H & AC	35:06	117	J Burke	Peterborough AC	38:47
48	J Young	Morpeth H & AC	35:07	118	M Timmins	Warrington AC	38:51
49	T Phillips	Woodford Green AC With Essex L	35:09	119	J Appleton	St Helens Sutton AC	38:52
50	M Leslie	Aldershot Farnham & District	35:10	120	D Howlett	Sale Harriers Manchester	38:55
51	E Semreab	London Heathside Runners	35:14	121	D Gordon	Liverpool Pembroke & Sefton H	39:01
52	A Russell	Kendal AAC	35:15	122	J Stathers	Beverley AC	39:01
53	J Kevan	Horwich RMI Harriers	35:19	123	T O'Loughlin	London Heathside Runners	39:06
54	E Womersley	Stroud & District AC	35:20	124	T Wade	Aldershot Farnham & District	39:09
55	L Stafford	Hallamshire Harriers Sheffield	35:27	125	A Muir	Blaydon H & AC	39:11
56	C Baddick	Bristol & West AC	35:31	126	W Davies	Luton AC	39:22
57	H Speed	Coventry Godiva Harriers	35:32	127	A Gill	Tynedale H & AC	40:01
58	R Floyd	Morpeth H & AC	35:35	128	S Feasy	Kingston Upon Hull AC	40:21
59	S Cannell	City Of Norwich AC	35:41	129	G Browne	East Cheshire H & Tameside AC	40:35
60	J Wade	Aldershot Farnham & District	35:42	130	A Thomas	Lincoln Wellington AC	41:21
61	N Hooker	Leeds City AC	35:43	131	M Hayward	Halesowen A & CC	41:21
62	J Lavin	Leeds City AC	35:44	132	T Balshaw	Preston Harriers	41:34
63	C Rooke	Ipswich Harriers	35:47	133	M Debbage	Peterborough AC	41:51
64	R Jowett	Sale Harriers Manchester	35:48	134	A Fletcher	Bingley H & AC	43:06
65	L GambleThompson	New Marske Harriers	35:48	135	S Hunter	Morpeth H & AC	43:20
66	W Wright	Chelmsford AC	35:49	136	S Hunt	Tipton Harriers	44:06
67	K Tombleson	Notts AC	35:51	137	M Jenner	Bexley AC	44:34
68	A Inskip	Bedford & County AC	35:53	138	P Chung	Durham City Harriers & Ac	46:27
69	C Moore	Aldershot Farnham & District	35:57	139	W Goodall	New Marske Harriers	47:14
70	O Ziff	Leeds City AC	35:58				

Junior Men — TEAM RESULTS

1	Liverpool H & AC	87	—	4	J Mellor	18	C Gunderson	29	D Catt	36	J Russell
2	Morpeth H & AC	109	—	3	N Swinburn	15	J Taylor	43	N Shrubbs	48	J Young
3	Aldershot Farnham & District	116	—	10	M Mashford	17	J Van-Deventer	39	S Scullion	50	M Leslie
4	OWLS AC	122	—	5	R Fraser	32	C Cullen	41	E Highton	44	G Davis
5	Stroud & District AC	162	—	2	T Russell	24	A Russell	54	E Womersley	82	J Totterdell
6	Bristol & West AC	195	—	14	C Peters	27	D Mullett	56	C Baddick	98	B Robinson
7	Leeds City AC	206	—	13	M Clough	61	N Hooker	62	J Lavin	70	O Ziff
8	City Of Norwich AC	212	—	7	M Goose	30	C Hopkins	59	S Cannell	116	S Huntington
9	Blackheath & Bromley Harriers	323	—	35	J Poole	83	A Conway	95	J Vintner	110	R Daniel
10	Tipton Harriers	330	—	42	M Holden	72	J Holden	105	T Jobborn	111	S Rollason
11	Sale Harriers Manchester	333	—	64	R Jowett	85	S Aspinwall	91	R Whittaker	93	L Winterbottom