

Wilf Richards Cross Country Relays at Heaton Park, on Saturday 3rd March 2007

Wilf Richards — Team Results — Final (nn) is team position after the appropriate stage.

1 Trafford Athletic Club			‘A’	1:06:30	17 Buxton & District Ac			‘A’	1:20:11
1 Joe Macdonald	(1) 16:16	2 Mike Sawrey	(1) 17:00	1 Terry Fowler	(21) 20:16	2 G Whitehead	(19) 19:58		
3 Jonathan Holt	(1) 17:22	4 Tom Minshull	(1)15:52	3 Mark Quince	(19) 21:03	4 Steven Ramsey	(17) 18:54		
2 Bury Athletic Club			1:10:46	18 Radcliffe Ac			‘B’	1:22:14	
1 M Shakeshaft	(10) 18:02	2 Josh Cole	(7) 17:48	1 Adrian Harris	(16) 18:57	2 Robin Sheils	(20) 22:07		
3 D Hoolahan	(4) 17:53	4 Scott Evans	(2) 17:03	3 Gary Wilson	(18) 20:10	4 Shaun Layton	(18) 21:00		
3 Wilmslow Running Club			‘A’	1:10:59	19 Manchester Ymca Harriers			‘A’	1:23:48
1 M Fowler	(4) 17:10	2 R Downes	(4) 17:51	1 Andy Oliver	(20) 19:56	2 Steve Symons	(22) 21:51		
3 S Parrott	(3) 17:57	4 T McGaff	(3) 18:01	3 Eddie Gilligan	(22)20:09	Nigel Oldham	(19) 21:52		
4 Salford Harriers			‘A’	1:11:09	20 Belle Vue Racers			‘A’	1:23:57
1 R Hughes	(5) 17:13	2 P West	(3) 17:37	1 Dale Chadwick	(19) 19:28	2 Steve Runyan	(18) 20:35		
3 P Birkett	(2) 17:42	4 D Townsend	(4) 18:37	3 Tom Snaith	(23) 22:17	4 James Corrigan	(20)21:37		
5 E Cheshire H & Tameside Ac			‘A’	1:11:37	21 Astley & Tyldesley Rr			1:24:42	
1 James Shaw	(8) 17:45	2 Danny Vaughan	(6) 18:00	1 Gary Stevens	(22) 20:18	2 Craig Little	(21) 21:03		
3 Gary Matthews	(5) 18:08	4 Dominic Kilbey	(5)17:44	3 Mark Riches	(21) 20:20	4 Bob Stevens	(21) 23:01		
6 Leigh Harriers & Ac			‘A’	1:12:55	22 Swinton Running Club			‘A’	1:25:23
1 Nel Pendlebury	(7)17:27	2 Alex Urmston	(9) 18:33	1 T Flanagan	(18) 19:26	2 R Parris	(16) 19:32		
3 Scott Hughes	(6) 18:01	4 Tom Henders	(6) 18:54	3 S Doxey	(14) 18:44	4 A Smith	(22) 27:41		
7 Trafford Athletic Club			‘B’	1:14:14	23 Rochdale Harriers & Ac			‘C’	1:26:21
1 Andrew Lister	(3) 17:03	2 Rob Banjac	(2) 17:41	1 M Widdup	(24) 21:25	2 P Roberts	(26) 24:16		
3 Colin McDonald	(7) 19:46	4 Undeclared	(7)19:44	3 B Moore	(24) 20:53	4 M Walker	(23) 19:47		
8 Rochdale Harriers & Ac			‘A’	1:14:52	24 Salford Harriers			‘C’	1:29:28
1 W Ali	(13) 18:34	2 P Williams	(5) 16:54	1 A Towell	(27) 23:03	2 T Daniels	(24) 22:04		
3 I Roberts	(9) 20:13	4 M Proctor	(8) 19:11	3 R Bowness	(25) 21:30	4 R Warrender	(24) 22:51		
9 E Cheshire H & Tameside Ac			‘B’	1:16:56	25 Manchester Ymca Harriers			‘B’	1:30:10
1 Gavin Browne	(17) 19:15	2 Tony Connally	(12) 18:16	1 Jon Paramor	(26) 22:54	2 Tom Dutton	(27) 23:03		
3 Liam Browne	(11) 18:38	4 Francis Day	(9) 20:47	3 N PearceSmith	(26) 22:01	4 Tom Bentley	(25) 22:12		
10 Rochdale Harriers & Ac			‘B’	1:16:57	26 Salford Metropolitan Ac			‘B’	1:31:52
1 K Robinson	(15) 18:47	2 I Stainthorpe	(14) 19:03	1 M Hulme	(30) 23:34	2 S Lightfoot	(25) 21:39		
3 I Leach	(13) 19:21	4 I Aitchison	(10) 19:46	3 A Thomas	(27) 23:58	4 P Farrelly	(26) 22:41		
11 Wilmslow Running Club			‘B’	1:17:09	27 Radcliffe Ac			‘C’	1:34:43
1 M Halman	(6) 17:25	2 P Carne	(10) 18:53	1 David Bartlett	(23)20:51	Mark Emmett	(28) 25:30		
3 R Eagle	(8) 19:20	4 N Bishop	(11) 21:31	3 M Cartwright	(28) 24:30	4 Jim Sutcliffe	(27) 23:52		
12 Oldham & Royton H & Ac			1:18:16	28 Manchester Ymca Harriers			‘C’	1:42:05	
1 Rob Ingham	(2) 16:52	2 Reece Hendley	(13) 20:56	1 Neil Atherton	(29) 23:33	2 Steve Ingham	(30) 25:21		
3 Mike Mannings	(10) 18:18	4 B Schofield	(12) 22:10	3 Ian Manners	(29) 24:08	4 Andy Barclay	(28) 29:03		
13 Salford Harriers			‘B’	1:18:35	Incomplete Teams:				
1 P Simons	(9) 17:47	2 I Johnson	(15) 20:43	Manchester Harriers & Ac			‘A’	58:30	
3 S Curran	(17) 20:51	4 D Williams	(13) 19:14	1 D Gee	(12) 18:29	2 M Cunningham	(17) 21:13		
14 Spenborough & Dist Ac			1:18:54	3 A Skitt	(16) 18:48	‘B’			
1 D Stewart	(14) 18:39	2 T Byrne	(11) 17:52	Belle Vue Racers			‘B’	1:14:08	
3 J Hornby	(15) 21:25	4 F Reddington	(14) 20:58	1 Tony Hoghton	(28) 23:16	2 Frank Watson	(29) 24:43		
15 Radcliffe Ac			‘A’	1:19:02	3 Kevin Egerton	(30) 26:09			
1 Daniel Appleby	(11)18:14	Simon Bruton	(8) 17:46						
3 Peter Potter	(12) 21:05	4 M Ellison	(15) 21:57						
16 Salford Metropolitan Ac			‘A’	1:19:39					
1 J Carney	(25) 22:43	2 P Connolly	(23) 19:42						
3 D Edwards	(20) 19:05	4 P Marchment	(16) 18:09						

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1 Wilmslow Running Club				'A' 1:10:59				3 Rochdale Harriers & Ac				'C' 1:26:21			
1 M Fowler	(1) 17:10	2 R Downes	(1) 17:51	1 M Widdup	(3) 21:25	2 P Roberts	(4) 24:16								
3 S Parrott	(1) 17:57	4 T McGaff	(1) 18:01	3 B Moore	(3) 20:53	4 M Walker	(3) 19:47								
2 Salford Harriers				'B' 1:18:35				4 Salford Metropolitan Ac				'B' 1:31:52			
1 P Simons	(2) 17:47	2 I Johnson	(2) 20:43	1 M Hulme	(5) 23:34	2 S Lightfoot	(3) 21:39								
3 S Curran	(2) 20:51	4 D Williams	(2) 19:14	3 A Thomas	(4) 23:58	4 P Farrelly	(4) 22:41								

Fastest of all legs

1 Tom Minshull	TraffordAC	A	15:52
2 Joe Macdonald	TraffordAC	A	16:16
3 Rob Ingham	Oldham&RH&		16:52
4 P Williams	RochdaleH&	A	16:54
5 Mike Sawrey	TraffordAC	A	17:00
6 Scott Evans	BuryAC		17:03
= Andrew Lister	TraffordAC	B	17:03
8 M Fowler	WilmslowRC	A	17:10
9 R Hughes	SalfordH	A	17:13
10 Jonathan Holt	TraffordAC	A	17:22

Fastest of all legs (Vets)

1 M Fowler	WilmslowRC	A	17:10
2 P Birkett	SalfordH	A	17:42
3 P Simons	SalfordH	B	17:47
4 R Downes	WilmslowRC	A	17:51
5 S Parrott	WilmslowRC	A	17:57
6 Danny Vaughan	ECH&TA	A	18:00
7 Scott Hughes	LeighH&A	A	18:01
= T McGaff	WilmslowRC	A	18:01
9 Gary Matthews	ECH&TA	A	18:08
10 D Gee	Manchester	A	18:29

Incomplete Teams:

Belle Vue Racers				'B' 1:14:08			
1 Tony Hoghton	(4) 23:16	2 Frank Watson	(5) 24:43				
3 Kevin Egerton	(5) 26:09						

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1 Salford Harriers Ladies		'A'	1:00:54	8 Belle Vue Racers Ladies		'A'	1:18:20
1 T Walker	(1) 19:20	2 A Sanders	(1) 22:29	1 Clare Brady	(8) 25:50	2 Annie Hirsch	(9) 26:21
3 R Jones	(1) 19:05			3 Amanda Kinsley	(8) 26:09		
2 Radcliffe Ac Ladies		'A'	1:04:07	9 Composite			1:19:34
1 D Cartwright	(2) 20:54	2 Sarah Massey	(2) 22:30	1 D Beresford	(9) 26:06	2 Julie Peters	(7) 23:15
3 Anna Lupton	(2) 20:43			3 Nicky Davies	(9) 30:13		
3 Rochdale Harriers Ladies		'A'	1:06:28	10 Radcliffe Ac Ladies		'C'	1:24:38
1 A Bloomfield	(3) 22:59	2 Huma Rahman	(3) 21:58	1 D Sutcliffe	(13) 29:35	2 Rachel Stoney	(11) 27:45
3 Josepha Terrim	(3) 21:31			3 C Byrne	(10) 27:18		
4 Manchester Ymca Ladies			1:12:27	11 Rochdale Harriers Ladies		'D'	1:26:49
1 P Fitzpatrick	(6) 23:52	2 S Goodchild	(8) 25:52	1 C Smeeton	(11) 27:43	2 Lorraine Leary	(12) 29:56
3 S Yousefian	(4) 22:43			B Robinson	(11) 29:10		
5 Rochdale Harriers Ladies		'B'	1:13:08	12 Rochdale Harriers Ladies		'C'	1:27:05
1 K Johnson	(7) 24:18	2 Jan Needham	(4) 23:15	1 J Hutchinson	(10) 27:00	2 Kay Hill	(10) 27:50
3 D Winterburn	(5) 25:35			3 Helen Wyton	(12) 32:15		
6 Radcliffe Ac Ladies		'B'	1:13:39	13 Belle Vue Racers Ladies		'B'	1:29:27
1 A Rampley	(4) 23:25	2 Yasmin Purafia	(6) 25:20	1 R Healey	(12) 27:54	2 Max Grimshaw	(13) 32:33
P Abernethy	(6) 24:54			3 Julia Foy	(13) 29:00		
7 Astley & Tyldesley Ladies			1:15:19				
1 Brenda Wane	(5) 23:42	2 Susan Hopkins	(5) 24:22				
3 Abigail Monks	(7) 27:15						

Fastest of all legs

1 R Jones	SalfordHL	A	19:05
2 T Walker	SalfordHL	A	19:20
3 Anna Lupton	RadcliffeL	A	20:43
4 D Cartwright	RadcliffeL	A	20:54
5 Josepha Terrim	RochdaleHL	A	21:31
6 Huma Rahman	RochdaleHL	A	21:58
7 A Sanders	SalfordHL	A	22:29
8 Sarah Massey	RadcliffeL	A	22:30
9 S Yousefian	M'chrYMCAL		22:43
10 A Bloomfield	RochdaleHL	A	22:59

Fastest of all legs (Vets)

1 R Jones	SalfordHL	A	19:05
2 Josepha Terrim	RochdaleHL	A	21:31
3 Huma Rahman	RochdaleHL	A	21:58
4 A Bloomfield	RochdaleHL	A	22:59
5 Jan Needham	RochdaleHL	B	23:15
6 A Rampley	RadcliffeL	B	23:25
7 Brenda Wane	Astley&TL		23:42
8 P Abernethy	RadcliffeL	B	24:54
9 D Winterburn	RochdaleHL	B	25:35
10 Clare Brady	BelleVRL	A	25:50

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1 Rochdale Harriers Ladies		'A'	1:06:28
1 A Bloomfield	(1) 22:59	2 Huma Rahman	(1) 21:58
3 Josepha Terrim	(1) 21:31		
2 Rochdale Harriers Ladies		'C'	1:27:05
1 J Hutchinson	(2) 27:00	2 Kay Hill	(2) 27:50
3 Helen Wyton	(2) 32:15		
3 Belle Vue Racers Ladies		'B'	1:29:27
1 R Healey	(3) 27:54	2 Max Grimshaw	(3) 32:33
3 Julia Foy	(3) 29:00		