

The Jim Dingwall Elloughton 10k at Elloughton on Sunday 12th August 2007

Elloughton — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Daniel Agustus		Scarborough Athletic Club	31:28	86	Daniel Barrass	V40 16	Unattached	43:15
2	Steve Bateson		East Hull Harriers & Ac	32:40	87	Jordan Arnott	U18 8	Beverley Ac	43:18
3	Jonathan Carter		East Hull Harriers & Ac	33:19	88	Andrew Gristwod	V40 17	Cleethorpes & District Ac	43:20
4	Phill Taylor		Bridlington Road Runners	33:55	89	Mel Evans	L 8	Unattached	43:21
5	Darren Cooney	V40 1	Rotherham Harriers & Ac	34:05	90	Stephen Coveney	V55 5	City Of Hull Ac	43:22
6	Thomas McKee		Kingston Upon Hull A C	34:25	91	Phil Reay		Haltemprice Road Runners Cl	43:28
7	Matthew Pye	U18 1	Kingston Upon Hull A C	34:42	92	Daniel Aldus		City Of Hull Ac	43:29
8	Jack Cutsforth	U18 2	Kingston Upon Hull A C	34:58	93	Andrew Lawtry		Unattached	43:37
9	Lance Kirlaw	V45 1	East Hull Harriers & Ac	35:06	94	Antony Keyworth		Unattached	43:38
10	John Broom		Holmfirth Harriers Ac	35:26	95	Simon Chilton	V45 10	Unattached	43:38
11	Mike Vinegrad		East Hull Harriers & Ac	36:14	96	Fiona Robinson	L40 2	City Of Hull Ac	43:54
12	Pete Baker		Unattached	36:36	97	Moir Armstrong	L45 1	Beverley Ac	43:55
13	Jon Tucker	U18 3	Kingston Upon Hull A C	36:59	98	Luc Clayton		City Of Hull Ac	43:57
14	James Kraft	U18 4	Scarborough Athletic Club	37:11	99	Neil Cavill	V40 18	City Of Hull Ac	43:57
15	Adam Fozzard		City Of Hull Ac	37:12	100	Matthew Dean	JM 3	Unattached	44:13
16	Eddie Rex		East Hull Harriers & Ac	37:14	101	Wayne Heppenstall		Holme Valley Ac	44:16
17	Nigel Sisson		East Hull Harriers & Ac	37:16	102	Steve Trout		Valley Striders	44:21
18	Keith Williams	V55 1	Rotherham Harriers & Ac	37:18	103	Mark Dennison	V45 11	Unattached	44:25
19	Richard Thompson		City Of Hull Ac	37:23	104	Adrian Rooks	V45 12	Unattached	44:27
20	Andrew Watson	V40 2	East Hull Harriers & Ac	37:36	105	Ian Fergusson		Unattached	44:31
21	John Tuton		North Shields Poly Club	37:38	106	Jodie Spencer	L18 3	Kingston Upon Hull A C	44:33
22	Simon Richardson	V55 2	Pocklington Runners	37:41	107	Rob Reid	V40 19	Beverley Ac	44:37
23	Tim McCune	U18 5	Kingston Upon Hull A C	37:46	108	Michael Carter	V55 6	Unattached	44:45
24	Paul Smith	V45 2	Unattached	37:53	109	Amanda Dean	L45 2	The YPI West Hull Ladies Rrc	44:46
25	Aubrey Morrell		Beverley Ac	37:53	110	Andy Blake		Unattached	44:48
26	James Stathers	JM 1	Beverley Ac	38:06	111	Matthew Simpson		Unattached	44:52
27	Ross Armstrong	JM 2	Beverley Ac	38:12	112	Glen Rimmington	V40 20	Hull Achilles Ac	44:53
28	Ian Hird	V45 3	City Of Hull Ac	38:14	113	Vernon Chapman		Unattached	44:54
29	Tony Burgin	V40 3	White City (hull) Rrc	38:28	114	Mark Nurse	V45 13	Withernsea Harriers	44:57
30	Paul Frost	V50 1	East Hull Harriers & Ac	38:35	115	Paul Cairns		Unattached	45:02
31	Jim Emmines		The Stragglers	38:43	116	Darran Cook		Unattached	45:03
32	David Cole	V50 2	Wolds Veteran Runners Club	38:44	117	Andrew Johnson		Unattached	45:04
33	Martin Horbury	V40 4	Keighley & Craven Ac	38:47	118	Ian Pattison		Unattached	45:06
34	Mark Lawson		Hull Springhead Harriers	39:09	119	Derek Martin	V60 2	Abbey Runners	45:10
35	Ian Fenton		Unattached	39:14	120	Alex Eaton		Unattached	45:18
36	Ted Kraft	V50 3	Scarborough Athletic Club	39:16	121	Stephen Knowles	V45 14	Hull Springhead Harriers	45:24
37	Rob Snaith		Unattached	39:17	122	Graham Naylor	V55 7	White City (hull) Rrc	45:26
38	David Vickers		Scunthorpe & District Ac	39:21	123	Ian Tasker		White City (hull) Rrc	45:28
39	Ian Husband	V45 4	Beverley Ac	39:24	124	Simon Jack	V55 8	Unattached	45:32
40	Daphne Ellmore	L55 1	Wolds Veteran Runners Club	39:26	125	Mike Bayston	V40 21	East Hull Harriers & Ac	45:33
41	Steve Wardell		Unattached	39:29	126	Paul Maddison		Unattached	45:35
42	Tony Collinson	V40 5	East Hull Harriers & Ac	39:31	127	Ricky Kipling		Unattached	45:39
43	Elliot Hakner		Unattached	39:40	128	C Williamson	V45 15	Unattached	45:40
44	Kieran Blogg		Unattached	39:41	129	Neil Pattison	V40 22	Scunthorpe & District Ac	45:43
45	Craig Smallbone		Loughton AC	39:42	130	Tina Wardropper	L40 3	Beverley Ac	45:45
46	Lee Phipps		Unattached	39:43	131	Barrie Buxton	V60 3	City Of Hull Ac	45:48
47	Paul Body		City Of Hull Ac	39:52	132	Stephen Howden		Unattached	45:53
48	David Rowden	V40 6	Hull Springhead Harriers	39:55	133	Bob Newell	V70 1	Scunthorpe & District Ac	45:56
49	Gary Whitfield	V40 7	Unattached	39:57	134	Alan High	V40 23	Unattached	46:00
50	Kristian Davis		Beverley Ac	39:59	135	Richard Beare		Unattached	46:07
51	Ian Boardley		Beverley Ac	39:59	136	Michael Day	V45 16	Kingston Upon Hull A C	46:12
52	Ben Smales		Unattached	39:59	137	Jackie Wright	L40 4	Unattached	46:19
53	Philip Burn	U18 6	Beverley Ac	40:14	138	Shane Page	V45 17	City Of Hull Ac	46:23
54	David Porter	V40 8	City Of Hull Ac	40:16	139	Malcolm Denison	V45 18	Kirkstall Harriers	46:25
55	Laura-Jane Day	L18 1	Kingston Upon Hull A C	40:19	140	Stewart Kinghorn	V55 9	Unattached	46:26
56	Neal Boardley		Unattached	40:19	141	Danny Candlin		Unattached	46:38
57	Phil Dewberry	V55 3	Hull Springhead Harriers	40:27	142	Nick Baldwin		Unattached	46:43
58	Steven Green	V55 4	Wolds Veteran Runners Club	40:31	143	Lindon Washby		East Hull Harriers & Ac	46:56
59	Russell Hardiman	V40 9	City Of Hull Ac	40:34	144	Tony Beck		Beverley Ac	47:09
60	Paul Andrews	V40 10	East Hull Harriers & Ac	40:37	145	Linda Hardy	L 15	Border Harriers & Ac	47:10
61	Paul Freeman	V40 11	Wolds Veteran Runners Club	40:38	146	Pat Brady	V50 6	Abbey Runners	47:27
62	Cheryl Lyons	L35 1	Kingston Upon Hull A C	41:03	147	Alan Cuff	V65 1	East Hull Harriers & Ac	47:30
63	Paul Wiles	V45 5	Beverley Ac	41:10	148	Kelvin Westerman	V50 7	East Hull Harriers & Ac	47:36
64	Gary Coulam	V45 6	Wolds Veteran Runners Club	41:20	149	Carole Brattan	L40 5	Hull Achilles Ac	47:38
65	Sa Eugenio De	V50 4	Beverley Ac	41:27	150	Paul Witherwick		Unattached	47:39
66	John Smith	V50 5	City Of Hull Ac	41:49	151	Colin Watson	V60 4	Dewsbury Road Runners	47:40
67	Phill White		Unattached	41:51	152	Darren Cairns		Unattached	47:41
68	Graham Cook	V40 12	City Of Hull Ac	41:58	153	Ashley Arnott	JM 4	Beverley Ac	47:42
69	Stephen Brook	V60 1	Queensbury Running Club	42:00	154	Robin Smith	V50 8	Unattached	47:45
70	Michelle Stone	L18 2	Kingston Upon Hull A C	42:00	155	Jez Aintly		Unattached	47:46
71	Stephen Goldthorpe	V40 13	Unattached	42:03	156	John Myers	V40 24	Unattached	47:47
72	Mike Holloway	V45 7	Unattached	42:04	157	Alberto Girolami	V40 25	Unattached	47:48
73	Ian Rosser		Unattached	42:06	158	Paul Broderick	V45 19	Unattached	47:50
74	Graham Havercroft	V45 8	East Hull Harriers & Ac	42:07	159	Brian Watts	V60 5	Unattached	47:52
75	Chris Dunn		Beverley Ac	42:12	160	Matthew Wright		Unattached	47:54
76	Huwie Davies		Unattached	42:18	161	Gavin Atkinson		Unattached	47:58
77	Simon Alexander		Kingston Upon Hull A C	42:20	162	Lauren Halkon	L 17	Unattached	48:00
78	John Basker		Unattached	42:23	163	David Brookes	V50 9	Unattached	48:01
79	Julie Donald	L35 2	Beverley Ac	42:25	164	Alan Burton	V45 20	Unattached	48:02
80	Nigel Cook	V40 14	Rotherham Harriers & Ac	42:28	165	Sally Precious	L35 4	Hull Achilles Ac	48:06
81	Dawn Broom	L40 1	Holmfirth Harriers Ac	42:37	166	Michael Palmer		Unattached	48:07
82	Corey Arnott	U18 7	Beverley Ac	42:46	167	Helen Storr	L40 6	Beverley Ac	48:09
83	Pamela Richards	L35 3	City Of Hull Ac	42:47	168	Jayne Dale	L45 3	Beverley Ac	48:11
84	Duncan Berriman	V40 15	Unattached	43:04	169	Heidi Booth	L 21	Unattached	48:12
85	Andy Tate	V45 9	Beverley Ac	43:12	170	John Horncastle	V50 10	Hull Springhead Harriers	48:15

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171	Dave Ripton		Unattached	48:20	262	Wendy Burnett	L 54	Hull Springhead Harriers	53:51
172	Helene Cundill	L35 5	The Village	48:25	263	Helen Cassidy	L 55	Unattached	53:51
173	Graham Southard	V45 21	Unattached	48:25	264	Paul Blackburn	V50 17	Unattached	53:53
174	Gail Tombs	L55 2	Ackworth Road Runners	48:26	265	Jade Stowell	L 56	Kingston Upon Hull A C	54:02
175	Sally Yarrington	L45 4	Scunthorpe & District Ac	48:27	266	Kate Birkenhead	L45 6	Unattached	54:11
176	Claire Windeatt	L 25	Unattached	48:35	267	Robert Budd	V55 13	Unattached	54:18
177	???		???	48:36	268	David Annandale	V50 18	East Hull Harriers & Ac	54:20
178	Craig Palmer		Unattached	48:37	269	Sean Hewitt	V45 31	Unattached	54:24
179	Cath Wadforth	L55 3	Hull Springhead Harriers	48:40	270	Rachel Potter	L 58	Unattached	54:34
180	Tim Wood	V45 22	Unattached	48:44	271	Sarah Armstrong	L 59	Unattached	54:35
181	Colin Utterson	V60 6	York Acorn Running Club	48:48	272	Tracey Heath	L40 9	Unattached	54:35
182	Mark Willis		White City (hull) Rrc	48:48	273	Dean Patrick		Unattached	54:46
183	Richard Riby		Unattached	48:52	274	Ben Thompson		Unattached	54:52
184	Sarah Rose	L50 1	Unattached	48:58	275	Carolyn Brown	L35 10	Unattached	54:56
185	Philip Newton		Unattached	48:58	276	Rob Moffatt		Unattached	55:02
186	Laura Reynolds	L 28	Hull Springhead Harriers	48:59	277	John Boardley	V60 11	Beverley Ac	55:04
187	James Ward		Unattached	49:02	278	Denise Olds	L55 5	Hull Springhead Harriers	55:06
188	Paul Herbert		Unattached	49:05	279	Martin Dennison		Unattached	55:08
189	Paul Shepherd	V40 26	Unattached	49:06	280	Neil Myers		Unattached	55:12
190	Verena Golach	L45 5	City Of Hull Ac	49:07	281	Stephen Lamyman		Unattached	55:12
191	Alan Pye	V45 23	Unattached	49:09	282	Steve Parker	V40 39	Unattached	55:13
192	Olafia Kvaran	L35 6	Unattached	49:10	283	Iain Hill	V40 40	Unattached	55:23
193	Barry Spriggs	V40 27	Unattached	49:12	284	Alison Windas	L40 10	Unattached	55:30
194	Samantha Ritson	L35 7	Scunthorpe & District Ac	49:17	285	Raymond Stead	V45 32	Unattached	55:32
195	Martyn Precious	V40 28	Hull Achilles Ac	49:21	286	Chris Denley	V55 14	Hull Springhead Harriers	55:47
196	Michael Tonkin		Unattached	49:22	287	Katrine Denley	L55 6	Hull Springhead Harriers	55:49
197	Claire Chapman	L 32	Unattached	49:22	288	Stuart Clark	V45 33	Unattached	55:51
198	Steve Richmond	V50 11	East Hull Harriers & Ac	49:24	289	Mark Leighton	V40 41	Unattached	55:59
199	Gary Laws	V40 29	Unattached	49:32	290	Robert Dinsdale	V45 34	White City (hull) Rrc	56:00
200	Ellie Beil	L 33	Unattached	49:33	291	Sharon Whitworth	L35 11	Meltham Ac	56:02
201	Brian Dobson	V45 24	Pocklington Runners	49:34	292	David Scott	V60 12	Scunthorpe & District Ac	56:04
202	Graham Harper	V50 12	Haltemprice Road Runners Cl	49:49	293	Christopher Day	V50 19	Scunthorpe & District Ac	56:16
203	Ian Tattersall	V50 13	Unattached	49:49	294	Tim Booth	V40 42	Driffild Striders	56:18
204	Walter Cammish	V60 7	Unattached	49:51	295	Angela Maltas	L35 12	Unattached	56:20
205	Keith Clayton	V55 10	Unattached	49:54	296	Stewart Boddy		Unattached	56:26
206	David Rudd	V45 25	Unattached	49:57	297	Sophie Teasdale	L40 11	Unattached	56:27
207	Jodie Marshall	L 34	Unattached	50:00	298	Ann Cunningham	L55 7	Unattached	56:27
208	Stuart Benyon	V40 30	Unattached	50:01	299	Terrie Williamson	L40 12	Unattached	56:36
209	Graham Scott		Unattached	50:04	300	Mike Green	V55 15	Unattached	56:45
210	Andrew Sutton		Unattached	50:06	301	John Wardell	V50 20	Unattached	56:50
211	Jane Curran	L 35	Barracuda Tri	50:12	302	James Simpson	V60 13	Swaledale Road Runners	56:53
212	Charles Paterson		Unattached	50:18	303	Greg Clarkson	V55 16	Unattached	56:54
213	Angela Collins	L40 7	Beverley Ac	50:20	304	Lisa Horner	L 70	Unattached	56:54
214	Jeffrey Copping	V55 11	City Of Hull Ac	50:22	305	Miranda Bartlett	L50 3	Unattached	57:01
215	Patricia Warran	L55 4	Hull Springhead Harriers	50:24	306	Caroline Bowditch	L45 7	Unattached	57:03
216	Adele Shipley	L35 8	Pocklington Runners	50:27	307	David Glenville	V50 21	City Of Hull Ac	57:04
217	Susan Crankshaw	L 39	Unattached	50:37	308	Hilary Wallis	L55 8	Unattached	57:09
218	Victoria Baker	L 40	Unattached	50:38	309	Ivor Ibbotson	V65 2	Unattached	57:10
219	Alistair Williams	V40 31	Unattached	50:46	310	David Russell	V50 22	Unattached	57:11
220	Richard Bartlett	V50 14	Unattached	50:48	311	Graham Benton	V50 23	Maltby Running Club	57:15
221	Chris Sumpton		East Hull Harriers & Ac	50:51	312	Steve Cunningham		City Of Hull Ac	57:16
222	John Clark	V45 26	Unattached	50:53	313	Lisa Beal	L 74	Unattached	57:17
223	Paula Whyte	L40 8	Unattached	50:54	314	Anne Bakker	L55 9	Unattached	57:20
224	David Pickering	V55 12	Unattached	50:55	315	Lee Swift	V40 43	City Of Hull Ac	57:23
225	Matthew Redfern	V40 32	Unattached	51:01	316	Claire Swift	L35 13	City Of Hull Ac	57:23
226	Julia Quait	L 42	Unattached	51:04	317	Debbie Beedham	L45 8	Unattached	57:25
227	Vicky Hame	L 43	Beverley Ac	51:05	318	Sarah Coates-Madden	L35 14	Unattached	57:31
228	Gavin Ruler	V40 33	Unattached	51:08	319	John Ledger	V45 35	Unattached	57:36
229	Anna Doughty	L35 9	Unattached	51:11	320	Sharon Hartley	L55 10	The YPI West Hull Ladies Rrc	57:38
230	Judith Lawtry	L50 2	Unattached	51:28	321	Ann Henderson	L55 11	Unattached	57:38
231	Ric Lings	V40 34	Unattached	51:33	322	Sarah Anderson	L45 9	Unattached	57:42
232	Paul Hearn		Unattached	51:40	323	Emily Loukes	L 82	Unattached	57:42
233	Robert Hastie		Unattached	51:51	324	Anthony Loukes	V65 3	Unattached	57:42
234	John Pawson	V60 8	City Of Hull Ac	52:00	325	Keith Tyler	V60 14	Cleethorpes & District Ac	57:46
235	Les Jones	V50 15	Unattached	52:02	326	Chris Drinnan		Unattached	57:49
236	Terri Willmott	L 46	The YPI West Hull Ladies Rrc	52:04	327	Johanna Vicary	L18 4	Pocklington Runners	57:52
237	Sam Bixby		Unattached	52:11	328	Samuel Black	V60 15	Abbey Runners	58:08
238	Peter Henderson	V60 9	Unattached	52:14	329	Alan Scarborough	V45 36	Unattached	58:12
239	C Preston-Routledge	V40 35	Unattached	52:21	330	Sue Vicary	L45 10	Pocklington Runners	58:35
240	Nicola Heron	L 47	Beverley Ac	52:22	331	Janet Strachan	L45 11	Unattached	58:48
241	Jonathan Young		Unattached	52:23	332	Pete Elwick		Hartshead	58:48
242	Mike Willis	V60 10	Scarborough Athletic Club	52:24	333	Karen Towner	L50 4	White City (hull) Rrc	58:48
243	Giulia Wilkins	L 48	Scarborough Athletic Club	52:26	334	Steve Warran	V55 17	Hull Springhead Harriers	58:55
244	Rekha Ravichandran	L 49	Unattached	52:27	335	Robert Thomson	V70 2	Haltemprice Road Runners Cl	59:02
245	Peter Storey	V45 27	City Of Hull Ac	52:35	336	Michael Mooney	V60 16	Unattached	59:07
246	Karl Addison	V40 36	Unattached	52:37	337	Pam Worrall	L35 15	Unattached	59:15
247	Matthew Harrison		Unattached	52:44	338	Ian Roberts		Unattached	59:31
248	Georgina Crichton	L 50	The YPI West Hull Ladies Rrc	52:44	339	Christopher Davis	V55 18	Unattached	59:37
249	Eddy Wharton		Unattached	52:49	340	Tanya Davies	L 88	Unattached	59:39
250	Robert Precious		Unattached	52:55	341	Barbara Dykes	L50 5	Goole Viking Striders	59:40
251	Laura Simpson	L 51	Unattached	53:02	342	Rebecca Dean	L18 5	The YPI West Hull Ladies Rrc	59:48
252	Peter Isaacs	V45 28	Wakefield District H & Ac	53:04	343	Shawn Wright	V45 37	Unattached	59:54
253	Don Lyall	V50 16	Unattached	53:07	344	Millie Cawood	L35 16	Unattached	1:00:01
254	Nick Beedham	V45 29	Unattached	53:11	345	Sue Pettigrew	L 92	Unattached	1:00:02
255	Robert Weaver		Road Runners Club	53:27	346	David Rennie	V55 19	Unattached	1:00:09
256	Charlie Palmer	V45 30	Unattached	53:36	347	Emma Dawber	L40 13	East Hull Harriers & Ac	1:00:25
257	David Walmsley	V40 37	Unattached	53:47	348	Anne Haughan	L50 6	Unattached	1:00:27
258	Natasha Tomlinson	L 52	Unattached	53:47	349	Don Haughan	V60 17	Unattached	1:00:31
259	Glenn Halsley	V40 38	Hull Springhead Harriers	53:49	350	Emma Barrow	L50 7	Hull Springhead Harriers	1:00:34
260	Niki Marshall	L 53	White City (hull) Rrc	53:49	351	William Edmonds	V50 24	Unattached	1:00:37
261	Tony Barker		Unattached	53:51	352	Frank Birkenhead	V70 3	Unattached	1:00:46

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353	Cheryl Whitehouse	L	96	Unattached	1:01:04	369	Claire Cairns	L	105	Unattached	1:03:29
354	Alex Campbell			Unattached	1:01:04	370	Sandra Barrass	L50	11	Hull Springhead Harriers	1:03:29
355	Karen Hood	L40	14	Unattached	1:01:13	371	Nigel Risper	V65	4	Unattached	1:04:22
356	Denise Harlington	L50	8	Unattached	1:01:14	372	Robert Reay	V60	19	Haltemprice Road Runners Cl	1:04:40
357	Judi Jobling	L60	1	Unattached	1:01:17	373	Monette Parkinson	L	107	Unattached	1:04:48
358	Steff Maughan	LJ	1	Unattached	1:01:34	374	Elizabeth Boardley	L35	18	Unattached	1:05:14
359	Yendis Westerman	L50	9	Unattached	1:01:44	375	Cheryl Elsworth	L35	19	Unattached	1:05:16
360	Shaun Horton	V45	38	Unattached	1:02:07	376	Amanda Walker	L35	20	Unattached	1:05:19
361	Melvin White	V50	25	Unattached	1:02:09	377	David Walker	V60	20	Unattached	1:05:19
362	Paul Clarke	V60	18	Haltemprice Road Runners Cl	1:02:11	378	Barry Fenton	V50	27	Unattached	1:06:32
363	Robert Pearson	V55	20	Unattached	1:02:12	379	Jennifer Dennison	L40	15	Unattached	1:07:07
364	Anita Shipley	L50	10	Unattached	1:02:36	380	Tracy Norman	L40	16	The YPI West Hull Ladies Rrc	1:12:29
365	Anita Coupland	L35	17	Unattached	1:03:02	381	Nicky Robinson	L	113	Unattached	1:17:29
366	Peter Shillings	V50	26	Unattached	1:03:18	382	Vicky Chapman	L	114	Unattached	1:17:29
367	Rachel Kitching	L	104	Unattached	1:03:18	383	Gilly Newsam	L	115	Unattached	1:17:31
368	Martin Holloway			Unattached	1:03:18	384	Rose Brattan	L60	2	Unattached	1:29:26

Elloughton - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	East Hull Harriers & Ac	14	—	2	Steve Bateson	3	Jonathan Carter	9	Lance Kirlaw
2	Kingston Upon Hull A C	21	—	6	Thomas McKee	7	Matthew Pye	8	Jack Cutsforth
3	Scarborough Athletic Club	47	—	1	Daniel Agustus	13	James Kraft	33	Ted Kraft
4	City Of Hull Ac	58	—	14	Adam Fozzard	18	Richard Thompson	26	Ian Hird
5	Beverley Ac	72	—	23	Aubrey Morrell	24	James Stathers	25	Ross Armstrong
6	Rotherham Harriers & Ac	80	—	5	Darren Cooney	17	Keith Williams	58	Nigel Cook
7	Hull Springhead Harriers	115	—	32	Mark Lawson	39	David Rowden	44	Phil Dewberry
8	Wolds Veteran Runners Club	123	—	30	David Cole	45	Steven Green	48	Paul Freeman
9	White City (hull) Rrc	178	—	27	Tony Burgin	75	Graham Naylor	76	Ian Tasker
10	Scunthorpe & District Ac	192	—	34	David Vickers	78	Neil Pattison	80	Bob Newell
11	Abbey Runners	278	—	73	Derek Martin	86	Pat Brady	119	Samuel Black
12	Haltemprice Road Runners Cl	283	—	64	Phil Reay	97	Graham Harper	122	Robert Thomson

Elloughton - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Kingston Upon Hull A C	9	—	2	Laura-Jane Day	3	Cheryl Lyons	4	Michelle Stone
2	Beverley Ac	26	—	5	Julie Donald	9	Moir Armstrong	12	Tina Wardropper
3	City Of Hull Ac	38	—	7	Pamela Richards	8	Fiona Robinson	23	Verena Golach
4	Hull Springhead Harriers	70	—	21	Cath Wadforth	22	Laura Reynolds	27	Patricia Warran
5	The YPI West Hull Ladies Rrc	74	—	11	Amanda Dean	30	Terri Willmott	33	Georgina Crichton
6	Pocklington Runners	113	—	28	Adele Shipley	42	Johanna Vicary	43	Sue Vicary