

WIGAN PHOENIX
presents
THE STANDISH HALL TRAIL RACES
AUTUMN/WINTER 2007/8

(UNDER UKA RULES. PERMIT APPLIED FOR)

'It's a belter'

SATURDAY 27th OCTOBER /SATURDAY 23rd FEBRUARY
2.30PM

DISTANCE - VERY APPROX 10K

Course records:

Paul Cadwallader, Liverpool Pembroke, 34.35

Anne Powell, Leigh Harriers, 38.44

REGISTRATION: HESKETH ARMS, SHEVINGTON MOOR WN6 0SE (NEAR M6 J27)

Bar and free results on the day. Limited changing/shower facilities.
The course is completely off road on bridle paths and woodland trails

****PRIZES (Kindly sponsored by SWEATSHOP) ****

1st 5 MEN, 1st 3 WOMEN plus JUNIOR, VET, TEAM (4M/ 3W),
SPOT PRIZES/UNATTACHED TEAM PRIZE

PRE-ENTRIES (INC A5 SAE FOR MAP/NUMBER) BY 22.10.07/18.02.08 TO
PAUL CARROLL, 21 PILGRIMS WAY, STANDISH, WIGAN, WN6 0AJ

ENTRY FEES (PAYABLE TO WIGAN PHOENIX):

PER RACE £4 (£6 UNATTACHED) or

PRE-ENTER BOTH RACES BY 22.10.07 FOR £6 (£10 UNATTACHED)

ENTRIES ON THE DAY WELCOME - £5 (£7 UNATTACHED)

(Min age 16)

Email enquiries to paul.carroll@wiganphoenix.org.uk or phone
01257 426166 - weekday evenings and weekends only please.

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Standish Hall Trail Race Oct/Feb/Both (please circle):

Name _____ Club _____

DOB _____ Vet category _____ M/ F _____ NoEAA No _____

Address _____

Postcode _____ Signed _____ Date _____

I am an amateur as defined by UKA laws and rules. I agree to participate
entirely at my own risk. I declare that I am medically fit to run & agree
to be bound by UKA rules. *From www.race-results.co.uk*