

ALTRINCHAM AND DISTRICT ATHLETIC CLUB

DUNHAM MASSEY 5k RESULTS

Friday 25th May 2007

Pos	Number	Name	Cat.	Club	Time	Pos	Number	Name	Cat.	Club	Time
1	170	Gareth Raven	M	Sale Harriers Manchester	15.02	81	2119	Trevor Bowden	M40	BAE Woodford	19.36
2	43	Rick Hayman	M	Sale Harriers Manchester	15.08	82	2078	John Parrott	M50	Unattached	19.36
3	191	Ian Fisher	M	Altrincham	15.29	83	94	Chris Hibbert	M	Manchester Harriers	19.39
4	712	Tarus Kelly	M	Salford Harriers	15.52	84	7	Gareth Atkinson	M	Unattached	19.39
5	141	Mike Hatch	M	Sale Harriers Manchester	15.58	85	57	Helen Hudson	F	Stockport	19.41
6	168	Tom Bush	M	Altrincham	16.10	86	171	Marina Ali	F	Liverpool Harriers	19.43
7	83	Malcolm Fowler	M40	Wilmslow R.C.	16.33	87	2114	Damian Jones	M	Unattached	19.45
8	194	Mike Shaw	M40	Stockport	16.39	88	62	Darren Minjoot	M45	Unattached	19.47
9	108	Stuart Heaton	M	East Cheshire Harriers	16.43	89	2093	Stephen Martin	M45	Spectrum Striders	19.48
10	18	Tony Duffy	M50	Bolton United Harriers	16.44	90	51	Timothy Rainey	M40	Sale Harriers Manchester	19.49
11	167	Olivia Walwyn	F	City of Norwich	16.45	91	65	Ronald Warrender	M45	Road Runners Club	19.51
12	2096	David Gee	M50	Manchester Harriers	16.51	92	2095	Derek Walton	M60	Altrincham	19.57
13	66	George Kirk	M	Sale Harriers Manchester	16.54	93	177	Adam Evans	M	Unattached	19.57
14	78	Dave Carrington	M50	Altrincham	16.58	94	70	Andy Smith	M45	Helsby R.C.	19.59
15	63	Neil Ashcroft	M	Warrington A.C.	17.05	95	4	Sue Calvert	F	Dragons Running Club	19.59
16	153	Dick Byers	M40	Trafford	17.06	96	2104	Vicky McKinnon	F	Manchester Harriers	20.05
17	125	Stephen Williams	M50	Wigan Phoenix	17.08	97	705	Mark Ferns	M45	Sale Harriers Manchester	20.05
18	718	Jason Westwood	M	Halifax	17.10	98	149	Clare McKenna	F35	Horwich	20.06
19	719	Mark Mason	M	Halifax	17.13	99	24	Stuart Mairs	M	Salford Met	20.08
20	2046	Gary Rowlinson	M40	Sale Harriers Manchester	17.16	100	186	Shirley Griffiths	F	Wakefield	20.11
21	98	Andrew Yates	M45	Sale Harriers Manchester	17.18	101	52	Michael Salmon	M40	Spectrum Striders	20.15
22	77	Paul McMahon	M	Trafford	17.20	102	32	Jim Dawson	M40	Warrington Road Runners	20.19
23	2097	Stephen Burthem	M45	Warrington A.C.	17.23	103	2113	Michael Mason	M40	Hyde Village Striders	20.22
24	110	David Livingstone	M	Altrincham	17.25	104	2090	Mark Freeman	M40	Unattached	20.28
25	48	John Chaplin	M50	Chorley Harriers	17.29	105	2081	Michael Gubbins	M	Hyde Village Striders	20.31
26	79	Tomsz Sekyra	M	Unattached	17.32	106	72	Victoria Bryant	F	Wigan Phoenix	20.34
27	2105	Colin Martin	M45	Spectrum Striders	17.33	107	6	Geoff Shaw	M50	Helsby R.C.	20.35
28	2052	Vinny Booth	M40	Trafford	17.33	108	17	Ben Lupton	M40	Unattached	20.37
29	87	Kristian Robinson	M	Rochdale	17.34	109	28	Saul Bloxham	M	Unattached	20.39
30	144	Paul Frodsham	M45	West Cheshire A.C.	17.36	110	37	Karen Forster	F45	Spectrum Striders	20.40
31	53	Rachael Thompson	F	Altrincham	17.36	111	717	Neville Griffiths	M60	Spectrum Striders	20.41
32	2069	Mike Houghton	M	Spectrum Striders	17.36	112	86	Ray Dalby	M50	Rochdale	20.42
33	107	Rob Harper	M	manchester Tri	17.38	113	2111	Anthony Collier	M50	Styal	20.46
34	45	Peter Pickwell	M55	Altrincham	17.41	114	124	Kath Williams	F50	Wigan Phoenix	20.48
35	91	Chris Floyd	M	Unattached	17.44	115	2108	Paul Winch	M	Spectrum Striders	20.50
36	711	Mark Norton	M	Altrincham	17.47	116	101	Holly Taylor	F	Helsby R.C.	20.50
37	21	William Tyler	M	Unattached	17.47	117	708	Martin Stratton	M	Unattached	20.53
38	710	Kristian Wright	M	Altrincham	17.51	118	2102	Fechin McCormick	M50	Sale Harriers Manchester	20.55
39	2110	Gammelsaeter Morten	M	Wirral A.C.	17.56	119	2079	Terry Coles	M60	Spectrum Striders	20.55
40	2115	Mark Johnson	M	East Cheshire Harriers	17.56	120	111	Susan Crehan	F50	Sale Harriers Manchester	20.57
41	113	Gavin Browne	M	East Cheshire Harriers	17.56	121	56	James Ellis	M	Unattached	20.59
42	102	Graham Lowe	M	Helsby R.C.	17.56	122	135	David Ashton	M	Unattached	21.03
43	11	Adair Broughton	M	Helsby R.C.	17.57	123	184	Matt Foddy	M	Unattached	21.03
44	60	Harvey Bloor	M	Unattached	17.57	124	2082	Keith Brown	M45	Warrington A.C.	21.04
45	39	Neil Walker	M	Altrincham	18.08	125	714	Jane Bilton	F	Salford Harriers	21.05
46	71	Rachael Moore	F	Wigan Phoenix	18.10	126	54	Pamela Thurtle	F	Penny Lane Striders	21.05
47	129	Carl Tipton	M	Trafford	18.13	127	158	Peter Waterson	M	Unattached	21.06
48	190	Dean Matrin	M	Stockport	18.16	128	143	Lucy Hickey	F45	Trafford	21.10
49	701	Rob Jones	M	Manchester University	18.18	129	2091	John Dooley	M55	Spectrum Striders	21.10
50	117	Mike Toal	M	Northern Vets	18.18	130	85	Stan Erlam	M60	St Helens Sutton	21.11
51	99	David Shaw	M40	Salford Harriers	18.18	131	707	Gerry Rogers	M50	Styal	21.11
52	44	Raymond Eagle	M50	Wilmslow R.C.	18.22	132	722	Richard Horwood	M	Sale Harriers Manchester	21.17
53	175	Dimitri Panayitou	M50	Altrincham	18.29	133	713	Barrie Ainscow	M40	Dragons Running Club	21.17
54	715	Vanessa Mulholland	F	Altrincham	18.34	134	140	Sally Howarth	F40	Trafford	21.18
55	118	Colin Hammond	M40	Unattached	18.35	135	22	Julia Eccleston	F	St Helens Sutton	21.19
56	59	Dean Loxam	M45	Stockport	18.41	136	2088	Vicky Barrett	F40	Stockport	21.21
57	157	Aron Myers	M	Sale Harriers Manchester	18.43	137	706	Geoffrey Beattie	M50	Sale Harriers Manchester	21.22
58	180	Keith Hatton	M45	Liverpool Harriers	18.46	138	67	John Coffey	M55	Altrincham	21.24
59	90	John Carroll	M45	Vale Royal	18.46	139	119	David Gill	M	Sale Harriers Manchester	21.24
60	23	Marcus Crompton	M40	Vale Royal	18.47	140	2118	Chris Thomas	M40	Spectrum Striders	21.32
61	2049	Mike Cunningham	M60	Manchester Harriers	18.49	141	2051	Clare Hawkes	F45	Wirral A.C.	21.36
62	2085	Mike Welsby	M	Spectrum Striders	18.50	142	64	Stephen Jones	M45	Road Runners Club	21.37
63	124	Kath Williams	F50	Wigan Phoenix	18.53	143	181	Dave Bunyan	M40	Hyde Village Striders	21.37
64	721	Shane Wolstencroft	M	Salford Met	18.55	144	49	Ian Ashcroft	M60	Wilmslow R.C.	21.37
65	20	Mike Jones	M50	Altrincham	18.56	145	50	Owen Ashcroft	M	Wilmslow R.C.	21.39
66	58	Arnold Melling	M55	Lostock A.C.	18.57	146	196	Jonathan Khan	M	Unattached	21.42
67	81	Mark Carrington	M	Unattached	19.00	147	147	Barry Chambers	M45	Vale Royal	21.46
68	2086	Liz Farhall	F	Spectrum Striders	19.03	148	2112	Alan Peers	M60	Spectrum Striders	21.47
69	55	Richard Haggett	M	Unattached	19.03	149	716	Joanne Healy	F	Dragons Running Club	21.48
70	187	Alice Butler	F	Wakefield	19.07	150	2072	Geoff Read	M55	Spectrum Striders	21.48
71	166	Adam Wareing	M	Altrincham	19.14	151	109	Kevin Whittaker	M50	Saddleworth	21.53
72	104	Tony Archer	M50	Vale Royal	19.19	152	133	Vicki Robinson	F	Stockport	21.53
73	164	Gareth Hughes	M45	Unattached	19.21	153	127	Greg Robinson	M	Unattached	21.53
74	2071	John Clarke	M50	Vale Royal	19.26	154	2073	John Delany	M60	Stockport	21.58
75	115	Michael Smith	M40	Unattached	19.27	155	46	Alan Jones	M40	Buckley Runners	22.03
76	195	Neil Adair	M	Unattached	19.31	156	179	Sarah Newman	F	Unattached	22.11
77	2045	Julian Spencer	M45	Spectrum Striders	19.33	157	68	Alan Fern	M50	Unattached	22.13
78	112	Jim Crehan	M50	Unattached	19.34	158	131	James Asprey	M45	Wigan Phoenix	22.16
79	34	Frank Judge	M50	Unattached	19.36	159	702	Roy Pownall	M55	Wilmslow R.C.	22.19
80	2083	Ken Burgess	M60	Altrincham	19.36	160	76	Jonathan Clarke	M	Styal	22.19