

Start Fitness NEHL Blaydon Senior Men

Sunday 18 November 2007. 12:30 pm

Handicaps 2 min 30s and 5 min									
1	0:29:17	TEATE, Andrew	Gateshead H	S	76	0:35:26	MAYNARD, Ken	(1) Sunderland Strollers	M(V)
2	0:29:28	COFFEY, Matthew	Oxford City AC	S	77	0:35:27	DEVLIN, Iain	(1) Durham City H	S
3	0:29:31	LLOYD, Gareth	(1) Durham City H	S	78	0:35:28	MAYNARD, Ray	(1) Sunderland Strollers	S(V)
4	0:29:41	TURNER, Paul	(1) Elswick H	S	79	0:35:29	COXON, Syd	(1) Tynedale H	M(V)
5	0:29:54	COULSON, Phil	Chester-le-Street	S	80	0:35:32	MILLMORE, Lee	Birtley	F
6	0:30:14	GIBSON, John	Gateshead H	S	81	0:35:35	MOIR, David	(1) Wallsend H	M
7	0:31:49	COCHRANE, Marc	(2) Morpeth H	S	82	0:35:37	THOMAS, Kevin	Gosforth H	S(V)
8	0:32:05	WATT, David	(2) North Shields Poly	S	83	0:35:38	OAKES, Kari	Birtley	M
9	0:32:13	GREY, Stephen	(1) Elswick H	S(V)	84	0:35:38	STEVENS, David	(2) North Shields Poly	S(V)
10	0:32:15	MUIR, Chris	(1) South Shields	S	85	0:35:39	GIBSON, Malcolm	(2) Heaton Harriers	S
11	0:32:23	CLEMITSON, Michael	(3) Blackhill Bounders	S	86	0:35:39	LEIGH, Paul	(1) Wallsend H	M(V)
12	0:32:33	STEEL, David	(2) Morpeth H	S(V)	87	0:35:40	BUIJS, James	(2) Heaton Harriers	F
13	0:32:40	ROBINS, Dan	(2) Heaton Harriers	S	88	0:35:40	STEPHENS, John	(2) Low Fell RC	M(V)
14	0:32:46	MCALLISTER-HEWLINGS, David	(2) Heaton Harriers	S(V)	89	0:35:40	MCDONALD, Mark	(2) Low Fell RC	F
15	0:32:46	FLOYD, Ross	(2) Morpeth H	M	90	0:35:41	ARMSTRONG, David	(1) Tynedale H	M(V)
16	0:32:51	THOMPSON, Michael	Gateshead H	M	91	0:35:42	ASTON, Luke	(1) Blaydon Harriers	M
17	0:33:02	CAIRNS, Martyn	(2) Morpeth H	S	92	0:35:50	TAIT, Paul	(1) Tynedale H	S(V)
18	0:33:04	DOUGAL, Andrew	(1) Elswick H	M	93	0:35:52	SALMON, David	(1) Blaydon Harriers	S
19	0:33:12	MAUGHAN, Hayden	Ryton Tri	S	94	0:35:53	HAYLEY, Ed	(1) South Shields	S(V)
20	0:33:13	RIDLEY, Chris	(1) South Shields	S(V)	95	0:35:54	SYERS, Graham	(1) Alnwick Harriers	M
21	0:33:14	WALTON, Ian	Ryton Tri	S	96	0:35:56	BARKLEY, Rob	(2) Blyth RC	M
22	0:33:21	BURNS, Graham	Blackhill Bounders	S(V)	97	0:35:57	ALEXANDER, Martin	(2) Low Fell RC	S
23	0:33:25	VINCENT, Phil	(1) Tynedale H	S	98	0:35:58	WILSON, Robert	(1) Elswick H	S(V)
24	0:33:27	PATON, Chris	Gateshead H	M	99	0:35:59	THIRLAWAY, Malcolm	Gateshead H	S(V)
25	0:33:36	SMITH, Jimmy	(2) Saltwell Harriers	S(V)	100	0:36:00	BUNN, Michael	(2) Jarrow & Hebburn AC	M(V)
26	0:33:37	BROWN, Mark	(2) Morpeth H	F	101	0:36:01	ATKINSON, Nick	(1) South Shields	S
27	0:33:42	HALL, Rob	(2) Blyth RC	S(V)	102	0:36:03	JACKSON, Chris	(1) Sunderland Strollers	M
28	0:33:43	TAIT, Ted	(1) Durham City H	S(V)	103	0:36:06	BIRD, Trevor	Gosforth H	M(V)
29	0:33:46	MOORE, John	(2) Heaton Harriers	M	104	0:36:07	BAKER, Micky	(1) Wallsend H	S(V)
30	0:33:52	WYLIE, Tim	(1) Tynedale H	M(V)	105	0:36:11	WOOD, Keith	(2) Saltwell Harriers	M(V)
31	0:33:53	CRELLIN, Rob	(1) Durham City H	M	106	0:36:12	GOODE, Philip	(2) Saltwell Harriers	M
32	0:33:53	REDMAN, Paul	(1) Sunderland Harriers	S(V)	107	0:36:13	ROBINSON, Ryan	(2) Blyth RC	M
33	0:33:54	ALLISON, Jason	(1) Crook AC	S	108	0:36:13	PRIOR, Paul	(1) Elswick H	M(V)
34	0:33:56	NEWTON, Peter	(2) Claremont RR	F	109	0:36:14	WHALEN-GRIFFITHS, Nick	(1) South Shields	S(V)
35	0:33:57	JONES, Mike	(1) South Shields	S(V)	110	0:36:15	MCKINNON, Iain	(2) Heaton Harriers	S(V)
36	0:34:02	BINGHAM, Hugh	(1) Tynedale H	S(V)	111	0:36:16	ROBINSON, Adam	(2) Blyth RC	M(V)
37	0:34:04	HESLER, Ian	(1) Durham City H	S	112	0:36:17	DONNEKY, John A	(2) Derwentside AC	S(V)
38	0:34:09	SCOTT, Zak	Birtley	M	113	0:36:18	ROWELL, Alan	(1) Durham City H	S(V)
39	0:34:13	ANDERSON, David	(1) Wallsend H	S(V)	114	0:36:20	STOBBS, Jason	Gateshead H	S
40	0:34:15	MALLEN, Mike	(1) Crook AC	S(V)	115	0:36:21	CONNELLY, Kevin	Gateshead H	S
41	0:34:16	HOPKINS, Richard	Birtley	S	116	0:36:22	GIBBONS, Mike	(2) Houghton AC	M
42	0:34:17	MAIN, Robert	(1) Elswick H	S	117	0:36:24	HALL, Mark	(1) Wallsend H	M
43	0:34:22	WALL, Terry	(2) Morpeth H	F	118	0:36:26	MITSIDES, Chris	(1) Wallsend H	S
44	0:34:33	HILL, Steve	(1) Blaydon Harriers	S(V)	119	0:36:27	DALEY, Sam	(2) Heaton Harriers	S(V)
45	0:34:34	WILKINSON, Neil	(2) Morpeth H	F	120	0:36:29	RANSON, David	Birtley	S(V)
46	0:34:44	HEWITSON, Geoff	(1) Crook AC	S(V)	121	0:36:30	JONES, Paul	(1) Alnwick Harriers	S
47	0:34:45	REED, Derek	(1) Wallsend H	S	122	0:36:31	REEVES, Thomas	(2) Elvet Striders	S(V)
48	0:34:46	BROADHURST, Mike	(1) Tynedale H	S(V)	123	0:36:32	DARKE, Peter	(1) Sunderland Strollers	S(V)
49	0:34:47	DOUGHTY, Tom	(1) Sunderland Harriers	F(V)	124	0:36:33	SWORD, Gavin	(1) Sunderland Strollers	M(V)
50	0:34:49	APPLEBY, Dave	(1) Elswick H	S(V)	125	0:36:34	COOPER, Nick	(2) Claremont RR	S
51	0:34:51	DONNEKY, John S	(2) Derwentside AC	M	126	0:36:37	WRIGHT, Derek	(1) Sunderland Strollers	S(V)
52	0:34:51	AYRES, Kevin	(1) South Shields	S(V)	127	0:36:43	DANIELS, David	(1) Wallsend H	M
53	0:34:52	SIMON, Ian	(1) Alnwick Harriers	S	128	0:36:44	RICHARDSON, Danny	(1) Alnwick Harriers	M
54	0:34:56	ROBSON, Colin	(2) Jarrow & Hebburn AC	M	129	0:36:45	BOWERS, Tom	(2) Claremont RR	S(V)
55	0:34:58	DOXFORD, Paul	(1) South Shields	S(V)	130	0:36:48	JOYCE, Michael	(2) Jarrow & Hebburn AC	S(V)
56	0:35:01	COFFER, Andrew	Chester-le-Street	M	131	0:36:50	COOK, Simon	(1) Alnwick Harriers	M(V)
57	0:35:03	EMMETT, Vince	(1) Sunderland Harriers	S(V)	132	0:36:51	TODD, Mick	(1) Wallsend H	S(V)
58	0:35:07	BELL, Willie	(1) Crook AC	S(V)	133	0:36:52	DAVIS, Geoff	(2) Elvet Striders	S(V)
59	0:35:08	FIELD, Tim	(1) Sunderland Harriers	F(V)	134	0:36:53	LILLICO, Jim	(1) Alnwick Harriers	S(V)
60	0:35:09	CURRAN, Robert	Gosforth H	S	135	0:36:55	GIBSON, Andrew	(1) Blaydon Harriers	S
61	0:35:10	MEDD, Steven	Gateshead H	S	136	0:36:56	STEPHENSON, Kevin	(1) Elswick H	F(V)
62	0:35:11	MORRIS, Neil	(2) Low Fell RC	S(V)	137	0:36:57	LYDON, Dan	(1) Sunderland Strollers	F
63	0:35:12	MORRIS, David	(2) North Shields Poly	S(V)	138	0:37:03	COLVER, Philip	(1) Elswick H	S
64	0:35:13	BROWN, Nigel	Chester-le-Street	S(V)	139	0:37:05	BOWMAN, William	(2) Houghton AC	S(V)
65	0:35:14	COLLEDGE, Jim	(2) Morpeth H	S(V)	140	0:37:10	WILSON, Ed	(1) South Shields	S(V)
66	0:35:16	STRAKER, David	(1) Alnwick Harriers	S(V)	141	0:37:11	CASSIDY, Neil	(1) Tynedale H	M(V)
67	0:35:17	DRINNAN, Mike	(1) Alnwick Harriers	S(V)	142	0:37:12	BENNETT, Michael	(2) Elvet Striders	S(V)
68	0:35:19	STEPHENS, Jonathon	(2) Low Fell RC	S	143	0:37:15	METTERS, Neil	(1) Sunderland Harriers	S
69	0:35:19	RUSSELL, George	(2) Low Fell RC	S(V)	144	0:37:16	NESBITT, Stephen	(1) Durham City H	S
70	0:35:20	EMMERSON, Paul	(1) Durham City H	S	145	0:37:17	WALKER, Steve	(2) Blyth RC	S(V)
71	0:35:21	YOUNG, Barry	(2) North Shields Poly	S(V)	146	0:37:19	HAYDEN, Ian	Aurora	M
72	0:35:22	PULLAN, Graeme	(1) Sunderland Strollers	S	147	0:37:20	BUCKLEY, Brian	(2) Derwentside AC	S
73	0:35:23	SMITH, Fred	(2) Saltwell Harriers	M(V)	148	0:37:22	BEANEY, David	(2) Claremont RR	S(V)
74	0:35:24	FENWICK, Marc	(1) Wallsend H	F	149	0:37:23	WESSON, Keith	(2) Elvet Striders	S(V)
75	0:35:25	DRUETT, Adam	(1) Sunderland Strollers	S	150	0:37:24	GRAHAM, Peter	(1) Tynedale H	S(V)

151	0:37:25	LEONARD, Simon	(2) Houghton AC	S	231	0:40:51	KISZOW, Stephen	(2) Jarrow & Hebburn AC	S
152	0:37:26	FREEMAN, Kevin	(2) Blyth RC	M(V)	232	0:40:52	BRADLEY, David	(2) Blyth RC	S(V)
153	0:37:27	O'NEILL, Kevin	(1) Sunderland Strollers	S(V)	233	0:41:01	HOWE, David	(2) Derwentside AC	S(V)
154	0:37:28	KINGSTON, Matthew	(2) Claremont RR	S	234	0:41:10	COCKBURN, John	(1) Alnwick Harriers	S(V)
155	0:37:29	MCENTEE, Scott	(2) Heaton Harriers	S	235	0:41:18	PRUDHAM, Joe	(2) Jarrow & Hebburn AC	S(V)
156	0:37:30	GRAHAM, Michael	(2) Low Fell RC	M(V)	236	0:41:19	DIXON, David	(1) Sunderland Strollers	S(V)
157	0:37:32	DAGLISH, Ross	(2) Low Fell RC	S	237	0:41:26	MCENTEE, Colin	(2) Heaton Harriers	S(V)
158	0:37:34	LOUGHNEY, Andrew	(2) North Shields Poly	S(V)	238	0:41:32	MULLISS, Allen	(2) Heaton Harriers	S(V)
159	0:37:35	PHILLIPS, Les	(1) Durham City H	S(V)	239	0:41:38	ALLEN, Anthony	Blackhill Bounders	S
160	0:37:35	BARRACLOUGH, John	(2) Claremont RR	S(V)	240	0:41:46	BROWN, Michael	(2) Blyth RC	S(V)
161	0:37:36	HARDING, Jamie	(2) Claremont RR	S	241	0:41:48	SLESSER, Alan	(2) Jarrow & Hebburn AC	S(V)
162	0:37:39	BELL, Robert	(2) Saltwell Harriers	S	242	0:41:54	ADAMSON, George	(2) North Shields Poly	S(V)
163	0:37:40	MULLARKEY, Peter	(2) Saltwell Harriers	S(V)	243	0:41:58	MILBOURNE, Bill	(2) Claremont RR	S(V)
164	0:37:41	SKIRROW, Graham	(1) Alnwick Harriers	S	244	0:42:14	GOLLEDGE, Clive	(1) Crook AC	S(V)
165	0:37:42	BELL, Jon	(1) Elswick H	F(V)	245	0:42:18	SLESSER, Graeme	(2) Jarrow & Hebburn AC	S
166	0:37:45	BIGGS, Andy	(1) Durham City H	M(V)	246	0:42:21	WEAVERS, Keith	Aurora	S(V)
167	0:37:50	REA, Paul	(2) Saltwell Harriers	S(V)	247	0:42:29	MAXWELL, Ross	(1) Tynedale H	S(V)
168	0:37:53	HEWITSON, Robert	(1) Durham City H	S(V)	248	0:42:30	WEBB, Andrew	(2) North Shields Poly	S(V)
169	0:37:54	BAILEY, Jeremy	Doncaster AC	M	249	0:42:45	BROWN, Brian	(1) Durham City H	S(V)
170	0:37:56	KERRIGAN, Kevin	(2) Low Fell RC	S	250	0:42:48	TAYLOR, Vince	Birtley	S(V)
171	0:37:59	DICKINSON, Ralph	(2) Blyth RC	S(V)	251	0:42:53	CORDES, Bernie	(2) Morpeth H	S(V)
172	0:38:00	SMITH, Alastair	(2) Heaton Harriers	S	252	0:43:07	BLACKWELL, Peter	(2) Derwentside AC	S(V)
173	0:38:00	WRIGHT, David	(2) Houghton AC	S(V)	253	0:43:25	WHITAKER, Eric	Blackhill Bounders	S(V)
174	0:38:02	THOMPSON, Andrew	Aurora	S(V)	254	0:43:38	HAMPSON, John	(1) Durham City H	S(V)
175	0:38:03	LIDDLE, Brian	(1) Blaydon Harriers	S(V)	255	0:43:55	DODD, Shaun	(2) Blyth RC	S(V)
176	0:38:04	KELLY, David	Birtley	S	256	0:43:57	HUME, James	Aurora	S(V)
177	0:38:07	FLETCHER, Matt	(2) North Shields Poly	S	257	0:44:00	MOWBRAY, Ian	Concordia R&P	S(V)
178	0:38:09	TALBOT, Leo	(2) Blyth RC	F	258	0:44:01	MITSIDES, Dave	(1) Wallsend H	S(V)
179	0:38:12	HENRY, Mike	(1) Alnwick Harriers	S(V)	259	0:44:05	HART, Terry	(2) Blyth RC	S(V)
180	0:38:14	WELSH, David	(1) Crook AC	S(V)	260	0:44:17	WALKER, Angus	(2) Low Fell RC	S
181	0:38:15	DIXON, Paul	(1) Sunderland Strollers	S(V)	261	0:44:32	BURTON, Nick	North East Vets	S(V)
182	0:38:17	CLARK, Terry	(2) Jarrow & Hebburn AC	S	262	0:44:58	WHITFIELD, Terry	(2) North Shields Poly	S(V)
183	0:38:19	MURRAY, Ron	(1) Wallsend H	S(V)	263	0:45:14	BARRACLOUGH, David	Birtley AC	S
184	0:38:21	COOPER, Mark	(1) Alnwick Harriers	S(V)	264	0:45:15	BLAIR, Robert	(1) Sunderland Strollers	S(V)
185	0:38:22	ROBERTS, Shaun	(2) Elvet Striders	S(V)	265	0:45:17	MCCORMICK, Ken	(2) Claremont RR	S(V)
186	0:38:23	BROWN, Steven	(1) Tynedale H	M(V)	266	0:45:41	PURDHAM, Allen	(1) Crook AC	S(V)
187	0:38:24	COULSON, Lee	(1) Elswick H	S	267	0:46:18	MURRAY, Barry	(2) Derwentside AC	S(V)
188	0:38:26	MACKEY, Keith	(1) South Shields	F(V)	268	0:47:52	MCDONALD, Ken	(1) South Shields	S(V)
189	0:38:27	JUDSON, Fred	(1) Sunderland Harriers	M(V)	269	0:48:57	PASCOE, Barry	(2) Jarrow & Hebburn AC	S(V)
190	0:38:31	MCENTEE, Ken	(2) Heaton Harriers	S(V)	270	0:50:20	KELLY, Patrick	Birtley	S(V)
191	0:38:35	ROBINSON, Geoff	Chester-le-Street	S(V)	271	0:50:23	JOHNSON, Brian	(1) Sunderland Strollers	S(V)
192	0:38:37	COLES, Louis	(2) Claremont RR	S	272	0:51:10	MCGARRELL, Owen	(1) South Shields	S(V)
193	0:38:41	USHER, Brian	Aurora	S(V)	273	0:52:18	WHITE, Stan	(2) Low Fell RC	S(V)
194	0:38:44	WILLSHIRE, Keith	(2) Blyth RC	S(V)	274	0:59:34	WOODS, Daniel	(1) Sunderland Strollers	S
195	0:38:47	HEPPLE, Nigel	(2) Elvet Striders	S(V)					
196	0:38:48	CHUNG, Phillip	(1) Durham City H	S			Division 1		
197	0:38:52	SMITH, Paul	(1) Crook AC	S(V)			1 Elswick 101		
198	0:38:53	RICHARDSON, Brian	Blackhill Bounders	S(V)			2 Durham C 105		
199	0:38:54	MCCAIG, John	(1) Sunderland Strollers	S(V)			3 S Shields 122		
200	0:38:55	JOHNSON, Lawrence	(2) Low Fell RC	S(V)			4 Tynedale 135		
201	0:38:56	DUNN, Terry	(1) South Shields	S(V)			5 Wallsend 207		
202	0:38:56	COX, Malcolm	(1) Sunderland Strollers	S(V)			6 Crook 255		
203	0:38:57	MADDISON, Ian	Ryton Tri	S(V)			7 Sunderland S 256		
204	0:38:58	INSKIP, Paul	(2) Heaton Harriers	S(V)			8 Sunderland H 256		
205	0:39:11	BAINBRIDGE, Ian	(1) Crook AC	S(V)			9 Alnwick 258		
206	0:39:12	WRIGHT, Roger	(1) Durham City H	S(V)			10 Blaydon 361		
207	0:39:18	BROWN, Dennis	(1) Crook AC	S(V)					
208	0:39:20	MILLS, David	(2) Jarrow & Hebburn AC	S(V)			Division 2		
209	0:39:22	BRADSHAW, Graham	(1) Crook AC	M(V)			1 Morpeth 39		
210	0:39:25	CURRY, Stephen	(1) Elswick H	S(V)			2 Heaton 106		
211	0:39:29	THOMPSON, Ashley	Concordia R&P	S			3 Low Fell 143		
212	0:39:32	MARKS, Steven	(2) North Shields Poly	S			4 NSP 190		
213	0:39:35	SMITH, Neil	(2) Derwentside AC	S(V)			5 Blyth 208		
214	0:39:36	ROBSON, Tony	(1) Elswick H	S(V)			6 Saltwell 217		
215	0:39:36	NESBIT, Andrew	Blackhill Bounders	S(V)			7 Claremont 255		
216	0:39:37	READMAN, Alan	(2) Houghton AC	S(V)			8 Jarrow & H 321		
217	0:39:38	MCGUINNESS, David	(2) Claremont RR	S			9 Elvet 324		
218	0:39:48	ROCHELLE, Steven	(2) Saltwell Harriers	S(V)			10 Houghton 366		
219	0:39:49	RAINE, William	Aurora	S(V)			11 Derwentside 368		
220	0:39:55	THOMAS, David	(1) Blaydon Harriers	S(V)					
221	0:40:00	ROBSON, Dave	Gosforth H	S(V)			Division 3		
222	0:40:04	KEAR, David	(2) Claremont RR	S(V)			1 Gateshead 56		
223	0:40:07	KULINICH, Nick	Chester-le-Street	M			2 Birtley 111		
224	0:40:15	FORSTER, Kevin	(1) Alnwick Harriers	S(V)			3 Blackhill 158		
225	0:40:15	DIXON, Derek	(1) Sunderland Strollers	S(V)			4 Aurora 198		
226	0:40:22	WATSON, Geoff	(1) Durham City H	S					
227	0:40:23	GRAHAM, Andrew	(2) Claremont RR	S			Fastest		
228	0:40:29	WHITE, Graeme	(2) Jarrow & Hebburn AC	S(V)			1. M Brown		
229	0:40:41	PEARSON, Stephen	(2) Houghton AC	S(V)			2. P Newton		
230	0:40:47	WOODWARD, John	(1) Sunderland Strollers	S(V)			3. T Wall		

Under 17 Men		Handicap 2min 20s				
1	0:16:32 VENUS, Tristan	Tynedale H	13	0:18:40 BATTISTA, Louis	Gosforth H	
2	0:16:37 MOORE, Jack	Jarrow & Hebburn	14	0:18:41 WALKER, Chris	Gateshead H	
3	0:16:42 RITCHIE, Greg	Jarrow & Hebburn	15	0:19:01 AMOS, Kevin	Elswick H (NC)	
4	0:17:04 URWIN, Greg	Tynedale H	16	0:19:08 RUTHERFORD, Cameron	Tynedale H	F
5	0:17:04 DOUGLASS, Alistair	Morpeth H	17	0:19:12 GREY, Thomas	Houghton AC	
6	0:17:20 WEST, Thomas	Darlington H	18	0:20:10 GIBBONS, Dan	Houghton AC	
7	0:17:21 FALCONER, James	Gosforth H	19	0:20:22 REGAN, Daniel	Blaydon Harriers	F
8	0:17:33 WALKER, Thomas	Gosforth H	20	0:20:34 SOUTHERN, Adam	Elswick H	F
9	0:17:49 WILSON, Andrew	Blaydon Harriers	21	0:21:21 FAIRCLOUGH, Karl	Sunderland H	F
10	0:18:07 KILBRIDE, Michael	Sunderland H	22	0:21:22 HOOD, Cory	Houghton AC	
11	0:18:07 ACKERMANN, Shakeil	North Shields Poly	23	0:22:22 THOMPSON, Ross	Aurora	
12	0:18:35 CAUSEBROOK, Sam	Tynedale H				

Teams		Fastest	
1	Tynedale	1. T Venus	
2	Gosforth	2. J Moore	
3	Houghton	3. G Ritchie	

Under 15 Boys		Handicap 1 min 40s					
1	0:11:18 BOYEK, Cameron	Shildon AC	14	0:12:58 JONES, Benjamin	Tynedale H		
2	0:11:34 MARSHALL, John	Chester-le-Street	15	0:13:08 LUNGGREN, Mark	Gosforth H		
3	0:11:46 LAVAN, Gareth	Chester-le-Street	16	0:13:11 MCGARR, James	Gosforth H		
4	0:11:54 BROWN, Josh	Tynedale H	17	0:13:12 ETHERINGTON, Ryan	Shildon AC		
5	0:11:55 BARRAS, Shaun	Jarrow & Hebburn	18	0:13:12 DOCHERTY, Jonathan	North Shields Poly		
6	0:11:57 LOWRY, George	Jarrow & Hebburn	19	0:13:16 GOFFEY, Ryan	Houghton AC		
7	0:12:03 ROBLEY, Kieran	Tynedale H	20	0:13:20 SHUTTLEWORTH, Philip	Morpeth H	F	
8	0:12:08 NEWTON, Nathan	Gateshead H	21	0:13:25 BALMAIN, Daniel	Elswick H		
9	0:12:22 GREENWOOD, Simeon	Tynedale H	22	0:13:36 NEWBY, Marc	Jarrow & Hebburn	F	
10	0:12:38 CRAM, Marcus	Morpeth H	F	23	0:13:38 HOPE, Phillip	Sunderland H	F
11	0:12:41 KANE, Mark	Tynedale H	24	0:13:54 HEARN, Samuel	Tynedale H	F	
12	0:12:53 BOYD, Jonathan	Gateshead H	25	0:13:59 CAMPBELL, Joe	Sunderland H	F	
13	0:12:56 CREAGH, Lloyd	North Shields Poly	26	0:14:30 MCCOURT, Lawrence	Jarrow & Hebburn	F	

Teams		Fastest	
1	Tynedale	1. M Cram	
2	Jarrow & Hebburn	2. C Boyek	
		3. J Marshall	

Under 13 Boys		Handicap 1min 20s				
1	0:10:19 REED, Jack	Gosforth H	17	0:11:51 SKIRROW, George	Alnwick Harriers	
2	0:10:23 NEWTON, Keiron	Gateshead H	18	0:11:53 SADLER, Andrew	Tynedale H	
3	0:10:28 CHAPMAN, Mark	Sunderland H	19	0:11:56 ELDER, Joe	Morpeth H	
4	0:10:35 JONES, Callum	Houghton AC	20	0:12:01 GOFFEY, Daniel	Houghton AC	
5	0:11:03 MASKELL, Barry	Gateshead H	F	21	0:12:02 TAYLOR, Conner	Sunderland H
6	0:11:06 LAIDLAW, Robert	Elswick H	22	0:12:04 CRAGO, Andrew	Sunderland H	
7	0:11:07 ROBSON, Ethan	Elswick H	23	0:12:11 CAMPBELL, Peter	North Shields Poly	
8	0:11:07 EWART, Adam	Gosforth H	24	0:12:16 WALTON, Ryan	Shildon AC	F
9	0:11:15 LORAIN, Robert	Birtley AC	F	25	0:12:31 DENTON, Matthew	Morpeth H
10	0:11:16 BOYEK, Liam	Shildon AC	F	26	0:12:37 ROBERTSHAW, Joe	Morpeth H
11	0:11:17 STEEL, Ben	Morpeth H	27	0:12:38 KELLY, Jack	Sunderland H	
12	0:11:23 HALL, Ryan	North Shields Poly	28	0:12:39 HOBSON, Daniel	Elswick H	
13	0:11:23 PEVERLEY, Christopher	Chester-le-Street	F	29	0:12:56 RIDLEY, Sean	Birtley AC
14	0:11:34 MALLIN, Joseph	Alnwick Harriers	30	0:13:26 THOMAS, Mark	Gosforth H	
15	0:11:36 BAILES, Adrian	Birtley AC	F	31	0:13:55 GROODY, Luke	Sunderland H
16	0:11:38 BUNN, Mark	Jarrow & Hebburn	F	32	0:14:04 THOMPSON, Jamie	Birtley AC

Teams		Fastest	
1	Gosforth	1. B Maskell	
2	Elswick	2. R. Loraine	
3	Sunderland H	3. L Boyek	
4	Birtley		
5	Morpeth		

Senior Women		Handicap 2 min 20					
1	0:18:31 HOLT, Michelle	Sunderland Harriers	S	39	0:22:09 GOBLE, Jayne	North Shields Poly	F
2	0:18:38 SIMPSON, Kim	Gateshead Harriers	S	40	0:22:09 RICH, Tamsin	Gateshead Harriers	S
3	0:19:03 VINCENT, Rachel	Tynedale Harriers	S	41	0:22:11 VALENTINE, Lynn	Sunderland Harriers	S(V)
4	0:19:22 TURNER, Melissa	Chester-le-Street	S	42	0:22:18 LOUGHNEY, Karen	North Shields Poly	S(V)
5	0:19:46 REED, Hayley	Sunderland Harriers	S	43	0:22:20 DUPLESSIS, Danielle	Elvet Striders	S
6	0:19:50 HORNE, Donna	Wallsend Harriers	S	44	0:22:22 PEERS, Jessica	Sunderland Harriers	S
7	0:19:53 DIXON, Alyson	Chester-le-Street	F	45	0:22:23 CROSS, Julie	Claremont RR	S(V)
8	0:20:24 ELLIOTT, Jacqueline	Phoenix Runners	S	46	0:22:32 DERUIJTER, Zosta	Chester-le-Street	S
9	0:20:33 TURLEY, Fiona	Heaton Harriers	S	47	0:22:33 DANCE, Ruth	Ryton Tri	F(V)
10	0:20:34 BOOOTH, Victoria	Sunderland Strollers	S	48	0:22:35 BROWN, Liane	Blaydon Harriers	F
11	0:20:35 HERWORTH, Mandy	Claremont RR	S(V)	49	0:22:39 MAYNARD, Karen	Sunderland Strollers	S(V)
12	0:20:42 MORRIS, Helen	Blyth RC	S(V)	50	0:22:45 BUJS, Clare	Heaton Harriers	F
13	0:20:46 LORENZI, Alice	Heaton Harriers	S(V)	51	0:22:47 KENWORTHY, Clare	Jarrow & Hebburn AC	S(V)
14	0:20:51 BRUCE, Claire	Morpeth Harriers(NC)	S(V)	52	0:22:50 SKELDEN, Krystal	Wallsend Harriers	S(V)
15	0:20:56 TELFORD, Angela	Blaydon Harriers	S(V)	53	0:22:52 PEBERDY, Bridget	Alnwick Harriers	S(V)

16	0:21:00	MAGOWAN, Moyra	Sunderland Strollers	S(V)	54	0:22:56	HALES, Debbie	Durham City	S(V)
17	0:21:03	BATEY, Natalie	Ryton Tri	S	55	0:22:56	STRONG, Anne	Tynedale Harriers	S
18	0:21:07	ROBERTSON, Karen	Tynedale Harriers	F(V)	56	0:22:57	YOUNG, Jan	Elvet Striders	S(V)
19	0:21:08	WATT, Kathryn	Sunderland Harriers	S	57	0:23:01	GIDNEY, Kathryn	Wallsend Harriers	S
20	0:21:11	WALTON, Emma	Wallsend Harriers	S	58	0:23:01	TINKLER, Jenny	Chester-le-Street	F(V)
21	0:21:13	MORAN, Michelle	North East Vets	S(V)	59	0:23:08	BUTLER, Jen	Saltwell Harriers	S(V)
22	0:21:20	CLARKE, Joanna	Heaton Harriers	S	60	0:23:09	GARDENER, Dawn	Birtley AC	S(V)
23	0:21:23	ZOPPI, Joanna	Heaton Harriers	F	61	0:23:09	NATHAN, Jane	Elvet Striders	S(V)
24	0:21:24	LOWERY, Silma	North Shields Poly	S	62	0:23:13	ROBINSON, Joanne	Derwentside AC	S
25	0:21:26	KILGOUR, Janette	Claremont RR	S(V)	63	0:23:23	LAMB, Liz	Elvet Striders	S(V)
26	0:21:26	BAUDOUIIN, Christine	Gateshead Harriers	S(V)	64	0:23:29	HODGKINSON, Kelly	Wallsend Harriers	S
27	0:21:31	FRIEND, Jenny	Heaton Harriers	S(V)	65	0:23:31	TOMACZCK, Sophie	Durham City	S
28	0:21:32	WYLIE, Angela	Tynedale Harriers	S(V)	66	0:23:34	PEARSON, Sue	Elvet Striders	S(V)
29	0:21:40	LAYTON, Roz	Elvet Striders	S(V)	67	0:23:37	SKIRROW, Susan	Alnwick Harriers	S(V)
30	0:21:41	MCKINNON, Claire	Blaydon Harriers	S	68	0:23:40	INMAN, Rachel	Heaton Harriers	S
31	0:21:44	ROBINSON, Heather	Chester-le-Street	F(V)	69	0:23:44	ROWELL, Wendy	Elvet Striders	S(V)
32	0:21:45	DYKINS, Natasha	Tynedale Harriers	S(V)	70	0:23:55	CUTHBERTSON, Vicky	Saltwell Harriers	S
33	0:21:51	HINDSON, Victoria	Wallsend Harriers	S	71	0:24:04	SHIELS, Anne-Marie	Jarrow & Hebburn AC	S(V)
34	0:21:54	NIELSON, Karen	North Shields Poly	S(V)	72	0:24:12	GRAY, Flora	Durham City	S
35	0:22:01	BARRY, Gillian	Sunderland Harriers	F	73	0:24:24	SIMMONDS, Helena	Saltwell Harriers	S
36	0:22:04	SYERS, Sarah	Alnwick Harriers	S(V)	74	0:24:28	BENTHAM, Kerry	Wallsend Harriers	S
37	0:22:05	THOMPSON, Vicki	Jarrow & Hebburn AC	S(V)	75	0:28:20	HITCHINSON, Suzanne	Elvet Striders	S(V)
38	0:22:07	DAVIS, Susan	Elvet Striders	S(V)					

Teams

- 1 Sunderland H 25
- 2 Chester-le-Street 42
- 3 Heaton 44
- 4 Tynedale 49
- 5 Wallsend 59
- 6 Gateshead 68
- 7 Sunderland S 75
- 8 Claremont 81

Fastest

1. A Dixon
2. M Holt
3. K Simpson

9. Blaydon 93
10. NSP 97
11. Elvet 110
12. Alnwick 156
13. Jarrow & Hebburn 159
14. Durham C 191
15. Saltwell 202

Under 17/20 Women

1	0:20:18	CROSBY (U17), Sarah	Sunderland Harriers		9	0:22:55	DUFFY (U17), Rosie	Sunderland Harriers	
2	0:20:35	OAKLEY (U17), Deborah	Morpeth Harriers		10	0:23:00	TINDALE, Olivia	Durham City	
3	0:20:41	GERTIG (U17), Helen	Blaydon Harriers	F	11	0:23:09	FAVIER (U17), Saoradh	Gateshead Harriers	F
4	0:21:03	LEWIS (U17), Megan	Tynedale Harriers		12	0:23:14	HILL, Sarah	Gateshead Harriers	
5	0:21:23	GRIEVES (U17), Rebecca	Blaydon Harriers		13	0:23:19	JOHNSON (U17), Amy	North Shields Poly	F
6	0:21:33	BLAIR (U20), Holly	Gateshead Harriers		14	0:23:40	DODSWORTH (U20), Lyndsey	Gateshead Harriers	F
7	0:21:34	BELL (U17), Maresa	Blackhill Bounders		15	0:24:01	ADIE (U17), Alora	Heaton Harriers	
8	0:21:55	GOODFELLOW (U17), Stevie	Morpeth Harriers		16	0:26:54	BALDOCK, Louise	Sunderland Strollers	

Teams

- 1 Gateshead

Fastest

1. H Gertig
2. S Crosby
3. D Oakley

Under 15 Girls

1	0:13:21	HIGGIN, Foina	Shildon AC		15	0:15:05	OLDHAM, Rebecca	Gateshead Harriers	F
2	0:13:32	REED, Megan	Sunderland Harriers		16	0:15:07	WOOD, Jane	Gateshead Harriers	
3	0:13:44	STRONG, Charlotte	Chester-le-Street		17	0:15:14	GARBUTT, Catherine	Durham City	
4	0:13:57	STEEL, Rachael	Morpeth Harriers		18	0:15:27	MAUGHAM, Rebecca	Houghton AC	
5	0:14:07	FINDLAY, Emily	Shildon AC		19	0:15:52	POTTS, Jessica	Gosforth	
6	0:14:08	WATT, Amanda	Gateshead Harriers		20	0:16:15	CAIRNS, Louise	Morpeth Harriers	F
7	0:14:21	PAGE, Lyndsay	Houghton AC (dq)	F	21	0:16:19	CAMPBELL, Beth	Sunderland Harriers	F
8	0:14:33	LUNDGREN, Rachael	Gosforth	F	22	0:16:24	HOPE, Emily	Sunderland Harriers	F
9	0:14:38	BUNN, Jennifer	Jarrow & Hebburn AC		23	0:16:35	RODGERS, Erin	Jarrow & Hebburn AC	F
10	0:14:44	WOOD, Elizabeth	Shildon AC		24	0:16:37	BRODIE, Lauren	Tynedale Harriers	
11	0:14:52	SADLER, Charlotte	Tynedale Harriers		25	0:16:51	BULMER, Katherine	Jarrow & Hebburn AC	
12	0:14:55	ORAM, Rebecca	Elswick Harriers		26	0:16:55	WILLIAMS, Ruth	Tynedale Harriers	
13	0:15:00	FERGUSON, Rebecca	Gateshead Harriers	F	27	0:16:57	WOODS, Sarah	North Shields Poly	F
14	0:15:03	LOWDON, Kate	Tynedale Harriers		28	0:18:23	WELCH, Amy	Houghton AC	

Teams

- 1 Shildon
- 2 Gateshead
- 3 Sunderland H
- 4 Tynedale
- 5 Jarrow & Hebburn

Fastest

1. R Lundgren
2. R Ferguson
3. F Higgin

Under 13 Girls

1	0:10:48	ETHERINGTON, Amy	Shildon AC		22	0:12:30	OAKES, Bethan	Birtley AC	F
2	0:10:57	BRUCE, Stephanie	Tynedale Harriers		23	0:12:41	TAYLOR, Jodie	Gateshead Harriers	F
3	0:11:06	ROBINSON, Stacey	Blyth RC		24	0:12:42	DIXON, Leigh	Blaydon Harriers	
4	0:11:13	MOMBAYARA, Dionne	Gateshead Harriers		25	0:12:45	JOHNSON, Kate	Birtley AC	
5	0:11:23	BROMLEY-DENY, Rebekah	Chester-le-Street		26	0:12:45	BLACKETT, Katie	Chester-le-Street	
6	0:11:26	JONES, Paige	Gateshead (DQ)	F	27	0:12:45	SIMPSON, Rachael	Houghton AC	
7	0:11:31	FORSTER, Sophie	Birtley AC		28	0:12:55	WINLOW, Yasmin	Houghton AC	

8	0:11:36	HEWITSON, Zoe	Shildon AC	F	29	0:13:12	GILESPIE, Paige	Birtley AC	
9	0:11:43	MORRISON, Jessica	Alnwick Harriers		30	0:13:32	AVERY, Abbie	Shildon AC	
10	0:11:47	PORTER, Charmaine	Sunderland Harriers	F	31	0:13:33	BUSWELL, Harriet	Gosforth	F
11	0:11:48	NELSON, Megan	North Shields Poly		32	0:13:35	CONNELLY, Rebecca	Elswick Harriers	
12	0:11:57	LARBY, Beth	Gosforth		33	0:13:42	BROWN, Megan	Jarrow & Hebburn AC	
13	0:11:57	GILL, Bethany	Gateshead Harriers		34	0:13:43	MCARDLE, Molly	Birtley AC	
14	0:11:57	BELLAMY, Lydia	Houghton AC		35	0:14:00	MURRAY, Sarah	Derwentside AC	
15	0:12:00	TAYLOR, Sophie	Birtley AC	F	36	0:14:07	POUNDER, Lizzy	Houghton AC	
16	0:12:11	SOUTHAM, Claire	Houghton AC		37	0:14:24	GRAHAM, Amy	Houghton AC	
17	0:12:21	WAITES, Alex	Sunderland Harriers	F	38	0:14:35	TUCK, Shannon	Sunderland Harriers	
18	0:12:22	WARBURTON, Helen	Gosforth		39	0:14:47	MCCRAIG, Catlin	Sunderland Harriers	
19	0:12:24	FALCONER, Charlotte	Gosforth	F	40	0:15:16	TAYLOR, Beatrice	Elswick Harriers	F
20	0:12:25	BRADFORD, Beth	Blaydon Harriers		41	0:15:16	BENNETT, Sinead	Houghton AC	F
21	0:12:29	CLEMENT, Laura	Gateshead Harriers	F					

Teams

- 1 Gateshead
- 2 Shildon
- 3 Birtley
- 4 Gosforth
- 5 Houghton
- 6 Sunderland H

Fastest

1. Z Hewitson
2. C Porter
3. S Taylor