

The Trafford 10k

at Partington on Sunday 10th september 2006

Trafford 10k — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Ste Heppies		Newham & Essex Beagles	30:23	85	Emma Parry	L 8	Wrexham AC	38:09
2	Paul Freary		Belgrave Harriers	30:47	86	Gary Wilcock	V40 15	Manchester Ymca Harriers	38:16
3	Carl Hardman		Salford Harriers	31:18	87	Jennie Bowman	L 9	Sale Harriers Manchester	38:16
4	Ian Fisher		Altrincham & District AC	31:44	88	(No. 2001)		Unattached	38:26
5	Jamil Parapia		Otley AC	31:47	89	David Bentley		Rochdale Harriers	38:33
6	Matt Moorhouse		Salford Harriers	32:36	90	F Cordingley	V45 7	Sale Harriers Manchester	38:34
7	Paul Sankey		Liverpool Running Club	32:59	91	Julian Spencer	V40 16	Spectrum Striders	38:35
8	Brendn Bolland		Horwich Rmi Harriers	33:00	92	David Mellor	V55 2	East Cheshire Harriers	38:39
9	Paul Smith		Altrincham & District AC	33:31	93	Gary Spilsbury	V40 17	Altrincham & District AC	38:43
10	Steven Crowe		Ellesmere Port Running Club	33:32	94	(No. 766)		Unattached	38:43
11	Tom Bush		Altrincham & District AC	33:37	95	Mark Taylor		Unattached	38:43
12	Tony Battersby		Astley & Tyldesley Road Runner	33:39	96	Malcolm Balmer	V40 18	Penny Lane Striders	38:43
13	Pete Willis		Belgrave Harriers	33:41	97	B Carmichael		Unattached	38:43
14	Mike Weedeall	V50 1	Wrexham AC	33:43	98	Maria Lowe	L 10	Salford Harriers	38:43
15	Stuart Parrott	V40 1	Wilmslow Running Club	34:00	99	Huw Morris	V45 8	Stockport Harriers	38:51
16	Peter Speake		Bildeston	34:04	100	John Lavelle	V45 9	Rossendale Harriers	38:57
17	G Houghton		Spectrum Striders	34:14	101	K Wright		Altrincham & District AC	38:58
18	Lester McCabe		Styal Running Club	34:21	102	J Heavey	V40 19	Unattached	38:59
19	Billy Martin		Salford Harriers	34:26	103	A Farley	V45 10	East Cheshire Harriers	39:01
20	Paul Birkett	V40 2	Salford Harriers	34:29	104	Andy Wilson		Unattached	39:03
21	Dav Carrington	V50 2	Altrincham & District AC	34:35	105	Peter Rogers		Stockport Harriers	39:14
22	Paul Backhouse		East Cheshire Harriers	34:36	106	Paul Davison		Unattached	39:15
23	Phil Townsend	V40 3	Leeds City AC	34:39	107	John Battersby	V45 11	Sale Harriers Manchester	39:18
24	Liam Thompson		Warrington Athletic Club	34:43	108	Eric Payton	V50 4	Unattached	39:28
25	Lee Cook		Unattached	34:46	109	Paul Rowley		Unattached	39:31
26	Nigel Levett		Sale Harriers Manchester	34:47	110	N Walker		Altrincham & District AC	39:35
27	Paul Barrett		Sale Harriers Manchester	34:56	111	Andy Garnett	V50 5	Spectrum Striders	39:37
28	G Rowlinson	V40 4	Sale Harriers Manchester	35:00	112	(No. 490)		Unattached	39:38
29	Ian Selby		Horwich Rmi Harriers	35:03	113	Kevin Connell		Unattached	39:39
30	M Gammelsaeter		Wirral AC	35:05	114	Andrew Coates		Swinton Running Club	39:44
31	Sean McMyler	V40 5	Salford Harriers	35:19	115	Paul Kenny	V45 12	East Cheshire Harriers	39:47
32	Rob Ingham		Oldham & Royton Harriers	35:25	116	Rick Smith	V55 3	East Cheshire Harriers	39:50
33	Barry Timmins	V40 6	Unattached	35:27	117	Tony Man		Penny Lane Striders	39:56
34	Sean Brady		Lancaster & Morecambe AC	35:33	118	Pete Bland	V55 4	Horwich Rmi Harriers	39:57
35	Darren Cottier		Vale Royal AC	35:41	119	A Fitzsimmons		Unattached	39:57
36	Nick Burke		Altrincham & District AC	35:45	120	J Howard	L35 2	Rossendale Harriers	39:59
37	R Flannery		Sale Harriers Manchester	35:47	121	Tony Lee	V40 20	Stockport Harriers	40:01
38	Darren Moran		Unattached	35:48	122	Toni McIntosh	L35 3	Stockport Harriers	40:04
39	Alexa Gostling	L 1	Leeds City AC	35:49	123	Neil Thompson		Stockport Harriers	40:05
40	Tony Landry	V45 1	Unattached	35:51	124	A Whittaker		Mersey Tri	40:08
41	Nicky Archer	L 2	Vale Royal AC	35:53	125	S Watmough	V40 21	Spectrum Striders	40:10
42	Jeffrey Capper		Wilmslow Running Club	35:53	126	Barry Allman	V50 6	Horwich Rmi Harriers	40:12
43	R Frodsham	V55 1	Liverpool Running Club	35:55	127	Andrew Ashton	V40 22	Unattached	40:12
44	Emma Phillips	L 3	Birchfield Harriers	35:58	128	Roberto Raso	V40 23	Unattached	40:13
45	Gavin Astin	V40 7	Stockport Harriers	36:08	129	P Capey	V40 24	Sale Harriers Manchester	40:23
46	Mike Shaw	V40 8	Stockport Harriers	36:13	130	Emyr Evans		Unattached	40:26
47	Gary Cassidy		Altrincham & District AC	36:14	131	Simon Knighton		Stockport Harriers	40:26
48	Trevor Clough	V45 2	Leeds City AC	36:14	132	Brad Ehlen		Spectrum Striders	40:32
49	Blue Haywood	L18 1	Lincoln Wellington	36:21	133	R Woodland	V45 13	Unattached	40:33
50	Katie Ingram	L 5	Horwich Rmi Harriers	36:37	134	Damian Utton	V40 25	Altrincham & District AC	40:39
51	M Mannings	JM 1	Oldham & Royton Harriers	36:38	135	S Calderbank	V55 5	Northern Vets AC	40:43
52	J Massey		Unattached	36:39	136	Steven McKay	V45 14	Middleton Harriers	40:46
53	Dave Gough	V40 9	Vale Royal AC	36:45	137	Nev Griffiths	V60 1	Spectrum Striders	40:48
54	Dewi Roberts		Abergele Harriers	36:46	138	Sue Cariss	L55 1	Bingley Harriers	40:51
55	Andrew Penney		Wilmslow Running Club	36:46	139	Dave Quinn	V45 15	Wilmslow Running Club	40:57
56	M Gregory		East Cheshire Harriers	36:52	140	A Elliott		Swinton Running Club	41:04
57	Damian Cole		Stainland Lions	36:55	141	Peter Nuttall	V45 16	Unattached	41:16
58	G Blizzard		Unattached	36:57	142	Z Hocking		Unattached	41:19
59	Graham Tracey		Unattached	37:06	143	Ken Laing	V40 26	East Cheshire Harriers	41:25
60	Richard Lee	V40 10	Abergele Harriers	37:09	144	Chris Evans	V40 27	Police Sports	41:26
61	Ben Liu		Newcastle Staffs	37:14	145	Trevor Adey		Unattached	41:26
62	James Lewis		Sale Harriers Manchester	37:17	146	K Carthy		Unattached	41:28
63	Yvonne Wyke	L35 1	Wigan Phoenix	37:20	147	Daniel Fox	V45 17	Unattached	41:29
64	Peter Clayton	V40 11	Vale Royal AC	37:24	148	Richard Frost	V45 18	Unattached	41:30
65	Malc Bostock	V40 12	Middleton Harriers	37:31	149	Michael Long	V55 6	Bingley Harriers	41:34
66	Gareth Roberts		Abergele Harriers	37:32	150	Frank Cassidy	V55 7	Oldham & Royton Harriers	41:35
67	Chris Marshall		Ellesmere Port Running Club	37:38	151	Sean Whewell	V40 28	Stockport Harriers	41:35
68	Tony McCarthy	V45 3	Warrington Athletic Club	37:39	152	Mark Ferns	V45 19	Sale Harriers Manchester	41:36
69	Tony Holt	V40 13	Radcliffe AC	37:40	153	Mel Walker	V60 2	Horwich Rmi Harriers	41:37
70	K Steinert		Manchester Tri Club	37:40	154	Karen Butler	L45 1	Sale Harriers Manchester	41:37
71	Simon Wright	V45 4	Wigan Phoenix	37:40	155	Kevin Brydon		Manchester Uni	41:40
72	Mervyn Ward	V50 3	Warrington Athletic Club	37:44	156	K Bolton		Unattached	41:41
73	James Corden		Unattached	37:45	157	Chris Hulse	V40 29	City Of Chester Tri Club	41:42
74	Richard Wilson		Sale Harriers Manchester	37:49	158	Julie Peters	L35 4	Oldham & Royton Harriers	41:50
75	Lee Woods		Sale Harriers Manchester	37:53	159	Chris Greenall		Burden Road Runners	41:50
76	James Edwards	V45 5	Vale Royal AC	37:58	160	Alan Bowker		Unattached	41:52
77	Paul Millward	V40 14	Staffs Moorlands	38:02	161	David Haines		Vale Royal AC	42:00
78	Mark Humphreys	V45 6	Unattached	38:03	162	John McCabe		Unattached	42:08
79	Rob Harper		Unattached	38:03	163	Susan Cain	L50 1	Penny Lane Striders	42:09
80	Chris Bratt		Sale Harriers Manchester	38:04	164	David Cain	V55 8	Penny Lane Striders	42:09
81	Barry Roder		Unattached	38:04	165	Alison Pye	L35 5	Sale Harriers Manchester	42:12
82	Sam Witter	U18 1	Oldham & Royton Harriers	38:06	166	Richard Eyre		Unattached	42:18
83	Michael Deevy		Stockport Harriers	38:06	167	Warren Bowden		Unattached	42:31
84	Jo Walker	L 7	Rotherham Harriers	38:06	168	Barrie Little	V60 3	East Cheshire Harriers	42:34

169	Simon Smith	V40 30	Unattached	42:36	260	Alex Eaton	L 43	Unattached	48:01
170	(No. 481)		Unattached	42:49	261	Catherin Riley	L 44	Unattached	48:01
171	Jerry Smith	V50 7	Trafford AC	42:52	262	L Gilchrist	L70 1	Valley Striders	48:07
172	G Atkinson		Unattached	42:58	263	Ruth Davidson	L 46	Unattached	48:13
173	Karl Smith	V40 31	Unattached	43:00	264	San Fraisse	L35 13	Oldham & Royton Harriers	48:21
174	R Fogarty		Unattached	43:08	265	Colin Moston	V50 11	Unattached	48:24
175	Mark Ward		Unattached	43:09	266	Stephen Jones	V40 42	Stockport Harriers	48:26
176	Mark Walker		Unattached	43:12	267	Nick Lees		Unattached	48:35
177	Mike Hill	V50 8	Cumberland Fell Runners	43:16	268	Paul Kingham		Unattached	48:42
178	Patrick Chan		Sale Harriers Manchester	43:19	269	Simon Munday		Unattached	48:44
179	Emily Beedham	L 18	Unattached	43:23	270	M Trickey	L50 4	Sale Harriers Manchester	49:03
180	Eamonn Gibbons	V45 20	Sale Harriers Manchester	43:26	271	Diane Powell	L40 4	Parbold Pink Panthers	49:11
181	C Lowe		Unattached	43:27	272	Mike Hurst	V40 43	Unattached	49:20
182	Dom Maguire		Unattached	43:29	273	Linda Hobson	L35 14	Womens Running Network	49:25
183	Glyn Fry	V45 21	Unattached	43:31	274	G Whittle	V45 26	Unattached	49:33
184	Mary Taverner	L40 1	Vale Royal AC	43:31	275	Urrffa Rafiq	L 51	Unattached	49:34
185	Daniel Abela		Unattached	43:38	276	Fiona Whiting	L45 5	Unattached	49:36
186	M Acton		Unattached	43:42	277	Alan Webb		Astley & Tyldesley Road Runner	49:39
187	Jonathan Rees		Unattached	43:44	278	Chris Bryans	V65 1	Stockport Harriers	49:44
188	Joseph Rintoul		Belle Vue Racers	43:49	279	Ruth Lee	L 53	Stockport Harriers	49:44
189	Julie Keys	L35 6	Rossendale Harriers	43:56	280	Karen Sheen	L45 6	Sale Harriers Manchester	49:52
190	Davina Raidy	L35 7	Rossendale Harriers	43:56	281	Louise Moore	L 55	Unattached	49:57
191	David Parkin	V40 32	Unattached	43:57	282	R Horwood		Sale Harriers Manchester	50:04
192	John Wilson	V45 22	Unattached	43:58	283	Chris Hopwood		Unattached	50:05
193	Nabilah Salihi	L 22	Spectrum Striders	43:58	284	Rod Ryall	V60 5	Unattached	50:17
194	Martin Webb	V40 33	Unattached	43:59	285	Adam Jones		Unattached	50:24
195	Steve Foster	V45 23	Astley & Tyldesley Road Runner	44:00	286	Sophie Styler	L 56	Unattached	50:28
196	Craig Bradbury		Astley & Tyldesley Road Runner	44:01	287	Roland Howard		Unattached	50:36
197	J Cordingley	L45 2	Sale Harriers Manchester	44:02	288	Joanne Kitcher	L35 15	Stainland Lions	50:42
198	Jon Mellor		Swinton Running Club	44:05	289	Ian Thomas	V50 12	Swinton Running Club	50:48
199	Richard Healy		Unattached	44:08	290	Jon Clarke		Styal Running Club	50:51
200	N Smith		Preston Tri Club	44:10	291	A Charlton	V45 27	Styal Running Club	50:55
201	John Matson		Unattached	44:11	292	Richard Connor		Unattached	50:57
202	J Morton	V40 34	Unattached	44:13	293	S Halligan	L35 16	Andems Runners	51:04
203	Gavin Dodd		Stainland Lions	44:15	294	Phil Maguire		Unattached	51:14
204	G Rogers	V50 9	Styal Running Club	44:18	295	Jim McNulty	V70 1	Unattached	51:27
205	M Aprahamian	V50 10	Sale Harriers Manchester	44:19	296	Laura Sykes	L 59	Unattached	51:30
206	C Williams		Unattached	44:25	297	Julie Savage	L45 7	Unattached	51:34
207	Linda Rix	L40 2	Unattached	44:31	298	Philip McCann	V50 13	Stockport Harriers	51:48
208	Ben Lupton	V40 35	Unattached	44:32	299	John Pickup	V45 28	Unattached	51:53
209	(No. 1463)		Unattached	44:36	300	Simon Fletcher		Unattached	52:12
210	Jane Maher	L 25	Unattached	44:44	301	Steven Johnson	V45 29	Stockport Harriers	52:13
211	Philip D'netto		Unattached	44:45	302	Val Fussell	L50 5	Congleton Harriers	52:17
212	Mark Wood	V40 36	Unattached	44:48	303	Anthony Beck		Unattached	52:25
213	Pete McIntyre		Unattached	44:50	304	D Butterworth		Unattached	52:37
214	Tony Lythe	V60 4	Sale Harriers Manchester	44:50	305	Mike Lambert	V40 44	Unattached	52:44
215	R Broster		Sale Harriers Manchester	44:52	306	D McCann		Chorlton Runners	52:49
216	J Balding		Unattached	44:52	307	P Shinde		Dragons Health Club	52:50
217	Sarah Moffatt	L 26	Manchester Ymca Harriers	44:55	308	John Foster		Hyde Village Striders	52:53
218	G Alexander		Dragons Health Club	45:00	309	Simon Meredith		Unattached	52:56
219	Stuart Mairs		Salford Met	45:09	310	C Ashton	L 62	Oldham & Royton Harriers	52:56
220	Damian Keeley	V40 37	Rossendale Harriers	45:11	311	T Blanchard	L 63	Unattached	53:01
221	L Naylor	L35 8	Stainland Lions	45:14	312	B Higgins		Styal Running Club	53:03
222	Steve Lormor		Unattached	45:24	313	S Ristige	L 64	Unattached	53:03
223	Mark Robinson		Dragons Health Club	45:25	314	SE Foster	L50 6	Huddersfield Road Runners	53:28
224	Tarja Kinnunen	L35 9	Penny Lane Striders	45:27	315	Sara James	L35 17	Unattached	53:28
225	K Draper		Belle Vue Racers	45:27	316	M Stubbs		Unattached	53:37
226	S Farrington		Unattached	45:28	317	Pat Hanley	L55 2	East Cheshire Harriers	53:39
227	M Hughes	V40 38	Unattached	45:29	318	Andrw Robinson	V50 14	East Cheshire Harriers	53:58
228	Joanne Graham	L 29	Dragons Health Club	45:29	319	Katie Hyde	L35 18	Unattached	54:02
229	Kirsty Wright	L 30	Fitness First Gorton	45:36	320	Philip Jinks		Unattached	54:06
230	Matt Birchall		Unattached	45:38	321	Steve Abbott	V40 45	Unattached	54:08
231	Simon Stead	V40 39	Unattached	45:48	322	R Rawlinson		Unattached	54:24
232	Jo Molyneaux	L45 3	Vale Royal AC	46:01	323	Amanda Abbott	L35 19	Unattached	54:33
233	Maryte Moore	L45 4	Stockport Harriers	46:03	324	Jason Chapman		Unattached	54:34
234	Sandra Lewis	L 33	Altrincham & District AC	46:06	325	Sarah Bartlett	L 70	Unattached	54:45
235	Andrew Kelly		Unattached	46:06	326	Kathryn Smith	L50 7	Unattached	54:45
236	Russel Haywood	V45 24	Lincoln Wellington	46:15	327	Matt Lockett		Bolton United Harriers	54:52
237	A Bergstrom	L 34	Manchester Tri Club	46:17	328	Andy Feehan		Unattached	54:54
238	M Stratton		Unattached	46:18	329	E Whitte Moor	L 72	Unattached	55:04
239	Lauren Marsden	L 35	Unattached	46:24	330	H Corbishley		Unattached	55:41
240	Dom Wilkinson		Unattached	46:24	331	Philip Sexton	V45 30	Unattached	55:49
241	D Mannings		Unattached	46:25	332	Kath Thorley	L45 8	Unattached	56:01
242	Tony Elston	V45 25	Unattached	46:26	333	Steve Garside		Unattached	56:04
243	R Charlton	L40 3	Styal Running Club	46:28	334	Rachel Gray	L 74	Womens Running Network	56:13
244	Nefyn Williams	V55 9	Northern Vets AC	46:33	335	Julie Thompson	L45 9	Unattached	56:20
245	Anne Kemp	L35 10	Unattached	46:42	336	G Sullivan		Unattached	56:24
246	V Buckley	L35 11	Stockport Harriers	46:47	337	F Stone	L 76	Unattached	56:34
247	Graham Driver		Spectrum Striders	46:49	338	C Christenson	L 77	Unattached	56:34
248	C Nevin	L50 2	Penny Lane Striders	46:53	339	J Kilcourse	L35 20	Unattached	57:22
249	A Preston		Unattached	47:08	340	Karen Foster	L35 21	Hyde Village Striders	57:31
250	S Lawrence		Unattached	47:11	341	R Pleasance	V40 46	Unattached	57:35
251	M Simms	V40 40	Unattached	47:16	342	A Fletcher	L40 5	Unattached	57:42
252	M Holloman		Unattached	47:16	343	J Ollerenshaw	L35 22	Swinton Running Club	57:49
253	Simon Hannan		Unattached	47:26	344	B Preece	V45 31	Rochdale Harriers	57:53
254	Francis Dunn	V40 41	Unattached	47:35	345	Mark Molloy		Warrington Road Runners	58:06
255	Laura Pilly	L 40	Dragons Health Club	47:36	346	Jane Adlum	L35 23	Rossendale Harriers	58:06
256	Karl Syson		Unattached	47:40	347	H Newhall	L40 6	Unattached	58:21
257	Helen Todd	L50 3	Stockport Harriers	47:53	348	P Goddard	V45 32	Chorlton Runners	58:25
258	Joanne Hulme	L35 12	Unattached	47:59	349	Richard Sealby		Unattached	58:43
259	Nick Mercer		Unattached	47:59	350	Kim Shaw	L45 10	Unattached	59:02

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

351	Jackie Birks	L35	24	Unattached	59:05	374	NRumbold	V40	48	Unattached	1:03:10
352	Peter Baugh	V65	2	Unattached	59:34	375	R Rushton	L	104	Dragons Health Club	1:03:16
353	Jackie Chen	L40	7	Penny Lane Striders	59:47	376	Jolan Sulinski	L	105	Manchester Frontrunners	1:03:20
354	Philip Hyde	V40	47	Unattached	59:52	377	Laura Reynolds	L	106	Unattached	1:03:47
355	J Sinnott	L45	11	Unattached	1:00:04	378	MRimmington			Spectrum Striders	1:03:54
356	K Robinson	L	88	Unattached	1:00:04	379	Donna Oiller	L	107	Unattached	1:03:54
357	Heather Thomas	L	89	Unattached	1:00:05	380	Alan Leonard			Unattached	1:03:59
358	N Woodyatt	L35	25	Unattached	1:00:19	381	Angela Delaney	L35	27	Unattached	1:03:59
359	Lisa Furlong	L35	26	Unattached	1:00:21	382	V Lowndes	L	109	Unattached	1:04:24
360	Julie Balmer	L	92	Penny Lane Striders	1:00:22	383	Shirley Slamon	L45	15	Unattached	1:04:37
361	L Scholes	L	93	Unattached	1:00:44	384	KSlamon	LJ	1	Unattached	1:04:37
362	J Valverde			Unattached	1:00:45	385	Diane Reynolds	L	112	Dragons Health Club	1:04:38
363	Ann Flannery	L45	12	Unattached	1:01:08	386	W Reddington	L35	28	Unattached	1:04:54
364	Andrea Burke	L	95	Unattached	1:01:11	387	Amanda Seville	L	114	Unattached	1:05:01
365	C Young	L	96	Unattached	1:01:29	388	Amanda Baker	L	115	Unattached	1:05:02
366	Susan Goddard	L45	13	Chorlton Runners	1:01:35	389	E Donovan	L	116	Unattached	1:05:40
367	Jenny Miles	L55	3	Trafford AC	1:02:24	390	M Herbertson	L	117	Unattached	1:07:41
368	L Southall	L	99	Unattached	1:02:32	391	R Mallaber			Unattached	1:07:46
369	J Stevenson			Unattached	1:02:32	392	J Lafferty	L	118	Unattached	1:07:49
370	C Hardman	L45	14	Unattached	1:02:38	393	Jason Stamp			Unattached	1:08:25
371	Emma Halkyard	L	101	Pudsey Pacers RC	1:02:44	394	Alyson Lamb	L50	8	Middleton Harriers	1:09:04
372	Judith Dutton	L55	4	Unattached	1:02:49	395	Christine Monk	L40	9	Unattached	1:09:14
373	J Crangle	L40	8	Unattached	1:03:10						

Trafford 10k - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Altrincham & District AC	24	—	4	Ian Fisher	9	Paul Smith	11	Tom Bush
2	Salford Harriers	28	—	3	Carl Hardman	6	Matt Moorhouse	19	Billy Martin
3	Sale Harriers Manchester	78	—	25	Nigel Levett	26	Paul Barrett	27	G Rowlinson
4	Wilmslow Running Club	96	—	15	Stuart Parrott	36	Jeffrey Capper	45	Andrew Penney
5	Horwich Rmi Harriers	122	—	8	Brendn Bolland	28	Ian Selby	86	Pete Bland
6	Vale Royal AC	127	—	33	Darren Cottier	43	Dave Gough	51	Peter Clayton
7	Warrington Athletic Club	138	—	24	Liam Thompson	55	Tony McCarthy	59	Mervyn Ward
8	Oldham & Royton Harriers	138	—	31	Rob Ingham	42	M Mannings	65	Sam Witter
9	East Cheshire Harriers	139	—	22	Paul Backhouse	46	M Gregory	71	David Mellor
10	Stockport Harriers	143	—	38	Gavin Astin	39	Mike Shaw	66	Michael Deevy
11	Abergele Harriers	145	—	44	Dewi Roberts	48	Richard Lee	53	Gareth Roberts
12	Spectrum Striders	168	—	17	G Houghton	70	Julian Spencer	81	Andy Garnett
13	Astley & Tyldesley Road Runner	251	—	12	Tony Battersby	119	Steve Foster	120	Craig Bradbury
14	Penny Lane Striders	270	—	73	Malcolm Balmer	85	Tony Man	112	David Cain
15	Styal Running Club	283	—	18	Lester McCabe	124	G Rogers	141	Jon Clarke
16	Swinton Running Club	303	—	82	Andrew Coates	100	A Elliott	121	Jon Mellor
17	Dragons Health Club	405	—	128	G Alexander	131	Mark Robinson	146	P Shinde

Trafford 10k - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale Harriers Manchester	40	—	9	Jennie Bowman	14	Karen Butler	17	Alison Pye
2	Vale Royal AC	48	—	2	Nicky Archer	18	Mary Taverner	28	Jo Molyneaux
3	Rossendale Harriers	50	—	11	J Howard	19	Julie Keys	20	Davina Raidy
4	Stockport Harriers	74	—	12	Toni McIntosh	29	Maryte Moore	33	V Buckley
5	Penny Lane Striders	75	—	16	Susan Cain	25	Tarja Kinnunen	34	C Nevin
6	Oldham & Royton Harriers	100	—	15	Julie Peters	38	San Fraisse	47	C Ashton
7	Dragons Health Club	120	—	26	Joanne Graham	35	Laura Pilley	59	R Rushton