

The Sale Sizzler

at Wythenshawe Park on Thursday 13th July 2006

Sale Sizzler — PROVISIONAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Gareth Raven		Sale Harriers Manchester	14:41	85	John Harrod	V40 22	E Cheshire H & Tameside AC	18:35
2	Simon Mills		Sale Harriers Manchester	15:03	86	Stuart Andrew		Spectrun Striders	18:40
3	Tarus Elly		Salford Harriers	15:09	87	Simon Grundy	V40 23	E Cheshire H & Tameside AC	18:40
4	Tom Boardman	JM 1	Leigh Harriers & Ac	15:24	88	?Mark Smith	V40 24	Manchester Harriers & AC	18:42
5	Gerry Healy	V40 1	Unattached	15:28	89	Robert White		Unattached	18:44
6	Damian Nicholls		Wilmslow Running Club	15:35	90	David Newman		Unattached	18:48
7	Carl Hardman		Salford Harriers	15:41	91	Michael Court		Vale Royal AC	18:50
8	Gregory Hull	V40 2	Leeds City Athletic Club	15:42	92	Lee Barratt		Stockport Harriers & Ac	18:53
9	Rob Hughes		Salford Harriers	15:46	93	?Helen Faulkner	L 11	Unattached	18:55
10	Michael Claff		Kent AC	15:56	94	?Steven Jackson		Unattached	18:58
11	Peter Speake		Bildeston Bounders	15:57	95	Peter Rogers	V40 25	Stockport Harriers & Ac	19:00
12	Martin Armstrong	V40 3	Sunderland Harriers	16:00	96	Anne Pugh	L50 1	Altrincham & District AC	19:04
13	Russell Maddams		Horwich R M I Harriers	16:03	97	Vanessa Mulholland	L 13	Altrincham & District AC	19:05
14	Robert Flannery		Sale Harriers Manchester	16:06	98	Alison Sedman	L40 1	Belle Vue Racers	19:06
15	James Hornam		Liverpool Harriers & Ac	16:07	99	Toni McIntosh	L 15	Stockport Harriers & Ac	19:06
16	?David Marsh	JM 2	Sale Harriers Manchester	16:10	100	Martin Dillon		Unattached	19:07
17	Marc Hartley		Pendle Athletic Club	16:12	101	Janine Stockton	LJ 3	Sale Harriers Manchester	19:09
18	Steven Crowe		Ellesmere Port Rc	16:14	102	Jeff Norman	V60 3	Altrincham & District AC	19:16
19	Colin Gell		Sale Harriers Manchester	16:16	103	John Battersby	V40 26	Sale Harriers Manchester	19:17
20	Ciaran Fitzpatrick		Manchester Harriers & AC	16:18	104	?Steven Jackson		Unattached	19:18
21	George Kirk		Sale Harriers Manchester	16:18	105	?John Bowker	V40 27	E Cheshire H & Tameside AC	19:19
22	Anthony Duffy	V50 1	Bolton United Harriers & Ac	16:18	106	Mark Walker		Rochdale Harriers & AC	19:21
23	Mike Shaw	V40 4	Stockport Harriers & Ac	16:18	107	Ray Dalby	V50 8	Rochdale Harriers & AC	19:22
24	Sam Aspinwall	JM 3	Sale Harriers Manchester	16:19	108	Steve Watmough	V40 28	Spectrun Striders	19:22
25	Rob Jowett	JM 4	Sale Harriers Manchester	16:29	109	John Halliwell	V40 29	Manchester Harriers & AC	19:23
26	Christopher Heys		Sale Harriers Manchester	16:40	110	Lindsay Ferguson	L 17	Newport & District	19:28
27	Paul Barratt		Sale Harriers Manchester	16:41	111	Paul Capey		Sale Harriers Manchester	19:29
28	Gary Rowlinson	V40 5	Sale Harriers Manchester	16:42	112	David Okopochini		Belle Vue Racers	19:30
29	David Gee	V50 2	Manchester Harriers & AC	16:47	113	Pete Hoyle	V40 30	Unattached	19:34
30	Liam Thompson		Warrington Athletic Club	16:49	114	Alison Vesey	L40 2	Altrincham & District AC	19:37
31	Lester McCabe		Styal RC	16:53	115	Marian Martin	L40 3	Spectrun Striders	19:40
32	Keith Thomas	V40 6	Lostock Ac	16:55	116	Dave Pearson	V50 9	Lostock Ac	19:41
33	Maurice Oldham	V50 3	Manchester Harriers & AC	16:57	117	Sonya Hanson	L 20	Salford Harriers	19:46
34	Richard Wilde	V50 4	Manchester Harriers & AC	17:02	118	Richard Eyre		Unattached	19:48
35	Aaron Denevon	JM 5	Moston & District H & Ac	17:05	119	Alex Davis	V40 31	Unattached	19:50
36	?Matthew Harrison		Sale Harriers Manchester	17:05	120	Stuart Calderbank	V50 10	Northern Veterans AC	19:53
37	Sean McMyler	V40 7	Salford Harriers	17:05	121	Howard Molloy	V40 32	E Cheshire H & Tameside AC	19:53
38	Alex Cooke	JM 6	E Cheshire H & Tameside AC	17:05	122	?Ros Mann	L50 2	Stockport Harriers & Ac	19:53
39	Stuart Laing	JM 7	E Cheshire H & Tameside AC	17:06	123	?Nigel Oldham		Manchester Ymca Harriers	19:55
40	Mikko Kuronen	V40 8	E Cheshire H & Tameside AC	17:07	124	Sarah Kay	LJ 4	Stockport Harriers & Ac	19:57
41	James Carter		Holmfirth Harriers Ac	17:08	125	Stan Curran	V50 11	Salford Harriers	19:58
42	???	???	???	17:15	126	Robert Kendrick		Unattached	20:01
43	???	???	???	17:17	127	?David Sinnott	V50 12	Saddleworth Runners Club	20:03
44	Owri Flage		Oldham & Royton H & Ac	17:19	128	Shame Yates		Buckley Runners	20:05
45	???	???	???	17:23	129	?Andrew Thurlow		Macclesfield Harriers & Ac	20:06
46	Alex Gostling	L 1	Leeds City Athletic Club	17:24	130	Caroline Jones	L 23	Spectrun Striders	20:07
47	?Simon Pearson		Unattached	17:27	131	?Matthew Harrison		Sale Harriers Manchester	20:10
48	Colin Martin	V40 9	Spectrun Striders	17:30	132	Simon Woodward	V40 33	City Of Chester Triathlon Club	20:12
49	Steve Green		Trafford Athletic Club	17:34	133	Mark Ferns		Sale Harriers Manchester	20:14
50	Philip Holmes	V40 10	Manchester Harriers & AC	17:35	134	Mark Widdup	V40 34	Rochdale Harriers & AC	20:16
51	David Livingstone		Altrincham & District AC	17:40	135	Joel Benson		Unattached	20:16
52	Andy Pickford		Unattached	17:45	136	Paul Wright	V40 35	Unattached	20:16
53	Mark Norton		Altrincham & District AC	17:50	137	Clare McKenna	L 24	Horwich R M I Harriers	20:18
54	Patrick Toolis	V40 11	Vale Royal AC	17:51	138	?Mark Smith	V40 36	Manchester Harriers & AC	20:22
55	David Trickett	V60 1	Hallamshire Harriers Sheffield	17:53	139	Paul Steane	V40 37	Unattached	20:23
56	Ruth Waller	L 2	Sale Harriers Manchester	17:56	140	?Neil Hindle	V50 13	Unattached	20:26
57	Dave Ainsworth	V40 12	Altrincham & District AC	17:59	141	Gillian Keeble	L40 4	Altrincham & District AC	20:30
58	Frank Cordingley	V40 13	Sale Harriers Manchester	18:00	142	Michael Griffin		Unattached	20:34
59	Kevin Brydon		Manchester University Ac	18:01	143	Stuart Mairs		Salford Metropolitan Ac	20:34
60	Michael Hibbert	V40 14	Manchester Harriers & AC	18:02	144	Emmy Dennis	L 26	Lytham St Annes Rr Club	20:36
61	Robert Harper	V40 15	Unattached	18:07	145	Mike Mason	V40 38	Hyde Village Striders Rc	20:37
62	Jon Sargeant	V40 16	Belle Vue Racers	18:07	146	Jerry Smith	V50 14	Trafford Athletic Club	20:37
63	Tess Walker	L 3	Salford Harriers	18:10	147	?Nigel Oldham		Manchester Ymca Harriers	20:41
64	Michael Smith	V60 2	Bingley Harriers & Ac	18:10	148	Su Wilson	L 27	Unattached	20:45
65	Ben Fox	V50 5	Sale Harriers Manchester	18:13	149	Vicky Barrett	L40 5	Stockport Harriers & Ac	20:46
66	Maria Lowe	L 4	Salford Harriers	18:15	150	Bethany English	LJ 5	Sale Harriers Manchester	20:47
67	Jenny Knass	L 5	Stockport Harriers & Ac	18:16	151	Jackie Cordingley	L40 6	Sale Harriers Manchester	20:47
68	Johnon Parrott	V50 6	Stockport Harriers & Ac	18:18	152	Christopher Gill		Unattached	20:47
69	?John Bowker	V40 17	E Cheshire H & Tameside AC	18:18	153	Sarah Lomas	L 31	Unattached	20:48
70	Michael Jones	V50 7	Altrincham & District AC	18:19	154	Jason Richards		Tipton Harriers	20:49
71	Claire Davies	L 6	Spectrun Striders	18:19	155	David Jakson	V40 39	Northern Veterans AC	20:50
72	?Philip Westwood		Bildeston Bounders	18:20	156	Rebecca Stant	LJ 6	Sale Harriers Manchester	20:51
73	Nigel Sedman	V40 18	Belle Vue Racers	18:20	157	Jenny Chambers	L50 3	Hallamshire Harriers Sheffield	20:53
74	Leah Kay	LJ 1	Stockport Harriers & Ac	18:21	158	Lorraine Lucas	L40 7	Astley & Tyldesley Road Runner	20:56
75	Konrad Steinert		Manchester Tri	18:21	159	Bryn Machin		Unattached	20:57
76	Richard Wilson		Unattached	18:24	160	Andy Howard		Unattached	20:58
77	Julian Spencer	V40 19	Spectrun Striders	18:27	161	Barry Chambers	L50 4	Vale Royal AC	20:59
78	Gavin Browne	JM 8	E Cheshire H & Tameside AC	18:27	162	David Russell	V50 15	Congleton H & Ac	20:59
79	Joe Hamey		Unattached	18:27	163	?Robert Tonkinson		Altrincham & District AC	20:59
80	?Keith Hatton	V40 20	Liverpool Harriers & Ac	18:27	164	Andy Roberts	V40 40	Belle Vue Racers	21:00
81	Emma McIntyre	L 8	Sale Harriers Manchester	18:29	165	Caroline Scholes	L 36	Lostock Ac	21:01
82	Jenna Hill	L 9	Unattached	18:31	166	David Scott	V60 4	Clayton Le Moors Harriers	21:02
83	Sean Butler	V40 21	Altrincham & District AC	18:33	167	Michael Gubbins		Hyde Village Striders Rc	21:05
84	Loma Young	LJ 2	Leeds City Athletic Club	18:34	168	Jane Bilton	L 37	Salford Harriers	21:07

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169	Nabilah Salimi	L	38	Spectrun Striders	21:08	260	Lynne Yates	L	67	Sale Harriers Manchester	24:09
170	?David Marsh	JM	9	Sale Harriers Manchester	21:19	261	Paul Hargreaves			Unattached	24:12
171	John Coffey	V50	16	Altrincham & District AC	21:19	262	Katie Thurlow	L	68	Unattached	24:14
172	Chris Yianni	V40	41	Belle Vue Racers	21:21	263	Elizabeth Jones	L	69	Sale Harriers Manchester	24:14
173	Kirsty Wright	L	39	Fitness First Gorton Running C	21:21	264	Jenny Kinnaiks	L	70	Stockport Harriers & Ac	24:16
174	Suzanne Andrews	L	40	Unattached	21:29	265	Katherine Winrow	L40	15	Lancaster & Morecambe Ac	24:18
175	Mark Dauncey			Unattached	21:30	266	Chris Bryans	V60	9	Stockport Harriers & Ac	24:25
176	Richard Horwood			Sale Harriers Manchester	21:38	267	Pamela Golder	L50	7	Sale Harriers Manchester	24:30
177	Sarah Moffatt	L	41	Manchester Ymca Harriers	21:38	268	Sarah Tyrrell	L	73	Unattached	24:30
178	Timothy Rainey	V40	42	Sale Harriers Manchester	21:38	269	Sophie Styler	L	74	Unattached	24:30
179	Joseph Rintoul			Unattached	21:39	270	Linda Edmondson	L40	16	Wrekin RR	24:32
180	Duncan Whitehead			Rochdale Harriers & AC	21:41	271	Louise Barrett	L	76	Fitness First Gorton Running C	24:35
181	John McCourt	V50	17	Manchester Harriers & AC	21:42	272	Margaret Trickey	L50	8	Sale Harriers Manchester	24:36
182	Mark Dean			Oldham & Royton H & Ac	21:45	273	Adam Reid			Unattached	24:37
183	Tony Payne	V40	43	Trafford Athletic Club	21:45	274	Paul Kingham			Unattached	24:38
184	Tom Mayell			Sandbach Striders & Strollers	21:47	275	Rebecca Healey	L	78	Belle Vue Racers	24:38
185	William Craven			Stockport Harriers & Ac	21:48	276	Nicola Jackson	L	79	Stockport Harriers & Ac	24:42
186	Lucy Hickey	L40	8	Altrincham & District AC	21:50	277	Kath Ward	L40	17	Stockport Harriers & Ac	24:42
187	Maryte Moore	L40	9	Stockport Harriers & Ac	21:50	278	Marie Kay	LJ	7	Stockport Harriers & Ac	24:45
188	Phil Partington	V40	44	Unattached	21:51	279	Chris Muston	V40	60	Unattached	24:46
189	Alan Renshaw	V40	45	Fitness First Gorton Running C	21:52	280	?Kieran White			Hercules Wimbledon	24:48
190	Anneka Sanders	L	44	Salford Harriers	21:53	281	?Simon Pearson			Unattached	24:48
191	John Leather			Huddersfield (rufc) Rr Ac	21:54	282	Stephen Cannon			Unattached	24:51
192	Alan Rydout	V60	5	Altrincham & District AC	21:56	283	Michael Silgram			Unattached	24:54
193	John Adams	V40	46	Unattached	21:57	284	Jenny Clink	L	82	Sale Harriers Manchester	24:58
194	David Darton	V40	47	Knivesmire Harriers	22:05	285	Catherine Mulley	L	83	Unattached	25:04
195	Helen Reagan	L	45	Sale Harriers Manchester	22:10	286	John Riley	V60	10	Unattached	25:07
196	Nicholas Ham	V40	48	Stockport Harriers & Ac	22:12	287	Laura Sykes	L	84	Unattached	25:10
197	Derek Walton	V60	6	Altrincham & District AC	22:12	288	Adam Jones			Unattached	25:15
198	Tom Johnston			Unattached	22:13	289	Andrea Bushell	L	85	Unattached	25:16
199	Andy Peacock			Unattached	22:13	290	Elizabeth Mason	L40	18	Hyde Village Striders Rc	25:18
200	Carole Harrison	L40	10	Unattached	22:14	291	Ian Hobbs	V50	25	Sale Harriers Manchester	25:19
201	David Gill			Sale Harriers Manchester	22:16	292	?Nigel Oldham			Manchester Ymca Harriers	25:20
202	Steve McCall	V40	49	Manchester Harriers & AC	22:17	293	Mark Butt	V40	61	Unattached	25:22
203	Colette Morgan	L	47	Unattached	22:20	294	John Smith	V50	26	Sale Harriers Manchester	25:25
204	Richard Broster			Sale Harriers Manchester	22:20	295	Claire Churchill	L	87	Unattached	25:28
205	Gerry Rogers	V50	18	Styal RC	22:27	296	Sarah Gibbons	L	88	Unattached	25:28
206	Kevin Draper			Unattached	22:28	297	Louise Winkworth	L	89	Unattached	25:31
207	Margaret Bullock	L40	11	Altrincham & District AC	22:29	298	Ann Verma	L	90	Unattached	25:35
208	Sarah Ashworth	L	49	Unattached	22:30	299	Hazel Boswell	L50	9	Unattached	25:37
209	Alan Jenkinson	V50	19	Styal RC	22:33	300	Stephane Lefebvre			Unattached	25:39
210	Matthew Thomas			Unattached	22:35	301	Brenda Robinson	L60	1	Rochdale Harriers & AC	25:39
211	Neil Oldfield			Unattached	22:37	302	Stuart Allen			Unattached	25:43
212	Sian Holland	L	50	Sale Harriers Manchester	22:40	303	Terence Hooper	V50	27	Unattached	25:44
213	Ciaran Dunne			Unattached	22:41	304	Trevor Stratford	V40	62	Unattached	25:45
214	?Philip Westwood			Bildeston Bounders	22:41	305	Sarah Lees	L	93	Unattached	25:53
215	David Wigons	V50	20	Unattached	22:42	306	?Keith Hatton	V40	63	Liverpool Harriers & Ac	25:57
216	Sarah Evans	L	51	Unattached	22:44	307	Wendy Johnson	L40	19	Unattached	25:59
217	Ian Mulholland			Unattached	22:46	308	Mark Sinjaki			Unattached	26:03
218	Phil Gardener	V40	50	Unattached	22:47	309	James Harper			Unattached	26:05
219	Kathryn Dawson	L	52	Sale Harriers Manchester	22:47	310	Val Fussell	L50	10	Congleton Harriers	26:09
220	Graham Marshall	V40	51	Unattached	22:49	311	Damian Smith			Unattached	26:11
221	Simon McCarthy	V40	52	Winston Runners	22:49	312	Dawn Morris	L	96	Gt Manchester Fire Service Aa	26:18
222	Alan Jones			Buckley Runners	22:50	313	Isabel Bailey	L	97	Unattached	26:18
223	Richard Lawson	V60	7	Clayton Le Moors Harriers	22:51	314	Pat Curran	L50	11	Salford Harriers	26:20
224	(No. 248)	L	53	Hallamshire Harriers Sheffield	22:51	315	Cath Sanders	L	99	Unattached	26:40
225	Sherali Khan			Unattached	22:52	316	Stephen Hand	V50	28	Winston Runners	26:45
226	Rachael Charlton	L	54	Styal RC	22:54	317	Ruth Harkin	L40	20	Unattached	26:50
227	???			???	22:55	318	John Gregory	V40	64	Unattached	26:52
228	Fiona McGrath	L	55	Warrington Athletic Club	22:58	319	Philip McCann	V50	29	Stockport Harriers & Ac	26:55
229	Sally Howarth	L40	12	Trafford Athletic Club	22:59	320	Darren Griffiths			Unattached	26:55
230	Sinead McCarthy	L	57	Unattached	22:59	321	Andrew Cole	V40	65	Unattached	26:59
231	Bridget Lucythink	L	58	Sale Harriers Manchester	23:00	322	?Helen Faulkner	L	101	Unattached	27:05
232	Chris Wright			Unattached	23:05	323	Ranjit Bennett			Sale Harriers Manchester	27:07
233	Gerard McCarthy	V40	53	Winston Runners	23:10	324	Julie McEvoy	L	102	Winston Runners	27:07
234	Des Miles	V40	54	Unattached	23:10	325	John Webster	V40	66	Unattached	27:07
235	George Lawson	V60	8	Manchester Harriers & AC	23:15	326	Richard Sealby			Unattached	27:13
236	Victoria Manning	L	59	Manchester Harriers & AC	23:16	327	?Neil Hindle	V50	30	Unattached	27:14
237	Aidan Lucey	V50	21	Unattached	23:17	328	Pantelis Papatthomas			Unattached	27:14
238	Michael Lister			Unattached	23:18	329	Derek Alltree	V50	31	Unattached	27:16
239	Julie Lennon	L	60	Unattached	23:26	330	Sally Shaw	L	103	Unattached	27:16
240	Maggie Jones	L40	13	Altrincham & District AC	23:30	331	?Kieran White			Hercules Wimbledon	27:18
241	Cherry Collison	L	62	Chorley Harriers	23:34	332	Rodger Cairns			Unattached	27:24
242	Gregory Sugden			Unattached	23:36	333	Victoria Healey	L	104	Unattached	27:29
243	?Ros Mann	L50	5	Stockport Harriers & Ac	23:42	334	Wendy Torevell	L50	12	Stockport Primary Care Trust R	27:31
244	Andrew Mackie	V40	55	Unattached	23:44	335	Alison Chadwick	L	106	Unattached	27:35
245	Helen Todd	L50	6	Stockport Harriers & Ac	23:47	336	Frances Coughlan	L	107	Unattached	27:35
246	Anne Kemp	L	65	Unattached	23:48	337	Janet Pickering	L50	13	Sale Harriers Manchester	27:37
247	?David Sinnott	V50	22	Saddleworth Runners Club	23:50	338	Ian Hawksworth	V40	67	Unattached	27:39
248	Christopher Todd			Unattached	23:53	339	Sudhir Kaligotta			Unattached	27:42
249	?Robert Tonkinson			Altrincham & District AC	23:56	340	Megan Bridgman	L	109	Unattached	27:45
250	David Watkinson	V50	23	Lancs Constabulary S&s Club	23:56	341	Valerie Lawson	L60	2	Clayton Le Moors Harriers	27:47
251	Sid Bailey	V40	56	BS Deestridders	23:57	342	Heather Cairns	L	111	Stockport Harriers & Ac	27:48
252	Bradley Giles	JM	10	Unattached	23:57	343	Pauline Smith	L50	14	Bingley Harriers & Ac	27:50
253	Ashtok Kallumpron	V40	57	Sale Harriers Manchester	24:01	344	John Lyons	V40	68	Unattached	27:52
254	Karen Sheen	L40	14	Sale Harriers Manchester	24:02	345	Lara Pugh	L	113	Unattached	28:00
255	Steven Johnson	V40	58	Stockport Harriers & Ac	24:05	346	Keith Crosby	V60	11	Sale Harriers Manchester	28:05
256	Liz O'Keefe	V50	24	Sandbach Striders & Strollers	24:05	347	Lindsay Reade	L	114	Unattached	28:07
257	Simon Royser	V40	59	Unattached	24:06	348	?Clare Crowther	L40	21	Unattached	28:07
258	Andrew Miller			Unattached	24:07	349	Ian Campbell	V50	32	Unattached	28:13
259	Jamie Barry			Unattached	24:08	350	David Maddison			Unattached	28:15

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351	Peter Baugh	V60 12	Unattached	28:23	396	Mary Whittaker	L40 29	Hyde Village Striders Rc	30:58
352	Paul Acton		Unattached	28:26	397	Caroline Sorriento	L40 30	Hyde Village Striders Rc	31:00
353	Pamela Gibbard	L 116	Unattached	28:30	398	Sue Burrow	L50 17	Hyde Village Striders Rc	31:02
354	?Andrew Thurlow		Macclesfield Harriers & Ac	28:37	399	Kathy Oluwi	L 152	Sale Harriers Manchester	31:02
355	Claire Dewsbury	L 117	Unattached	28:39	400	Jo Christopher	L40 31	Unattached	31:05
356	John Yianni	V50 33	Unattached	28:43	401	Gill Dickinson	L40 32	Stockport Primary Care Trust R	31:15
357	Helen Jackson	L40 22	Northern Veterans AC	28:53	402	Susan Bean	L50 18	Unattached	31:27
358	David Woodhead	V50 34	Unattached	28:55	403	Cathy Wilcher	L40 33	Unattached	32:16
359	Colin Lea	V40 69	Knavesmire Harriers	28:55	404	Alison Livingstone	L 157	Unattached	32:26
360	Katherine Garner	L 119	Unattached	28:56	405	Sarah Manning	L 158	Unattached	32:38
361	Louise Giles	L40 23	Unattached	28:57	406	David Jones	V40 71	Unattached	32:45
362	Karen Boulderstone	L 121	Unattached	29:06	407	David Brown	V50 36	Unattached	32:45
363	Jo Cope	L 122	Unattached	29:07	408	Katrina Macauley	L 159	Unattached	32:46
364	Joanne Mulholland	L 123	Unattached	29:08	409	Helen Tomlinson	L 160	Unattached	32:50
365	Frank Tongue	V60 13	Unattached	29:09	410	Rachael Khan	L 161	Unattached	32:50
366	Jolan Sulinski	L 124	Manchester Frontrunners	29:11	411	Jacqueline Terry	L 162	Unattached	32:52
367	Maureen Glendinning	L 125	Unattached	29:17	412	Jayne Griddle	L 163	Unattached	33:23
368	Julia Stratford	L40 24	Unattached	29:24	413	Timothy Griddle	V40 72	Unattached	33:33
369	Paul Wallis		Unattached	29:24	414	Laura Bower	L 164	Unattached	33:55
370	Ria Bremner	L 127	Unattached	29:27	415	Jackie Gurrie	L40 34	Unattached	33:56
371	Emma Sharples	L 128	Unattached	29:27	416	Colette Bond	L 166	Unattached	33:58
372	Seamus Hind	V40 70	Unattached	29:27	417	Natasha Benson	L 167	Unattached	34:02
373	Ruth Hind	LJ 8	Unattached	29:29	418	Helen Spray	L50 19	Unattached	34:04
374	Michael Ennis		Unattached	29:29	419	Margaret Carleton	L50 20	Winston Runners	34:21
375	George Spurling		Unattached	29:34	420	Mandy Carleton	L 170	Winston Runners	34:27
376	Prue Yeoman	L 130	Unattached	29:38	421	Jackie Kilcourse	L 171	Unattached	34:37
377	Alison Neild	L 131	Unattached	29:39	422	Tracey Ball	L40 35	Unattached	34:37
378	Liz Ellison	L 132	Unattached	29:48	423	Amy Mayell	L 173	Sandbach Striders & Strollers	34:59
379	Jenny Miles	L50 15	Trafford Athletic Club	29:49	424	Sally Gubbins	L 174	Hyde Village Striders Rc	35:05
380	Rebecca Newland	L 134	Unattached	29:51	425	?Clare Crowther	L40 36	Unattached	35:11
381	Brenda Blow	L 135	Unattached	29:56	426	Thomas Malone	V50 37	Sale Harriers Manchester	35:23
382	Sarah Yeoman	L 136	Dragons Running Club (sale)	29:57	427	Simon Patiniott	V40 73	Unattached	35:53
383	Catherine O'Connor	L 137	Unattached	30:03	428	Laura Papatomas	L 176	Unattached	35:59
384	Veronica Willies	L 138	Unattached	30:04	429	Bev Couch	L40 37	Unattached	36:36
385	Jill Scott	L60 3	Unattached	30:10	430	Andy Smith	V40 74	Stockport Harriers & Ac	36:36
386	Gilliam#n Browne	L40 25	Unattached	30:11	431	Jennifer Smith	L60 4	Unattached	37:05
387	Richard Robinson	V50 35	Unattached	30:19	432	Louise Kania	L 179	Unattached	37:25
388	Melanie Evans	L 141	Unattached	30:19	433	C Fuller	L 180	Unattached	37:33
389	Susan Hancock	L50 16	Unattached	30:33	434	Louise Mather	L 181	Hyde Village Striders Rc	38:18
390	Jacqueline Gumbley	L 143	Unattached	30:43	435	Mariola Meyer	L 182	Unattached	39:30
391	Jill Brown	L40 26	Sale Harriers Manchester	30:46	436	Emma Metcalfe	L 183	Unattached	40:12
392	Sara Diggle	L 145	Hyde Village Striders Rc	30:48	437	Tana Davies	L40 38	Unattached	48:12
393	Elizabeth Spurling	L 146	Unattached	30:48	438	Susan Davies	L 185	Unattached	48:12
394	Helen Shepherd	L40 27	Unattached	30:49	439	Patricia Hand	L50 21	Unattached	48:21
395	Jude Lang	L40 28	Hyde Village Striders Rc	30:57					