

The Nick Beer 10K Road Race at Llandudno on Sunday 12th February 2006

Nick Beer — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time				
1	Robert Deakin		Birchfield Harriers	33:06				
2	Gwyn Owen		Eryri Harriers	33:36				
3	Harry Jones	JM 1	Colwyn Bay AC	34:38				
4	Neil Crompton		Warrington AC	34:47				
5	Brendan Rothery		Eryri Harriers	34:54				
6	Darren Blazier		Abergele Harriers	34:59				
7	Gary Williams	V40 1	Menai T & F	35:08				
8	Ricky Challinor	JM 2	Dee Striders	35:23				
9	Mike Weedall	V45 1	Wrexham AAC	35:29				
10	Michael Stanley	V40 2	Wallasey AC	35:47				
11	S Gilliland	V40 3	Bro Dysynni	36:00				
12	Tom Watson		Colwyn Bay AC	36:03				
13	Geran Hughes		Abergele Harriers	36:06				
14	Peter O'Brien		Eryri Harriers	36:14				
15	Robert Harden	JM 3	Unattached	36:22				
16	John Earlston	V45 2	Abergele Harriers	36:28				
17	Nigel Grant	V40 4	Penny Lane Striders	36:29				
18	John Garmson	V40 5	Newport & District	36:31				
19	Sean McCormack	V40 6	Abergele Harriers	36:54				
20	Des McIvor	V40 7	Wirral AC	37:04				
21	Richard Watson		Colwyn Bay AC	37:07				
22	Clive Rowland		Wrexham AAC	37:13				
23	Fabian Downs	JM 4	Bangor University	37:20				
24	Richard Roberts		Eryri Harriers	37:24				
25	David Williams	V40 8	Salford Harriers	37:37				
26	Darren Vernon		Unattached	37:47				
27	Ed Loffill		Unattached	37:50				
28	Stephen Bellis	V50 1	Wrexham AAC	37:55				
29	David Nolan		NWRRRC	38:04				
30	Paul Wathan	JM 5	Cybi Striders	38:10				
31	Simon Wright	V45 3	Wigan Phoenix	38:13				
32	Peter Jones	V45 4	Unattached	38:15				
33	Carmen Anthony	L 1	Belle Vue Racers	38:17				
34	Craig Jones		Unattached	38:20				
35	Tim Cahill	V40 9	Abergele Harriers	38:27				
36	Ron Elliot	V60 1	NWRRRC	38:33				
37	Richard Lee	V40 10	Abergele Harriers	38:36				
38	Philip Cuthbert		Red Herrings RR	38:44				
39	Ashley Wager	V45 5	Eryri Harriers	38:55				
40	Martin Cortvriend	V50 2	Denbigh Harriers	38:57				
41	?Vincent Jones	V40 11	Unattached	39:03				
42	David Bewlwey	V55 1	Unattached	39:03				
43	Matthew Ashton		Abergele Harriers	39:05				
44	John Griffith	V50 3	Cybi Striders	39:09				
45	Dewi Roberts		Prestatyn RC	39:11				
46	Kathleen Upton	L 2	Liverpool Harriers & AC	39:15				
47	Scott Roberts	JM 6	Unattached	39:21				
48	Justin McIlveen		Abergele Harriers	39:24				
49	Gareth Roberts		Prestatyn RC	39:25				
50	Barry Wilson	V50 4	Ludlow Runners	39:26				
51	Russell Eaton		Unattached	39:29				
52	Thomas Prytherch		Unattached	39:35				
53	Isabel Redfern	L 3	Colwyn Bay AC	39:37				
54	Liam Maloney	V50 5	Unattached	39:41				
55	G Woolmington	V40 12	Unattached	39:47				
56	Derek Hughes	V45 6	E Cheshire H & Tameside AC	39:53				
57	Russell Godwin		Colwyn Bay AC	39:55				
58	D Wotherspoon	JM 7	Unattached	39:57				
59	P Streatfield		Unattached	39:58				
60	Andrew Farley	V45 7	E Cheshire H & Tameside AC	39:59				
61	Arfon Owen	V40 13	Cybi Striders	40:02				
62	Tony Hodgson	V55 2	Unattached	40:02				
63	Stephen Livett	V40 14	Eryri Harriers	40:05				
64	Aime Leggett	L 4	Unattached	40:10				
65	Kerry Blinston		NWRRRC	40:11				
66	Paul Stinton		Buckley Runners	40:14				
67	Emyr Davies	V60 2	Eryri Harriers	40:18				
68	Geoff Richards	V55 3	Wrexham AAC	40:22				
69	S Butterworth		Eryri Harriers	40:24				
70	David Shaw	V40 15	Salford Harriers	40:30				
71	Joe Johnson		Wallasey AC	40:39				
72	Trevor Marshall	V50 6	Colwyn Bay AC	40:43				
73	Paul Ballinger	V45 8	Denbigh Harriers	40:51				
74	Jayne Dickens	L35 1	Stone Mm	40:52				
75	Seb Phillips		Unattached	40:57				
76	Alan Cawley	V40 16	NWRRRC	41:03				
77	Nicola Jackson	L 6	Unattached	41:04				
78	Paul Kenny	V45 9	E Cheshire H & Tameside AC	41:11				
79	Gordon Manson	V50 7	Oswestry Olympians	41:15				
80	Roy Evans		Abergele Harriers	41:30				
81	Charles Ashley	V45 10	Wrexham AAC	41:33				
82	Philip Brooks	V50 8	Colwyn Bay AC	41:36				
83	Ian Rothery	V50 9	Cybi Striders	41:40				
				84	Matthew Jepson	Newcastle AC	41:42	
				85	George Nicholls	Prestatyn RC	41:54	
				86	Steffan Jones	Eryri Harriers	41:57	
				87	Graham Davies	V40 17	Unattached	41:59
				88	Stephen O'Neill	V50 10	Unattached	42:01
				89	Gavin Roche		Unattached	42:03
				90	Paul Brandrick	V45 11	Prestatyn RC	42:05
				91	Noel Craine	V40 18	Eryri Harriers	42:16
				92	Paul Andrew		Unattached	42:19
				93	Vincent Edwards		Unattached	42:21
				94	Alexander Marks	JM 8	Village RR	42:22
				95	Kevin Woods	V40 19	Unattached	42:26
				96	Desmond Rothery		Cybi Striders	42:27
				97	Paul Conlon	V40 20	Denbigh Harriers	42:28
				98	Stephen Botham	V45 12	Unattached	42:29
				99	Gwyn Jones	V45 13	Bro Dysynni	42:30
				100	Ian Taylor		Unattached	42:32
				101	Mark Dodd		Ellesmere Port RC	42:33
				102	Kieran Carthy		Unattached	42:37
				103	Tim Harding	V40 21	Colwyn Bay AC	42:40
				104	Darren Williams	JM 9	Unattached	42:43
				105	Robert Jones	V55 4	Unattached	42:45
				106	Phil Bartley	V40 22	Unattached	42:47
				107	Aaron Aspinall		Prestatyn RC	42:57
				108	Adair Broughton		Helsby RC	43:00
				109	Matthew Baker		Unattached	43:04
				110	James Hooton		Cybi Striders	43:05
				111	Peter Hughes		Unattached	43:07
				112	Robert Warrenger	V45 14	Unattached	43:09
				113	Joseph Parkin		Unattached	43:17
				114	Kevin Uzzell	V55 5	Stone Mm	43:20
				115	David Preston	V50 11	Wesham RR	43:21
				116	Scott Eccles		Unattached	43:29
				117	David Stretton	V45 15	Eryri Harriers	43:31
				118	Steven Roberts	V40 23	Unattached	43:35
				119	Russell Murray	V40 24	Unattached	43:37
				120	Bill Ward	V55 6	Colwyn Bay AC	43:40
				121	Stephen Beech	V40 25	Village RR	43:44
				122	Konrad Roberts		NWRRRC	43:47
				123	Jon Hawker	V40 26	Unattached	43:52
				124	Erika Schmid	L 7	Buckley Runners	43:53
				125	Tony Roberts		Unattached	43:54
				126	Richard Broster		Sale Harriers Manchester	43:55
				127	Andrew Huxley		Unattached	43:56
				128	David Jones	V40 27	Abergele Harriers	43:57
				129	Jeremy Bright		Abergele Harriers	43:57
				130	John Jennings	V45 16	Ellesmere Port RC	44:01
				131	Sheila Bickerton	L50 1	South Cheshire Harriers	44:02
				132	Keith Craig	V40 28	Littlewoods RC	44:04
				133	K Stephenson	L40 1	Abergele Harriers	44:05
				134	Emryn Evans		Carneddau AC	44:11
				135	Joseph McKernon		Unattached	44:17
				136	Kevin Thomas		Unattached	44:22
				137	G Porter-Jones		Unattached	44:33
				138	Storm Bate		Unattached	44:35
				139	Roger Sandland	V60 3	Telford AC	44:38
				140	Robert Mandley		Unattached	44:43
				141	Charles Enston		Unattached	44:47
				142	Derek Owen	V50 12	Shrewsbury AC	44:49
				143	Thomas Cowans		Unattached	44:56
				144	Jason Nodwell		Unattached	44:58
				145	Timothy Corran		Unattached	45:03
				146	Robert Spotswood	V45 17	Abergele Harriers	45:10
				147	Charlie Davies	V55 7	Unattached	45:12
				148	Graham Howell	V55 8	Liverpool Harriers & AC	45:15
				149	Martyn Fairlamb		Denbigh Harriers	45:19
				150	M Coulthard		Unattached	45:27
				151	John Walker		NWRRRC	45:32
				152	Paula Jones	L35 2	Unattached	45:34
				153	Chris Bird		Unattached	45:41
				154	Paul Boughey		Helsby RC	45:47
				155	Keith Robins	V50 13	Unattached	45:50
				156	James Platt	V40 29	Unattached	45:51
				157	Patrick Henley	V55 9	Liverpool Harriers & AC	45:54
				158	Peter Carpenter	V45 18	Unattached	45:55
				159	David Kirkham	V55 10	Cybi Striders	45:56
				160	Andrew Longman		Unattached	45:57
				161	Mike Cutler	V45 19	South Cheshire Harriers	45:58
				162	John Breslin	V40 30	Unattached	45:59
				163	Roland Gibbard	V50 14	Charmwood AC	46:00
				164	Ruth Sills	L 11	Vale Royal	46:02
				165	Iorwerth Roberts	V60 4	Eryri Harriers	46:05
				166	Kevin Higgins	V40 31	Unattached	46:08

167	Charles Larsson		Newcastle AC	46:11	255	Gareth Williams	V45	26	Unattached	50:35
168	Malcolm Taylor	V60	5 Bro Dysynni	46:14	256	Robert Davies			Prestatyn RC	50:37
169	Paul O'Sullivan		Unattached	46:17	257	Gary Jenkinson			Village RR	50:40
170	Andrew Pearce		Unattached	46:20	258	Paul Buoey			Unattached	50:42
171	Steve Davies		Unattached	46:23	259	Anthony Rees	V55	19	Unattached	50:44
172	Paul Jones		Unattached	46:24	260	Ian Hughes	V55	20	Abergele Harriers	50:47
173	Martin Williams	V55	11 Eryri Harriers	46:26	261	Joe Park	V70	2	Cheshire Tally Ho	50:49
174	Andrea Roberts	L	12 Eryri Harriers	46:27	262	Grant Watson			Unattached	50:50
175	Kevin Burns	V50	15 Dee Striders	46:28	263	Jean McGibbon	L50	3	Buckley Runners	50:51
176	Robert Chilton	V55	12 Bro Dysynni	46:35	264	Bryan Bridges	V40	40	Unattached	50:52
177	Clifford Wigzell		Unattached	46:41	265	Brenda Jones	L60	1	Bro Dysynni	50:55
178	Katie Brandrick	LJ	1 Prestatyn RC	46:42	266	Geoff Jennings	V40	41	Dee Striders	50:57
179	Nick Bradley	V50	16 Bro Dysynni	46:44	267	?Gwyn Owen			Eryri Harriers	50:58
180	Gary Martin		Unattached	46:45	268	Colin Thomas			Unattached	51:01
181	Peter Moore	V45	20 Village RR	46:48	269	Jayne Lomax	L35	4	Vale Royal	51:07
182	Paul Tye	V45	21 Unattached	46:50	270	Mike Story	V60	7	Village RR	51:08
183	Jac Hughes	JM	10 Colwyn Bay AC	46:51	271	Ruth Harvey	L40	8	Cybi Striders	51:11
184	Geoffrey Lawton	V45	22 Unattached	46:52	272	Jeffrey Slater	V50	22	Unattached	51:15
185	Mary Tavener	L40	2 Vale Royal	46:55	273	Jeff Hardman	V50	23	Unattached	51:18
186	N Mackarel		Unattached	46:56	274	Neil Patterson			Unattached	51:20
187	E Winston	L	15 Unattached	47:05	275	Michael Gilbert	V55	21	Colwyn Bay AC	51:21
188	Liam Tyrrell		Unattached	47:07	276	Sue Stafford	L55	2	Goyt Valley Striders	51:22
189	Barry Power	V40	32 Unattached	47:10	277	Cath Brownsell	L35	5	Unattached	51:23
190	Graham Lloyd		Helsby RC	47:20	278	Michael Kavanagh			Unattached	51:24
191	Dewi Sinclair	V60	6 Eryri Harriers	47:21	279	Stephen Salt	V50	24	Abergele Harriers	51:25
192	Paul Johansen	V40	33 Unattached	47:25	280	Joseph McArdle	V40	42	Village RR	51:26
193	Gareth Davies	V55	13 Unattached	47:27	281	Melanie Williams	L40	9	Abergele Harriers	51:28
194	Gary Jones		Chorley Harriers	47:31	282	Roger Brace	V60	8	Sunlight Runners	51:29
195	David Gater		Unattached	47:41	283	Dennis Smith	V60	9	Unattached	51:32
196	Gavin Reeves		Wrexham AAC	47:43	284	Glenn Daniels			Unattached	51:36
197	Rhion Jones		Cybi Striders	47:47	285	Sean Folan	V45	27	Unattached	51:38
198	Mike Owens	V40	34 Liverpool Running Club	47:49	286	Margaret Ludden	L40	10	Unattached	51:38
199	Colin Earp	V55	14 South Cheshire Harriers	47:52	287	Gareth Jones	V40	43	Unattached	52:02
200	P Lester-Owen	V45	23 Abergele Harriers	47:54	288	Brian Sharp	V40	44	Unattached	52:04
201	Ian McConnell		Village RR	47:55	289	Elizabeth Lynan	L	41	Penny Lane Striders	52:09
202	Sidney Molyneux	V55	15 Picton Sports Centre RC	47:56	290	Susan Calvert	L45	4	Abergele Harriers	52:10
203	Rebecca Law	L	16 Unattached	47:58	291	Owain Llewellyn			Unattached	52:20
204	Philippa Milward	L50	2 Unattached	48:01	292	Matthew Davidson			Unattached	52:22
205	Steve Wilson	V40	35 Unattached	48:02	293	Tracey Somerville	L	43	Unattached	52:23
206	Angie Davidson	L35	3 Abergele Harriers	48:03	294	Mary Bate	L40	11	Unattached	52:24
207	Donald Johnson	V45	24 Unattached	48:04	295	?Vincent Jones	V40	45	Unattached	52:25
208	Jane Oakes	L	19 Unattached	48:07	296	Chris Brideson			Unattached	52:27
209	Stuart Wade	V40	36 Unattached	48:11	297	Andrew Dobson			Unattached	52:28
210	Simon Bryan		Unattached	48:15	298	Nicholas McAtteer			Unattached	52:29
211	Gareth Ellis		Unattached	48:19	299	Lynda Tracey	L50	4	Unattached	52:30
212	Deborah Clift	L40	3 Abergele Harriers	48:21	300	Edward Ryan	V50	25	Unattached	52:31
213	Joanne McDonough	L	21 Prestatyn RC	48:23	301	Andrew Higton	V40	46	Unattached	52:34
214	David Edwards	V45	25 Abergele Harriers	48:27	302	David Jones	V40	47	Unattached	52:39
215	Jane Fedrick	L40	4 Unattached	48:29	303	Joanne Fellows	L35	6	Unattached	52:40
216	Matthew Gilman		Unattached	48:34	304	Sid Bailey	V45	28	Dee Striders	52:42
217	Scott Wavell		Unattached	48:38	305	Anthony Moore	V55	22	Stone Mm	52:44
218	Graham McVey		Unattached	48:39	306	Martin Walsh			Unattached	52:46
219	Robby Dilworth		Unattached	48:46	307	Sue O'Sullivan	L40	12	Unattached	52:50
220	John Lawton	V55	16 Sandbach Striders	48:47	308	David Beard	V50	26	Eryri Harriers	52:50
221	Nicholas Bradley		Unattached	48:52	309	Paul Suanderson			Unattached	52:55
222	N Gardiner		Unattached	48:54	310	Daniel Haverly	V40	48	Littlewoods RC	53:01
223	Karen Dalby	L40	5 Liverpool Harriers & AC	48:55	311	Ian Branthwaite	V40	49	Unattached	53:02
224	Lee Pownall		Unattached	48:56	312	Craig Sillett			Unattached	53:03
225	Maurice Weller	V70	1 Unattached	48:57	313	Marit Eland	L40	13	Bro Dysynni	53:04
226	Sheila Jones	L45	1 Bro Dysynni	48:59	314	Simon Harrison			Unattached	53:05
227	Roy Jardine	V55	17 Eryri Harriers	49:02	315	Meinir Huws	L45	5	Abergele Harriers	53:06
228	Nathan Earl		Unattached	49:04	316	Jack Evans	JM	13	Unattached	53:07
229	Graham Coull	V50	17 Unattached	49:05	317	Carl Evans			Unattached	53:16
230	Philip Jones	V55	18 Helsby RC	49:06	318	Amanda Walker	L40	14	Unattached	53:23
231	Louise Farrugia	L	25 Unattached	49:09	319	C Harrison	L40	15	Unattached	53:24
232	Michelle Kelly	L45	2 Penny Lane Striders	49:11	320	Jo Bartimore	L35	7	Denbigh Harriers	53:25
233	Chris Wright	V40	37 Unattached	49:15	321	Dominick Byrne			Unattached	53:29
234	Robin Hamer	V50	18 Unattached	49:17	322	Gael Earp	L40	16	South Cheshire Harriers	53:30
235	Rosemary Price	L55	1 Dee Striders	49:18	323	Sarah Bayliss	L35	8	Chester Tri	53:31
236	Richard Scamans		NWRRRC	49:22	324	John Robinson	JM	14	Unattached	53:34
237	Adam Jones		Unattached	49:32	325	Glyn Roberts	V55	23	Unattached	53:37
238	Jerome Harrison	V40	38 Unattached	49:44	326	Debra Bellis	L40	17	Buckley Runners	53:38
239	Susan Ridings	L45	3 Buckley Runners	49:48	327	Steve Warburton	V45	29	Unattached	53:44
240	Julian Mahy	V50	19 Colwyn Bay AC	49:49	328	Kevin Egerton	V50	27	Belle Vue Racers	53:45
241	Chris Slatton		Unattached	49:51	329	Noel Williams			Unattached	53:52
242	David Buckley		Unattached	50:01	330	G Wallis-Ryder	JM	15	Unattached	54:01
243	Glyn Fitzsimmons		Unattached	50:03	331	Paul Myers	V45	30	Prestatyn RC	54:02
244	Robert Thomas	JM	11 Unattached	50:08	332	June Cooke	L50	5	Prestatyn RC	54:10
245	Jamie Jones	JM	12 Unattached	50:15	333	Philip Williams	V60	10	Unattached	54:14
246	AnneMarie Allen	L40	6 Denbigh Harriers	50:20	334	Jack Bradley	V40	50	Unattached	54:16
247	Peter Potter	V50	20 Unattached	50:21	335	Micaela Mazzei	L	57	Unattached	54:18
248	Austin Bell	V50	21 Unattached	50:22	336	Stephen Renwick	V60	11	Unattached	54:19
249	Peter Macmillen	V40	39 Unattached	50:23	337	SallyAnn Harding	L45	6	Eryri Harriers	54:27
250	Jason Burton		Prestatyn RC	50:24	338	Robert Davies	V45	31	Unattached	54:28
251	Alison Thomas	L40	7 Eryri Harriers	50:25	339	Maureen Bartley	L	59	Denbigh Harriers	54:38
252	Fiona Hamilton	L	31 Unattached	50:27	340	Paul Davies	V40	51	Unattached	54:49
253	Lucy Sumner	L	32 Abergele Harriers	50:28	341	Stewart Wrench	V40	52	Unattached	55:08
254	Barrie Jackson	V65	1 Bro Dysynni	50:29	342	Sarah Davies	L40	18	Unattached	55:11

343	Peter Lewis	V45	32	Unattached	55:13	398	Derek Beesley	V55	29	Village RR	59:02
344	Alan Daniels	V50	28	Unattached	55:20	399	Sharon Edwards	L	80	Unattached	59:04
345	Robert McGuire	V70	3	Unattached	55:27	400	Sheila Richards	L50	6	Unattached	59:29
346	Alan Shepherd	V55	24	Unattached	55:29	401	C Morrissette	L45	14	South Cheshire Harriers	59:31
347	Martin McInulty			Village RR	55:34	402	Carol Cowden	L40	24	Unattached	59:48
348	Lynne Williams	L40	19	Unattached	55:35	403	Liam Cowden	V40	59	Unattached	59:49
349	Alison Chin	L45	7	Unattached	55:41	404	Caroline O'Keefe	L40	25	Unattached	59:50
350	Gareth Ward	V40	53	Littlewoods RC	55:43	405	Kevin Bartimore	V55	30	Unattached	59:55
351	Enid Roberts	L40	20	Unattached	55:50	406	Jessica Ratheram	L	85	Unattached	59:59
352	Gareth Ellis			Unattached	55:51	407	Julie Jones	L40	26	Abergele Harriers	1:00:17
353	Anders Elias	V45	33	Unattached	55:51	408	Keith Tubman	V60	13	Unattached	1:00:26
354	Bridget Jones	L40	21	Unattached	55:53	409	Julia Astbury	L40	27	Unattached	1:00:33
355	Victoria Cooper	L	65	Unattached	55:54	410	Helen Baxandall	L40	28	Prestatyn RC	1:00:35
356	Peter Doyle			Unattached	55:55	411	Susan Farrell	L35	11	Unattached	1:00:37
357	William Taylor	JM	16	Unattached	55:56	412	Neol Cheseldine			Village RR	1:00:37
358	Jane Hughes	L40	22	Stockport Harriers & AC	55:57	413	Tracey Wright	L40	29	Abergele Harriers	1:00:40
359	Greg Morris	V50	29	Unattached	55:58	414	Helen Jones	L40	30	Unattached	1:00:41
360	Simon Moore	V40	54	Unattached	56:11	415	Gwenedd Jones	L60	2	Sandbach Striders	1:00:47
361	Keith Lennon	V40	55	Unattached	56:21	416	Ann McGuffig	L55	3	Unattached	1:00:53
362	Emma Groves	L	67	Unattached	56:22	417	S Butterworth	L	94	Unattached	1:01:01
363	Scott Smith			Unattached	56:23	418	Alison Jones	L	95	Unattached	1:01:02
364	Jon Wooler	V40	56	Unattached	56:27	419	Barbara Leedham	L55	4	Northern Vets	1:01:21
365	Amanda Alcock	L	68	Unattached	56:28	420	Sian Tracey	L35	12	Unattached	1:01:58
366	Mike Murray	V55	25	FRA	56:30	421	Kulie Tiarconato	L	98	Unattached	1:02:03
367	Claire Lloyd	L	69	Unattached	56:31	422	Gareth Sides	V50	33	Unattached	1:02:07
368	Martin Page	V60	12	Unattached	56:45	423	Brenda Watson	L60	3	Unattached	1:02:16
369	Neil Hughes			Unattached	56:46	424	Margaret McNelis	L40	31	Wallasey AC	1:02:25
370	Brenda Gatward	L35	9	Unattached	56:48	425	Jo Hughes	L45	15	Unattached	1:02:29
371	Jean Hughes	L45	8	Unattached	56:48	426	Janet Hughes	L40	32	Unattached	1:02:45
372	William Hodgson	V55	26	Unattached	56:51	427	Philippa Paddock	L	103	Unattached	1:02:57
373	Charlie Owen	V45	34	Unattached	57:07	428	Steve Lee	V50	34	Reebok Running	1:03:05
374	John Albutt	V50	30	Unattached	57:18	429	Marie Bugler	L	104	Unattached	1:03:07
375	Stephen Norbury			Unattached	57:21	430	Carol Harding	L45	16	Unattached	1:03:12
376	Derwyn Williams			Unattached	57:21	431	Catherine Carver	L35	13	Unattached	1:03:18
377	Phil Tracey			Unattached	57:22	432	Maxine Grimshaw	L45	17	Belle Vue Racers	1:03:35
378	Neil Tubman			Unattached	57:25	433	Anna Matthews	L35	14	Unattached	1:03:41
379	John Latham	V55	27	South Cheshire Harriers	57:30	434	Kirstin Jones	L	109	Unattached	1:04:09
380	M Griffiths	V40	57	Unattached	57:31	435	Sangita Moore	L35	15	Unattached	1:04:47
381	Hugh Turner	V75	1	Midland Vets AC	57:58	436	Denise Albutt	L50	7	Unattached	1:05:30
382	Gillian Brandrick	L45	9	Prestatyn RC	57:59	437	Susan Townsend	L45	18	Unattached	1:05:54
383	Robin Jarrett			Unattached	57:59	438	James Townsend	V45	37	Unattached	1:05:55
384	Sandra Mayers	L45	10	Prestatyn RC	58:02	439	Janet Jones	L50	8	Unattached	1:05:56
385	Carolyn Davies	L	74	Unattached	58:03	440	Joyce Jones	L50	9	Prestatyn RC	1:06:18
386	Peter Smith	V50	31	Unattached	58:07	441	Patricia Linney	L50	10	Unattached	1:06:46
387	Kathryn Woolford	L35	10	Unattached	58:15	442	Jim Aveyard	V55	31	Unattached	1:07:08
388	Martin Tompkins			Unattached	58:23	443	Peter Johnston	V55	32	Unattached	1:09:14
389	Christina Jones	L40	23	Unattached	58:28	444	Greg Kemp	V40	60	British Tri Club	1:10:13
390	Steven Green	V45	35	Unattached	58:30	445	Helen Webster	L35	16	Unattached	1:10:13
391	Gareth Hughes	V40	58	Unattached	58:31	446	Allen Watts	V75	2	Sarn Helen	1:10:57
392	Phil Entwistle	V55	28	Unattached	58:32	447	Louisa Jones	L	117	Unattached	1:11:08
393	Michael McCarthy	V50	32	Unattached	58:39	448	Rachel Prince	L	118	South Cheshire Harriers	1:12:24
394	Phil Hughes	V45	36	Unattached	58:53	449	Helen Booth	L50	11	Unattached	1:16:38
395	Patricia Rooney	L45	11	Unattached	58:57	450	Margaret Hughes	L55	5	Unattached	1:16:43
396	Pat Adams	L45	12	Wrekin RR	58:59	451	Sheila Symonds	L60	4	Bro Dysynni	1:17:06
397	Louise Evans	L45	13	Unattached	59:01	452	Suzanne Welsh	L50	12	Unattached	1:19:45

Nick Beer - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Eryri Harriers	21	—	2	Gwyn Owen	5	Brendan Rothery	14	Peter O'Brien
2	Abergele Harriers	34	—	6	Darren Blazier	13	Geran Hughes	15	John Earlston
3	Colwyn Bay AC	35	—	3	Harry Jones	12	Tom Watson	20	Richard Watson
4	Wrexham AAC	55	—	9	Mike Weedall	21	Clive Rowland	25	Stephen Bellis
5	NWRR	102	—	26	David Nolan	30	Ron Elliot	46	Kerry Blinston
6	Cybi Striders	107	—	27	Paul Wathan	36	John Griffith	44	Arfon Owen
7	Prestatyn RC	139	—	37	Dewi Roberts	39	Gareth Roberts	63	George Nicholls
8	E Cheshire H & Tameside AC	140	—	41	Derek Hughes	43	Andrew Farley	56	Paul Kenny
9	Denbigh Harriers	157	—	34	Martin Cortvriend	54	Paul Ballinger	69	Paul Conlon
10	Bro Dysynni	182	—	11	SGilliland	70	Gwyn Jones	101	Malcolm Taylor
11	Dee Striders	241	—	8	Ricky Challinor	103	Kevin Burns	130	Geoff Jennings
12	Village RR	253	—	67	Alexander Marks	80	Stephen Beech	106	Peter Moore
13	Helsby RC	276	—	74	Adair Broughton	94	Paul Boughy	108	Graham Lloyd
14	South Cheshire Harriers	356	—	97	Mike Cutler	114	Colin Earp	145	John Latham
15	Littlewoods RC	368	—	86	Keith Craig	139	Daniel Haverly	143	Gareth Ward

Nick Beer - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Abergele Harriers	32	—	7	K Stephenson	12	Angie Davidson	13	Deborah Clift
2	Vale Royal	44	—	8	Ruth Sills	11	Mary Tavener	25	Jayne Lomax
3	Buckley Runners	47	—	5	Erika Schmid	19	Susan Ridings	23	Jean McGibbon
4	Prestatyn RC	61	—	10	Katie Brandrick	14	Joanne McDonough	37	June Cooke
5	Eryri Harriers	68	—	9	Andrea Roberts	21	Alison Thomas	38	SallyAnn Harding
6	Bro Dysynni	71	—	16	Sheila Jones	24	Brenda Jones	31	Marit Eland
7	South Cheshire Harriers	84	—	6	Sheila Bickerton	34	Gael Earp	44	C Morrissette
8	Denbigh Harriers	92	—	20	AnneMarie Allen	33	Jo Bartimore	39	Maureen Bartley