

# The Saucony English National Cross Country Championships at Parliament Hill, London on Saturday 25th February 2006

## Senior Men — FINAL RESULTS (\$=non-counter) Distance = 12000m

Pos	Name	Club	Time
1	PRiley	Leigh H & AC	38:53
2	F Tickner	Wells City Harriers	39:10
3	S Vernon	Stockport H & AC	39:37
4	R Whalley	Bristol & West AC	39:42
5	B Noad	Highgate Harriers	39:52
6	K Cullen	Highgate Harriers	40:00
7	A Buckley	Gateshead H & AC	40:16
8	NTalbot	Notts AC	40:21
9	DMitchinson	Newham & Essex Beagles AC	40:23
10	DBannister	Shaftesbury Barnet Harriers	40:24
11	MLole	Coventry Godiva Harriers	40:30
12	K Heywood	Bristol & West AC	40:31
13	M Watson	Bingley H & AC	40:33
14	D Deed	Bedford & County AC	40:34
15	MColeman	Medway & Maidstone AC	40:40
16	PRodgers	Crawley AC	40:43
17	B Moreau	Aldershot Farnham & Dist AC	40:43
18	A Jones	Salford H & AC	40:45
19	B Tickner	Wells City Harriers	40:47
20	J Walsh	Leeds City AC	40:52
21	PHinch	Tipton Harriers	40:55
22	D Webb	Leeds City AC	40:57
23	M Hood	Sunderland H & AC	41:02
24	T Payne	Birchfield Harriers	41:03
25	T Bedford	Shaftesbury Barnet Harriers	41:13
26	RBirchall	Notts AC	41:14
27	IFisher	Otley AC	41:15
28	ANorman	Altrincham & District AC	41:16
29	DNorman	Altrincham & District AC	41:16
30	J Ward	Altrincham & District AC	41:16
31	D Agustus	Sale Harriers Manchester	41:17
32	PNicholls	Tipton Harriers	41:23
33	CSmith	Thames Valley Harriers	41:28
34	J Mays	Kent AC	41:31
35	P Green	Sale Harriers Manchester	41:32
36	A Marriot	Wells City Harriers	41:33
37	CBirchell	Leeds City AC	41:36
38	THartley	Notts AC	41:37
39	K Stone	Newham & Essex Beagles AC	41:38
40	D Lacy	Cambridge Harriers	41:38
41	P Wicks	Belgrave Harriers	41:38
42	J Brown	Salford H & AC	41:38
43	GRaven	Sale Harriers Manchester	41:39
44	David Anderson	Belgrave Harriers	41:43
45	CHardman	Salford H & AC	41:44
46	M Ashton	Aldershot Farnham & Dist AC	41:45
47	B Raeside	Notts AC	41:47
48	S Deakin	Leeds City AC	41:48
49	A Hennessy	Wells City Harriers	41:49
50	G Comish	Sale Harriers Manchester	41:49
51	M Roscoe	Leeds City AC	41:51
52	A Thake	Hallamshire Harriers-Sheffield	41:51
53	W Burns	Salford H & AC	41:52
54	W Levett	Bedford & County AC	41:52
55	R Hope	Pudsey & Bramley AC	41:54
56	GHull	Leeds City AC	41:57
57	DBilton	Leeds City AC	41:59
58	M Gostling	Leeds City AC	42:05
59	S Body	Bedford & County AC	42:06
60	T Watson	Belgrave Harriers	42:07
61	M James	Shrewsbury AC	42:08
62	M Barnes	Altrincham & District AC	42:10
63	R Berry	Southport Waterloo AC	42:11
64	CLamb	Chester-Le-Street & Dist AC	42:13
65	O Edwards	Shaftesbury Barnet Harriers	42:14
66	H Dodwell	Highgate Harriers	42:15
67	A Pilcher	Derby AC	42:17
68	B Royden	Medway & Maidstone AC	42:18
69	B Stopher	Aldershot Farnham & Dist AC	42:18
70	D Gavson	Belgrave Harriers	42:19
71	R Williams	Shaftesbury Barnet Harriers	42:19
72	G Taylor	Trafford AC	42:20
73	M Powell	OWLS AC	42:22
74	M Cryer	Salford H & AC	42:24
75	D Wardle	London Irish AC	42:27
76	N Leigh	Altrincham & District AC	42:29
77	S Aldridge	Reading AC	42:32
78	SKimber	Windsor Slough Eton & Hounslow	42:34
79	B Fish	Blackburn H & AC	42:35
80	A Barber	Newham & Essex Beagles AC	42:37
81	K Murphy	Woodford Green AC/Essex Ladies	42:44
82	O Matthews	Bedford & County AC	42:45
83	S Major	Newham & Essex Beagles AC	42:46
84	K Skinner	Garden City Runners	42:46
85	HCare	Nestle Rowntree AC York	42:47
86	M Brown	Morpeth H & AC	42:48
87	C Blackburn	Serpentine RC	42:50
88	M Williams	Tipton Harriers	42:53
89	LCadman	Bedford & County AC	42:56
90	R Falkner	OWLS AC	42:57
91	RLittle	Cannock & Stafford AC	42:58
92	PFreary	Belgrave Harriers	42:58
93	N Miller	Bedford & County AC	42:59
94	A Fooks	Thames Valley Harriers	42:59
95	RLee	Windsor Slough Eton & Hounslow	43:00
96	P Rowland	Notts AC	43:03
97	J McCole	Liverpool H & AC	43:03
98	I Zigadlo-F	Ealing Southall & Middlesex AC	43:04
99	N Addison	Shaftesbury Barnet Harriers	43:05
100	S Wurr	Thames Hare & Hounds	43:06
101	M Pierson	Holmfirth Harriers AC	43:06
102	CHughes	Cheltenham & County Harriers	43:08
103	D Hamblin	Vale Of Aylesbury AC	43:09
104	P Haarer	Ranelagh Harriers	43:11
105	I Cardy	Kent AC	43:12
106	RCole	Newham & Essex Beagles AC	43:16
107	P Parry	Bristol & West AC	43:22
108	DDalmedo	Bedford & County AC	43:23
109	J Hutchins	Basingstoke & Mid Hants AC	43:25
110	ISalisbury	Trafford AC	43:26
111	W Grant	Shaftesbury Barnet Harriers	43:31
112	A Hilton	Nestle Rowntree AC York	43:34
113	J Rendall	Thames Hare & Hounds	43:36
114	M Legassick	Stubbington Green Runners	43:38
115	R Whittle	Basingstoke & Mid Hants AC	43:38
116	A Woods	Bristol & West AC	43:39
117	D Moore	Bristol & West AC	43:41
118	P Leybourne	Salford H & AC	43:44
119	J Powell	Durham City H & AC	43:46
120	S Rance	Reading AC	43:47
121	J Halligan	Manx Harriers	43:47
122	T Bark	Corby AC	43:47
123	C Leigh	Trafford AC	43:49
124	C Pearson	Cannock & Stafford AC	43:51
125	J Guilhant	Phoenix AC	43:53
126	S Shepley	Tipton Harriers	43:54
127	J Whitehead	Leeds City AC	43:54
128	A Wray	Harrow AC	43:56
129	W Lincoln	City Of Norwich AC	44:01
130	MBishop	Hallamshire Harriers-Sheffield	44:01
131	D Nevins	Harrow AC	44:03
132	B Radbourne	Heanor RC	44:04
133	A Slack	Herts Phoenix AC	44:05
134	WCockerell	Belgrave Harriers	44:05
135	D Robinson	Herne Hill Harriers	44:06
136	A Gibbins	Blackheath & Bromley Harriers	44:07

137	M Bond	Sale Harriers Manchester	44:09	212	I Horrocks	Hercules Wimbledon AC	45:44
138	K Newton	Herne Hill Harriers	44:11	213	D Gitau-F	Kent AC	45:46
139	S Marwood	Altrincham & District AC	44:12	214	M Sims	Cambridge University H & H	45:48
140	S Snow	Highgate Harriers	44:15	215	T Kingsnorth	Bristol & West AC	45:50
141	K Robertson-F	Shaftesbury Barnet Harriers	44:20	216	A Lowther	Medway & Maidstone AC	45:52
142	P Dobson	Springfield Striders RC	44:23	217	W Smith	Keighley & Craven AC	45:52
143	D Swinburne	Morpeth H & AC	44:24	218	L Stubbs	Redhill RR	45:54
144	S MacDonald	Bingley H & AC	44:26	219	B Reese	Trafford AC	45:54
145	B Hanley	Valley Striders	44:28	220	D Connor	Ripley RC	45:55
146	M Bristow	Brighton & Hove City AC	44:30	221	D Bickham-F	Highgate Harriers	45:56
147	R Burney	Liverpool H & AC	44:32	222	P Kavanagh	Tipton Harriers	45:56
148	R Maddams	London Irish AC	44:33	223	M Byansi-F	Belgrave Harriers	45:57
149	C Miller	Harrogate H & AC	44:33	224	D Lipscomb	Cambridge Harriers	45:57
150	A Adams	Leeds City AC	44:35	225	R Powell	Bedford & County AC	45:58
151	T Jackson	Shaftesbury Barnet Harriers	44:36	226	J Williams	Chelmsford AC	46:00
152	P Rockliffe	Trafford AC	44:39	227	P Norris	Harrow AC	46:01
153	N Altmann	Thames Hare & Hounds	44:40	228	H Wyber	Woodford Green AC/Essex Ladies	46:02
154	A Tuckey	Bristol & West AC	44:42	229	J Muddeman	Leamington C & AC	46:03
155	T Woodthorpe	Notts AC	44:44	230	G Williams	Medway & Maidstone AC	46:04
156	T Lenton	Norfolk Gazelles AC	44:45	231	R Smith	Lincoln Wellington AC	46:05
157	J McGinn	Watford Harriers	44:46	232	P Sanger	Epsom & Ewell Harriers	46:05
158	E O'Brien	Worthing Striders	44:47	233	T Duffin	Stubbington Green Runners	46:06
159	D Mulvey	Herne Hill Harriers	44:48	234	S Murcott	Tipton Harriers	46:07
160	A Cooke	Leeds City AC	44:51	235	R Munn	Kent AC	46:07
161	R McCormick	Barnet & District AC	44:52	236	S North	Sale Harriers Manchester	46:08
162	C Beecham	Highgate Harriers	44:52	237	D Parkinson	Kendal AAC	46:09
163	M Hatch	Sale Harriers Manchester	44:53	238	J McMahon-F	Bedford & County AC	46:09
164	A MacPherson	Highgate Harriers	44:53	239	J Cunningham	Serpentine RC	46:09
165	T Kenderine	Kidderminster & Stourport AC	44:54	240	N Gould	Thames Hare & Hounds	46:10
166	P Willis	Belgrave Harriers	44:54	241	C McQuillen-Wr	Newquay & Par AC	46:11
167	W Clark	Epsom & Ewell Harriers	44:55	242	A Heathcote	Colchester & Tendring AC	46:14
168	G Robinson	Garden City Runners	44:56	243	P Hoole	Rotherham H & AC	46:15
169	J Kovacs	Salford H & AC	44:57	244	P Illott	Brighton & Hove City AC	46:16
170	D Thomas	Cleethorpes & District AC	44:58	245	P Larkins	Newham & Essex Beagles AC	46:18
171	J Orange	Richmond & Zetland Harriers	44:59	246	D Hill	Tipton Harriers	46:23
172	?M Howard	Bournville Harriers	45:00	247	P Tallents	Retford AC	46:24
173	G Price	Shaftesbury Barnet Harriers	45:03	248	C Hearn	Marshall Milton Keynes AC	46:25
174	J Wills	Bristol & West AC	45:05	249	T Bush	Wells City Harriers	46:26
175	G Seddon	Blackpool & Fylde AC	45:06	250	J Ward	Derby AC	46:26
176	P Goble	Nestle Rowntree AC York	45:07	251	W Joyce	Telford AC	46:27
177	D Coulishaw	London Irish AC	45:08	252	M Broadhead	Hallamshire Harriers-Sheffield	46:28
178	C Riley	Bedford & County AC	45:11	253	T Yoshiwara-F	Invicta East Kent AC	46:29
179	D Carr	Kettering Town Harriers	45:13	254	J Michaelson	Liverpool H & AC	46:30
180	T Ellacott	Belgrave Harriers	45:13	255	A Heyden	Watford Harriers	46:31
181	S Barrett	Serpentine RC	45:13	256	A Robertshaw	Otley AC	46:31
182	S Herring	Bedford & County AC	45:14	257	P Stainer	Shaftesbury Barnet Harriers	46:31
183	P Grist	Wells City Harriers	45:14	258	N Covington	Guildford & Godalming AC	46:32
184	J Sanders	Telford AC	45:15	259	T Grant	Hillingdon AC	46:33
185	J Benniman	Brighton & Hove City AC	45:16	260	A Howse	Thames Hare & Hounds	46:34
186	P Curran	Medway & Maidstone AC	45:17	261	D Chappell	Herne Hill Harriers	46:36
187	N Samuels	Sale Harriers Manchester	45:18	262	D Coales	City Of Bath AC	46:37
188	C Loftus	Keighley & Craven AC	45:19	263	N Mitchell	London Heathside AC	46:39
189	A Mills	Highgate Harriers	45:20	264	E Messer	Chelmsford AC	46:39
190	M Halman	Wilmslow RC	45:22	265	T Elsey	Dorking & Mole Valley AC	46:40
191	ST Midgley	Bingley H & AC	45:23	266	A Kenchington	Birmingham Rowheath AC	46:42
192	T Hadfield	Belgrave Harriers	45:23	267	C Plumton	City Of Portsmouth AC	46:42
193	M Shone	Woodford Green AC/Essex Ladies	45:26	268	R Batchelor	Aldershot Farnham & Dist AC	46:45
194	R Gamble	Barnet & District AC	45:27	269	B Green	Queens Park Harriers	46:45
195	D Nolan	Hallamshire Harriers-Sheffield	45:28	270	L Reilly	Kent AC	46:46
196	J Jackson	Salford H & AC	45:29	271	K Hoyer	Chelmsford AC	46:47
197	T Jenkins	South London Harriers	45:30	272	T Kimber	Crawley AC	46:48
198	N Holmes	Northbrook AC	45:31	273	D Gray	Manx Harriers	46:49
199	N Marley	Kettering Town Harriers	45:34	274	E Mayers-F	Shaftesbury Barnet Harriers	46:51
200	G Lee	OWLS AC	45:36	275	J Flahive	London Heathside AC	46:52
201	J Quint	City Of Norwich AC	45:36	276	K Cameron	Kettering Town Harriers	46:53
202	N Hodges	Dorking & Mole Valley AC	45:37	277	P Bleach	City Of Portsmouth AC	46:53
203	J Roche	Victoria Park H Tower Hamlets	45:38	278	W Lynch-F	Belgrave Harriers	46:54
204	C Pass	Wesham RR	45:39	279	M Boucher	Aldershot Farnham & Dist AC	46:55
205	C Gell	Sale Harriers Manchester	45:39	280	P Birkett	Salford H & AC	46:56
206	M Hamer	St Albans Striders	45:40	281	M Wilkinson	Newham & Essex Beagles AC	46:58
207	D Carter	Phoenix AC	45:41	282	M Branco-F	Serpentine RC	46:59
208	G Groves	Liverpool H & AC	45:41	283	T McKee	Kingston Upon Hull AC	47:00
209	W Nock	Halesowen A & CC	45:41	284	I Stevens	Derby AC	47:01
210	G Ramsey	Barnet & District AC	45:42	285	T McGaff	Wilmslow RC	47:02
211	N Hazelwood	Halesowen A & CC	45:43	286	A Lister	Trafford AC	47:02

287	S Hallas	Preston Harriers	47:03	362	J Godber	Dulwich Runners	48:37
288	A Howey	Tunbridge Wells Harriers	47:04	363	P Lazo-F	Kent AC	48:38
289	J Mohammed	Newham & Essex Beagles AC	47:04	364	D Battersby	Bedford & County AC	48:38
290	B Murphy	Liverpool H & AC	47:05	365	R Phillips	Serpentine RC	48:39
291	P Fotherby	Southampton RC	47:05	366	S Smythe	Dulwich Runners	48:40
292	C Symonds	Enfield & Haringey AC	47:06	367	A McNay	Cheltenham & County Harriers	48:40
293	A Lamont	Macclesfield H & AC	47:06	368	T Mitchell-Smith	Victoria Park H Tower Hamlets	48:40
294	J Dawson	Bingley H & AC	47:07	369	P Scarrett	Wirral AC	48:41
295	A Farquharson	Kent AC	47:09	370	J Trehearn	Sutton Runners	48:41
296	C Curtis	Corby AC	47:10	371	J Helmer	Hercules Wimbledon AC	48:42
297	C Bailey	Highgate Harriers	47:11	372	M Potter	London Heathside AC	48:42
298	J Savage	Stourbridge RC	47:12	373	J Blanchard	Ealing Southall & Middlesex AC	48:42
299	R Hailey	Telford AC	47:13	374	D Wythe	Wells City Harriers	48:43
300	C Braybrook	St Albans Striders	47:13	375	B Broyd	Herts Phoenix AC	48:44
301	A Fox	Manx Harriers	47:14	376	M Peters	Coventry Godiva Harriers	48:45
302	S Underwood	Birmingham Rowheath AC	47:18	377	M Clews	Aldershot Farnham & Dist AC	48:46
303	N Cayton	Otley AC	47:20	378	N Arnold	Norfolk Gazelles AC	48:47
304	J Trapmore	Shaftesbury Barnet Harriers	47:23	379	F Smith	Saltwell Harriers	48:51
305	D Jordan	Heanor RC	47:25	380	J Attwooll	Coventry Godiva Harriers	48:52
306	J Creane	London Irish AC	47:27	381	A Thomas	Keighley & Craven AC	48:52
307	A Fuller	Altrincham & District AC	47:28	382	N Humphreys	Corby AC	48:53
308	C Phelan	South London Harriers	47:29	383	L Hine	Kent AC	48:54
309	M Buntin	Tipton Harriers	47:29	384	C Wheeler	Trafford AC	48:54
310	J Guiney	London Irish AC	47:30	385	D Browne	London Heathside AC	48:55
311	J Heywood	Holmfirth Harriers AC	47:31	386	L Buxton	Keighley & Craven AC	48:56
312	A Symonds	Shaftesbury Barnet Harriers	47:31	387	A Deamer	Wells City Harriers	48:56
313	H Hammond	Coventry Godiva Harriers	47:32	388	P Martin	Tonbridge AC	48:57
314	N Carter	OWLS AC	47:32	389	P Halford	Werrington Joggers	48:58
315	C Tomson	City Of Portsmouth AC	47:33	390	M Yates	Redhill RR	48:59
316	L Crispin	Newham & Essex Beagles AC	47:35	391	M Beamish	City Of Norwich AC	49:00
317	A Styles	Tunbridge Wells Harriers	47:36	392	C Finill	Harrow AC	49:01
318	M Hunt	Pendle AC	47:40	393	L Cornwall	Wesham RR	49:01
319	D Bell	Ranelagh Harriers	47:41	394	P Ward-F	Cambridge University H & H	49:02
320	P Cox	City Of Bath AC	47:42	395	H Preece	Barnet & District AC	49:03
321	R Nixon	Ilford AC	47:44	396	B Summers	Rugby & Northampton AC	49:03
322	A Collinge	Highgate Harriers	47:45	397	J White	Peterborough AC	49:05
323	A Gray	Shrewsbury AC	47:46	398	L Cox	Hercules Wimbledon AC	49:06
324	S Rashid	Liverpool Pembroke & Sefton H	47:47	399	M Proven	Reading AC	49:07
325	N Dougal	Thames Valley Harriers	47:48	400	T Parkin	Shaftesbury Barnet Harriers	49:11
326	S Earley	Leighton Buzzard AC	47:49	401	P Waterston	Morpeth H & AC	49:12
327	J Blackett	North York Moors AC	47:50	402	D Baker	South London Harriers	49:12
328	P Perry-F	Serpentine RC	47:52	403	A Pecararo	Havering 90 Joggers	49:13
329	R Scott	Southend-On-Sea AC	47:53	404	P Roberts	Richmond & Zetland Harriers	49:14
330	A Goodair	Askern District RC	47:53	405	K Julian	Orion Harriers	49:15
331	R Cole	Liverpool H & AC	47:54	406	K Francis	Shrewsbury AC	49:16
332	A Rowe	Wesham RR	47:55	407	M Allen	Halesowen A & CC	49:16
333	T Alexander	Medway & Maidstone AC	47:56	408	R Gray	Birmingham Rowheath AC	49:18
334	T Wilks	Leeds City AC	47:57	409	S Heaton	East Cheshire H & Tameside AC	49:18
335	C Old	Serpentine RC	47:58	410	A Bickerstaff	Ranelagh Harriers	49:19
336	D Warn	Southampton RC	48:00	411	S Bond	Reading AC	49:20
337	I Todd	Poole AC	48:01	412	R Darling	Erewash Valley RC	49:20
338	C Heys	Sale Harriers Manchester	48:03	413	R Waters	Thames Valley Harriers	49:21
339	D Boyce	Brighton & Hove City AC	48:05	414	A Budarkiewicz	Kingston AC & Polytechnic H	49:23
340	G Chatterton	Chelmsford AC	48:06	415	T Orton	Tamworth AC	49:25
341	J Cordwell	City Of Sheffield AC	48:07	416	S Simpson	Nestle Rowntree AC York	49:26
342	D Atkins	Dulwich Runners	48:07	417	R Prout	Chelmsford AC	49:26
343	D Lewis	Reading AC	48:08	418	D Burbidge	Highgate Harriers	49:27
344	N Ashcroft	Warrington AC	48:09	419	R Gunner	Stubbington Green Runners	49:28
345	P Lemmon	London Heathside AC	48:10	420	C Daniels	Thames Hare & Hounds	49:29
346	M Benford	Notts AC	48:11	421	S Kinson	Leamington C & AC	49:29
347	D Noad	Bristol & West AC	48:13	422	S Coombes	Herne Hill Harriers	49:30
348	I Bussell	Thames Valley Harriers	48:16	423	M Ferguson	Bourville Harriers	49:30
349	P Kennedy	The Stragglers RC	48:17	424	P Collingwood	Askern District RC	49:30
350	K Robinson	Rochdale H & AC	48:19	425	S Cook	St Albans Striders	49:30
351	J Rogers	Highgate Harriers	48:20	426	R Brown	Ealing Southall & Middlesex AC	49:33
352	R Tojeiro	Queens Park Harriers	48:24	427	M Manir	Wigan Phoenix	49:35
353	T Bolton	Basingstoke & Mid Hants AC	48:26	428	P Barrett	Sale Harriers Manchester	49:36
354	R Minton	Strafford-On-Avon AC	48:26	429	D Rowbotham	Leeds City AC	49:37
355	T Price	Solihull & Small Heath AC	48:28	430	A Wright	Silson Joggers AC	49:38
356	S Fereday	City Of Bath AC	48:30	431	D Tomlin	Teignbridge Trotters	49:39
357	A Holt	Garden City Runners	48:31	432	A Hauser	Holmfirth Harriers AC	49:41
358	B Dyson	Derby AC	48:32	433	L Lane	Ranelagh Harriers	49:41
359	A Crosby	Garden City Runners	48:34	434	C Taylor	Watford Joggers	49:44
360	A Taylor	Reigate Priory AC	48:34	435	W Oakes	Kenilworth Runners	49:45
361	D Talbot	Trafford AC	48:36	436	B Heaton	Wilmslow RC	49:47

437	M Sweeney	Highgate Harriers	49:48	512	P Daniels	Dulwich Runners	51:00
438	A Aitken	South London Harriers	49:49	513	D Wilkie	Orion Harriers	51:01
439	D Scholes	Keighley & Craven AC	49:52	514	N Tolfrey	Victory AC	51:01
440	B Southin	Serpentine RC	49:56	515	R Sunley	Horsforth Harriers	51:02
441	B Atkinson	Knavesmire Harriers	49:57	516	M Burtwell	South London Harriers	51:04
442	C Baileywood	Dulwich Runners	49:59	517	O Mason	Peterborough AC	51:05
443	N Andrews	Telford AC	49:59	518	M Parker	Barnet & District AC	51:05
444	M Williams	Kenilworth Runners	50:00	519	E Combstock	Coventry Godiva Harriers	51:08
445	R Kenny	Preston Harriers	50:00	520	J Knight	Metropolitan Police AC	51:10
446	R Kinnerley	Reading AC	50:01	521	T Nicholls	Royal Navy AC	51:10
447	T Kelly	London Irish AC	50:06	522	D Shirley-F	Highgate Harriers	51:11
448	M Barlow	Kent AC	50:07	523	J Miles	Phoenix AC	51:11
449	S Rose	Bournville Harriers	50:08	524	C Lound	Dulwich Runners	51:12
450	M Maple	Ilford AC	50:08	525	S Endacott	Dulwich Runners	51:13
451	G Finch	London Irish AC	50:09	526	P Render	Harrogate H & AC	51:14
452	D Ottey	Dorking & Mole Valley AC	50:09	527	G Quick	Ranelagh Harriers	51:17
453	P Adams	St Albans Striders	50:10	528	D Ogden	South London Harriers	51:21
454	N Burke	Altrincham & District AC	50:12	529	P Fromme	Serpentine RC	51:21
455	J Gold	Victoria Park H Tower Hamlets	50:14	530	P Warburton	Hillingdon AC	51:21
456	C Abbott	Epsom & Ewell Harriers	50:15	531	C Riley	Heanor RC	51:22
457	C Daniel	Blackheath & Bromley Harriers	50:16	532	N Hume	North Fylde AC	51:23
458	A McCoy	Cheltenham & County Harriers	50:16	533	M Armstrong	Silson Joggers AC	51:23
459	R Smith	Blackheath & Bromley Harriers	50:17	534	S Partridge	Rugby & Northampton AC	51:24
460	A Morgan	Halesowen A & CC	50:18	535	M Rees	Colchester & Tendring AC	51:24
461	L Browne	East Cheshire H & Tameside AC	50:18	536	J Lowe	Highgate Harriers	51:25
462	G Jones	Shrewsbury AC	50:19	537	C Shuttleworth	Clayton-Le-Moors Harriers	51:25
463	M Denmead	Sutton Runners	50:20	538	P Higham	Norfolk Gazelles AC	51:26
464	K Lee	Wesham RR	50:20	539	B Butler	Victoria Park H Tower Hamlets	51:27
465	G Kendall	Serpentine RC	50:21	540	T Hawkins	Yeovil Town RRC	51:28
466	D Winter	Askern District RC	50:22	541	S Webb	Valley Striders	51:31
467	A Baci-F	Enfield & Haringey AC	50:22	542	J Ward	Herne Hill Harriers	51:32
468	S Ratcliff	Newcastle (Staffs) AC	50:23	543	K Hesketh	Preston Harriers	51:34
469	R Spencer	Holmfirth Harriers AC	50:23	544	C Evans	Highgate Harriers	51:35
470	P Gittings	Reading AC	50:23	545	T Collins	Havering Mayesbrook AC	51:38
471	C Scott	City Of Portsmouth AC	50:24	546	R Maw	Scarborough AC	51:38
472	C Owens	Ranelagh Harriers	50:24	547	C Bryan	Trafford AC	51:39
473	S Howes	Solihull & Small Heath AC	50:26	548	G Lawson	Saracens RC	51:40
474	G Johnston	North Fylde AC	50:29	549	T Everest	Tunbridge Wells Harriers	51:40
475	A Lashmar	Victoria Park H Tower Hamlets	50:30	550	A Short	Grantham AC	51:41
476	T Stock	Macclesfield H & AC	50:30	551	P Tatcher	Croydon Harriers	51:41
477	S Kinsey	Severn AC	50:31	552	P Crockford	London Heathside AC	51:42
478	P Leppard	Hillingdon AC	50:32	553	A Devoy	Wirral AC	51:42
479	B Cummings	Reigate Priory AC	50:34	554	C Hall	Stubbington Green Runners	51:42
480	S Burke	Newbury AC	50:35	555	R Warner	Havering Mayesbrook AC	51:44
481	A MacDonald	Morpeth H & AC	50:35	556	D Pavitt	Chelmsford AC	51:44
482	P Mitchell	South London Harriers	50:36	557	M Yaxley	Norfolk Gazelles AC	51:47
483	M Down	Marshall Milton Keynes AC	50:36	558	M Gohar	Ranelagh Harriers	51:50
484	A Ewing	Stubbington Green Runners	50:36	559	D Williams	Tamworth AC	51:50
485	I Carr	Ipswich Jaffa	50:37	560	S Robinson	East Cheshire H & Tameside AC	51:54
486	N Derby	Chiltern Harriers AC	50:37	561	S Giles	Kettering Town Harriers	51:55
487	R Tuddenham	Serpentine RC	50:39	562	J Robertson	Derby AC	51:56
488	A Martins	South London Harriers	50:40	563	J Chestney	Garden City Runners	51:56
489	M Gore	Invicta East Kent AC	50:41	564	C Trinh	Leeds & Bradford TC	51:57
490	B Gelister	Trent Park RC	50:42	565	G Fuzesi	Highgate Harriers	51:57
491	R Casey	Garden City Runners	50:43	566	T Mehew	Highgate Harriers	51:58
492	S Parker	Woodford Green AC/Essex Ladies	50:45	567	M Pennington	Holmfirth Harriers AC	51:59
493	S Brown	Sparkhill Harriers	50:46	568	L Perkins	Heanor RC	52:01
494	A Grant	Halesowen A & CC	50:46	569	F Dudbridge	Thames Hare & Hounds	52:03
495	G Dench	Serpentine RC	50:47	570	P Ball	Shrewsbury AC	52:05
496	P Wetton	Thames Valley Harriers	50:48	571	J Rothman	Leamington C & AC	52:06
497	A Normandale	Nestle Rowntree AC York	50:49	572	I Stainthorpe	Rochdale H & AC	52:06
498	P Allen	Halesowen A & CC	50:50	573	S Jeffery	Victory AC	52:06
499	D Jacobson	London Heathside AC	50:51	574	B Busby	Wreake Runners	52:15
500	L Dooley	Metropolitan Police AC	50:52	575	G Elliott	Biggleswade AC	52:17
501	R McIntyre	Croydon Harriers	50:52	576	G Jerwood	Herne Hill Harriers	52:18
502	M Levery	City Of Sheffield AC	50:53	577	L Spencer	Keighley & Craven AC	52:22
503	T Munt	Reading AC	50:54	578	B Hutchinson	Kent AC	52:23
504	V Booth	Trafford AC	50:55	579	J Howe	London Heathside AC	52:23
505	J Crisp	Ely Runners	50:55	580	P Newton	Redhill RR	52:24
506	P Chan	Great Western Runners	50:56	581	J Maloney	Trent Park RC	52:24
507	J Elsworthy	Bedford & County AC	50:56	582	J Ward	Bolton United H & AC	52:25
508	V Carroll	Rugby & Northampton AC	50:57	583	I King	Ashford AC	52:25
509	P Cooper	Norfolk Gazelles AC	50:59	584	K Langan	Knavesmire Harriers	52:26
510	G Davies	City Of Bath AC	50:59	585	J Collier	Wesham RR	52:27
511	W Shone	Stockport H & AC	51:00	586	D Newton	Manx Harriers	52:28

587	A Simpson	Stubbington Green Runners	52:29	662	J Bertenshaw	Wesham RR	53:31
588	D Huck	Windsor Slough Eton & Hounslow	52:31	663	R Goad	Orion Harriers	53:32
589	S McCaffery	Holmfirth Harriers AC	52:32	664	P Mann	Dorking & Mole Valley AC	53:32
590	F Upcott	South London Harriers	52:32	665	N Stringer	Sparkhill Harriers	53:32
591	R Stewart	Highgate Harriers	52:32	666	J Pike	City Of Portsmouth AC	53:33
592	C Allen	The Stragglers RC	52:32	667	D Hughes	East Cheshire H & Tameside AC	53:35
593	G Redhead	Ealing Southall & Middlesex AC	52:33	668	S Scott	Kent AC	53:36
594	P Neal	Rotherham H & AC	52:33	669	D Oxland	Notts AC	53:36
595	T Egan	Rugby & Northampton AC	52:35	670	N Gunstone	Dundee Hawkhill Harriers	53:37
596	R Hyde	Erewash Valley RC	52:35	671	D Barrett	Woodford Green AC/Essex Ladies	53:38
597	A Cole	Desford Striders	52:37	672	M Lakin	Trent Park RC	53:38
598	M Bailey	Newcastle (Staffs) AC	52:38	673	S Patten	London Heathside AC	53:39
599	D Holmes	Wolds Veteran RC	52:39	674	C Lamont	Stopsley Striders	53:39
600	A Weatherson	Heanor RC	52:40	675	R Gibson	Belper Harriers	53:39
601	J Thompson	Saltwell Harriers	52:40	676	S Wicks	Hillingdon AC	53:40
602	B Fursey	Medway & Maidstone AC	52:41	677	N Brown	City Of Bath AC	53:43
603	S Plested	Ealing Southall & Middlesex AC	52:41	678	A Edwards	Trent Park RC	53:46
604	R Kersey	Holmfirth Harriers AC	52:41	679	G Vickers	Wesham RR	53:47
605	P Collicutt	Phoenix AC	52:43	680	N Kapoor	Trent Park RC	53:47
606	P Cuthbert	Wallasey AC	52:45	681	P Johnson	Cleethorpes & District AC	53:48
607	M Ellison	Blackheath & Bromley Harriers	52:46	682	S Scruton	Highgate Harriers	53:48
608	J Griggs	Coventry Godiva Harriers	52:47	683	M Salter	Wolds Veteran RC	53:50
609	S Schwarz-F	Dulwich Runners	52:48	684	M Dransfield	Spensborough & District AC	53:52
610	G Fallon	Derby AC	52:48	685	B Schofield	Oldham & Royton H & AC	53:53
611	S Williams	North Fylde AC	52:49	686	M Jacklin	Werrington Joggers	53:54
612	I Lawson	Garden City Runners	52:50	687	D Digweed	St Albans Striders	53:55
613	T O'Cleirigh-F	Dulwich Runners	52:51	688	A Nock	Halesowen A & CC	53:57
614	M Cairns	Victoria Park H Tower Hamlets	52:53	689	D Smith	Hillingdon AC	53:58
615	N Evans	Southwell RC	52:54	690	C Gray	Bingley H & AC	53:59
616	D Powell	Ranelagh Harriers	52:54	691	A Shorrock	Blackburn H & AC	54:00
617	S Herington	Hereford Couriers	52:54	692	J Kennedy	Otley AC	54:01
618	A R Norgate	Longwood HAC Huddersfield	52:55	693	R Thompson	Kenilworth Runners	54:01
619	I Vickery	Colchester & Tendring AC	52:58	694	P Cunningham	Shaftesbury Barnet Harriers	54:02
620	G Hawging	Knavesmire Harriers	52:59	695	P McHugh	Orion Harriers	54:02
621	N Pounds	Bolton United H & AC	52:59	696	N Bishop	Wilmslow RC	54:04
622	G Patchett	Spensborough & District AC	53:00	697	R Browne	London Heathside AC	54:05
623	A Owen	London Heathside AC	53:02	698	K McLaughlin	Wallasey AC	54:06
624	D Walker	Colchester & Tendring AC	53:02	699	M Hughes	Phoenix AC	54:08
625	A Neesam	Nestle Rowntree AC York	53:03	700	J Lock-F	Serpentine RC	54:10
626	P Gooding	Bedford & County AC	53:03	701	G Short	Middlesbrough & Cleveland H	54:14
627	M Bowyer	Strafford-On-Avon AC	53:04	702	H Anderson	Northbrook AC	54:17
628	M Waine	Southend-On-Sea AC	53:05	703	J Wilkins	Invicta East Kent AC	54:21
629	D Shortridge	Victoria Park H Tower Hamlets	53:05	704	I White	Corby AC	54:23
630	M Bush	Wreake Runners	53:06	705	F Nolan	Queens Park Harriers	54:26
631	J Deane	Highgate Harriers	53:06	706	S Howard	Ely Runners	54:27
632	I Smallwood	Wilmslow RC	53:07	707	J Edgar	Serpentine RC	54:27
633	H Jones	Dorking & Mole Valley AC	53:07	708	M McPheat	Marshall Milton Keynes AC	54:27
634	D Jeffery	Victory AC	53:08	709	M Crawshaw	St Albans Striders	54:28
635	B Corlett	City Of Bath AC	53:08	710	D Edwards	Garden City Runners	54:29
636	J Thorpe	Great Western Runners	53:10	711	D Randall	Ealing Southall & Middlesex AC	54:30
637	M Mann	Dulwich Runners	53:11	712	A Welsh	North Fylde AC	54:30
638	R Breen	Shaftesbury Barnet Harriers	53:11	713	D Barker	Shaftesbury Barnet Harriers	54:33
639	G West	Bexley AC	53:12	714	G Mayoh	Watford Harriers	54:34
640	P Hayman	Peterborough AC	53:12	715	M Riddle	Southampton RC	54:36
641	B Mills	Tipton Harriers	53:13	716	J Flynn	Stubbington Green Runners	54:37
642	A Moody	Medway & Maidstone AC	53:13	717	M Cates	Eton Manor AC	54:38
643	P Wright	Horsforth Harriers	53:13	718	G Newton	Tadworth AC	54:41
644	N Cobb	Redhill RR	53:14	719	T Maguire	Ranelagh Harriers	54:44
645	J Bowker	East Cheshire H & Tameside AC	53:14	720	A Bangert	Victory AC	54:45
646	D Weavis	Kettering Town Harriers	53:15	721	B Lively	Kenilworth Runners	54:46
647	P Bowell	Invicta East Kent AC	53:15	722	D Dixon	Watford Joggers	54:46
648	J Desmond	The Stragglers RC	53:15	723	M Chaplin	Fleet & Crookham AC	54:46
649	M Newton	Sutton Runners	53:16	724	R Vose	St Helens Sutton AC	54:47
650	M Flowers	Wye Valley Runners	53:17	725	N Brown	The Stragglers RC	54:47
651	M Gore	Harborough AC	53:18	726	S Curtis	Keighley & Craven AC	54:48
652	S Driscoll	Totton RC	53:18	727	P Hawkins	Great Western Runners	54:49
653	A Haycock	Stafford Harriers	53:19	728	M Rowe	Barnet & District AC	54:49
654	M Mitchell	Stopsley Striders	53:20	729	G Maynard	Cambridge Harriers	54:51
655	M Morris	Wirral AC	53:24	730	K Ross	Basingstoke & Mid Hants AC	54:51
656	C Ashworth	Dursley & District AC	53:25	731	C Wakeman	Shrewsbury AC	54:53
657	P Stubbs	Hallamshire Harriers-Sheffield	53:27	732	P Foot	Bournville Harriers	54:55
658	R Jenkin	Hillingdon AC	53:27	733	P Bouston	Wye Valley Runners	54:56
659	M Haines	Leicester Coritanian AC	53:28	734	N Dilkes	Wreake Runners	54:57
660	A Brook	Harrogate H & AC	53:29	735	W Arbury	Epsom & Ewell Harriers	54:57
661	P Helliwell	Colchester & Tendring AC	53:31	736	I Price	Stourbridge RC	54:57

737	DMeller	TrentParkRC	54:58	812	JSmith	Aldershot Farnham & Dist AC	56:07
738	F Bedova	Watford Joggers	54:58	813	DPilbeam	TottonRC	56:10
739	R Lloyd	Dulwich Runners	54:59	814	K Wood	Saltwell Harriers	56:11
740	B Barrett	Stopsley Striders	55:00	815	S Hirons	HillingdonAC	56:12
741	J Rowe	Yeovil Town RRC	55:00	816	MCummings	Herne Hill Harriers	56:13
742	A Smith	Woodford Green AC/Essex Ladies	55:00	817	G Baister	BlythRC	56:13
743	K Lomas	Charmwood AC	55:02	818	S Griffiths	Kent AC	56:15
744	S Brazil	The Stragglers RC	55:03	819	S Merritt	TrentParkRC	56:16
745	R Hales	Teignbridge Trotters	55:04	820	G Linnell	Silson Joggers AC	56:19
746	KKemp	London Heathside AC	55:06	821	C Bentley	Macclesfield H & AC	56:19
747	MCollins	Fairlands Valley Spartans	55:07	822	MWillcox	Great Western Runners	56:20
748	M Gardner	Dorking & Mole Valley AC	55:08	823	R Harris	Hardley Runners	56:21
749	A Murray	Dulwich Runners	55:08	824	R Dalby	Rochdale H & AC	56:21
750	JBateman	RipleyRC	55:08	825	D Allen	Wye Valley Runners	56:22
751	RPoulter	HillingdonAC	55:09	826	R Blake	HeanorRC	56:22
752	M Bardwell	Marshall Milton Keynes AC	55:09	827	J Thompson	Skelmersdale Boundary Harriers	56:23
753	G Baird	Middlesbrough & Cleveland H	55:12	828	A Lincoln	Solihull & Small Heath AC	56:24
754	MRahim	Harrow AC	55:13	829	K Stanley	Tunbridge Wells Harriers	56:24
755	M Harper	Stubbington Green Runners	55:14	830	N Price	Halesowen A & CC	56:25
756	SMillington	Halesowen A & CC	55:15	831	L Adams	Metropolitan Police AC	56:27
757	S Dokic	HillingdonAC	55:15	832	ISimpson	Longwood HAC Huddersfield	56:28
758	JHuckle	Werrington Joggers	55:17	833	JSmeddle	White Horse Harriers AC	56:29
759	N Stockman	Highgate Harriers	55:18	834	A Bramall	Fairlands Valley Spartans	56:30
760	JBell	Reigate Priory AC	55:18	835	A Farley	East Cheshire H & Tameside AC	56:32
761	A Holford	Woodford Green AC/Essex Ladies	55:19	836	A Pearson	Harlow RC	56:33
762	M Clarkson	Keighley & Craven AC	55:21	837	MMiller	Hercules Wimbledon AC	56:34
763	P Jacobs	Holme PierrepontRC	55:22	838	SO'Sullivan	Marshall Milton Keynes AC	56:34
764	IChick	Harborough AC	55:25	839	R Young	Colchester & Tendring AC	56:35
765	A Harries	Derby AC	55:26	840	S Smithson	Fairlands Valley Spartans	56:36
766	RHall	Blackheath & Bromley Harriers	55:27	841	SWilliams	London Heathside AC	56:37
767	N Stoddart	Ranelagh Harriers	55:28	842	PGrigoleit	Basingstoke & Mid Hants AC	56:38
768	MCunningham	Manchester H & AC	55:29	843	M Long	Burton AC	56:39
769	S Jackson	Kenilworth Runners	55:30	844	R Vaughan	Northbrook AC	56:40
770	D Chenery	Ipswich Jaffa	55:31	845	K Oakes	Birtley AC	56:40
771	A Taylor	Silson Joggers AC	55:32	846	MDurbin	City Of Bath AC	56:41
772	C Vernon	Stubbington Green Runners	55:33	847	N Gregory	Biggleswade AC	56:41
773	N Hawkins	Strafford-On-Avon AC	55:34	848	R Townsend	Saltwell Harriers	56:42
774	PShelly	Shaftesbury Barnet Harriers	55:35	849	R Brigden	City Of Bath AC	56:43
775	B Rogers	Ipswich Jaffa	55:36	850	A Janes	Invicta East Kent AC	56:45
776	J Barker	Thrift Green Trotters	55:36	851	A White	Rugby & Northampton AC	56:46
777	J Brady-F	Dulwich Runners	55:38	852	A Gillan	Springfield Striders RC	56:49
778	S Aiken	TrentParkRC	55:38	853	R Howells	Serpentine RC	56:50
779	R Haines	Colchester & Tendring AC	55:39	854	R Fairhurst	Keighley & Craven AC	56:51
780	M Winstone	Kettering Town Harriers	55:40	855	J Downey	Wirral AC	56:53
781	PSkinner	Bristol & West AC	55:40	856	IWilliams	Derby AC	56:54
782	PWheale	Wigan Phoenix	55:41	857	T Kraft	Scarborough AC	56:56
783	P Keech	Stopsley Striders	55:42	858	PMcGurk	Northbrook AC	56:58
784	A Middleton	City Of Bath AC	55:42	859	S Edge	Harborough AC	56:59
785	R Crozier	South London Harriers	55:43	860	P Kent	Cambridge Harriers	57:01
786	S Harries	Stopsley Striders	55:43	861	T Hazelwood	Halesowen A & CC	57:04
787	I Povey	New Marske Harriers	55:44	862	ICampbell	Metropolitan Police AC	57:05
788	MPaddon	Blackpool & Fylde AC	55:45	863	S Manktelow	TrentParkRC	57:08
789	D Stanfield	Wells City Harriers	55:45	864	D Percy	Desford Striders	57:10
790	L Broadbridge	Springfield Striders RC	55:46	865	ILangler	Teignbridge Trotters	57:11
791	M Cross	Cambridge Harriers	55:46	866	M Lloyd	Collingwood AC	57:13
792	W Corr	South London Harriers	55:46	867	P Barley	Cleethorpes & District AC	57:14
793	D Warren	Croydon Harriers	55:47	868	A Boardman	Stourbridge RC	57:16
794	JBirt	Dursley & District AC	55:49	869	G Foden	Victory AC	57:17
795	R Underwood	Dorking & Mole Valley AC	55:53	870	IHayden	Aurora Harriers	57:18
796	MMoran	Rochdale H & AC	55:54	871	S Mann	Herts Phoenix AC	57:18
797	P Griffiths	Bexley AC	55:57	872	A Moore	Stopsley Striders	57:20
798	S Sparks	Yeovil Town RRC	55:58	873	J Lee	City Of Sheffield AC	57:21
799	P New	Cheltenham & County Harriers	55:59	874	R Hornsby	Ludlow Runners	57:21
800	F Robinson	Barnet & District AC	55:59	875	R Davis	South London Harriers	57:22
801	A Tuttle	Newbury AC	56:01	876	RMaull	Strafford-On-Avon AC	57:22
802	PKayley	St Albans Striders	56:01	877	GMills	Erewash Valley RC	57:23
803	NPark	Kent AC	56:01	878	G Jones	Wallasey AC	57:23
804	G Blackburn	Fairlands Valley Spartans	56:02	879	T Cory	Watford Harriers	57:23
805	T Lewis	Dursley & District AC	56:02	880	J Clark	Poole Runners	57:24
806	F Reddington	Spenborough & District AC	56:03	881	R Guest	Halesowen A & CC	57:24
807	J Loxam	Stockport H & AC	56:03	882	N Warren	Erewash Valley RC	57:25
808	B Wake	Kettering Town Harriers	56:03	883	MSirett	Corby AC	57:25
809	P Bullock	Worcester AC	56:04	884	J Withy	SouthamptonRC	57:25
810	A Alexander-F	Serpentine RC	56:04	885	C Saunders	Serpentine RC	57:26
811	B Olpin	RedhillRR	56:06	886	T Gray	Eye Community Runners	57:27

887	I Sutcliffe	HalsteadRR	57:28	962	D Robinson	Victoria Park H Tower Hamlets	58:51
888	A Dickson	London Heathside AC	57:29	963	S Mason	Northbrook AC	58:52
889	D Johnson	Garden City Runners	57:30	964	A Moston	Kent AC	58:53
890	P Tasker	Tamworth AC	57:31	965	D Bober	Shaftesbury Barnet Harriers	58:54
891	G Roberts	Leamington C & AC	57:33	966	K Brown	Croydon Harriers	58:54
892	S Cook	Knavesmire Harriers	57:34	967	G Crump	Bristol & West AC	58:55
893	P Hawkins	Strafford-On-Avon AC	57:35	968	D Stanley	Ampthill & Flitwick Flyers	58:55
894	C Greyson	RedhillRR	57:36	969	T Jackson	Strafford-On-Avon AC	58:56
895	R Bennett	Newark AC	57:39	970	S Maddison	Thames Valley Harriers	58:56
896	A Catton	Ilford AC	57:41	971	P Sugrue	Dulwich Runners	58:57
897	D Smith	Wolds Veteran RC	57:45	972	DDarnell	Newham & Essex Beagles AC	58:57
898	S Bailey	Desford Striders	57:46	973	L Olsen-F	SerpentineRC	58:58
899	CHamer	London Heathside AC	57:47	974	MRussell	Tunbridge Wells Harriers	59:01
900	N Percival	Manx Harriers	57:49	975	NWilson	Nuneaton Harriers	59:02
901	J Dawson	Orion Harriers	57:50	976	DDaniels	Kettering Town Harriers	59:03
902	C Edwards	Wye Valley Runners	57:51	977	K Allen	Notts AC	59:05
903	P Wirtzfeld	Worthing Striders	57:52	978	H Corbett	Belgrave Harriers	59:08
904	B Johnson	RedhillRR	57:54	979	D Fisher	Tadworth AC	59:09
905	R Devitt	Shaftesbury Barnet Harriers	57:55	980	P Simpson	Vegetarian C & AC	59:10
906	J Harrison	Mansfield H & AC	57:56	981	T Woolridge	Watford Joggers	59:12
907	E Walton	Teignbridge Trotters	57:57	982	N Barnaby	Enfield & Haringey AC	59:14
908	J Weston	Ipswich Jaffa	57:58	983	K Tanner	Cambridge Harriers	59:15
909	CHinks	Sparkhill Harriers	57:59	984	R Findlay	Team Kennet AC	59:15
910	N Gaulder	Severn AC	58:00	985	A Steel	Wreake Runners	59:16
911	L Bruce	Victoria Park H Tower Hamlets	58:01	986	T Hoy	Northbrook AC	59:18
912	R Powell	Dorking & Mole Valley AC	58:02	987	J Sharp	Wells City Harriers	59:22
913	P Scarr	Rochdale H & AC	58:03	988	P Patrick	Reigate Priory AC	59:27
914	S Wolton	HalsteadRR	58:04	989	R Norman	Belper Harriers	59:27
915	N Costiff	South London Harriers	58:05	990	E King	Barnet & District AC	59:29
916	C Lindesay	Wirral AC	58:09	991	A Castellanos	Queens Park Harriers	59:30
917	L Goodridge	Royal Navy AC	58:11	992	J Ling	Southend-On-Sea AC	59:32
918	L Thomas	Queens Park Harriers	58:12	993	D Hall	Highgate Harriers	59:33
919	CFrith	Dulwich Runners	58:15	994	K Wilson	Highgate Harriers	59:33
920	CLee	Horsham Blue Star Harriers	58:16	995	A Fordham	Harborough AC	59:34
921	G Smith	Epsom & Ewell Harriers	58:17	996	K McMillan	Wolds Veteran RC	59:35
922	CClarke	Biggleswade AC	58:18	997	ICumming	Woodford Green AC/Essex Ladies	59:35
923	P Goodchild	Desford Striders	58:19	998	D Askev	Harrogate H & AC	59:36
924	P Goddard	Desford Striders	58:21	999	THannah	Otley AC	59:36
925	A Lynn	Nestle Rowntree AC York	58:21	1000	JWilliams	Springfield Striders RC	59:37
926	D Gunstone	Fife AC	58:22	1001	A Dale	Chiltern Harriers AC	59:39
927	M Woodman	Reigate Priory AC	58:23	1002	A Wilson	Wallasey AC	59:41
928	S Claridge	Hillingdon AC	58:24	1003	R Derrick	St Albans Striders	59:42
929	M Slaney	Basingstoke & Mid Hants AC	58:24	1004	J Brown	Fairlands Valley Spartans	59:44
930	S Symons	Manchester YMCA Harriers	58:25	1005	M George	Saracens RC	59:46
931	A Davy	Leeds City AC	58:25	1006	S Kemp	Dorking & Mole Valley AC	59:47
932	M Reeves	Blackheath & Bromley Harriers	58:26	1007	M Allen	Trent Park RC	59:48
933	P Mathieson	Bexley AC	58:26	1008	J Scholes	Longwood HAC Huddersfield	59:48
934	Don Anderson	Belgrave Harriers	58:27	1009	R Powell	Shaftesbury Barnet Harriers	59:49
935	N Langridge	Thornbury RC	58:27	1010	A Clawson	Kettering Town Harriers	59:50
936	EO'Rielly	Eye Community Runners	58:28	1011	D Hanwell	Kettering Town Harriers	59:51
937	A Sherren	Strafford-On-Avon AC	58:29	1012	C Mann	Metropolitan Police AC	59:51
938	WDalton	Skelmersdale Boundary Harriers	58:30	1013	G Laylee	Dulwich Runners	59:52
939	IDunn	Dorking & Mole Valley AC	58:31	1014	R Weston	London Heathside AC	59:52
940	T McIntyre	Sutton Runners	58:32	1015	R Long	City Of Portsmouth AC	59:53
941	D Beales	Shrewsbury AC	58:33	1016	S Dabson	Brighton & Hove City AC	59:53
942	PKidd	Leeds City AC	58:35	1017	W Pauzers	Herne Hill Harriers	59:54
943	R Medley	Bexley AC	58:37	1018	S Ferron	Askern District RC	59:54
944	D Wright	HalsteadRR	58:38	1019	BEllis	Horsforth Harriers	59:56
945	G Lawrence	Reigate Priory AC	58:39	1020	T Ward	South London Harriers	59:58
946	G Tudbury	Erewash Valley RC	58:40	1021	T Fowler	Victory AC	59:59
947	P Garner	Trent Park RC	58:41	1022	J Ralph	Chiltern Harriers AC	1:00:01
948	N Shaw	Rochdale H & AC	58:42	1023	T Greenwood	Trafford AC	1:00:03
949	C Thurston	Trent Park RC	58:43	1024	N Barber	Blackheath & Bromley Harriers	1:00:04
950	A Pemberton	The Stragglers RC	58:44	1025	PHunter	Aurora Harriers	1:00:04
951	D MacLean	Alton Runners	58:44	1026	G Watson	Teignbridge Trotters	1:00:06
952	\$P May	Stubbington Green Runners	58:45	1027	R Kreth-F	Serpentine RC	1:00:07
953	S Adams	Eton Manor AC	58:45	1028	K Winch	Bexley AC	1:00:11
954	ILicietis	Marshall Milton Keynes AC	58:46	1029	J Falvey	Ealing Southall & Middlesex AC	1:00:12
955	SMitchell	Barnet & District AC	58:47	1030	N Kelly	London Irish AC	1:00:15
956	T Smith	Shrewsbury AC	58:47	1031	C Lewis	Erewash Valley RC	1:00:16
957	M Faughnan	Garden City Runners	58:47	1032	PMartin	Dorking & Mole Valley AC	1:00:17
958	A Cave	Desford Striders	58:48	1033	RBloom	Herts Phoenix AC	1:00:18
959	S Page	Bournville Harriers	58:48	1034	M Alden	Epsom & Ewell Harriers	1:00:19
960	D Foster	Otley AC	58:49	1035	N Catlow	Tadworth AC	1:00:21
961	M Whalley	Wreake Runners	58:50	1036	R Davies	Queens Park Harriers	1:00:23

1037 G Knight	Northbrook AC	1:00:25	1112 P Mathie	Burton AC	1:02:41
1038 P Edwards	Heanor RC	1:00:28	1113 J Spauls	Cleethorpes & District AC	1:02:44
1039 D Williamson	Tadworth AC	1:00:29	1114 M O'Brien	Manchester YMCA Harriers	1:02:46
1040 N Oldham	Manchester YMCA Harriers	1:00:30	1115 C Rutt	Desford Striders	1:02:48
1041 S Read	Enfield & Haringey AC	1:00:33	1116 K Warner	Woking AC	1:02:49
1042 M Ludford	Birmingham Rowheath AC	1:00:36	1117 P Radford	Tunbridge Wells Harriers	1:02:50
1043 P Summers	Skelmersdale Boundary Harriers	1:00:36	1118 D Owens	Yaxley R & J	1:02:51
1044 J Skevington	Wreake Runners	1:00:37	1119 M Wheelton	Macclesfield H & AC	1:02:52
1045 R Carter	Manchester YMCA Harriers	1:00:38	1120 D Shoesmith	Macclesfield H & AC	1:02:52
1046 A Whitehouse	Northbrook AC	1:00:39	1121 P York	Ealing Southall & Middlesex AC	1:02:53
1047 S Cooney	Collingwood AC	1:00:39	1122 B Southgate	Rolls-Royce Harriers	1:02:53
1048 J Ainsworth	Queens Park Harriers	1:00:40	1123 P Sawko	Garden City Runners	1:02:54
1049 K Reed	Erme Valley Harriers	1:00:40	1124 D Brock	Orion Harriers	1:02:55
1050 M Trigger	Tamworth AC	1:00:41	1125 M Newell	Cambridge Harriers	1:02:56
1051 A Gristwood	Cleethorpes & District AC	1:00:41	1126 S Clayton	Northbrook AC	1:02:56
1052 D Gaskill	Basingstoke & Mid Hants AC	1:00:42	1127 G French	Ealing Southall & Middlesex AC	1:02:58
1053 M McGann	East Cheshire H & Tameside AC	1:00:42	1128 N Bush	Biggleswade AC	1:03:01
1054 T Burke	Metros RC	1:00:43	1129 A Thorpe	Woodford Green AC/Essex Ladies	1:03:02
1055 P Hadley	Cambridge Harriers	1:00:45	1130 J Britten	Arena 80 AC	1:03:03
1056 R Smith	Serpentine RC	1:00:47	1131 R Worth	Wye Valley Runners	1:03:04
1057 R Daker	Dulwich Runners	1:00:48	1132 D Vannen	Watford Harriers	1:03:05
1058 P Burns	Tunbridge Wells Harriers	1:00:52	1133 S Sawford	Werrington Joggers	1:03:07
1059 D Maskell	Crawley AC	1:00:52	1134 S Hindmarsh	Manchester YMCA Harriers	1:03:08
1060 J Hunter	Bexley AC	1:00:53	1135 C Davies	Altrincham & District AC	1:03:09
1061 A O'Brien	Saracens RC	1:00:53	1136 K Taylor	Watford Joggers	1:03:12
1062 R Jebb	Bingley H & AC	1:00:54	1137 S Burton	Notts AC	1:03:17
1063 N Lindeset	Wirral AC	1:00:55	1138 D Debnam	Stopsley Striders	1:03:22
1064 G Cotter	Cheltenham & County Harriers	1:00:56	1139 J Purdy	Rochdale H & AC	1:03:23
1065 R McDonough	Kingston AC & Polytechnic H	1:00:59	1140 R Poole	Northbrook AC	1:03:24
1066 G Pugh	Harlow RC	1:01:05	1141 P Tordoff	Askern District RC	1:03:25
1067 I Spencer	Stafford Harriers	1:01:05	1142 E Simmonds	Northbrook AC	1:03:27
1068 C Clifford	Havering 90 Joggers	1:01:06	1143 J Hudson	Wolds Veteran RC	1:03:32
1069 P Bates	Derby AC	1:01:11	1144 S McLoughlin	Wolds Veteran RC	1:03:35
1070 M Aston	Leamington C & AC	1:01:13	1145 J Truscott	Redhill RR	1:03:37
1071 I Hodge	Serpentine RC	1:01:15	1146 J Thornhill	Rolls-Royce Harriers	1:03:39
1072 J Grigg	Queens Park Harriers	1:01:17	1147 G Westley	Stubbington Green Runners	1:03:43
1073 R Cave	Werrington Joggers	1:01:18	1148 A Bunbury	Victoria Park H Tower Hamlets	1:03:47
1074 C Griffith	Epsom & Ewell Harriers	1:01:20	1149 J Tymukas	Dulwich Runners	1:03:48
1075 G Bell	Stubbington Green Runners	1:01:29	1150 L Richardson	Stopsley Striders	1:03:55
1076 R Maxwell	Watford Joggers	1:01:32	1151 T Cock	Holmfirth Harriers AC	1:03:57
1077 G Walden	Werrington Joggers	1:01:33	1152 B Mountjoy-Row	Yeovil Town RRC	1:03:59
1078 B Goodall	Erewash Valley RC	1:01:35	1153 R Clark	Tadworth AC	1:04:01
1079 J Kelly	Shaftesbury Barnet Harriers	1:01:36	1154 P Edwards	Birmingham Rowheath AC	1:04:02
1080 G Mann	Birmingham Rowheath AC	1:01:36	1155 I Hall	Serpentine RC	1:04:03
1081 C McEntee	Heaton Harriers	1:01:38	1156 S Harris	Rugby & Northampton AC	1:04:04
1082 M Garrod	Harborough AC	1:01:42	1157 G Coleman	Victory AC	1:04:07
1083 S Baxendale	Belgrave Harriers	1:01:43	1158 G Whelan	Southampton RC	1:04:09
1084 R Egan	Corby AC	1:01:46	1159 T Bridger	Collingwood AC	1:04:12
1085 N Harding	Poole AC	1:01:48	1160 A Cootes	Harlow RC	1:04:13
1086 R Clapperton	Retford AC	1:01:51	1161 C Edgington	South London Harriers	1:04:16
1087 A Smith	Woking AC	1:01:54	1162 R Sharratt	Ilkeston RC	1:04:18
1088 C Needham	Leeds City AC	1:01:56	1163 C Fentiman	Sparkhill Harriers	1:04:23
1089 M Catherall	Rochdale H & AC	1:01:58	1164 M Blowers	Wolds Veteran RC	1:04:26
1090 D Stringfellow	White Horse Harriers AC	1:02:00	1165 R Gott	Knivesmire Harriers	1:04:28
1091 P Wallis	Victoria Park H Tower Hamlets	1:02:01	1166 R Greenhalf	Kenilworth Runners	1:04:31
1092 N Pratten	Wirral AC	1:02:02	1167 D West	Dulwich Runners	1:04:33
1093 J Lawson	Wesham RR	1:02:03	1168 R Hobbs	Dursley & District AC	1:04:34
1094 P Harding	Victory AC	1:02:10	1169 R Bailey	City Of Bath AC	1:04:35
1095 M MacLannan	Enfield & Haringey AC	1:02:12	1170 T Pope	Sinfin RC	1:04:42
1096 A Timms	Saracens RC	1:02:15	1171 P Mainstone	Thornbury RC	1:04:46
1097 M Grimsdale	Watford Harriers	1:02:16	1172 G Fry	Wolds Veteran RC	1:04:55
1098 R Appleby	Yeovil Town RRC	1:02:18	1173 M Edwards	Wye Valley Runners	1:04:59
1099 D Rushby	Harborough AC	1:02:19	1174 A Scoffham	Metros RC	1:05:00
1100 M Jack	St Albans Striders	1:02:20	1175 J Drennan	South Devon AC	1:05:03
1101 B Burden	Invicta East Kent AC	1:02:21	1176 S Wylie	Stubbington Green Runners	1:05:05
1102 S Daniel	Watford Harriers	1:02:23	1177 M French	Serpentine RC	1:05:09
1103 A Roberts	Vale Of Aylesbury AC	1:02:24	1178 I Manners	Manchester YMCA Harriers	1:05:20
1104 S Waddington	South Devon AC	1:02:26	1179 W O'Connor	Queens Park Harriers	1:05:21
1105 J Wray	Watford Harriers	1:02:28	1180 S Lord	Retford AC	1:05:22
1106 L Collier	Dulwich Runners	1:02:29	1181 R Richardson	Werrington Joggers	1:05:28
1107 M McColgan	Harlow RC	1:02:33	1182 C Ryan	Retford AC	1:05:33
1108 G Keen	Biggleswade AC	1:02:35	1183 K Rye	Saracens RC	1:05:37
1109 B Porter	Wesham RR	1:02:36	1184 P Young	Kettering Town Harriers	1:05:43
1110 R Clay	Stafford Harriers	1:02:37	1185 J Gallagher	Victory AC	1:05:46
1111 F Sykes	Yaxley R & J	1:02:40	1186 ?M Howard	Bournville Harriers	1:05:52



1187 M Truran	Trent Park RC	1:05:54	1238 K Hardcastle	Winchester & District AC	1:09:04
1188 Ma O'Brien	Manchester YMCA Harriers	1:05:57	1239 G Sayer	Eton Manor AC	1:09:06
1189 D Mitchell	Epsom & Ewell Harriers	1:06:08	1240 D Grace	Bourne Town Harriers	1:09:14
1190 M Chaffey	Yeovil Town RRC	1:06:12	1241 S Mason	Totton RC	1:09:17
1191 S Cook	Dulwich Runners	1:06:13	1242 T Millett	Norwich RR	1:09:21
1192 D Adams	Southampton RC	1:06:14	1243 J Theto	Orion Harriers	1:09:26
1193 A McGregor	Wirral AC	1:06:15	1244 H Manning	Clayton-Le-Moors Harriers	1:09:29
1194 J Neville	Barnet & District AC	1:06:16	1245 S Williams	Wallasey AC	1:09:33
1195 K Wright	Springfield Striders RC	1:06:20	1246 R Saunders	Wallasey AC	1:09:44
1196 D Marchant	City Of Bath AC	1:06:22	1247 M Gibson	Fairlands Valley Spartans	1:09:47
1197 R Thompson	Bedford & County AC	1:06:24	1248 D Mason	Yaxley R & J	1:09:50
1198 B Miller	Leamington C & AC	1:06:27	1249 D Fox	Erme Valley Harriers	1:10:02
1199 D Whitehead	Rochdale H & AC	1:06:42	1250 I Clarke	Stourbridge RC	1:10:08
1200 P Roberts	Rochdale H & AC	1:06:44	1251 D Brown	Garden City Runners	1:10:10
1201 K Townson	London Heathside AC	1:06:45	1252 S Rochelle	Saltwell Harriers	1:10:14
1202 M Jones	Harlow RC	1:06:51	1253 T Faulkner	Wilmslow RC	1:10:16
1203 G Caunter	Teignbridge Trotters	1:06:52	1254 B Loughton	Werrington Joggers	1:10:19
1204 L Aston	Telford AC	1:06:55	1255 S Edwards	Belper Harriers	1:10:19
1205 M Pickwell	Wolds Veteran RC	1:06:59	1256 A Brodie	Queens Park Harriers	1:10:28
1206 S Galloway	Biggleswade AC	1:07:05	1257 C Luizou	Dulwich Runners	1:10:33
1207 P Deadman	Orion Harriers	1:07:06	1258 K Weavers	Aurora Harriers	1:10:39
1208 S Williams	Chelmsford AC	1:07:07	1259 J Bush	Sinfin RC	1:10:54
1209 C Jenkins	Newham & Essex Beagles AC	1:07:07	1260 M Horrocks	Cleethorpes & District AC	1:11:04
1210 T Millmore	Birtley AC	1:07:08	1261 B Imber	Dulwich Runners	1:11:07
1211 C Rogers	Silson Joggers AC	1:07:08	1262 A Lea-Gerrard	Herne Hill Harriers	1:11:18
1212 M Reibschied	St Albans Striders	1:07:12	1263 J Allen	Collingwood AC	1:11:22
1213 K Macrosson	Ipswich Jaffa	1:07:18	1264 J Clausen-F	South London Harriers	1:11:44
1214 M Horner	Dorking & Mole Valley AC	1:07:20	1265 G Little	Horsforth Harriers	1:11:57
1215 R Macdonald	Bourton RR	1:07:23	1266 P Rose	Metros RC	1:12:12
1216 L Greaves	Aurora Harriers	1:07:27	1267 N Brooks	Harborough AC	1:12:14
1217 A Scott	Werrington Joggers	1:07:34	1268 T Allen	Garden City Runners	1:12:19
1218 T Dable	Kenilworth Runners	1:07:38	1269 L Kyd	Royal Sutton Coldfield AC	1:12:28
1219 G Lawson	Manchester H & AC	1:07:42	1270 R Erickson	London Heathside AC	1:12:37
1220 R Jones	Havering 90 Joggers	1:07:44	1271 J Hayes	Totton RC	1:12:50
1221 G Reed	Kingston AC & Polytechnic H	1:07:52	1272 K Wardle	Wolds Veteran RC	1:12:55
1222 A Willerton	Watford Joggers	1:07:55	1273 G Wootton	Woodford Green AC/Essex Ladies	1:12:56
1223 T Chen-F	Serpentine RC	1:07:59	1274 G Bishop	Thornbury RC	1:12:56
1224 R Lawson	Clayton-Le-Moors Harriers	1:08:07	1275 M Morris	Kenilworth Runners	1:13:06
1225 R McBean	Desford Striders	1:08:15	1276 G Routledge	Heaton Harriers	1:13:14
1226 K Angell	Bexley AC	1:08:17	1277 P Zevialo	Bournville Harriers	1:13:19
1227 M Freeman	Fairlands Valley Spartans	1:08:20	1278 V Cremen	Wolds Veteran RC	1:13:28
1228 P Coughlan	Aurora Harriers	1:08:25	1279 R Mitchell	Victory AC	1:13:57
1229 B J Nicholls	Dulwich Runners	1:08:32	1280 T Cook	Werrington Joggers	1:14:12
1230 S Shillington	Kenilworth Runners	1:08:32	1281 M Hayden	Aurora Harriers	1:14:21
1231 D Green	Telford AC	1:08:37	1282 G Hughes	Bournville Harriers	1:14:53
1232 D Young	Wesham RR	1:08:39	1283 C Bricher	Kenilworth Runners	1:15:08
1233 I Cousins	Stopsley Striders	1:08:43	1284 A Dwight	Eye Community Runners	1:15:50
1234 I Adam	Team Kennet AC	1:08:46	1285 S Robinson	Tadworth AC	1:16:32
1235 L Paul	Marshall Milton Keynes AC	1:08:48	1286 N Sanders	Stourbridge RC	1:16:32
1236 T French	Northbrook AC	1:08:50	1287 M Egbor	Serpentine RC	1:18:28
1237 M Thompson	Scarborough AC	1:08:53	1288 B Taylor	Tunbridge Wells Harriers	1:19:32

# Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Leeds City AC	234	—	20	J Walsh	22 D Webb	37 C Birchell	48 S Deakin	51 M Roscoe	56 G Hull
2 Salford H & AC	350	—	18	A Jones	42 J Brown	45 C Hardman	53 W Burns	74 M Cryer	118 P Leybourne
3 Altrincham & District AC	364	—	28	A Norman	29 D Norman	30 J Ward	62 M Barnes	76 N Leigh	139 S Marwood
4 Notts AC	370	—	8	N Talbot	26 R Birchall	38 T Hartley	47 B Raeside	96 P Rowland	155 T Woodthorpe
5 Shaftesbury Barnet Harriers	381	—	10	D Bannister	25 T Bedford	65 O Edwards	71 R Williams	99 N Addison	111 W Grant
6 Bedford & County AC	391	—	14	D Deed	54 W Levett	59 S Body	82 O Matthews	89 L Cadman	93 N Miller
7 Belgrave Harriers	441	—	41	P Wicks	44 David Anderson	60 T Watson	70 D Gavson	92 P Freary	134 W Cockerell
8 Sale Harriers Manchester	459	—	31	D Augustus	35 P Green	43 G Raven	50 G Comish	137 M Bond	163 M Hatch
9 Bristol & West AC	510	—	4	R Whalley	12 K Heywood	107 P Parry	116 A Woods	117 D Moore	154 A Tuckey
10 Wells City Harriers	535	—	2	F Tickner	19 B Tickner	36 A Marriot	49 A Hennessy	182 P Grist	247 T Bush
11 Highgate Harriers	543	—	5	B Noad	6 K Cullen	66 H Dowdwell	140 S Snow	162 C Beecham	164 A MacPherson
12 Newham & Essex Beagles AC	560	—	9	D Mitchinson	39 K Stone	80 A Barber	83 S Major	106 R Cole	243 P Larkins
13 Tipton Harriers	719	—	21	P Hinch	32 P Nicholls	88 M Williams	126 S Shepley	220 P Kavanagh	232 S Murrcott
14 Trafford AC	958	—	72	G Taylor	110 I Salisbury	123 C Leigh	152 P Rockliffe	217 B Reese	284 A Lister
15 Medway & Maidstone AC	1041	—	15	M Coleman	68 B Royden	185 P Curran	214 A Lowther	228 G Williams	331 T Alexander
16 Aldershot Farnham & Dist AC	1050	—	17	B Moreau	46 M Ashton	69 B Stophor	266 R Batchelor	277 M Boucher	375 M Clews
17 Kent AC	1144	—	34	J Mays	105 I Cardy	211 D Gitau-F	233 R Munn	278 L Reilly	293 A Farquharson
18 Thames Hare & Hounds	1280	—	100	S Wurr	113 J Rendall	153 N Altmann	238 N Gould	258 A Howse	418 C Daniels
19 Liverpool H & AC	1319	—	97	J McCole	147 R Burney	206 G Groves	252 J Michaelson	288 B Murphy	329 R Cole
20 Serpentine RC	1443	—	87	C Blackburn	180 S Barrett	237 J Cunningham	280 M Branco-F	326 P Perry-F	333 C Old
21 London Irish AC	1456	—	75	D Wardle	148 R Maddams	176 D Coulishaw	304 J Creane	308 J Guiney	445 T Kelly
22 Herne Hill Harriers	1651	—	135	D Robinson	138 K Newton	159 D Mulvee	259 D Chappell	420 S Coombes	540 J Ward
23 Thames Valley Harriers	1701	—	33	C Smith	94 A Fooks	323 N Dougal	346 I Bussell	411 R Waters	494 P Wetton
24 Reading AC	1788	—	77	S Aldridge	120 S Rance	341 D Lewis	397 M Proven	409 S Bond	444 R Kinnersley
25 Nestle Rowntree AC York	1904	—	85	H Care	112 A Hilton	175 P Goble	414 S Simpson	495 A Normandale	623 A Neesam
26 Garden City Runners	2014	—	84	K Skinner	168 G Robinson	355 A Holt	357 A Crosby	489 R Casey	561 J Chestney
27 Chelmsford AC	2062	—	224	J Williams	262 E Messer	269 K Hoye	338 G Chatterton	415 R Prout	554 D Pavitt
28 Derby AC	2121	—	67	A Pilcher	248 J Ward	282 I Stevens	356 B Dyson	560 J Robertson	608 G Fallon
29 London Heathside AC	2127	—	261	N Mitchell	273 J Flahive	343 P Lemmon	370 M Potter	433 D Browne	497 D Jacobson
30 Keighley & Craven AC	2177	—	187	C Loftus	215 W Smith	379 A Thomas	384 L Buxton	437 D Scholes	575 L Spencer
31 Barnet & District AC	2196	—	161	R McCormick	192 R Gamble	208 G Ramsey	393 H Preece	516 M Parker	726 M Rowe
32 Coventry Godiva Harriers	2197	—	11	M Lole	111 H Hammond	374 M Peters	378 J Attwooll	517 E Combstock	606 J Riggs
33 Ranelagh Harriers	2255	—	104	P Haarer	317 D Bell	408 A Bickerstaff	431 L Lane	470 C Owens	525 G Quick
34 Halesowen A & CC	2267	—	207	W Nock	209 N Hazelwood	405 M Allen	458 A Morgan	492 A Grant	496 P Allen
35 South London Harriers	2303	—	195	T Jenkins	306 C Phelan	400 D Baker	436 A Aitken	480 P Mitchell	486 A Martins
36 Stubbington Green Runners	2381	—	114	M Legassick	231 T Duffin	417 R Gunner	482 A Ewing	552 C Hall	585 A Simpson
37 Woodford Green AC/Essex Ladies	2397	—	81	K Murphy	191 M Shone	226 H Wyber	490 S Parker	669 D Barrett	740 A Smith
38 Holmfrith Harriers AC	2459	—	101	M Pierson	309 J Heywood	430 A Hauser	467 R Spencer	565 M Pennington	587 S McCaffery
39 Dulwich Runners	2536	—	340	D Atkins	360 J Godber	364 S Smythe	440 C Baileywood	510 P Daniels	522 C Lound
40 Shrewsbury AC	2543	—	61	M James	321 A Gray	404 K Francis	460 G Jones	568 P Ball	729 C Wakeman
41 Wesham RR	2628	—	202	C Pass	330 A Rowe	391 L Cornwall	462 K Lee	583 J Collier	660 J Bertenshaw
42 Kettering Town Harriers	2630	—	178	D Carr	197 N Marley	274 K Cameron	559 S Giles	644 D Weavis	778 M Winstone
43 Victoria Park H Tower Hamlets	2642	—	201	J Roche	366 T MitchellSmith	453 J Gold	473 A Lashmar	537 B Butler	612 M Cairns
44 City Of Bath AC	2748	—	260	D Coales	318 P Cox	354 S Fereday	508 G Davies	633 B Corlett	675 N Brown
45 St Albans Striders	2768	—	204	M Hamer	298 C Braybrook	423 S Cook	451 P Adams	685 D Digweed	707 M Crawshaw
46 Ealing Southall & Middlesex AC	2794	—	98	I Zigadlo-F	371 J Blanchard	424 R Brown	591 G Redhead	601 S Plested	709 D Randall
47 Dorking & Mole Valley AC	2952	—	200	N Hodges	263 T Elnay	450 D Ottey	631 H Jones	662 P Mann	746 M Gardner
48 Heanor RC	2952	—	132	B Radbourne	303 D Jordan	529 C Riley	566 L Perkins	598 A Weatherston	824 R Blake
49 City Of Portsmouth AC	2998	—	265	C Plumton	275 P Bleach	313 C Tomson	469 C Scott	664 J Pike	1012 R Long
50 Basingstoke & Mid Hants AC	3070	—	109	J Hutchins	115 R Whittle	351 T Bolton	728 K Ross	820 P Grigoleit	927 M Slaney
51 Otley AC	3225	—	27	I Fisher	254 A Robertshaw	301 N Cayton	690 J Kennedy	957 D Foster	996 T Hannah
52 Hillingdon AC	3278	—	257	T Grant	476 P Leppard	528 P Warburton	656 R Jenkin	674 S Wicks	687 D Smith
53 Blackheath & Bromley Harriers	3347	—	136	A Gibbins	455 C Daniel	457 R Smith	605 M Ellison	764 R Hall	930 M Reeves
54 Colchester & Tendring AC	3448	—	240	A Heathcote	533 M Rees	617 I Vickery	622 D Walker	659 P Helliwell	777 R Haines
55 Corby AC	3460	—	122	T Bark	294 C Curtis	380 N Humphreys	702 I White	881 M Sireth	1081 R Egan
56 Wilmslow RC	3479	—	189	M Halman	283 T McGaff	434 B Heath	630 I Smallwood	694 N Bishopp	1249 T Faulkner
57 Redhill RR	3525	—	216	L Stubbs	388 M Yates	578 P Newton	642 N Cobb	809 B Olpin	892 C Greyson
58 Epsom & Ewell Harriers	3534	—	167	W Clark	230 P Sanger	454 C Abbott	733 W Arbury	919 G Smith	1031 M Alden
59 East Cheshire H & Tameside AC	3565	—	407	S Heaton	459 L Browne	558 S Robinson	643 J Bowker	665 D Hughes	833 A Farley
60 Telford AC	3597	—	183	J Sanders	249 W Joyce	297 R Hailey	441 N Andrews	1200 L Aston	1227 D Green
61 Cambridge Harriers	3616	—	40	D Lacy	222 D Lipscomb	727 G Maynard	789 M Cross	858 P Kent	980 K Tanner
62 Trent Park RC	3826	—	488	B Gellister	579 J Maloney	670 M Lakin	676 A Edwards	678 N Kapoor	735 D Mellor
63 Marshall Milton Keynes AC	3970	—	246	C Hearn	481 M Down	706 M McPheat	750 M Bardwell	836 SO Sullivan	951 I Licietis
64 The Stragglers RC	3996	—	347	P Kennedy	590 C Allen	646 J Desmond	723 N Brown	742 S Brazil	948 A Pemberton
65 Tunbridge Wells Harriers	4001	—	286	A Howey	315 A Styles	547 T Everest	827 K Stanley	971 M Russell	1055 P Burns
66 Rugby & Northampton AC	4027	—	394	B Summers	506 V Carroll	532 S Partridge	593 T Egan	849 A White	1153 S Harris
67 Invicta East Kent AC	4030	—	251	T Yoshiwara-F	483 M Gore	645 P Bowell	701 J Wilkins	848 A Janes	1098 B Burden
68 Watford Harriers	4192	—	157	J McGinn	258 A Heyden	712 G Mayoh	877 T Cory	1094 M Grimdsdale	1099 S Daniel
69 Kenilworth Runners	4215	—	433	W Oakes	442 M Williams	691 R Thompson	719 B Lively	767 S Jackson	1163 R Greenhalf
70 Birmingham Rowheath AC	4237	—	264	A Kennington	300 S Underwood	406 R Gray	1039 M Ludford	1077 G Mann	1151 P Edwards
71 Queens Park Harriers	4257	—	267	B Green	350 R Tojeiro	703 F Nolan	916 L Thomas	988 A Castellanos	1033 R Davies
72 Orion Harriers	4288	—	403	K Julian	511 D Wilkie	661 R Goad	693 P McHugh	899 J Dawson	1121 D Brock
73 Victory AC	4318	—	512	N Tolfrey	511 S Jeffery	632 D Jeffery	718 A Bangert	867 G Foden	1018 T Fowler
74 Leamington C & AC	4365	—	227	J Muddeman	479 S Kinson	569 J Rothman	889 G Roberts	1067 M Aston	1194 B Miller
75 Rochdale H & AC	4391	—	348	K Robinson	570 I Stainthorpe	794 M Moran	822 R Dalby	911 P Scarr	946 N Shaw
76 Wirral AC	4398	—	367	P Scarlett	551 A Devoy	653 M Morris	853 J Downey	914 C Lindesay	1060 N Lindeset
77 Reigate Priory AC	4446	—	358	A Taylor	477 B Cummings	758 J Bell	925 M Woodman	943 G Lawrence	985 P Patrick
78 Stratford-On-Avon AC	4448	—	352	R Minton	625 M Bowyer	771 N Hawkins	874 R Maull	891 P Hawkins	935 A Sherren
79 Stopsley Striders	4497	—	652	M Mitchell	672 C Lamont	738 B Barrett	781 P Keech	784 S Harries	870 A Moore
80 Northbrook AC	4537	—	196	N Holmes	700 H Anderson	842 R Vaughan	856 P McGurk	960 S Marion	983 T Hoy
81 Southampton RC	4561	—	289	P Fotherby	334 D Warn	713 M Riddle	882 J Wither	1155 G Whelan	1188 D Adams
82 Erewash Valley RC	4731	—	410	R Darling	594 R Hyde	875 G Mills	880 N Warren	944 G Tudbury	1028 C Lewis
83 Wreake Runners	4913	—	572	B Busby	628 M Bush	732 N Dilkes	958 M Whalley	982 A Steel	1041 J Skevington
84 Watford Joggers	5072	—	432	C Taylor	720 D Dixon	736 F Bedova	978 T Woolridge	1073 R Maxwell	1133 K Taylor
85 Werrington Joggers	5101	—	387	P Halford	684 M Jacklin	756 J Huckle	1070 R Cave	1074 G Walden	1130 S Sawford
86 Bournville Harriers	5105	—	421	M Ferguson	447 S Rose	730 P Foot	956 S Page	1273 P Zevialo	1278 G Hughes

87 Cleethorpes & District AC	5128	—	170	D Thomas	679	P Johnson	865	P Barley	1048	A Gristwood	1110	J Spauls	1256	M Horrocks
88 Desford Striders	5151	—	595	A Cole	862	D Percy	896	S Bailey	921	P Goodchild	922	P Goddard	955	A Cave
89 Teignbridge Trotters	5162	—	429	D Tomlin	743	R Hales	863	I Langler	905	E Walton	1023	G Watson	1199	G Caunter
90 Bexley AC	5386	—	637	G West	795	P Griffiths	931	P Mathieson	941	R Medley	1025	K Winch	1057	J Hunter
91 Wye Valley Runners	5400	—	648	M Flowers	731	P Bouston	823	D Allen	900	C Edwards	1128	R Worth	1170	M Edwards
92 Harborough AC	5435	—	649	M Gore	762	I Chick	857	S Edge	992	A Fordham	1079	M Garrod	1096	D Rushby
93 Fairlands Valley Spartans	5441	—	745	M Collins	802	G Blackburn	832	A Bramall	838	S Smithson	1001	J Brown	1223	M Freeman
94 Wolds Veteran RC	5447	—	597	D Holmes	681	M Salter	895	D Smith	993	K McMillan	1140	J Hudson	1141	S McLoughlin
95 Yeovil Town RRC	5503	—	538	T Hawkins	739	J Rowe	796	S Sparks	1095	R Appleby	1149	B Mountjoy-Row	1186	M Chaffey
96 Wallasey AC	5658	—	604	P Cuthbert	696	K McLaughlin	876	G Jones	999	A Wilson	1241	S Williams	1242	R Saunders
97 Biggleswade AC	5770	—	573	G Elliott	845	N Gregory	920	C Clarke	1105	G Keen	1125	N Bush	1202	S Galloway
98 Tadworth AC	6191	—	716	G Newton	976	D Fisher	1032	N Catlow	1036	D Williamson	1150	R Clark	1281	S Robinson
99 Manchester YMCA Harriers	6424	—	928	S Symons	1037	N Oldham	1042	R Carter	1111	Mi O'Brien	1131	S Hindmarsh	1175	I Manners
100 Aurora Harriers	6857	—	868	I Hayden	1022	P Hunter	1212	L Greaves	1224	P Coughlan	1254	K Weavers	1277	M Hayden